

**OP CASE SHEET**

MR.NO. (Employee ID) : .

Date 3/3/22

Patient Name : Miss Dalima Jain

Department : General

Sex / Age : 27

Consultant : Dr. J. Chandrasekar

Address :

Mobile No. :

PULES : 78 b/min	B.P: 110/70	RESP: 18	TEMP: 38.1
WEIGHT: 41 kg	HEIGHT: 145cm	BMI:	WAIST CIRCUM:

Chief Complaints : *General Health check up*

*NO / H/O DM, H/W, COPD*

History(Personal /Family) :

*CBC - hb 15 - 10.3*

General and Systemic Examination:

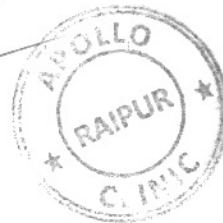
*CNS - S1S2 @ R1S B1L  
PA - Soft WIT*

Diagnosis and Final Impression:

*Rx  
T33 Vitamin K T x 90 Night for 80 day  
T33 Vitofast x 90 Mornig x 80 / 17*

Exercise:- (Yes / No)

*Chandrasekar  
2/3/22*



Treatment, Recommendation and Investigations:

Doctor Signature



ID: 424  
MISS DALIMA  
Female 27Years

01-03-2022 11:24:27 AM

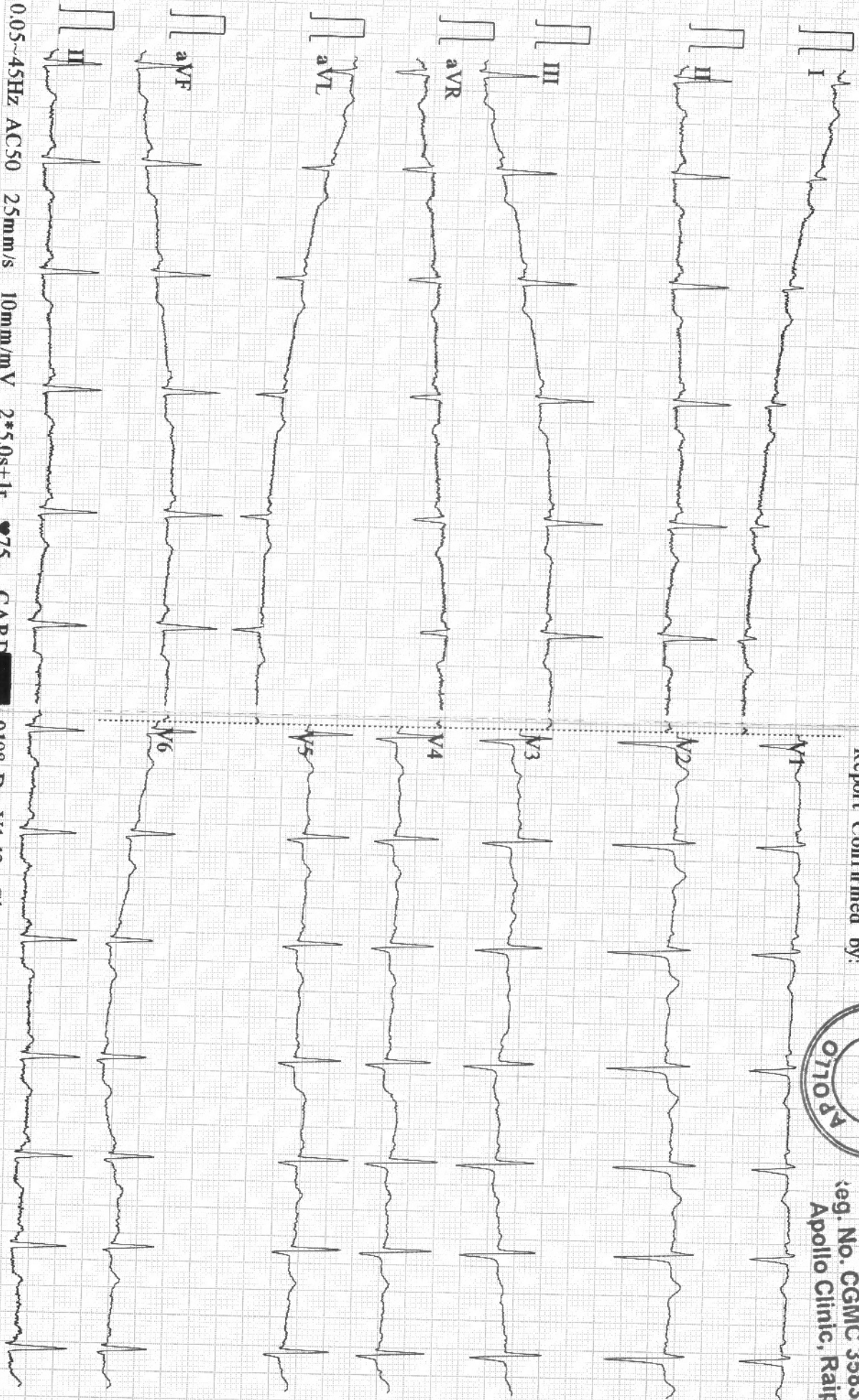
HR : 75 bpm  
P : 104 ms  
PR : 124 ms  
QRS : 92 ms  
QT/QTc : 374/418 ms  
P/QRS/T : 56/86/0 °  
RV5/SV1 : 0.812/0.714 mV

Diagnosis Information:  
Sinus rhythm  
Widespread ST-T abnormality is borderline for age and gender  
Borderline ECG

Report Confirmed by:



Dr. Animesh Choudhary  
MD Medicine  
Reg. No. CGMC 3583/2011  
Apollo Clinic, Raipur



**EXAMINATION OF EYES :- ( BY OPHTHALMOLOGIST)**

Patient Name Miss Dalma palkar Date 1/3/22  
 Sex/Age 27 Y.F MR No ..... Employee Id .....

EXTERNAL EXAMINATION				
SQUINT				
NAD				
NYSTAGMUS				
COLOUR VISION				
NORMAL				
FUNDUS:(RE):-		(LE):-		
WNL		WNL		
INDIVIDUAL COLOUR IDENTIFICATION				
NORMAL				
DISTANT VISION:(RE):-		(LE):-		
6/12 CL 6/6		6/9 CL 6/6		
NEAR VISION:(RE):-		(LE):-		
NG		NG		
NIGHT BLINDNESS				
NAD				
	SPH	CYL	AXIS	ADD
RIGHT	-0.75	—	—	—
LEFT	-0.50	—	—	—
REMARKS :-				



Dr. Vikas Mishra  
 MBBS, MS(Ophthalmology)  
 Reg. No. 2200000000

<b>Patient Name</b> : Miss DALIMA PAINKRA	<b>Age / Gender</b> : 27Y/Female
<b>UHID/MR No.</b> : FRAI.0000021713	<b>OP Visit No</b> : FRAIOPV39255
<b>Visit Date</b> : 01-03-2022 15:18	<b>Reported on</b> : 01-03-2022 17:51
<b>Sample Collected on</b> : 01-03-2022 15:22	<b>Specimen</b> : Urine
<b>Ref Doctor</b> : Bank of Baroda	<b>Pres Doctor:</b> :

**DEPARTMENT OF LABORATORY MEDICINE**

**URINE ROUTINE EXAMINATION**

Test	Result	Bio. Ref. Interval
<b>PHYSICAL EXAMINATION:</b>		
Volume of urine	40 ml	
Colour	Pale Yellow	
Specific Gravity	1.015	1.001 - 1.030
Deposit	Absent	Absent
Appearance	Clear	Clear
pH	7.0	5.0 - 7.5
<b>CHEMICAL EXAMINATION:</b>		
Protein	Absent	Absent
Sugar	Absent	Absent
Ketone Bodies	Absent	Absent
Blood	Absent	Absent
Leukocytes	Absent	Absent
Urobilinogen	Absent	Absent
Bili Pigments	Absent	Absent
<b>MICROSCOPIC EXAMINATION:</b>		
Pus Cell	2 - 4	0 - 5 / hpf
Red Blood Cells	Not Seen	0 - 2 / hpf
Epithelial Cells	Occasional	0 - 5 / hpf
Cast	Not Seen	Not seen
Crystals	Not Seen	Not seen

End of the report

*Results are to be correlated clinically*

Lab Technician / Technologist  
Shubham\_Thakur

**Dr. Avishesh Kumar Singh**  
MBBS, MD  
Pathologist  
Dr. AVISHESH KUMAR SINGH  
MBBS, MD - 5767/2014

Apollo Clinic

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Email : raipur1@apolloclinic.com

Online appointments: www.askapollo.com | Online reports: https://phr.apolloclinic.com

 **0771 4033341/42**

Patient Name : Miss.DALLIMA	Collected : 01/Mar/2022 03:31PM
Age/Gender : 27 Y 0 M 0 D /F	Received : 01/Mar/2022 03:32PM
UHID/MR No : DSUS.0000001664	Reported : 01/Mar/2022 04:35PM
Visit ID : DSUSOPV1852	Status : Final Report
Ref Doctor : APOLLO CLINIC	Client Name : PUP APOLLO CLINIC SAMRIDDI AR
IP/OP NO :	Patient location : Raipur,Raipur

**DEPARTMENT OF IMMUNOLOGY**

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE (TOTAL T3, TOTAL T4, TSH) , SERUM				
TRI-iodothyronine (T3, TOTAL)	1.03	ng/mL	0.6-1.81	CLIA
THYROXINE (T4, TOTAL)	10.50	µg/dL	3.2-12.6	CLIA
THYROID STIMULATING HORMONE (TSH)	2.090	µIU/mL	0.35-5.5	CLIA

**Comment:**

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m. In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

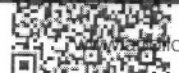
Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

\*\*\* End Of Report \*\*\*



Dr. SANDHYA VERMA  
MBBS, MD,(Pathology)  
Consultant Pathologist



Patient Name : Miss DALIMA PAINKRA  
UHID/MR No. : FRAI.0000021713  
Visit Date : 01-03-2022 15:18  
Sample Collected on : 01-03-2022 15:22  
Ref Doctor : Bank of Baroda

Age / Gender : 27Y/Female  
OP Visit No : FRAIOPV39255  
Reported on : 01-03-2022 17:51  
Specimen : EDTA Blood  
Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>BLOOD GROUP AND RH TYPE</b>			
BLOOD GROUP Method: Slide Test	A		
RH:	Positive		
<b>TEST NAME</b>			
<b>GLUCOSE - ( FASTING )</b>			
GLUCOSE - ( FASTING ) Method: REAGENT GRADE WATER	74.0	60 - 120	mg/dl
<b>GLUCOSE - ( POST PRANDIAL )</b>			
GLUCOSE - ( POST PRANDIAL ) Method: REAGENT GRADE WATER	93.0	70 - 140	mg/dl
<b>GLYCOSYLATED HEMOGLOBIN (HBA1C)</b>			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD. Method: TURBIDOMETRY	5.2	Non-diabetic: <= 5.6 Pre-diabetic: 5.7 - 6.4 Diabetic: >= 6.5	%
<b>BLOOD UREA NITROGEN(BUN)</b>			
BLOOD UREA NITROGEN Method: REAGENT GRADE WATER	09	7 - 15	mg/dl

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
Shubham\_Thakur

  
**Dr. Avishesh Kumar Singh**  
MBBS, MD  
Pathologist  
Reg. No. -5767/2014

**Patient Name** : Miss DALIMA PAINKRA  
**UHID/MR No.** : FRAI.0000021713  
**Visit Date** : 01-03-2022 15:18  
**Sample Collected on** : 01-03-2022 15:22  
**Ref Doctor** : Bank of Baroda

**Age / Gender** : 27Y/Female  
**OP Visit No** : FRAIOPV39255  
**Reported on** : 01-03-2022 17:51  
**Specimen** : Whole Blood ( Edta )  
**Pres Doctor:** :

**DEPARTMENT OF LABORATORY MEDICINE**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
<b>HAEMOGRAM</b>			
Hb(Haemoglobin) Method: CELL COUNTER	10.3*	12.0 - 15.0	gm%
RBC Count Method: CELL COUNTER	4.30	3.5 - 5.5	million/ cumm
PCV / Haematocrit Method: CELL COUNTER	33.7*	37 - 50	%
MCV Method: CELL COUNTER	78.4	76 - 96	fl
MCH Method: CELL COUNTER	23.9*	27 - 32	pg
MCHC Method: CELL COUNTER	30.5*	31 - 35	gm/dl
RDW Method: CELL COUNTER	20.9*	12 - 15.1	%
Total Leukocyte Count Method: CELL COUNTER	2.89*	4 - 11	thous/ cumm
Neutrophil Method: CELL COUNTER	51	40 - 75	%
Lymphocyte Method: CELL COUNTER	37	20 - 40	%
Eosinophil Method: CELL COUNTER	04	1 - 6	%
Monocyte Method: CELL COUNTER	08	2 - 8	%
Basophil Method: CELL COUNTER	00	0 - 1	%
Platelet Count Method: CELL COUNTER	214	150 - 450	lacs/cumm
E S R Method: Westergren's Method	30*	00 - 20	mm/hr

**End of the report**

**Dr. Avishesh Kumar Singh**  
**MBBS, MD**  
**Pathologist**

*Results are to be correlated clinically*

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Reg. No. - 5767/2014

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**Dr. AVISHESH KUMAR SINGH**  
**MBBS, MD**  
**0771 4033341/42**

<b>Patient Name</b> : Miss DALIMA PAINKRA	<b>Age / Gender</b> : 27Y/Female
<b>UHID/MR No.</b> : FRAI.0000021713	<b>OP Visit No</b> : FRAIOPV39255
<b>Visit Date</b> : 01-03-2022 15:18	<b>Reported on</b> : 01-03-2022 17:51
<b>Sample Collected on</b> : 01-03-2022 15:22	<b>Specimen</b> : Serum
<b>Ref Doctor</b> : Bank of Baroda	<b>Pres Doctor:</b> :


**DEPARTMENT OF LABORATORY MEDICINE**

<b>TEST NAME</b>	<b>RESULT</b>	<b>BIOLOGICAL REFERENCE INTERVALS</b>	<b>UNITS</b>
<b>LFT WITH GGT</b>			
TOTAL BILIRUBIN (DPD) Method: Enzymatic	0.5	0.1 - 1.2	mg/dl
DIRECT BILIRUBIN (DPD) Method: Spectrophotometric	0.1	0.05 - 0.3	mg/dl
INDIRECT BILLIRUBIN Method: Spectrophotometric	0.4	0.1 - 1	mg/dl
SGPT/ALT (IFCC) Method: Enzymatic	20	6 - 40	U/L
SGOT/AST (IFCC) Method: Enzymatic	12	6 - 32	U/L
S.ALKALINE PHOSPHATASE Method: Spectrophotometric	54	25 - 147	IU/L
GGT (IFCC) Method: Spectrophotometric	72	5 - 80	U/L
TOTAL PROTEIN (BIURET) Method: Spectrophotometric	6.5	6 - 8	g/dl
ALBUMIN (BCG) Method: Spectrophotometric	4.1	3.5 - 5.0	g/dl
S.GLOBULIN Method: Spectrophotometric	2.4	1.5 - 3.6	g/dl
S.A/G RATIO Method: Spectrophotometric	1.7		

**End of the report**

*Results are to be correlated clinically*

Lab Technician / Technologist  
Shubham\_Thakur

  
**Dr. Anand Kumar Singh**  
 MBBS, MD  
 Pathologist  
 Reg. No. -5767/2014



**Patient Name** : Miss DALIMA PAINKRA  
**UHID/MR No.** : FRAI.0000021713  
**Visit Date** : 01-03-2022 15:18  
**Sample Collected on** : 01-03-2022 15:22  
**Ref Doctor** : Bank of Baroda

**Age / Gender** : 27Y/Female  
**OP Visit No** : FRAIOPV39255  
**Reported on** : 01-03-2022 17:51  
**Specimen** : Serum  
**Pres Doctor:** :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>LIPID PROFILE TEST (PACKAGE)</b>			
Total Cholesterol Method: Spectrophotometric	124.0	00 - 200	mg/dl
Triglyceride Method: Spectrophotometric	96.0	60 - 150	mg/dl
HDL Method: Spectrophotometric	43.0	35 - 60	mg/dl
LDL Method: Spectrophotometric	61.8	60 - 130	mg/dl
VLDL Method: Spectrophotometric	19.2	10 - 50	mg/dl
Cholesterol/HDL Method: Spectrophotometric	2.88		

End of the report

*Results are to be correlated clinically*

Lab Technician / Technologist  
Shubham\_Thakur

Dr. Avishesh Kumar Singh  
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 **0771 4033341/42**



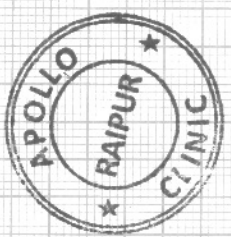
28 / MISS PAINKRA DALIMA / 27 Yrs / F / 145 Cms / 41 Kg Date: 01-Mar-2022

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:02	0:02	00.0	00.0	01.0	094	49%	110/70	103	00	
Standing	00:05	0:03	00.0	00.0	01.0	100	52%	110/70	110	00	
ExStart	00:23	0:18	00.0	00.0	01.0	099	51%	110/70	108	00	
BRUCE Stage 1	03:23	3:00	02.7	10.0	04.7	124	64%	120/80	148	00	
BRUCE Stage 2	06:23	3:00	04.0	12.0	07.1	125	65%	130/80	162	00	
PeakEx	09:17	2:54	05.5	14.0	10.1	150	78%	130/90	195	00	
Recovery	09:47	0:30	00.8	00.0	04.2	136	70%	130/90	176	00	
Recovery	10:17	1:00	00.8	00.0	01.2	122	63%	130/80	158	00	
Recovery	10:26	1:09	00.8	00.0	01.0	112	58%	130/80	145	00	

**FINDINGS :**

Exercise Time : 08:54  
 Max HR Attained : 150 bpm 78% of Target 193  
 Max BP Attained : 130/90  
 Max Workload Attained : 10.1 Good response to induced stress  
 Test End Reasons : Test Complete. Heart Rate Achieved

**REPORT**  
 Report: Stress test is negative for Reversible Myocardial Ischemia with good function capacity.

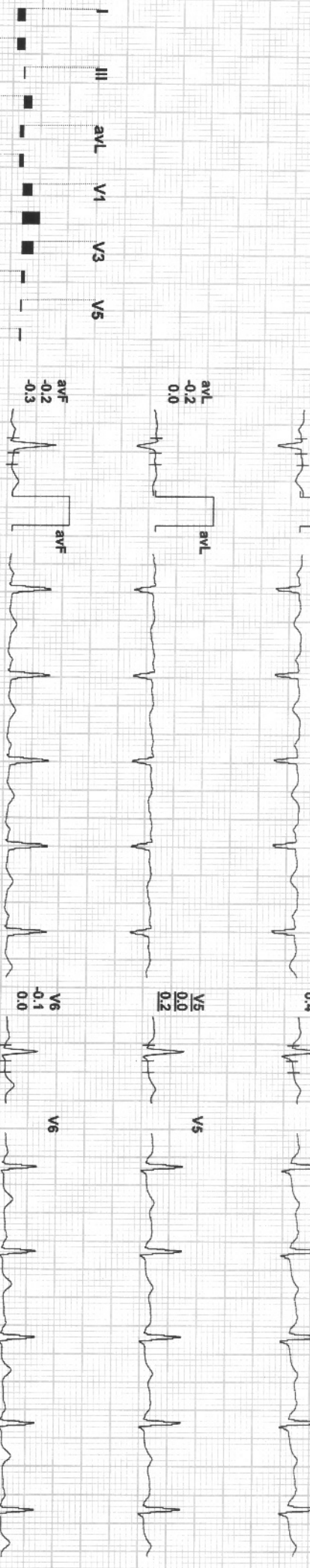
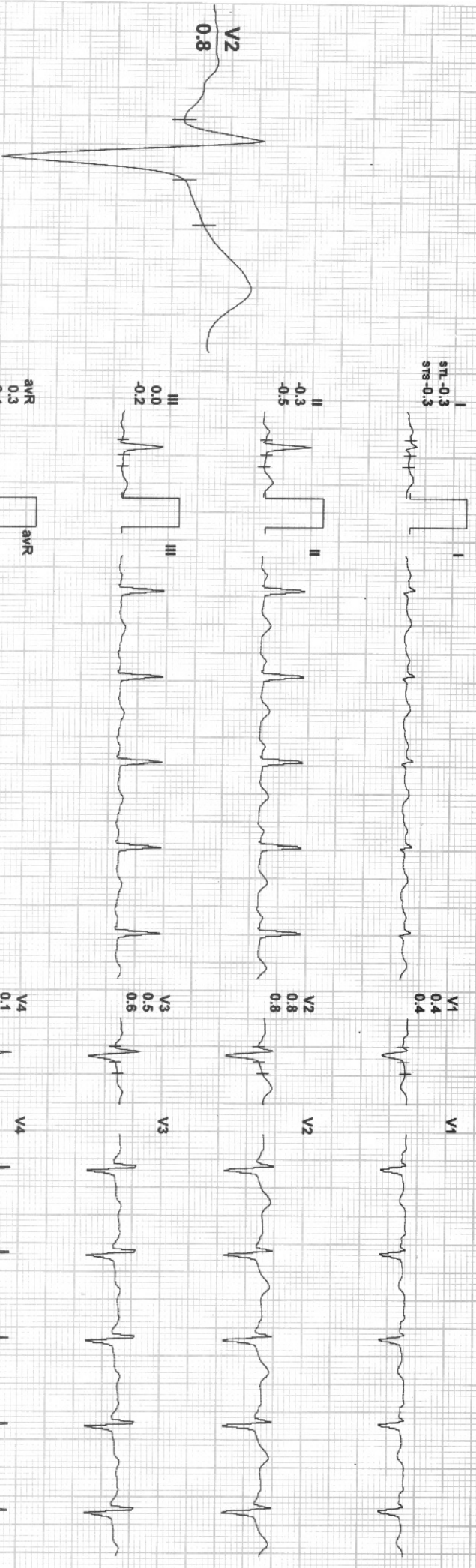


Doctor : DR DEEPAN DAS MBBS DIP.CARDIO



Date: 01-Mar-2022 12:14:44 PM METS: 1.0/ 94 bpm 49% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ Notch On/ HF: 0.05 Hz/LF: 35 Hz  
4X 80 ms Post J

ExTime: 00:00 0.0 Km/h. 0.0%  
25 mm/Sec. 1.0 Cm/mV



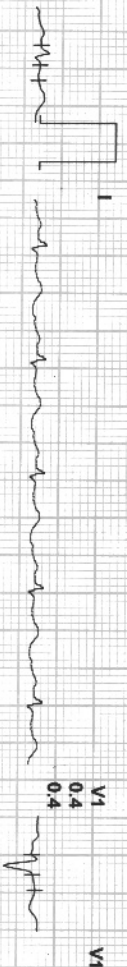
REMARKS:



Date: 01-Mar-2022 12:14:44 PM METS: 1.0/ 100 bpm 52% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz  
4X 80 mS Post J  
EXTime: 00:00 0.0 Km/h, 0.0%  
25 mm/Sec. 1.0 Cm/mv



I  
STL -0.3  
STR -0.3



II  
-0.3  
-0.5



III  
0.0  
-0.2



aVR  
0.3  
0.4



aVL  
-0.2  
0.0



aVF  
-0.2  
-0.3



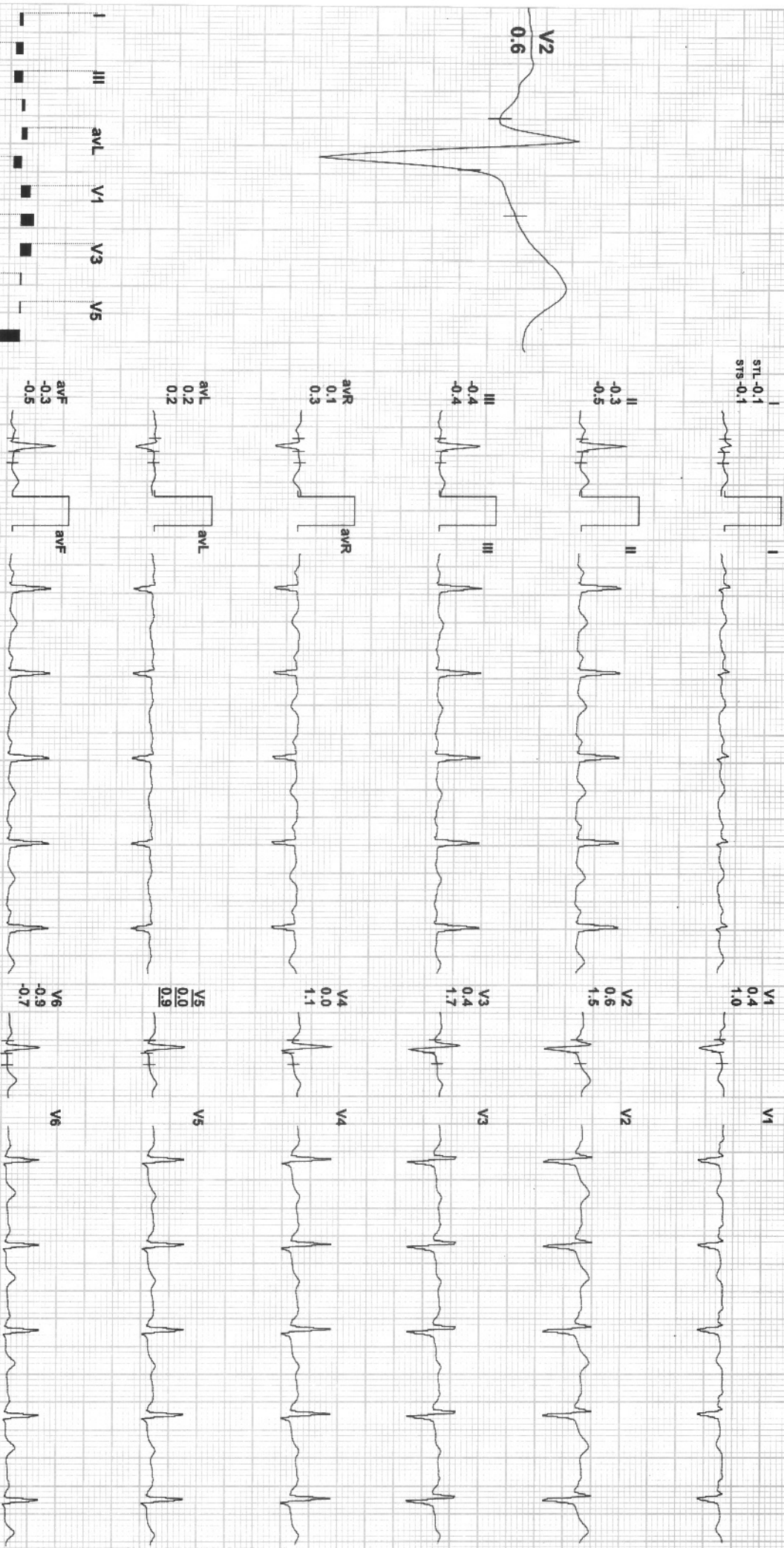
REMARKS:



28 / MISS PAINKRA DALIMA / 27 Yrs / F / 145 Cms / 41 Kg / HR : 99

Date: 01-Mar-2022 12:14:44 PM METS: 1.0/ 99 bpm 51% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz  
4X 80 mS Post J

ExTime: 00:00 0.0 Km/h, 0.0%  
25 mm/Sec. 1.0 Cm/mv



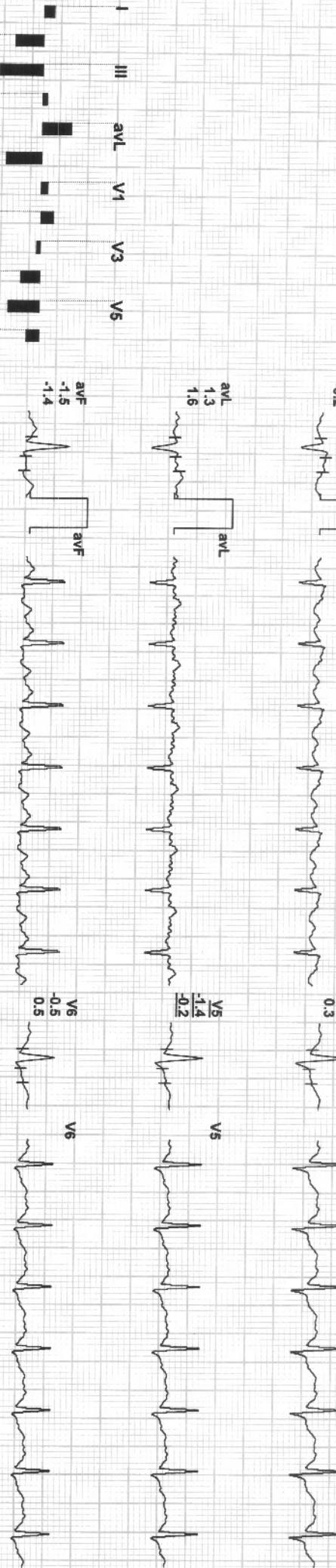
REMARKS:  
I  
II  
III  
aVR  
aVL  
aVF  
V1  
V2  
V3  
V4  
V5  
V6



Date: 01-Mar-2022 12:14:44 PM  
4X 80 ms Post J

METS: 4.7/ 124 bpm 64% of THR BP- 120/80 mmHg  
Combined Medians/ BLG On/ Notch On/ HF 0.05 HZ/LF 35 Hz

ExTime: 03:00 2.7 Km/ph, 10.0%  
25 mm/Sec. 1.0 Cm/mV



REMARKS:

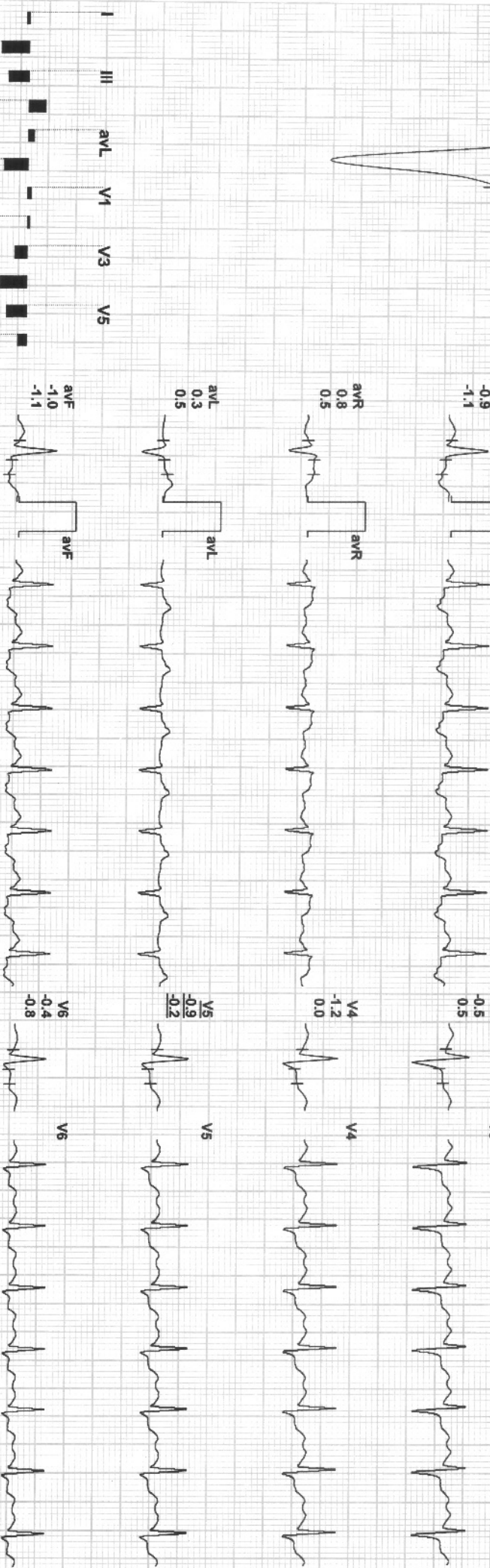
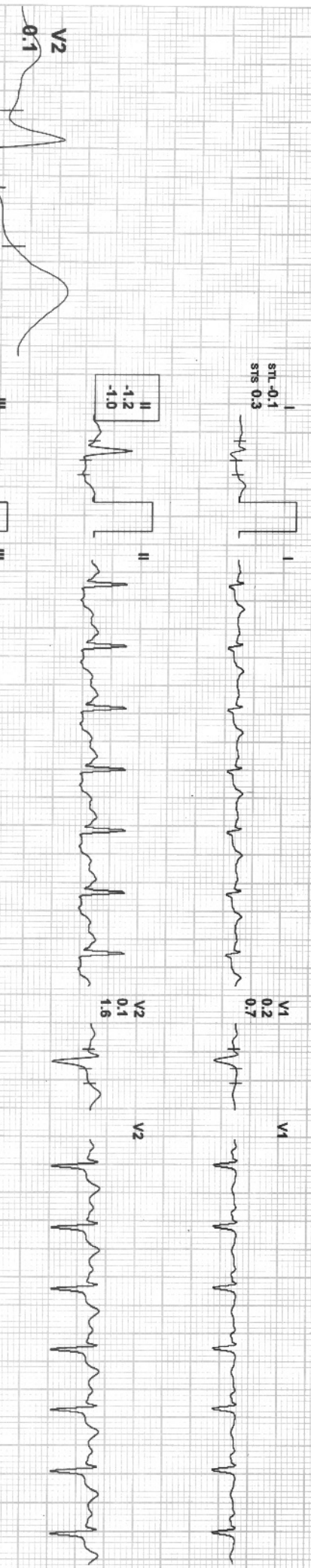


28 / MISS PAINKRA DALIMA / 27 Yrs / F / 145 Cms / 41 Kg / HR : 125

Date: 01-Mar-2022 12:14:44 PM METS: 7.1/ 125 bpm 65% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 06:00 4.0 Kmph. 12.0%  
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



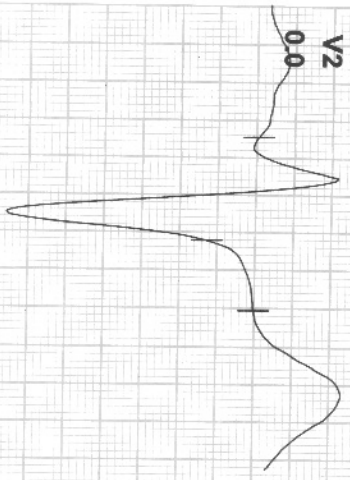
REMARKS:



Date: 01-Mar-2022 12:14:44 PM  
4X 60 mS Post J

METS: 10.1 / 150 bpm 78% of THR BP: 130/90 mmHg  
Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 08:54 5.5 Km/h, 14.0%  
25 mm/Sec. 1.0 Cm/mV



STL 0.0  
STS 0.8

II -1.3  
III -1.3  
aVR 1.0

III -1.3  
aVR 0.7  
-0.9

II -1.3  
III -1.3  
aVR 1.0

II -1.3  
III -1.3  
aVR 1.0

II -1.3  
III -1.3  
aVR 1.0

V1 0.3  
V2 0.7

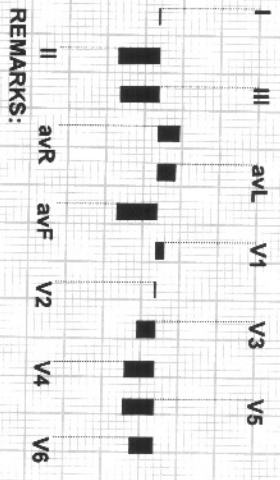
V1 0.3  
V2 0.7

V1 0.3  
V2 0.7

V1 0.3  
V2 0.7

V1 0.3  
V2 0.7

V1 0.3  
V2 0.7



REMARKS:



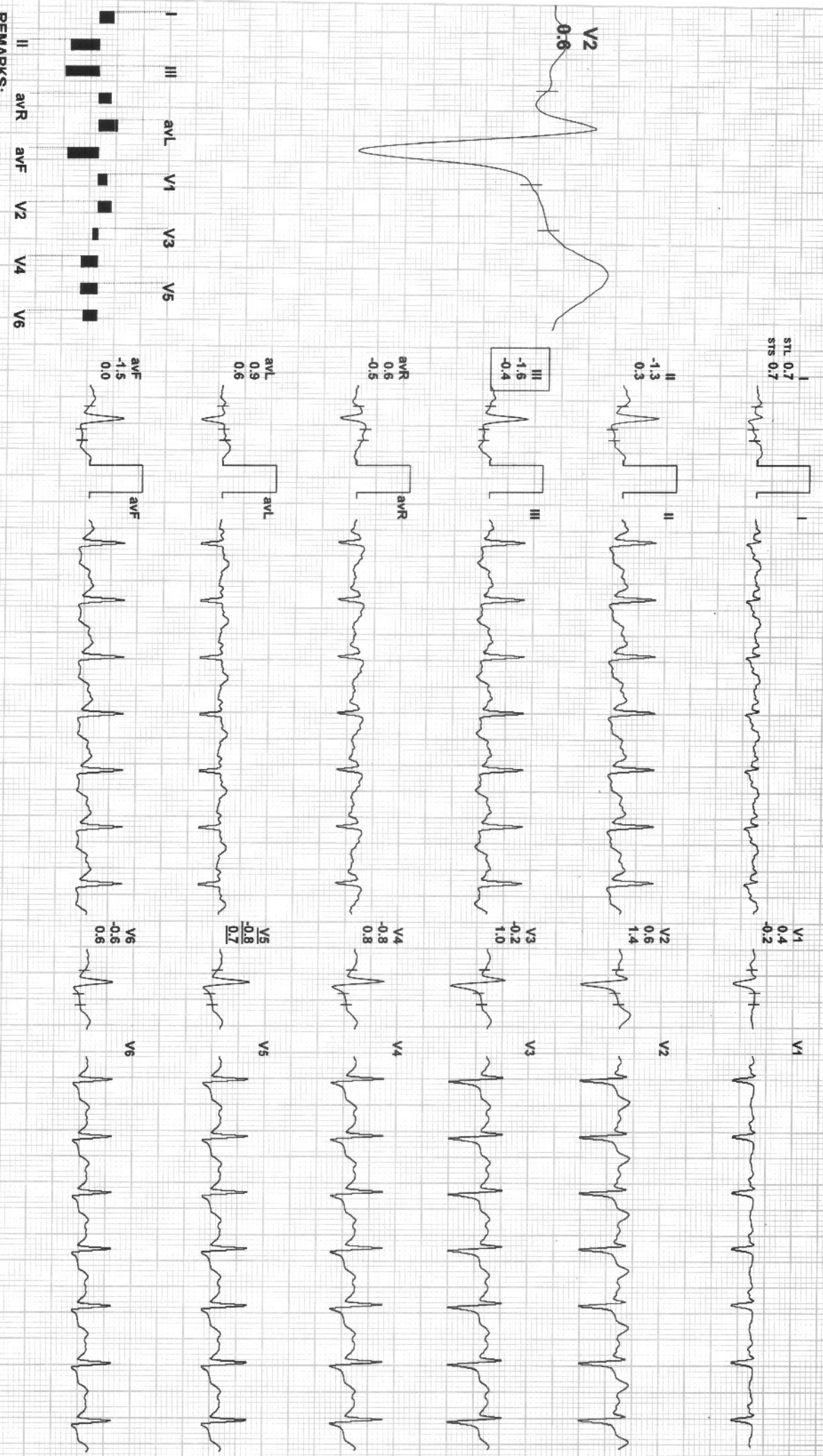


28 / MISS PAINKRA DALIMA / 27 Yrs / F / 145 Cms / 41 Kg / HR : 136

Date: 01-Mar-2022 12:14:44 PM METS: 4.2/ 136 bpm 70% of THR BP: 130/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 60 ms Post J

ExTime: 08:54 0.8 Kmph, 0.0%  
25 mm/Sec. 1.0 Cm/mV

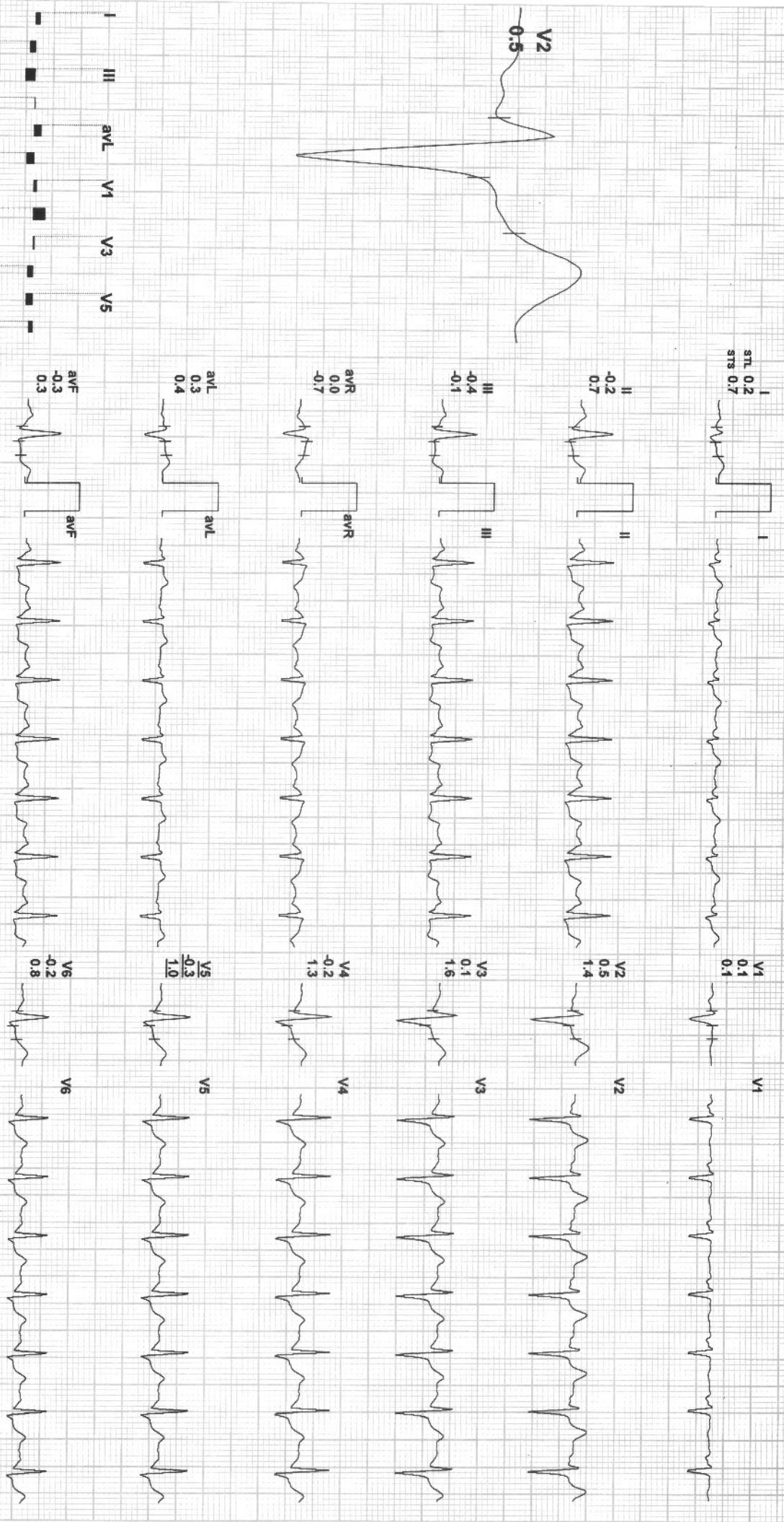


REMARKS:



Date: 01-Mar-2022 12:14:44 PM METS: 1.2/ 122 bpm 63% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz  
4X 80 mS Post J

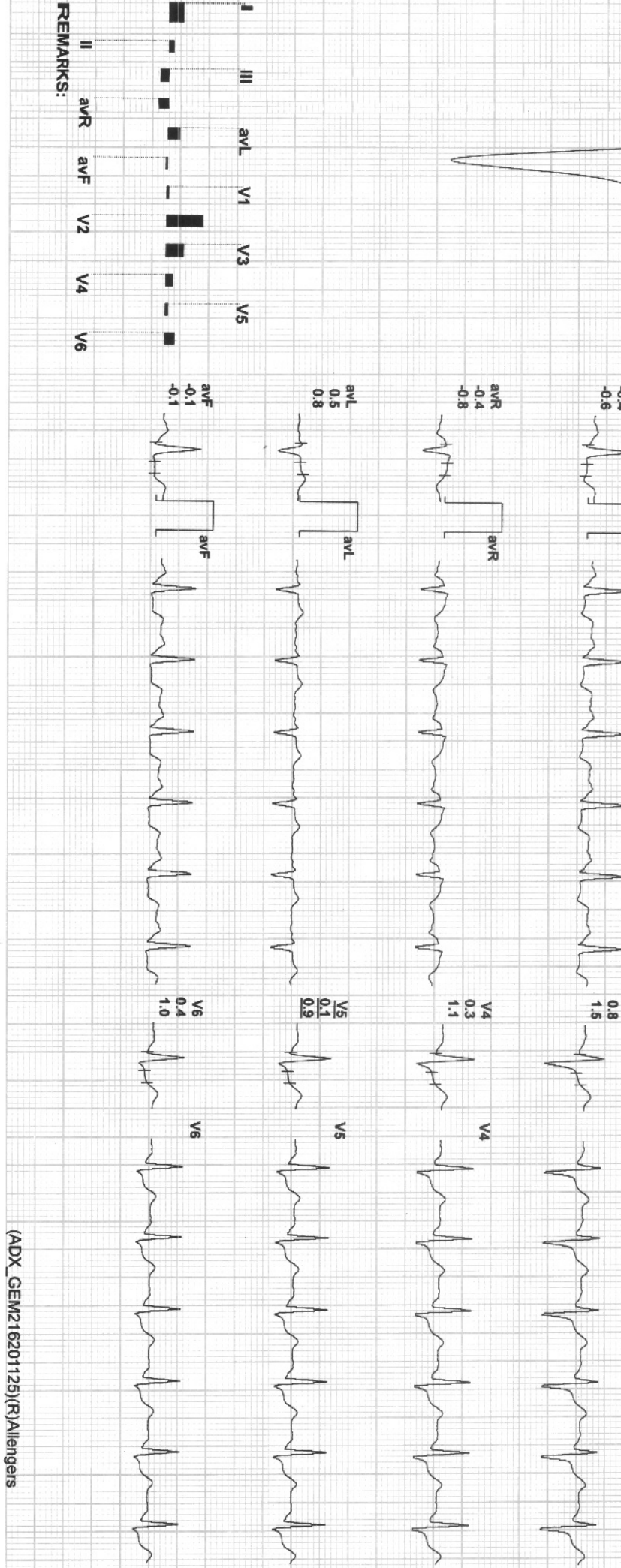
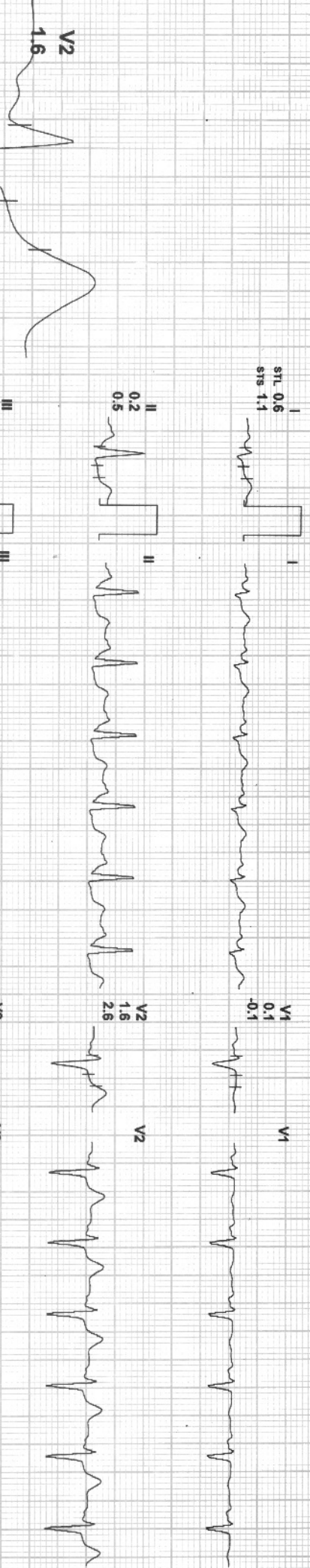
ExTime: 08:54 0.8 Kmph, 0.0%  
25 mm/Sec: 1.0 Cm/mV



REMARKS: I III aVR aVL V1 V3 V5 II aVF V2 V4 V6



Date: 01-Mar-2022 12:14:44 PM METS: 1.0/ 112 bpm 58% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz  
4X 70 ms Post J EXTime: 08:54 0.8 Km/h, 0.0%  
25 mm/Sec. 1.0 Cm/mV



REMARKS:

**PATIENT NAME: MISS DALIMA PAIN**  
**REF BY: SELF**

**AGE / SEX: 27YRS/F**  
**DATE: 01 /03 /2022**

**USG ABDOMEN**

**Liver:** Liver is normal in size smooth in outline & echotexture. IHBR's are not dilated. CBD is not dilated. Portal vein and hepatic veins are normal.

**Gall bladder:** Distended and normal.

**Spleen:** Is normal in size measures, and echotexture.

Kidneys	RIGHT	LEFT
SIZE	8.41X3.83Cm	8.63X3.59 Cm
CORTICAL ECHOGENICITY	Normal	Normal
CORTICOMEDULLARY DIFFERENTIATION	Maintained	Maintained
PCS	Not Dilated	Not Dilated
Any other remarks	Nil	Nil

**Urinary bladder:** Distended & normal.

**Uterus** is mildly bulky in size (8.9X5.5X4.1 cm, Vol. -106.CC ) and echotexture. Endometrial thickness 12.1mm.

**Right Ovary:** bulky in size (4.4X1.5cm), shape and echotexture.

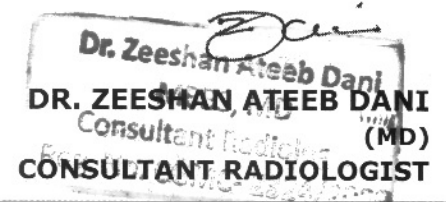
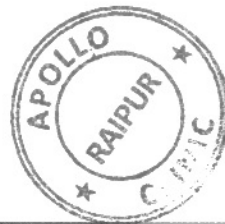
**Left Ovary:** bulky in size (4.2X1.9 cm), shape and echotexture.

Both ovaries are bulky with multiple small follicles seen in both ovaries s/o Polycystic ovarian morphology

**IMPRESSION:**

- MILD BULKY UTERUS
- BILATERAL POLYCYSTIC OVARIAN MORPHOLOGY.

Advised clinical correlation/further evaluation if clinically indicated.



This report is for perusal of the doctor only, not the definitive diagnosis; findings have to be clinically correlated. Ultrasound has its limitations in obese patients and in retroperitoneal organs. All congenital abnormalities cannot be detected on ultrasound. This report is not for medico-legal purposes.

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