

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS		
NAME	MR. KUMAR RAMESH		
EC NO.	114938		
DESIGNATION	SINGLE WINDOW OPERATOR A		
PLACE OF WORK	GHAZIABAD,RAJINDER NAGAR		
BIRTHDATE	10-08-1967		
PROPOSED DATE OF HEALTH	14-01-2023		
BOOKING REFERENCE NO.	22M114938100036246E		

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 10-01-2023 till 31-03-2023 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





Indian Union Driving Licence Issued by Uttar Pradesh

UP14 20160026816



Issue Date Validity (NT) Validity (TR) 29-08-2022 28-08-2027 -----

Name:

RAMESH KUMAR

Date of Birth: 10-08-1967 Blood Group:

Son/Daughter/Wife of: MAHABIR

Address: F-2 2/1A SEC-2 NEAR DLF PUBLIC SCHOOL RAJENDRA NAGAR SAHIBABAD GHAZIABAD 201005

Organ Donor: N

Date of First Issue



RADIOLOGY REPORT

Name	Ramesh KUMAR	Modality	DX
Patient ID	MH010712448	Accession No	R5036908
Gender/Age	M / 55Y 5M 5D	Scan Date	14-01-2023 09:32:27
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	14-01-2023 10:20:05

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal. TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal. VISUALIZED NECK: Normal.

IMPRESSION

XR- CHEST PA VIEW

No significant abnormality seen.

Please correlate clinically



RADIOLOGY REPORT

Name	Ramesh KUMAR	Modality	DX
Patient ID	MH010712448	Accession No	R5036908
Gender/Age	M / 55Y 5M 5D	Scan Date	14-01-2023 09:32:27
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	14-01-2023 10:20:05

Stamph

Dr. Prabhat Prakash Gupta, MBBS,DNB,MNAMS,FRCR(I) Consultant Radiologist, Reg no DMC/R/14242



RADIOLOGY REPORT

Ramesh KUMAR	Modality	US
MH010712448	Accession No	R5036909
M / 55Y 5M 5D	Scan Date	14-01-2023 10:07:21
Dr. HEALTH CHECK MGD	Report Date	14-01-2023 11:27:44
	MH010712448 M / 55Y 5M 5D	MH010712448

USG ABDOMEN & PELVIS

FINDINGS

LIVER: Liver is normal in size (measures 146 mm), shape and echotexture. Rest normal.

SPLEEN: appears enlarged in size (measures 123 mm) but normal in shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 8.6 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.4 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.

Rest normal.

Right Kidney: measures 92 x 46 mm. Left Kidney: measures 91 x 42 mm. PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal. PROSTATE: Prostate is normal in size, shape and echotexture. It measures 39 x 28 x 26 mm with volume 15 cc. Rest

normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Splenomegaly.

Recommend clinical correlation.

Dr. Monica Shekhawat, MBBS, DNB,

Consultant Radiologist, Reg No MCI 11 10887

MANIPAL HOSPITALS



Name

MR RAMESH KUMAR

Age

55 Yr(s) Sex: Male

Registration No

MH010712448

Lab No

32230105102

Collection Date:

Patient Episode

H18000000141

14 Jan 2023 20:28

Referred By

HEALTH CHECK MGD

Reporting Date:

14 Jan 2023 21:56

Receiving Date

14 Jan 2023 21:04

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Test Name

Result

Unit

Biological Ref. Interval

TOTAL PSA, Serum (ECLIA)

0.404

ng/mL

[<3.500]

Note: PSA is a glycoprotein that is produced by the prostate gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by BPH, prostatitis, or prostate cancer may increase circulating PSA levels.

Caution : Serum markers are not specific for malignancy, and values may vary by method.

Immediate PSA testing following digital rectal examination, ejaculation, prostate massage urethral instrumentation, prostate biopsy may increase PSA levels.

Some patients who have been exposed to animal antigens, may have circulating anti-

antibodies present. These antibodies may interfere with the assay reagents to produce unreliable results.

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Name

MR RAMESH KUMAR

Age

55 Yr(s) Sex :Male

Registration No

MH010712448

Lab No

32230105102

Patient Episode

TT10000000144

Collection Date:

14 Jan 2023 20:28

Referred By

: H18000000141

Reporting Date:

14 Jan 2023 21:56

Receiving Date

HEALTH CHECK MGD 14 Jan 2023 21:04

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

THYROID PROFILE, Serum

			1
T3 - Triiodothyronine (ECLIA)	0.77	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	5.89	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	1.800	µIU/mL	[0.340-4.250]

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m. and at a minimum between 6-10 pm. Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- * References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

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-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY



Name

MR RAMESH KUMAR

Age 55 Yr(s) Sex: Male

Registration No

MH010712448

202301001452 Lab No

Patient Episode

H18000000141

Referred By

Collection Date: 14 Jan 2023 09:20

TEST

ESR

HEALTH CHECK MGD

14 Jan 2023 12:47 Reporting Date:

BIOLOGICAL REFERENCE INTERVAL

Receiving Date 14 Jan 2023 10:22

HAEMATOLOGY

UNIT

/1sthour

RESULT

	RESCEI		
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole B	lood
COMPLETE BLOOD COUNT (AUTOMATED)	(SPECIMEN-EDIA WHOLE B	1000
RBC COUNT (IMPEDENCE)	5.47	millions/cu mm	[4.50-5.50]
HEMOGLOBIN	14.9	g/dl	[13.0-17.0]
Method: cyanide free SLS-colorime	etry		
HEMATOCRIT (CALCULATED)	45.5	8	[40.0-50.0]
MCV (DERIVED)	83.2	fL	[83.0-101.0]
MCH (CALCULATED)	27.2	pg	[27.0-32.0]
MCHC (CALCULATED)	32.7	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	14.1 #	%	[11.6-14.0]
Platelet count	155	x 103 cells/cumm	[150-400]
MPV (DERIVED)	12.5		
WBC COUNT(TC)(IMPEDENCE)	6.51	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT	0.51	A 10 CC115/ Cullin	[1.00 10.00]
(VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	63.0	%	[40.0-80.0]
Lymphocytes	26.0	%	[17.0-45.0]
Monocytes	8.0	8	[2.0-10.0]
Eosinophils	3.0	8	[2.0-7.0]
Basophils	0.0	8	[0.0-2.0]

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[0.0-

5.0



Name

MR RAMESH KUMAR

Age

55 Yr(s) Sex :Male

Registration No

MH010712448

Lab No

202301001452

Patient Episode

Collection Date:

14 Jan 2023 10:22

H18000000141

Referred By

HEALTH CHECK MGD

Reporting Date:

14 Jan 2023 12:50

Receiving Date

14 Jan 2023 10:22

CLINICAL PATHOLOGY

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour

PALE YELLOW

(Pale Yellow - Yellow)

Appearance

CLEAR

(4.6-8.0)

Reaction[pH] Specific Gravity 7.0 1.030

(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin

Negative

(NOT DETECTED)

Glucose

Normal

(NOT DETECTED)

Ketone Bodies Urobilinogen

Normal

(NORMAL)

NegativeKetone BodiesNegative(NOT DETECTED)

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells

1-2 /hpf

(0-5/hpf)

RBC

0-1/hpf

(0-2/hpf)

Epithelial Cells

nil

/hpf

CASTS

nil

Crystals

nil

OTHERS

nil

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Name

MR RAMESH KUMAR

Age

55 Yr(s) Sex :Male

Registration No

MH010712448

Lab No

202301001452

Patient Episode

Collection Date:

14 Jan 2023 09:20

Referred By

H18000000141

HEALTH CHECK MGD

Reporting Date:

14 Jan 2023 17:15

Receiving Date

14 Jan 2023 10:22

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

HbAlc (Glycosylated Hemoglobin)

5.9 #

[0.0-5.6]

Method: HPLC

As per American Diabetes Association (ADA

Non diabetic adults >= 18years <5.7

Prediabetes (At Risk) 5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

123

mq/dl

Comments: HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL

TRIGLYCERIDES (GPO/POD)

CHOLESTEROL, LDL, DIRECT

Method: Enzymatic Immunoimhibition VLDL- CHOLESTEROL (Calculated)

HDL- CHOLESTEROL

Above optimal-100-129

146

183 #

32.0 #

77.0

37 #

mq/dl

mg/dl

mg/dl

mg/dl

mg/dl

[<200]

Moderate risk:200-239

High risk:>240

[<150]

Borderline high: 151-199 High: 200 - 499

Very high:>500

[35.0-65.0]

[0-35]

[<120.0]

Near/

Borderline High: 130-159 High Risk: 160-189

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MANIPAL HOSPITALS



Name

MR RAMESH KUMAR

Age

55 Yr(s) Sex :Male

Registration No

MH010712448

Lab No

202301001452

Patient Episode

H18000000141

Collection Date:

14 Jan 2023 09:20

Referred By

H18000000141

Reporting Date:

14 Jan 2023 12:47

Receiving Date

: HEALTH CHECK MGD: 14 Jan 2023 10:22

BIOCHEMISTRY

TEST

UNIT

BIOLOGICAL REFERENCE INTERVAL

T.Chol/HDL.Chol ratio(Calculated)

4.6

RESULT

<4.0 Optimal

4.0-5.0 Borderline

>6 High Risk

LDL.CHOL/HDL.CHOL Ratio(Calculated)

2.4

<3 Optimal

3-4 Borderline

>6 High Risk

Note:

Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum				
UREA	25.5	mg/dl	[15.0-40.0]	
Method: GLDH, Kinatic assay				
BUN, BLOOD UREA NITROGEN	11.9	mg/dl	[8.0-20.0]	
Method: Calculated				
CREATININE, SERUM	1.00	mg/dl	[0.70-1.20]	
Method: Jaffe rate-IDMS Standardization				
URIC ACID	7.3	mg/dl	[4.0-8.5]	
Method:uricase PAP				
SODIUM, SERUM	138.0	mmol/L	[136.0-144.0]	67
POTASSIUM, SERUM	4.60	mmol/L	[3.60-5.10]	
SERUM CHLORIDE	107.5	mmol/1	[101.0-111.0]	
Method: ISE Indirect				
eGFR (calculated) Technical Note	84.4	ml/min/1.73sq.m	[>60.0]	
eGFR which is primarily based on Serum	Creatinine	is a derivation of	CKD-EPI 2009	
reservations from the second contract the second contract of the contract of the second con		181 D		

equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years.

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Name

MR RAMESH KUMAR

Age

55 Yr(s) Sex :Male

Registration No

MH010712448

Lab No

202301001452

Patient Episode

H18000000141

Collection Date:

14 Jan 2023 09:20

Referred By

HEALTH CHECK MGD

Reporting Date:

14 Jan 2023 12:33

Receiving Date

14 Jan 2023 10:22

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LIVER FUNCTION TEST

BILIRUBIN - TOTAL Method: D P D	0.64	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.11	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.53 #	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	6.70	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.13	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	2.60	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.61		[1.00-2.50]
AST(SGOT) (SERUM) Method: IFCC W/O P5P	18.00	U/L	[0.00-40.00]
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	14.00 #	U/L	[17.00-63.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	55.0	IU/L	[32.0-91.0]

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Name

MR RAMESH KUMAR

Age

55 Yr(s) Sex :Male

Registration No

MH010712448

Lab No

202301001452

Patient Episode

H18000000141

Collection Date:

14 Jan 2023 09:20

Referred By

HEALTH CHECK MGD

Reporting Date:

14 Jan 2023 12:47

Receiving Date

: 14 Jan 2023 10:22

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GGT

14.0

[7.0-50.0]

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing

AB Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT-----

Dr. Charu Agarwal Consultant Pathologist



Name

MR RAMESH KUMAR

: MH010712448

Registration No Patient Episode

: H18000000141

Referred By

: HEALTH CHECK MGD

Receiving Date

: 14 Jan 2023 09:20

Age

55 Yr(s) Sex :Male

Lab No

202301001453

Collection Date:

14 Jan 2023 09:20

Reporting Date:

14 Jan 2023 12:47

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F)
Method: Hexokinase

98.0

mg/dl

[70.0-110.0]

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----END OF REPORT--

Dr. Charu Agarwal Consultant Pathologist



Name

MR RAMESH KUMAR

Age

Lab No

55 Yr(s) Sex :Male

Registration No

MH010712448

202301001454

Patient Episode

H18000000141

Collection Date:

14 Jan 2023 14:37

Referred By

HEALTH CHECK MGD

14 Jan 2023 15:55

Reporting Date:

Receiving Date

14 Jan 2023 14:37

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Specimen: Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS

98.0

mg/dl

[80.0-140.0]

Method: Hexokinase

Note:

Conditions which can lead to lower postprandial glucose levels as compared to

fasting glucose are excessive insulin release, rapid gastric emptying,

brisk glucose absorption , post exercise

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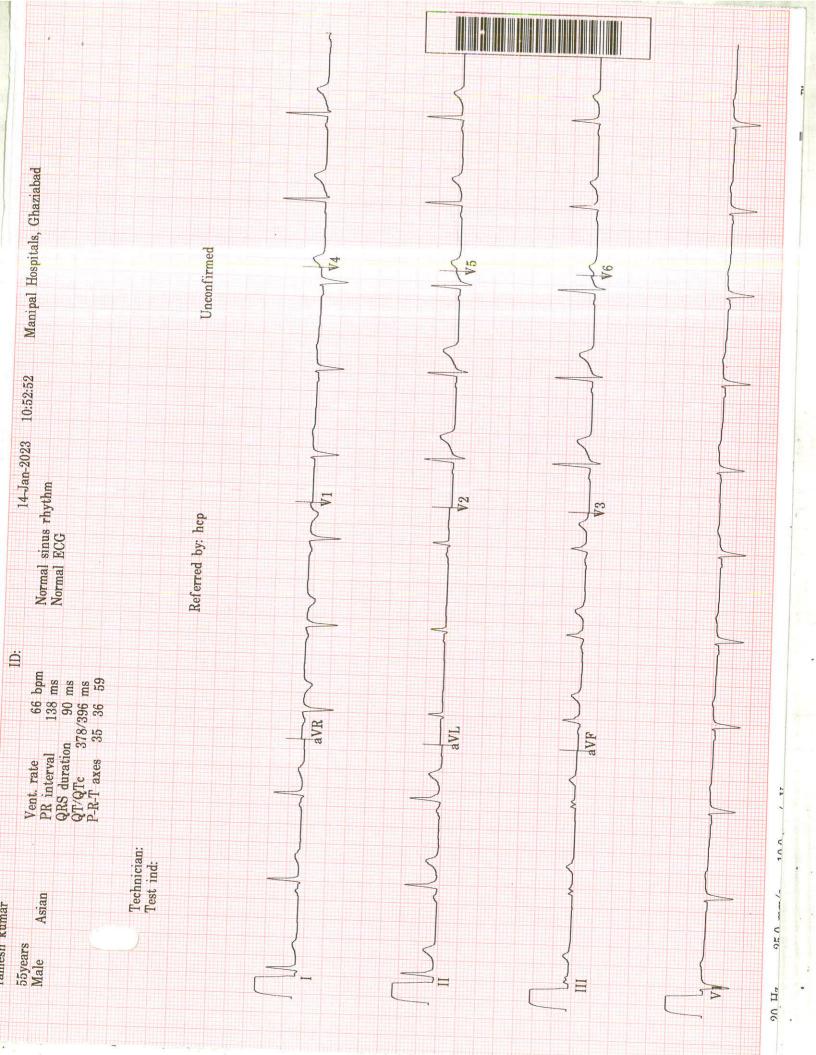
-----END OF REPORT-----

Dr. Alka Dixit Vats **Consultant Pathologist**

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002 www.manipalhospitals.com

This report is subject to the terms and conditions mentioned overleaf







TMT INVESTIGATION REPORT

Patient Name: Mr.Ramesh KUMAR

Location

: Ghaziabad

Age/Sex

: 55Year(s)/male

Visit No

: V000000001-GHZB

MRN No

:MH010712448

Order Date

: 14/01/2023

Ref. Doctor : HCP

Report Date

: 14/01/2023

Protocol

: Bruce

MPHR

: 165BPM

Duration of exercise

: 6min 10sec

85% of MPHR

: 140BPM

Reason for termination: THR achieved

Peak HR Achieved : 145BPM % Target HR

Blood Pressure (mmHg) : Baseline BP : 140/78mmHg

Peak BP

: 154/78mmHg

METS

: 87% : 7.2METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	93	140/78	Nil	No ST changes seen	Nil
STAGE 1	3:00	117	146/78	Nil	No ST changes seen	Nil
STAGE 2	3:00	140	154/78	Nil	No ST changes seen	Nil
STAGE 3	0:10	145	154/78	Nil	No ST changes seen	Nil
RECOVERY	2:44	104	150/78	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is negative for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

MD, DM (CARDIOLOGY), FACC MD, DNB (CARDIOLOGY), MNAMS MD Sr. Consultant Cardiology

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

Sr.Consultant Cardiology

Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P: 0120-616 5666

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017