

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC-2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052



Name: Mr. Balkeishna Wasnik Date: 23/2/24
Age: 59 Sex: M Weight: 89.6 kg Height: 162-8 inc BMI: 33.8
BP: 151/82 mmHg Pulse: 81 m. bpm RBS: _____ mg/dl
SPO2: 99%

- 4c sysr. HT (Amlolind L OD)
- Obesity
- Tobacco ++
- Alcohol - occasionally
- LDL - 134
- Fatty liver
- 2D - Mild LVH

O/E
JVP°
Cv
Lm
P/A / N

Adv.
PMBS - awaited

- T. Amlolind L 1 - ~~1~~ x
ABF
- T. Azter 20 x ~~1~~ ~~1~~ x
(90) A/D
- T. supradyne 1 - ~~1~~ x
ABF
(60)

- Diet, walking
- stop Tobacco, Alcohol
- ~~R/A~~ R/A 3mths C
FLP

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg. No.: 2014/01/0113



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. BALKRISHNA WASNIK **Age /Gender** : 59 Y(s)/Male
Bill No/ UMR No : BIL2324079425/UMR2324038185 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Feb-24 08:38 am **Report Date** : 23-Feb-24 10:25 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.0	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		41.4	40.0 - 50.0 %	Calculated
RBC Count		5.24	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		79	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		26.8	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.9	31.5 - 35.0 g/l	Calculated
RDW		14.8	11.5 - 14.0 %	Calculated
Platelet count		236	150 - 450 10^3 /cumm	Impedance
WBC Count		8100	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	61.1	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	29.5	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	2.6	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	6.8	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	4949.1	2000 - 7000 /cumm	Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2389.5	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		210.6	20 - 500 /cumm	Calculated
Absolute Monocyte Count		550.8	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
WBC		As Above		
Platelets		Adequate		
E S R		05	0 - 20 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If neccessary, Please discuss

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Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. BALKRISHNA WASNIK	Age / Gender : 59 Y(s)/Male
Bill No/ UMR No : BIL2324079425/UMR2324038185	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Feb-24 08:37 am	Report Date : 23-Feb-24 10:25 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	98	< 100 mg/dl	GOD/POD,Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HbA1C)

HbA1c	5.3	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited

44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

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LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	213 < 200 mg/dl	Enzymatic(CHE/CHO/PO D)
Triglycerides		118 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		36 > 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		134.40 < 100 mg/dl	Enzymatic
VLDL Cholesterol		24 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		6 3 - 5	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100 >130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk>20%		
Two or more additional major risk factors,10 yrs CHD risk <20%	>130 10 yrs risk 10-20 % >130 10 yrs risk <10% >160	<130
No additional major risk or one additional major risk factor	>160 >190,optional at 160-189	<160

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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
THYROID PROFILE				
T3	Serum	1.65	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.07	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.68	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence
PSA (Total)		1.04	< 4 ng/ml	Enhanced chemiluminenscence

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DEPARTMENT OF BIOCHEMISTRY

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<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
RFT	Serum	21	19.0 - 43.0 mg/dl	Urease with indicator dye
Blood Urea		0.7	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
Creatinine		106.1	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
GFR		141	136 - 145 mmol/L	Direct ion selective electrode
Sodium		4.65	3.5 - 5.1 mmol/L	Direct ion selective electrode
Potassium				
LIVER FUNCTION TEST(LFT)				
Total Bilirubin		1.23	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.08	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		1.15	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		85	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		19	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		17	15 - 40 U/L	Biuret (Alkaline cupric sulphate)
Serum Total Protein		7.18	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.18	3.5 - 5.0 gm/dl	Calculated
Globulin		3.01	2.0 - 4.0 gm/dl	
A/G Ratio		1.4		

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. BALKRISHNA WASNIK
Bill No/ UMR No : BIL2324079425/UMR2324038185
Received Dt : 23-Feb-24 09:36 am

Age /Gender : 59 Y(s)/Male
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 23-Feb-24 11:00 am

URINE MICROSCOPY

PHYSICAL EXAMINATION

Parameter
Volume
Colour.
Appearance

<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Urine	30 ml Pale yellow Clear	Clear

CHEMICAL EXAMINATION

Reaction (pH)
Specific gravity
Urine Protein
Sugar
Bilirubin
Ketone Bodies
Nitrate
Urobilinogen

7	4.6 - 8.0	Indicators
1.010	1.005 - 1.025	ion concentration
Negative	Negative	protein error of pH indicator
Negative	Negative	GOD/POD
Negative	Negative	Diazonium
Negative	Negative	Legal's est Principle
Negative	Negative	Ehrlich's Reaction
Normal	Normal	

MICROSCOPIC EXAMINATION

Epithelial Cells
R.B.C.
Pus Cells
Casts

0-1	0 - 4 /hpf	Manual
Absent	0 - 4 /hpf	Manual
0-1	0 - 4 /hpf	Manual
Absent	Absent	Manual



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<u>Specimen</u>	<u>Results</u>
	Absent
	*** End Of Report ***

Method
Manual

Parameter
Crystals

Suggested Clinical Correlation * If necessary, Please discuss

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Page 2 of 2

Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mr. BALKRISHNA WASNIK	Age / Gender : 59 Y(s)/Male
Bill No/ UMR No : BIL2324079425/UMR2324038185	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Feb-24 08:38 am	Report Date : 23-Feb-24 10:54 am

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	BALKRISHNA WASNIK	STUDY DATE	23-02-2024 10:45:26
AGE/ SEX	59Y / M	HOSPITAL NO.	UMR2324038185
ACCESSION NO.	BIL2324079425-17	MODALITY	DX
REPORTED ON	23-02-2024 12:03	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

OBSERVATION AND IMPRESSION:

Prominent broncho-vascular markings noted.

Rest of the lung fields are clear.

Mild cardiomegaly seen .

Both hilar shadows appear normal

Diaphragm domes and CP angles are clear.

Bony cage is normal



DR R.R. KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

PATIENT NAME:	BALKRISHNA WASNIK	AGE /SEX:	59 YRS/MALE
UMR NO:	2324038185	BILL NO:	2324079425
REF BY	DR. VIMMI GOEL	DATE:	23/02/2024

USG WHOLE ABDOMEN

LIVER is mildly enlarged in size and shows increase in echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture. Wt - 23.3 gms.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

Mild hepatomegaly with fatty infiltration.
No other significant abnormality seen.
Suggest clinical correlation / further evaluation.



DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mr. Balkrishna Wasnik
 Age : 59 years / Male
 UMR : UMR2324038185
 Date : 23/02/2024
 Done by : Dr. Vimmi Goel
 ECG : NSR, WNL
 Blood pressure: 151/82 mm Hg (Right arm, Supine position)
 BSA : 2.01 m²

Impression: Hypertensive Heart Disease

Normal LV dimensions
LA is enlarged
Mild left ventricular hypertrophy
No RWMA of LV at rest
Good LV systolic function, LVEF 70%
LV diastolic dysfunction, Grade II (E>A)
E/A is 1.2
E/E' is 13.8 (Borderline filling pressure)
Valves are normal
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. LA is enlarged. Mild left ventricular hypertrophy. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. LV diastolic dysfunction, Grade II (E>A). E Velocity is 116 cm/s, A Velocity is 99 cm/s. E/A is 1.2. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen. E' at medial mitral annulus is 8.4 cm/sec & at lateral mitral annulus is 8.6 cm/sec. E/E' is 13.8 (Borderline filling pressure).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	40
Aortic root	20-37	7-28	24
LVIDd	35-55	8-47	51
LVIDs	23-39	6-28	24
IVS (d)	6-11	4-8	12
LVPW (d)	6-11	4-8	12
LVEF %	~ 60%	~60%	70%
Fractional Shortening			40%

Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology

P.T.O

Rate 78 Sinus rhythm.....normal P axis, V-rate 50-99
 PR 147 Low voltage, extremity leads.....all extremity leads <0.5mV
 QRSD 100
 QT 392
 QTc 447
 : Baseline wander in lead(s) I,II,aVR,V1

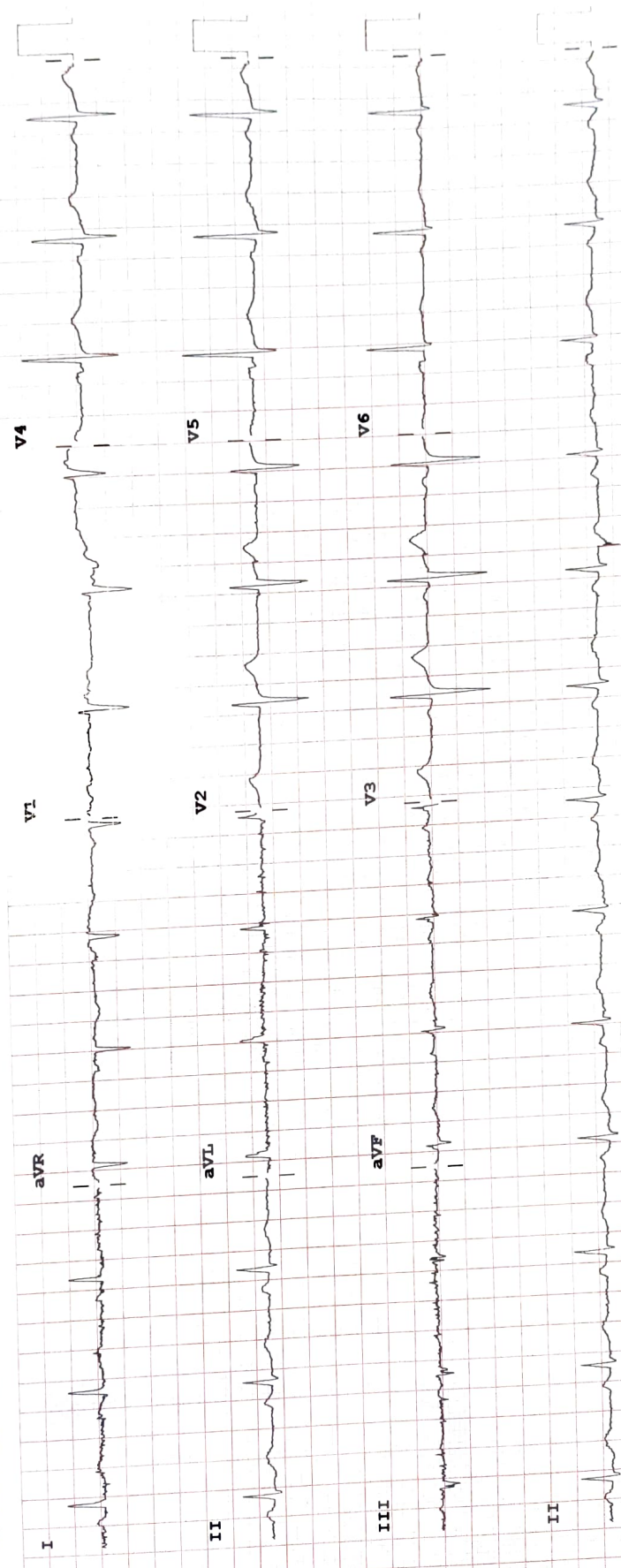
--AXIS--

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis

12 Lead; Standard Placement

P 42
 QRS 1
 T 19



F 50- 0.50-150 Hz W 100B CL P?

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV



REORDER # M2483A