

Mr. NIMESH PRIYANKAR (39 /M)

UHID : AHIL.0000854820

AHC No : AHILAH201312

Date : 25/03/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

Namaste Mr. NIMESH PRIYANKAR,

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

Predicting your risk: Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

Preventing onset or progress of chronic lifestyle diseases: Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

Overcoming barriers to your wellbeing: Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- AI powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations

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We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.



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You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via www.apollo247.com or through the Apollo 24*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at prohealthcare@apollohospitals.com

Stay Healthy and happy! 😊
Apollo ProHealth Care team

Disclaimer: The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

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Name : Mr. NIMESH PRIYANKAR (39 /M)

Address :
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Examined by : Dr. SHASHIKANT NIGAM

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

Date : 25/03/2023



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Chief Complaints

For Annual health checkup
Hearing loss

Present Known illness

No history of - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease



Drug Allergy

NO KNOWN ALLERGY :25/03/2023



Systemic Review

- Cardiovascular system : - Nil Significant
- Respiratory system : - Nil Significant
- Oral and dental : - Nil Significant
- Gastrointestinal system : - Nil Significant
- Genitourinary system : - Nil Significant
- Gynaec history : - Nil Significant
- Central nervous system : - Nil Significant
- Eyes : - Nil Significant
- ENT : - Nil Significant
- Musculoskeletal system : - Nil Significant
- Spine and joints : - Nil Significant
- Skin : - Nil Significant
- General symptoms : - Nil Significant



Past medical history

- Do you have any allergies? - No
- Allergies - Nil



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Past medical history - nil significant

Covid 19 - Yes
- 2020, 2021

Post detection (3 Weeks) - No

Hospitalization for Covid 19 - Yes

Oxygen support - No

Ventilator support - No



Surgical history

Surgical history - Nil



Personal history

Ethnicity - Indian Asian

Marital status - Married

No. of children - 1

Male - 1

Profession - corporate employed

Diet - Mixed Diet

Alcohol - consumes alcohol occasionally

Smoking - Yes

Type - Cigarette

Frequency - occasional

Chews tobacco - Yes

Physical activity - Sedentary



Family history

Father - alive

Mother - alive

Brothers - 1

Sisters - 2

Diabetes - father

Hypertension - mother

Coronary artery disease - none

Cancer - father



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- Gall Bladder

Physical Examination



General

General appearance - normal
 Build - normal
 Height - 165
 Weight - 60
 BMI - 22.04
 Pallor - No
 Oedema - no



Cardiovascular system

Heart rate (Per minute) - 62
 Rhythm - Regular
 Systolic(mm of Hg) - 110
 Diastolic(mm of Hg) - 78
 - B.P. Sitting
 Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
 Tenderness - No

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URINE FOR ROUTINE EXAMINATION

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	20	mL		
Specific Gravity	1.010			
Colour:	Pale-Yellow			
Transparency:	Slightly Turbid			
pH	5.5			
Protein :	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Negative			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	2-4 /h.p.f			0-5
RBC	4-6 /h.p.f	/hpf		0-5/hpf
Epithelial Cells	2-4 /h.p.f			
Casts:	Absent			
Crystals:	Absent			

COMPLETE BLOOD COUNT WITH ESR

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	15.5	gm%	●	13.0-17.0
Packed cell volume(Calculated)	45.9	%	●	40-50
RBC COUNT (Impedance)	4.78	Million/ul	●	4.5-5.9
MCV (From RBC Histogram)	95.9	fl	●	80-100
MCH(Calculated)	32.29 *	pg	●	27-32
MCHC(Calculated)	33.7	%	●	31-36
RDW(Calculated)	13.7	%	●	11.5-14.5
WBC Count (Impedance)	5607	/cu mm	●	4000-11000

● Within Normal Range ● Borderline High/Low ● Out of Range

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Neutrophils	52	%	●	40-75
Lymphocytes	29	%	●	20-40
Monocytes	10	%	●	2-10
Eosinophils	09 *	%	●	01-06
Basophils	00	%	●	0-1
Platelet Count (Impedance)	264700	/cu mm	●	150000-450000
MPV (Calculated)	6.8 *	fl	●	7-11
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic)	04	mm/1st hr	●	0-15

URINE GLUCOSE(FASTING)

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

URINE GLUCOSE(POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
BLOOD GROUP:	B Positive			

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	47	U/L	●	0-50
ALKALINE PHOSPHATASE - SERUM/PLASMA	95	U/L	●	Adult(Male): 40 - 129
AST (SGOT) - SERUM	42 *	U/L	●	> 1 year Male : <40
Total Bilirubin	0.692	mg/dL	●	0.300-1.200
Direct Bilirubin	0.255	mg/dL	●	Upto 0.3 mg/dl

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Indirect Bilirubin

0.437

mg/dL



1 Day ≤5.1 mg/dL
2 Days ≤7.2 mg/dL
3-5 Days ≤10.3 mg/dL
6-7 Days ≤8.4 mg/dL
8-9 Days ≤6.5 mg/dL
10-11 Days ≤4.6 mg/dL
12-13 Days ≤2.7 mg/dL
14 Days - 9 Years 0.2-0.8 mg/dL
10-19 Years 0.2-1.1 mg/dL
≥20 Years 0.2-1.2 mg/dL

CREATININE - SERUM / PLASMA

Test Name

Result

Unit

Level

Range

CREATININE - SERUM / PLASMA

0.9

mg/dL



Adult Male: 0.6 - 1.3

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Test Name

Result

Unit

Level

Range

GGTP: GAMMA GLUTAMYL
TRANSPEPTIDASE - SERUM

189 *

U/L



Male : 10 - 71
Female : 6 - 42

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name

Result

Unit

Level

Range

Glucose - Plasma (Fasting)

96

mg/dL



70 - 100 : Normal
100 - 125 : Impaired Glucose Tolerance
≥ 126 : Diabetes Mellitus

GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Test Name

Result

Unit

Level

Range

Glucose - Plasma (Post Prandial)

102

mg/dL



70-140

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name

Result

Unit

Level

Range



Within Normal Range



Borderline High/Low



Out of Range

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MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

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Glycosylated Hemoglobin (HbA1c)

4.8

%



Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus <7.0 : Well Controlled Diabetes 7.1 – 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate Treatment

Estimated Average Glucose.

91.06

LFT (LIVER FUNCTION TEST)

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Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows include PROTEIN TOTAL - SERUM / PLASMA, ALBUMIN - SERUM, Globulin-Serum/Plasma, and A/G ratio.

THYROID PROFILE (T3,T4 AND TSH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows include TOTAL T3: TRI IODOTHYRONINE - SERUM, TOTAL T4: THYROXINE - SERUM, and TSH: THYROID STIMULATING HORMONE - SERUM.



Within Normal Range



Borderline High/Low



Out of Range





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URIC ACID - SERUM

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.4	mg/dL	●	Male : 3.4-7.0 Female : 2.4-5.7

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	11	mg/dL	●	6-20
UREA - SERUM / PLASMA	23	mg/dL	●	15 - 50

LIPID PROFILE - SERUM

Test Name	Result	Unit	Level	Range
Total Cholesterol	237 *	mg/dl	●	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	225 *	mg/dL	●	0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	37 *	mg/dL	●	< 40 : Major risk factor for heart disease 40 - 59 : The higher, The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	185 *	mg/dL	●	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	45 *		●	< 40 mg/dl
C/H RATIO	6 *		●	0-4.5

X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

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ECHO/TMT

Investigations Not Done / Not Yet Reported

Haematology

STOOL ROUTINE

CARDIOLOGY

ECG

● Within Normal Range

● Borderline High/Low

● Out of Range

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MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

Executive Summary



- .BODY WEIGHT 60 KG, IDEAL BODY WEIGHT 51-63 KG
- .EOSINOPHILIA
- .ABNORMAL LFT
- .DYSLIPIDEMIA
- .ECG - NORMAL
- . ECHO - NORMAL
- .USG ABDOMEN - RIGHT RENAL CALCULUS
- .CHEST X-RAY - NORMAL
- .VISION - NORMAL
- .DENTAL - AS PER DOCTOR ADVICE

Wellness Prescription

Advice On Diet :-



- BALANCED DIET
- LOW FAT DIET

Advice On Physical Activity :-



- REGULAR 30 MINUTES WALK FOR HEALTH AND 60 MINUTES FOR WEIGHT REDUCTION
- PRACTICE YOGA AND MEDITATION
- MAINTAIN WEIGHT BETWEEN 51-63 KG

Mukta S Adalti
Consultant
Conseultant

Printed By : MUKTA S ADALTI

Dr. Shashikant Nigam
Dr.SHASHIKANT NIGAM

AHC Physician / Consultant Internal Medicine

Dr. Shashikant Nigam
MBBS, MD (Gen. Med.)
Consultant Internal Medicine
Apollo Hospitals - City Centre, Gandhinagar, Ahmedabad,
Gujarat-382428, INDIA, Regd. No.: G-21961

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

Patient Details : Mr. NIMESH PRIYANKAR | Male | 39Yr 0Mth 3Days

UHID : AHIL.0000854820

Patient Location: AHC

Patient Identifier: AHILAH201312



DRN : 223016900

Completed on : 25-MAR-2023 11:00

Ref Doctor : DR. SHASHIKANT NIGAM

USG WHOLE ABDOMEN

FINDINGS :

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Visualized Head and body of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Approximately 3-4 mm sized calculi seen in mid and lower calyces of right kidney. No evidence of calculi on left side.

Spleen measures 6.5 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate is normal in size (18 cc) and echopattern.

IMPRESSION :

Right renal calculi as described.

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Reported By : 717876

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USG WHOLE ABDOMEN

--- END OF THE REPORT ---

DR. VAIBHAVI PATEL

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RADIOLOGY

Patient Details : Mr. NIMESH PRIYANKAR | Male | 39Yr 0Mth 3Days

UHID : AHIL.0000854820

Patient Location: AHC

Patient Identifier: AHILAH201312



DRN : 123039338

Completed on : 25-MAR-2023 09:39

Ref Doctor : DR. SHASHIKANT NIGAM

X-RAY CHEST PA

FINDINGS :

Lung fields are clear.

Cardio thoracic ratio is normal.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

IMPRESSION

NORMAL STUDY.

--- END OF THE REPORT ---

RAJVEERSINH P CHAVDA

Medical Officer

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DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

Patient Details : Mr. NIMESH PRIYANKAR | Male | 39Yr 0Mth 3Days
UHID : AHIL.0000854820 **Patient Location:** AHC
Patient Identifier: AHILAH201312 
DRN : 223016900 **Completed on :** 25-MAR-2023 11:00
Ref Doctor : DR. SHASHIKANT NIGAM

USG WHOLE ABDOMEN

FINDINGS :

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Visualized Head and body of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Approximately 3-4 mm sized calculi seen in mid and lower calyces of right kidney. No evidence of calculi on left side.

Spleen measures 6.5 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate is normal in size (18 cc) and echopattern.

IMPRESSION :

Right renal calculi as described.

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Mr. NIMESH PRIYANKAR

AHIL.0000854820

AHILAH201312

USG WHOLE ABDOMEN

--- END OF THE REPORT ---

DR. VAIBHAVI PATEL

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CARDIOLOGY

Patient Details : Mr. NIMESH PRIYANKAR | Male | 39Yr 0Mth 3Days
UHID : AHIL.0000854820 **Patient Location:** AHC
Patient Identifier: AHILAH201312 
DRN : 5623029531 **Completed on :** 25-MAR-2023 12:27
Ref Doctor : DR. SHASHIKANT NIGAM

ECHO/TMT

FINDINGS :

- Normal cardiac chamber dimensions.
- Normal LV systolic function, LVEF: 60%
- No Regional wall motion abnormalities at rest.
- Normal LV compliance.
- All cardiac valves are structurally normal.
- IAS/ IVS intact.
- No MR, No AR, No PR, Trivial TR.
- No PAH.
- No clots/ vegetation/ effusion.

MEASUREMENTS (mm) ::

	LVID diastole
Measurements (mm)	

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Mr. NIMESH PRIYANKAR

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AHILAH201312

ECHO/TMT

IMPRESSION

--- END OF THE REPORT ---

DR SUBIR GHOSH MD.DM

Interventional Cardiologist

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Rate 61

PR 170

QRS 90

QT 394

QTc 397

--AXIS--

P 80

QRS 44

T 20

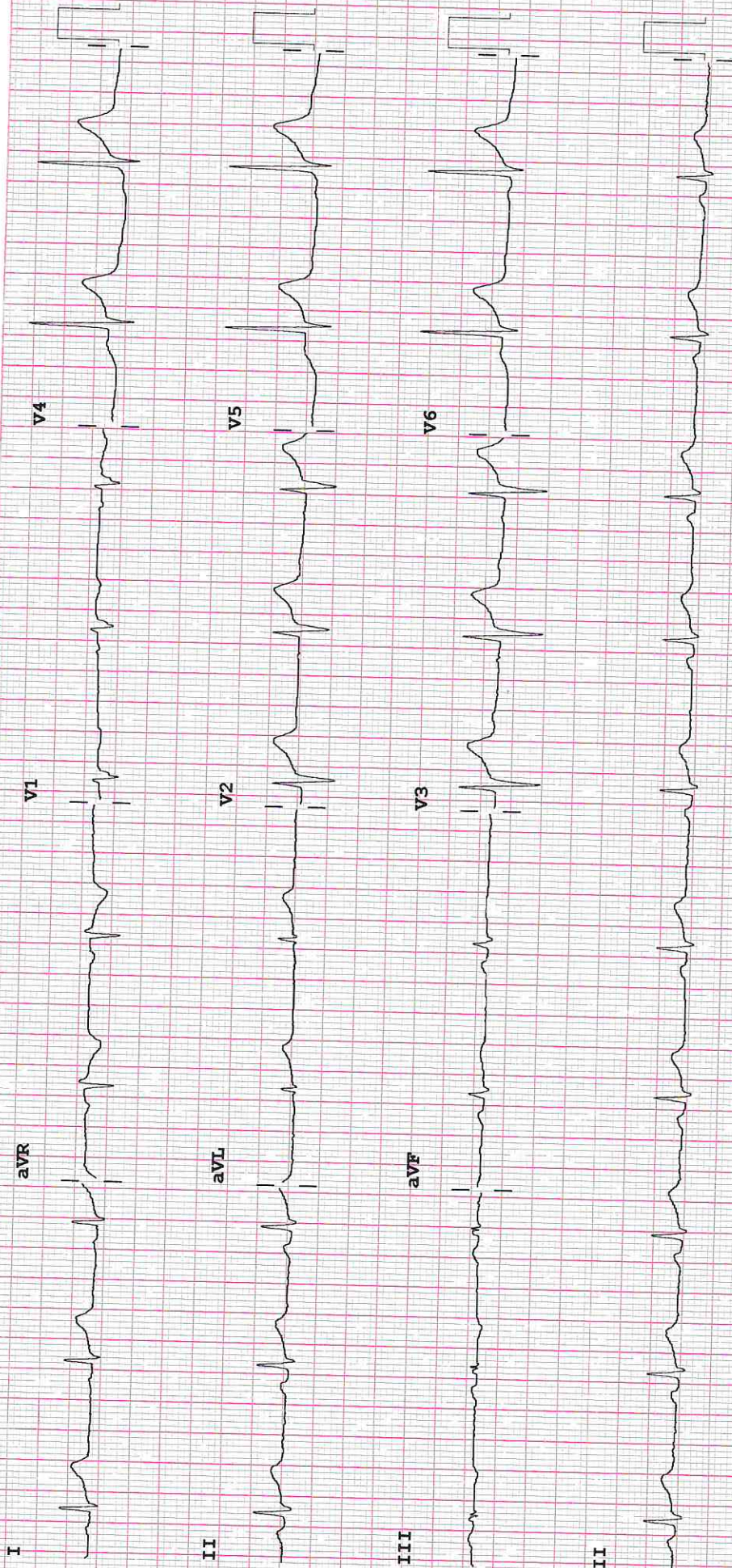
12 Lead; Standard Placement

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Mr. NIMESH

PRIYANKAR

39 Year(s) / Male




Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

PH10 CL P?

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Mr. NIMESH
PRIYANKAR
39 Year(s) / Male



DENTISTRY

Name : Date : 25/3/20 Unit No. :
 Occupation : Ref. Physician :
 Age : Sex : Male Female Copies to :

DENTAL RECORD

ALLERGIES : KA

PAIN : Score (0-10) 0 Location : Character :

DENTAL CLEANING HABIT Once Twice Occasionally
 Brush Finger Stick Any other
 Tooth Paste Powder Any other

DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH? Yes No

ARE YOUR TEETH SENSITIVE TO HEAT / COLD? Yes No

ORAL HYGIENE Good Fair Poor

ORAL TISSUE EXAMINATION	PERIODONTAL EXAMINATION	OCCLUSION
NORMAL FINDINGS IN DISEASE	MILD MOD SEV	CLASS I II III CROSSBITE
Lips : Cheeks : Tongue : Floor of the mouth : Palate : Tonsillar Area : <u>KA</u> Any other :	Gingivitis <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Calculus <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Recession <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Periodontal Pockets <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Attrition <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Erosion <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Mobility <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Hypoplasia Impaction <u>g/s</u> Non-vital Fracture Abscess Ulcers Caries Missing Teeth Supernumerary Others

PRESENT COMPLAINT : tooth decay two Gatchers

PRE-MEDICAL HISTORY: DM HTN Thyroid Acidity Pregnancy
 Anticoagulant Under Drug Therapy

OPHTHALM

AHIL.0000854820

ON RECORDS

Name :

Mr. NIMESH
PRIYANKAR

Date :

25/3/23

UHID :

39 Year(s) / Male



Adv

Distance Vision :

Right Eye -

6/6

Left Eye -

6/6

(BE) Teardrop ed

ooo

Near Vision :

Right Eye :

NG

Left Eye :

NG

APLN.TN - Right Eye

12

Left Eye -

13

mmHg

Normal

Both Eye - Colour Vision

Normal

Both Eye - Anterior Segment Examinations -

Normal

Both Eye Posterior Segment Examinations -

Normal

Doctor's Signature

Ophthalmologist Name