

**CONCLUSION OF HEALTH CHECKUP**

ECU Number : 7664  
Age : 52  
Weight : 80  
Date : 15/12/2023

MR Number : 23221110  
Sex : Female  
Ideal Weight : 59

Patient Name: SUSHILA JAIN  
Height : 159  
BMI : 31.64

f  
Fatty liver  
Dyslipidemia

Rpt S. TSH  
alt 6 month  
Lipid profile not yet done  
F. bioscan

  
Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

ECU Number : 7664                      MR Number : 23221110                      Patient Name : SUSHILA JAIN  
Age : 52                                      Sex : Female                                      Height : 159  
Weight : 80                                      Ideal Weight : 59                                      BMI : 31.64  
Date : 15/12/2023

Past H/O : K/C/O HTN, K/C/O DM,  
MENOPAUSE SINCE 2-3 YEARS

Present H/O : NO FRESH COMPLAINT

Family H/O : BOTH PARENTS ARE HEALTHY

Habits : NO  
Gen.Exam. : G.C. GOOD  
B.P : 110/80 mm Hg  
Pulse : 88/MIN REG.  
Others : SPO2 98 %  
C.V.S : NAD  
R.S. : NAD  
Abdomen : NP  
Spleen : NP  
Skin : NAD  
M.N.S : NAD  
Advice :



# BHAILAL AMIN GENERAL HOSPITAL



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Age : 52

Weight : 80

Date : 15/12/2023

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Sex : Female

Ideal Weight : 59

Patient Name: SUSHILA JAIN

Height : 159

BMI : 31.64

## Ophthalmic Check Up :

Right

Left

Ext Exam

Vision Without Glasses

Vision With Glasses

Final Correction

Indus

Colour Vision

Advice

## Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

## ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

## General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



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Age : 52

Weight : 80

Date : 15/12/2023

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### Gynaec Check Up :

OBSTETRIC HISTORY

G4 P4 - ALL FTND - 4 CHILDREN ; TL DONE - L AND W

MENSTRUAL HISTORY

MENOPAUSAL

PRESENT MENSTRUAL CYCLE

-

PAST MENSTRUAL CYCLE

-

CHIEF COMPLAINTS

-

VA

TL SCAR

PS

TINY CERVICAL POLYP

PV

NORMAL

BREAST EXAMINATION RIGHT

NORMAL

BREAST EXAMINATION LEFT

NORMAL

PAPSMEAR

TAKEN

BMD

MAMMOGRAPHY

ADVICE

FOLLOWUP WITH REPORTS.



Patient Name : Mrs. SUSHILA JAIN Type : OPD  
 Gender / Age : Female / 52 Years 11 Months 15 Days Request No. : 182114  
 MR No / Bill No. : 23221110 / 242059244 Request Date : 15/12/2023 08:18 AM  
 Consultant : Dr. Manish Mittal Collection Date : 15/12/2023 08:21 AM  
 Location : OPD Approval Date : 15/12/2023 04:01 PM

**Pap Smear**

Test	Result	Units	Biological Ref. Range
Pap Smear	Pap Smear Screening Report / Cervico-Vaginal Cytology...		
	Cyto No : P/2358 /23 Received at 01.30 pm		
	Clinical Details : No complain P/V findings : Cx. - Tiny cervical polyp / Vg. - NAD. LMP : Menopausal		
	TBS Report / Impression : * Satisfactory for evaluation; transformation zone components identified. * Postmenopausal smears, no atrophic changes. * Mild acute inflammatory cellularity. * Benign cellular changes, reparative changes. * No epithelial cell abnormality favouring squamous intraepithelial lesion or frank malignancy ( NILM ).		

**Note / Method :**

The material received in LBC container, cytosmear was stained by rapid pap method and reported with due consideration to The Papanicolaou system (Modified 2014)

---- End of Report ----

Dr. Ameer Soni  
MD (Path)



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 Gender / Age : Female / 52 Years 11 Months 15 Days  
 MR No / Bill No. : 23221110 / 242059244  
 Consultant : Dr. Manish Mittal  
 Location : OPD

Type : OPD  
 Request No. : 182114  
 Request Date : 15/12/2023 08:18 AM  
 Collection Date : 15/12/2023 08:21 AM  
 Approval Date : 15/12/2023 02:29 PM

**HbA1c (Glycosylated Hb)**

Test	Result	Units	Biological Ref. Range
<b>HbA1c (Glycosylated Hb)</b>			
Glycosylated Heamoglobin (HbA1c)	5.8	%	
estimated Average Glucose (e AG) *	119.76	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

**Guidelines for Interpretation:**

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

---- End of Report ----

Dr. Ameet Soni  
MD (Path)



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 Collection Date : 15/12/2023 08:21 AM  
 Approval Date : 15/12/2023 02:19 PM

**CBC + ESR**

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	13.2	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	4.71	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	42.2	%	36 - 46
Mean Corpuscular Volume (MCV)	89.6	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	28.0	pg	27 - 32
MCH Concentration (MCHC)	<b>31.3</b>	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	13.7	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	45.1	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	8.27	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	<b>38</b>	%	40 - 80
Lymphocytes	<b>49</b>	%	20 - 40
Eosinophils	06	%	1 - 6
Monocytes	07	%	2 - 10
Basophils	00	%	0 - 2
Polymorphs (Abs. Value)	3.17	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	<b>4.06</b>	thou/cmm	1 - 3
Eosinophils (Abs. Value)	<b>0.53</b>	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.44	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.07	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	339	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	<b>21</b>	mm/1 hr	0 - 19

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mrs. SUSHILA JAIN	Type	: OPD
Gender / Age	: Female / 52 Years 11 Months 15 Days	Request No.	: 182114
MR No / Bill No.	: 23221110 / 242059244	Request Date	: 15/12/2023 08:18 AM
Consultant	: Dr. Manish Mittal	Collection Date	: 15/12/2023 08:21 AM
Location	: OPD	Approval Date	: 15/12/2023 02:19 PM

**CBC + ESR**

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.  
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

ESR on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

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Patient Name : Mrs. SUSHILA JAIN  
Gender / Age : Female / 52 Years 11 Months 15 Days  
MR No / Bill No. : 23221110 / 242059244  
Consultant : Dr. Manish Mittal  
Location : OPD  
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Request No. : 182114  
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Approval Date : 15/12/2023 12:12 PM

### Haematology

Test	Result	Units	Biological Ref. Range
<b>Blood Group</b>			
ABO system	B		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontrol.
- This method check's group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.

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**Fasting Plasma Glucose**

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	93	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	94	mg/dL	70 - 140

By Hexokinase method on EXL Dade Dimension

---- End of Report ----

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MD (Path). DCP.

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Patient Name : Mrs. SUSHILA JAIN  
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**Complete Lipid Profile**

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides	119	mg/dL	1 - 150
<i>(Done by Lipase /Glycerol kinase on Vitros 5600)</i>			
<i>&lt; 150 Normal</i>			
<i>150-199 Borderline High</i>			
<i>200-499 High</i>			
<i>&gt; 499 Very High)</i>			
Total Cholesterol	<b>224</b>	mg/dL	1 - 200
<i>(Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600.</i>			
<i>&lt;200 mg/dL - Desirable</i>			
<i>200-239 mg/dL - Borderline High</i>			
<i>&gt; 239 mg/dL - High)</i>			
HDL Cholesterol	51	mg/dL	40 - 60
<i>(Done by Colorimetric: non HDL precipitation method PTA/MgCl2 on Vitros 5600</i>			
<i>&lt; 40 Low</i>			
<i>&gt; 60 High)</i>			
Non HDL Cholesterol (calculated)	173	mg/dL	1 - 130
<i>(Non- HDL Cholesterol</i>			
<i>&lt; 130 Desirable</i>			
<i>139-159 Borderline High</i>			
<i>160-189 High</i>			
<i>&gt; 191 Very High)</i>			
LDL Cholesterol	<b>147</b>	mg/dL	1 - 100
<i>(Done by Enzymatic (Two Step CHE/CHO/POD ) on Vitros 5600</i>			
<i>&lt; 100 Optimal</i>			
<i>100-129 Near / above optimal</i>			
<i>130-159 Borderline High</i>			
<i>160-189 High</i>			
<i>&gt; 189 Very High)</i>			
VLDL Cholesterol (calculated)	23.8	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	2.88		2.1 - 3.5
T. Ch./HDL Ch. Ratio	4.39		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

---- End of Report ----

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## DEPARTMENT OF LABORATORY MEDICINE

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## Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.37	mg/dL	0 - 1
Bilirubin - Direct	0.10	mg/dL	0 - 0.3
Bilirubin - Indirect	0.27	mg/dL	0 - 0.7
<i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i>			
Aspartate Aminotransferase (SGOT/AST)	14	U/L	13 - 35
<i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i>			
Alanine Aminotransferase (SGPT/ALT)	21	U/L	14 - 59
<i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i>			
Alkaline Phosphatase	127	U/L	53 - 141
<i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i>			
Gamma Glutamyl Transferase (GGT)	28	U/L	5 - 55
<i>(Done by Multipoint Rate - L-γ<sup>3</sup>-glutamyl-p-nitroanilide on Vitros 5600)</i>			
<b>Total Protein</b>			
Total Proteins	7.33	gm/dL	6.4 - 8.2
Albumin	3.48	gm/dL	3.4 - 5
Globulin	3.85	gm/dL	3 - 3.2
A : G Ratio	<b>0.9</b>		1.1 - 1.6
<i>(Done by Biuret endpoint and Bromocresol green method on vitros 5600.)</i>			

--- End of Report ---

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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (Done by Endpoint/Colorimetric - Urease on Vitros 5600)	12	mg/dL	10 - 45
Creatinine (By Modified Kinetic Jaffe Technique)	0.74	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)	3.5	mg/dL	2.2 - 5.8

---- End of Report ----

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## Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3)	0.997	ng/ml	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i>			
<i>Reference interval (ng/ml)</i>			
1 - 3 days	: 0.1 - 7.4		
1-11 months	: 0.1 - 2.45		
1-5 years	: 0.1 - 2.7		
6-10 years	: 0.9 - 2.4		
11-15 years	: 0.8 - 2.1		
16-20 years	: 0.8 - 2.1		
Adults (20 - 50 years)	: 0.7 - 2.0		
Adults (> 50 years)	: 0.4 - 1.8		
Pregnancy (in last 5 months)	: 1.2 - 2.5		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))</i>			
Thyroxine (T4)	9.28	mcg/dL	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i>			
<i>Reference interval (mcg/dL)</i>			
1 - 3 days	: 11.8 - 22.6		
1-2 weeks	: 9.8 - 16.6		
1 - 4 months	: 7.2 - 14.4		
4 - 12 months	: 7.8 - 16.5		
1-5 years	: 7.3 - 15.0		
5 - 10 years	: 6.4 - 13.3		
10 - 20 years	: 5.6 - 11.7		
Adults / male	: 4.6 - 10.5		
Adults / female	: 5.5 - 11.0		
Adults (> 60 years)	: 5.0 - 10.7		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))</i>			
Thyroid Stimulating Hormone (US-TSH)	6.90	microIU/ml	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i>			
<i>Reference interval (microIU/ml)</i>			
Infants (1-4 days)	: 1.0 - 39		
2-20 weeks	: 1.7 - 9.1		
5 months - 20 years	: 0.7 - 6.4		
Adults (21 - 54 years)	: 0.4 - 4.2		
Adults (> 55 years)	: 0.5 - 8.9		
<i>Pregnancy :</i>			
1st trimester	: 0.3 - 4.5		
2nd trimester	: 0.5 - 4.6		
3rd trimester	: 0.8 - 5.2		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))</i>			

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---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.



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**Urine routine analysis (Auto)**

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	6.0		
Specific Gravity	1.020		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
<b>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex Urine sedimentation analyzer UF4000)</b>			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	1 - 5	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.



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ADVANCED DIGITAL SOLUTIONS

Computerized Radiography

Ultra Sensitive Colour Doppler

Ultra High Resolution Sonography

Multi-Detector CT Scan

Magnetic Resonance Imaging (MRI)

Mammography

Interventional Radiology

Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23221110      Report Date : 15/12/2023  
 Request No. : 190092744      15/12/2023 8.18 AM  
 Patient Name : Mrs. SUSHILA JAIN  
 Gender / Age : Female / 52 Years 11 Months 15 Days

**X-Ray Chest AP**

Both lung fields show basal prominent vascular markings.  
 Both costophrenic sinuses appear clear.  
 Heart size is normal.  
 Hilar shadows show no obvious abnormality.  
 Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
 • NOT VALID FOR MEDICO-LEGAL PURPOSES  
 • CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD.**

Consultant Radiologist







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Ultra High Resolution Sonography

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Magnetic Resonance Imaging (MRI)

Mammography

Interventional Radiology

Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23221110      Report Date : 15/12/2023  
Request No. : 190092739      15/12/2023 8.18 AM  
Patient Name : Mrs. SUSHILA JAIN  
Gender / Age : Female / 52 Years 11 Months 15 Days

**USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen**

Liver is normal in size and increased in echo pattern. No mass lesion identified. The hepatic veins are clear and patent.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4.5 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured.

Spleen is normal in size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

No ascites.

**COMMENT:**

**Mild fatty liver.**

Kindly correlate clinically.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD.**

Consultant Radiologist



Patient No. : 23221110      Report Date : 15/12/2023  
Request No. : 190092758      15/12/2023 8.18 AM  
Patient Name : **Mrs. SUSHILA JAIN**  
Gender / Age : Female / 52 Years 11 Months 15 Days

**Echo Color Doppler**

MITRAL VALVE : NORMAL, MILD MR, NO MS  
AORTIC VALVE : NORMAL, NO AR, NO AS  
TRICUSPID VALVE : NORMAL, NO TR, NO PAH  
PULMONARY VALVE : NORMAL  
LEFT ATRIUM : NORMAL  
AORTA : NORMAL  
LEFT VENTRICLE : NORMAL LV SIZE AND SYSTOLIC FUNCTION LVEF -- 65%, NO  
RESTING REGIONAL WALL MOTION ABNORMALITY  
RIGHT ATRIUM : NORMAL  
RIGHT VENTRICLE : NORMAL  
I.V.S. : INTACT  
I.A.S. : INTACT  
PULMONARY ARTERY : NORMAL  
PERICARDIUM : NORMAL  
COLOUR/DOPPLER FLOW MAPPING : MILD MR, NO AR // TR, NO PAH

**FINAL CONCLUSION:**

1. NORMAL SIZED ALL CARDIAC CHAMBERS, NO LVH
2. NORMAL LV SYSTOLIC FUNCTION, LVEF -- 65%
3. NO REGIONAL WALL MOTION ABNORMALITY
4. NORMAL DIASTOLIC FUNCTION
5. NORMAL RIGHT HEART SIZE AND RV PRESSURES
6. NORMAL CARDIAC VALVES, NO MITRAL // AORTIC STENOSIS
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.

  
Dr. V.C. CHAUHAN, M.D., CARD.

Name Mrs. Sushila Jain  
Patient ID EGU723221110

15.12.2023 09:57:55  
Standard 12-Lead

BHAILAL AMIN GENERAL HOSPITAL

Age 052Y  
Gender Female

Ref. phys.

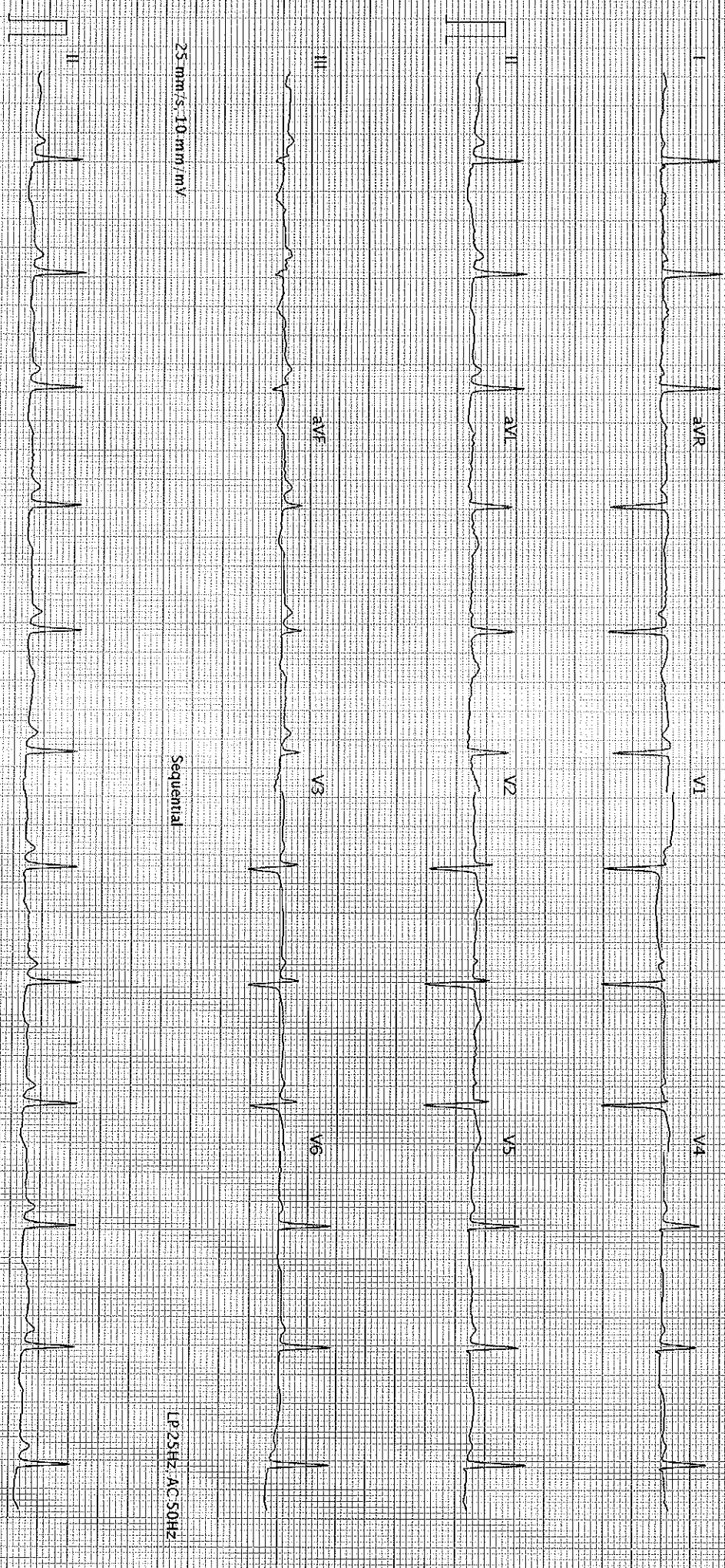
Pacemaker Unknown

HR 73 bpm RR 835 ms  
P 124 ms PR 140 ms  
QRS axis 61° QRS 73 ms  
QRS axis 21° QT 372 ms  
T axis 40° QTcB 410 ms

Unconfirmed report

*PRW*

Remark



25 mm/s, 10 mm/mV

Sequential

LP25HZ AC 50HZ

25 mm/s, 10 mm/mV

LP25HZ AC 50HZ

AT-102-G2-12-0 (G080-011030)

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