

B.P - 110/80
P - 63
S - 98%
W - 78kg
H - 175cm



भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

ब्रज लाल गोदारा, हाउस नं 148,
बिजली नगर के सामने, बिचोली मार्ग,
रेवेन्यू नगर, इंदौर, इंदौर कनाडिया रोड,
इंदौर, मध्य प्रदेश, 452016

Address:
S/o, Brij Lal Godaara, Hous No 148,
Opp Bijli Nagar, Bicholi Road,
Revenue Nagar, Indore, Indore
Kanadia Road, Indore, Madhya
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Bengaluru-560 001

SJM SUPER SPECIALITY HOSPITAL
Dr. Vinod Kumar Bhat
M.B.B.S, M.D (Medicine)
Sr. Consultant Physician
Reg. No. 30989 (DMC)

Signature

9009998777



भारत सरकार
GOVERNMENT OF INDIA



शिव प्रकाश गोदारा
Shiv Prakash Godara
DOB: 03-11-1981
Gender: Male



6926 9015 6638

आधार - आम आदमी का अधिकार

र



SJM SUPER SPECIALITY HOSPITAL, & IVF CENTRE



100 Bedded Super Speciality Hospital

Sector-63, Noida, NH-9, Near Hindon Bridge

Ph.: 0120-6530900 / 10, Mob.: +91 9599259072

E-mail: sjmhospital@yahoo.com / Website: sjmhospital.com

(24 Hours Emergency, NICU/ICU, Pharmacy & Ambulance Available)

(IVF SPECIALIST)
Dr. Pushpa Kaul (IVF)
M.B.B.S, MD(Obst. & Gynae)
Dr. Neha Zutshi (Embryologist)

OTHER SPECIALIST
Dr. Pushpa Kaul (IVF)
M.B.B.S, MD(Obst. & Gynae)
Dr. Smritee Virmani (Endoscopy)
M.B.B.S, DGO, DNB, ICOG (Obst. & Gynae)
Dr. Vinod Bhat

M.B.B.S, MD (General Medicine)
Dr. Vineet Gupta, MS (ENT)
Dr. Naveen Gupta, MS (EYE)
Ashutosh Singh, MS (Urology)
Rahul Kaul (Spine Surgeon)
M.B.S, MS. (Orthopaedic)
Raj Ganjoo MD (Psychiatric)
Akash Mishra (Neuro Surgeon)
Sanjay Sharma (Cardiologist)
S.K. Pandita, MS (Surgeon)
P. Gupta, MS (Surgeon)
Saisika Rajpal

(Periodontist & Implantologist)
Ash Arora
Maxillofacial Surgeon
Sreepa Maheshwari
S., MD, FRM, (IVF Specialist)
Rak Kumar Gupta
MS (General Surgeon)
Plastic Surgery
Raj Kumar
MD (Paediatrics)
Raj Kumar Kothari
MD (Medicine)
Rajgarwal
M.S. Ortho.

Private & Public wards
Outpatient - (OPD)Facilities
Ambulance and emergency
Theatres
Laser & Conventional Surgery
Fertilization centre (IVF)
ICU Unit. (ICU)
NICUs

Pathology lab
Ultrasound
Facilities
Pharmacy
Kitchen

Mr. Shiv Prakash Godara

10/6/23

(40y/m)

No H/O HT & DM

AR < -1.25 X 90
-0.25

Nn < 619P
616

Acc < -0.75 DC X 90 - 616
- Plano - 616
Add: +1.00 DS N6 (BE)

Prescribed

Hylasoft Eye Drops - 3 times a day
x 3 mon

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CGHS & AYUSHMAN BHARAT

+ Not for medico legal purpose + No substitution of drugs allowed

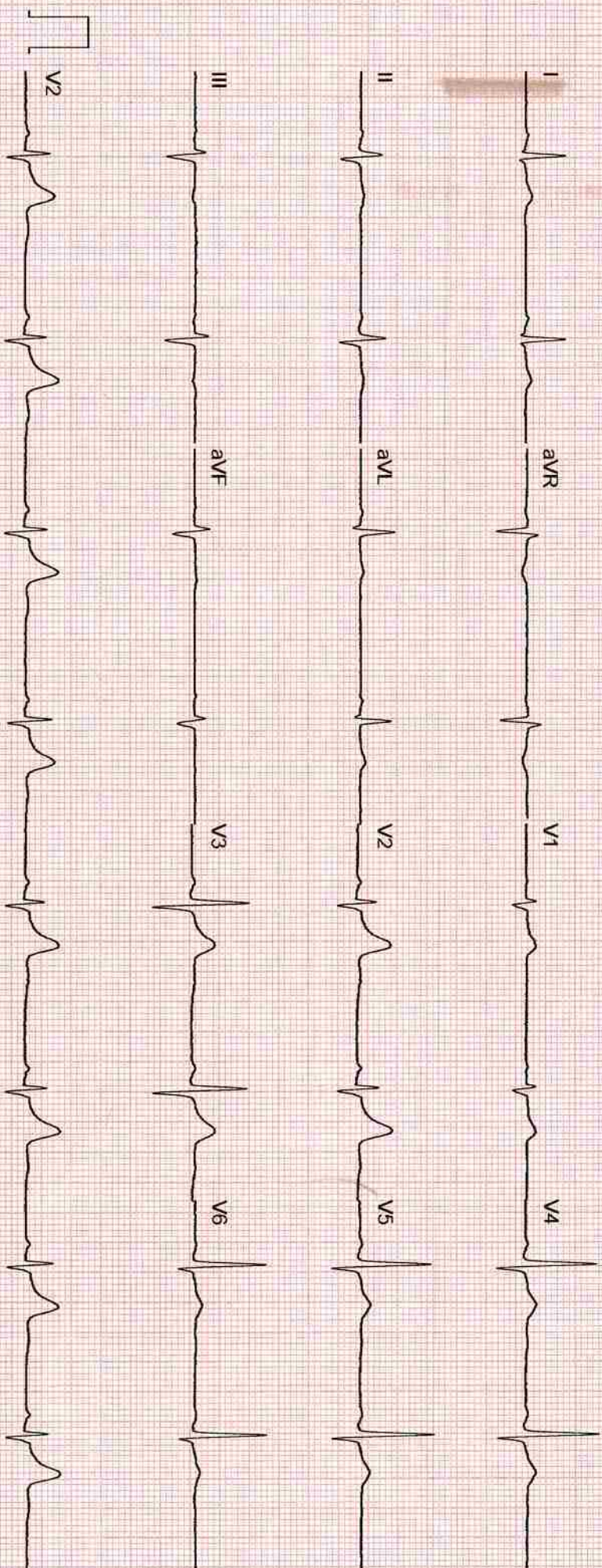
Panel: Raksha TPA Pvt Ltd., Vipul Med Corp TPA Pvt Ltd., E-Meditex (TPA) Services Ltd., Medi-Assit India TPA Pvt Ltd., Park Mediclaim, Genins India TPA Pvt Ltd., Family Healthcare TPA Pvt Ltd., Medsave Healthcare TPA Pvt Ltd., Vidal Health Care TPA Pvt Ltd., MD India Healthcare, DHS TPA (India) Private Ltd., Medicate TPA Service (I) Pvt Ltd., East West Assist TPA Pvt Ltd., United Healthcare Parekh TPA Pvt Ltd., Good Health TPA Services Ltd., Bajaj Allianz General Insurance Co. Ltd., IFFCO Tokio General Insurance Co. Ltd., IFFCO Tokio General Insurance Co. Ltd., Universal Insurance General Co. Ltd., TATA AIG General Insurance Co. Ltd., Cholamandalam General Insurance Co. Ltd., Liberty Videocon General Insurance Ltd., SBI General Insurance Co. Ltd., Kotak Mahindra General Insurance Co. Ltd., HDFC Standard Life Insurance Co. Ltd., The Oriental Insurance Co. Ltd. (Corporate), National Insurance Co. Ltd. (Corporate), The New India Insurance Co. Ltd. (Corporate), United India Insurance Co. Ltd. (Corporate)

QRS	76 ms
QT / QTcBaz	418 / 377 ms
PR	134 ms
P	82 ms
RR / PP	1218 / 1224 ms
P / QRS / T	36 / -12 / 5 degrees

Sinus bradycardia
Otherwise normal ECG

Technician:
Ordering Ph:
Referring Ph:
Attending Ph:

SJM SUPER SPECIALITY HOSPITAL
Dr. ~~Vijay Kumar Bhat~~
M. Bhat, M. D. (Medicine)
Sr. Consultant, Physician
Reg. No. 30889 (DMC)



Laboratory Report

Lab Serial no. : LSHHI251047	Mr. No : 102648
Patient Name : Mr. SHIV PRAKASH GODARA	Reg. Date & Time : 10-Jun-2023 08:47 AM
Age / Sex : 42 Yrs / M	Sample Receive Date : 10-Jun-2023 08:54 AM
Referred by : Dr. SELF	Result Entry Date : 10-Jun-2023 12:45PM
Doctor Name : Dr. Vinod Bhat	Reporting Time : 10-Jun-2023 12:45 PM
OPD : OPD	

HAEMATOLOGY

	results	unit	reference
CBC / COMPLETE BLOOD COUNT			
HB (Haemoglobin)	13.8	gm/dl	12.5 - 16.0
TLC	5.3	Thousand/mm	4.0 - 11.0
DLC			
Neutrophil	50	%	40 - 70
Lymphocyte	39	%	20 - 40
Eosinophil	09	%	01 - 06
Monocyte	02	%	02 - 08
Basophil	00	%	00 - 01
R.B.C.	4.70	Thousand / UI	3.8 - 5.10
P.C.V	42.3	million/UI	00 - 40
M.C.V.	90.0	fL	78 - 100
M.C.H.	29.4	pg	27 - 31
M.C.H.C.	32.6	g/dl	32 - 36
Platelet Count	1.26	Lacs/cumm	1.5 - 4.5


INTERPRETATION:

To determine your general health status; to screen for, diagnose, or monitor any one of a variety of diseases and conditions that affect blood cells, such as anemia, infection, inflammation, bleeding disorder or cancer

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technician :

Typed By : Mr. BIRJESH


Dr. Rajeev Goel
 M.D. (Pathologist)
 36548 (MCI)

Dr. Bupinder Zutshi
 (M.B.B.S., MD)
 Pathologist & Microbiologist

Laboratory Report

Lab Serial no. : LSHH1251047	Mr. No : 102648
Patient Name : Mr. SHIV PRAKASH GODARA	Reg. Date & Time : 10-Jun-2023 08:47 AM
Age / Sex : 42 Yrs / M	Sample Receive Date : 10-Jun-2023 08:54 AM
Referred by : Dr. SELF	Result Entry Date : 10-Jun-2023 12:45PM
Doctor Name : Dr. Vinod Bhat	Reporting Time : 10-Jun-2023 12:45 PM
OPD : OPD	

HAEMATOLOGY

results unit reference

ESR / ERYTHROCYTE SEDIMENTATION RATE

ESR (Erythrocyte Sedimentation Rate) 11 mm/1hr 00 - 22

Comments

The ESR is a simple non-specific screening test that indirectly measures the presence of inflammation in the body. It reflects the tendency of red blood cells to settle more rapidly in the face of some disease states, usually because of increases in plasma fibrinogen, immunoglobulins, and other acute-phase reaction proteins. Changes in red cell shape or numbers may also affect the ESR.

BIOCHEMISTRY

results unit reference

LIPID PROFILE, Serum

S. Cholesterol	146.0	mg/dl	< - 200
HDL Cholesterol	49.9	mg/dl	35.3 - 79.5
LDL Cholesterol	70.2	mg/dl	50 - 150
VLDL Cholesterol	25.9	mg/dl	00 - 40
Triglyceride	127.9	mg/dl	00 - 170
Chloestrol/HDL RATIO	2.92	%	

INTERPRETATION:

Lipid profile Or lipid panel IS a panel of blood tests that serves as an initial screening tool for abnormalities in lipids, such as cholesterol and triglycerides. The results of this test can identify certain genetic diseases and can determine approximate risks for cardiovascular disease, certain forms of pancreatitis, and other diseases.

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Laboratory Report

Lab Serial no. : LSHHI251047	Mr. No : 102648
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Age / Sex : 42 Yrs / M	Sample Receive Date : 10-Jun-2023 08:54 AM
Referred by : Dr. SELF	Result Entry Date : 10-Jun-2023 01:15PM
Doctor Name : Dr. Vinod Bhat	Reporting Time : 10-Jun-2023 12:45 PM
OPD : OPD	

BIOCHEMISTRY

	results	unit	reference
BLOOD SUGAR (PP), Serum			
SUGAR PP	116.9	mg/dl	80 - 140

Comments:

Accurate measurement of glucose in body fluid is important in diagnosis and management of diabetes, hypoglycemia, adrenal dysfunction and various other conditions. High levels of serum glucose may be seen in case of diabetes mellitus, in patients receiving glucose containing fluids intravenously, during severe stress and in cerebrovascular accidents. Decreased levels of glucose can be due to insulin administration, as a result of insulinoma, inborn errors of carbohydrate metabolism or fasting.

METHOD:- GOD-POD METHOD, END POINT

BLOOD SUGAR F, Sodium Fluoride Pla

Blood Sugar (F)	95.3	mg/dl	70 - 110
-----------------	------	-------	----------

Comments:

Accurate measurement of glucose in body fluid is important in diagnosis and management of diabetes, hypoglycemia, adrenal dysfunction and various other conditions.

High levels of serum glucose may be seen in case of Diabetes mellitus, in patients receiving glucose containing fluids intravenously, during severe stress and in cerebrovascular accidents.

Decreased levels of glucose can be due to insulin administration, as a result of insulinoma, inborn errors of carbohydrate metabolism or fasting.

technician :

Typed By : Mr. BIRJESH

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BIOCHEMISTRY

	results	unit	reference
KFT,Serum			
Blood Urea	25.8	mg/dL	18 - 55
Serum Creatinine	0.93	mg/dl	0.7 - 1.3
Uric Acid	6.2	mg/dl	3.5 - 7.2
Calcium	8.4	mg/dL	8.8 - 10.2
Sodium (Na+)	136.7	mEq/L	135 - 150
Potassium (K+)	4.21	mEq/L	3.5 - 5.0
Chloride (Cl)	100.5	mmol/L	94 - 110
BUN/ Blood Urea Nitrogen	12.06	mg/dL	7 - 18
PHOSPHORUS-Serum	3.37	mg/dl	2.5 - 4.5

Comment:-

Kidneys play an important role in the removal of waste products and maintenance of water and electrolyte balance in the body.
 Kidney Function Test (KFT) includes a group of blood tests to determine how well the kidneys are working.

Centre for Excellent Patient Care

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BIOCHEMISTRY

	results	unit	reference
LIVER FUNCTION TEST,Serum			
Bilirubin- Total	0.39	mg/dL	0.1 - 2.0
Bilirubin- Direct	0.26	mg/dL	0.0 - 0.20
Bilirubin- Indirect	0.13	mg/dL	0.2 - 1.2
SGOT/AST	66.4	IU/L	00 - 35
SGPT/ALT	64.5	IU/L	00 - 45
Alkaline Phosphate	94.0	U/L	53 - 128
Total Protein	5.90	g/dL	6.4 - 8.3
Serum Albumin	3.96	gm%	3.50 - 5.20
Globulin	1.94	gm/dl	1.8 - 3.6
Albumin/Globulin Ratio	2.04	%	

INTERPRETATION

A Liver Function test or one or more of its component tests may be used to help diagnose liver disease if a person has symptoms that indicate possible liver dysfunction. If a person has a known condition or liver disease, testing may be performed at intervals to monitor liver status and to evaluate the effectiveness of any treatments.

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technician :

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MR. SHIV PRAKASH GODARA

SJM SUPER SPECIALITY HOSPITAL

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Doctor Name : Dr. Vinod Bhat	ReportingTime : 10-Jun-2023 12:45 PM
OPD/IPD : OPD	:

TEST NAME

VALUE

ABO

"A"

Rh

POSITIVE

Comments:

Human red blood cell antigens can be divided into four groups A, B, AB AND O depending on the presence or absence of the corresponding antigens on the red blood cells. There are two glycoprotein A and B on the cell's surface that are responsible for the ABO types. Blood group is further classified as RH positive and RH negative.

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Mr. BIRJESH

<http://rgcipac3/SJM/Design/Finance/LabTextReport.aspx>

R. Goel
Dr. Rajevee Goel
 M.D. (Pathologist)
 36548 (MCI)

10-06-2023
Dr. Bupinder Zutshi
 (M.B.B.S., MD)
 Pathologist & Microbiologist

Laboratory Report

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OPD/IPD : OPD	:

URINE SUGAR (FBS)

CHEMICAL EXAMINATION

Glucose : Nil

URINE SUGAR (PPBS)

CHEMICAL EXAMINATION

Glucose : Nil

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Mr. BIRJESH



MR. SHIV PRAKASH GODARA

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OPD/IPD : OPD	:

URINE EXAMINATION TEST

PHYSICAL EXAMINATION

Quantity: 20 ml

Color: Straw

Transparency: clear

CHEMICAL EXAMINATION

Albumin: nil

Glucose: nil

PH: Acidic

MICROSCOPIC EXAMINATION

Pus cells: 1-2 /HPF

RBC's: nil

Crystals: nil

Epithelial cells: 0-1 /HPF

Others: nil

Note:-

A urinalysis is a test of your urine. It's used to detect and manage a wide range of disorders, such as urinary tract infections, kidney disease and diabetes. A urinalysis involves checking the appearance, concentration and content of urine.

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Mr. BIRJESH

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 36548 (MCI)

Dr. Bupinder Zutshi
 10-06-2023
 (M.B.B.S., MD)
 Pathologist & Microbiologist



Patient Name : Mr. SHIV PRAKASH GODARA
Age/Sex : 42 Y/Male
Patient ID : 012306100024
Barcode : 10149237
Ref. By : Self
SRF No. :
Aadhar-Nation : - Indian

Registration No : 140888
Registered : 10/Jun/2023
Collection : 10/Jun/2023 01:52PM
Received : 10/Jun/2023 02:16PM
Reported : 10/Jun/2023 03:17PM
Panel : SJM Hospital
Passport No. :

Test Name	Value	Unit	Bio Ref.Interval
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HbA1C(Glycosylated Hemoglobin):EDTA

Hb A1C, GLYCOSYLATED Hb ,EDTA HPLC	5.70	%	
Average Glucose Calculated	116.89	mg/dL	<125.0

Interpretation:

AS PER AMERICAN DIABETES ASSOCIATION (ADA)

REFERENCE GROUP	HbA1c IN %
NON DIABETIC	< 6.0 %
GOOD CONTROL	6 - 7 %
FAIR CONTROL	7 - 8 %
ACTION SUGGESTED	FOR MORE THAN 8 %

Result done on : Tosoh Automated Glycohemoglobin Analyzer.

Comment :

Glycosylated Hb is a normal adult Hb which is covalently bounded to a glucose molecule. Glycosylated Hb concentration is dependent on the average blood glucose concentration and is stable for the life of the RBC (120 days). Glycohaemoglobin serves as suitable marker of metabolic control of diabetics. Its estimation is unaffected by diet, insulin, exercise on day of testing and thus reflects average blood glucose levels over a period of last several weeks /months. There is a 3 - 4 week time before percent Glycohaemoglobin reflects changes in blood glucose levels.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

1. Glycosylated hemoglobin (HbA1c) test is three monthly monitoring done to assess compliance with therapeutic regimen in diabetic patients.
2. Since Hb1c reflects long term fluctuations in blood glucose concentration, a diabetic patient who has recently under good control may still have high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
3. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0%

J. Bhatia

Dr. Jatinder Bhatia
MD Pathology
Director

Madhusmita Das

Dr. Madhusmita Das
MD MICROBIOLOGY

Priyanka Rana

Dr. Priyanka Rana
MD Pathology



Patient Name : Mr. SHIV PRAKASH GODARA

Registration No : 140888

Age/Sex : 42 Y/Male

Registered : 10/Jun/2023

Patient ID : 012306100024

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Test Name	Value	Unit	Bio Ref.Interval
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may not be appropriate.

4.High HbA1c (>9.0 -9.5 %) is strongly associated with risk of development and rapid progression of microvascular and nerve complications

5.Any condition that shorten RBC life span like acute blood loss, hemolytic anemia falsely lower HbA1c results.

6.HbA1c results from patients with HbSS,HbSC and HbD must be interpreted with caution , given the pathological processes including anemia,increased

red cell turnover, and transfusion requirement that adversely impact HbA1c as a marker of long-term glycemc control.

7.Specimens from patients with polycythemia or post-splenectomy may exhibit increase in HbA1c values due to a somewhat longer life span of the red cells.

*** End Of Report ***

Tests Requested:THYROID PROFILE,(TFT)SERUM,PSA, TOTAL, Serum,HbA1C(Glycosylated Hemoglobin);EDTA

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 MD Pathology
 Director

Madhusmita Das
 Dr. Madhusmita Das
 MD MICROBIOLOGY

Priyanka
 Dr. Priyanka Rana
 MD Pathology
 Page 2 of 2

REPORT



360

DIAGNOSTICS

Patient Name : Mr. SHIV PRAKASH GODARA
 Age/Sex : 42 Y/Male
 Patient ID : 012306100024
 Barcode : 10149237
 Ref. By : Self
 SRF No. :
 Aadhar-Nation : - Indian

Registration No : 140888
 Registered : 10/Jun/2023
 Collection : 10/Jun/2023 01:52PM
 Received : 10/Jun/2023 02:16PM
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Test Name	Value	Unit	Bio Ref.Interval
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PSA TOTAL, Serum ECLIA	0.72	ng/mL	0.0 - 5.5
---------------------------	------	-------	-----------

Interpretation:

The major site of PSA production is the glandular epithelium of the prostate. Low levels of PSA are found in the blood as a result of leakage of PSA from the prostate gland. Increasing levels of serum PSA are associated with prostatic pathology, including prostatitis, benign prostatic hyperplasia (BPH), and cancer of the prostate. Early diagnosis of carcinoma of the prostate is hindered by the lack of symptoms in man with localized tumors therefore, early detection requires a simple, safe and inexpensive test for the disease in asymptomatic men. Several studies have shown that the measurement of serum PSA concentration offers several advantages in the early detection of prostate cancer.

Serum PSA concentrations should not be interpreted as absolute evidence for the presence or absence of prostate cancer. Elevated concentration of PSA may be observed in the serum of patients with benign prostatic hyperplasia or other nonmalignant disorders as well as in prostate cancer. The PSA value should be used in conjunction with information available from clinical evaluation and other diagnostic procedures such as DRE. Some early cases of prostate cancer will not be detected by PSA testing; the same is true for DRE. Prostatic biopsy is required for the diagnosis of cancer

*** End Of Report ***

Tests Requested: THYROID PROFILE.(TFT) SERUM.PSA. TOTAL, Serum.HbA1C(Glycosylated Hemoglobin); EDTA

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 Director

Madhusmita Das
 Dr. Madhusmita Das
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Priyanka
 Dr. Priyanka Rana
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 Page 1 of 1

360 Diagnostics & Health Services Pvt. Ltd.

C-1/2 Sector-31, Noida - 201 301 (U.P.) Tel.: 0120-4224797, 7042922881

E-mail: admin@360healthservices.com | Website : www.360healthservice.com



Patient Name : Mr. SHIV PRAKASH GODARA
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Test Name	Value	Unit	Bio Ref.Interval
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THYROID PROFILE (TFT) SERUM*

T3 ,Serum	119.00	ng/dl	69-215
T4 ,Serum ECLIA	8.20	ug/dL	5.2-12.7
TSH(ultrasensitive) ECLIA	3.39	uIU/mL	0.3-4.5

TSH	T3 / FT3	T4 / FT4	Suggested Interpretation for the Thyroid Function Tests Pattern
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated non-thyroidal illness. In elderly the drop in T3 level can be upto 25%.
Raised	Within range	Within Range	Isolated high TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with physiological & biological TSH variability.
			Subclinical Autoimmune Hypothyroidism
			Intermittent T4 therapy for hypothyroidism
			Recovery phase after non-thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis
			Post thyroidectomy, post radioiodine
			Hypothyroid phase of transient thyroiditis"
			Interfering antibodies to thyroid hormones (anti-TPO antibodies)
Raised or within range	Raised	Raised / Normal	Intermittent T4 therapy or T4 overdose
			Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics
Decreased	Raised / Normal	Raised / Normal	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness
			Subclinical Hyperthyroidism
			Thyroxine ingestion"
Decreased	Decreased	Decreased	Central Hypothyroidism
			Non-Thyroidal illness

Jatinder
Dr. Jatinder Bhatia
 MD Pathology
 Director

Madhusmita Das
Dr. Madhusmita Das
 MD MICROBIOLOGY

Priyanka Rana
Dr. Priyanka Rana
 MD Pathology
 Page 1 of 2



REPORT

mc - 3486



360

DIAGNOSTICS

Patient Name : Mr. SHIV PRAKASH GODARA

Registration No : 140888

Age/Sex : 42 Y/Male

Registered : 10/Jun/2023

Patient ID : 012306100024

Collection : 10/Jun/2023 01:52PM

Barcode : 10149237

Received : 10/Jun/2023 02:16PM

Ref. By : Self

Reported : 10/Jun/2023 03:46PM

SRF No. :

Panel : SJM Hospital

Aadhar-Nation : Indian

Passport.No. :

Test Name	Value	Unit	Bio Ref.Interval
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			Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease),Multinodular goitre, Toxic nodule
			Transient thyroiditis:Postpartum, Silent (lymphocytic), Postviral (granulomatous.subacute, DeQuervain's),Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased or	Raised	Within range	T3 toxicosis
Within range			Non-Thyroidal illness

TSH(μ U/ml) for pregnant females (As per American Thyroid Association)

First Trimester	0.10-2.5
Second Trimester	0.20-3.00
Third Trimester	0.30-3.00

*** End Of Report ***

Tests Requested:THYROID PROFILE,(TFT)SERUM.PSA, TOTAL, Serum.HbA1C(Glycosylated Hemoglobin),EDTA

SJM SUPER SPECIALITY HOSPITAL
 Dr. Vinod Kumar Bhat
 M.B.B.S, M.D (Medicine)
 Sr. Consultant Physician
 Reg. No. 30989 (DMC)

Jhatia
 Dr. Jatinder Bhatia
 MD Pathology
 Director

Madhusmita Das
 Dr. Madhusmita Das
 MD MICROBIOLOGY

Priyanka
 Dr. Priyanka Rana
 MD Pathology
 Page 2 of 2

360 Diagnostics & Health Services Pvt. Ltd.

C-1/2 Sector-31, Noida - 201 301 (U.P.) Tel.: 0120-4224797, 7042922881

E-mail: admin@360healthservices.com | Website : www.360healthservice.com

SJM HOSPITAL AND IVF CENTRE

ID : 180
NAME : MR. SHIV PRAKASH GODARA
AGE / SEX : 41 / MALE

HEIGHT (cm) : 175
WEIGHT (kg) : 78
PROTOCOL : BRUCE

REF. BY : DR. VIOND BHAT
DONE BY :
TECHNICIAN :

CASE HISTORY

MEDICATION

OBJECT OF TEST

RISK FACTOR

ACTIVITY

OTHER INVESTIGATION

REASON FOR TERMINATION

EXERCISE TOLERANCE

EXERCISE INDUCED ARRHYTHMIAS

HAEMO RESPONSE

CHRONO RESPONSE

FINAL IMPRESSION

EXTRA COMMENTS

Routine Check Up.

None.

Moderate Active.

X - Ray.

Max HR.

Moderate (< 10 METS).

Normal

Negative.

Stress Test is Negative for Inducible Ischemia.

SJM SUPER SPECIALITY HOSPITAL
Dr. Vinod Kumar Bhat
M.B.B.S., M.D. (Medicine)
Sr. Consultant Physician
Reg. No. 30969 (DMC)

Confirmed By : _____

Signature

180 Tested On 10-06-2023, 10:34:58

BPL DYNATRAC

PATIENT ID : 180
 PATIENT NAME : MR. SHIV PRAKASH GODARA
 PROTOCOL : BRUCE

DR. VIOND BHAT
 Tested On : 10-06-2023, 10:34:58
 BPL DYNATRAC

Stage Name	Time (min:sec)	Speed (kmph)	Grade (%)	HR (bpm)	BP (mmHg)	R.P.P	METS	STLevel (II)	Stage Comments
Pre-Test	00:28	0.00	0.00	72	110 / 80	7920	0.00	0.40	
Supine	00:15	0.00	0.00	66	110 / 80	7260	0.00	0.70	
Hyper Ventilation	00:15	0.00	0.00	80	110 / 80	8800	0.00	0.45	
Wait For Exercise	00:23	0.00	0.00	65	110 / 80	7150	0.00	0.45	
Exercise 1	02:54	2.70	10.00	108	120 / 90	12960	5.10	0.35	
Exercise 2	02:55	4.00	12.00	127	130 / 95	16510	7.10	0.60	
Peak Exercise	02:25	5.50	14.00	157	140 / 100	21980	10.00	0.55	
Recovery 1	00:52	0.00	0.00	125	100 / 80	12500	0.00	1.06	
Recovery 2	01:55	0.00	0.00	105	100 / 80	10500	0.00	1.56	
Recovery 3	02:58	0.00	0.00	94	100 / 80	9400	0.00	1.01	
Recovery 4	03:22	0.00	0.00	94	100 / 80	9400	0.00	0.65	

Total METS achieved : 10.00
 Maximum HR achieved : 157 bpm, 87 % of 179 bpm

Maximum ST depression (II) : 0.35 mm
 Total Exercise time : 08:28 (min:sec)

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 Sr. Consultant Physician
 Reg. No. 30989 (DMC)

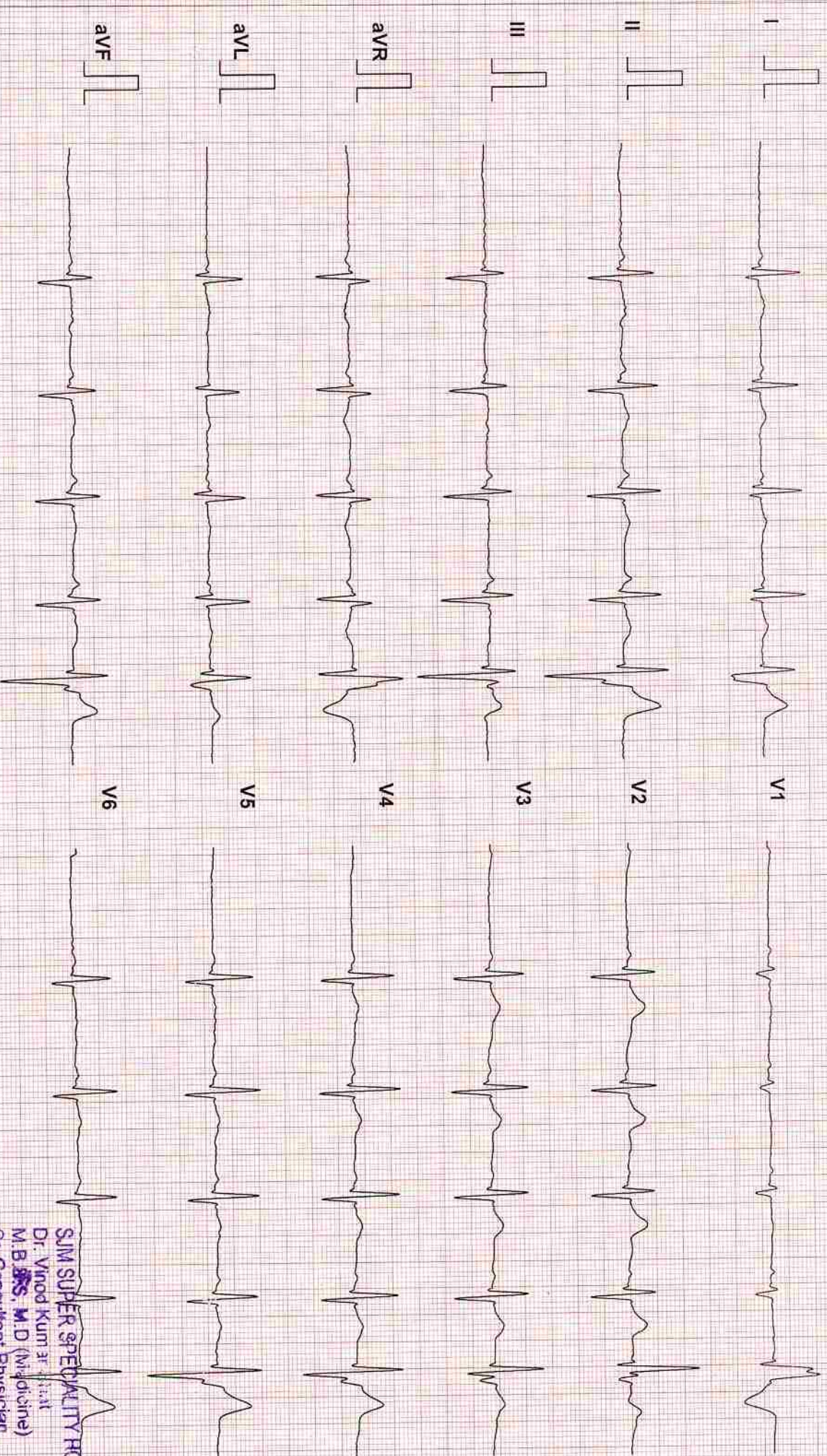
SJM HOSPITAL AND IVF CENTRE

ID : 180
NAME : MR. SHIV PRAKASH GODA
AGE : 41
BP : 110/80 mmHg

STAGE : Pre-Test
RECORDED TIME : 18:02 (min:sec)
STAGE DURATION : 18:02 (min:sec)
HR : 73 bpm (40%)

PROTOCOL : BRUCE
SPEED : 0.00 kmph
GRADE : 0.00 %
METS : 0.00

DR. VIJOND BHAT
Tested On 10-06-2023, 10:10:
BPL DYNATRAC



180

20 Hz Filter

10mm/10s

SJM SUPER SPECIALITY HOSPITAL

Dr. Vinod Kumar Sr. (Cardiologist)
M.B.B.S., M.D. (Nephrology)
Sr. Consultant Physician
(25mm/sec DMCI)

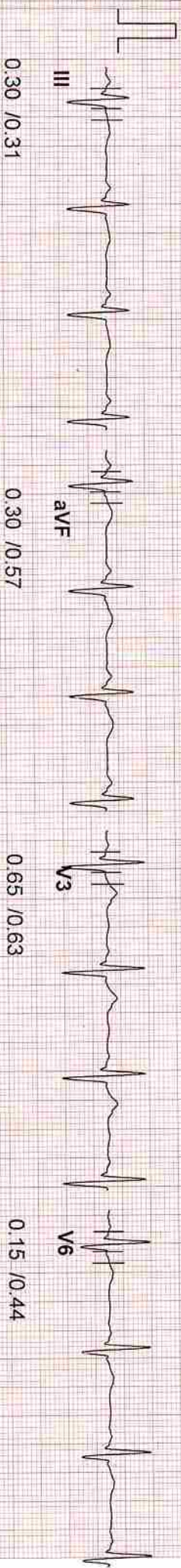
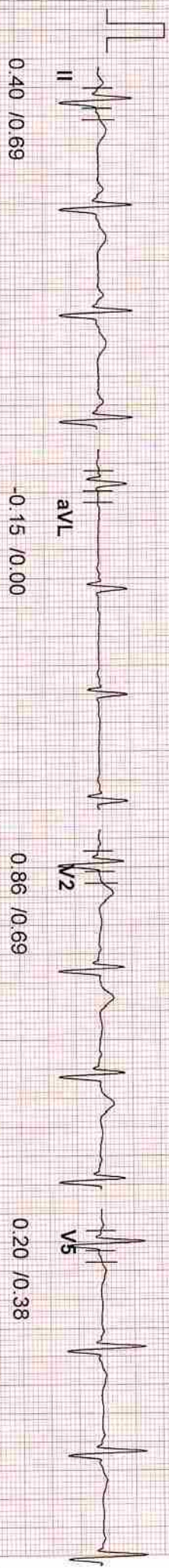
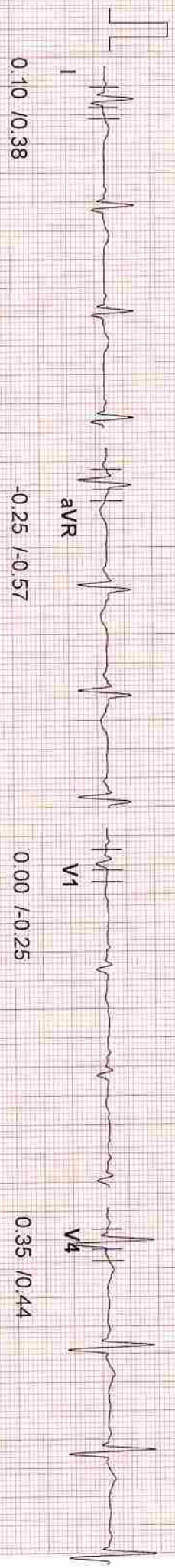
ID : 180
NAME : MR. SHIV PRAKASH GODA
AGE : 41
BP : 110/80 mmHg

STAGE : Pre-Test
RECORDED TIME : 00:29 (min:sec)
STAGE DURATION : 00:29 (min:sec)
HR : 72 bpm (40%)

PROTOCOL : BRUCE
SPEED : 0.0 kmph
GRADE : 0.00 %
METS : 0.00

DR. VIJOND BHAT
Tested On : 10-06-2023, 10
BPL DYNATRAC

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

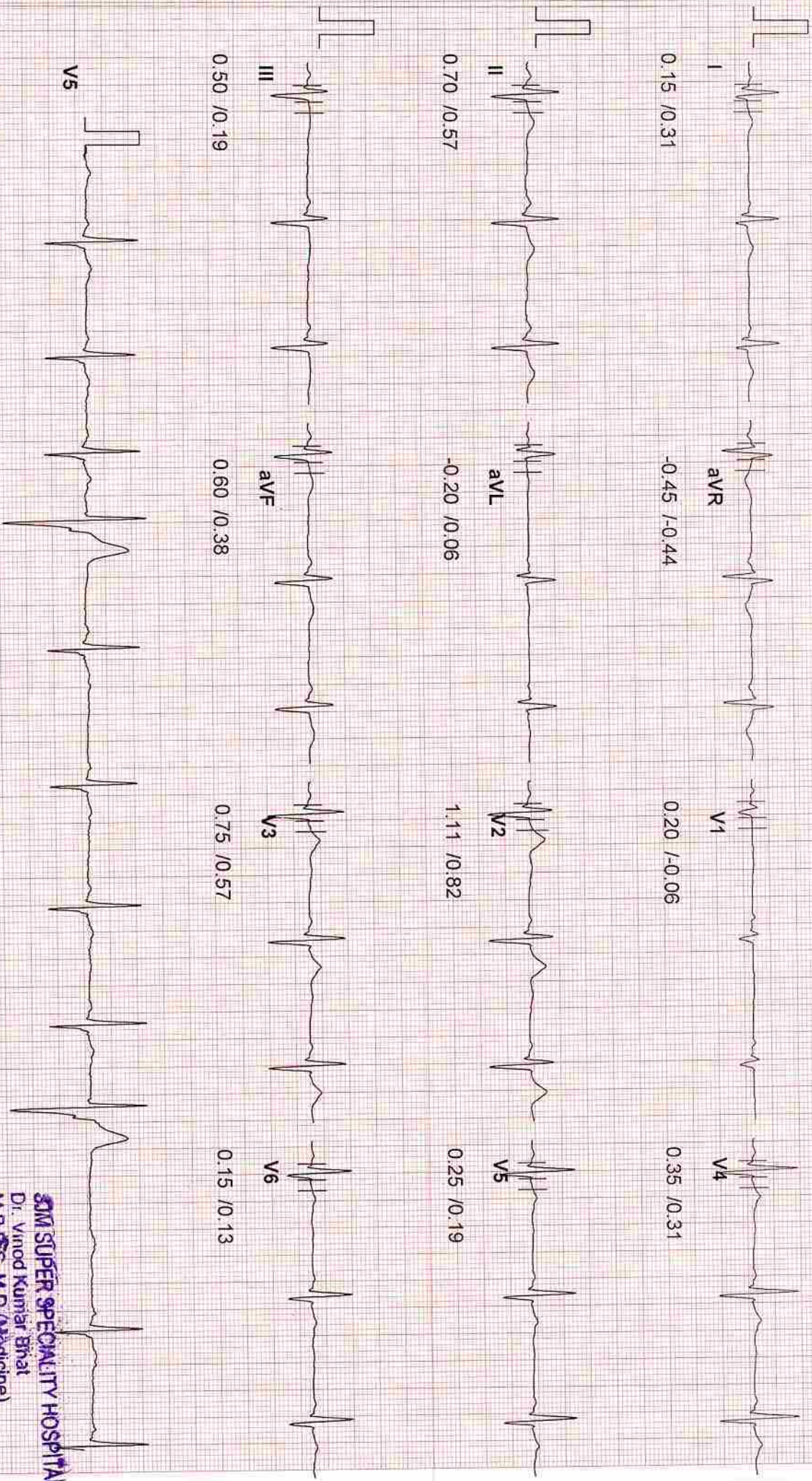


ID : 180
 NAME : MR. SHIV PRAKASH GODA
 AGE : 41
 BP : 110/80 mmHg
 ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

STAGE : Supine
 RECORDED TIME : 00:45 (min:sec)
 STAGE DURATION : 00:16 (min:sec)
 HR : 72 bpm (40%)

PROTOCOL : BRUCE
 SPEED : 0.0 kmph
 GRADE : 0.00 %
 METS : 0.00

DR. VIJOND BHAT
 Tested On 10-06-2023, 10
 BPL DYNATRAC



ID : 180
NAME : MR. SHIV PRAKASH GODA
AGE : 41
BP : 110/80 mmHg

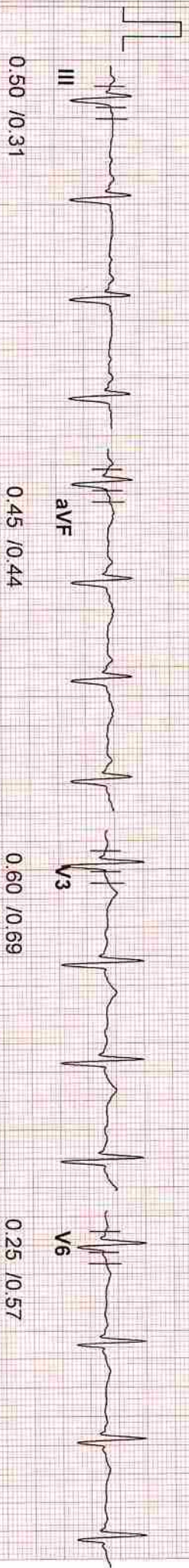
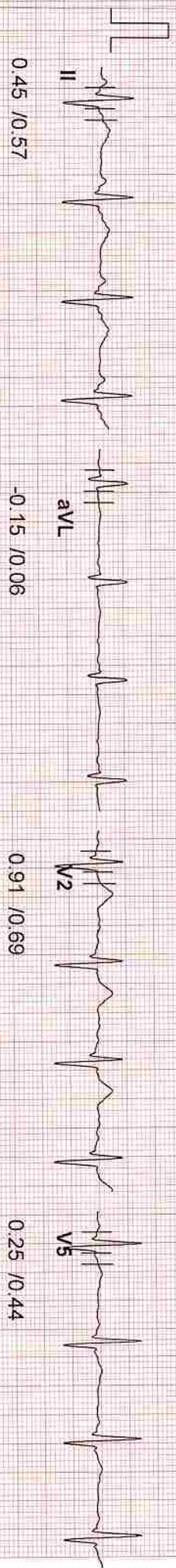
STAGE :
RECORDED TIME :
STAGE DURATION :
HR : 74 bpm (41%)

Hyper Ventilation
01:00 (min:sec)
00:15 (min:sec)
74 bpm (41%)

PROTOCOL : BRUCE
SPEED : 0.0 kmph
GRADE : 0.00 %
METS : 0.00

DR. VIJOND BHAT
Tested On 10-06-2023, 10
BPL DYNATRAC

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post-J



180

20 Hz Filter

SJM SLIPPER SPECIALITY HOSPITAL
Dr. Vinod Kumar Bhat
M.B.B.S., M.D. (Medicine)
Consultant Physician
109/11/10/25m/Sec

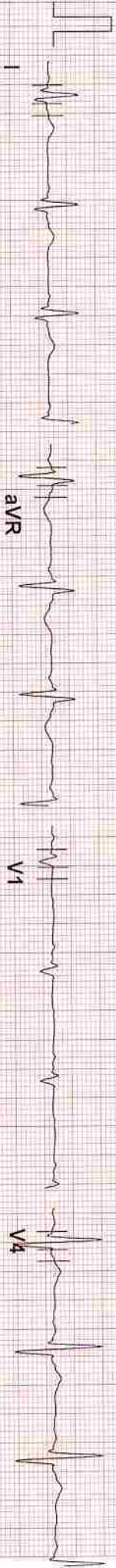
ID : 180
 NAME : MR. SHIV PRAKASH GODA
 AGE : 41
 BP : 110/80 mmHg

STAGE : Wait For Exercise
 RECORDED TIME : 01:23 (min:sec)
 STAGE DURATION : 00:23 (min:sec)
 HR : 63 bpm (35 %)

PROTOCOL : BRUCE
 SPEED : 0.0 kmph
 GRADE : 0.00 %
 METS : 0.00

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

DR. VIJOND BHAT
 Tested On : 10-06-2023, 10
 BPL DYNATRAC

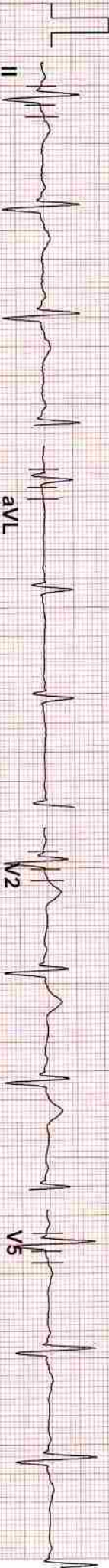


0.25 / 0.31

-0.35 / -0.57

0.00 / -0.31

0.45 / 0.44



0.45 / 0.69

-0.05 / 0.25

0.96 / 0.69

0.15 / 0.38



0.30 / 0.06

0.40 / 0.57

0.50 / 0.31

0.15 / 0.19



V5

180

20 Hz Filter

10mm/mV, 25mm/Sec

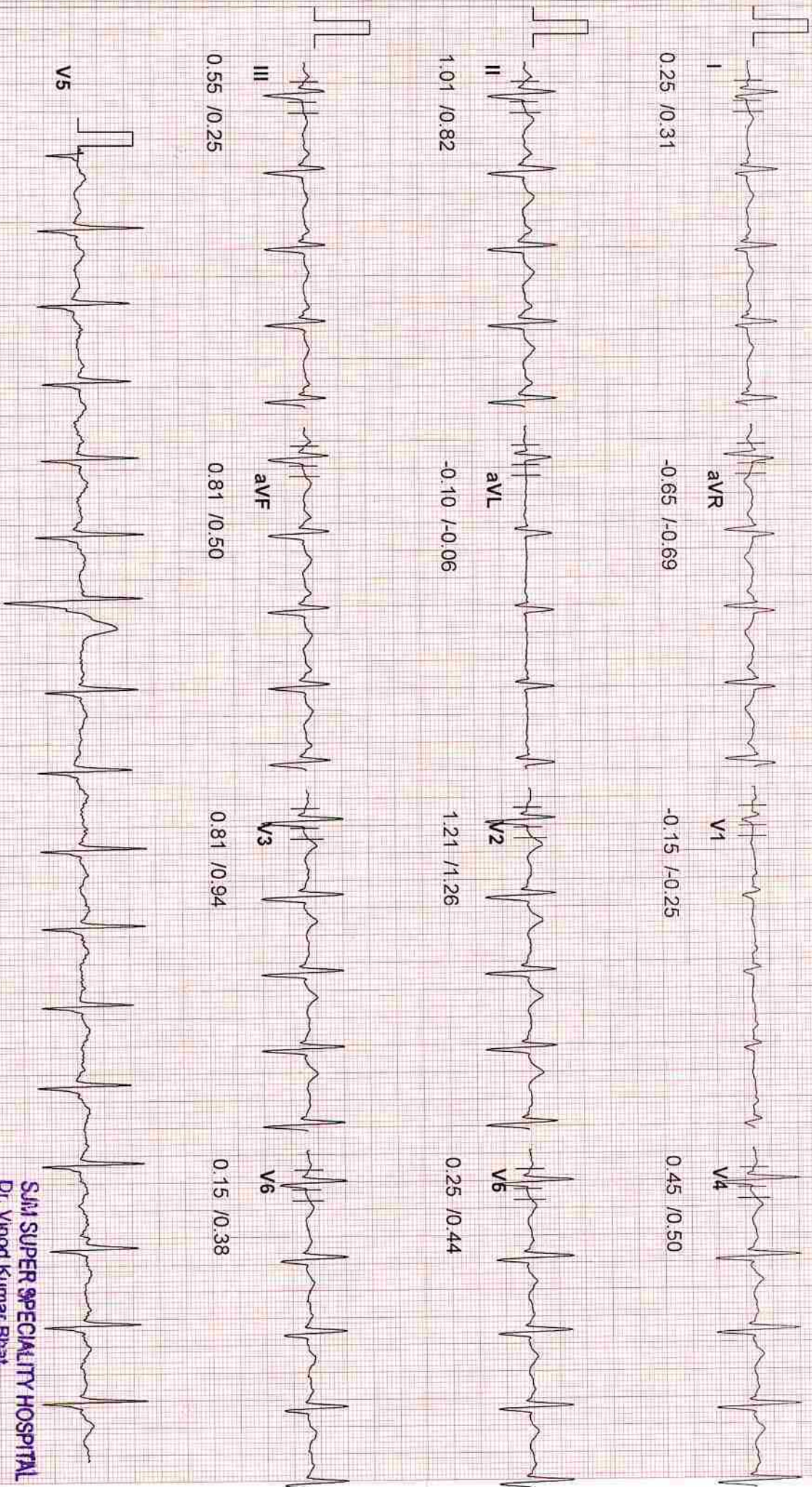
SJM SUPER SPECIALITY HOSPITAL
 Dr. Viijond Kumar Bhat
 M.B.B.S., M.D. (Medicine)
 Sr. Consultant Physician
 Reg. No. 30989 (DMCI)

ID : 180
NAME : MR. SHIV PRAKASH GODA
AGE : 41
BP : 120/90 mmHg
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

STAGE : Exercise1
RECORDED TIME : 03:00 (min:sec)
STAGE DURATION : 03:00 (min:sec)
HR : 109 bpm (60%)

PROTOCOL : BRUCE
SPEED : 2.7 kmph
GRADE : 10.00 %
METS : 5.10

DR. VINOD BHAT
Tested On : 10-06-2023, 10
BPL DYNATRAC



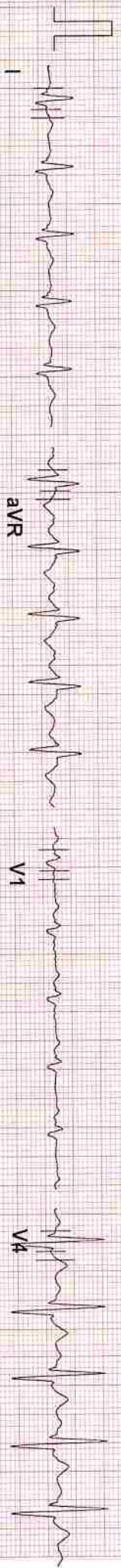
ID : 180
NAME : MR. SHIV PRAKASH GODA
AGE : 41
BP : 130/95 mmHg

STAGE : Exercise
RECORDED TIME : 06:00 (min:sec)
STAGE DURATION : 03:00 (min:sec)
HR : 129 bpm (72%)

PROTOCOL : BRUCE
SPEED : 4.0 kmph
GRADE : 12.00 %
METS : 7.10

DR. VIJOND BHAT
Tested On : 10-06-2023, 10
BPL DYNATRAC

ST Levels (mm) / ST Slope (mV/s) measured at 60 ms Post J

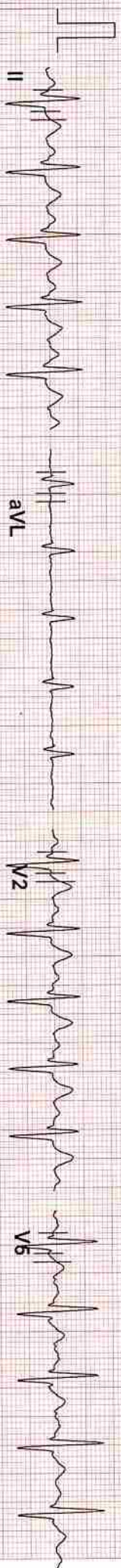


0.10 / 0.92

-0.05 / -0.92

0.00 / -0.17

0.15 / 1.09

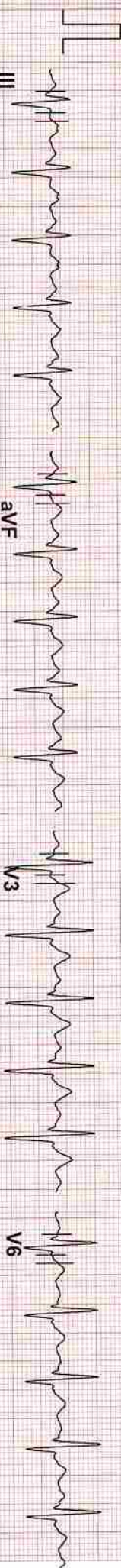


-0.05 / 0.92

-0.10 / -0.08

0.86 / 1.59

0.15 / 1.09

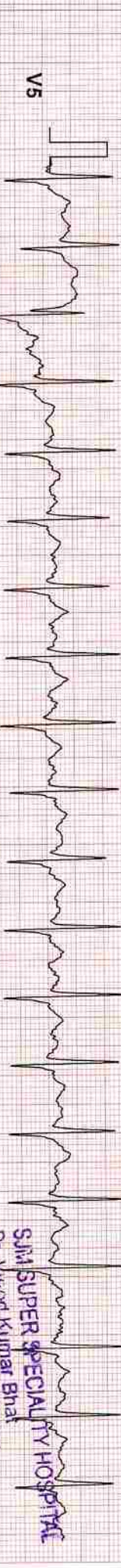


0.20 / 0.75

0.05 / 0.92

0.50 / 1.26

-0.25 / 0.59



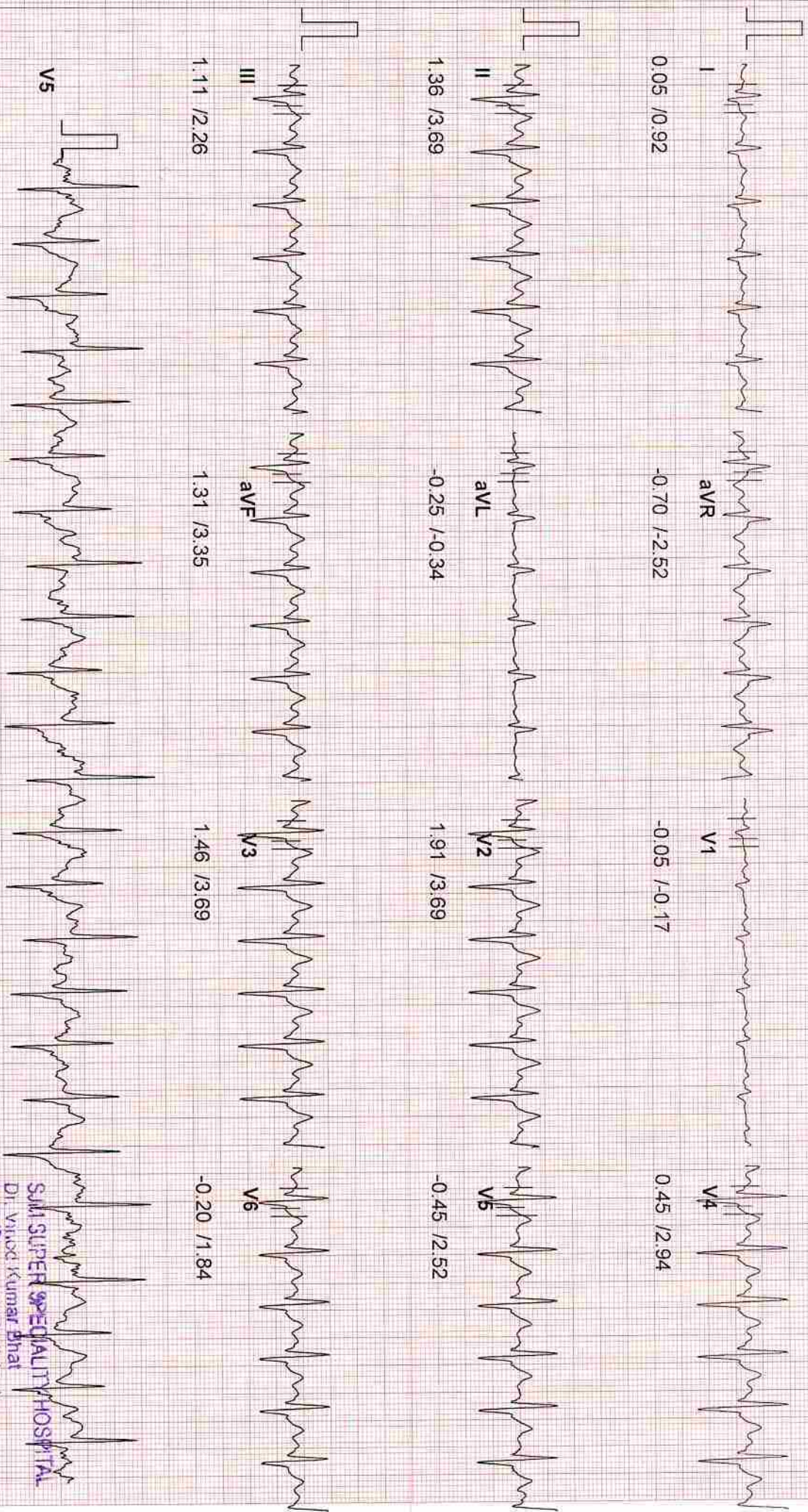
SJM SUPER SPECIALTY HOSPITAL
Dr. Vijond Kumar Bhat
M.B.B.S., M.D (Medicine)
Sr. Consultant Physician
Reg. No. 30989 (DMC)
10mm/mV, 25mm/Sec

ID : 180
 NAME : MR. SHIV PRAKASH GODA
 AGE : 41
 BP : 140/100 mmHg
 ST Levels (mm) / ST Slope (mV/s) measured at 60 ms Post J

STAGE : Exercise3(Peak Ex)
 RECORDED TIME : 02:28 (min:sec)
 STAGE DURATION : 02:28 (min:sec)
 HR : 157 bpm (87 %)

PROTOCOL : BRUCE
 SPEED : 5.5 kmph
 GRADE : 14.00 %
 METS : 10.00

DR. VIJOND BHAT
 Tested On 10-06-2023, 10
 BPL DYNATRAC

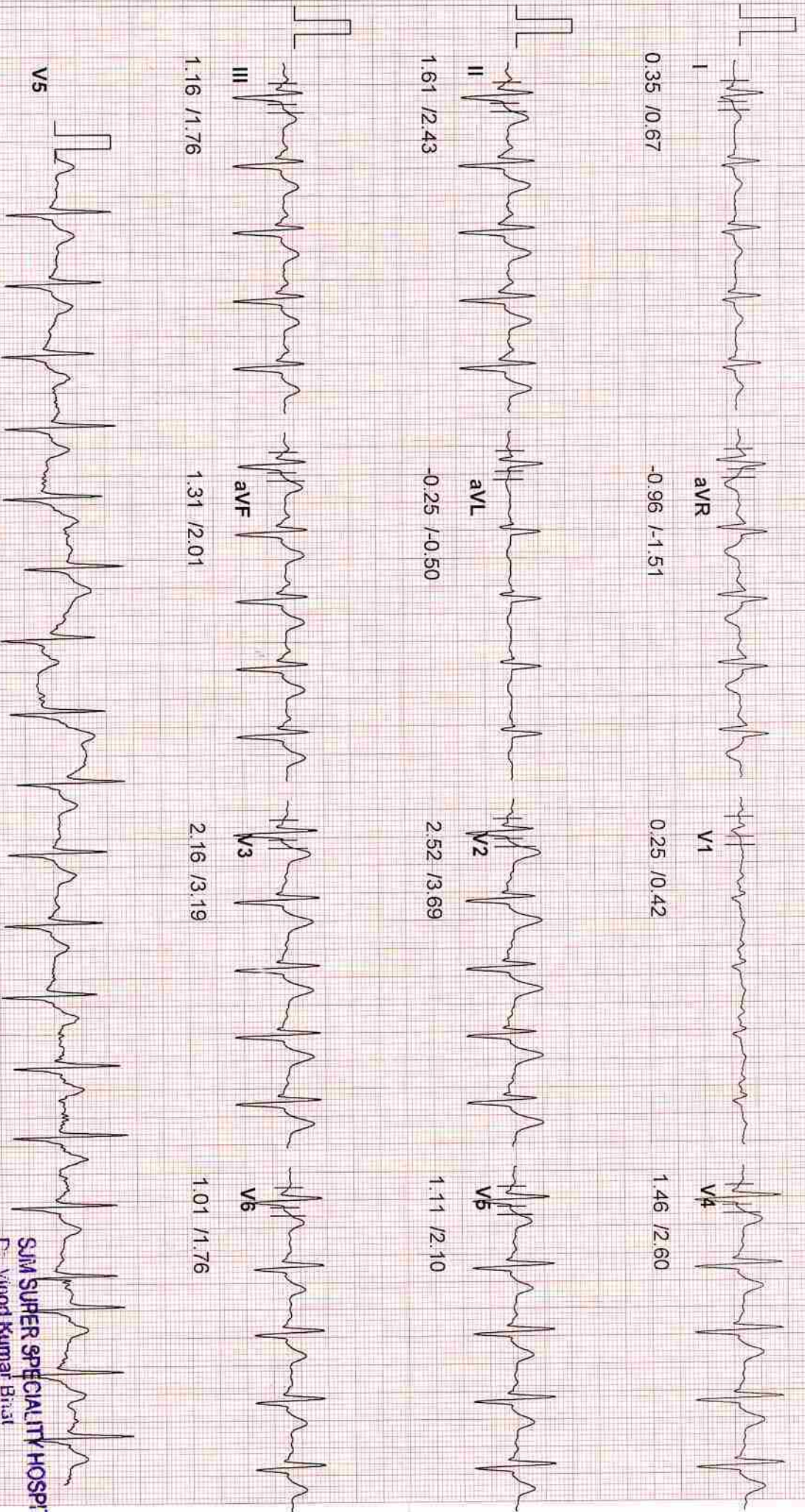


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 Dr. Vinod Kumar Bhat
 M.B.B.S., M.D (Medicine)
 Sr. Consultant Physician
 Reg. No. 30089 (D:1C)

10mm/mV, 25mm/Sec

ID : 180
 NAME : MR. SHIV PRAKASH GODA
 AGE : 41
 BP : 100/80 mmHg
 ST Levels (mm) / ST Slope (mV/s) measured at 60 ms Post J

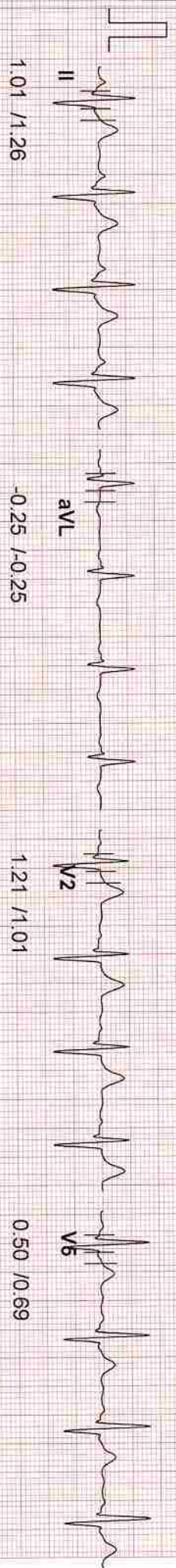
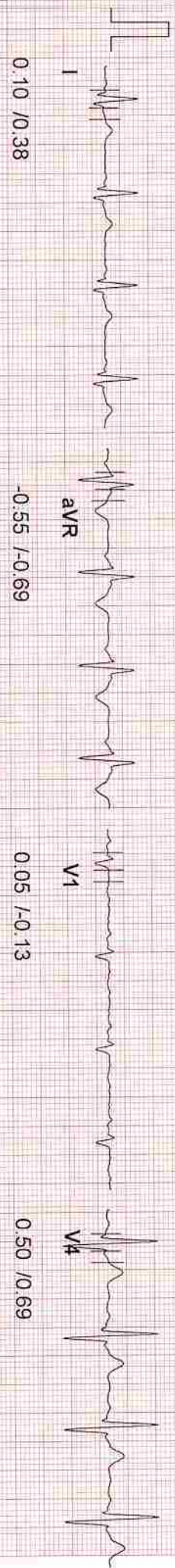
STAGE : Recovery 1
 RECORDED TIME : 00:59 (min:sec)
 STAGE DURATION : 00:59 (min:sec)
 HR : 121 bpm (67%)
 PROTOCOL : BRUCE
 SPEED : 0.0 kmph
 GRADE : 0.00 %
 METS : 0.00
 DR. VIJOND BHAT
 Tested On : 10-06-2023, 10
 BPL DYNATRAC



ID : 180
 NAME : MR. SHIV PRAKASH GODA
 AGE : 41
 BP : 100/80 mmHg
 ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

STAGE : Recovery 3
 RECORDED TIME : 02:59 (min:sec)
 STAGE DURATION : 02:59 (min:sec)
 HR : 95 bpm (53%)
 PROTOCOL : BRUCE
 SPEED : 0.0 kmph
 GRADE : 0.00 %
 METS : 0.00

DR. VIJOND BHAT
 Tested On : 10-06-2023, 10
 BPL DYNATRAC



180

20 Hz Filter

SJM SUPER SPECIALITY HOSPITAL
 Dr. Vijond Kumar Bhat
 M.B.B.S., M.D (Medicine)
 Sr. Consultant Physician
 Reg. No. 30083 (D.M.C)
 10mm/mV, 25mm/Sec

X-Ray Report

Patient ID.	22719 OPD	Name	MR. SHIV PRAKASH GODARA	Sex/Age	M/42Y
Date	10-06-2023 11:12 AM	Ref. Physician		Chest, CHEST	

X-RAY CHEST PA VIEW

OBSERVATION:

The lung fields are clear.

Both hila are normal.

Cardiophrenic and costophrenic angles are normal.

The trachea is central.

The mediastinal and cardiac silhouette are normal.

Cardiothoracic ratio is normal.

Bones of the thoracic cage are normal.

Soft tissues of the chest wall are normal.

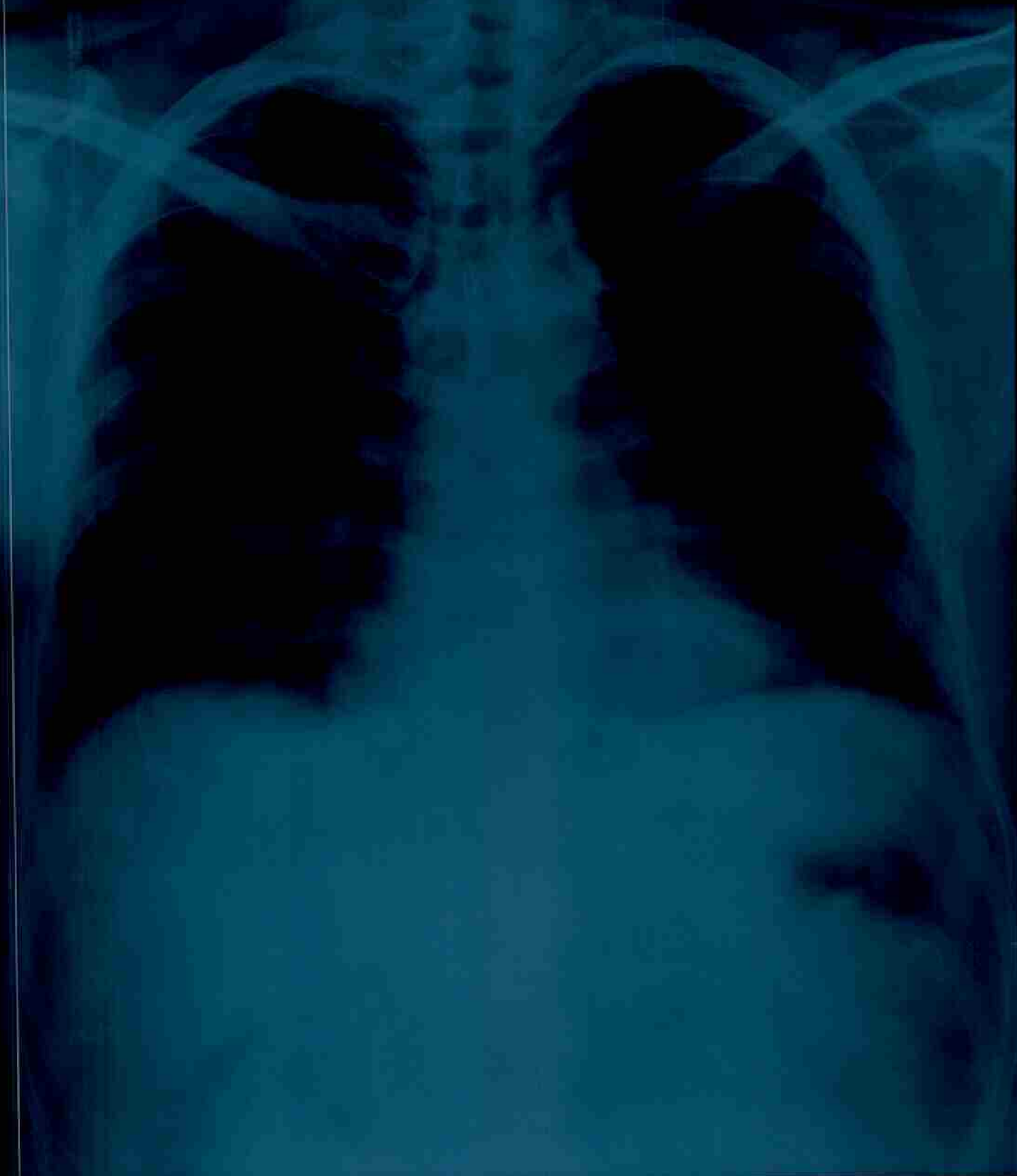
IMPRESSION:

- No significant abnormality seen.

Dr. DEEPAK K SOLANKI
MBBS, DNB
CONSULTANT RADIOLOGIST

SJM SUPER SPECIALITY HOSPITAL
Dr. Vinod Kumar Bhat
M.B.B.S., M.D (Medicine)
Sr. Consultant Physician
Reg. No. 30989 (DMC)

R



MR SHIV PRAKASH GODARA 42 Male

Chest

2011

S. S. MEMORIAL SUPER SPECIALITY HOSPITAL DEL. 60, CHITIZARSI NULDA

Ultrasound Report

Name: Mr. Shiv Prakash

Age/Sex: 42/M

Date:10/06/2023

Ultrasound-Male Abdomen

Liver: Liver appears normal. There is no evidence of any focal lesion seen in the parenchyma. Intra-hepatic vascular and biliary radicles appear normal. Portal vein and common bile duct are normal.

GALL BLADDER: Gall bladder is physiologically distended. The wall thickness is normal. There is no Evidence of any intraluminal mass lesion or calculi seen.

PANCREAS: - Pancreas is normal in size. No focal mass lesion seen. Pancreatic duct is not dilated.

SPLEEN: - Spleen is normal in size. No focal mass lesion is seen in parenchyma.

KIDNEYS: - Both the kidneys are normal in size, shape, position and axis. Parenchymal echopattern is normal bilaterally. No focal solid or cystic lesion is seen. There is no evidence of renal calculi on both sides.

PARAAORTIC REGIONS: Any mass/ lymph nodes: -- no mass or lymph nodes seen.

URINARY BLADDER: - Adequately distended. Wall were regular and thin. Contents are Normal. No stone formation seen.

PROSTATE: - Normal in shape and position. Parenchymal echotexture is normal. No free ascetic fluid or pleural effusion seen.

IMPRESSION: - Normal Scan.

DR. PUSHPA KAUL

For SJM Super Speciality Hospital
DR. RAKESH GUJJAR

SJM SUPER SPECIALITY HOSPITAL
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