

Name: Mrs. Rohini Dede Date: 14/01/23

Age: 40y Sex: MF Weight: 51.2 kg Height: 154.1 inc BMI: 21.6

BP: 120/80 mmHg Pulse: 95 bpm RBS: _____ mg/dl

SpO₂ - 99.1

LMP - 25/12/23

No known comorbidities

FM - Father DM

NO compl.

OTE

JVP

Ch
L
P/A / N.

Inw.

DMBS - 170

HbA_{1c} - 5.6

W_i < $\frac{R}{m}$ / 11-20 pus cells.

Adm

• ↑ oral fluids

• Rpt. W_i < $\frac{R}{m}$ after 3 days.

• Pdr. F & DMBS } after 3 mths
HbA_{1c}

• T. CCm x — 1 — + (30)
A/L

Dr. VIMMI GOEL

MBBS, MD
 Sr. Consultant Non Invasive Cardiology

SPANV Medisearch Lifesciences Private Limited

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 Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510

InBody

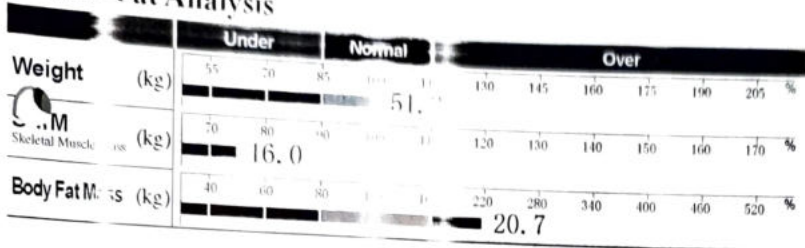
ID 131469 | Height 151.1cm | Age | Gender Female | Test Date / Time 14.01.2023 10:41

King'say Hospital

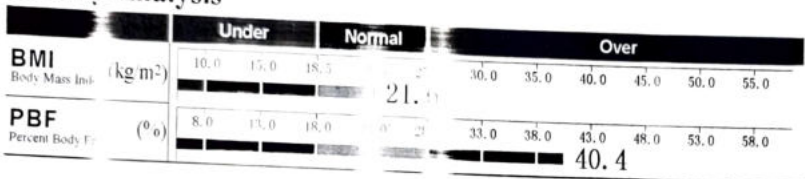
Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	22.3	(26.0~31.8)
What I need to build muscles	Protein (kg)	5.9	(6.9~8.5)
What I need for strong bones	Mineral (kg)	2.27	(2.40~2.91)
Where my excess energy is stored	Body Fat Mass (kg)	20.7	(10.2~16.3)
Sum of the above	Weight (kg)	51.2	(43.4~58.8)

Muscle-Fat Analysis



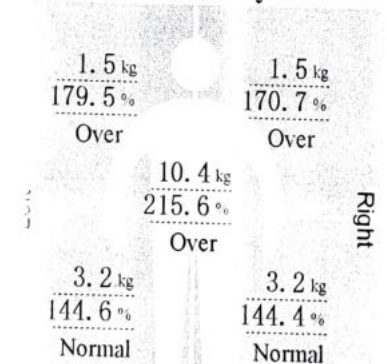
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History

Item	Unit	Value	Date/Time
Weight	(kg)	51.2	14.01.2023 10:41
SMM	(kg)	16.0	
PBF	(%)	40.4	

InBody Score

62/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight	51.1 kg
Weight Control	-0.1 kg
Fat Control	-8.9 kg
Muscle Control	+8.8 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over

PBF Normal Slightly Over Over

Waist-Hip Ratio

0.91 (0.75-0.85)

Visceral Fat Level

Level 12 (Low 10-14)

Research Parameters

Fat Free Mass	30.5 kg
Basal Metabolic Rate	1029 kcal (11~14)
Obesity Degree	100% (11~14)
SMI	4.9 kg/m²
Recommended calorie intake	1367 kcal

Calorie Expenditure of Exercise

Golf	90	Gateball	100
Walking	102	Yoga	110
Badminton	116	Table Tennis	120
Tennis	134	Bicycling	130
Boxing	154	Basketball	140
Mountain Climbing	167	Jumping Rope	150
Aerobics	179	Jogging	160
Soccer	179	Swimming	170
Japanese Fencing	186	Racketball	180
Squash	186	Taekwondo	190

* Based on your current weight
* Based on 30 minute duration

Impedance

	RA	LA	TR	RL	TL
Z(Ω) 20 kHz	510.2	533.7	30.1	401.8	391.9
100 kHz	463.3	408.8	28.3	361.7	351.1

Name: Mrs Rakhee Dadao

Date: 14/1/23

Age: 40 Sex: M/F Weight: kg Height: inc BMI:

BP: mmHg Pulse: bpm RBS: mg/dl

For Health Check up

No complaints

O/H: P, L, A, C, L, S, C, S
TL Not Done

M/H: LMP - 25/12/22
PAC - 4-5 d/28 - 3rd 1/2 pg

G/H: Nil

Sx/H: L, S, S

F/H: Father - DM.

USG: ut (N), ET - 4mm.
B/L ovaries (N).

Adm: PAP Smear Test - Taken on 14/1/23

Breasts: soft wNL

P/A: soft NT

P/S: Cx J healthy
Vg

P/V: ut (N) A/L/A
B/L fornices free NT

Monika



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ROHINI DEDHE	Age /Gender : 40 Y(s)/Female
Bill No/ UMR No : BIL2223009631/UMR2223131469	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Jan-23 12:13 pm	Report Date : 14-Jan-23 01:01 pm

URINE SUGAR

Parameter

Urine Glucose

Result Values

Negative

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100354

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



MC-4807

CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. ROHINI DEDHE	Age /Gender : 40 Y(s)/Female
Bill No/ UMR No : BIL2223009631/UMR2223131469	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Jan-23 09:01 am	Report Date : 14-Jan-23 10:39 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	12.8	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		39.2	36.0 - 46.0 Vol%	Calculated
RBC Count		5.42	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		72	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		23.5	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.6	31.5 - 35.0 g/l	Calculated
RDW		16.1	11.5 - 14.0 %	Calculated
Platelet count		262	150 - 450 10 ³ /cumm	Impedance
WBC Count		6900	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		68.0	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		28.4	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		1.9	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		1.7	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Large Immature cells		0.0		Flowcytometry



MC-4807

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DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. ROHINI DEDHE	Age /Gender : 40 Y(s)/Female
Bill No/ UMR No : BIL2223009631/UMR2223131469	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Jan-23 09:01 am	Report Date : 14-Jan-23 10:39 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Neutrophil Count		4692	2000 - 7000 /cumm	Calculated
Absolute Lymphocyte Count		1959.6	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		131.1	20 - 500 /cumm	Calculated
Absolute Monocyte Count		117.3	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
Anisocytosis		Anisocytosis +(Few)		
WBC		As Above		
Platelets		Adequate		
E S R		10	0 - 20 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

MC-4807

Patient Name : Mrs. ROHINI DEDHE	Age / Gender : 40 Y(s)/Female
Bill No/ UMR No : BIL2223009631/UMR2223131469	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Jan-23 09:00 am	Report Date : 14-Jan-23 11:03 am

Parameter	Specimen	Results	Biological Reference	Method
Fasting Plasma Glucose	Plasma	92	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		<u>170</u>	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	5.6	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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LIPID PROFILE

Total Cholesterol	182	< 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides	83	< 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct	63	> 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct	104.95	< 100 mg/dl	Enzymatic
VLDL Cholesterol	17	< 30 mg/dl	Calculated
Tot Chol/HDL Ratio	3	3 - 5	Calculation

RFT

Blood Urea	10	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine	0.63	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR	114.9		Calculation by CKD-EPI 2021
Sodium	142	136 - 145 mmol/L	Direct ion selective electrode
Potassium	3.94	3.5 - 5.1 mmol/L	Direct ion selective electrode

LIVER FUNCTION TEST(LFT)

Total Bilirubin	0.37	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin	0.15	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin	0.22	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric
Alkaline Phosphatase	101	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT	17	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST	24	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein	7.05	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum	4.07	3.5 - 5.0 gm/dl	Bromocresol green dye Binding
Globulin	2.98	2.0 - 4.0 gm/	Calculated
A/G Ratio	1.37		

THYROID PROFILE

T3	1.56	0.55 - 1.70 ng/ml	
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Phone: +91 0712 6789100
CIN: U49999MH2018PTC303510



MC-4807

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ROHINI DEDHE	Age / Gender : 40 Y(s)/Female
Bill No/ UMR No : BIL2223009631/UMR2223131469	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Jan-23 09:01 am	Report Date : 14-Jan-23 11:03 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Free T4		1.05	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.81	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

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 Phone: +91 0712 6789100
 CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. ROHINI DEDHE	Age / Gender : 40 Y(s)/Female
Bill No/ UMR No : BIL2223009631/UMR2223131469	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Jan-23 09:02 am	Report Date : 14-Jan-23 10:52 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
URINE MICROSCOPY			
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Hazy	
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)	Urine	7	Indicators
Specific gravity		1.005	ion concentration
Urine Protein		Negative	protein error of pH indicator
Sugar		Negative	GOD/POD
Bilirubin		Negative	Diazonium
Ketone Bodies		Negative	Legal's est Principle
Nitrate		Negative	
Urobilinogen		Normal	Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells	Urine	21-50.	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		11-20	0 - 4 /hpf
Casts		Absent	Manual
Crystals		Absent	Manual
COMMENTS		In view of plenty of epithelial cells; advised repeat, if clinically indicated.	
<u>USF(URINE SUGAR FASTING)</u>			
Urine Glucose	Urine	Negative	GOD/POD

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100354

Test results related only to the item tested.

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MC-4807

CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mrs. ROHINI DEDHE	Age / Gender : 40 Y(s)/Female
Bill No/ UMR No : BIL2223009631/UMR2223131469	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Jan-23 09:01 am	Report Date : 14-Jan-23 12:13 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" O "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100511

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

NAME OF PATIENT:	ROHINI DEDHE	AGE & SEX:	40Y/F
REF BY:	DR. VIMMI GOEL	DATE:	10/01/2023

X- RAY CHEST (PA VIEW)

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.



Dr.R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

NAME OF PATIENT:	ROHINI DEDHE	AGE & SEX:	40Y/F
UMR NO:	31469		
REF BY:	DR. VIMMI GOEL	DATE:	14/01/2023

USG WHOLE ABDOMEN

LIVER is normal in size (11.3 cm) shape and echotexture.
No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is partially distended. No stones or sludge seen within it.

PANCREAS is obscured due to bowel gases.

SPLEEN is normal in size (8 cm) shape and echotexture. No focal lesion seen.

Right kidney measures – 9.4 x 3.4 cm. Left kidney measures – 9.1 x 3.7 cm

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

BLADDER is distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. It measures 3 x 5 x 8.5 cm.

No focal myometrial lesion seen.

Endometrial echo-complex appear normal. ET – 4 mm.

Right ovary measures - 1.8 x 3 cm . Left ovary measures - 2 x 1.3 cm

Both ovaries are normal. No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant visceral abnormality seen.


DR. MILI PARIKH
MD, DNB (RADIOLOGIST)
REG NO. 2017083895

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Rohini , Dedhe
Patient ID: 131469
Height:
Weight:
Study Date: 14.01.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 15.05.1982
Age: 40yrs
Gender: Female
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:
--

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:36	0.00	0.00	114	120/80	
	HYPERV.	00:01	0.00	0.00	114		
	WARM-UP	00:23	0.70	0.00	120		
EXERCISE	STAGE 1	03:00	1.70	10.00	157	120/80	
	STAGE 2	03:00	2.50	12.00	169	130/80	
	STAGE 3	00:33	3.40	14.00	173		
RECOVERY		01:00	0.00	0.00	142	120/80	
		02:00	0.00	0.00	126	120/80	
		00:14	0.00	0.00	127		

The patient exercised according to the BRUCE for 6:32 min:s, achieving a work level of Max. METS: 8.60. The resting heart rate of 108 bpm rose to a maximal heart rate of 173 bpm. This value represents 96 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg , rose to a maximum blood pressure of 130/80 mmHg. The exercise test was stopped due to Fatigue.

Interpretation:

Summary: Resting ECG: normal.
Functional Capacity: normal.
ECG Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.
Physical deconditioning noted.
To be correlated clinically.

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/01/0113

MRS. ROHINI DEDEHE
Female

14-Jan-23 10:14:36 AM
KIMS-KINGSMAY HOSPITALS
PHC DEPT.

40 Years

Rate 88 . Sinus rhythm.....normal P axis, V-rate 50- 99
 . Abnormal R-wave progression, early transition.....QRS area>0 in V2
 . Minimal ST elevation, inferior leads.....ST >0.06mV, II III aVF
 . Artifact in lead(s) I, aVL, aVF, V3 and baseline wander in lead(s) V3

PR 145

QT 367

QTc 444

--AXIS--
P 61

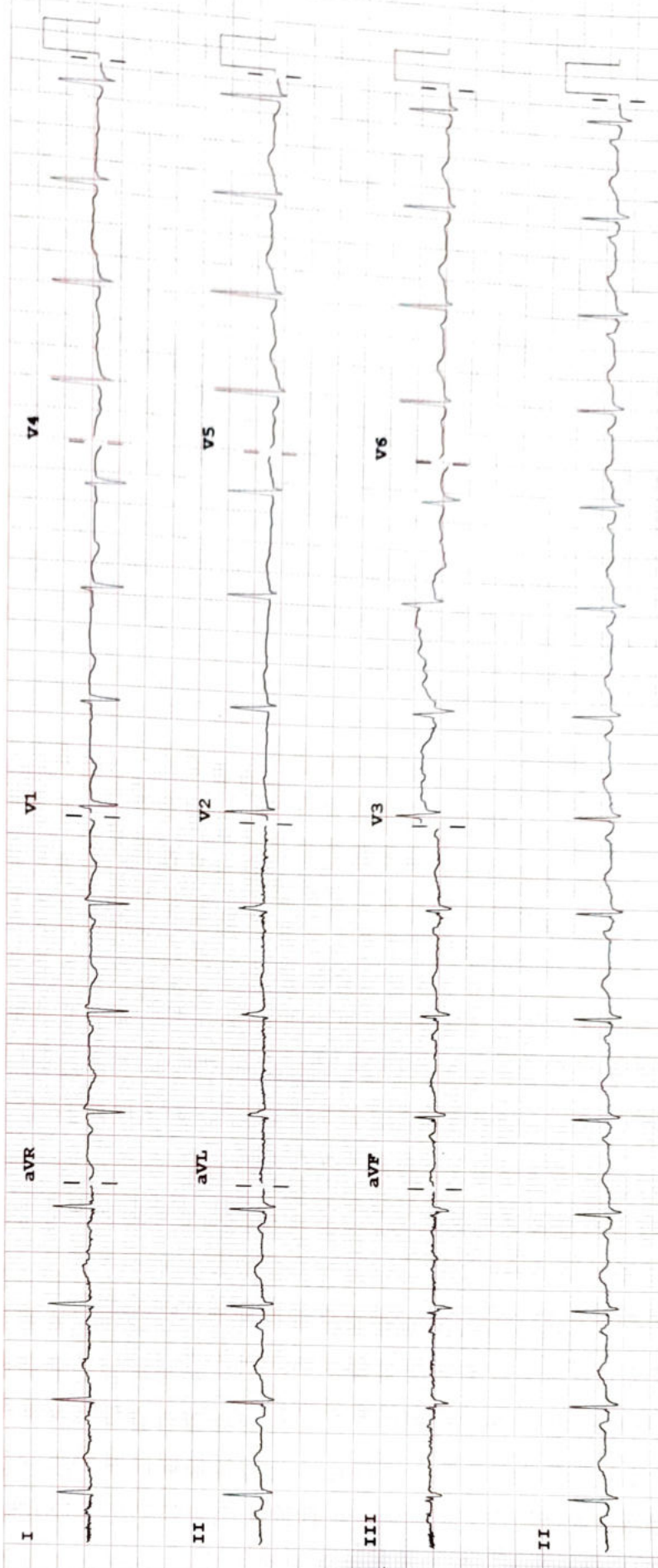
QRS 7

T 35

12 Lead; Standard Placement

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50- 0.50-150 Hz W 100B CL P?