

### Mr. DHAWAL PRAJAPATI (32 /M)

**UHID** 

AHIL.0000515502

AHC No

AHILAH212190

Date

09/05/2023

A POIL HOSPITA

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

#### Namaste Mr. DHAWAL PRAJAPATI,

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

**Predicting your risk:** Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

Preventing onset or progress of chronic lifestyle diseases: Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

Overcoming barriers to your wellbeing: Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- Al powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations



We have reviewed the results of the tests and have identified some areas for you to act on . We believe that with focus and targeted interventions, you can be healthier and happier.

Scan the QR code to download the Apollo 247 App



You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via <a href="www.apollo247.com">www.apollo247.com</a> or through the Apollo 24\*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at prohealthcare@apollohospitals.com

Stay Healthy and happy! 

Apollo ProHealth Care team

**Disclaimer:** The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

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: Mr. DHAWAL PRAJAPATI (32 /M)

Address : IDAR, SABARKANTHA, SABARKANTHA, GUJARAT, INDIA



UHID

Date

AHIL.0000515502

AHC No : AHILAH212190

Examined by : Dr. SHASHIKANT NIGAM MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

### **Chief Complaints**

For general health checkup No specific complaints

### **Present Known illness**

No history of

- Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Stroke



### Drug Allergy

NO KNOWN ALLERGY

:09/05/2023



### Systemic Review

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

Calculi - right kidney; Since - SINCE 7-8 YEARS; Renal calculi - yes

**Gynaec history** 

- Nil Significant

Central nervous system

- Nil Significant

Eyes

- Nil Significant

**ENT** 

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant

General symptoms

- Nil Significant



### Past medical history

Do you have any

:

allergies?

Allergies

Past medical history

- nil significant

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Organization is Constituted at 19

- No

Post detection (3

- No

Weeks)

Hospitalization for

- No

Covid 19



Surgical history

Surgical history

- Nil



Personal history

Ethnicity

- Indian Asian

Marital status

Married

No. of children

Male

Diet

- Vegetarian

Alcohol

does not consume alcohol

Smoking

No

Chews tobacco

No

Physical activity

Mild



### **Family history**

Father

- alive

Mother

alive

Sisters

Hypertension

father

Coronary artery

none

disease

Cancer

None

Thyroid/other

- mother

endocrine disorder

### **Physical Examination**



#### General

General appearance

- normal

Build

- normal - 170

Height Weight

- 65.8

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# MEDIWHEEL-FULL BODY CHK-BELOW40-MALE



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- 22.77

Pallor

- No

Oedema

- no



### Cardiovascular system

Heart rate (Per minute)

- 57

Rhythm

- Regular

Systolic(mm of Hg)

- 120

Diastolic(mm of Hg)

- 80

- B.P. Sitting

Heart sounds

- S1S2+

### Respiratory system

Breath sounds

- Normal vesicular breath sounds

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### Abdomen

Organomegaly

- No

**Tenderness** 

- No

Printed By:

MUKTA S ADALTI

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# Organization is Accredited by Joint Commission in PRINE FOR ROUTINE EXAMINATION

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

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Test Name	Result	Unit	Level	Range
Volume	25	mL		
Specific Gravity	1.005			
Colour:	Pale-Yellow			
Transparency:	Clear			
рН	5.5			
Protein:	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Nil			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	Occassional			0-5
RBC	Nil	/hpf		0-5/hpf
Epithelial Cells	Occassional			
Casts:	Absent			
Crystals:	Absent			

### **COMPLETE BLOOD COUNT WITH ESR**

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	11.3 *	gm%		13.0-17.0
Packed cell volume(Calculated)	34.9 *	%		40-50
RBC COUNT (Impedance)	4.04 *	Million/ul		4.5-5.9
MCV (From RBC Histogram)	86.5	fl		80-100
MCH(Calculated)	27.87	pg		27-32
MCHC(Calculated)	32.2	%		31-36
RDW(Calculated)	15.1 *	%		11.5-14.5
WBC Count (Impedance)	5098	/cu mm		4000-11000

Within Normal Range



Borderline High/Low



**Out of Range** 

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Linu and					
Omanization is		52	%		40-75
	Lymphocytes	38	%		20-40
	Monocytes	08	%		2-10
	Eosinophils	02	%		01-06
	Basophils	00	%		0-1
	Platelet Count (Impedance)	329600	/cu mm		150000-450000
	MPV (Calculated)	7.2	fl		7-11
	RBC:	Normochromic	Normocytic RBC	s	
	RBC::	Anisocytosis (+	)		
	Platelets:	Adequate on th	e smear		
	ERYTHROCYTE SEDIMENTATION	11	mm/1st hr		0-15

### **URINE GLUCOSE(FASTING)**

RATE (ESR) (Automated/ optic-

electronic)

Test Name	Result	Unit	Level	Range

Nil Urine Glucose (Post Prandial)

### URINE GLUCOSE(POST PRANDIAL)

Test Name	Result	Unit	Level	Range	
Urine Glucose (Post Prandial)	Nil				

### **BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range

A Positive

## LFT (LIVER FUNCTION TEST)

**BLOOD GROUP:** 

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	24	U/L		0-50
ALKALINE PHOSPHATASE - SERUM/PLASMA	76	U/L		Adult(Male): 40 - 129
AST (SGOT) - SERUM	21	U/L		> 1 year Male : <40
Within Normal Range	Borderline	e High/Low	Out	of Range

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### UHID : AHIL.0000515502



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0.300-1.200 mg/dL 0.455 Total Bilirubin Upto 0.3 mg/dl ma/dL 0.195 Direct Bilirubin mg/dL 0.26 Indirect Bilirubin

1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL

14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL

### **CREATININE - SERUM / PLASMA**

Unit Level Range Result Test Name Adult Male: 0.6 - 1.3 mg/dL CREATININE - SERUM / PLASMA 0.95

### LFT (LIVER FUNCTION TEST)

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Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	13	U/L	•	Male: 10 - 71 Female: 6 - 42

Result

### GLUCOSE - SERUM / PLASMA (FASTING)

70 - 100 : Normal mg/dL 84 Glucose - Plasma (Fasting) 100 - 125 : Impaired Glucose Tolerance

Unit

>= 126 : Diabetes Mellitus

Range

Level

## GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Unit Level Range Result Test Name

70-140 mg/dL 84 Glucose - Plasma (Post Prandial)

## GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

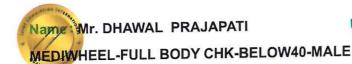
Level Range Result Unit Test Name

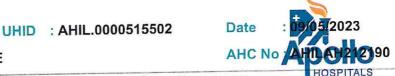
> Out of Range Borderline High/Low Within Normal Range

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Test Name







Organization is Applicationsylated Hemoglobin (HbA1c)

5.2

Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus < 7.0 : Well Controlled Diabetes 7.1 - 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate

Treatment

Range

Level

Estimated Average Glucose.

Test Name

102.54

Result

### LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

PROTEIN TOTAL - SERUM / PLASMA	7.02	g/dL		6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.02	g/dL		6.00-8.00
ALBUMIN - SERUM	4.63	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.63	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	2.39			2.20-4.20
Globulin-Serum/Plasma	2.39			2.20-4.20
A/G ratio	1.94			1.00-2.00
A/G ratio	1.94			1.00-2.00
THYROID PROFILE (T3,T4 AND TSI	<u>H)</u>			
Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.8	nmol/L		Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female: First Trimester: 1.61 - 3.53 Second Trimester: 1.98 - 4.02 Third Trimester: 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	124	nmol/L	•	Adults(20-100 Yrs ):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	1.46	μIU/mL	•	14-120 years : 0.27 - 4.20
Within Normal Range	Borderline	e High/Low	Out	t of Range
Page 9 of 12				







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### **URIC ACID - SERUM**

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

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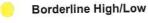
Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.5 *	mg/dL	•	Male : 3.4-7.0 Female : 2.4-5.7
BUN (BLOOD UREA NITROGEN)				
Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7	mg/dL		6-20
UREA - SERUM / PLASMA	16	mg/dL		15 - 50
LIPID PROFILE - SERUM				
Test Name	Result	Unit	Level	Range
Total Cholesterol	163	mg/dl	•	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	109	mg/dL		0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	42 *	mg/dL	•	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	124	mg/dL		100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	22			< 40 mg/dl
C/H RATIO	.4			0-4.5

#### X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.







Out of Range

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### Investigations Not Done / Not Yet Reported

Haematology

STOOL ROUTINE

CARDIOLOGY

**ECG** 

Within Normal Range



Borderline High/Low



Out of Range





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BODY WEIGHT 65.8 KG, IDEAL BODY WEIGHT 54-66 KG .HYPERURICEMIA

.ECG - SINUS BRADYCARDIA

- . ECHO - MILD MITRAL VALVE PROLAPSE
  - NORMAL LV SYSTOLIC FUNCTION, LVEF 60%
  - NORMAL LV COMPLIANCE
  - NO PAH, RVSP: 27 MMHG

.USG ABDOMEN - RIGHT PUJ STONE, MILD FULLNESS OF RIGHT PELVICALYCEAL SYSTEM .CHEST X-RAY - NORMAL

UHID : AHIL.0000515502

.VISION - NORMAL

.DENTAL - AS PER DOCTOR ADVICE

Carrille Party

### **Wellness Prescription**

### Advice On Diet :-



**BALANCED DIET** 

### Advice On Physical Activity :-



REGULAR 30 MINUTES WALK FOR HEALTH AND 60 MINUTES FOR WEIGHT REDUCTION PRACTICE YOGA AND MEDITATION MAINTAIN WEIGHT BETWEEN 54-66 KG

Printed By: MUKTA S ADALTI

Dr.SHASHIKANT NIGAM

AHC Physician / Consultant Internal Medicine

Dr. Shashikant Nigam MBBS, MD (Gen. Med.) Consultant Internal Medicinia
Apollo Hospitals International Ltd., Gar chinagar, Gujarat-382428, INDIA, Regd. No.: G-21961

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

### CARDIOLOGY

Patient Details : Mr. DHAWAL PRAJAPATI | Male | 32Yr 0Mth 5Days

UHID : AHIL.0000515502 Patient Location: AHC

Patient Identifier: AHILAH212190

DRN : 5623042623 Completed on: 09-MAY-2023 13:48

Ref Doctor : DR. SHASHIKANT NIGAM

### ECHO/TMT

### FINDINGS:

Normal cardiac chamber dimensions.

Normal LV systolic function, LVEF: 60%.

No Regional wall motion abnormalities at rest.

Normal LV compliance.

Mild Mitral valve prolapse.

Other cardiac valves are structurally normal.

Trivial MR, No AR, Trivial TR.

No PAH, RVSP: 27 mm Hg.

No Clot / Vegetation / effusion.

### MEASUREMENTS (mm) ::

	LVID diastole	LVID systole	IVSd/LVPW	LA Size	AO (Root)
Measurements (mm)	48	30	9/9	32	26

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### **RADIOLOGY**

Mr. DHAWAL PRAJAPATI | Male | 32Yr 0Mth 5Days Patient Details:

AHIL.0000515502 **Patient Location: UHID** 

AHILAH212190 Patient Identifier:

09-MAY-2023 14:52 Completed on: 123062068 DRN

DR. SHASHIKANT NIGAM **Ref Doctor** 

### X-RAY CHEST PA

### FINDINGS:

Lung fields are clear.

Cardio thoracic ratio is normal.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

#### **IMPRESSION**

NORMAL STUDY.

- END OF THE REPORT --

AKSHAY SHARMA

Medical Officer

Printed on:

09-May-2023 15:58

Printed By: 153182

Reported By: 717876

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#### **RADIOLOGY**

Patient Details : Mr. DHAWAL PRAJAPATI | Male | 32Yr 0Mth 5Days

UHID: AHIL.0000515502 Patient Location: AHC

Patient Identifier: AHILAH212190

Ref Doctor : DR. SHASHIKANT NIGAM

### **USG WHOLE ABDOMEN**

#### FINDINGS:

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 8.5 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. Pelvicalyceal system on left side appear normal.

A stone of size 9 mm is seen in right pelvi-ureteric junction.

Mild fullness of right pelvicalyceal system is seen.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate is normal in size and echopattern.

### IMPRESSION:

Right PUJ stone.

Mild fullness of right pelvicalyceal system.

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Mr	DHA	WAL	PR A	TA	PATI
IVII.		VVA			

AHIL.0000515502

AHILAH212190

### **USG WHOLE ABDOMEN**

- END OF THE REPORT -

S. S. Posmue

SIDDHARTH S PARMAR

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<b>OPTHALMIC</b>	EXAMIN
	Total Control of the

CORDS

Name:

AHIL.0000515502

Mr. DHAWAL PRAJAPATI

Date: 09 (05/23

UHID:

32 Year(s) / Male

Distance Vision:

Right Eye -

Left Eye -

Near Vision:

Right Eye:

Left.Eye:

NE

APLN.TN - Right Eye

13

Left Eye- 14

mmHg

Both Eye - Colour Vision

Norma

Both Eye - Anterior Segment Examinations -

Normal

Both Eye Posterior Segment Examinations -

pt is fit from ourside

Doctor's Signature

Dr. Jahedabaru Shaikh MBBS, DNB Ophthalmology Junior Copylifyalmologist Name Apollo Nospials all Junioral Limited Bhat, CIDC Estate, Candhinagar

AHMROP028V1

Y: ENERNO			Croer Nim			
	Apollo Ho				UW. # /- # WILL	mmHg
Wale	Gandinag	bhai Gandinagar	Medication 1: Medication 2:			
32 Years			Medication 3			
QRS OT/OTGBaz		Sinus bradycardia Otherwise normal ECG		Tech Order	Technician. Ordering Ph:	
PR				Attend		
RR/PP P/QR\$/T	. 1280 / 1276 ms 28 / 24 / - 18 degrees					
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