

Dr. Vimmi Goel

MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113



Name: Mrs. Kanchar Londhe Date: 26/11/22

Age: 32 y Sex: M/F Weight: 66.9 kg Height: 157.2 Inc BMI: 27.1

BP: 130/80 mmHg Pulse: 103 h bpm RBS: _____ mg/dl

SpO₂: 100%

LMP: 10/11/22

32/F

Non HT

Non DM

NO compl.

O/E

JVP°

Clen
M
PIA / ~

R

• T. Pizfer XT * -1 - * (60)
A/L

• Diet as advised

• Review SOS

I/M.

- Hb-10.2
- MCHC
- Ren wtd

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Reg.No.: 2014/01/0113

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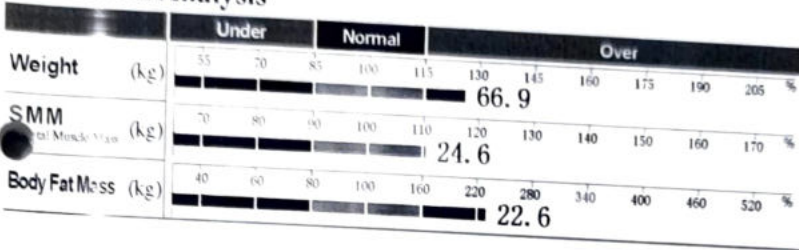
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

ID 125780	Height 157.2cm	Age 32	Gender Female	Test Date / Time 26. 11. 2022 11:47
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Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	32.5 (27.1~33.1)
What I need to build muscles	Protein (kg)	8.9 (7.3~8.9)
What I need for strong bones	Mineral (kg)	2.94 (2.50~3.06)
Where my excess energy is stored	Body Fat Mass (kg)	22.6 (10.6~17.0)
Sum of the above	Weight (kg)	66.9 (45.1~61.1)

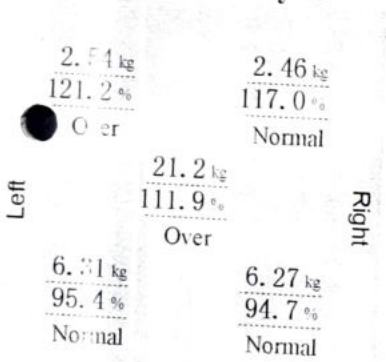
Muscle-Fat Analysis



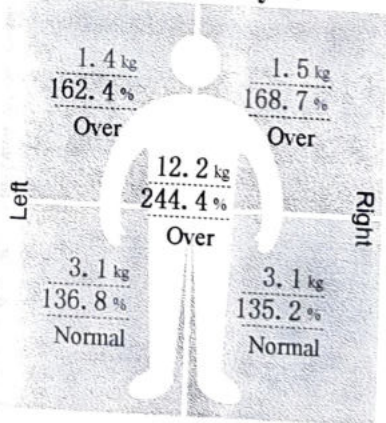
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History

	26. 11. 2022 11:47			
Weight (kg)	66.9			
SMM (kg)	24.6			
PBF (%)	33.7			

InBody Score

74 / 100 Points

* Total score that results from the evaluation of body composition. A maximum score of 100 points.

Weight Control

Target Weight	57.6 kg
Weight Control	-9.3 kg
Fat Control	-9.3 kg
Muscle Control	0.0 kg

Obesity Evaluation

BMI	<input type="checkbox"/> Normal <input type="checkbox"/> Under <input checked="" type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over

Waist-Hip Ratio

0.96

Visceral Fat Level

Level 10

Research Parameters

Fat Free Mass	44.3 kg
Basal Metabolic Rate	1328 kcal/day
Obesity Degree	126%
SMI	7.1 kg/m²
Recommended calorie intake	1612 kcal/day

Calorie Expenditure of Exercise

Golf	118	Gateball	120
Walking	134	Yoga	120
Badminton	151	Table Tennis	120
Tennis	201	Bicycling	120
Boxing	201	Basketball	120
Mountain Climbing	218	Jumping Rope	120
Aerobics	234	Jogging	120
Soccer	234	Swimming	120
Japanese Fencing	235	Racketball	120
Squash	235	Taekwondo	120

* Based on your current weight
* Based on 30 minute duration

Impedance

	RA	LA	TR	RL	LL
Z(Ω) 20 kHz	353.7	340.4	24.4	308.3	341.6
100 kHz	313.8	299.9	20.0	272.3	305.1

Name : Mrs Kanchan Koshan DOB : _____ Date : 26/11/2022

Age : 32y Sex : M/F ✓ Weight : _____ kg Height : _____ in BMI : _____

BP : _____ mmHg Pulse : _____ bpm
 for health check-up.

offers no complaint.

LMP - 9/11/2022

M/H → reg, 4-5d / 30-40 days

O/H → P₂L₂
 P₁ → 8yrs LSCS (A&H)
 P₂ → 2yrs LSCS (A&H).

P/H → N.R

S/H → 2 LSCS.

Adv

BP - 130/80 mmHg

Pulse - 103/min

P/A - soft

P/S - cx (H) vaginitis

P/V - NAD.

P.T.O

Adv
 Breast - blc soft
 secretions ⊕



Patient Name: Mrs Kanchan Roshan Londhe

UHID KH125780	Age Patient Type 32 Y / -	Gender Female	Admission No OPRI-74341
Speciality	Registration No.	Created By Ashish Kamble	

RIGHT EYE

Sph	Cyl	Axis	Visual Acuity
00	00	00	6/6

LEFT EYE

Sph	Cyl	Axis	Visual Acuity
00	00	00	6/6

Near: Addition

RIGHT

N6

Printed By

LEFT

N6

26-11-2022 11:08 AM

Print Date & Time

UHID	KH125780	Order Date & time	26-11-2022
Patient Name	Mrs Kanchan Roshan Londhe	Sample Collection Date	26-11-2022 08:29 AM
Age/Gender	32 Y/Female	Acknowledge Date	26-11-2022 09:02 AM
Patient Type	OP	Visit No	OP-118458
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-307748	Accession Number	0150613

Haematology

Service Name	Result	Unit	Reference Range	Method
Haemogram (CBC with ESR), Whole Blood				
Erythrocytes				
* Haemoglobin	10.2 L	gm/dl	12-15	Photometric Measurement
* RBC count	4.58	millions/cumm	3.8-4.8	Photometric Measurement
* Packed Cell Volume (PCV/HCT)	32.7 L	%	36-46	Calculated
* MCV	71 L	fl	83-101	Calculated
* MCH	22.4 L	pg	27-32	Calculated
* MCHC	31.3 L	gm/dl	31.5-34.5	Calculated
* RDW	18.8 H	%	11.5-14.0	Calculated
Leucocytes				
* TLC (Total Leukocyte Count)	7000	/cumm	4000-10000	Flow cytometry
* Neutrophils	57.4	%	50-70	
* Lymphocytes	38.6 H	%	25-30	
* Eosinophils	1.6	%	1-5	
* Monocytes	2.4 L	%	5-10	
* Basophils	0.0 L	%	1-2	
* Large Immature Cells	0.0	%		
* Absolute Neutrophil Count	4018.00	/cumm	2000-7000	Calculated
* Absolute Lymphocyte Count	2702.00	/cumm	1000-4800	Calculated
* Absolute Eosinophil Count	112.00	/Cumm	20-500	Calculated
* Absolute Monocyte Count	168.00 L	/cumm	200-1000	Calculated
* Absolute Basophil Count	0.00 L	/cumm	20-100	Calculated
Platelets				
* Platelet Count	315	10 ³ /cumm	150-450	Impedance
* MPV	10.1 H	fl	6.0-9.5	Calculated
* PCT (Platelet Hematocrit)	0.32	%	0.2-0.5	
* PDW (Platelet Distribution Width)	19.50 H	%	9-17	
Peripheral Smear Examination				
RBC Morphology				
* Hypochromia	+ (Few)			
* Microcytosis	+ (Few)			
* Anisocytosis	+ (Few)			
* WBCs	As Above			
* Platelets	Adequate			
* ESR (Westergren)	15	mm/hr	<20	Westergren
* Blood Grouping & RH Factor, Whole Blood & Serum	"O" Rh POSITIVE			Column agglutination test
* HbA1c (Glycosylated Haemoglobin), Blood	5.7 H	%	Non-Diabetic: <=5.6 % Pre-Diabetic: 5.7-6.4 % Diabetic >=6.5 %	HPLC

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Clinical Biochemistry

44, Pravara Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510

Service Name	Result	Unit	Reference Range	Method
Fasting Blood Sugar, Plasma	97.0	mg/dL	<100	GOD/POD, Colorimetric

UHID	KH125780	Order Date & time	26-11-2022
Patient Name	Mrs Kanchan Roshan Londhe	Sample Collection Date	26-11-2022 08:29 AM
Age/Gender	32 Y/Female	Acknowledge Date	26-11-2022 09:02 AM
Patient Type	OP	Visit No	OP-118458
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-307748	Accession Number	0150613

Service Name	Result	Unit	Reference Range	Method
* Post Prandial Blood Sugar, Plasma	79.0	mg%	<140	GOD/POD, Colorimetric
Lipid Profile, Serum				
* Cholesterol	138.00	mg/dL	<200 Normal Less than 150 mg/dl Borderline High 150 - 199 mg/dl High 200 - 499 mg/dl Very High More than 499 mg/dl	Enzymatic Method
* Triglyceride	99.0	mg/dL		Enzymatic(Lipase/GK/GPO/POD)
* HDL Cholesterol Direct	31.0 L	mg/dL	Major risk factor for Heart disease <40 mg/dl (Males) Major risk factor for Heart disease <50 mg/dl (Female) Negative risk factor for Heart disease >60 mg/dl Optimal <100 mg/dl Near optimal 100 - 129 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
* LDL Cholesterol (Direct)	92.1	mg/dL	Borderline high 130 - 159 mg/dl High 60 - 189 mg/dl Very High >190 mg/dl	Enzymatic
* VLDL	20.00	mg/dL	<30	Calculated
* Cholesterol/HDL Ratio	4.00		3-5	Calculated
* Non HDL	107.00	mg/dL		Calculated
Kidney Function Test (KFT), Serum				
Blood Urea	19.00	mg/dL	15-36	Urease with indicator dye
* Creatinine	0.55	mg/dL	0.52-1.04	Enzymatic (creatinine amidohydrolase)
* eGFR	124.11	mL/min/1.73m ²		Calculated
* Sodium	142	mmol/L	136-145	Direct ion selective electrode
* Potassium	5.32 H	mmol/L	3.5-5.1	Direct ion selective electrode
BUN (Blood Urea Nitrogen), Serum	8.87	mg/dL	7-17	Urease with indicator dye
Liver Function test, Serum				
* Total Bilirubin	0.21	mg/dL	0.2-1.3	Azobilirubin/Dyphylline
* Bilirubin Direct	0.11	mg/dL	0.1-0.3	Calculated
* Bilirubin Indirect	0.10	mg/dL	0.1-1.1	Dual wavelength Spectrophotometric
* SGOT (AST)	20	U/L	13-35	Kinetic with pyridoxal 5 phosphate
* SGPT (ALT)	19	U/L	13-45	Kinetic with pyridoxal 5 phosphate
* Alkaline Phosphatase	86.00	U/L	38-126	Pnpp/AMP buffer
* Total Protein	7.66	gm/dl	6.3-8.2	Biuret(Alkaline cupric Sulfate)
* Albumin	4.55	gm/dl	3.5-5.0	Biuret(Alkaline cupric Sulfate)
* Globulin	3.11	gm/dl	2-4	Biuret(Alkaline cupric Sulfate)
* Albumin/Globulin Ratio	1.46			Calculated
* Gamma GT (GGT), Serum	17.0	U/L	12-43	Calculated Kinetic Method

UHID	KH125780	Order Date & time	26-11-2022
Patient Name	Mrs Kanchan Roshan Londhe	Sample Collection Date	26-11-2022 08:29 AM
Age/Gender	32 Y/Female	Acknowledge Date	26-11-2022 09:02 AM
Patient Type	OP	Visit No	OP-118458
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-307748	Accession Number	0150613

Service Name	Result	Unit	Reference Range	Method
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Interpretation:

:A high fat meal may cause decreased bilirubin levels by interfering with the clinical reactions.
GT activity is elevated in all forms of liver disease. This test is much more sensitive than either the alkaline phosphatase test or the transaminase test (i.e., SGOT, SGPT) in detecting obstructive jaundice, cholangitis, and cholecystitis. It is also indicated in the differential diagnosis of liver disease in children and pregnant women who have elevated levels of LDH and alkaline phosphatase.

* Uric Acid, Serum	4.21 ✓	mg/dL	2.6-6.0	Uricase/Peroxidase (Colorimetric)
Thyroid Function Test (T3,FT4,TSH), Serum				
* T3	1.40	ng/mL	0.55-1.7	Enhanced chemiluminescence
* Free T4	1.31	ng/dL	0.8-1.7	Enhanced chemiluminescence
* Thyroid Stimulating Hormone (TSH)	2.36 ✓	uIU/mL	0.5-4.8	Enhanced chemiluminescence

Clinical Pathology

Service Name	Result	Unit	Reference Range	Method
Urine Routine and Microscopy, Urine				
Physical Examination				
* Volume	30 ml			
* Appearance	Clear			
* Colour	Pale Yellow			
* PH	6.5	NA	4.6-8.0	
* Specific Gravity	1.015 L	NA	1.016-1.022	
Chemical Examination				Iodometric method
Protein	Negative	mg/dL		
Glucose	Negative			
* Ketone	Negative			
* Bilirubin	Negative			
* Urobilinogen	Normal			
* Nitrate	Negative			
Microscopic Examination				
* Pus Cells	0-1	/ hpf		
* Epithelial Cells	0-1	/ hpf		
* Red Blood Cells	Absent	/ hpf		
* Crystal	Absent			
* Cast	Absent			
* Bacteria	Absent	/hpf		
* Other	.			
Urine Sugar Fasting, Urine	Negative			GOD/POD
Urine Post Prandial Sugar, Urine	Negative			GOD/POD

Disclaimer: Only Starred Parameters are under the Scope of NABL

UHID	KH125780	Patient Name	Mrs Kanchan Roshan
Age	32 Y	Gender	Londhe
Payer Name	Self	Payer Type	Female
Order Date & time	26-11-2022 12:00 AM	Acknowledge Date	cash
Refer By	Dr Vimmi Goel	Treating Doctor Speciality	26-11-2022 09:12 AM
Accession Number	OPRDAC-23729	DOB	Non Invasive Cardiology
Patient Type	OP	Order Id	ODRID-307748

X-Ray Chest AP

Both the lung fields are clear.

Heart and Aorta are normal.


Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.


Dr Asawari S Lautre
Consultant Radiologist
MBBS,MD (Radio-Diag)



KINGSWAY

HOSPITALS

PERSONALISING HEALTHCARE

A Unit of SPANV MedResearch Lifesciences Pvt. Ltd.

CIN U74999MH2018PTC303510

SPANV MedResearch Lifesciences Pvt. Ltd.

44, Kingsway, Near Kasturchand Park,
Nagpur - 440 001, Maharashtra, India

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510

GST: 27AAZCS7904H1ZM

UHID	KH125780	Patient Name	Mrs Kanchan Roshan
Age	32 Y	Gender	Londhe
Payer Name	Self	Payer Type	Female
Order Date & time	26-11-2022 12:00 AM	Acknowledge Date	cash
Refer By	Dr Vimmi Goel	Treating Doctor Speciality	26-11-2022 09:17 AM
Accession Number	OPRDAC-23730	DOB	Non Invasive Cardiology
Patient Type	OP	Order Id	ODRID-307748

USG Whole Abdomen

LIVER is normal in size (11.3 cm), shape and **shows mild increase in echotexture**. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (10.6 cm), shape and echotexture. No focal lesion seen.

Right kidney measures - 10.5 x 4.5 cm. Left kidney measures - 11 x 4.3 cm

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

URINARY BLADDER is well distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. No focal myometrial lesion seen.

Endometrial echo-complex appears normal. ET- 11 mm.

Bilateral adnexa are clear.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION: USG reveals,

Grade I fatty liver.

No other significant visceral abnormality seen.

Dr Asawari S Lautre
Consultant Radiologist
MBBS,MD (Radio-Diag)

44, Kingsway, Near Kasturchand Park, Nagpur, Maharashtra, India - 440 001.

Phone: + 91 7126789100 | Email: info@kingswayhospitals.com

www.kingswayhospitals.com

Toll-free Number 1800 266 8346 | Emergency No: 0712-6789200 | Ambulance No: 60096 60098

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2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Kanchan Roshan Londhe
Age : 32 years / Female
UHID : KH125780
Date : 26/11/2022
Done by : Dr. Vimmi Goel
ECG : NSR, WNL

Impression:

Normal 2D Echocardiography Study

Normal chamber dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 65%
Normal LV diastolic function
E/A is 1.5
E/E' is 8.5 (Normal filling pressure)
Valves are normal
Trivial MR
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 65%. Normal LV diastolic function. E Velocity is 89 cm/s, A Velocity is 61 cm/s. E/A is 1.5. Valves are normal. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

E' at medial mitral annulus is 9.4 cm/sec & at lateral mitral annulus is 11.8 cm/sec.
E/E' is 8.5 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	29
Aortic root	20-37	7-28	22
LVIDd	35-55	8-47	41
LVIDs	23-39	6-28	26
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	65%
Fractional Shortening			35%

P.T.O


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology



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Phone: +91 712 2523996 | Email: info@kingswayhospitals.com

www.kingswayhospitals.com CIN U74999MH2018PTC303510

KH125780
32 Years

MRS. KANCHAN LODHE
Female

26-Nov-22 11:27:14 AM
KIMS-KINGSWAY HOSPITALS
PHC DEPT.

Rate 90 . Sinus rhythm.....normal P axis, V-rate 50- 99

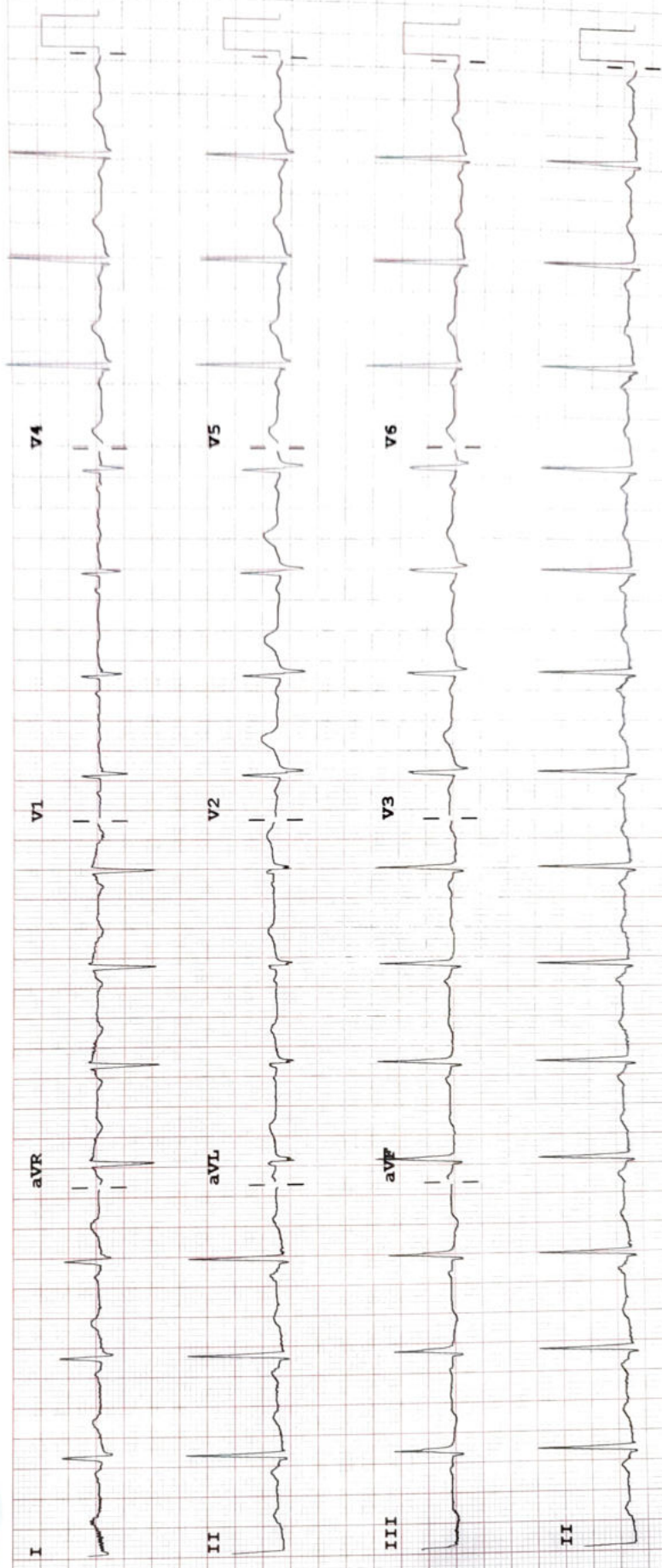
PR 132
QRSD 91
QT 357
QTc 437

--AXIS--
P 51
QRS 66
T -5

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL

P?



PHILIPS