



# Metro Hospital & Heart Institute, Haridwar

## Health Check-up Certificate

COMPANY Medi wheel / Bank of Baroda

EMPLOYEE NO. 76401 DEPTT. IT/B DATE 25/2/23

NAME Pankaj K Gupta AGE/SEX 41/M DOB.....

DESIGNATION Chief Mgr MOBILE NO. 7309337450

CHEST (INSP) 110 cm. CHEST (EXP) 106 cm. CHEST EXPANSION 04 cm

HEIGHT 165 cm. WEIGHT 85 Kg. BMI.....

P/R 84 per mt. BP 130/90 mmHg SIGN OF EMP 1.14 mg/ml

### EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
1	LAB INVESTIGATIONS <u>(CBC/ESR)</u>	Path Lab	Hb <u>12.1 gm%</u> TLC <u>7000</u> / DLC <u>66/23/7/2/1/2/1/9</u>
2	BLOOD SUGAR F/PP/RANDOM	Path Lab	F <u>103</u> / PP <u>127</u> / RBS <u>WNL</u>
3	BLOOD GROUP <u>(AB A/c)</u>	Path Lab	<u>O+ve</u> / <u>6.1%</u>
4	URINE	Path Lab	Alb <u>NIL</u> / Sugar <u>NIL</u>
5	STOOL	Path Lab	Stool <u>NIL</u> / Cyst <u>NIL</u>
6	X RAY CHEST PA	Radiology	<u>NAB</u>
7	ULTRASONOGRAPHY (Whole Abd)	Radiology	<u>Normal study</u>
8	ECG	Health check up	<u>WNL</u>
9	ECHO	Radiology	<u>Normal study</u>
10	TMT	Radiology	
11	PFT	Health check up	
12	AUDIOMETRY	25	
13	ENT EXAM	25	
14	DENTAL EXAMINATION	24	<u>Status good / Hygiene good</u>
15	ACUITY OF VISION/COLOUR VISION	13	<u>Rx &lt; 6/6</u> <u>NV &lt; 6/6</u> <u>NV &lt; 6/6</u> <u>cr</u>
16	EXAMINATION BY PHYSICIAN	23	<u>NAB</u>
17	Thyroid Profile		<u>WNL</u>
18	Lipid Profile		<u>WNL</u>

Observations --

KAF

LAF

PSA

WNL

WNL

WNL

1.14 mg/ml

Adv to - Reduce wt / Physical activity / Salt intake

H/O Rt Side Renal Calculus

DM2 / HTN (Renal Calculus Consider)

Family H/O DM2 / HTN / MI

DR. ANIL SINGH, MBBS, AFH, DHA  
वैद्यकीय स्वास्थ्य सेवा  
Occupational Health Specialist  
REG. NO. 2731 (UKMCI)



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. GUPTA PANKAJ KUMAR
EC NO.	76481
DESIGNATION	BRANCH HEAD
PLACE OF WORK	BAZPUR
BIRTHDATE	21-11-1981
PROPOSED DATE OF HEALTH CHECKUP	25-02-2023
BOOKING REFERENCE NO.	22M76481100044194E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **22-02-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

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# METRO HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Ltd.), CIN No. U33201DL2006PTC156918

Reg. Off : 21, Community Centre, Preet Vihar, Delhi - 92

GST No.: 05AAKCS5409G1ZD

Plot No. F-1, Sector-6A, SIDCUL, Ranipur, Haridwar (UK) - 249403, www.metrohospitals.com

Phone No.: 01334-239040, 239042, 239053

## BILL OF SUPPLY (OUTPATIENT CREDIT BILL)

Bill No	: MHWOP/202228208	Date/Time	: 25/02/2023 10:12
Name	: Mr. Pankaj Kumar Gupta	UHID	: MHWID/2023003267
Age/Sex	: 41 Y /Male	Category	: CASH
Address	: Mediwheel, Haridwar Uttarakhand India	Req. Dr.	: Dr. ANIL SINGH
Tel	: 7309334450		
Comp Name	: MEDIWHEEL#ARCOFEMI HEALTH LTD. (MEDIWHEEL HARIDWAR)		

HEALTH CARE SERVICES	Req. No.	AMOUNT(Rs.)
<b>Package - MediWheel Full Body Health Checkup Male Above 40(Rs 2100)FEB 2022</b>		
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)	10341195	2100.00
<del>ESK</del>	10341195	
<del>URINE ROUTINE ANALYSIS</del>	10341195	
<del>STOOL ROUTINE EXAMINATION</del>	10341195	
<del>BLOOD GROUP</del>	10341195	
<del>BLOOD SUGAR -FASTING</del>	10341195	
<del>URINE SUGAR</del>	10341195	
<del>BLOOD SUGAR -PP</del>	10341195	
<del>HBIAC</del>	10341195	
<del>THYROID PROFILE</del>	10341195	
<del>LIPID PROFILE</del>	10341195	
<del>KFT (KIDNEY FUNCTION TEST)</del>	10341195	
<del>LFT (LIVER FUNCTION TEST)</del>	10341195	
<del>ECG</del>	80100152	
<del>TMT/ECHO</del>	80100152	
<del>X-RAY CHEST PA View</del>	70221184	
<del>USG WHOLE ABDOMEN</del>	70221184	
<del>PSA TOTAL</del>	10341195	
✓ Dr. Physician Consultation {First Visit}	Patient No 4	
✓ Dr. Eye Consultation {Second Visit}	Patient No 2	
✓ Dr. Dental Consultation {First Visit}	Patient No 1	

Bill Amount: 2100.00  
Net Bill Amt Credit: 2100.00

Credit Bili Towards **MEDIWHEEL#ARCOFEMI HEALTH LTD.** an Amount of Rupees Two Thousand One Hundred Only

Signature of Patient/Attendant.....  
Relation with patient.....  
Contact No.....  
Run Date : 25/02/2023 10:12





we treat...HE CURES

# Metro Hospital & Heart Institute

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Patient Name Mr. Pankaj Kumar Gupta Age/Sex 41y / M Reg. No. ....

Doctor's Name Dr. Sushil Kumar

Date 25/9/23 Time 11.05

## OPHTHALMIC EXAMINATION

### VISION

#### DISTANCE VISION-

Rt 6/6

Lt 6/6

#### NEAR VISION-

Rt N/6

Lt N/6 with class

#### COLOUR VISION

Abnormal

### EYE EXAMINATION

Cornea

Ant Chamber

Pupil

Fundus Examination

Normal

#### ADVICE-



Signature

2

Pathology Report



**METRO  
PATH LABS**

Name : Mr. Pankaj Kumar Gupta  
 Ref. By : Dr. ANIL SINGH  
 IP/OP : OP/202228208  
 Sample Date : 25/02/2023  
 Reporting Date: 25/02/2023

Age/Sex : 41 Y/M  
 (A Unit of Sunhill Hospitals Private Limited)  
 UHID : 2022003767  
 (ISO & NABL Certified)  
 Request NO/CIN No: U33201DL2006PTC156918  
 Sample Time : 12:25  
 Reporting Time: 20:56

Test	Result	Unit	Bio. Ref. Inter.	Test Method
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**Biochemistry**

HBIAC	6.1	%	4.5-6.3	
BLOOD SUGAR -FASTING	103.0	mg/dl	70.0-110.0	
BLOOD SUGAR -PP	127.0	mg/dl	70.0-140.0	
<b>LIPID PROFILE</b>				
TOTAL CHOLESTEROL	129.0	mg/dl	00-250.0	
HDL-CHOLESTEROL	47.0	mg/dl	00-50.0	
LDL	61.0	mg/dl	00-150.0	
TRIGLYCERIDES	106.0	md/dl	30-150	
VLDL	21.0	mg/dl	0-50	
CHOL/HDL Ratio	2.7		<4.5	

**Hematology**

<b>BLOOD GROUP</b>				
ABO	O		-	
Rh	POSITIVE		-	
ESR	18	mm/hr	20	

**Serology & Immunology**

PSA TOTAL	1.14	ng/mL	0.0-4.0	
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\*\*\* End of Reports \*\*\*

Dr. Vishal Arora  
 MBBS, DCP  
 (Consultant Pathologist)



**Note:**

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
3. These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
4. All card based tests are screening test therefore need confirmation by other alternative test like(PCR,ELISA).

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

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E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com



**METRO**  
HOSPITAL & HEART INSTITUTE  
(A unit of Sunhill Hospitals Private Limited)  
(NABH & ISO 9001: 2008 Certified)

**Radiology Investigation Report**

Name : Mr. Pankaj Kumar Gupta  
Ref. By : Dr. ANIL SINGH  
IP/OP : OP/202228208  
Date : 25/02/2023

Age/Sex : 41 Y/M  
UHID NO : 2023003267  
Request No : 70221184

**USG WHOLE ABDOMEN**

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & echotexture. No focal area of abnormal echogenecity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

**Gall bladder is contracted ( repeat scan with fasting status )** Common bile duct is normal in course & caliber. No calculus is seen in its lumen.

Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

**IMPRESSION : NORMAL STUDY**

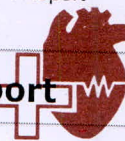


**DR.PRAKASH CHANDRA PANDEY**  
MBBS, DMRD  
CONSULTANT RADIOLOGIST

**Note:**

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## Pathology Report



# METRO PATH LABS

Name : Mr. Pankaj Kumar Gupta  
 Ref. By : Dr. ANIL SINGH  
 IP/OP : OP/202228208  
 Sample Date : 25/02/2023  
 Reporting Date: 25/02/2023

Age/Sex : 41 Y/M  
 (A Unit of Sunhill Hospitals Private Limited)  
 UHID : 2023003267  
 (ISO & NABL Certified)  
 Request No. CIN No.: U13301DL2005PTC156918  
 Sample Time : 12:25  
 Reporting Time: 20:56

Test	Result	Unit	Bio. Ref. Inter.	Test Method
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### Biochemistry

#### LFT (LIVER FUNCTION TEST)

BILIRUBIN INDIRECT	0.30	mg/dl	0.2-0.8	
SGOT	20.0	U/L	10-42	
SGPT	27.0	U/L	10-42	
BILIRUBIN TOTAL	0.60	mg/dl	0.2-1.0	
ALKALINE PHOSPHATASE	104.0	IU/L	28-111	
BILIRUBIN DIRECT	0.30	mg/dl	0.1-0.4	
TOTAL PROTEIN	<b>6.0</b>	gm/dl	6.4-8.2	
ALBUMIN	<b>3.0</b>	g/dl	3.5-5.0	
GLOBULIN	3.0	gm/dl	2.0-4.0	
AG RATIO	1.0	-	-	

#### KFT (KIDNEY FUNCTION TEST)

UREA	18.0	mg/dl	15-45	
SODIUM	141.0	mmol/L	135-155	
CREATININE	0.81	mg/dl	0.6-1.3	
URIC ACID	5.6	mg/dl	3.0-7.6	
BUN	8.5	mg/dl	05-20	
POTASSIUM	4.7	mmol/L	3.5-5.5	
CALCIUM	8.8	mg/dl	8.5-10.5	

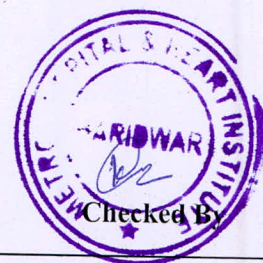
### Serology & Immunology

#### THYROID PROFILE

T3	2.75	nmol/L	1.70-3.10	
T4	10.8	µg/dl	5.95-15.4	
TSH	2.04	µIU/L	0.46-4.68	

\*\*\* End of Reports \*\*\*

Dr. Vishal Arora  
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 (Consultant Pathologist)



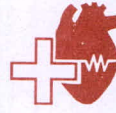
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## Radiology Investigation Report

**Name** : Mr. Pankaj Kumar Gupta  
**Ref. By** : Dr. ANIL SINGH  
**IP/OP** : OP/202228208  
**Date** : 25/02/2023

**Age/Sex** : 41 Y/M  
**UHID NO** : 2023003267  
**Request No** : 70221184

### X-RAY CHEST PA View

*Trachea is central.*

*Bilateral hila are normal in size & density.*

*Cardiac silhouette is normal.*

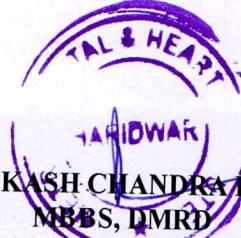
*Bilateral lung fields are clear.*

*Bilateral Costophrenic angles are normal.*

*Bilateral domes of diaphragm are normal in position & contour.*

*Bones and soft tissues are normal.*

**IMPRESSION : Normal skiagram**



**DR. PRAKASH CHANDRA PANDEY**  
MBBS, DMRD  
CONSULTANT RADIOLOGIST

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Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

27-Feb-23 11:35 AM

MHHI/CL/0115/Rev. No. 01





# METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

(NABH & ISO 9001: 2008 Certified)

## 2D ECHOCARDIOGRAPHY

Name:	Mr. Pankaj Kumar Gupta	UHID No:	2023003267
Age/Sex:	41Y/M	Ward:	OPD
Referred by:	Dr. Anil Singh	Date:	25/02/2023

**ACOUSTIC WINDOW: Normal**

### MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.1	(0.6 – 1.1 cm)
LVPW (ED)	1.0	(0.6 – 1.1 cm)
LVID (ED)	4.1	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.7	(2.0 – 3.7 cm)
LA dimension	3.3	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	60%	(55 – 75%)

### MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

### DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 58, A – 63, E/A<1	
Aortic	Nil	Vel – 117	
Tricuspid	Trace	Vel – 261	PASP – 32
Pulmonary	Nil	Vel – 89	

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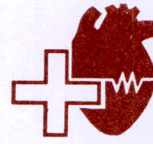
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# METRO PATH LABS

(A unit of Sunhill Hospitals Private Limited)

(ISO & NABH Certified)

CIN No.: U33201DL2006PTC156918

Patient Name : **Mr. PANKAJ GUPTA**  
DOB/Age/Gender : 41 Year'S /Male  
Pateint ID : - 2  
Referred By : **Dr.**

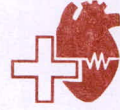
Sample Collected Date : Feb,25/2023  
Report Date : Feb,25/2023  
Report Time : 06:48 PM

Test Description	Value(S)	Unit(S)	Refrence Range
<b>Complete Blood Count &amp; {C.B.C.} HAEMATOLOGY</b>			
Hemoglobin:-	12.1	mg/dl	12.5----16.5
T L C:-	7.840	Cells/cumm	4.000—11.000
D L C:-			
Neutrophils:-	66.5	%	45 - 75
Lymphocytes:-	23.5	%	25 - 45
Eosinophils:-	7.1	%	1 - 6
Monocytes:-	2.90	%	2 - 8
Basophils:-	0.00	%	---<2
RED BLOOD CELLS Count:R.B.C:	5.28	Million/cu/mm	3.5 - 5.5
PACKED CELL VOLUME {HCT} P.C.V	42.9	%	36 - 52
MEAN CELLS VOLUME:(M.C.V):	81.3	fl	80 - 100
MEAN CELLS HEMOGLOBIN:M.C.H	22.9	pg	27 - 32
MEAN CELLS HEMGRAM CONCENTRATION:-M.C.H.C; 28.2		gm/dl	31 - 37
PLATELETS COUNT:-	2.26	Lakh/cu mm	1.50 - 4.50
RDW:-	16.9	%	11.5 - 15.0

\*\*\*End Of Report\*\*\*



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# METRO

HOSPITAL & HEART INSTITUTE

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## FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~60%
- Grade I LVDD
- Trace MR, Trace TR, PASP 32 mmHg
- No pericardial effusion
- No Intracardiac clot

### Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)  
Consultant Interventional Cardiology  
UKMC Reg. No: 12883



### Dr. Ajit Kumar

MBBS, PGDCC  
Associate Consultant, Cardiology  
UKMC Reg. No: 7569

*(Note: This document is not for medico-legal purpose)*

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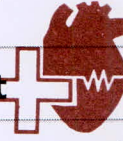
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## Pathology Report



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 Ref. By : Dr. ANIL SINGH  
 IP/OP : OP/202228208  
 Sample Date : 25/02/2023  
 Reporting Date: 25/02/2023

Age/Sex : 41 Y/M  
 UHID : 2025005267  
 Request No. : 10341105  
 Sample Time : 12:25  
 Reporting Time: 20:56

(A unit of Sunhill Hospitals Private Limited)  
 (ISO & NABH Certified)  
 CIN No.: U33203DL2006PTC156918

Test	Result	Unit	Bio. Ref. Inter.	Test Method
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### Stool Examination

#### STOOL ROUTINE EXAMINATION

##### MACROSCOPIC EXAMINATION

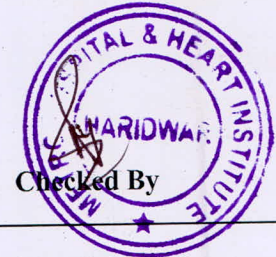
COLOUR	BROWNISH	-NA
CONSISTENCY	SEMI SOLID	-NA
BLOOD	ABSENT	-NIL
MUCUS	NIL	-NIL

##### MICROSCOPIC EXAMINATION

PUS CELLS	0-1	-NIL
RBC	NIL	-NIL
VEGETABLE CELLS	NIL	-NIL
OVA	NIL	-NIL
CYSTS	NIL	-NIL
OTHERS	NIL	-NIL

\*\*\* End of Reports \*\*\*

Dr. Vishal Arora  
 MBBS, DCP  
 (Consultant Pathologist)



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Age/Sex : 41 Y/M  
 (A Unit of Sunhill Hospitals Private Limited)  
 UHID : 2023063265H (Certified)  
 Request No. CIN No. 943201952006PTC156918  
 Sample Time : 12:25  
 Reporting Time: 20:56

Test	Result	Unit	Bio. Ref. Inter.	Test Method
------	--------	------	------------------	-------------

### Urine Examination

URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW	-		
TRANSPARENCY	CLEAR	-		
S. GRAVITY	1.020	-		
CHEMICAL EXAMINATION				
ALBUMIN	NIL	-		
SUGAR	NIL	-		
pH	6.0	-		
BLOOD	NIL	-		
KETONE	NIL	-		
MICROSCOPIC EXAMINATION				
PUS CELLS	2-3	-		
EPITHELIAL CELLS	1-2	-		
RBC	NIL	-		
CRYSTALS	NIL	-		
CAST	NIL	-		
BACTERIA	NIL	-		
AMORPHOUS PHOSPHATE	NIL	-		
AMORPHOUS URATES	NIL	-		

\*\*\* End of Reports \*\*\*

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 MBBS, DCP  
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**Note:**

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
3. These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
4. All card based tests are screening test therefore need confirmation by other alternative test like(PCR,ELISA).

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