

Name : Mr. SAMAR SARDAR (40 /M)

Date : 05/01/2023

Address : DHUTURDAHA, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0002071167

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH164418



CHIEF COMPLAINTS

For corporate health checkup
C/O pain and stiffness in back on prolonged sitting

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Asthma
Dyslipidaemia Since - 2021; Medication -
stopped without medical
advice



DRUG ALLERGY

NO KNOWN ALLERGY :05/01/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

Sneezing - yes; Exacerbated by - cold weather

Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits -
regular; Piles - no; Hernia - no

Genitourinary system

- Nil Significant

Eyes

Vision - defective; Glasses - yes

ENT

- Normal hearing

Musculoskeletal system

Spine and joints
Back (lower) - pain

Skin

- Nil Significant

Weight

- stable



Present medications

- Nil



Past medical history

Do you have any - No
allergies?

Do you have any drug - No
allergies?

Covid 19 - No



Surgical history

Cholecystectomy - in 2017



Personal history

Marital status - Married

No. of children - 1

Male - 1

Diet - Non Vegetarian

Alcohol - consumes alcohol

Units - 6 to 8

Frequency - weekly

Smoking - No

Chews tobacco - Yes

Chews tobacco since - 4 yrs

Physical activity - Mild



Family history

Father - alive

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Mother - alive
Brothers - 1
Sisters - 2
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 161
Weight - 70.9
BMI - 27.35
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 76
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

- No significant finding

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	14.5	g/dl	●	13.0-17.0
RBC COUNT	5.02	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	43.1	%	●	41-53
MCV	85.9	fl	●	83-101
MCH	29.0	pg	●	27-32
MCHC	33.7	%	●	31.5-34.5
RDW	13.6	%	●	11.8-14.0
WBC Count	8600	/cu mm	●	4000-10000
Platelet Count	1.56	lacs/cu mm	●	1.5-4.0
Neutrophils	62	%	●	40-80
Lymphocytes	25	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	07 *	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
WBC:	Eosinophilia noted			
Platelets:	Adequate on the smear			

ERYTHROCYTE SEDIMENTATION RATE (ESR)	12	mm/1st hr	●	0-15
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URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			

RBC	Nil	/hpf
Pus Cells	Occasional	/hpf
Epithelial Cells	Occasional	/hpf
Casts:	Not Found	
Crystals:	Not Found	
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.	

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	69 *	U/L	●	10-40
ALBUMIN - SERUM	4.8	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	71	U/L	●	53-128
AST (SGOT) - SERUM	40	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.9	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

● Within Normal Range ● Borderline High/Low ● Out of Range

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Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	243 *	mg/dL	●	0-200

VLDL CHOLESTEROL - SERUM (Calculated)	35	mg/dL	●	0-35
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CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.2	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.0	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.2	g/dL	●	1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	56	U/L	●	7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.0	µg/dL	●	5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	108 *	mg/dL	●	70-99

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	279 *	mg/dL	●	0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	121	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.5 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.9	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	8.0 *	mg/dL	●	3.5-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	56	mg/dL	●	30-70

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

LDL CHOLESTEROL -SERUM	152 *	mg/dL	●	Optimal: <100
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PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM 0.71 ng/mL ● 0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	12.0	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5		●	1.0-2.0

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-II fatty liver.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.