

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

No	AHB.0001118582	Age :	Sex : M/F
At	MS. PANNALA SRIVIDYA Age: 30Year(s) Year(s)/Female 24 Dec 2022 7:51:02 AM		UHID :



Physical Examination

General :

Build

Height :

156 cm

Weight :

88.4 kg

BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm

86 bpm

Spon. 99

B.P. : Supine

Sitting

Standing

Chest shape

105/76

Heart Sounds

mmHg

Murmurs

Echo Screening Report

Thrills

- normal LV function

RS :

Rate & Type

- No. RWMA

Breath Sounds

- EF: 60%

Abdominal :- a

829709 7373 CON-114405

QF400AHB.pf.8203

DEPT. OF APOLLO HEALTH CHECK



GYNÆCOLOGY CONSULT

Name :	AHB.0001118592 MS. PANNALA SRIVIDYA Age: 30Year(s) Year(s)/Female 24 Dec 2022 7:51:02 AM	UHID :	Date : 24/12/22
Age :		Consultant Gynaecologist :	Dr. Madhu

DRUG ALLERGIES : Nil

Complaints (related to Gynaec) - NIL SPECIFIC / YES

Irregular menses since 1yr  
NODV (+) - Hchij (+)

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others

Past Medical / Surgical History :

Prev. 1 LSC

Family History :

Mother - HFN, DM.

OTHER SYSTEMS :

GYNÆC HISTORY :

- Marital Status - S/M Others
- Children - P, L,
- Deliveries - LSC
- L.C.B. - 4 1/2 yr old
- Abortion - (1)
- Periods - Irregular
- L.M.P. - 15/12/22
- Menopause -
- Contraception -

Present Medication :

GYNÆC EXAMINATION :

- P/A - NAD
- P/V NODV (+)
- S/E
- P/R

GENERAL EXAMINATION :

- Weight : \_\_\_\_\_ Kgs, Height : \_\_\_\_\_ cm
- General Condition :
- Blood Pressure :
- Thyroid :
- Others :

BREASTS : B/L breast - no masses palpable

PAP SMEAR (Taken / Not Taken (Reason))

OPINION & ADVICE : Negative for malignancy

USG = (N)

Signature with Date & Time [Signature] 24/12/22

REVIEW DETAILS : (with date)  
With Patient / With reports only



MC-3847

## DEPARTMENT OF CYTOLOGY

Name : Ms. PANNALA SRIVIDYA Age : 30Yr Gender : Female  
UHID : AHB.0001118562 / AHBHC114405 W/BNo/RefNo : AHC  
Lab No : AHB.C2204427 LRN : 3644011  
Ref Doctor : Dr. MHC



Collected on : 24-DEC-2022 12:17:45 PM Received on : 24-DEC-2022 12:56:36 PM Reported on : 24-DEC-2022 01:19:30 PM

## 2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

PAP SMEAR (CONVENTIONAL METHOD)**PAP SMEAR**

Specimen Source.

CERVICAL SMEAR

C2204427.

Clinical Information.

Provided.

Patient and Specimen Identification :

Identified.

Test Method.

Conventional.

Endocervical/Transformation zone component

Sampled.

Specimen adequacy.

Satisfactory for evaluation.

Interpretation.

Negative for intraepithelial lesion/malignancy.



MC-2847

## DEPARTMENT OF CYTOLOGY

Name : Ms. PANNALA SRIVIDYA Age : 30Yr Gender : Female  
UHID : AHB.0001118562 / AHBHC114405 W/BNo/RefNo : AHC  
Lab No : AHB.C2204427 LRN : 3644011  
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i. Reactive cellular changes (Inflammation/Repair).

Recommendations.

Routine recall

'\*\*The results obtained relate only to the type of sample given/received at that time. A single test result is not always indicative of the disease. Histopathology specimens will be discarded after 1 month, paraffin blocks and slides of biopsy specimens stored upto 10 years & Cytology slides will be stored upto 5 years after release of report.\*\*

\* END OF REPORT \*

Dr. SWARNA SHIVAKUMAR  
CONSULTANT PATHOLOGIST  
KMC - 29900

Typed By: 1135580

Printed On : 24-DEC-2022 02:49:35 PM

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## YOUR CLINICAL TEST RESULTS

**Ms. PANNALA SRIVIDYA**

FEMALE / 30 Yrs / AHB.0001118562 / AHBHC114405

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 24/12/2022

### HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	12.5	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.23	x(10) <sup>12</sup> /l	●	3.7 - 4.8
Packed cell volume (Calculated)	37	%	●	34 - 46
MCV (Derived from RBC histogram)	88	fl	●	83 - 101
MCH (Calculated)	30	pg	●	27 - 32
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
RDW (Calculated)	13.1	%	●	11.60-14.00
Platelet Count (Impedance)	287	x(10) <sup>9</sup> /l	●	150 - 450
WBC Count (Impedance)	6.65	x(10) <sup>9</sup> /l	●	4 - 11
Neutrophils	58	%	●	40 - 80
Lymphocytes	37	%	●	8.6 -23.8
Monocytes	4	%	●	2 - 10
Eosinophils	1	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	30 *	mm/1st hr	●	Adult Female- 0 - 20

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Appearance	Clear			Clear
Volume :	30	ml		
pH	6.0			
Specific Gravity	1.020		●	1.016 - 1.022



Within Normal Range



Boderline High/Low



Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. PANNALA SRIVIDYA**

FEMALE / 30 Yrs / AHB.0001118562 / AHBHC114405

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 24/12/2022

Protein :	NEGATIVE		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Urobilinogen	0.2	E.U./dL ●	0.2 - 1.0
Blood :	TRACE-LYSED		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	NEGATIVE		NEGATIVE
RBC	Nil	Cells/hpf	0 - 2
Pus Cells	1-2 /h.p.f	/HPF	0 - 5
Epithelial Cells	Occasional		Occasional - Few

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	O			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	16	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	3.2	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.3		●	0.8 - 2.0
ALBUMIN - SERUM	4.1	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	92	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	20	U/L	●	<= 35

Within Normal Range
  Boderline High/Low
  Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. PANNALA SRIVIDYA**

FEMALE / 30 Yrs / AHB.0001118562 / AHBHC114405

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 24/12/2022

BILIRUBIN, TOTAL - SERUM	0.67	mg/dL	●	0.30-1.20
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### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	103	mmol/L	●	98 - 107

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	157	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.92	mg/dL	●	Female: 0.6 - 1.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	14	U/L	●	<= 38

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	82	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126"

### GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	100	mg/dL	●	"Non-Diabetic : <= 140 Impaired Glucose Tolerance : 140-199 Diabetic : >= 200"

### GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.7	%	●	"NON-DIABETICS <= 5.6 PRE-DIABETIC:

● Within Normal Range    ● Boderline High/Low    ● Outside Range



## YOUR CLINICAL TEST RESULTS

**Ms. PANNALA SRIVIDYA**

FEMALE / 30 Yrs / AHB.0001118562 / AHBHC114405

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 24/12/2022

5.7-6.4DIABETIC>=6.5"

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	49	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	109 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.3	mmol/L	●	3.5-5.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	ADULT: 6.0 - 8.5

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	136	mmol/L	●	135 - 145

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	107.44	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	10.00	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	90	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.2		●	< 5.0

● Within Normal Range    ● Boderline High/Low    ● Outside Range



## YOUR CLINICAL TEST RESULTS

**Ms. PANNALA SRIVIDYA**

FEMALE / 30 Yrs / AHB.0001118562 / AHBHC114405

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 24/12/2022

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	1.84	µIU/mL	●	0.34 - 5.6

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	32	mg/dL	●	15 - 45
URIC ACID - SERUM	2.6	mg/dL	●	Adult Female: 2.5 - 6.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	18	mg/dl	●	Desirable: <30

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.08	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.59	mg/dL	●	0.1 - 1.0

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO <sub>3</sub> ) - SERUM	28		●	Healthy Adults: 22 - 29

● Within Normal Range    ● Borderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. PANNALA SRIVIDYA**

FEMALE / 30 Yrs / AHB.0001118562 / AHBHC114405

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 24/12/2022

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

**Histopathology**

PAP SMEAR (CONVENTIONAL METHOD)

**Biochemistry**

GLUCOSE - SERUM / PLASMA (RANDOM)

**CARDIOLOGY**

ECHO/TMT - OPTIONAL

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

**X Ray**

X-RAY CHEST PA

● Within Normal Range      ● Boderline High/Low      ● Outside Range

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	Ms. PANNALA SRIVIDYA		F		030Y
<b>UHID</b> :	AHB.0001118562	<b>Ward/Bed No.</b> :			AHC /
<b>I.P.No./Bill No.</b> :	AHBHC114405	<b>Scanned on</b> :			24-Dec-2022
<b>Accession Number</b> :	10601.122140070	<b>Reported On</b> :			08:56
<b>Referring Doctor</b> :	Dr. MHC				24-Dec-2022

**X-RAY CHEST PA VIEW**

*Positional rotation present.*

Lung fields appear clear bilaterally with normal bronchovascular markings.

Cardiac silhouette and cardiothoracic ratio appear normal.

Costophrenic angles appear normal on both sides.

Domes of the diaphragm appear normal.

Underlying bony and soft tissue shadows appear normal.

**IMPRESSION:**

*No definite abnormality noted on the chest radiograph.*

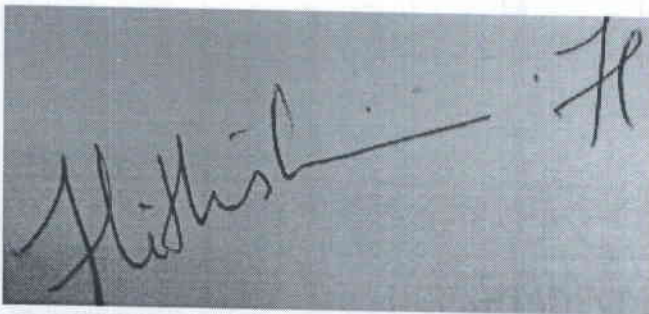
*-Suggested clinical correlation.*

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

AH-QF-RD-04

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	Ms. PANNALA SRIVIDYA	F	030Y
<b>UHID</b> :	AHB.0001118562	<b>Ward/Bed No.</b> :	AHC /
<b>I.P.No./Bill No.</b> :	AHBHC114405	<b>Scanned on</b> :	24-Dec-2022
<b>Accession Number</b> :	10601.122140070	<b>Reported On</b> :	08:56
<b>Referring Doctor</b> :	Dr. MHC		24-Dec-2022



**Dr.HITHISHINI MD,  
RADIOLOGIST**

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.



**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> : Ms. PANNALA SRIVIDYA	F   Days
<b>UHID</b> : AHB.0001118562	<b>Ward/Bed No.</b> : AHC /
<b>I.P.No./Bill No.</b> : AHBHC114405	<b>Scanned on</b> : 24-Dec-2022 10:00
<b>Accession Number</b> : 10601.222114905	<b>Reported On</b> :
<b>Referring Doctor</b> : Dr. MHC	

**ULTRASOUND WHOLE ABDOMEN**

**Clinical Information:** - Routine health checkup.

Liver appears normal in size and shows diffuse increase in echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head and body appear normal. Tail obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus anteverted and appears normal in size. Myometrial echoes appear normal. Endometrial thickness measures ~ 6 mm.

Both ovaries appear normal in size and echopattern.

No evidence of ascites or pleural effusion seen.

**IMPRESSION:** -

Grade 1 fatty liver.

- Suggested clinical correlation.

As



**DR. ANUPAMA C**  
RESIDENT

**DR. ARUNA. R. PATIL**  
MD, DNB, FRCR  
CONSULTANT

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APOLLO HOSPITALS  
BANNERGATTA ROAD  
BANGALORE

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: PANNALA SRIVIDYA  
Patient ID: AHB/1118562  
Height: 156 cm  
Weight: 88 kg

DOB: 09.07.1992  
Age: 30yrs  
Gender: Female  
Race: Indian

Study Date: 24.12.2022  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: AHC  
Attending Physician: DR K M NAIR  
Technician: Jagadeesha A B

Medications:  
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Medical History:  
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Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:47	0.00	0.00	96	110/80	
	STANDING	00:02	0.00	0.00	94	110/80	
	HYPERV.	00:02	0.00	0.00	94	110/80	
	WARM-UP	00:06	0.50	0.00	93		
EXERCISE	STAGE 1	03:00	1.70	10.00	139	110/80	
	STAGE 2	03:00	2.50	12.00	148	120/80	
	STAGE 3	01:03	3.40	14.00	173	130/80	
RECOVERY		03:14	0.00	0.00	113	120/80	

The patient exercised according to the BRUCE for 7:02 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 102 bpm rose to a maximal heart rate of 173 bpm. This value represents 91 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.

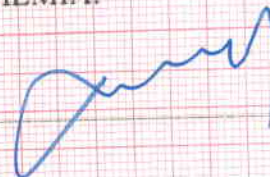
### Conclusions

IMP:STRESS TEST IS NEGAT VE FOR INDUCIBLE ISCHEMIA.

Physician



Technician





Rate 60

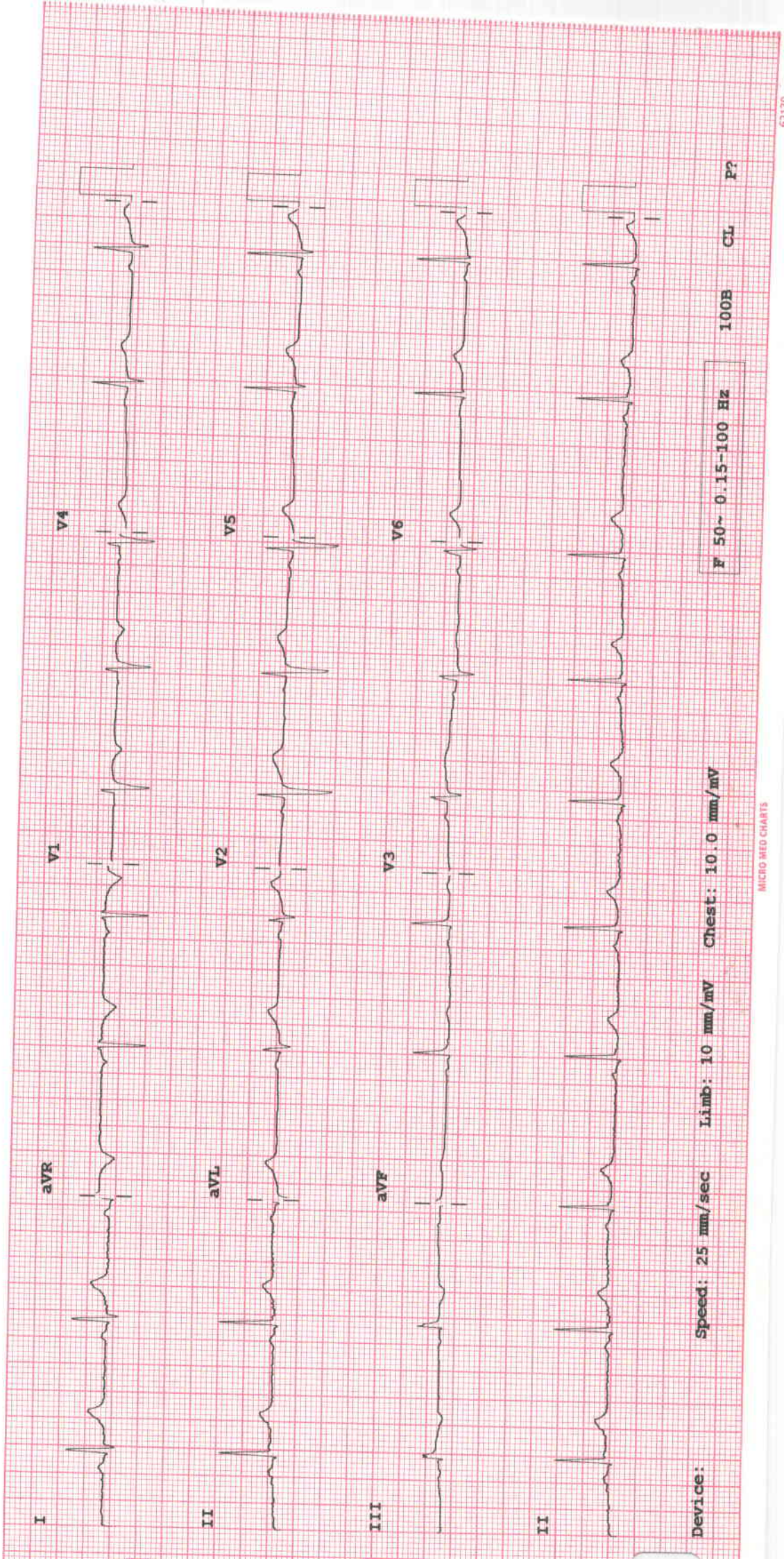
PR 140  
 QRS 89  
 QT 396  
 QTc 396



--AXIS--

P 14  
 QRS 56  
 T 11

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

100B

CL

P?