

Name : Ms. RANITA HALDER (28 /F)

Date : 21/07/2022

Address :

Examined by:

UHID : AMHL.0001989155

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH152697



CHIEF COMPLAINTS

For corporate health checkup
H/O PCOD.

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



DRUG ALLERGY

NO KNOWN ALLERGY

:21/07/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Abdominal pain - yes; Dyspepsia - yes; Bowel habits - regular

Genitourinary system

Frequency - normal

Gynaec history

Last menstrual period - 04.07.22; Periods - regular; - Flow - Scanty.

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Normal hearing

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Surgical history

Surgical history - Nil



Personal history

Marital status - Single

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active



Family history

Father - alive

Mother - alive

Hypertension - mother

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Coronary artery disease - none
Cancer - None



Musculo Skeletal System

- No significant finding

PHYSICAL EXAMINATION



General

Build - Healthy
Height - 160 Cm
Weight - 56 Kg
BMI - 21.88
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 72
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 104
Diastolic(mm of Hg) - 62
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present.



Central nervous system

- No neurological deficit



Skin

- No significant finding

Ophthalmology consultation

Ophthalmology findings - UCVA RE 6/9
LE 6/9

NVA RE N6
LE N6

COLOUR VISION:24/24 ALL READ

GENERAL HISTORY : NI

OCULAR MOVEMENTS : FULL

ANTERIOR SEGMENT :
NORMAL

ACCEPTANCE
RE -1.25/-0.75X90*DVA 6/6,N6

LE-1.50/-0.75X85*DVA 6/6,N6

ADVICE *Glass use regularly* Review after 1 year/SOS

Printed By : Debjani Chowdhury

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.1 *	g/dl	●	12.0-15.0
RBC COUNT	3.96	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	33.3 *	%	●	36-46
MCV	84.3	fl	●	83-101
MCH	28.1	pg	●	27-32
MCHC	33.3	%	●	31.5-34.5
RDW	15.2 *	%	●	11.8-14.0
WBC Count	5900	/cu mm	●	4000-10000
Platelet Count	1.73	lacs/cu mm	●	1.5-4.0
Neutrophils	62	%	●	40-80
Lymphocytes	30	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	34 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	7.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	1-3
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	9 *	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	41 *	U/L	●	42-98
AST (SGOT) - SERUM	15	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	136	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	8	U/L	●	7-64

● Within Normal Range ● Borderline High/Low ● Out of Range

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GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	81	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	98	mg/dL	●	70-140

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.4	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	40	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	92	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	4	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.5 *	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	4.2 *	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	7.0	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	79	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.4	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.6	mg/dL	●	2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.0	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.0:1.0			1.0-2.0

PAP SMEAR /CERVICAL SMEAR

Ref No:
AG01.C2204145
SPECIMEN TYPE:
Conventional cervical smear (Pap) x 1
SPECIMEN ADEQUACY:
Satisfactory for evaluation without endocervical cells.
INTERPRETATION/RESULT:
Negative for intraepithelial lesion or malignancy,with no organism

ECG

SINUS BRADYCARDIA WITH SINUS ARRHYTHMIA.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

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ULTRASOUND SCREENING WHOLE ABDOMEN

* No significant abnormality is seen.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

URINE SUGAR- FASTING(QUALITATIVE)

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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