

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofem Healthcare Limited)
Helpline number: 011-41195059

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR AJIT
EC NO.	199307
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	SULTANPUR, DEHWA
BIRTH-DATE	10-03-1992
PROPOSED DATE OF HEALTH CHECKUP	24-06-2023
BOOKING REFERENCE NO.	23J199307100062194E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **19-06-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.


Yours faithfully,


Sd/-


Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarifications, please contact Mediwheel (Arcofem Healthcare Limited).)

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMC-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)


 भारत सरकार
Government of India

 अजित कुमार
Ajit Kumar
जन्म तिथि / DOB : 10/03/1992
पुरुष / Male



3288 3111 7595


मेरा आधार, मेरी पहचान


 भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India


पता: आत्मज: सुरेन्द्र प्रसाद सिंह,
सुआरा, सुआरा, पहलेजा, पहलेजा,
रोहतास, डेहरी, बिहार, 821305

Address: S/O: Surendra Prasad Singh,
Suara, Suara, Pahleza, Pahleza, Rohtas,
Dehri, Bihar, 821305

3288 3111 7595


 1947

 help@uidai.gov.in

 www.uidai.gov.in


Ajit Kumar

Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

 बँक ऑफ बरोडा
Bank of Baroda

नाम अजीत कुमार
Name - AJIT KUMAR

कर्मचारी कूट नं. 199307
E.C No. - 199307



अजीत कुमार
Ajit Kumar

जारीकर्ता प्राधिकारी
Issuing Authority

धारक के हस्ताक्षर
Signature of Holder

Ajit Kumar


Dr. Pawan Kumar Singh
M.B.B.S. D.M.B (Medicine)
UPMCI-61380
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

24.06.2023 9:03:12
JPK CLINIC AND DIAGNOSTICS
NORMAL COMPOUND SUPER MARKET
SULTANPUR

Location:
Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

77 bpm
--/-- mmHg

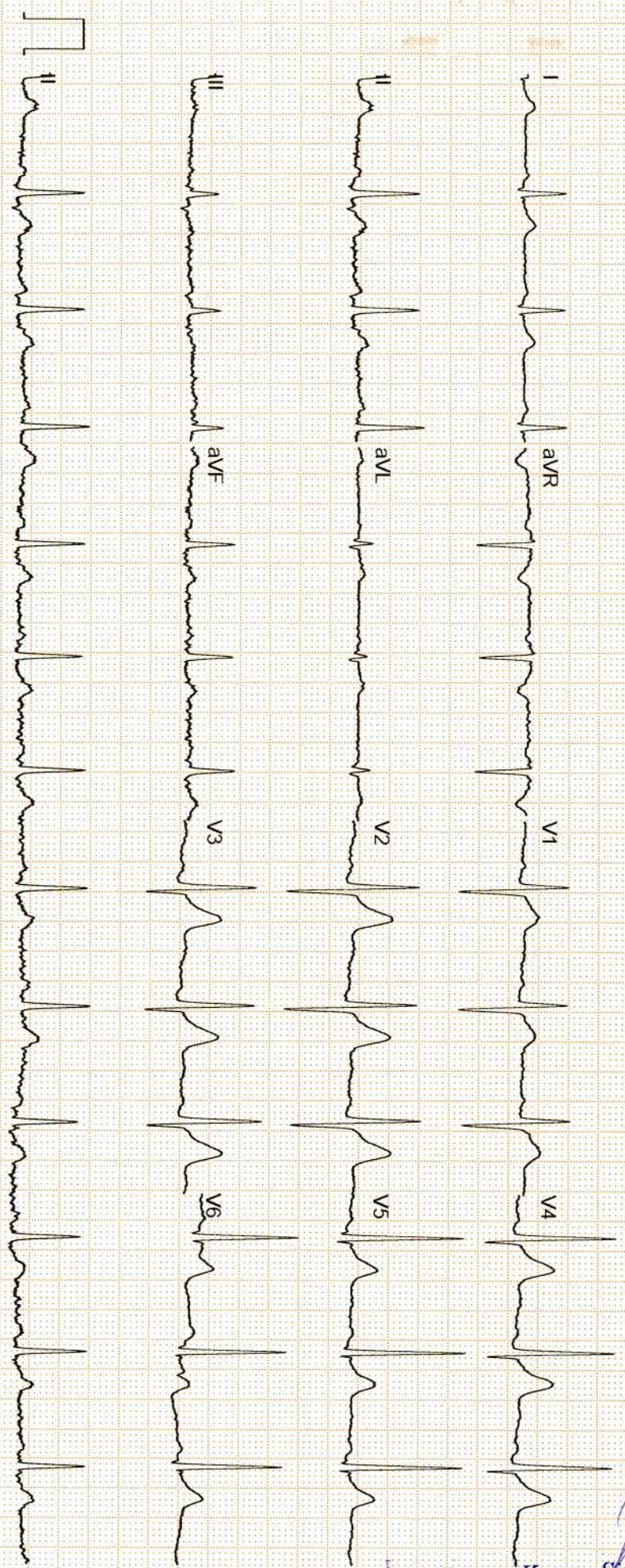
QRS : 74 ms
QT / QTcBaz : 346 / 391 ms
PR : 138 ms
P : 82 ms
RR / PP : 776 / 779 ms
P / QRS / T : 51 / 52 / 21 degrees

Normal sinus rhythm
Normal ECG

Technician:
Ordering Ph: DR. J.P. SINGH
Referring Ph:
Attending Ph:

Ajit Kumar

Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)



Unconfirmed



सर्वे सन्तु निरामया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 23,423
 Patient Name : Mr. AJEET KUMAR
 Age (Y-M-D) : 31 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.-: 24-Jun-23 12
 Receiving Date : 24-Jun-23 12
 Reporting Date :

ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

LIVER	: Liver is normal in size and echogenicity . No focal or diffuse mass lesion seen.No IHBD dilatation seen.
GALL BLADDER	: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
PV/CBD	: Portal vein and CBD are normal in their course and calibre.
PANCREAS	: Pancreas is normal in size, contour & echotexture.
SPLEEN.	: Spleen is normal in size mm and echogenicity. No focal or diffuse mass lesion seen.
KIDNEYS	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.
URETER	: B/L ureters are normally visualized.
U.BLADDER	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
PROSTATE	: Prostate is normal in size,shape & echo-texture. No mass lesion is seen .
POST VOID	: Not done.
BOWEL	: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity. No obvious lymphadenopathy noted.
IMPRESSION	: NORMAL FINDINGS

Dr. Pawan Kumar Singh
 M.B.B.S. DNB (Medicine)
 UPMCI-61330
 Senior & Consultant Physician
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. Amit Kumar
 M.B.B.S. MS
 Reg.No.-29176
 Dr. Amit Kumar
 (Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.

If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



सर्वे सन्तु निरामया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 23,425
 Patient Name : Mr. AJEET KUMAR
 Age (Y-M-D) : 31 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.: 6/24/2023 12
 Receiving Date : 6/24/2023 12
 Reporting Date :

X-RAY CHEST P.A.

TRACHEA- : Trachea is central,
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.
 ANGLES- : Both costophrenic angles are clear.
 PARENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.
 C / T RATIO- : Normal
 MEDIASTINUM- : no mediastinal shift is seen.
 DOME OF : Both domes of the diaphragm are normal in position, outline & curvature.
 DIAPHRAGM-
 IMPRESSION- : NORMAL FINDING

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JPK**CLINIC & DIAGNOSTICS**

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
 Super Market, Sultanpur -228 001 (U.P.)
 Ph. : 05362-241192, 9196008963
 www.jpkhospitals.com



Patient ID : 046132
 Name : Mr. AJIT KUMAR
 Age/Gender : 31Y/M
 Date/Time : 24-06-2023/19:35
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
BIO-CHEMISTRY		
LRN-015886 Uric Acid	Uric Acid 5.4 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Sample Collection Time 24 Jun 2023 / 19:35 Result Approval Time 25 Jun 2023 / 12:27		
LRN-015887 Bilirubin Total	Liver Function Test (LFT) 0.25 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
Bilirubin Direct	0.12 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	0.13 mg/dL	0.0 - 0.8 mg/dL
SGOT	30.0 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	27.4 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	86.2 U/L	UPTO 125 U/L
Total Protein	6.94 g/dL	6.0 - 8.0 g/dL
Albumin	4.52 g/dL	3.5 - 5.2 g/dL
Globulin	2.42 g/dL	1.5 - 3.0 g/dL
A/G	2.8	1 - 2
Sample Collection Time 24 Jun 2023 / 19:35 Result Approval Time 25 Jun 2023 / 12:27		
LRN-015886 GGT	Gamma Glutamyl transferase (GGT) 24.1 U/L	5-36 U/L (Female) 8-61 U/L (Male)
Sample Collection Time 24 Jun 2023 / 19:35 Result Approval Time 25 Jun 2023 / 12:27		
LRN-015886 PSA TOTAL	PSA Total 0.18 ng/mL	<4.00 ng/mL

Rakesh

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
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(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. SHIWANGI
M.B.B.S., DCP. (DNB)
Consultant Pathologist
JPK Clinic & Diagnostics
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This is an Electronically Generated Report. This report is based on the specimens received. The report may need to be correlated clinically as laboratory

- Facilities Available**
- ECG
 - PFT
 - Endoscopy
 - Hematology
 - Biochemistry
 - Microbiology
 - FNAC
 - Histopathology
 - Sample Collection from Home & Online Delivery of Reports
 - ABP
 - TMT
 - Echocardiography
 - Ultrasound

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 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Sample Collection Time 24 Jun 2023 / 19:35 Result Approval Time 25 Jun 2023 / 12:27		
LRN-015886	Fasting blood sugar	
Fasting Blood Sugar	70.0 mg/dL	70-110 mg/dl
Sample Collection Time 24 Jun 2023 / 19:35 Result Approval Time 25 Jun 2023 / 12:27		
LRN-015887	Blood Urea Nitrogen (BUN)	
Blood Urea Nitrogen (BUN)	10.0 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection Time 24 Jun 2023 / 19:35 Result Approval Time 25 Jun 2023 / 12:27		
LRN-015886	Serum Creatinine	
Serum Creatinine	0.8 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Sample Collection Time 24 Jun 2023 / 19:35 Result Approval Time 25 Jun 2023 / 12:27		
LRN-015887	Lipid Profile	
Total Cholesterol	173.0 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
Triglycerides	112.6 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
HDL	57.4 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	95.8 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL

Rakesh

Rakesh Sharma
Lab Technician

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 Date/Time : 24-06-2023/19:35
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INVESTIGATION	RESULT	REFERENCE RANGE
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VLDL	22.5 mg/dL	Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL 15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	3.0	(Less than 5.0)
LDL/HDL	1.6	UPTO 3.5

Sample Collection Time 24 Jun 2023 / 19:35
 Result Approval Time 25 Jun 2023 / 12:27

LRN-015886

Post Prandial Blood Glucose**Post Prandial Blood Glucose**

100.0 mg/dL

90 - 140 mg/dL

Sample Collection Time 24 Jun 2023 / 19:35
 Result Approval Time 25 Jun 2023 / 12:27

LRN-015888

Glycosylated Haemoglobin**HbA1C**

4.5 %

4-6% - NON-DIABETIC
 6-7% - GOOD CONTROL
 7-8% - FAIR CONTROL
 >8% - ACTION SUGGESTED

Sample Collection Time 24 Jun 2023 / 19:35
 Result Approval Time 25 Jun 2023 / 12:27

Rakesh Sharma
 Lab Technician

Dr. Pawan Kumar Singh
 M.B.B.S. DNB (Medicine)
 UPMCI-61330
 Director & Consultant Physician
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Dr. SHIWANGI
 M.B.B.S., DCP, (DNB)
 Consultant Pathologist
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 Name : Mr. AJIT KUMAR
 Age/Gender : 31Y/M
 Date/Time : 24-06-2023/19:35
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
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LRN-015885 Blood Group RH Typing	HAEMATOLOGY Blood grouping and Rh typing O POSITIVE (+)	
--------------------------------------------------------------	----------------------------------------------------------------------------------------	--

Sample Collection Time 24 Jun 2023 / 19:35
 Result Approval Time 25 Jun 2023 / 12:27

LRN-015883 Haemoglobin WBC Count Differential Count Neutrophils Lymphocytes Eosinophils Monocytes Basophils RBC Count PCV MCV MCH MCHC Platelet Count Mean Platelet Volume(MPV) RDW-CV RDW-SD	Complete Blood Count 14.5 g/dL 6960 60 % 30 % 02 % 08 % 00 % 4.85 million/cumm 41.8 % 86.0 fl 29.8 pg 34.6 % 124000 cells/cumm 14.0 fL 13.1 % 44.7 %	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female) 4000-11,000/cumm 40-75 % 20-45 % 01-08 % 02-10 % 00-01 % 4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female) 40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female) 75-95 fl 26-32 pg 30-35% 150000 - 400000 cells/cumm 7.5-11.5 fL 11-16 % 35-56 %
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Sample Collection Time 24 Jun 2023 / 19:35
 Result Approval Time 25 Jun 2023 / 12:27

LRN-015884 Erythrocyte sedimentation Rate (ESR)	Erythrocyte sedimentation Rate (ESR) 10 mm/hr	Male : 0 - 10 mm/hr
---------------------------------------------------------------	---------------------------------------------------------	---------------------

 Rakesh Sharma Lab Technician	 Dr. Pawan Kumar Singh M.B.B.S. DNB (Medicine) UPMCI-61330 Director & Consultant Physician JPK Clinic & Diagnostics (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)	 Dr. SHIWANJI M.D.S, D.P. (DNB) Consultant Pathologist JPK Clinic & Diagnostics (A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
-----------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

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JPK

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Patient ID : 046132
Name : Mr. AJIT KUMAR
Age/Gender : 31Y/M
Date/Time : 24-06-2023/19:35
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

Female : 0 - 20 mm/hr

Sample Collection Time 24 Jun 2023 / 19:35
Result Approval Time 25 Jun 2023 / 12:27

Rakesh

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh

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INVESTIGATION**RESULT****REFERENCE RANGE**

LRN-015889

Clinical Pathology
URINE-ROUTINE/MICROSCOPY

PHYSICAL EXAMINATION

Quantity in ml : 20 ML
 Urine Color : PALE YELLOW
 Reaction : ACIDIC

CHEMICAL EXAMINATION

Leukocytes : NEGATIVE
 Nitrite : NEGATIVE
 Urobilinogen : NEGATIVE
 pH : 6.0
 Blood : NEGATIVE
 Sp.Gravity : 1.020
 Ketone : NEGATIVE
 Bilirubin : NEGATIVE
 Glucose : NEGATIVE
 Protein : NEGATIVE

MICROSCOPIC EXAMINATION

Epithelial Cells : 1-2/HIGH POWER FIELD
 RBC : NIL
 Pus Cells : 2-3/HIGH POWER FIELD
 Casts : NOT SEEN
 Crystals : NOT SEEN

Sample Collection Time : 24 Jun 2023 / 19:35
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Rakesh

Rakesh Sharma
 Lab Technician

Dr. Pawan Kumar Singh

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Patient ID : 046132
 Name : Mr. AJIT KUMAR
 Age/Gender : 31Y/M
 Date/Time : 24-06-2023/19:35
 Referred By : SELF

INVESTIGATION**RESULT****REFERENCE RANGE**

LRN-015890

CHEMILUMINESCENCE IMMUNOASSAY**Thyroid Function Test (T3, T4, TSH)**

INVESTIGATION	RESULT	REFERENCE RANGE
T3	1.35 ng/mL	0.69-2.15
T4	87.6 ng/mL	52-127
TSH	3.67 μ IU/mL	21 weeks- 20 years: 0.7-6.4 μ IU/mL 21-54 years: 0.4 - 4.2 μ IU/mL 55- 87 years: 0.5 – 8.9 μ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 μ IU/mL 2nd Trimester: 0.46 – 2.95 μ IU/mL 3rd Trimester: 0.43 – 2.78 μ IU/mL

Sample Collection Time 24 Jun 2023 / 19:35

Result Approval Time 25 Jun 2023 / 12:27

----- End of Report -----

Rakesh
 Rakesh Sharma
 Lab Technician

Dr. Pawan Kumar Singh
 M.B.B.S. DNB (Medicine)
 UPMCI-61330
 Lecturer & Consultant Physician
 JPK Clinic & Diagnostics
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JPK HOSPITAL AND TRAUMA CENTER

29 / AJIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg / HR : 188

BRUCE:Supine(0:07)

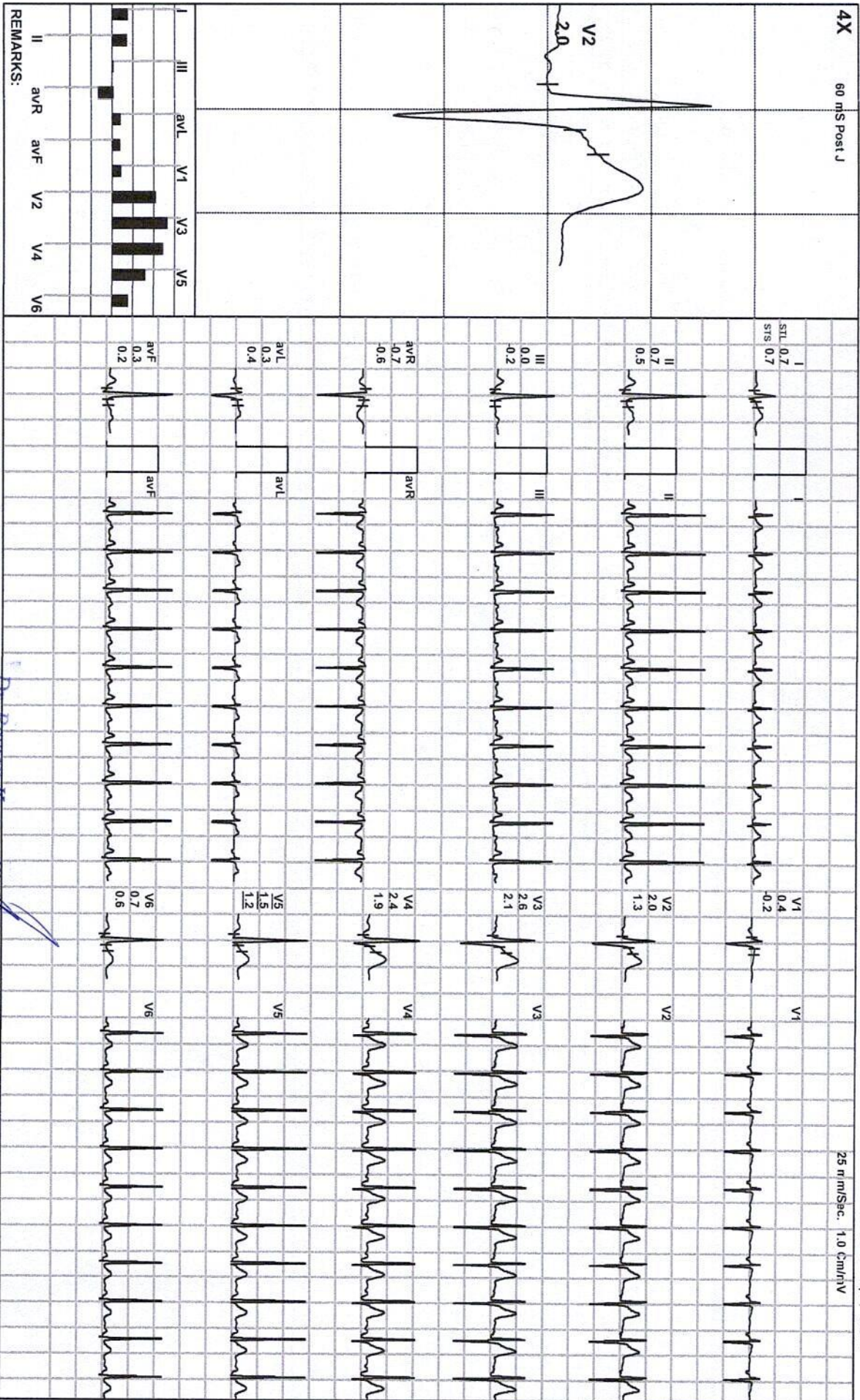


Date: 24 - 06 - 2023 09:12:58 AM

METS: 1.0/ 188 bpm 99% of THR

BP: 124/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTIME: 00:00 0.0 mph, 0.0%



25 mm/Sec. 1.0 cm/mV

D. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61330

Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX_GEM217220330)(R)Allengers

JPK HOSPITAL AND TRAUMA CENTER

29 / AJIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg / HR : 168

BRUCE: Standing(0:05)



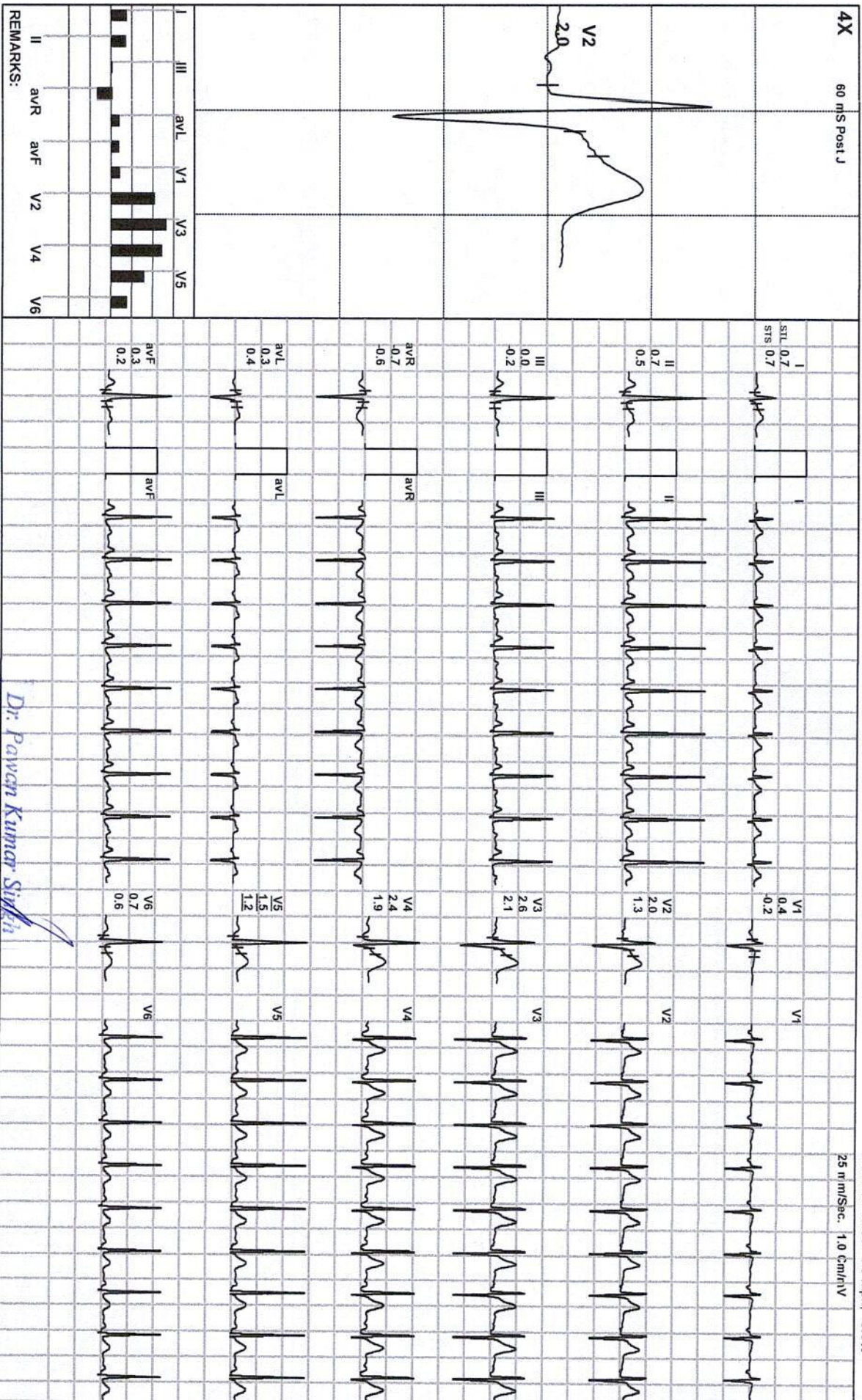
Date: 24 - 06 - 2023 09:12:58 AM

MEETS: 1.0/ 168 bpm 89% of THR

BP: 124/84 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTIME: 00:00 0.0 mph, 0.0%



REMARKS:

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(ADX_GEM217220330)(R)Allergens

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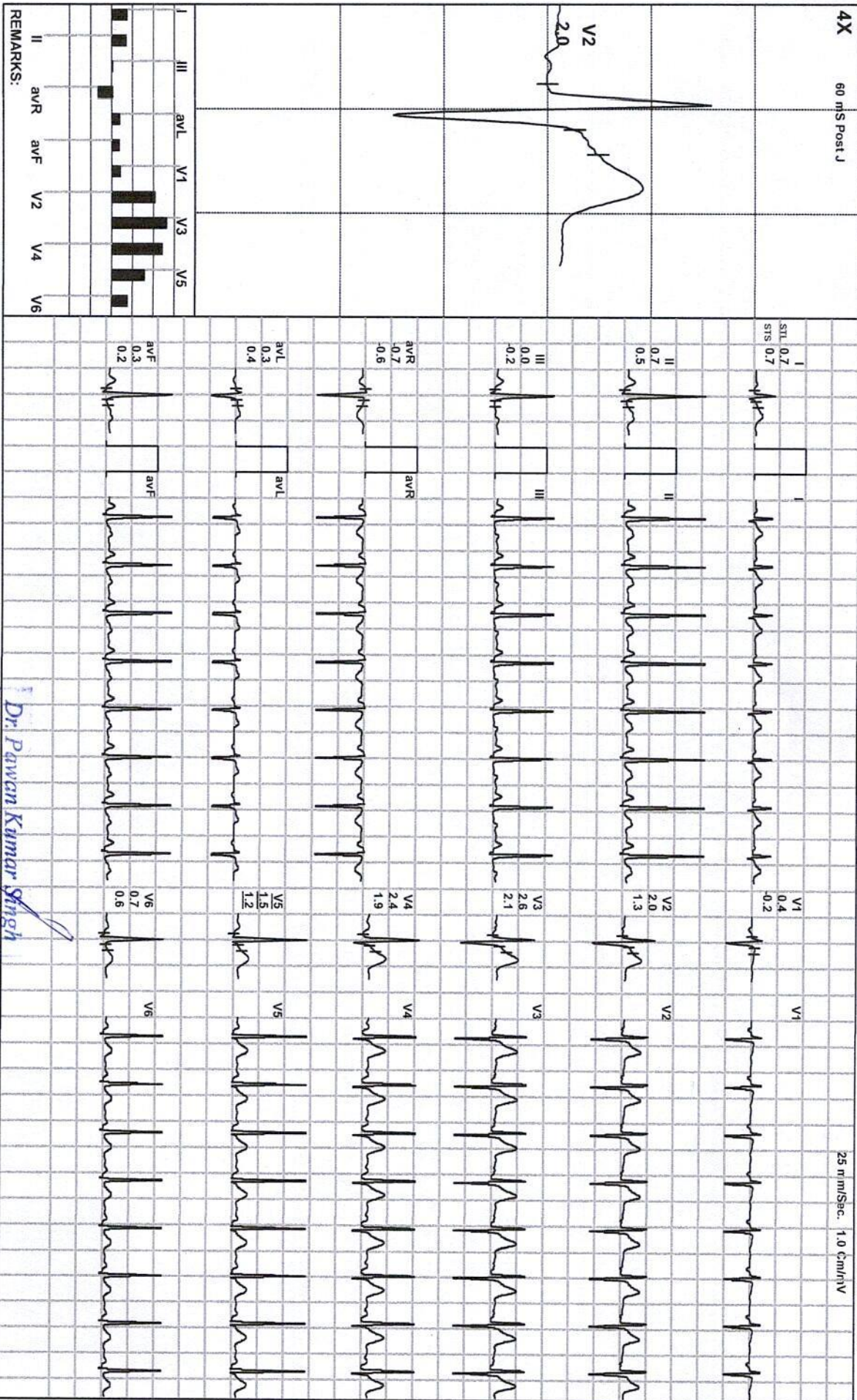
29 / AJIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg / HR : 153

BRUCE:HV(0:06)



Date: 24 - 06 - 2023 09:12:58 AM METS: 1.0/ 153 bpm 81% of THR BP: 124/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExtTime: 00:00 0.0 mph, 0.0%



REMARKS:

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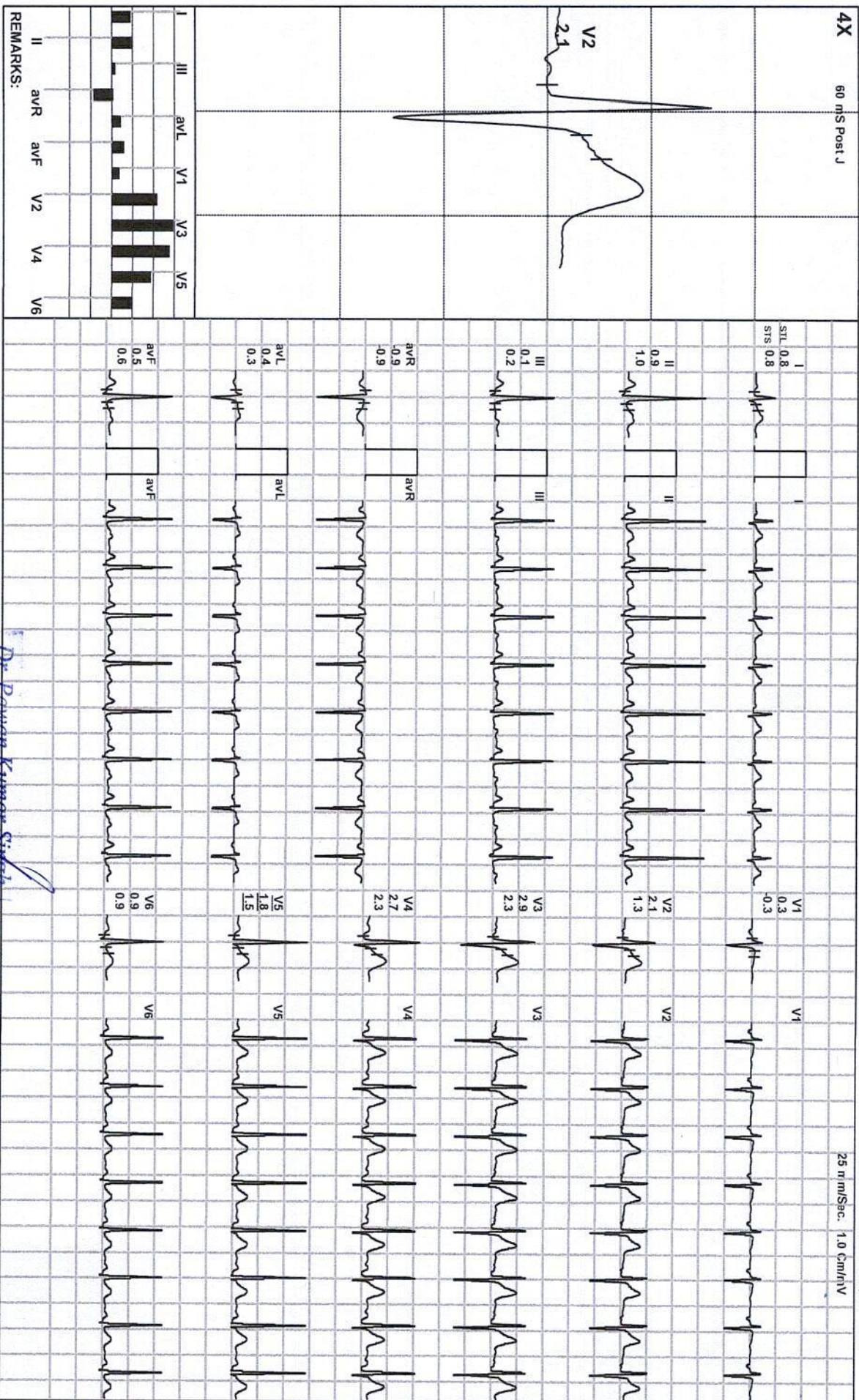
(ADX_GEM217220330)(R)Allengers



29 / AJIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg / HR : 153

Date: 24 - 06 - 2023 09:12:58 AM METS: 1.0/ 153 bpm 81% of THR BP: 124/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%



REMARKS:

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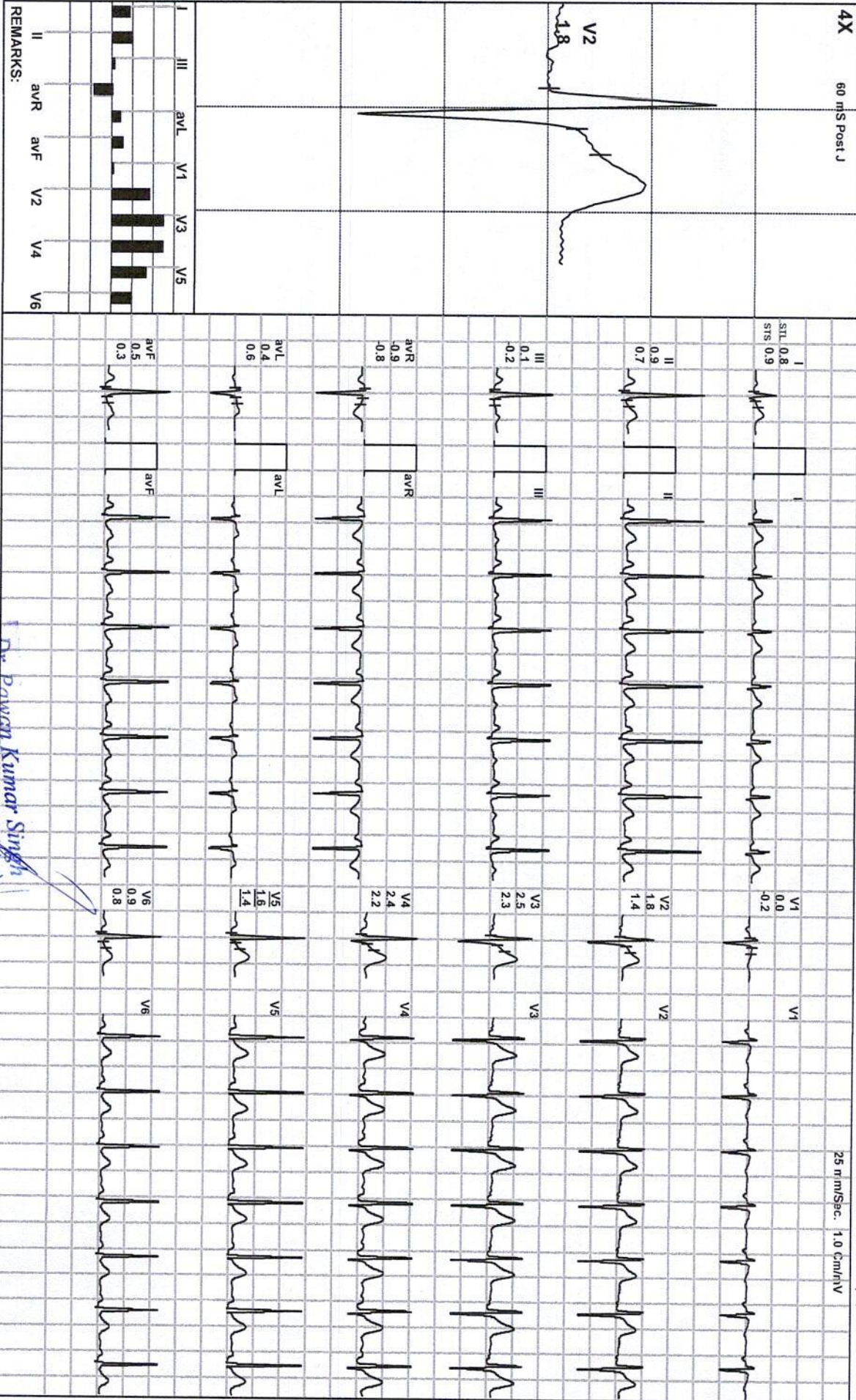
ExStart



29 / AJIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg / HR : 138

Date: 24 - 06 - 2023 09:12:58 AM METS: 1.0/ 138 bpm 73% of THR BP: 124/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%



REMARKS:

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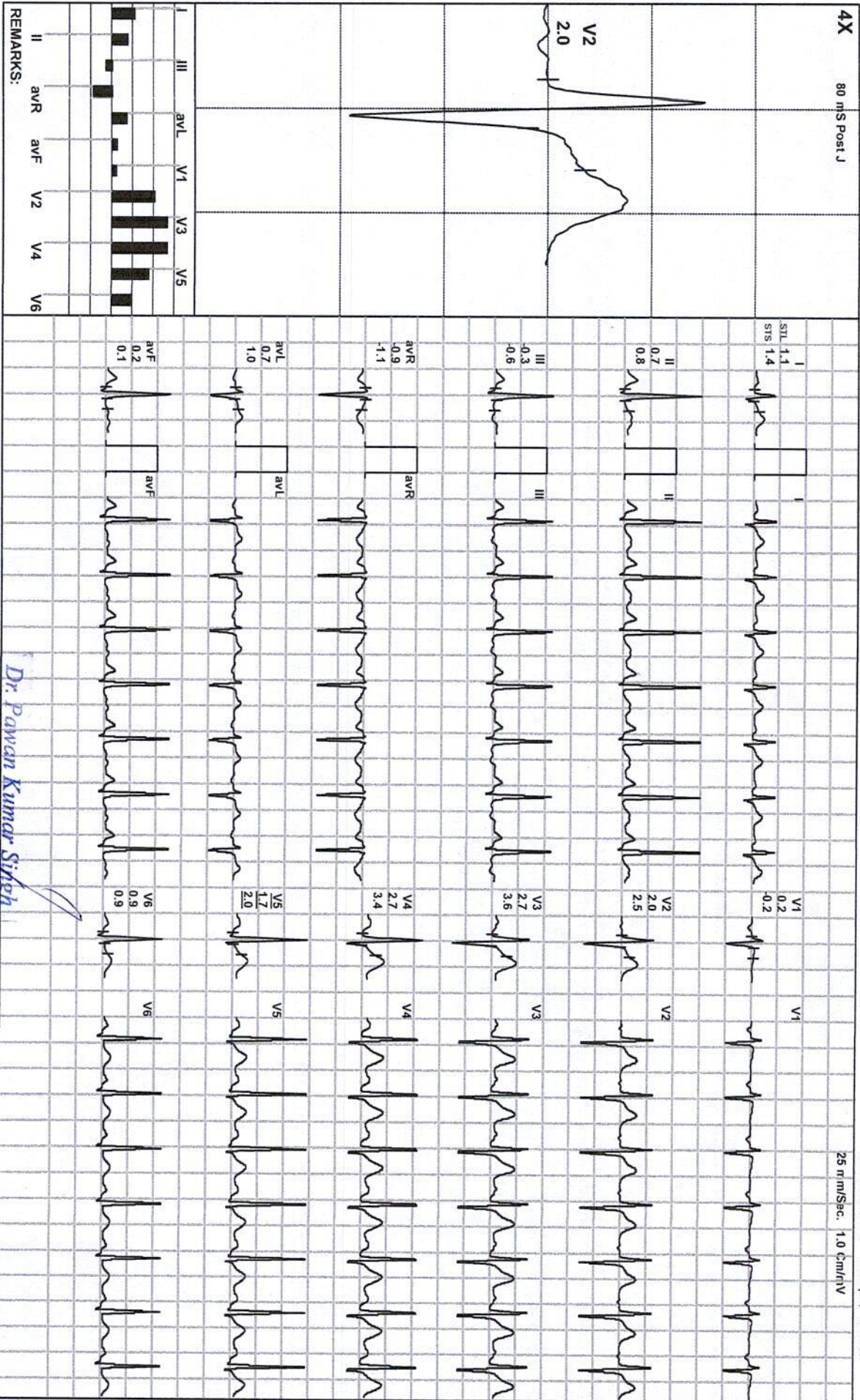
29 / AUIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg / HR : 125

BRUCE: Stage 1 (3:00)



Date: 24 - 06 - 2023 09:12:58 AM METS: 4.71 125 bpm 66% of THR BP: 126/85 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 H2/LF 35 HZ

EXTIME: 03:00 1.7 mph, 10.0%



REMARKS:

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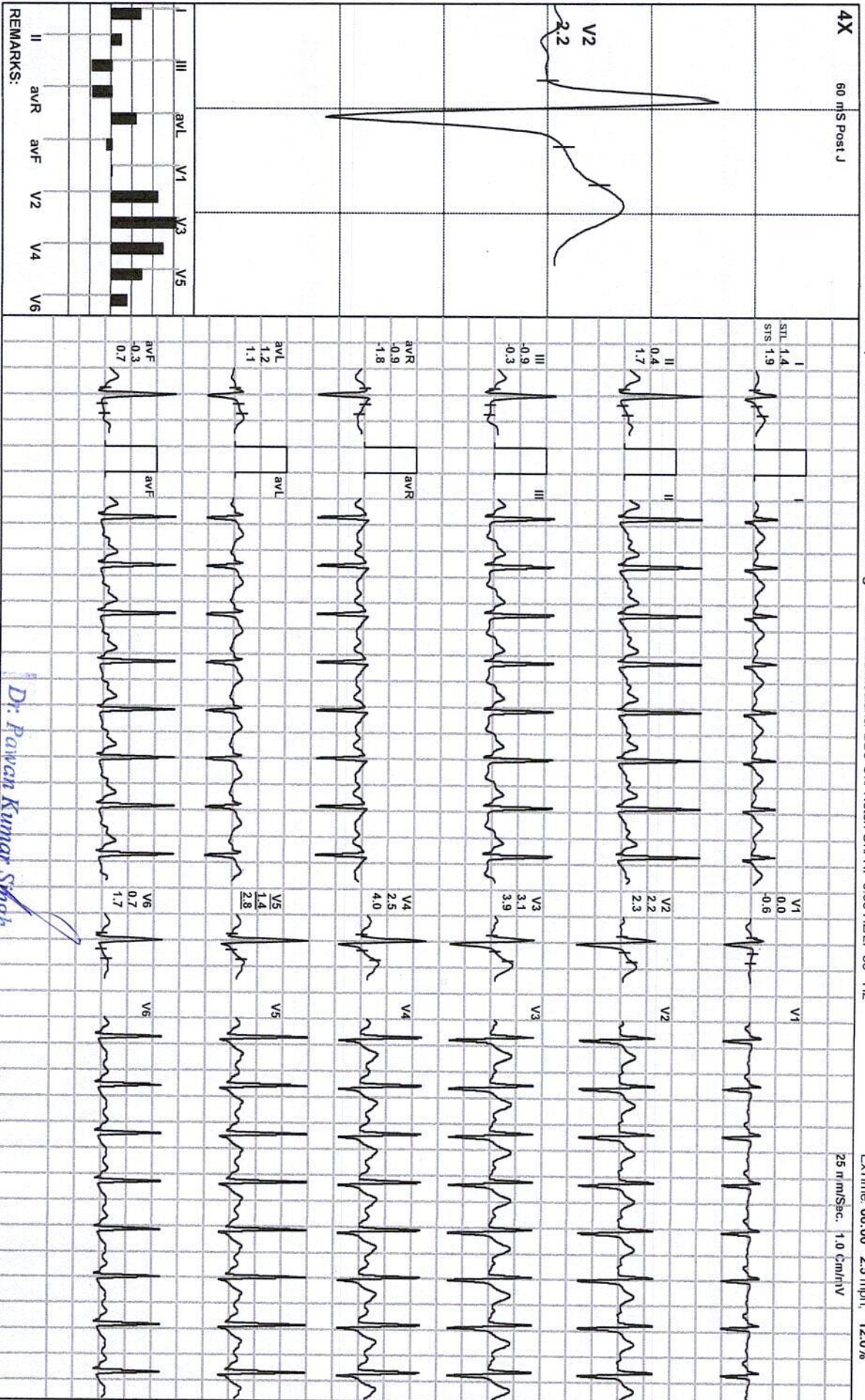
BRUCE: Stage 2(3:00)



29 / AJIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg / HR : 147

Date: 24 - 06 - 2023 09:12:56 AM METS: 7.1/ 147 bpm 78% of THR BP: 128/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 06:00 2.5 mph, 12.0%



REMARKS:

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29 / AJIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg / HR : 193

BRUCE: Stage 3(3:00)

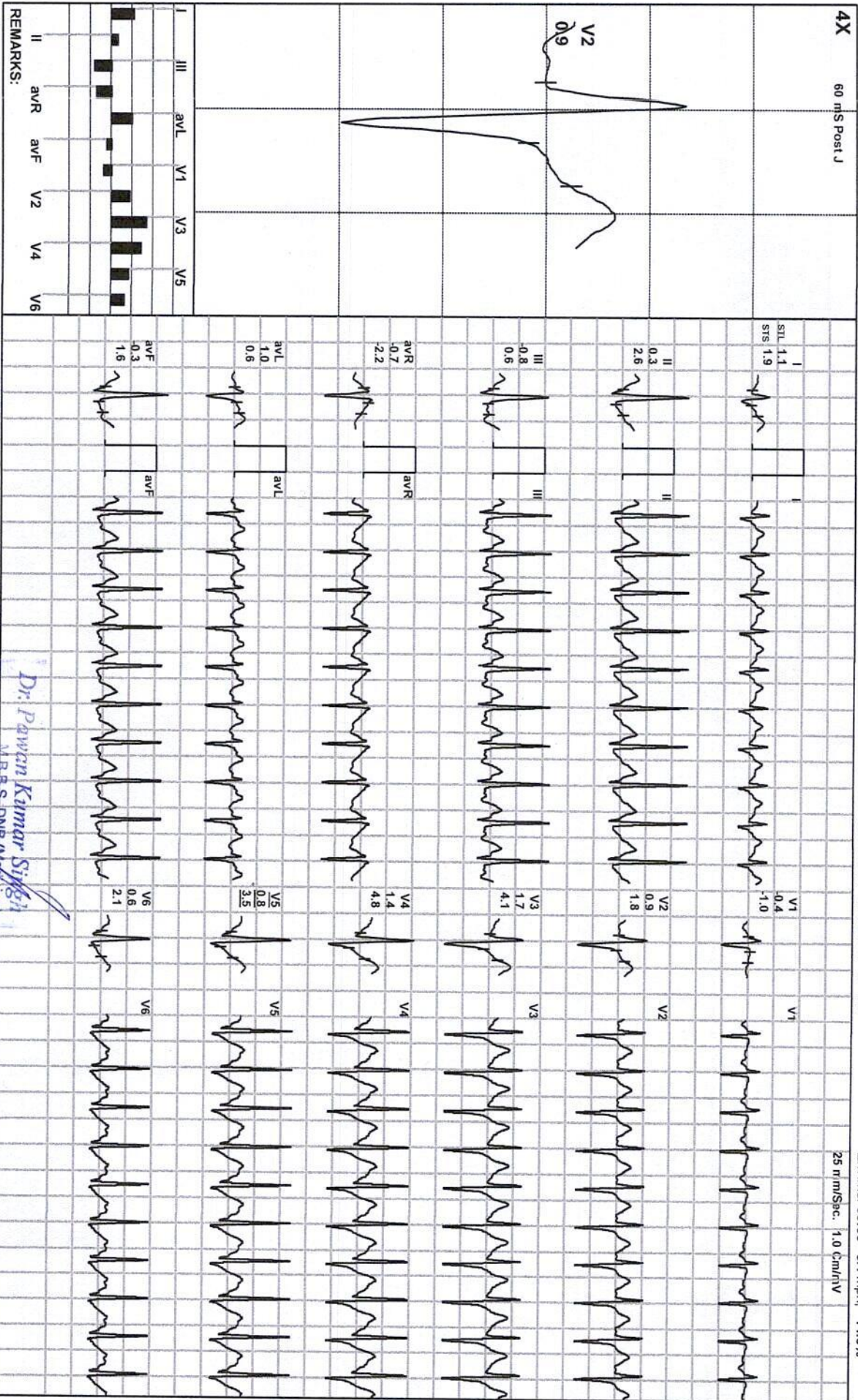


Date: 24 - 06 - 2023 09:12:58 AM

MEETS: 10.2 / 193 bpm 102% of THR

BP: 130/88 mmHg Combined Medians/ BLC On/ Netch On/ HF 0.05 HZLF 35 Hz

ExtTime: 09:00 3.4 mph, 14.0%



REMARKS:

I II III aVR aVL aVF V1 V2 V3 V4 V5 V6

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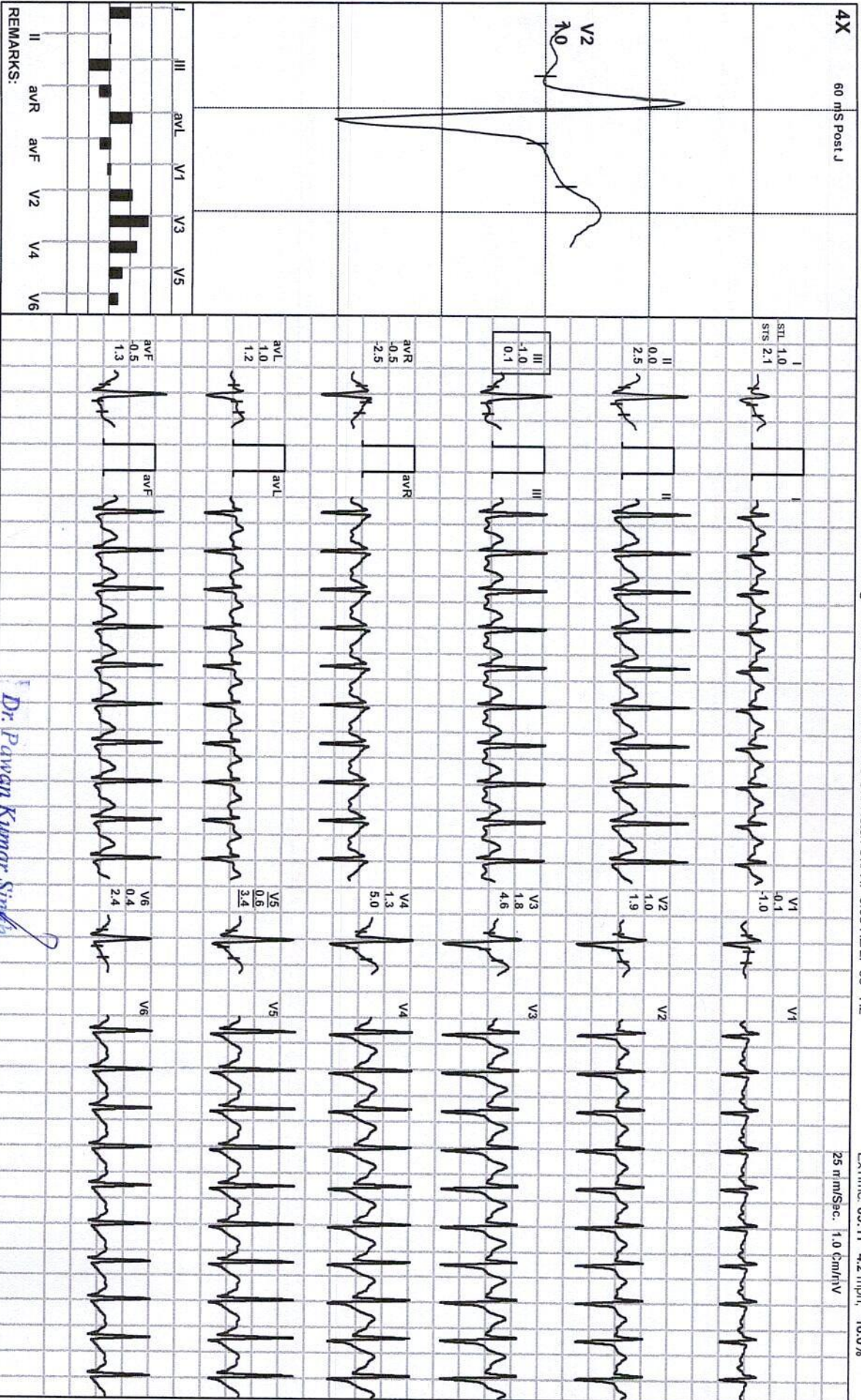
29 / AJIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg / HR : 193

Date: 24 - 06 - 2023 09:12:58 AM

MEETS: 10.4 / 193 bpm 102% of THR BP: 130/88 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:11 4.2 mph, 16.0%



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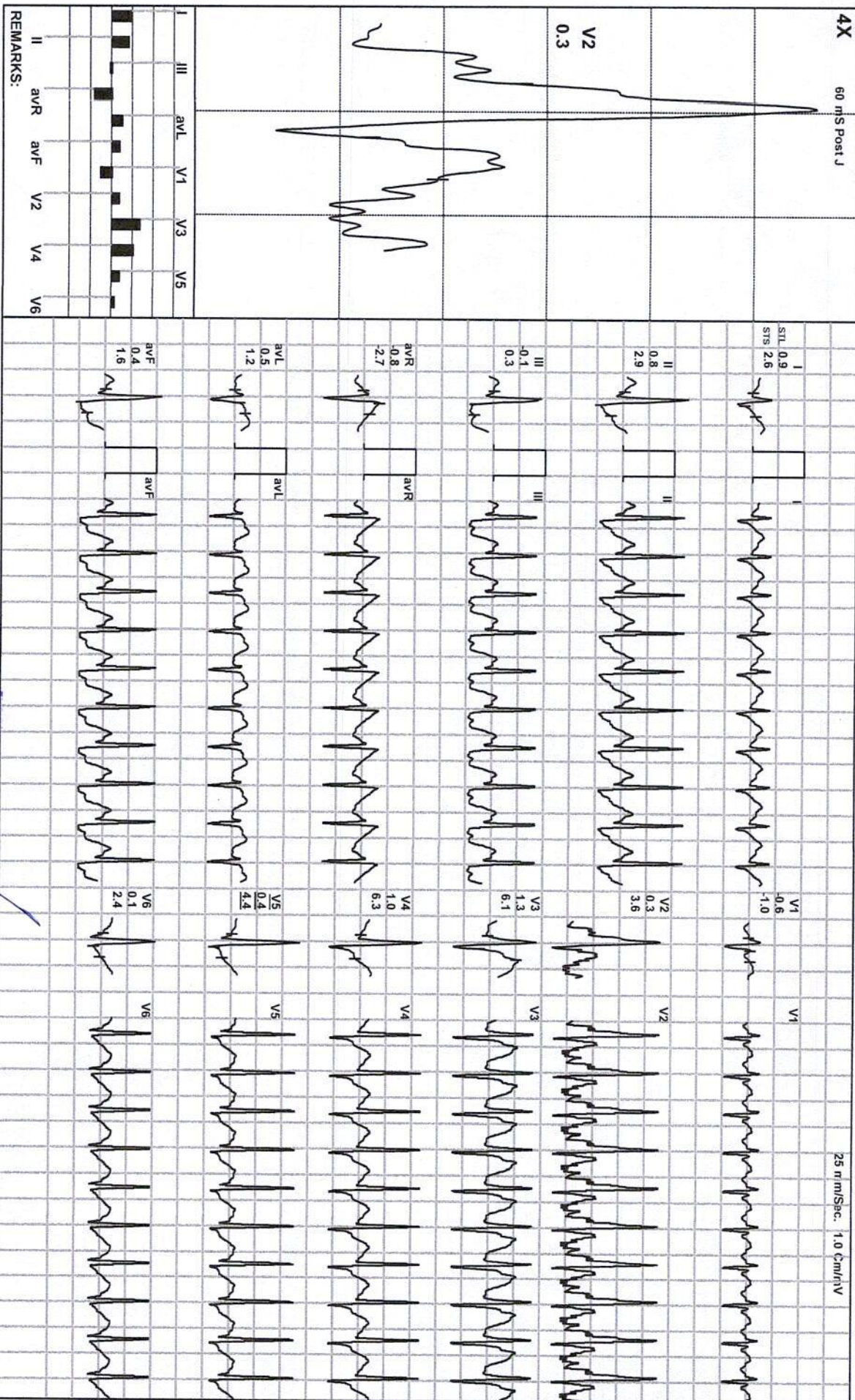
Recovery(0:30)



29 / A/JIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg / HR : 187

Date: 24 - 06 - 2023 09:12:58 AM METS: 7.3/ 187 bpm 99% of THR BP: 130/88 mmHg Combined Medians/ B/LC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTIME: 09:11 1.1 mph 0.0%



REMARKS:

25 rrm/Sec. 1.0 Cm/rV

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29 / AIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg / HR : 179

Recovery(1:00)



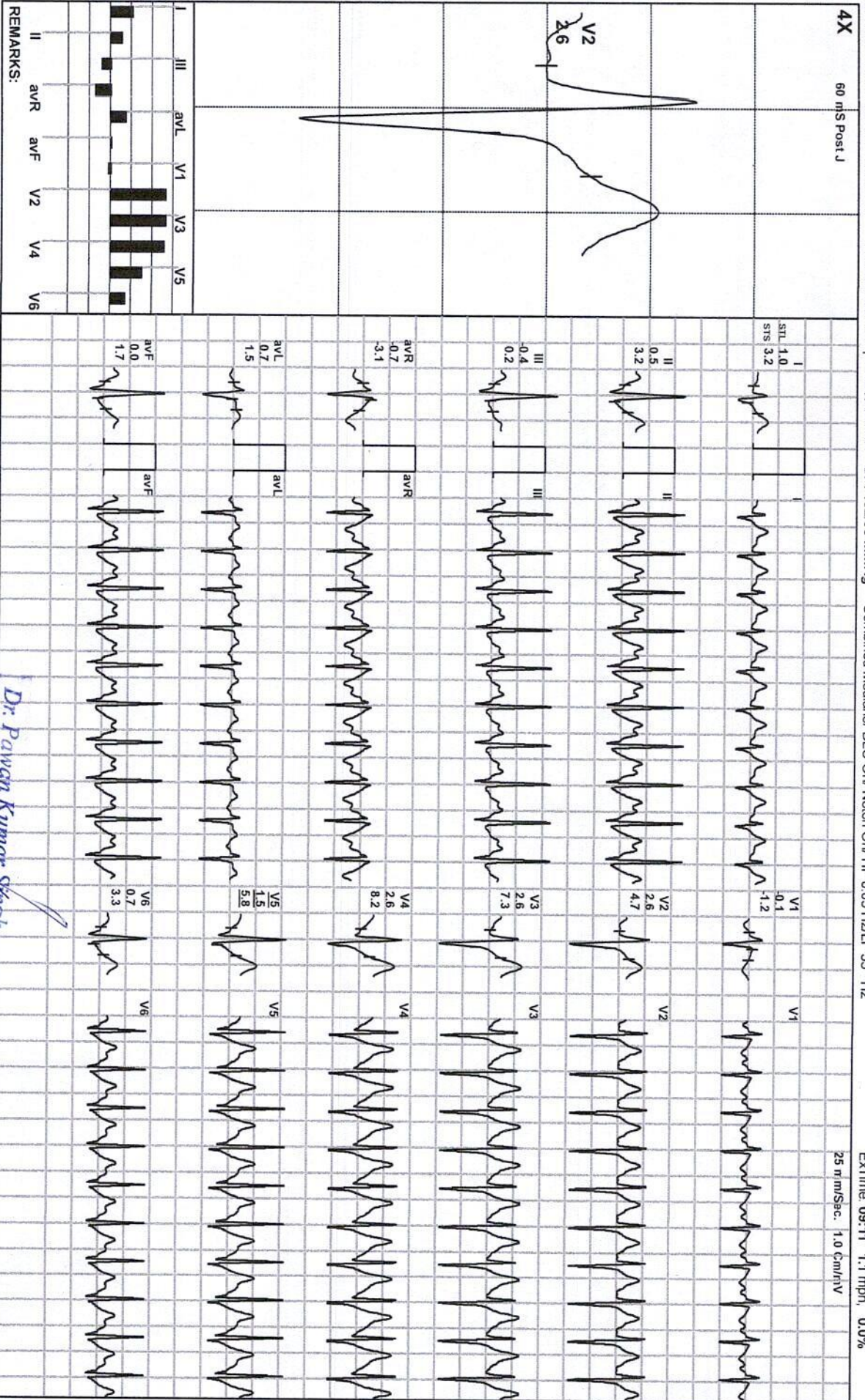
Date: 24 - 06 - 2023 09:12:58 AM

METS: 4.3/ 179 bpm 95% of THR

BP: 132/90 mmHg

Combined Medians/ BLC On/ Natch On/ HF 0.05 H2/LF 35 Hz

ExtTime: 09:11 1.1 mpm, 0.0%



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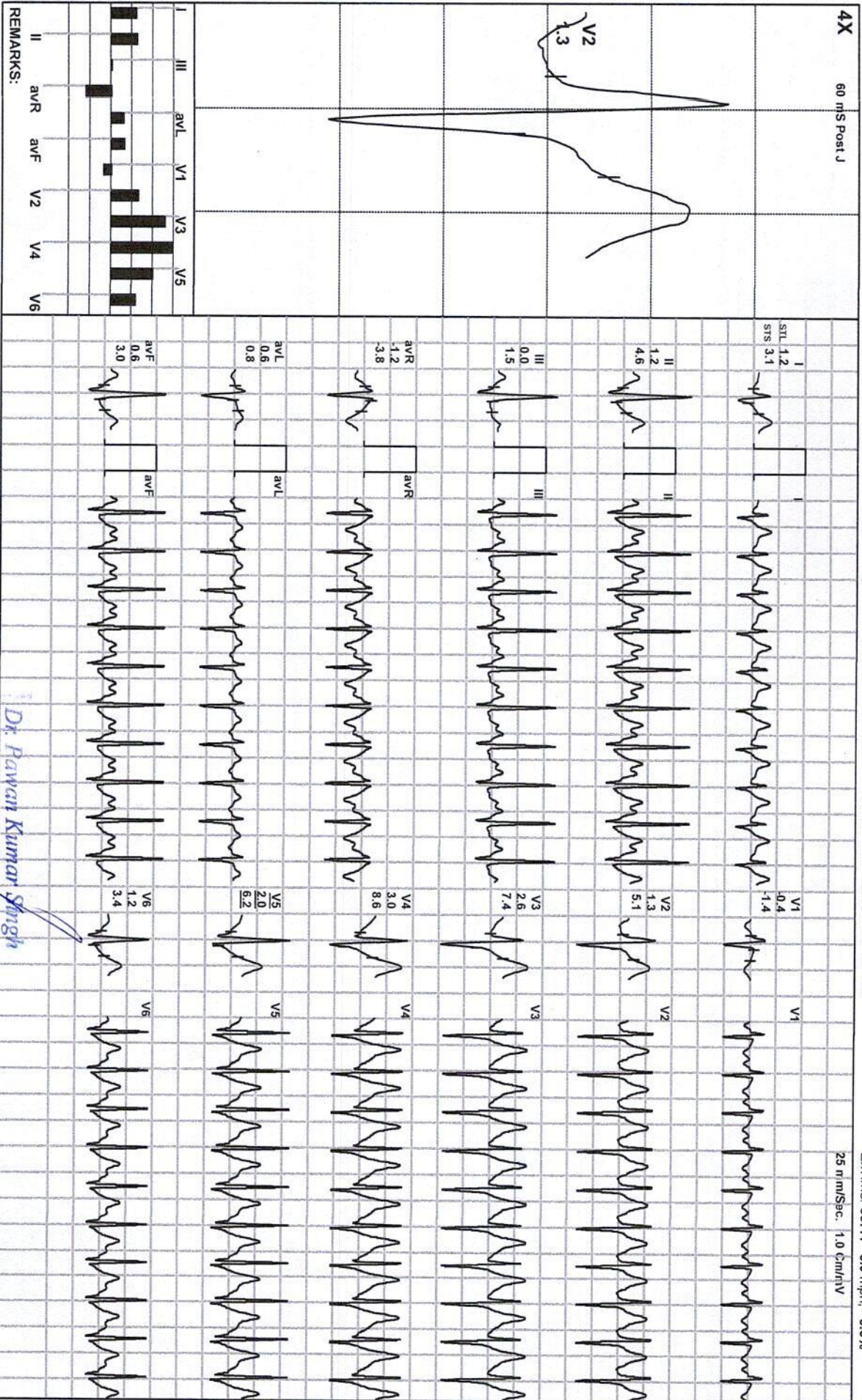
29 / AJIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg / HR : 179

Recovery(1:06)



Date: 24 - 06 - 2023 09:12:58 AM METS: 3.6/ 179 bpm 95% of THR BP- 132/90 mmHg Combined Medians/ BL C On/ Natch On/ HF 0.05 H/L/F 35 Hz

ExTime: 09:11 0.0 mph, 0.0%



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SULTANPUR Email:

29 / AJIT KUMAR / 31 Yrs / M / 166 Cms / 60 Kg
 Date: 24 - 06 - 2023 09:12:58 AM Refd By : SELF Examined By: DR.PAWAN KUMAR SINGH

Report



Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:07	0:07	00.0	00.0	01.0	188	99 %	124/84	233	00	
Standing	00:12	0:05	00.0	00.0	01.0	168	89 %	124/84	208	00	
HV	00:16	0:04	00.0	00.0	01.0	153	81 %	124/84	189	00	
Warm Up	00:22	0:06	00.0	00.0	01.0	153	81 %	124/84	189	00	
ExStart	00:38	0:16	00.0	00.0	01.0	138	73 %	124/84	171	00	
BRUCE Stage 1	03:38	3:00	01.7	10.0	04.7	125	66 %	126/85	157	00	
BRUCE Stage 2	06:38	3:00	02.5	12.0	07.1	147	78 %	128/86	188	00	
BRUCE Stage 3	09:38	3:00	03.4	14.0	10.2	193	102 %	130/88	250	00	
PeakEx	09:49	0:11	04.2	16.0	10.4	193	102 %	130/88	250	00	
Recovery	10:19	0:30	01.1	00.0	07.3	187	99 %	130/88	243	00	
Recovery	10:49	1:00	01.1	00.0	04.3	179	95 %	132/90	236	00	
Recovery	10:55	1:06	00.0	00.0	03.6	179	95 %	132/90	236	00	

FINDINGS :

Exercise Time : 09:11
 Initial HR (ExStrt) : 138 bpm 73% of Target 189
 Initial BP (ExStrt) : 124/84 (mm/Hg)
 Max Workload Attained : 10.4 Good response to induced stress
 Max ST Dep Lead & Avg ST Value : III & -1.0 mm in PeakEx
 Duke Treadmill Score : 08.4
 Test End Reasons : Test Complete

Max HR Attained 193 bpm 102% of Target 189
 Max BP Attained 132/90 (mm/Hg)
 VO2Max : 36.4 ml/Kg/min (Fair)

REPORT :

TEST OBJECTIVE : ROUTINE CHECK UP
 ACTIVITY : VERY ACTIVE

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Doctor : DR PAWAN KUMAR SINGH

OTHER INVESTIGATION : NO
REASON FOR TERMINATION : TEST COMPLETE
EXERCISE TOLERANCE : GOOD
EXERCISE INDUCED ARRHYTHMIAS : NO
HAEMODYNAMIC RESPONSE : NORMAL
CHRONOTROPIC RESPONSE : NORMAL
FINAL IMPRESSION : STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

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