

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. <u>Aruna JR.</u>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)):
3. Age/Date of Birth	:	<u>38/Female</u> Gender: F/M
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height <u>156</u> (cms)	b. Weight <u>74</u> (Kgs)	c. Girth of Abdomen (cms)
d. Pulse Rate <u>60/m</u> (/Min)	e. Blood Pressure:	Systolic Diastolic
	1 st Reading	<u>110</u> <u>80</u>
	2 nd Reading	

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	<u>68</u>	<u>Pre</u>	
Mother	<u>64</u>	<u>Pre</u>	
Brother(s)			
Sister(s)			

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
<u>-</u>	<u>-</u>	<u>-</u>

PERSONAL HISTORY

- | | |
|---|---|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. <u>Y/N</u> | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? <u>Y/N</u> |
| b. Have you undergone/been advised any surgical procedure? <u>Y/N</u> | d. Have you lost or gained weight in past 12 months? <u>Y/N</u> |

Have you ever suffered from any of the following?

- | | |
|--|---|
| • Psychological Disorders or any kind of disorders of the Nervous System? <u>Y/N</u> | • Any disorder of Gastrointestinal System? <u>Y/N</u> |
| • Any disorders of Respiratory system? <u>Y/N</u> | • Unexplained recurrent or persistent fever, and/or weight loss <u>Y/N</u> |
| • Any Cardiac or Circulatory Disorders? <u>Y/N</u> | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports <u>Y/N</u> |
| • Enlarged glands or any form of Cancer/Tumour? <u>Y/N</u> | • Are you presently taking medication of any kind? <u>Y/N</u> |
| • Any Musculoskeletal disorder? <u>Y/N</u> | |

• Any disorders of Urinary System? ~~Y/N~~

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin ~~Y/N~~

FOR FEMALE CANDIDATES ONLY

a. Is there any history of diseases of breast/genital organs? ~~Y/N~~

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports) ~~Y/N~~

c. Do you suspect any disease of Uterus, Cervix or Ovaries? ~~Y/N~~

d. Do you have any history of miscarriage/abortion or MTP ~~Y/N~~

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc ~~Y/N~~

f. Are you now pregnant? If yes, how many months? ~~Y/N~~

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

➤ Was the examinee co-operative? ~~Y/N~~

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? ~~Y/N~~

➤ Are there any points on which you suggest further information be obtained? ~~Y/N~~


➤ Based on your clinical impression, please provide your suggestions and recommendations below;

.....
.....

➤ Do you think he/she is **MEDICALLY FIT** or **UNFIT** for employment.

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner : 

Seal of Medical Examiner

Dr. SERIN LOPEZ. MBBS
: Reg No. 77656
MEDICAL OFFICER
DDRC AGILUS PATHLABS LTD.
Aster Square, Medical College. P.O, TVM

Name & Seal of DDRC SRL Branch :

Date & Time :

28/11/2023



NAME : MRS ARUNA J R	AGE:38/F	DATE: 25/11/2023
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CHEST X-RAY REPORT

CHEST X-RAY PA VIEW : Trachea central
 No cardiomegaly
 Normal vascularity
 No parenchymal lesion.
 Costophrenic and cardiophrenic angles clear

➤ **IMPRESSION** : Normal Chest Xray

ELECTRO CARDIOGRAM : NSR: 99/minute
 No evidence of ischaemia

➤ **IMPRESSION** : Normal Ecg.

Company name: MEDIWHEEL



Serin Lopez
DR SERIN LOPEZ. MBBS
 Reg. No. 77656
 MEDICAL OFFICER
 DDRC AGILUS PATHLABS LTD.
 Master Square, Medical College. P.O, TVM

DR SERIN LOPEZ MBBS

Reg No 77656

DDRC AGILUS PATHLABS LTD



DDRC AGILUS
MRS. ARUNA J.R. 38Y F 11/25/2023 CHEST- PA WK009938 v

V1

V2

V3

V4

ID: 009938

Diagnosis Information:

Female
38 Years
cm

mmHg
kg

Mr. Anwar Ali



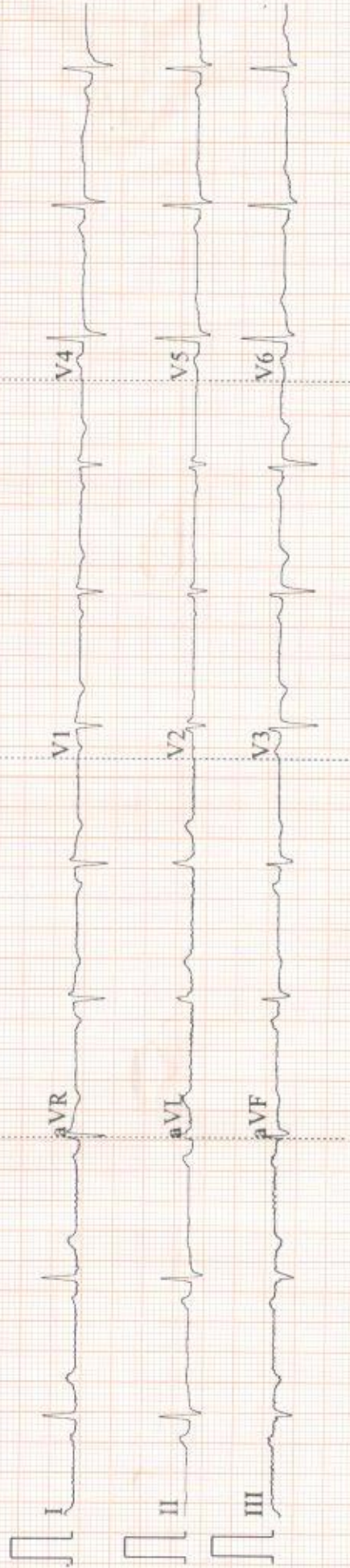
HR : 67 bpm
P : 117 ms
PR : 175 ms
QRS : 89 ms
QT/QTc : 360/381 ms
P/QRS/T : 60/-12/-2 °
RV5/SV1 : 0.64/0.394 mV

Report Confirmed by:

Standard

Standard	L I	L II	L III	L III Inspiration

ID: 009938 25-11-2023 09:58:46 AM



0.5-35Hz AC50 25mm/s 10mm/mV ♡64 V1.0 SEMIP V1.7 DDRG-AGILUS

A₀W CE

RADIOLOGY DIVISION

Acc no: 4182WK009938	Name: Mrs. Aruna J R	Age: 38 y	Sex: Female	Date: 25.11.23
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US SCAN WHOLE ABDOMEN (TAS + TVS)

LIVER is normal in size (11.9 cm). Margins are regular. **Hepatic parenchyma shows minimally increased echogenicity. Cyst measuring 1.4 x 1.1 cm noted in right lobe. Calcific focus measuring 5.7 mm noted adjacent to GB fossa - likely old healed granuloma.** No dilatation of intrahepatic biliary radicles. CBD is not dilated. Portal vein is normal in caliber (10.5 mm).

GALL BLADDER is distended and lumen clear. No calculi / polyp noted. Wall thickness is normal. No pericholecystic fluid seen.

SPLEEN is normal in size (8.5 cm) and parenchymal echotexture. No focal lesion seen.

PANCREAS Head and body visualized, appears normal in size and parenchymal echotexture. Pancreatic duct is not dilated.

RIGHT KIDNEY is normal in size (9.3 x 3.6 cm) and shows normal parenchymal echotexture. Cortico medullary differentiation is maintained. Parenchymal thickness is normal. No echogenic focus with shadowing suggestive of renal calculi seen. No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

LEFT KIDNEY is normal in size (9.7 x 4.4 cm) and shows normal parenchymal echotexture. Cortico medullary differentiation is maintained. Parenchymal thickness is normal. No echogenic focus with shadowing suggestive of renal calculi seen. No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

PARAAORTIC AREA No retroperitoneal lymphadenopathy or mass seen.

URINARY BLADDER is distended, normal in wall thickness, lumen clear.


UTERUS is retroverted measures 9.2 x 4.1 x 4.9 cm. **Subserous fibroid noted in anterior wall measuring 1.6 x 1.1 cm. Myometrial echopattern is inhomogeneous with possibility of seedling fibroids.** Endometrial thickness is 9.1 mm.

Both ovaries are normal. Right ovary measures 3.9 x 1.9 cm and shows corpus luteum measuring 1.9 x 2 cm. Left ovary measures 3.2 x 1.4 cm. No adnexal mass seen. **Mild fluid in pouch of Douglas.** No ascites or pleural effusion.

Gaseous distension of bowel loops noted. No obvious bowel wall thickening seen sonologically.

CONCLUSION:-

- **Simple hepatic cyst in right lobe.**
- **Small uterine fibroids**


Dr. Nisha Unni MD, DNB (RD)
Consultant radiologist.

Thanks for referral. Your feedback will be appreciated.

(Please bring relevant investigation reports during all visits)

Because of technical and technological limitations complete accuracy cannot be assured on imaging. Suggested correlation with clinical findings and other relevant investigations consultations, and if required repeat imaging recommended in the event of controversies. AR

Corp. Office: Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017

(For appointments / any clarification of report, please contact **9496005190** between 9 am - 5.30 pm).

Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in

CIN : U85190MH2006PTC161480



From

Aruna F.R.
Emp. Code: 179622
Bank of Baroda

To

The Manager
Mediwheel

Sir

I, Aruna F.R. (Employee code: 179622)
Bank of Baroda hereby inform you that
~~was~~ I didn't need eye test as I have
done it recently.

Trp m
25/11/2023



Yours faithfully
Aruna F.R.
Aruna F.R.

ECHO REPORT

Name: ARUNA.J.R	Age/Sex:38Y/F	Date:25/11/2023
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Left Ventricle:-

	Diastole	Systole
IVS	1.04cm	1.09cm
LV	4.06cm	2.29cm
LVPW	1.09cm	1.15cm

EF - 72% FS - 38%

AO	LA
3.18cm	3.54cm

PV - 0.93m/s
AV - 1.42m/s
MVE - 0.98m/s
MVA - 0.58m/s
E/A - 1.68

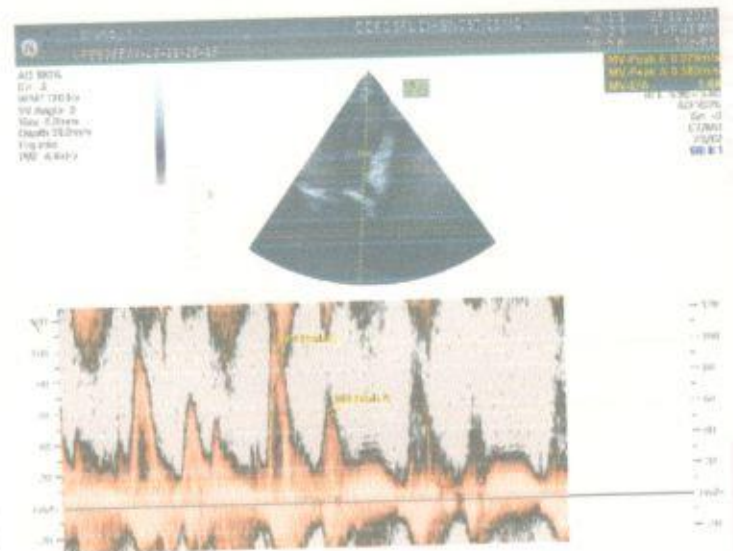
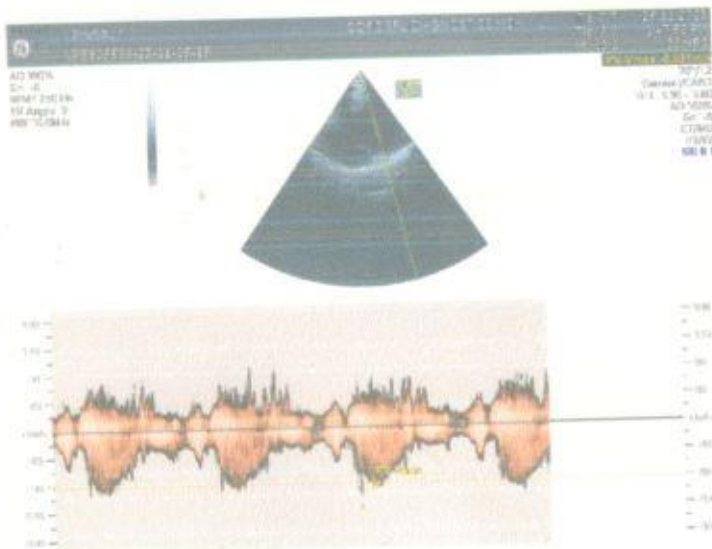
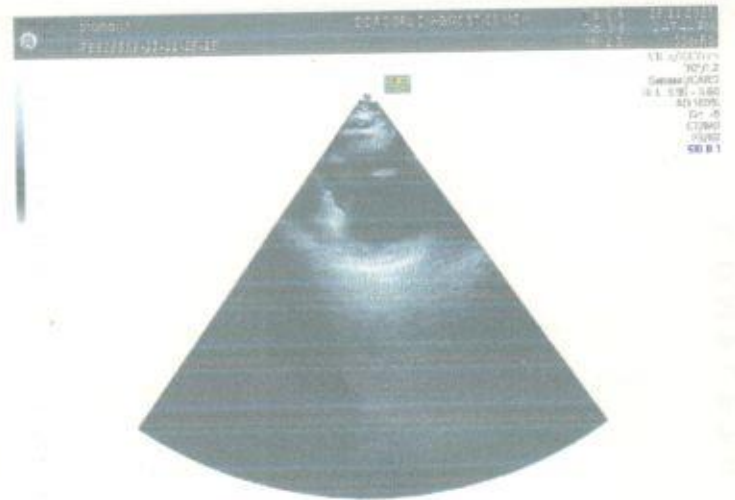
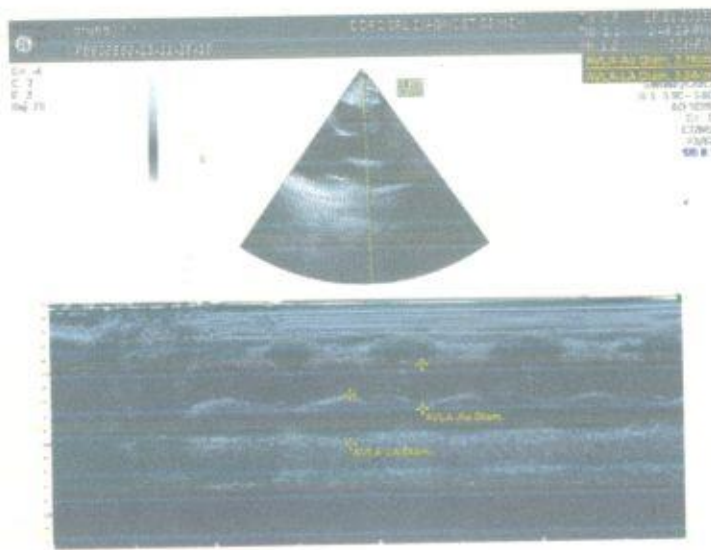
IMPRESSION:-

- Normal chambers dimensions
- No RWMA
- Good LV systolic function
- Good RV function
- No diastolic dysfunction
- No AS,AR,MR,MS,TR,PAH
- No Vegetation/clot/effusion
- IAS/IVS intact



[Signature]
Consultant Cardiologist

Dr SHASHIKANTH Y.S
MBBS,MD,DM(Cardiology)
Consultant Cardiologist
TCMC Reg No: 73538



PATIENT NAME : MRS ARUNA J R
REF. DOCTOR : SELF
CODE/NAME & ADDRESS : CA00010147 -

 MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
 F701A, LADO SARAI, NEW DELHI, SOUTH DELHI,
 DELHI,
 SOUTH DELHI 110030
 8800465156

ACCESSION NO : 4182WK009938
PATIENT ID : MRSAF1308854182
CLIENT PATIENT ID:
ABHA NO :
AGE/SEX : 38 Years Female
DRAWN :
RECEIVED : 25/11/2023 09:22:29
REPORTED : 25/11/2023 17:35:15

Test Report Status	<u>Preliminary</u>	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO
PHYSICAL EXAMINATION

PHYSICAL EXAMINATION

REPORT ATTACHED


**DR NISHA UNNI, MBBS,MD
 (RD),DNB (Reg.No:50162)
 Consultant Radiologist**

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 Email : customercare.ddrc@agilus.in

Patient Ref. No. 66600006874951

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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO**ECG WITH REPORT****REPORT**

REPORT GIVEN

USG ABDOMEN AND PELVIS**REPORT**

REPORT GIVEN

CHEST X-RAY WITH REPORT**REPORT**

REPORT GIVEN

2D - ECHO WITH COLOR DOPPLER**REPORT**

REPORT GIVEN

HAEMATOLOGY**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO****GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	5.0	Non-diabetic Adult < 5.7 Pre-diabetes 5.7 - 6.4 Diabetes diagnosis: > or = 6.5 Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021)	%
MEAN PLASMA GLUCOSE	96.8	< 116.0	mg/dL

*Nisha*DR NISHA UNNI, MBBS,MD
(RD),DNB (Reg.No:50162)
Consultant Radiologist*Vaishali*DR.VAISHALI RAJAN, MBBS DCP
(Pathology)
(Reg No - TCC 27150)
HOD - HAEMATOLOGY*Astha Yadav*DR. ASTHA YADAV, MD
Biochemistry
(Reg No - DMC/R/20690)
CONSULTANT BIOCHEMIST

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BLOOD COUNTS, EDTA WHOLE BLOOD

HEMOGLOBIN	13.3	12.0 - 15.0	g/dL
RED BLOOD CELL COUNT	4.44	3.80 - 4.80	mil/ μ L
WHITE BLOOD CELL COUNT	5.52	4.0 - 10.0	thou/ μ L
PLATELET COUNT	240	150 - 410	thou/ μ L

RBC AND PLATELET INDICES

HEMATOCRIT	38.7	36.0 - 46.0	%
MEAN CORPUSCULAR VOL	87.2	83.0 - 101	fL
MEAN CORPUSCULAR HGB.	30.0	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	34.4	31.50 - 34.50	g/dL
RED CELL DISTRIBUTION WIDTH	12.4	11.60 - 14.0	%
MENTZER INDEX	19.6		
MEAN PLATELET VOLUME	9.9	6.80 - 10.90	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	50	40.0 - 80.0	%
LYMPHOCYTES	39	20.0 - 40.0	%
MONOCYTES	4	2.0 - 10.0	%
EOSINOPHILS	7 High	1.0 - 6.0	%
BASOPHILS	0	0.0 - 1.0	%
ABSOLUTE NEUTROPHIL COUNT	2.73	2.0 - 7.0	thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT	2.16	1.0 - 3.0	thou/ μ L
ABSOLUTE MONOCYTE COUNT	0.20	0.20 - 1.0	thou/ μ L
ABSOLUTE EOSINOPHIL COUNT	0.37	0.02 - 0.50	thou/ μ L
ABSOLUTE BASOPHIL COUNT	0		thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.3		



DR. VAISHALI RAJAN, MBBS DCP
 (Pathology)
 (Reg No - TCC 27150)
 HOD - HAEMATOLOGY



DR. ASTHA YADAV, MD
 Biochemistry
 (Reg No - DMC/R/20690)
 CONSULTANT BIOCHEMIST

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Patient Ref. No. 66600006874951

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REF. DOCTOR : SELF

CODE/NAME & ADDRESS : CA00010147 -

MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
F701A, LADO SARAI, NEW DELHI, SOUTH DELHI,
DELHI,
SOUTH DELHI 110030
8800465156

ACCESSION NO : **4182WK009938**

PATIENT ID : MRSAF1308854182

CLIENT PATIENT ID:

ABHA NO :

AGE/SEX : 38 Years Female

DRAWN :

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ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD

SEDIMENTATION RATE (ESR)	20	0 - 20	mm at 1 hr
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SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED	
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SUGAR URINE - FASTING

SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED	
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IMMUNOHAEMATOLOGY**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO****ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

ABO GROUP	TYPE O
RH TYPE	POSITIVE

METHOD : COLUMN AGGLUTINATION TECHNOLOGY

BIO CHEMISTRY**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO****BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN	11	Adult(<60 yrs) : 6 to 20	mg/dL
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Biochemistry
(Reg No - DMC/R/20690)
CONSULTANT BIOCHEMIST



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HOD - HAEMATOLOGY

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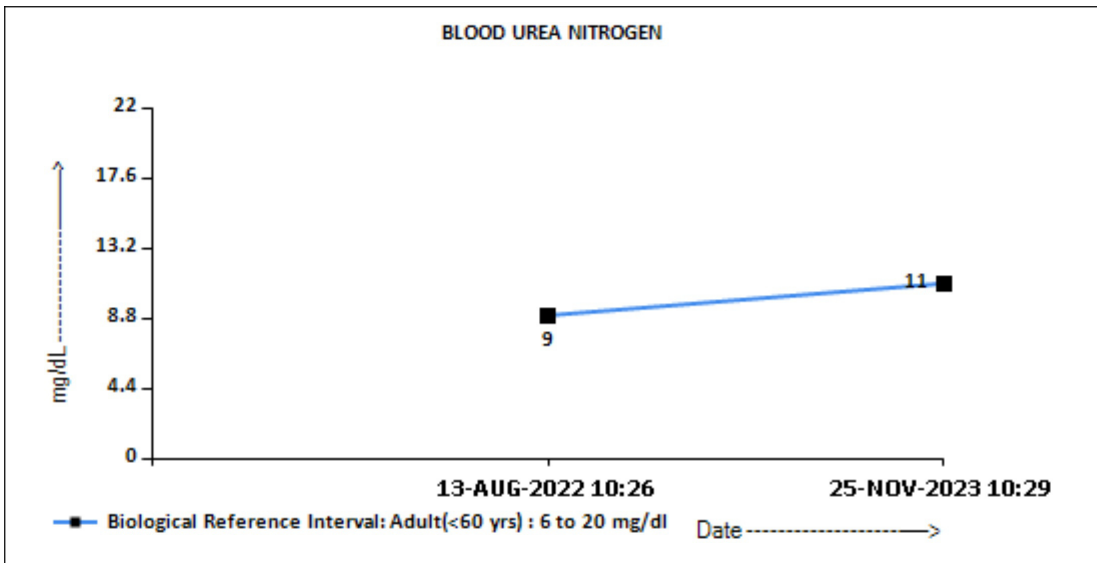
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CODE/NAME & ADDRESS : CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156		ACCESSION NO : 4182WK009938 PATIENT ID : MRSAF1308854182 CLIENT PATIENT ID: ABHA NO :	
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BUN/CREAT RATIO

BUN/CREAT RATIO 12.0

CREATININE, SERUM

CREATININE 0.91 18 - 60 yrs : 0.6 - 1.1 mg/dL

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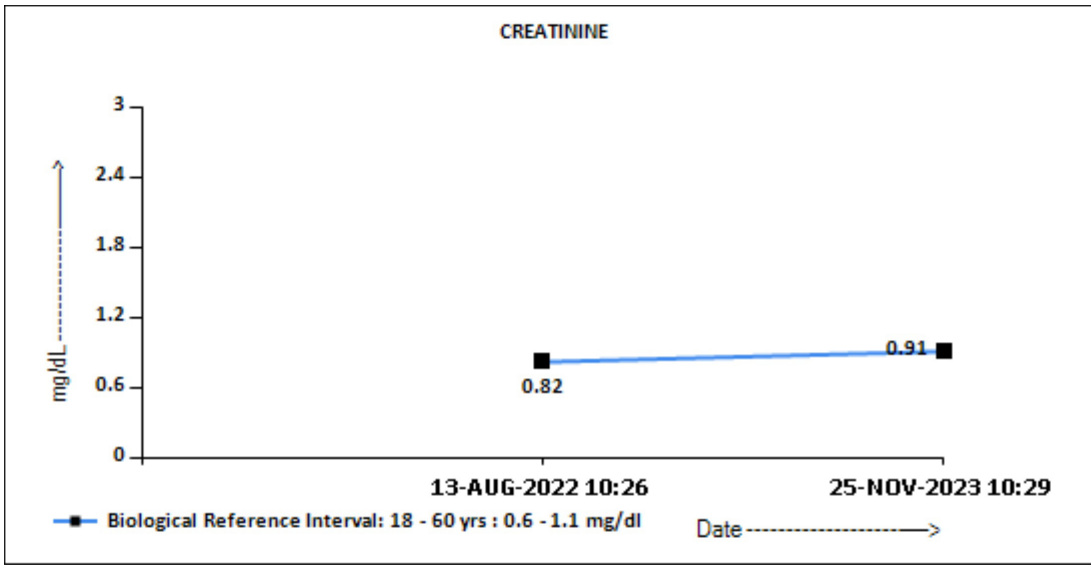
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GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA	72	Diabetes Mellitus : > or = 200. mg/dL Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55.
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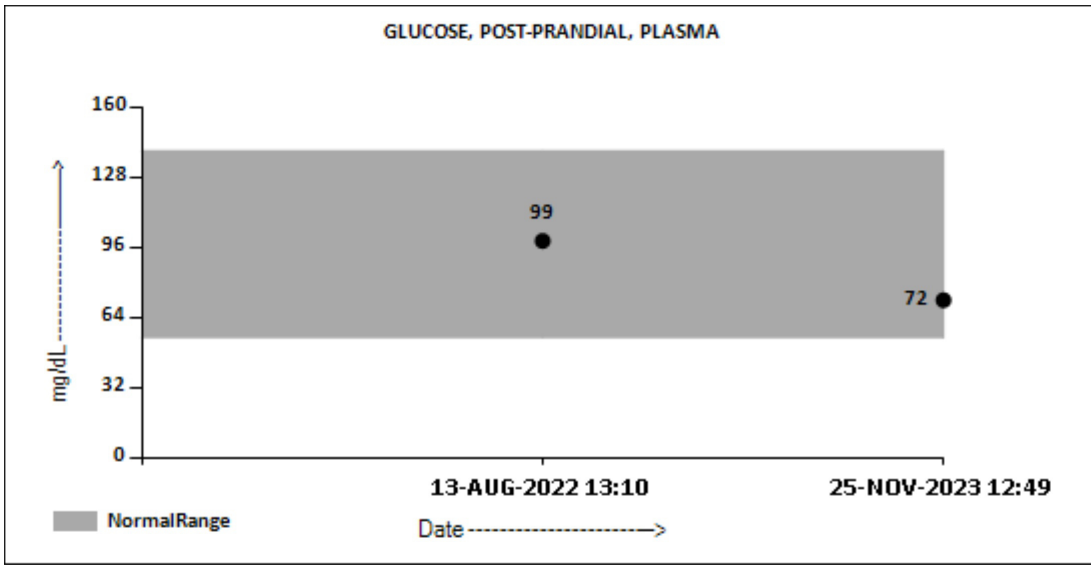
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GLUCOSE FASTING,FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR)	88	Diabetes Mellitus : > or = 126. mg/dL Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55.
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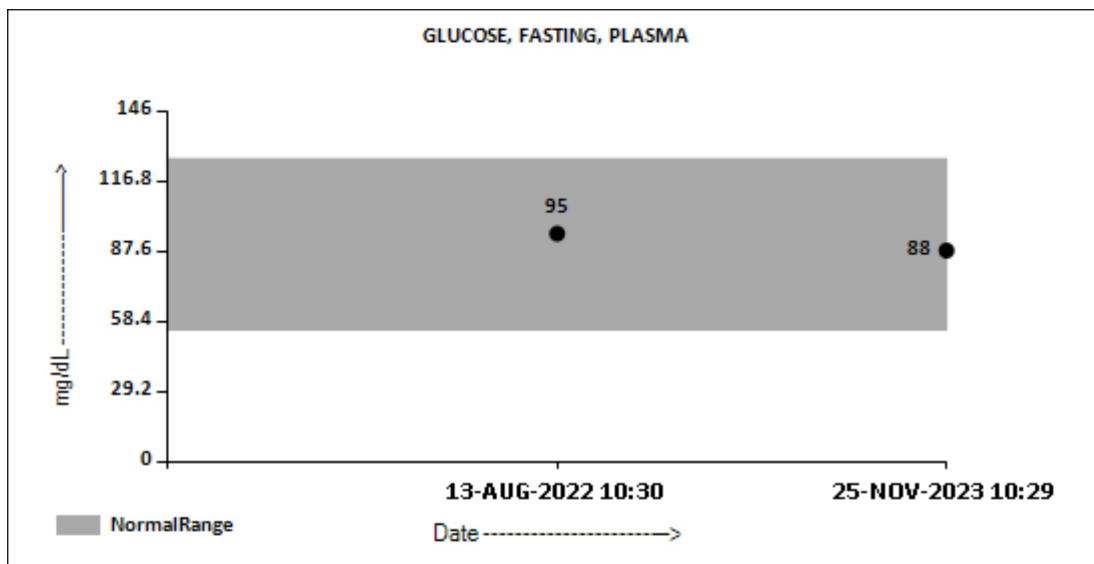
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 F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, **CLIENT PATIENT ID:** **RECEIVED : 25/11/2023 09:22:29**
 SOUTH DELHI 110030 **ABHA NO :** **REPORTED : 25/11/2023 17:35:15**
 8800465156

Test Report Status	Preliminary	Results	Units
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LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL	0.51	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.20	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.31	General Range : <0.85	mg/dL
TOTAL PROTEIN	8.0	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	5.0	20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	3.0	General Range : 2 - 3.5 Premature Neonates : 0.29 - 1.04	g/dL
ALBUMIN/GLOBULIN RATIO	1.7	General Range : 1.1 - 2.5	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	17	Adults : < 33	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	16	Adults : < 34	U/L
ALKALINE PHOSPHATASE	58	Adult (<60yrs) : 35 - 105	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	52 High	Adult (female) : < 40	U/L

TOTAL PROTEIN, SERUM

DR. ASTHA YADAV, MD
Biochemistry
(Reg No - DMC/R/20690)
CONSULTANT BIOCHEMIST



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 TRIVANDRUM, 695011
 KERALA, INDIA
 Tel : 93334 93334, Fax : CIN - U85190MH2006PTC161480
 Email : customercare.ddrc@agilus.in



Patient Ref. No. 66600006874951

PATIENT NAME : MRS ARUNA J R

REF. DOCTOR : SELF

CODE/NAME & ADDRESS : CA00010147 -

MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
F701A, LADO SARAI, NEW DELHI, SOUTH DELHI,
DELHI,
SOUTH DELHI 110030
8800465156

ACCESSION NO : 4182WK009938

PATIENT ID : MRSAF1308854182

CLIENT PATIENT ID:

ABHA NO :

AGE/SEX : 38 Years Female

DRAWN :

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TOTAL PROTEIN	8.0	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
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URIC ACID, SERUM

URIC ACID	5.9	Adults : 2.4-5.7	mg/dL
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BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO

LIPID PROFILE, SERUM

CHOLESTEROL	218	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
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TRIGLYCERIDES	56	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
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HDL CHOLESTEROL	64	General range : 40-60	mg/dL
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LDL CHOLESTEROL, DIRECT	145	Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
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NON HDL CHOLESTEROL	154	Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220	mg/dL
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VERY LOW DENSITY LIPOPROTEIN	11.2	</= 30.0	mg/dL
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CHOL/HDL RATIO	3.4	Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	
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LDL/HDL RATIO	2.3	Desirable/Low Risk - 0.5-3 Borderline/Moderate Risk- 3.1-6	
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High Risk- >6.0

SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO

THYROID PANEL, SERUM

T3	87.50	Non-Pregnant : 80-200	ng/dL
		Pregnant Trimester-wise	
		1st : 81-190	
		2nd : 100-260	
		3rd : 100-260	
T4	14.50 High	Adults : 4.5-12.1	µg/dl
TSH 3RD GENERATION	0.872	Non-Pregnant : 0.4-4.2	µIU/mL
		Pregnant Trimester-wise :	
		1st : 0.1 - 2.5	
		2nd : 0.2 - 3	
		3rd : 0.3 - 3	

CLINICAL PATH - URINALYSIS

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECHO

PHYSICAL EXAMINATION, URINE

COLOR	YELLOW
APPEARANCE	CLEAR

CHEMICAL EXAMINATION, URINE

PH	5.0	4.7 - 7.5
SPECIFIC GRAVITY	1.013	1.003 - 1.035



DR. ASTHA YADAV, MD
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DR. VAISHALI RAJAN, MBBS DCP
(Pathology)
(Reg No - TCC 27150)
HOD - HAEMATOLOGY

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PROTEIN		NEGATIVE	NOT DETECTED
GLUCOSE		NEGATIVE	NOT DETECTED
KETONES		NEGATIVE	NOT DETECTED
BLOOD		NEGATIVE	NOT DETECTED
BILIRUBIN		NEGATIVE	NOT DETECTED
UROBILINOGEN		NORMAL	NORMAL
<small>METHOD : DIPSTICK</small>			
NITRITE		NEGATIVE	NOT DETECTED

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	3-5	0-5	/HPF
EPITHELIAL CELLS	1-2	0-5	/HPF
CASTS	NEGATIVE		
CRYSTALS	NEGATIVE		
REMARKS	NIL		

METHOD : AUTOMATED ANALYSER, MICROSCOPY

CLINICAL PATH - STOOL ANALYSIS

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)2DECR RESULT PENDING

PHYSICAL EXAMINATION,STOOL RESULT PENDING

CHEMICAL EXAMINATION,STOOL RESULT PENDING

MICROSCOPIC EXAMINATION,STOOL RESULT PENDING



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