

### LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

### Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. GUPTA KANUPRIYA
EC NO.	180984
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	GHAZIABAD,CLOCK TOWER
BIRTHDATE	01-01-1992
PROPOSED DATE OF HEALTH	23-07-2022
CHECKUP	
BOOKING REFERENCE NO.	22S180984100021480E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 06-07-2022 till 31-03-2023 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to atlend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

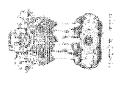
We solicit your co-operation in this regard.

Yours faithfully,

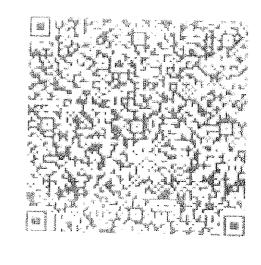
Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



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TOD BUTTON





### TMT INVESTIGATION REPORT

Patient Name: Mrs. KANUPRIYA GUPTA

Location

: Ghaziabad

Age/Sex

: 31Year(s)/Female

Visit No

: V000000001-GHZB

MRN No

: GHZB-0000176190

Order Date

: 23/7/2022

Ref. Doctor : HCP

Report Date

: 23/7/2022

**Protocol** 

: Bruce

MPHR

: 189BPM

**Duration of exercise** 

: 6min 05sec

85% of MPHR

: 160BPM

Reason for termination : THR achieved

Peak HR Achieved : 163BPM % Target HR

: 86%

lood Pressure (mmHg) : Baseline BP : 118/70mmHg

**METS** 

Peak BP

: 130/70mmHg

: 7.1METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	116	118/70	Nil	No ST changes seen	Nil
STAGE 1	3:00	134	124/70	Nil	ST flattening in inferior on standing position	Nil
STAGE 2	3:00	156	130/70	Nil	No new ST changes seen	Nil
STAGE 3	0:05	163	130/70	Nil	No new ST changes seen	Nil
RECOVERY	4:01	107	120/70	Nil	No new ST changes seen	Nil

### **COMMENTS:**

- No ST changes in base line ECG.
- No ST changes at peak.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.

### **IMPRESSION:**

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

Dr. Abhishek Singh

Sr. Consultant Cardiology

MD, DM (CARDIOLOGY), FACC MD, DNB (CARDIOLOGY), MNAMS MD

Sr.Consultant Cardiology

Cardiology Registrar

Dr. Sudhanshu Mishra

Page 1 of 2

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P: 0120-616 5666

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

+91.80.4936.0300 F info@manihospitals.com

kanupriya gupta		ID: 000176190	23-Jul-2022 13:0	13:04:36 Manipal Hospitals, Chaziabad	lais, unaziabau	
	Vent. rate 79 PR interval 142 QRS duration 72 QT/QTc 368/421 P-R-T axes 59 93	bpm ms ms 55	Normal sinus rhythm Rightward axis Borderline ECG			
Technician: Test ind:		Referred by: hcp	by: hep	Unconfirmed	ed.	
	avr.				V4	>
	AWL)		W <sub>2</sub>			}
	a V	\{ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	¥3 ¥3		V'6}	}
W1 V						}
20 Hz 25.0 mm/s	10.0 mm/mV	(		Ĭ,		

### **Human Care Medical Charitable Trust**



Registered Office: Sector-6, Dwarka, New Delhi- 110075

HCMCT

### ManipalHospitals

Name

: MRS KANUPRIYA GUPTA

Registration No

: MH010277541 RefHosp No. :

ghzb-0000176190

Patient Episode

: R03000040750

Referred By

: MANIPAL HOSPITALS GHAZIABAD

Receiving Date

: 23 Jul 2022 21:54

Age

30 Yr(s) Sex :Female

Lab No

32220708033

Collection Date:

23 Jul 2022 21:08

Reporting Date:

24 Jul 2022 16:51

BIOCHEMISTRY

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA) T4 - Thyroxine (ECLIA)

Thyroid Stimulating Hormone (ECLIA)

1.32 9.68

1.230

ng/ml micg/dl uIU/mL

[0.70-2.04] [4.60-12.00]

[0.340-4.250]

Non Pregnant Adult

Pregnancy TSH:1st Trimester:0.6 - 3.4 micIU/mL Pregnancy TSH: 2nd Trimester: 0.37 - 3.6 micIU/mL Pregnancy TSH:3rd Trimester:0.38 - 4.04 micIU/mL

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm. Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- \* References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

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-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY

Neclan Sugal

Human Care Medical Charitable Trust

NABH Accredited Hospital

Atjourn MTNL Building, Markathad, Sector 6, Dwarkathan Phone: +91 11 4967 4967 | www.manipalhospitals.com NABL Accredited Hospital

www.hcmct.in

Awarded Emergency Excellence Services Awarded Nursing Excellence Services MC/3228/04/09/2019-03/09/2021 E-2019-0026/27/07/2019-26/07/2021 N-2019-0113/27/07/2019-26/07/2021 IND18.6278/05/12/2018- 04/12/2019

Awarded Clean & Green Hospital

Website: www.hcmct.in, delhi.manipalhospitals.com | Email: mailus@manipalhospitals.com | Phone: 011-49674967



Name	KANUPRIYA GUPTA	Age	30y 6m 22d	Gender	FEMALE
MRN	GHZB-0000176190	Visit No	V0000000001-GHZB		
Lab No	G000323580	Collected On	23/07/2022 10:33AM	Received On	23/07/2022 10:35AM
Referred By	Deepak Verma	Reported On	23/07/2022 12:18PM		

**Test Name** 

Result

Criticality Factor

**Biological Reference Interval** 

**Test Method** 

GLUCOSE, FASTING (F) (Serum Fasting)

87 mg/dl

70 - 110 mg/dl

..... END OF REPORT .....

Processed by :- robin DHIRANIYA

Registration No. 42422 DR CHARU AGARWAL CONSULTANT PATHOLOGIST

Pathologist

Report Printed On: 23/7/2022

8:32PM

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Name	KANUPRIYA GUPTA	Age	30y 6m 22d	Gender	FEMALE
MRN	GHZB-0000176190	Visit No	V0000000001-GHZB		
Lab No	G000323581	Collected On	23/07/2022 10:34AM	Received On	23/07/2022 10:35AM
Referred By	Deepak Verma	Reported On	23/07/2022 12:20PM		

	Test Name	Result	Criticality Factor	Biological Reference Interval
	BLOOD GROUP (A, B, O) AND RH FACTOR WITH RE	VERSE GROUPING (Wh	ole Blood)	0
	BLOOD GROUPING	" O "		
	RH TYPING	POSITIVE		
	HEMOGLOBIN, HB	13.9 g/dl		12 - 16 gm/ dl
	MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	34.2 g/dl		33 - 36%
	ESR (WESTERGREN), AUTOMATED ERYTHROCYTE SEDIMENTATION RATE	20 mm/1st hour		0 - 20 mm/Hr
	MEAN CORPUSCULAR HAEMOGLOBIN, MCH	27.4 pg		26 -34 pg
	MEAN CORPUSCULAR VOLUME, MCV	80.1 fl		77 - 97 fl
	PLATELET COUNT	245 x10 <sup>3</sup> cells/ Cumm		150x10^3 - 400x10^3 cells/cumm
	RED BLOOD CELLS, RBC COUNT	5.07 million/cu mm		3.8 - 5.3 millions /cumm
	RED CELL DISTRIBUTION WIDTH, RDW	14.9 %		11.5 - 14.5 %
	LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	9.63 x10 <sup>3</sup> cells/ Cumm		4x10^3 - 11x10^3 cells/cumm
	HEMATOCRIT (HCT)	40.6 %		34 -45%
	BASOPHILS	00 %		
	EOSINOPHILS	02 %		2 -7 %
	LYMPHOCYTES	41 %		17 - 45 %
	MONOCYTES	07 %		4 -13%
	NEUTROPHILS	50 %		40 - 80%
F	Report Printed On: 23/7/2022 8:32PM			Page 1 of 5



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Lab No	G000323581	Collected On	23/07/2022 10:34AM	Received On	23/07/2022 10:35AM
Referred By	Deepak Verma	Reported On	23/07/2022 12:20PM		

**Test Name** 

Result

Criticality

**Biological** Factor Reference Interval

\*\*\*\*\*\* END OF REPORT \*\*\*\*\*\*\*\*

Processed by :- robin DHIRANIYA

DR CHARU AGARWAL CONSULTANT PATHOLOGIST

Pathologist

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Report Printed On: 23/7/2022

8:32PM

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Name	KANUPRIYA GUPTA	Age	30y 6m 22d	Gender	FEMALE
MRN	GHZB-0000176190	Visit No	V0000000001-GHZB		
Lab No	G000323581	Collected On	23/07/2022 10:34AM	Received On	23/07/2022 10:35AM
Referred By	Deepak Verma	Reported On	23/07/2022 12:52PM		

	Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
)	HBA1C (Whole Blood)	5.3 %		Normal: < or = 5.6 % Increased risk for Diabetes (Pre-diabetes): 5.7 – 6.4 % Diabetes: > or = 6.5 % If you are a Diabetic, please consult your doctor for your HbA1c target.	
	(IDNEY FUNCTION TESTS (Seru	ım)			
	UREA	22.1 mg/dl		15 - 40 mg/dl	
	CREATININE, SERUM	0.72 mg/dl		0.7 - 1.2 mg/dl	
	URIC ACID	5.3 mg/dl		4 - 8.5 mg/dl	
	SODIUM, SERUM	137.3 mmol/L		136 - 144 mmol/ L	
	POTASSIUM, SERUM	5.44 mmol/L		3.6 - 5.1 mmol/L	
1	CHLORIDE, SERUM LIPID PROFILE (Serum)	104.0 mmol/L		101 - 111 mmol/L	
	CHOLESTEROL, TOTAL	256 mg/dl		Upto 200 mg/dl	
	TRIGLYCERIDES, SERUM	153 mg/dl		Upto 150 mg/dl	
	CHOLESTEROL, HDL, DIRECT	44 mg/dl		35 - 65 mg/dl	
	CHOLESTEROL, LDL, DIRECT	181 mg/dl		0 -120 mg/dl	
	Report Printed On: 23/7/2022	8:32PM			Page 3 of 5



Name	KANUPRIYA GUPTA	Age	30y 6m 22d	Gender	FEMALE
MRN	GHZB-0000176190	Visit No	V0000000001-GHZB		
Lab No	G000323581	Collected On	23/07/2022 10:34AM	Received On	23/07/2022 10:35AM
Referred By	Deepak Verma	Reported On	23/07/2022 12:20PM		

Test Name Result Factor Reference Interval	Test Method
Cholesterol, VLDL 31 mg/dl 0 - 35 mg/dl  LIVER FUNCTION TESTS (Serum)	
BILIRUBIN, TOTAL 1.17 mg/dl 0.3 -1.2 mg/dl	
BILIRUBIN, DIRECT 0.19 mg/dl 0 - 0.3 mg/dl	
Indirect Bilirubin 0.98 0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM 6.8 g/dl 6.6 - 8.7 g/dl	
ALBUMIN, SERUM 4.21 g/dl	
A/G RATIO (ALBUMIN / 1.63 1:1 - 2.5:1 GLOBULIN RATIO)	
GLOBULIN, SERUM 2.6	
SGPT 39 IU/L 14 - 54 IU/L	
SGOT 23 IU/L 0 - 40 IU/L	
GGTP, GGT, GAMMA GT, 20 IU/L 7 -50 U/L GAMMA GLUTAMYL TRANSPEPTIDASE	
ALKALINE PHOSPHATASE, ALP 55 IU/L 32 -91 IU/L	

Report Printed On: 23/7/2022

8:32PM

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Name	KANUPRIYA GUPTA	Age	30y 6m 22d	Gender	FEMALE
MRN	GHZB-0000176190	Visit No	V0000000001-GHZB		
Lab No	G000323581	Collected On	23/07/2022 10:34AM	Received On	23/07/2022 10:35AM
Referred By	Deepak Verma	Reported On	23/07/2022 12:20PM		

\*\*\*\*\*\* END OF REPORT \*\*\*\*\*\*\*\*

Registração No: 42422

Processed by :- robin DHIRANIYA

DR CHARU AGARWAL CONSULTANT PATHOLOGIST Pathologist

Report Printed On: 23/7/2022

8:32PM

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### RADIOLOGY REPORT

Name	KANUPRIYA GUPTA	Modality	US
Patient ID	GHZB-0000176190	Accession No	1120359
Gender/Age	F / 30Y 6M 21D	Scan Date	23-07-2022 12:12:44
Ref. Phys	Dr. Deepak Verma	Report Date	23-07-2022 12:45:50

### USG ABDOMEN & PELVIS

### **FINDINGS**

LIVER: appears enlarged in size (measures 153 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 99 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 9.7 mm.

COMMON BILE DUCT: Appears normal in size.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.

Rest normal.

Right Kidney: measures 90 x 37 mm.

Left Kidney: measures 100 x 42 mm. A small simple anechoic cortical cyst measuring 8 x 7 mm is seen at upper pole.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is anteverted, normal in size (measures 74 x 52 x 38 mm), shape and echotexture. A seedling intramural fibroid is seen in posterior myometrium measuring 8 x 8 mm.

Endometrial thickness measures 10.6 mm. Cervix appears normal.

Both ovaries are normal in size and show multiple (15-18) tiny follicles arranged peripherally with central echogenic stroma suggesting bilateral polycystic appearing ovaries.

RIGHT OVARY: measures 42 x 41 x 15 mm with volume 13.2 cc. The largest follicle measures 8 x 5 mm.

LEFT OVARY: measures 35 x 31 x 27 mm with volume 15.3 cc. The largest follicle measures 5 x 4 mm.

BOWEL: Visualized bowel loops appear normal.

### **IMPRESSION**

- -Hepatomegaly with diffuse grade I fatty infiltration in liver.
- Small simple left renal cortical cyst.
- -Seedling intramural uterine fibroid.
- -Bilateral polycystic appearing ovaries.

ADV: Serum LH/FSH estimation for further evaluation.

Recommend clinical correlation.



### RADIOLOGY REPORT

Name	KANUPRIYA GUPTA	Modality	US
Patient ID	GHZB-0000176190	Accession No	1120359
Gender/Age	F / 30Y 6M 21D	Scan Date	23-07-2022 12:12:44
Ref. Phys	Dr. Deepak Verma	Report Date	23-07-2022 12:45:50

Maria

Dr. Monica Shekhawat, MBBS, DNB, Consultant Radiologist, Reg No MCI 11 10887



### RADIOLOGY REPORT

Name	KANUPRIYA GUPTA	Modality	DX
Patient ID	GHZB-0000176190	Accession No	1120360
Gender/Age	F / 30Y 6M 21D	Scan Date	23-07-2022 10:55:07
Ref. Phys	Dr. Deepak Verma	Report Date	23-07-2022 11:24:49

### XR- CHEST PA VIEW

### FINDINGS:

LUNGS: Normal. TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

### **IMPRESSION**:

No significant radiographic abnormality

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Dr.PREETI SEHRAWAT, MBBS,MD

Consultant radiologist, Reg no 47555