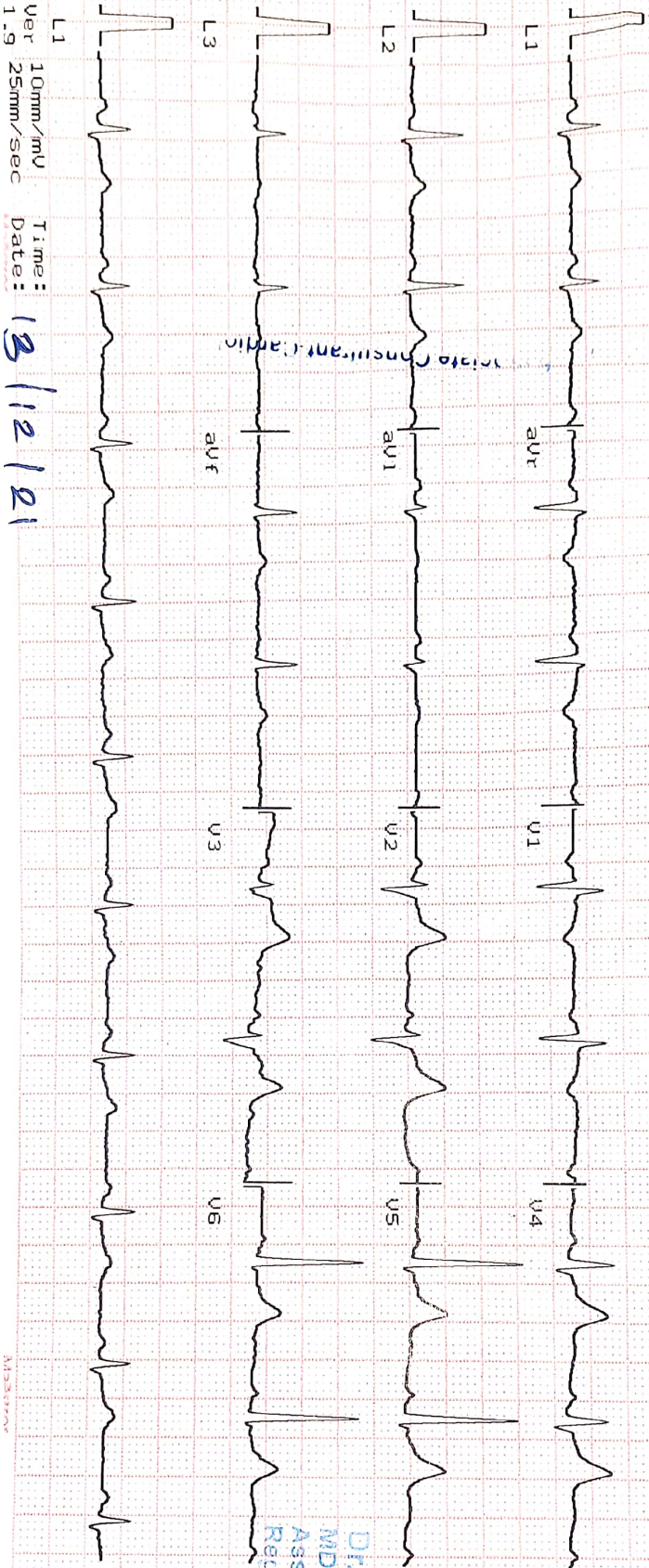


Name: Vaishali  
\_yrs \_cm \_Kg BP \_

Pawar

W.Pawar

M.M.L.



L1 10mm/mV  
Ver 25mm/sec  
1.9  
Time: 13/12/21  
Date:

Heart Rate : 72 bpm

INTERVAL (ms)  
PR: 122 QRS: 55  
QT: 500 QTc: 553  
ST: 177

AXIS (deg)  
P : 40 QRS: 50  
T : 27

**Dr. K. P. Vaidya**  
MD, PGDCC  
Associate Consultant-Cardiology  
Reg. No. G-50510



# Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

## :: PERSONAL HEALTH REPORT ::

NAME <u>Vaishali Pawar</u>	DATE <u>13/12/21</u>
	SR. NO.
	SEX. <u>F</u>
	AGE <u>54</u>
	HEIGHT - <u>148 cm</u>
	WEIGHT - <u>57 kg</u>

### HISTORY

Present History : Hypothyroidism on Rx Thyronorm 75 mg

Past Illness History : Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy - No.  
Mysterectomy done in 2012.

Past Occupational History : NAD.

Family History : mother - Diabetes

Personal History : NAD.

Addiction : Tobacco/Gutkha/Smoking/Alcohol - NO

### GENERAL EXAMINATION

T.P.R. : 78/min      B.P. : 120/80 mm Hg

Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : 16/min - NAD

### SYSTEMIC EXAMINATION

R.S. : NAD.

C.V.S : NAD.

C.N.S : NAD.

A.S. : NAD.

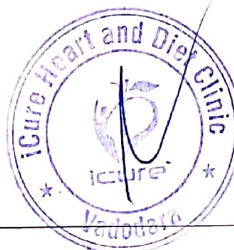
Musculo-skelet System : NAD.

E.N.T. Ex.	<u>NAD</u>	ACUITY OF VISION		RT EYE	LT EYE
		Without Glass	DISTANT	6/ <u>9</u>	6/ <u>9</u>
Dental Ex.	<u>NAD</u>	Near	6/ <u>9</u>	6/ <u>9</u>	
Skin Ex.	<u>NAD</u>	With Glass	DISTANT	6/ <u>-</u>	6/ <u>-</u>
		Near	6/ <u>-</u>	6/ <u>-</u>	
Psychic Ex.	<u>NAD</u>	COLOUR BLINDNESS - <u>No.</u>			

REMARK No

ADVICE NIL.

The Worker is FIT/UNFIT for the assigned job.



  
**Dr. Krish P. Vaidya**  
 MD, PGDCC  
 Associate Consultant-Cardiology  
 Reg.No.G-50510

DR. KRISH VAIDYA

MD G-50510, CIH

To Vaishali Vivekanand Pawar  
(वैशाली विवेकानंद पवार)  
WO  
13 Jvansathi H So  
Vadala Pathardi Road  
Behind Vandana Park  
Indira Nagar  
Nashik  
Nashik  
Maharashtra - 422006

Date: 05/07/2011

Ref. No. 00022721-00000652-00000978-



UB 00023921 5 IN

आपला आधार क्रमांक / Your Aadhaar No. :

**9447 8120 9133**

आधार – सामान्य माणसाचा अधिकार



भारत सरकार  
GOVERNMENT OF INDIA

वैशाली विवेकानंद पवार  
Vaishali Vivekanand Pawar



जन्म वर्ष / Year of Birth : 1970  
स्त्री / Female



Wdud



# JKV LABORATORY

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303 | jkvlaboratory2021@gmail.com



Patient's Name : VAISHALI PAWAR  
Referred by : I Cure Heart & Diet Clinic  
Date : 13/12/2021 14:34

Ref. No. : 6442  
Age : 51 Years  
Sex : Female

## HBA1C [Glycosylated Haemoglobin]

Test Name	Result	Units	Biological Reference Interval
Glycosylated Haemoglobin : (HBA1C)	5.6	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3
Estimated Average glucose :	114.02	mg/dl	

Comment : \*As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

NOTE: This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average blood glucose concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.

**DR K K PATEL**

MD (G-20476)

CONSULTANT PATHOLOGIST





# J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303 M jkvlaboratory2021@gmail.com

Patient's Name : VAISHALI PAWAR  
Referred by : I Cure Heart & Diet Clinic  
Date : 13/12/2021 14:34

Ref. No. : 6442  
Age : 51 Years  
Sex : Female

## BIOCHEMICAL TESTS

Test Name	Result	Units	Biological Reference Interval
Uric Acid :	5.66	mg/dl	3.4 - 7.0

**DR K K PATEL**  
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CONSULTANT PATHOLOGIST





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FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303 | jkvlaboratory2021@gmail.com

Patient's Name : **VAISHALI PAWAR** Ref. No. : 6442  
Referred by : | Cure Heart & Diet Clinic Age : 51 Years  
Date : 13/12/2021 14:34 Sex : Female

## RENAL FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Blood Urea :	30.1	mg/dl	[12.6 to 42.6]
Blood Urea Nitrogen :	13.8	mg/dl	[8 to 23]
Serum Creatinine :	0.93	mg/dl	[Male : 0.6 to 1.1] [Female : 0.5 to 0.9]

**DR K K PATEL**  
MD (G-20476)  
CONSULTANT PATHOLOGIST





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8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : **VAISHALI PAWAR**  
Referred by : I Cure Heart & Diet Clinic  
Date : 13/12/2021 14:34

Ref. No. : 6442  
Age : 51 Years  
Sex : Female

## LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	34.2	U/L	30- 65
S.G.O.T. (AST) :	30.6	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	87	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	0.69	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.24	mg/dl	[0.0 to 0.3]
S. Bilirubin (Indirect) :	0.45	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	6.90	gm/dl	[6.6 to 8.8]
S. Albumin :	4.12	gm/dl	[3.5 to 5.2]
S. Globulin :	2.78	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.5		
G.G.T. : (Gamma-Glutamyl Transferase)	30.7	IU/L	[8 to 78]

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8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : **VAISHALI PAWAR** Ref. No. : 6442  
Referred by : I Cure Heart & Diet Clinic Age : 51 Years  
Date : 13/12/2021 14:34 Sex : Female

## LIPID PROFILE

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	163.3	mg/dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250
Triglyceride :	121.1	mg/dl	Normal : <150 Borderline high :150-200 High : > 200
HDL Cholesterol :	53.2	mg/dl	Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35
LDL Cholesterol :	85.88	mg/dl	Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159
VLDL :	24.22	mg/dl	Upto 34
Chol./HDL Ratio :	3.1		
LDL/HDL Ratio :	1.6		Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-6.0 Elevated level/ high risk : >6.0
Total Lipids :	647.7	mg/dl	400 - 1000

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# J K V LABORATORY

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8320343731 / 9601969303 | jkvlaboratory2021@gmail.com



Patient's Name : VAISHALI PAWAR  
Referred by : I Cure Heart & Diet Clinic  
Date : 13/12/2021 14:34  
Ref. No. : 6442  
Age : 51 Years  
Sex : Female

## HEMOGRAM

Test Name	Result	Units	Biological Reference Interval
Hemoglobin :	13.7	g/dl	[12.0-16.0]
Total RBC Count :	4.72	mill/cmm	[4.2-5.4]
<b><u>Blood Indices</u></b>			
P.C.V :	42.3	%	[37-47]
M.C.V. :	89.62	femtolitre	[78-100]
M.C.H. :	29.03	pg	[27-31]
M.C.H.C. :	32.4	g/dl	[32-36]
R.D.W. :	12.8	%	[11.5-14.0]
Total WBC Count :	5540	/cmm	[4000-10000]
Platelet Count :	202000	/cmm	150000-450000
<b><u>Differential WBC Count</u></b>			
Polymorphs :	50	%	[60 - 70]
Lymphocytes :	42	%	[20 - 40 ]
Eosinophils :	03	%	[1 - 4 ]
Monocytes :	05	%	[2 - 6 ]
Basophils :	00	%	[0 - 1 ]
MPV :	10.8		
PDW-CV :	13.5		
PDW-SD :	15.1		
PCT :	0.21		
P-LCR :	33.1		
<b><u>Erythrocyte Sedimentation Rate</u></b> [Modified Westergren]			
After 1 hour :	07	mm	[M: 1 - 7 / F: 3 - 12]

**DR K K PATEL**  
MD (G-20476)  
CONSULTANT PATHOLOGIST





# J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : VAISHALI PAWAR  
Referred by : I Cure Heart & Diet Clinic  
Date : 13/12/2021 17:51

Ref. No. : 6442  
Age : 51 Years  
Sex : Female

## THYROID FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Serum T3 :	1.16	ng/ml	[0.87 - 1.78]
Serum T4 :	10.44	µg/dl	[3.48 - 14.28]
Serum TSH : (CHEMILUMINESCENCE)	<b><u>6.660</u></b>	µIU/ml	[0.38 - 5.33]

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4.

Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A.Burtis, Edward R.Ashwood, David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders, 2012:2170

**DR K K PATEL**

MD (G-20476)

CONSULTANT PATHOLOGIST





# J K V LABORATORY



Name : VAISHALI PAWAR  
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 51 Yrs./F  
Date : 13/12/2021  
Report ID. : 1

## HAEMOGRAM PROFILE

<u>TEST</u>	<u>RESULT</u>
Blood Group	: " B "
Rh Factor (Anti D.)	: " POSITIVE "

## BIOCHEMISTRY

### FASTING (FBS)

Blood Glucose : 105.0 mg/dL 70.00 - 110.00 mg/dL

### POST-PRANDIAL

Blood Glucose : 98.0 mg/dL 80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

## EXAMINATION OF URINE

Sample : FASIIING

### PHYSICAL EXAMINATION

Quantity	: 10 mL
Colour	: YELLOW
Transperancy	: CLEAR
Specific Gravity	: 1.030
Reaction	: ACIDIC
Deposits	: ABSENT

### CHEMICAL EXAMINATION

Albumin	: NIL
Sugar	: NIL
Acetone	: ABSENT
Bile Salts	: ABSENT
Bile Pigments	: ABSENT
Urobilinogen	: NORMAL : ~ < 1.0 mg/dL
Occult Blood	: ABSENT
Nitrate	: ABSENT

### MICROSCOPIC EXAMINATION

Pus Cells	: 0-1 / hpf
RBC	: NIL
Epithelial Cells	: NIL
Crystals	: NIL
Amorphous Phosphate	: NIL
Cast	: NIL



**DR JIGAR SHAH (G23327)**  
**M.D. Pathologist**

Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.

☎ 8320343731 / 9601969303 ✉ jkvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.

 **iCure™**  
**Heart & General Clinic**

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : VAISHALI PAWAR	AGE : 51 Y/F	DATE : 13/12/2021
-----------------------	--------------	-------------------

**X RAY CHEST (PA)**

**OBSERVATIONS:**

Both the lung fields and apices appear clear.

Both the hilar shadow appears normal.

Cardiac silhouette appears normal.

Both the costophrenic sinuses are clear.

Mediastinal and tracheal shadows are normal.

Both the domes of diaphragm are normal.

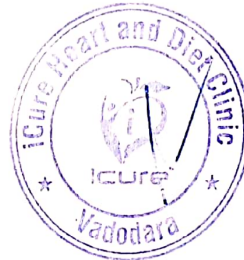
Visualized rib cage and clavicle are normal.

**COMMENTS:**

- **No significant abnormality is seen.**

*Mehul Prajapati*

**DR. MEHUL PRAJAPATI  
CONSULTANT RADIOLOGIST**



  
**Heart & General Clinic**

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : VAISHALI PAWAR	AGE : 51 Y/F	DATE : 13/12/2021
-----------------------	--------------	-------------------

**ULTRASONOGRAPHY OF WHOLE ABDOMEN**

(Screening Only)

**Liver** is normal in size and echotexture and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic billiary radicals.

**Portal Vein** appears normal in diameter.

**Common Bile Duct** is of normal diameter.

**Gallbladder** is physiologically distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

**Pancreas** is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

**Spleen** is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

**Both Kidneys** are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 97x33mm. Left kidney measures 100x36mm. There is no evidence of renai caicuii, hydronephrosis or mass seen.

**Bladder** is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

**Uterus is not seen. ( post operative status)**  
No evidence of any adnexal mass.

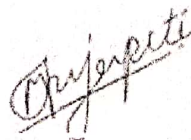
There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

No mass or collection in right iliac fossa.

**CONCLUSION:** No sonographic abnormality is seen.



**DR. MEHUL PRAJAPATI**  
**CONSULTANT RADIOLOGIST**



  
**Heart & General Clinic**

**2D Echocardiography & Color Doppler Report**

iCure Hear care, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

<b>Name :Mrs Vaishali Pawar Age/ Sex : 51yrs/female</b>		<b>Date: 13/12/2021</b>
MEASUREMENTS		OBSERVED
AORTIC ROOT	[ 22-33 ]	30
LEFT ATRIUM	[ 29-40 ]	32
LEFT VENTRICLE [ ES ]	[ 22-37 ]	29
LEFT VENTRICLE [ ED ]	[ 39-51 ]	44
RIGHT VENTRICLE [ ED ]	[ 13-24 ]	20
I.V.S THICKNESS	[ 8 - 10 ]	09
L.V.P.WALL THICKNESS[ ED ]	[ 8 - 10 ]	10
I.V.S / L.V.P.W RATIO		-
L V EJECTION FRACTION	[ 50-70 ]	60%
FRACTIONAL SHORTENING	[ 27- 43 ]	40%

**MOTION:**

I.V.S.: Normal

L.V.P.W: Normal

**VALVES:**

ANTERIOR MITRAL

LEAFLET : NORMAL  
EF - SLOPE : NORMAL  
DE EXCN : NORMAL  
EPSS : NORMAL

POSTERIOR MITRAL

LEAFLET : NORMAL  
STRUCTURE : NORMAL  
MOTION : NORMAL  
SUB VAL FUSION : NORMAL

AORTIC VALVE : NORMAL

TRICUSPID VALVE : NORMAL

PULMONARY VALVE : NORMAL

RVOT : NORMAL

OTHER ABNORMALITIES : NIL

CALCIFICATION: NIL

**DOPPLER EVALUATION:**

Structure	Flow Velocity	
<b>MV</b>	E - 0.96	A- 0.65
<b>AV</b>	1.2	
<b>TV</b>	1.4	
<b>PV</b>	1.6	
<b>SHUNT</b>	NIL	

  
**Dr. Krish P. Vaidya**  
MD, PGDSC  
Associate Consultant-Cardiology  
Reg.No.G-50510

**Dr. Krish Vaidya**  
MD. G-50510

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**Heart & General Clinic**

**CONCLUSION:**

Normal LV systolic function. [LV EF – 60%]

No RWMA

Normal Cardiac Chambers

No LVDD

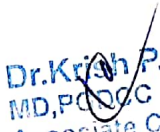
No MR, No MS

No AR, No AS

Normal values & blood flow velocities.

Mild TR, NO PAH

No e/o PE / PAH / clot / shunt.

  
Dr. Krish P. Vaidya  
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**Dr. Krish Vaidya**  
**MD. G-50510**

