

ID: 005064

Female  
31 Years  
cm

mmHg

kg

Diagnosis Information:

*Ms Surpreya*

HR	:	71	bpm
P	:	05	ms
PR	:	150	ms
QRS	:	98	ms
QT/QTc	:	397/434	ms
P/ORS/T	:	50/13/32	°
RV5/SVI	:	0.634/0.430	mV

Report Confirmed by:



V1

V2

V3

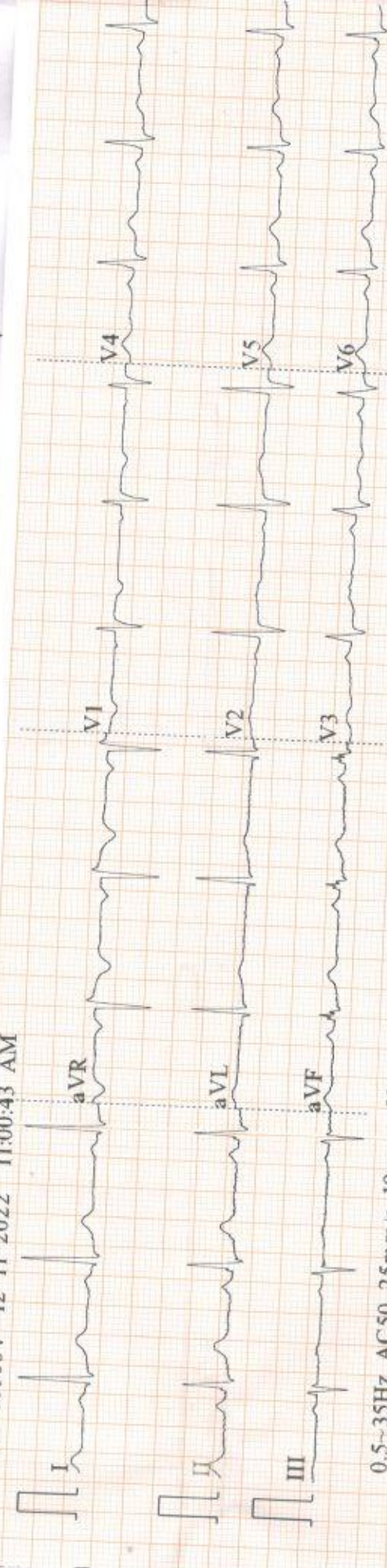
V4

/6

Standard

Standard	L I	L II	L III	L III Inspiration
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ID: 005064 12-11-2022 11:00:43 AM



0.5-35Hz AC50 25mm/s 10mm/mV ♥70 V1.0 SEMIP V1.7 DDRCSRL

DRUM REG

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**PATIENT NAME : SAIPRIYA**PATIENT ID : **SAIPF1211914182**ACCESSION NO : **4182VK005064** AGE : 31 Years SEX : Female

DRAWN : RECEIVED : 12/11/2022 09:06 REPORTED : 14/11/2022 07:43

REFERRING DOCTOR : SELF

CLIENT PATIENT ID :

Test Report Status	Results	Biological Reference Interval	Units
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**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****\* TREADMILL TEST**

TREADMILL TEST REPORT ATTACHED

**OPHTHAL**

OPHTHAL REPORT ATTACHED

**\* PHYSICAL EXAMINATION**

PHYSICAL EXAMINATION REPORT ATTACHED



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**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**\* SERUM BLOOD UREA NITROGEN**

BLOOD UREA NITROGEN 9 Adult(<60 yrs) : 6 to 20 mg/dL

**\* BUN/CREAT RATIO**

BUN/CREAT RATIO 13.4

**CREATININE, SERUM**

CREATININE 0.67 18 - 60 yrs : 0.6 - 1.1 mg/dL

**\* GLUCOSE, POST-PRANDIAL, PLASMA**

GLUCOSE, POST-PRANDIAL, PLASMA 100 Diabetes Mellitus : > or = 200. mg/dL  
Impaired Glucose tolerance/  
Prediabetes : 140 - 199.  
Hypoglycemia : < 55.

**GLUCOSE, FASTING, PLASMA**

GLUCOSE, FASTING, PLASMA 94 Diabetes Mellitus : > or = 126. mg/dL  
Impaired fasting Glucose/  
Prediabetes : 101 - 125.  
Hypoglycemia : < 55.

**\* GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD**

GLYCOSYLATED HEMOGLOBIN (HBA1C) 5.7 Normal : 4.0 - 5.6%.%  
Non-diabetic level : < 5.7%.  
Diabetic : >6.5%

Glycemic control goal  
 More stringent goal : < 6.5 %.  
 General goal : < 7%.  
 Less stringent goal : < 8%.

Glycemic targets in CKD :-  
 If eGFR > 60 : < 7%.  
 If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE 116.9 mg/dL

**\* CORONARY RISK PROFILE (LIPID PROFILE), SERUM**

CHOLESTEROL 213 Desirable : < 200 mg/dL  
Borderline : 200-239  
High : >or= 240

TRIGLYCERIDES 118 Normal : < 150 mg/dL  
High : 150-199  
Hypertriglyceridemia : 200-499  
Very High : > 499

HDL CHOLESTEROL 50 General range : 40-60 mg/dL



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DIRECT LDL CHOLESTEROL	146	Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190 mg/dL
NON HDL CHOLESTEROL	<b>163</b>	<b>High</b> Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220 mg/dL
CHOL/HDL RATIO	4.3	3.3-4.4 Low Risk 4.5-7.0 Average Risk 7.1-11.0 Moderate Risk > 11.0 High Risk
LDL/HDL RATIO	2.9	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk
VERY LOW DENSITY LIPOPROTEIN	23.6	Desirable value : 10 - 35 mg/dL
<b>* LIVER FUNCTION TEST WITH GGT</b>		
BILIRUBIN, TOTAL	0.88	< 1.1 mg/dL
BILIRUBIN, DIRECT	0.28	General Range : < 0.2 mg/dL
BILIRUBIN, INDIRECT	0.60	0.00 - 0.60 mg/dL
TOTAL PROTEIN	7.3	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8 g/dL
ALBUMIN	4.3	20-60yrs : 3.5 - 5.2 g/dL
GLOBULIN	3.0	2.0 - 4.0 Neonates - Pre Mature: 0.29 - 1.04 g/dL
ALBUMIN/GLOBULIN RATIO	1.5	1.00 - 2.00 RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	17	Adults : < 33 U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	15	Adults : < 34 U/L
ALKALINE PHOSPHATASE	66	Adult (<60yrs) : 35 - 105 U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	20	Adult (female) : < 40 U/L
<b>TOTAL PROTEIN, SERUM</b>		
TOTAL PROTEIN	7.3	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8 g/dL
<b>URIC ACID, SERUM</b>		
URIC ACID	4.6	Adults : 2.4-5.7 mg/dL
<b>ABO GROUP &amp; RH TYPE, EDTA WHOLE BLOOD</b>		



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ABO GROUP	TYPE A	
RH TYPE	POSITIVE	
<b>BLOOD COUNTS</b>		
HEMOGLOBIN	13.1	12.0 - 15.0 g/dL
RED BLOOD CELL COUNT	4.47	3.8 - 4.8 mil/ $\mu$ L
WHITE BLOOD CELL COUNT	6.18	4.0 - 10.0 thou/ $\mu$ L
PLATELET COUNT	291	150 - 410 thou/ $\mu$ L
<b>RBC AND PLATELET INDICES</b>		
HEMATOCRIT	38.2	36 - 46 %
MEAN CORPUSCULAR VOL	85.5	83 - 101 fL
MEAN CORPUSCULAR HGB.	29.3	27.0 - 32.0 pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	34.2	31.5 - 34.5 g/dL
RED CELL DISTRIBUTION WIDTH	14.4	12.0 - 18.0 %
MEAN PLATELET VOLUME	8.1	6.8 - 10.9 fL
<b>WBC DIFFERENTIAL COUNT - NLR</b>		
SEGMENTED NEUTROPHILS	45	40 - 80 %
ABSOLUTE NEUTROPHIL COUNT	2.78	2.0 - 7.0 thou/ $\mu$ L
LYMPHOCYTES	<b>43</b>	<b>High</b> 20 - 40 %
ABSOLUTE LYMPHOCYTE COUNT	2.66	1 - 3 thou/ $\mu$ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.0	
EOSINOPHILS	6	1 - 6 %
ABSOLUTE EOSINOPHIL COUNT	0.37	0.02 - 0.50 thou/ $\mu$ L
MONOCYTES	6	2 - 10 %
ABSOLUTE MONOCYTE COUNT	0.37	0.20 - 1.00 thou/ $\mu$ L
BASOPHILS	0	0 - 2 %
ABSOLUTE BASOPHIL COUNT	0.0	thou/ $\mu$ L
<b>ERYTHRO SEDIMENTATION RATE, BLOOD</b>		
SEDIMENTATION RATE (ESR)	<b>28</b>	<b>High</b> 0 - 20 mm at 1 hr
<b>STOOL: OVA &amp; PARASITE</b> RESULT PENDING		
<b>* SUGAR URINE - POST PRANDIAL</b> RESULT PENDING		
<b>* THYROID PANEL, SERUM</b>		
T3	120.00	80 - 200 ng/dL
T4	8.90	5.1 - 14.1 $\mu$ g/dl



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TSH 3RD GENERATION	2.420	Non-Pregnant : 0.4-4.2 Pregnant Trimester-wise : 1st : 0.1 - 2.5 2nd : 0.2 - 3 3rd : 0.3 - 3 μIU/mL
<b>URINE ANALYSIS</b>	RESULT PENDING	
<b>CHEMICAL EXAMINATION, URINE</b>	RESULT PENDING	
<b>MICROSCOPIC EXAMINATION, URINE</b>	RESULT PENDING	

**Interpretation(s)**

SERUM BLOOD UREA NITROGEN-  
 Causes of Increased levels

Pre renal

- High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal
- Renal Failure

Post Renal

- Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

- Liver disease

• SIADH.

CREATININE, SERUM-

Higher than normal level may be due to:

- Blockage in the urinary tract
- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
- Loss of body fluid (dehydration)
- Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia Gravis
- Muscular dystrophy

GLUCOSE, POST-PRANDIAL, PLASMA-

ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water, over a period of 5 minutes.

GLUCOSE, FASTING, PLASMA-

ADA 2012 guidelines for adults as follows:

Pre-diabetics: 100 - 125 mg/dL

Diabetic: > or = 126 mg/dL

(Ref: Tietz 4th Edition & ADA 2012 Guidelines)

GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD-

Glycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood, the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks.

Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia or post-splenectomy may exhibit increased glycated hemoglobin values due to a somewhat longer life span of the red cells.

Glycosylated hemoglobins results from patients with HbSS, HbCC, and HbSC and HbD must be interpreted with caution, given the pathological processes, including anemia, increased red cell turnover, transfusion requirements, that adversely impact HbA1c as a marker of long-term glycemic control. In these conditions, alternative forms of testing such as glycated serum protein (fructosamine) should be considered.

"Targets should be individualized; More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations."

References



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1. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R.Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006, 879-884.

2. Forsham PH. Diabetes Mellitus:A rational plan for management. Postgrad Med 1982, 71,139-154.

3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184.

**CORONARY RISK PROFILE (LIPID PROFILE), SERUM-**  
Serum cholesterol is a blood test that can provide valuable information for the risk of coronary artery disease This test can help determine your risk of the build up of plaques in your arteries that can lead to narrowed or blocked arteries throughout your body (atherosclerosis). High cholesterol levels usually don't cause any signs or symptoms, so a cholesterol test is an important tool. High cholesterol levels often are a significant risk factor for heart disease and important for diagnosis of hyperlipoproteinemia, atherosclerosis, hepatic and thyroid diseases.

Serum Triglyceride are a type of fat in the blood. When you eat, your body converts any calories it doesn't need into triglycerides, which are stored in fat cells. High triglyceride levels are associated with several factors, including being overweight, eating too many sweets or drinking too much alcohol, smoking, being sedentary, or having diabetes with elevated blood sugar levels. Analysis has proven useful in the diagnosis and treatment of patients with diabetes mellitus, nephrosis, liver obstruction, other diseases involving lipid metabolism, and various endocrine disorders. In conjunction with high density lipoprotein and total serum cholesterol, a triglyceride determination provides valuable information for the assessment of coronary heart disease risk.It is done in fasting state.

High-density lipoprotein (HDL) cholesterol. This is sometimes called the "good" cholesterol because it helps carry away LDL cholesterol, thus keeping arteries open and blood flowing more freely.HDL cholesterol is inversely related to the risk for cardiovascular disease. It increases following regular exercise, moderate alcohol consumption and with oral estrogen therapy. Decreased levels are associated with obesity, stress, cigarette smoking and diabetes mellitus.

**SERUM LDL** The small dense LDL test can be used to determine cardiovascular risk in individuals with metabolic syndrome or established/progressing coronary artery disease, individuals with triglyceride levels between 70 and 140 mg/dL, as well as individuals with a diet high in trans-fat or carbohydrates. Elevated sdLDL levels are associated with metabolic syndrome and an 'atherogenic lipoprotein profile', and are a strong, independent predictor of cardiovascular disease. Elevated levels of LDL arise from multiple sources. A major factor is sedentary lifestyle with a diet high in saturated fat. Insulin-resistance and pre-diabetes have also been implicated, as has genetic predisposition. Measurement of sdLDL allows the clinician to get a more comprehensive picture of lipid risk factors and tailor treatment accordingly. Reducing LDL levels will reduce the risk of CVD and MI.

**Non HDL Cholesterol - Adult treatment panel ATP III** suggested the addition of Non-HDL Cholesterol as an indicator of all atherogenic lipoproteins (mainly LDL and VLDL). NICE guidelines recommend Non-HDL Cholesterol measurement before initiating lipid lowering therapy. It has also been shown to be a better marker of risk in both primary and secondary prevention studies.

**Recommendations:**

Results of Lipids should always be interpreted in conjunction with the patient's medical history, clinical presentation and other findings.

**NON FASTING LIPID PROFILE** includes Total Cholesterol, HDL Cholesterol and calculated non-HDL Cholesterol. It does not include triglycerides and may be best used in patients for whom fasting is difficult.

**TOTAL PROTEIN, SERUM-**

Serum total protein,also known as total protein, is a biochemical test for measuring the total amount of protein in serum..Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease

Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage),Burns,Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome,Protein-losing enteropathy etc.

**URIC ACID, SERUM-****Causes of Increased levels****Dietary**

- High Protein Intake.
- Prolonged Fasting,
- Rapid weight loss.

**Gout**

Lesch nyhan syndrome.

Type 2 DM.

Metabolic syndrome.

**Causes of decreased levels**

- Low Zinc Intake
- OCP's
- Multiple Sclerosis

**Nutritional tips to manage increased Uric acid levels**

- Drink plenty of fluids
- Limit animal proteins
- High Fibre foods
- Vit C Intake
- Antioxidant rich foods

**ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-**

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Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

**BLOOD COUNTS-**

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

**RBC AND PLATELET INDICES-**

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

**WBC DIFFERENTIAL COUNT - NLR-**

The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

**ERYTHRO SEDIMENTATION RATE, BLOOD-**

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0-1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

**Reference :**

- Nathan and Oski's Haematology of Infancy and Childhood, 5th edition
- Paediatric reference intervals. AACCPress, 7th edition. Edited by S. Soldin
- The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition"

**THYROID PANEL, SERUM-**

Triiodothyronine T<sub>3</sub>, is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T<sub>3</sub> and its prohormone thyroxine (T<sub>4</sub>) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T<sub>3</sub>, and T<sub>4</sub> in the blood inhibit the production of TSH.

Thyroxine T<sub>4</sub>, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

Below mentioned are the guidelines for Pregnancy related reference ranges for Total T<sub>4</sub>, TSH & Total T<sub>3</sub>

Levels in	TOTAL T <sub>4</sub> (µg/dL)	TSH3G (µIU/mL)	TOTAL T <sub>3</sub> (ng/dL)
Pregnancy			
First Trimester	6.6 - 12.4	0.1 - 2.5	81 - 190
2nd Trimester	6.6 - 15.5	0.2 - 3.0	100 - 260
3rd Trimester	6.6 - 15.5	0.3 - 3.0	100 - 260

Below mentioned are the guidelines for age related reference ranges for T<sub>3</sub> and T<sub>4</sub>.

	T <sub>3</sub> (ng/dL)	T <sub>4</sub> (µg/dL)
New Born:	75 - 260	1-3 day: 8.2 - 19.9
		1 Week: 6.0 - 15.9

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.

Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

**Reference:**

- Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.
- Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.
- Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition





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TRIVANDRUM, 695011  
KERALA, INDIA  
Tel : 93334 93334, Fax : CIN - U85190MH2006PTC161480  
Email : customercare.ddrc@srl.in

**PATIENT NAME :** SAIPRIYA

**PATIENT ID :** SAIPF1211914182

**ACCESSION NO :** 4182VK005064 **AGE :** 31 Years **SEX :** Female

**DRAWN :** **RECEIVED :** 12/11/2022 09:06 **REPORTED :** 14/11/2022 07:43

**REFERRING DOCTOR :** SELF

**CLIENT PATIENT ID :**

Test Report Status	Results	Units
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**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**\* ECG WITH REPORT**

**REPORT**

REPORT GIVEN

**\* USG ABDOMEN AND PELVIS**

**REPORT**

REPORT GIVEN

**\* CHEST X-RAY WITH REPORT**

**REPORT**

REPORT GIVEN

**\*\*End Of Report\*\***

Please visit [www.srlworld.com](http://www.srlworld.com) for related Test Information for this accession  
**TEST MARKED WITH '\*' ARE OUTSIDE THE NABL ACCREDITED SCOPE OF THE LABORATORY.**

**BABU K MATHEW**  
HOD -BIOCHEMISTRY

**DR.VAISHALI RAJAN**  
HOD - HAEMATOLOGY

**PADMANABHAN NAIR**  
HOD - HORMONES

**DR. SRI SRUTHY**  
CONSULTANT  
MICROBIOLOGIST



Scan to View Details



Scan to View Report



If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. <b>SAIPRIYA</b>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)): <b>on upper lip (R) side.</b>
3. Age/Date of Birth	:	<b>31 / 19 - 11 - 1991</b> Gender: <b>A/M</b>
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

**PHYSICAL DETAILS:**

a. Height <b>160</b> (cms)	b. Weight <b>81</b> (Kgs)	c. Girth of Abdomen <b>37</b> (cms)
d. Pulse Rate <b>82</b> (/Min)	e. Blood Pressure:	Systolic Diastolic
	1 <sup>st</sup> Reading	<b>120 80</b>
	2 <sup>nd</sup> Reading	

**FAMILY HISTORY:**

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father		<b>DH DM.</b>	<b>56,</b>
Mother	<b>62</b>	<b>DH</b>	<b>-</b>
Brother(s)	<b>-</b>	<b>-</b>	<b>-</b>
Sister(s)	<b>38</b>	<b>HR</b>	<b>-</b>

**HABITS & ADDICTIONS:** Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
<b>-</b>	<b>-</b>	<b>-</b>

**PERSONAL HISTORY**

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. **Y/N** ✓
- b. Have you undergone/been advised any surgical procedure? **LSCS 23/9/2019. Y/N** ✓
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? **Y/N** ✓
- d. Have you lost or gained weight in past 12 months? **Y/N** ✓

**Have you ever suffered from any of the following?**

- Psychological Disorders or any kind of disorders of the Nervous System? **Y/N** ✓
- Any disorders of Respiratory system? **Y/N** ✓
- Any Cardiac or Circulatory Disorders? **Y/N** ✓
- Enlarged glands or any form of Cancer/Tumour? **Y/N** ✓
- Any Musculoskeletal disorder? **Y/N** ✓
- Any disorder of Gastrointestinal System? **Y/N** ✓
- Unexplained recurrent or persistent fever, and/or weight loss **Y/N** ✓
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports **Y/N** ✓
- Are you presently taking medication of any kind? **Y/N** ✓

**DDRC SRL Diagnostics Private Limited**

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036  
Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai - 400062.

• Any disorders of Urinary System?

Y/N ✓

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Short sight -3 -4 L R Y/N ✓

**FOR FEMALE CANDIDATES ONLY**

a. Is there any history of diseases of breast/genital organs?

Y/N ✓

d. Do you have any history of miscarriage/abortion or MTP

Y/N ✓

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

During Previous health checkup Y/N ✓

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N ✓

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N ✓

f. Are you now pregnant? If yes, how many months?

Y/N ✓

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

➤ Was the examinee co-operative?

Y/N ✓

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N ✓

➤ Are there any points on which you suggest further information be obtained?

Y/N ✓

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

.....  
.....

➤ Do you think he/she is **MEDICALLY FIT** or UNFIT for employment.

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

**Dr. SERIN LOPEZ. MBBS**  
MEDICAL OFFICER  
DDRC SRL Diagnostics Ltd.  
Aster Square, Medical College P.O., TVM  
Reg. No. 77656

Seal of Medical Examiner :



Name & Seal of DDRC SRL Branch :

Date & Time :

**DDRC SRL Diagnostics Private Limited**

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036  
Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai - 400062.

## DDRC SRL

**Patient Details**                      **Date:** 12-Nov-22                      **Time:** 5:12:51 PM  
**Name:** SAIPRIYA ID: 4182VK005064  
**Age:** 31 y                      **Sex:** F                      **Height:** 160 cms.                      **Weight:** 81 Kg.  
**Clinical History:** NIL

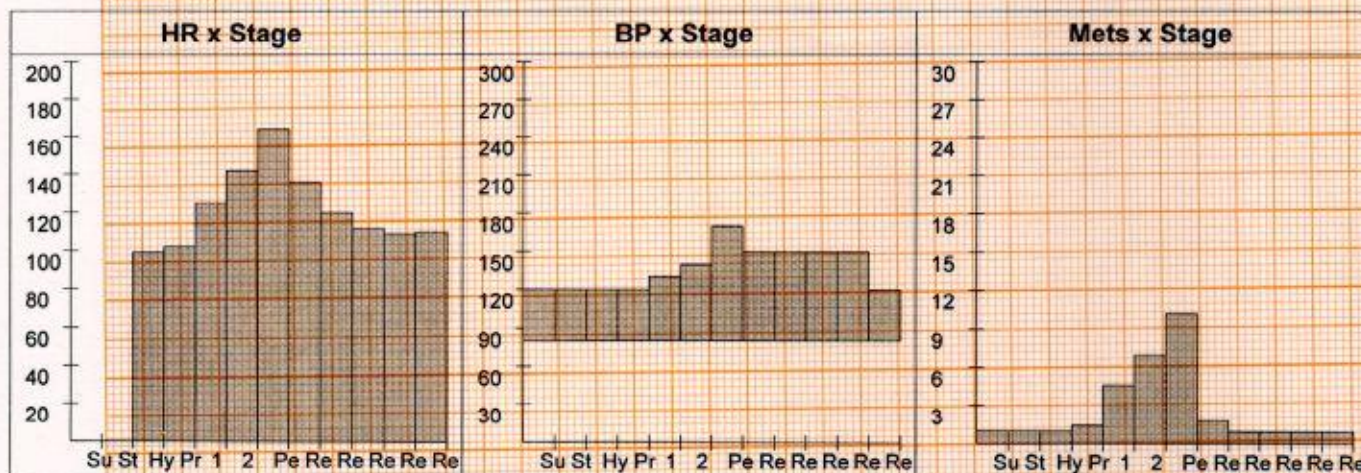
**Medications:** NIL

### Test Details

**Protocol:** Bruce                      **Pr.MHR:** 189 bpm                      **THR:** 170 (90 % of Pr.MHR) bpm  
**Total Exec. Time:** 8 m 29 s                      **Max. HR:** 164 (87% of Pr.MHR) bpm                      **Max. Mets:** 10.20  
**Max. BP:** 170 / 80 mmHg                      **Max. BP x HR:** 27880 mmHg/min                      **Min. BP x HR:** 7920 mmHg/min  
**Test Termination Criteria:** THR ATTAINED

### Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 10	1.0	0	0	0	120 / 80	0.00 I	0.00 II
Standing	0 : 0	1.0	0	0	0	120 / 80	0.00 I	0.00 II
Hyperventilation	0 : 17	1.0	0	0	99	120 / 80	-0.42 III	1.42 II
1	3 : 0	4.6	1.7	10	125	130 / 80	-1.06 II	2.12 II
2	3 : 0	7.0	2.5	12	142	140 / 80	-0.85 II	3.18 II
Peak Ex	2 : 29	10.2	3.4	14	164	170 / 80	-1.49 III	3.54 II
Recovery(1)	1 : 0	1.8	1	0	136	150 / 80	-4.88 aVR	-5.31 aVR
Recovery(2)	1 : 0	1.0	0	0	120	150 / 80	-1.49 aVR	4.25 II
Recovery(3)	1 : 0	1.0	0	0	112	150 / 80	-0.85 aVR	2.48 II
Recovery(4)	1 : 0	1.0	0	0	109	150 / 80	-0.42 aVR	1.42 II
Recovery(5)	0 : 17	1.0	0	0	110	120 / 80	-0.42 aVR	1.42 II



## DDRC SRL

### Patient Details

Date: 12-Nov-22

Time: 5:12:51 PM

Name: SAIPRIYA ID: 4182VK005064

Age: 31 y

Sex: F

Height: 160 cms.

Weight: 81 Kg.

### Interpretation

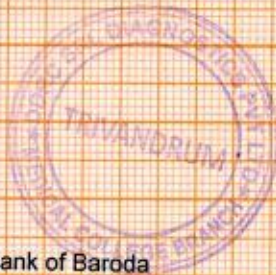
The patient exercised according to the Bruce protocol for 8 m 29 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 0 bpm, rose to a max. heart rate of 164 ( 87% of Pr.MHR ) bpm. Resting blood Pressure 120 / 80 mmHg, rose to a maximum blood pressure of 170 / 80 mmHg.

NO ANGINA/ARRHYTHMIAS/SOB

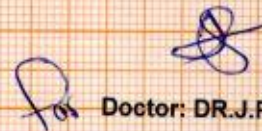
GOOD EFFORT TOLERANCE

NO SIGNIFICANT ST CHANGES

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA



Ref. Doctor: Bank of Baroda

  
Doctor: DR.J.PRABAKARAN

( Summary Report edited by user )

DR. J. PRABAKARAN  
Consulting Cardiologist  
BOMC Reg No: 72354

# DDRC SRL

SAIPRIYA (31 F)

Protocol: Bruce

Exec Time : 0 m 0 s

ID: 4182VK005064

Stage: Supine

Stage Time : 0 m 4 s

Date: 12-Nov-22

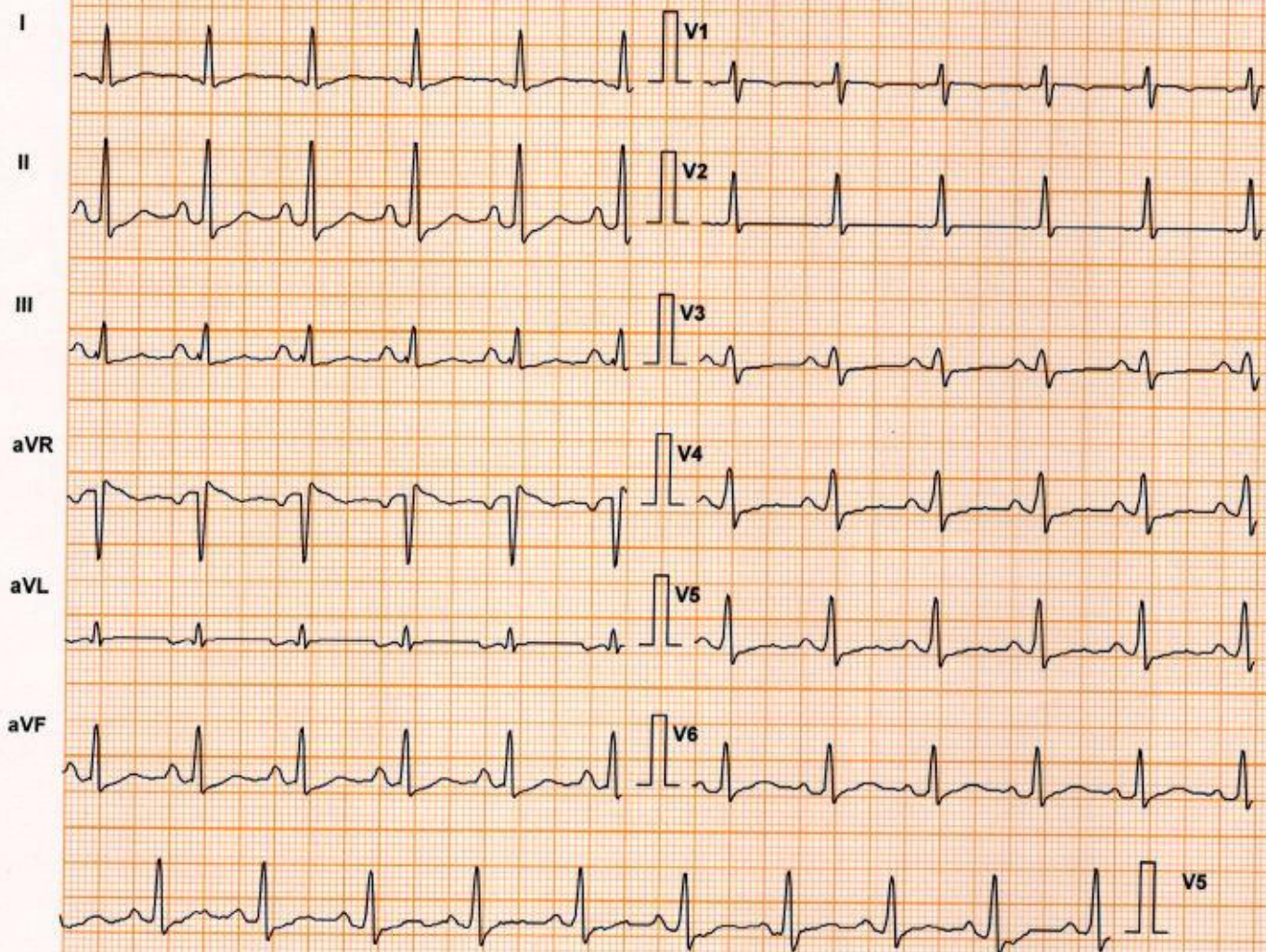
Speed: 0 mph

HR: 100 bpm

B.P: 120 / 80

Grade: 0 %

(THR: 170 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.0	0.4
II	0.0	1.4
III	-0.2	0.4
aVR	0.0	-0.7
aVL	0.2	0.4
aVF	-0.2	1.1
V1	0.2	0.0
V2	0.0	0.0
V3	0.0	0.7
V4	0.0	0.7
V5	0.0	0.7
V6	0.6	1.1

Chart Speed: 25 mm/sec

Schiller Spandan V 4.7

Filter: 35 Hz

Iso = R - 60 ms J = R + 60 ms

Mains Filt: ON

Post J = J + 60 ms

Amp: 10 mm

Linked Median

# DDRC SRL

SAIPRIYA (31 F)

ID: 4182VK005064

Date: 12-Nov-22

B.P: 120 / 80

Protocol: Bruce

Stage: Standing

Speed: 0 mph

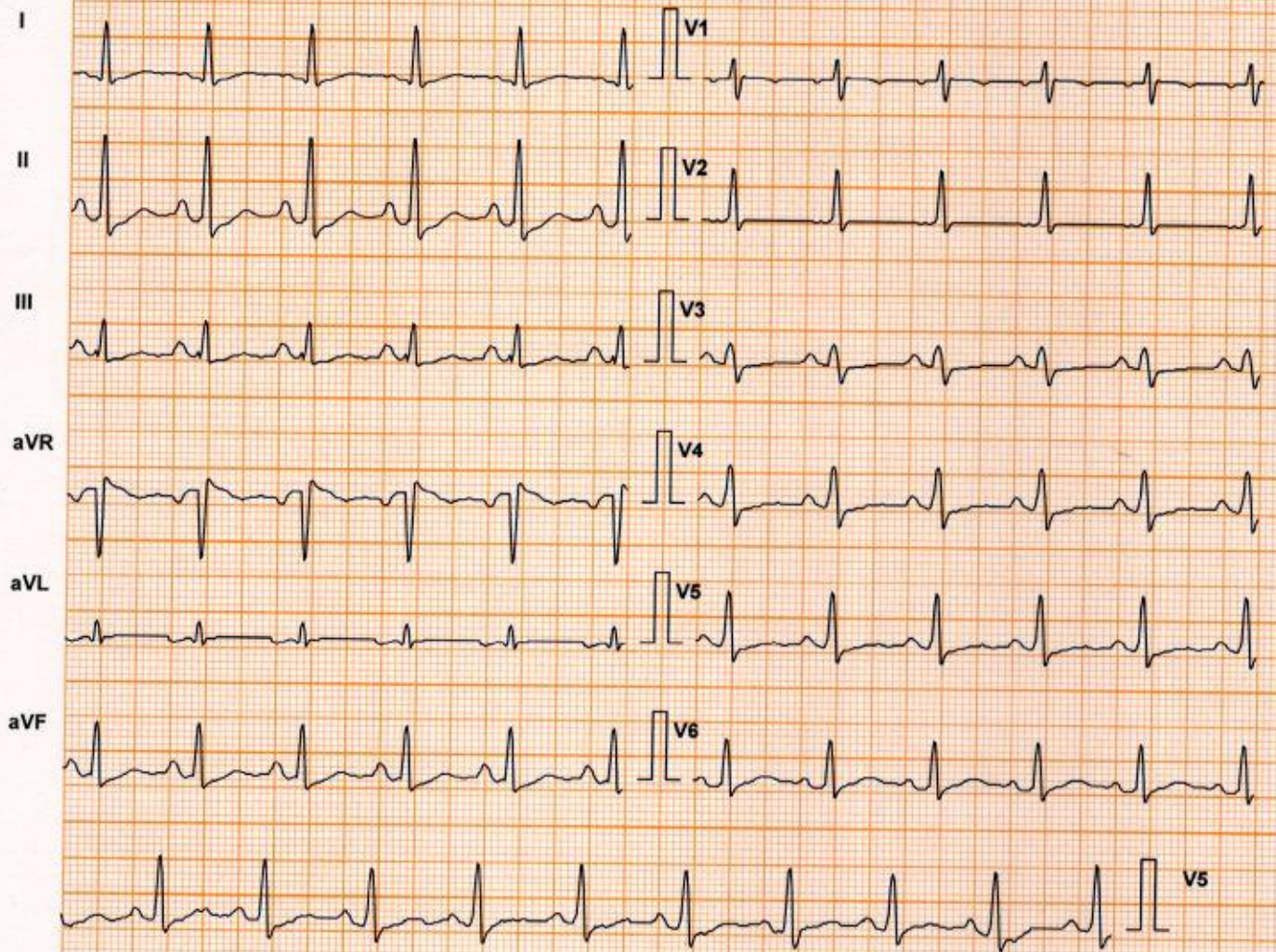
Grade: 0 %

Exec Time : 0 m 0 s

Stage Time : 0 m 4 s

HR: 100 bpm

(THR: 170 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.0	0.4
II	0.0	1.4
III	-0.2	0.4
aVR	0.0	-0.7
aVL	0.2	0.4
aVF	-0.2	1.1
V1	0.2	0.0
V2	0.0	0.0
V3	0.0	0.7
V4	0.0	0.7
V5	0.0	0.7
V6	0.6	1.1

Chart Speed: 25 mm/sec  
Schiller Spandan V4.7

Filter: 35 Hz  
Iso = R - 60 ms J = R + 60 ms

Mains Filt: ON  
Post J = J + 60 ms

Amp: 10 mm  
Linked Median



# DDRC SRL

SAIPRIYA (31 F)

Protocol: Bruce

Exec Time : 0 m 0 s

ID: 4182VK005064

Stage: Hyperventilation

Stage Time : 0 m 11 s

Date: 12-Nov-22

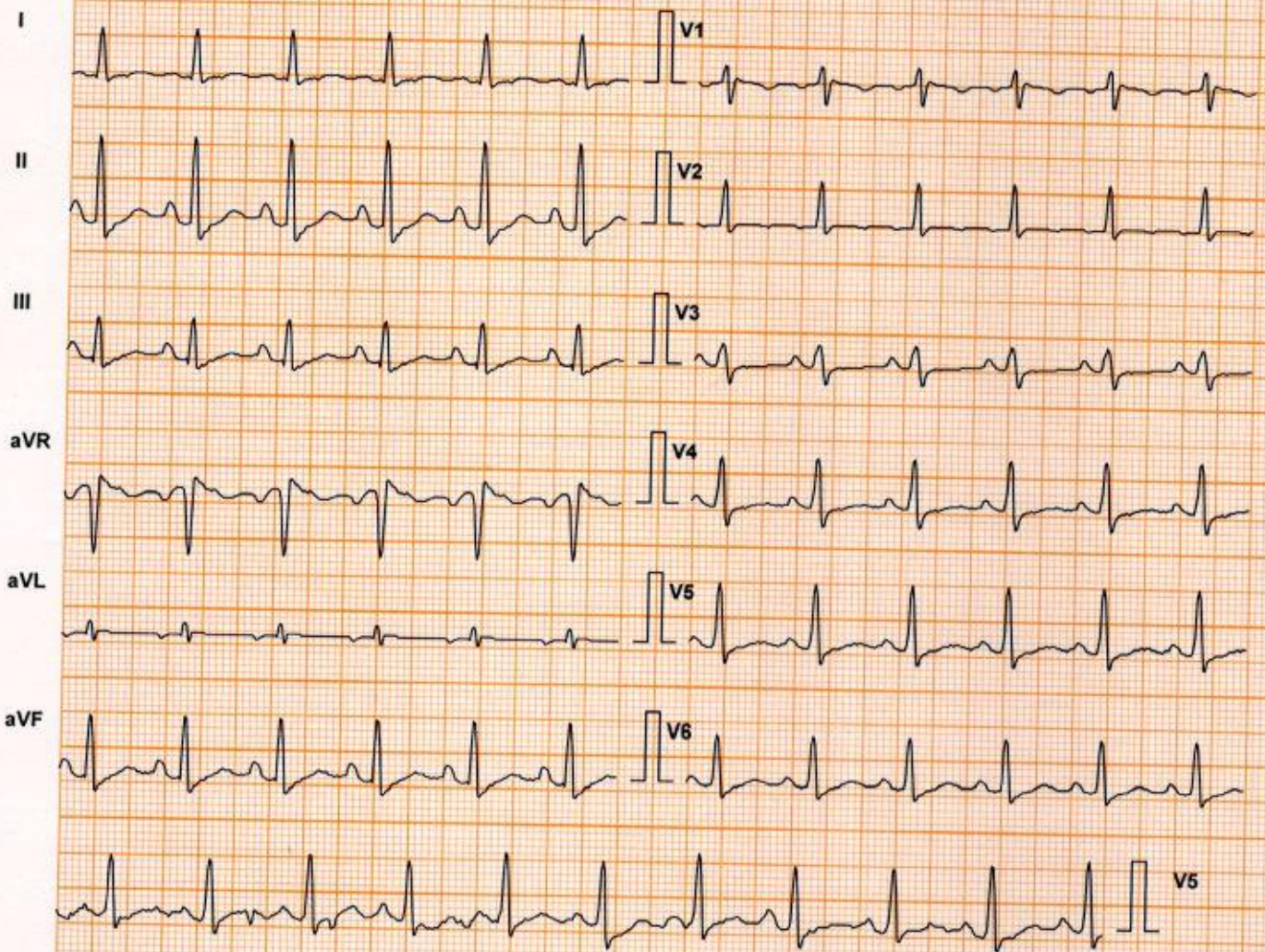
Speed: 0 mph

HR: 107 bpm

B.P: 120 / 80

Grade: 0 %

(THR: 170 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.0	0.4
aVR	-0.4	-1.4
V1	0.0	-0.7
V4	-0.2	0.4
II	0.4	2.5
aVL	0.0	-0.4
V2	0.2	0.0
V5	0.0	0.7
III	0.2	1.8
aVF	0.2	2.1
V3	0.0	0.4
V6	0.0	1.4

Chart Speed: 25 mm/sec

Schiller Spandan V 4.7

Filter: 35 Hz

Iso = R - 60 ms J = R + 60 ms

Mains Filt: ON

Post J = J + 60 ms

Amp: 10 mm

Linked Median

DDRC SRL DIAGNOSTICS (P) LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT.

# DDRC SRL

SAIPRIYA (31 F)

ID: 4182VK005064

Date: 12-Nov-22

B.P: 130 / 80

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

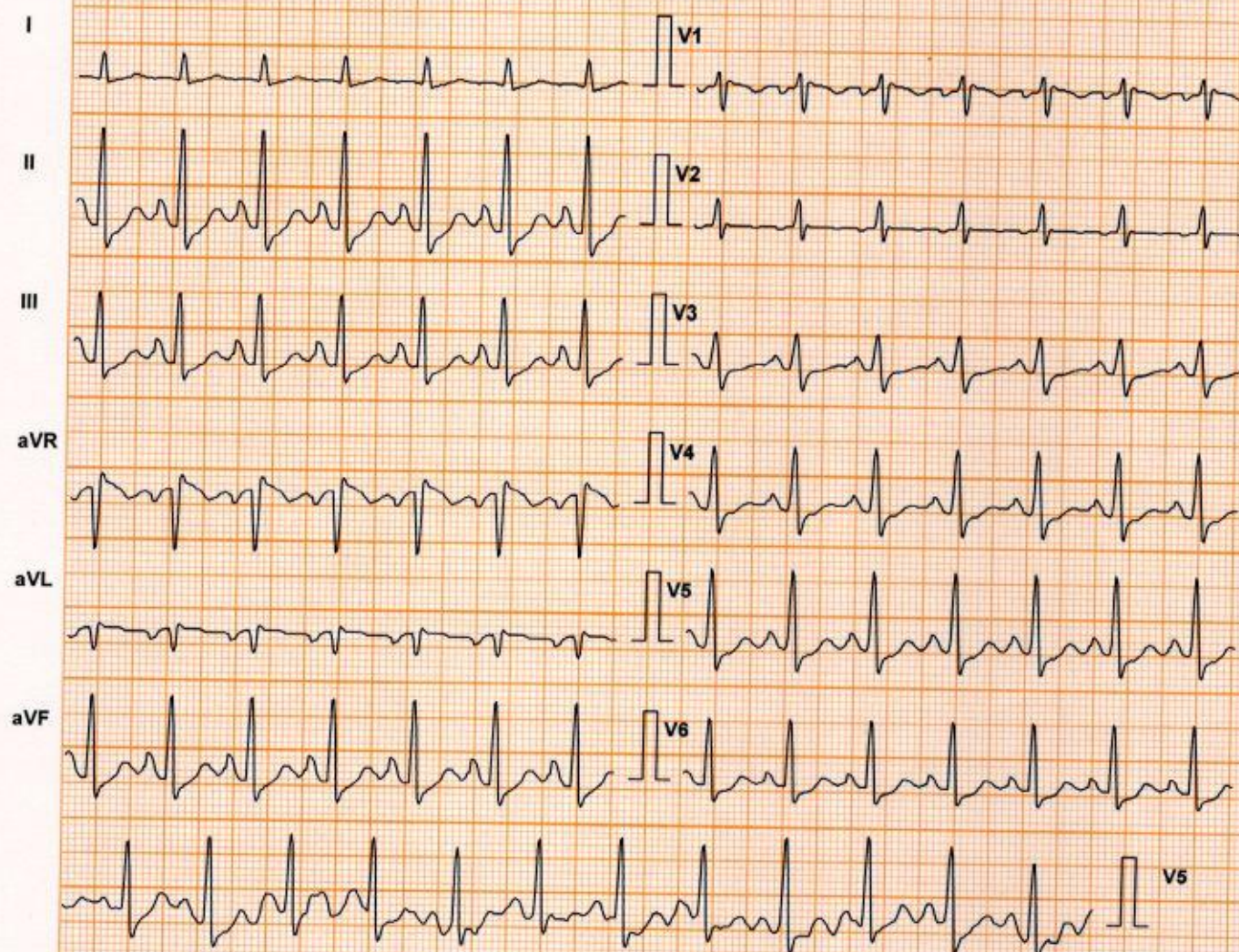
Grade: 10 %

Exec Time : 2 m 54 s

Stage Time : 2 m 54 s

HR: 125 bpm

(THR: 170 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.2	0.7
II	-0.2	2.5
III	-0.2	1.4
aVR	0.2	-1.4
aVL	0.2	0.0
aVF	-0.2	1.8
V1	0.2	-0.4
V2	0.0	0.0
V3	-0.2	0.7
V4	0.0	1.1
V5	-0.2	1.4
V6	-0.4	1.1

Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz  
Iso = R - 60 ms J = R + 60 ms

Mains Filt: ON  
Post J = J + 60 ms

Amp: 10 mm  
Linked Median

# DDRC SRL

SAIPRIYA (31 F)

Protocol: Bruce

Exec Time : 5 m 54 s

ID: 4182VK005064

Stage: 2

Stage Time : 2 m 54 s

Date: 12-Nov-22

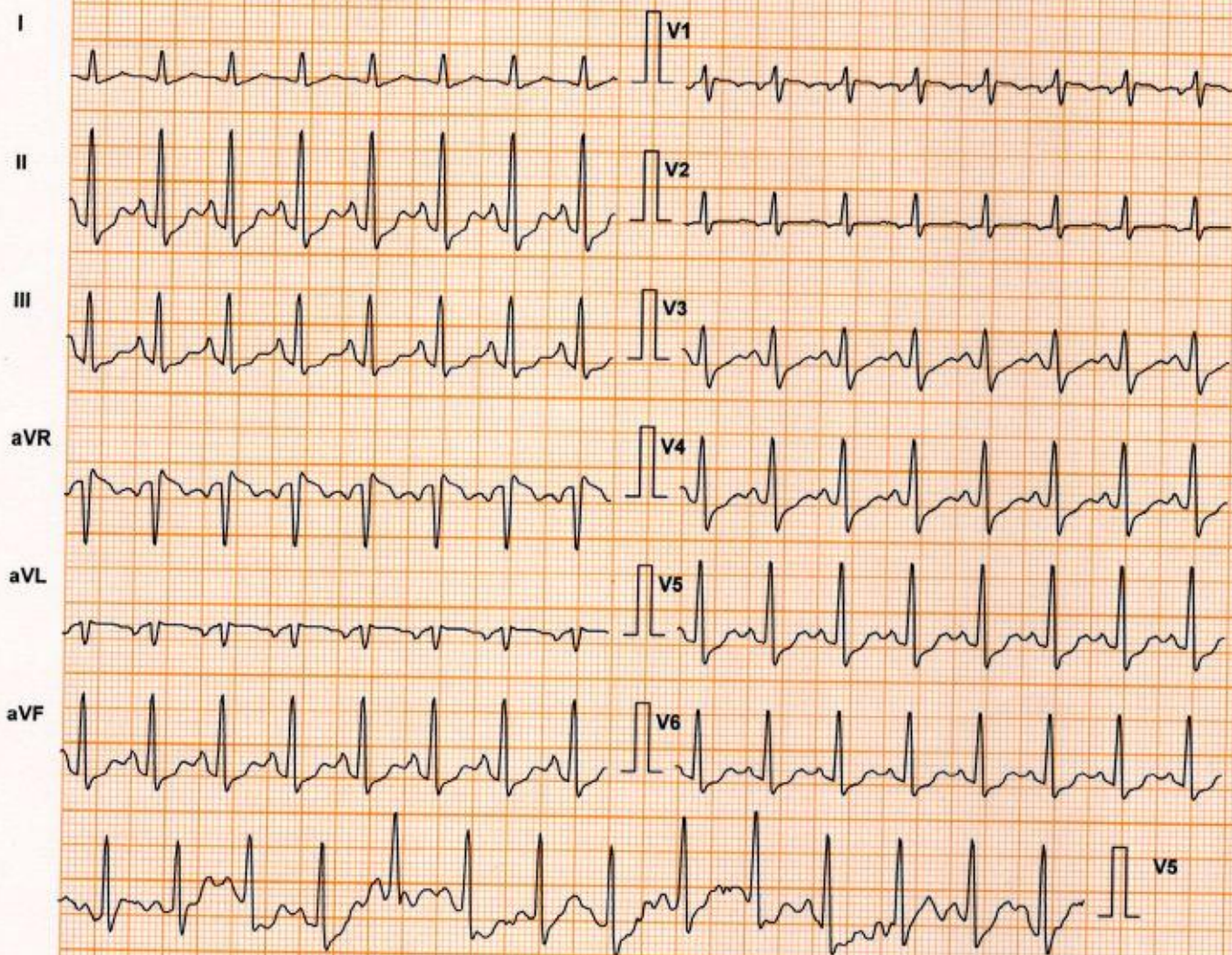
Speed: 2.5 mph

HR: 142 bpm

B.P: 140 / 80

Grade: 12 %

(THR: 170 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.4	1.1
aVR	-0.2	-1.1
V1	0.2	-0.4
V4	-0.4	1.4
II	-0.2	1.4
aVL	0.2	0.0
V2	0.2	0.0
V5	-0.4	1.4
III	-0.6	0.7
aVF	-0.2	1.1
V3	0.2	2.1
V6	-0.4	1.1

Chart Speed: 25 mm/sec  
Schiller Spandan V4.7

Filter: 35 Hz  
Iso = R - 60 ms    J = R + 60 ms

Mains Filt: ON  
Post J = J + 60 ms

Amp: 10 mm  
Linked Median

# DDRC SRL

SAIPRIYA (31 F)

ID: 4182VK005064

Date: 12-Nov-22

B.P: 170 / 80

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

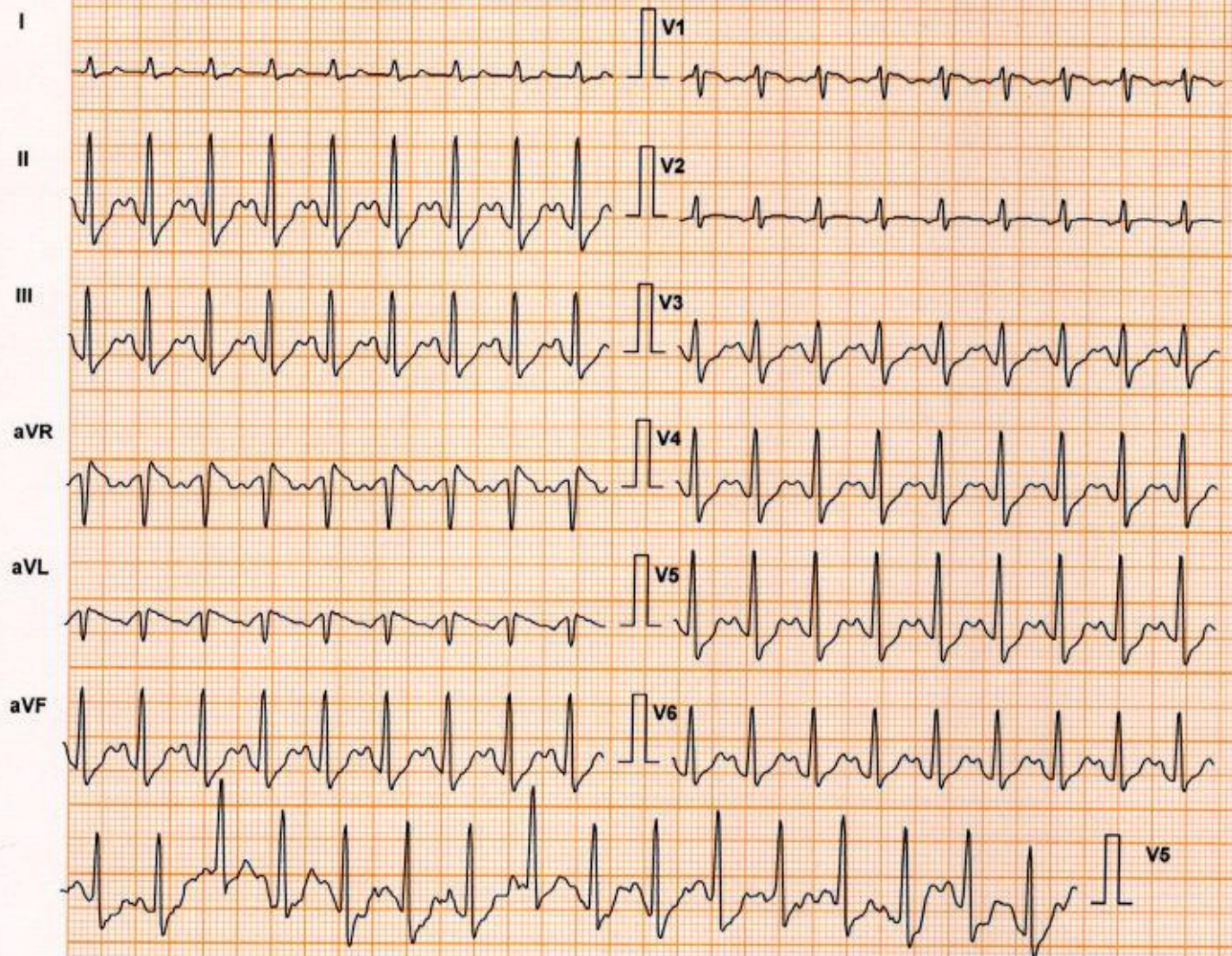
Grade: 14 %

Exec Time : 8 m 23 s

Stage Time : 2 m 23 s

HR: 164 bpm

(THR: 170 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.0	0.4
aVR	-0.2	-2.1
V1	0.0	-0.7
V4	0.4	2.5
II	0.4	3.9
aVL	-0.2	-1.4
V2	0.4	0.4
V5	0.0	2.8
III	0.4	2.8
aVF	0.4	3.2
V3	0.6	1.4
V6	1.3	2.1

Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Iso = R - 60 ms J = R + 60 ms

Mains Filt: ON

Post J = J + 60 ms

Amp: 10 mm

Linked Median

# DDRC SRL

SAIPRIYA (31 F)

Protocol: Bruce

Exec Time : 8 m 29 s

ID: 4182VK005064

Stage: Recovery(1)

Stage Time : 0 m 54 s

Date: 12-Nov-22

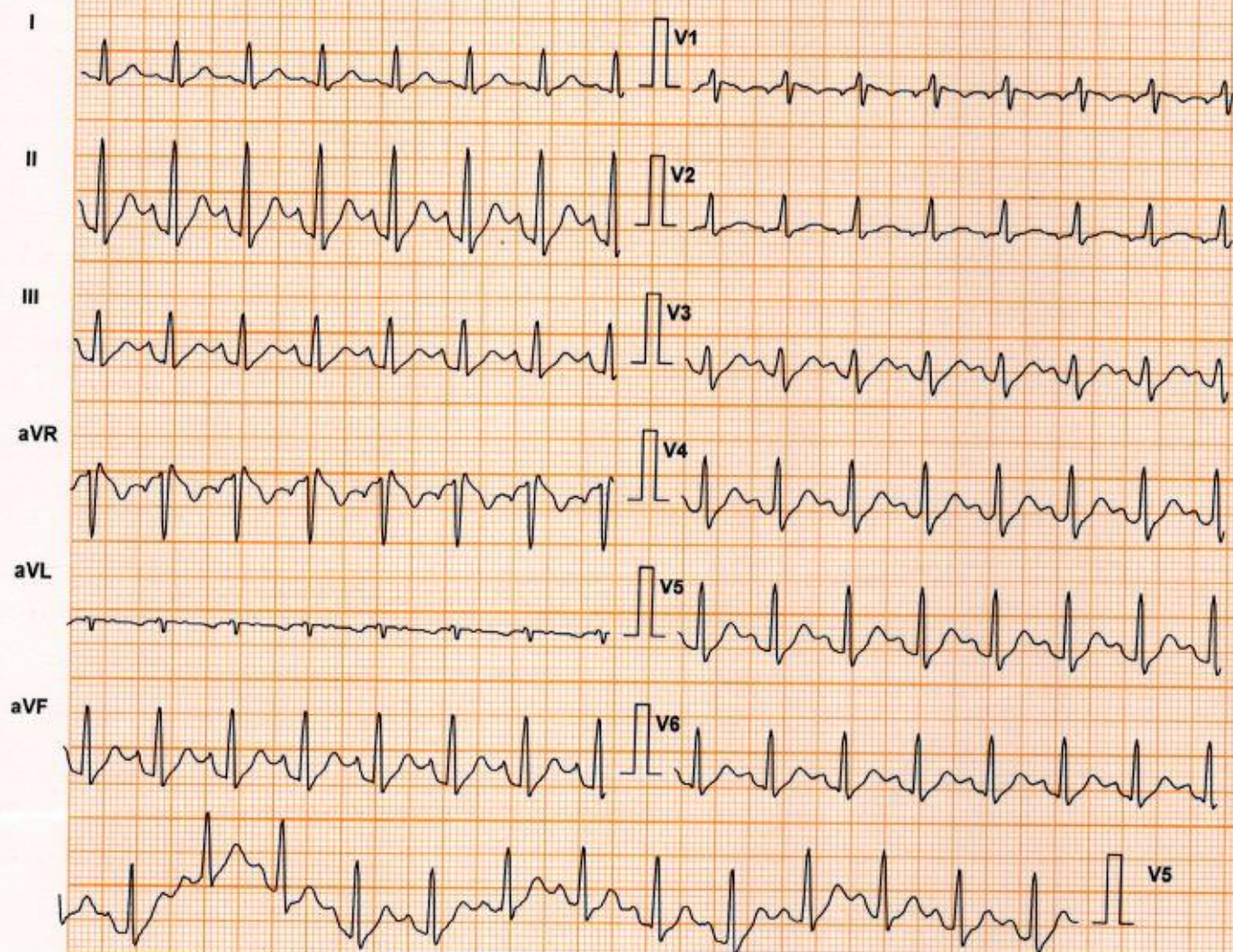
B.P: 150 / 80

Speed: 1 mph

Grade: 0 %

HR: 136 bpm

(THR: 170 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.6	1.1
II	2.5	4.2
III	1.5	2.1
aVR	-1.5	-2.5
aVL	-0.2	-0.4
aVF	1.9	2.8
V1	0.0	-0.7
V2	0.2	0.7
V3	1.5	2.1
V4	1.5	2.5
V5	1.7	2.5
V6	1.3	2.5

Chart Speed: 25 mm/sec

Schiller Spandan V 4.7

Filter: 35 Hz

Iso = R - 60 ms    J = R + 60 ms

Mains Filt: ON

Post J = J + 60 ms

Amp: 10 mm

Linked Median

# DDRC SRL

SAIPRIYA (31 F)

ID: 4182VK005064

Date: 12-Nov-22

B.P: 150 / 80

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

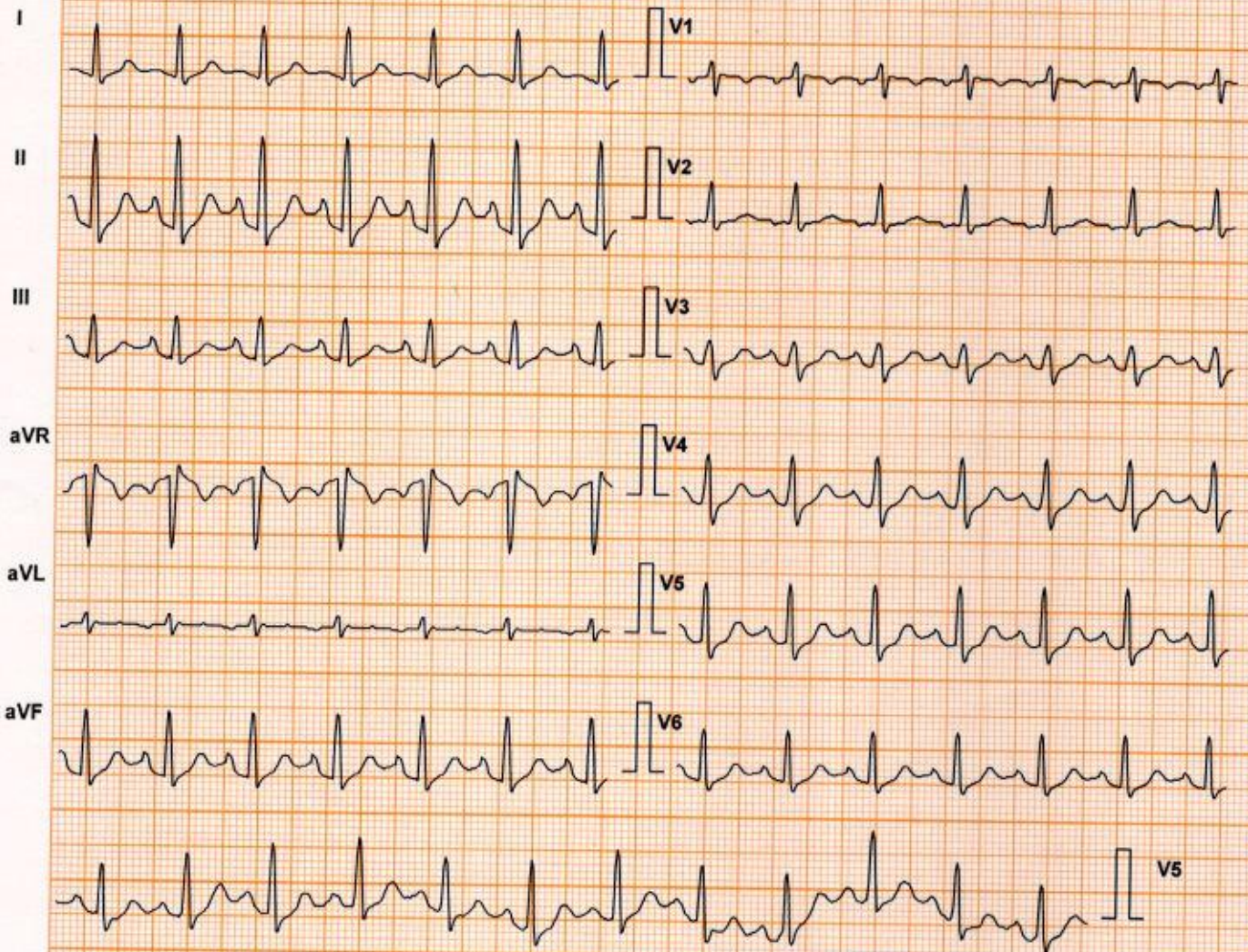
Grade: 0 %

Exec Time : 8 m 29 s

Stage Time : 0 m 54 s

HR: 121 bpm

(THR: 170 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.4	1.1
II	1.1	2.1
III	0.8	1.4
aVR	-0.6	-1.4
aVL	0.0	0.0
aVF	0.8	1.4
V1	0.2	0.0
V2	0.4	0.7
V3	0.8	1.4
V4	0.8	1.8
V5	0.6	1.8
V6	0.6	1.4

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Schiller Spandan V 4.7

Iso = R - 60 ms J = R + 60 ms

Post J = J + 60 ms

Linked Median

# DDRC SRL

SAIPRIYA (31 F)

Protocol: Bruce

Exec Time : 8 m 29 s

ID: 4182VK005064

Stage: Recovery(3)

Stage Time : 0 m 54 s

Date: 12-Nov-22

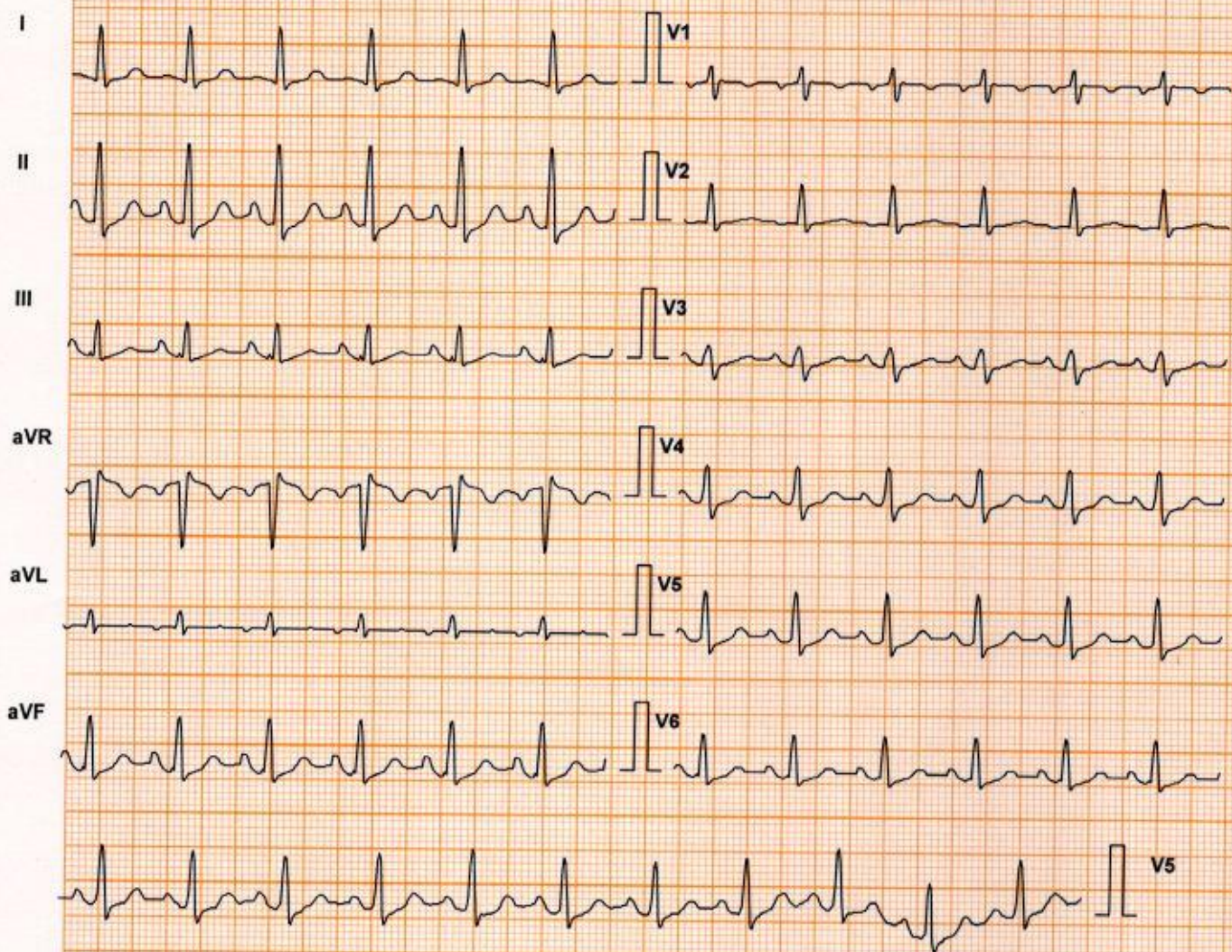
B.P: 150 / 80

Speed: 0 mph

Grade: 0 %

HR: 111 bpm

(THR: 170 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.0	0.4
aVR	-0.2	-1.1
V1	0.0	0.0
V4	0.2	0.7
II	0.4	1.4
aVL	0.0	0.0
V2	0.2	0.4
V5	0.2	1.1
III	0.4	1.1
aVF	0.4	1.1
V3	0.4	0.7
V6	0.2	0.7

Chart Speed: 25 mm/sec

Schiller Spandan V 4.7

Filter: 35 Hz

Iso = R - 60 ms J = R + 60 ms

Mains Filt: ON

Post J = J + 60 ms

Amp: 10 mm

Linked Median

# DDRC SRL

SAIPRIYA (31 F)

ID: 4182VK005064

Date: 12-Nov-22

B.P: 150 / 80

Protocol: Bruce

Stage: Recovery(4)

Speed: 0 mph

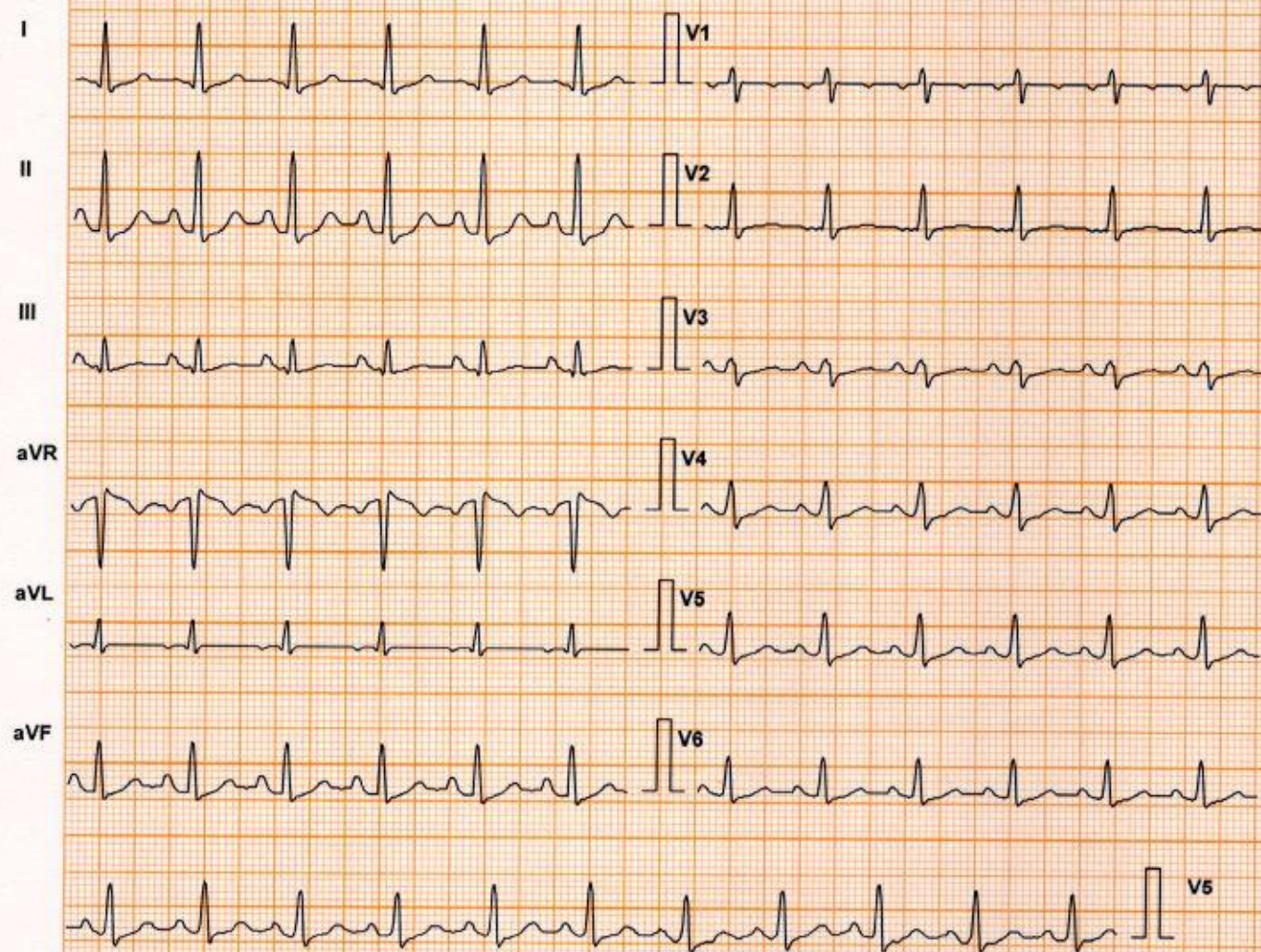
Grade: 0 %

Exec Time : 8 m 29 s

Stage Time : 0 m 54 s

HR: 109 bpm

(THR: 170 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.0	0.7
aVR	0.0	-0.7
V1	0.0	0.0
V4	0.0	0.7
II	0.2	1.1
aVL	0.0	0.0
V2	0.2	0.4
V5	0.2	0.7
III	0.2	0.7
aVF	0.2	1.1
V3	0.2	0.7
V6	0.2	0.7

Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Iso = R - 60 ms J = R + 60 ms

Mains Filt: ON

Post J = J + 60 ms

Amp: 10 mm

Linked Median



# DDRC SRL

SAIPRIYA (31 F)

Protocol: Bruce

Exec Time : 8 m 29 s

ID: 4182VK005064

Stage: Recovery(5)

Stage Time : 0 m 11 s

Date: 12-Nov-22

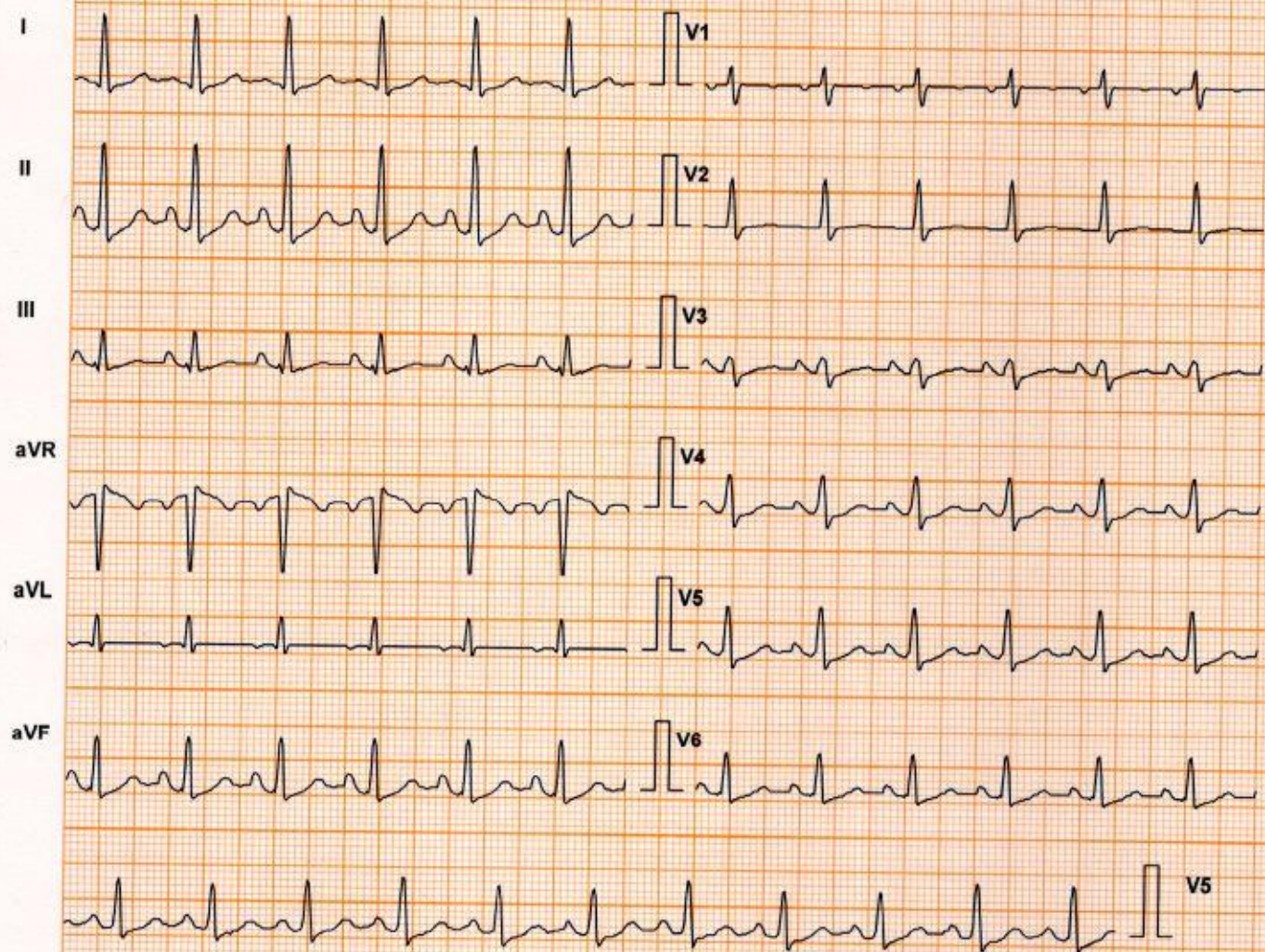
Speed: 0 mph

HR: 110 bpm

B.P: 120 / 80

Grade: 0 %

(THR: 170 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	-0.2	0.4
II	0.2	1.4
III	0.2	0.7
aVR	0.0	-1.1
aVL	0.0	0.0
aVF	0.2	1.1
V1	0.0	0.0
V2	0.2	0.4
V3	0.2	1.1
V4	0.0	0.0
V5	0.0	0.7
V6	-0.2	0.7

Chart Speed: 25 mm/sec

Schiller Spandan V 4.7

Filter: 35 Hz

Iso = R - 60 ms J = R + 60 ms

Mains Filt: ON

Post J = J + 60 ms

Amp: 10 mm

Linked Median

Acc no: 4182VK005064	Name: Mrs. Saipriya	Age: 31 y	<b>RADIOLOGY DIVISION</b> Sex: Female	Date: 12.11.22
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**US SCAN WHOLE ABDOMEN (TAS ONLY)**

**LIVER** is normal in size (14.3 cm). Margins are regular. **Hepatic parenchyma shows minimally increased echogenicity. Calcific focus measuring 4.9 mm noted in left lobe - likely old healed granuloma.** No other focal lesions seen. No dilatation of intrahepatic biliary radicles. CBD is not dilated. Portal vein is normal in caliber (11.3 mm).

**GALL BLADDER** is partially distended and grossly normal. No pericholecystic fluid seen.

**SPLEEN** is normal in size (9.1 cm) and parenchymal echotexture. No focal lesion seen.

**PANCREAS** Head and body visualized, appears normal in size and shows *mildly increased* parenchymal echotexture. Pancreatic duct is not dilated.

**RIGHT KIDNEY** is normal in size (11.3 x 4.1 cm) and shows normal parenchymal echotexture. Cortico medullary differentiation is maintained. Parenchymal thickness is normal. No echogenic focus with shadowing suggestive of renal calculi seen. No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

**LEFT KIDNEY** is normal in size (9.9 x 4.1 cm) and shows normal parenchymal echotexture. Cortico medullary differentiation is maintained. Parenchymal thickness is normal. No echogenic focus with shadowing suggestive of renal calculi seen. No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

**PARAAORTIC AREA** No retroperitoneal lymphadenopathy or mass seen.

**URINARY BLADDER** is distended, normal in wall thickness, lumen clear.

**UTERUS** measures 9.2 x 3.3 x 5 cm. **Myometrial echopattern appears inhomogeneous.** Endometrial thickness is 12.8 mm. **Nabothian cysts noted in cervix.**

Right ovary vol - 10.4 cc. Left ovary vol - 16.2 cc. **Both ovaries are bulky in size and shows multiple peripherally arranged small follicles with central echogenic stroma. No dominant follicles seen.**

No adnexal mass seen. No fluid in pouch of Douglas.

No ascites or pleural effusion.

**CONCLUSION:-**

- **Bilateral polycystic ovarian morphology - Suggest clinical & biochemical correlation to rule out PCOS.**
- **Myometrial echopattern appears inhomogeneous - Suggest review for TVS.**

  
**Dr. Nisha Unni MD, DNB (RD)**  
Consultant radiologist.

Thanks for referral. Your feedback will be appreciated.

(Please bring relevant investigation reports during all visits)

Because of technical and technological limitations complete accuracy cannot be assured on imaging.

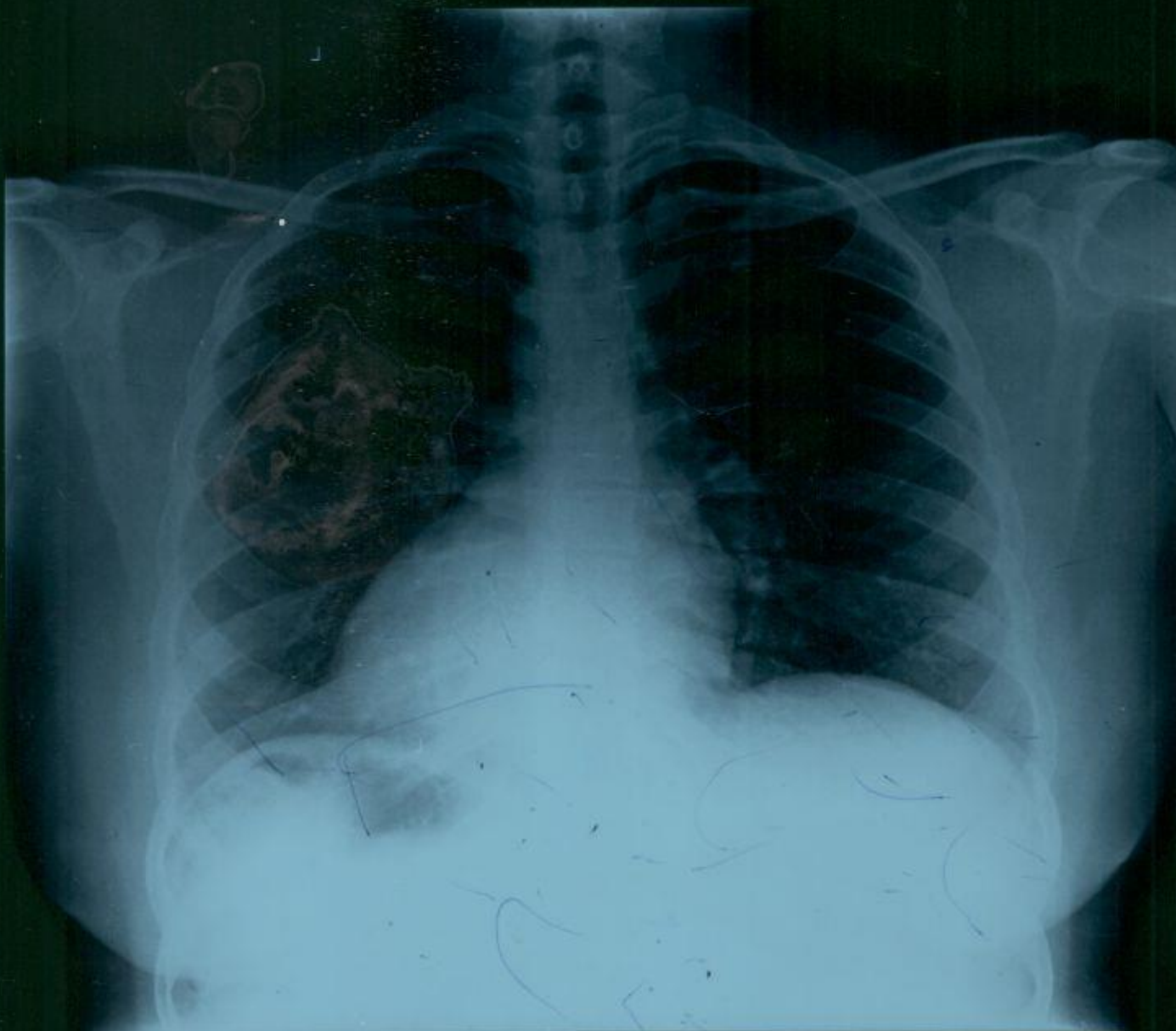
Suggested correlation with clinical findings and other relevant investigations. **DDRC SRL Diagnostics Limited**

imaging recommended in the event of controversies. AR

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