

Name : Mr. MANOJ R KHAIRNAR (53 /M)

Date : 12/08/2023

Address : MEDI-WHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by: Dr .SAGAR SATISH PATEL

UHID : MHN1.0000149951

Package : MediWheel Full Body Health Checkup Male Above 40

AHC No : NSKAH34643



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY :12/08/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?



Surgical history

Others - PO-PTCA-2 YEAR

Immunization history

- Covid Dose1,Covid
Dose2,Precaution Dose



Personal history

Marital status - Married
No. of children - 2
Diet - Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - Yes
Physical activity - Active
- level ground walking



Family history

Father - has expired
Aged - 75
Mother - has expired
Aged - 70
Brothers - 5
Sisters - 1
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Height - 164
Weight - 58.8
BMI - 21.86
Pallor - No
Oedema - no
Temperature - 97
SpO2 - 98



Cardiovascular system

Heart rate (Per minute) - 73
Rhythm - Regular
Systolic(mm of Hg) - 160
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No
Tenderness - No

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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Absent			
Sugar:	Absent			
pH	5.0		●	4.6-8
Blood:	Absent			
Ketone	Absent			
Bile Pigments:	Absent			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	1-2/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	1-2/hpf	/hpf		

Monocytes	05	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	3	mm/1st hr	●	0-10

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	13 *	U/L	●	30-65
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.1	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.4		●	1.1-1.8

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	14.3	g/dl	●	13.0-18.0
Haematocrit	44.2	%	●	39.0-54.0
RBC COUNT	4.88	Million/ul	●	4.2-6.5
MCV	90.6	fl	●	75.0-95.0
MCH	29.4	pg	●	26.0-32.0
MCHC	32.4	g/dl	●	31.0-36.0
RDW	16.1 *	%	●	11-16
Platelet Count(Optical/Impedance)	202	10 ⁹ /m ³	●	140-440
TLC Count	7.92	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	67	%	●	45-75
Lymphocytes	25	%	●	20-45
Eosinophils	03	%	●	1-6

ALKALINE PHOSPHATASE - SERUM/PLASMA	60	U/L	●	0-100
AST (SGOT) - SERUM	18	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	1.4 *	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	101	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.0	mg/dL	●	0.8-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 24 U/L ● 0-50

TOTAL T4: THYROXINE - SERUM 7.4 µg/dL ● Healthy Adults:5.2-12.7

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name Result Unit Level Range
Glucose - Plasma (Fasting) 119 * mg/dL ● 70-100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
Glucose - Plasma (POST PRANDIAL) 252 * mg/dL ● 70-140

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name Result Unit Level Range
Glycosylated Hemoglobin (HbA1c) 7.8 * % ● 0.0-6.0
Mean Plasma Glucose (MPG) Estimate: 200.3 mg/dL

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM / PLASMA 52 mg/dL ● 40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) 1.9 ● 0.0-4.5
LDL Cholesterol (Direct LDL) 47 mg/dL

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN, TOTAL - SERUM / PLASMA 7.5 g/dL ● 6.4-8.2

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 134 ng/dL ● Healthy Adults: 69 - 215

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
Triglycerides - Serum 77 mg/dL ● 0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.6 uIU/mL ● Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

UREA - SERUM / PLASMA

Test Name Result Unit Level Range
UREA - SERUM / PLASMA 24 mg/dL ● 15-38
UREA NITROGEN SERUM/PLASMA: (Calculated) 11 mg/dL ● 7-18

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.2 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.4 * mg/dL ● 0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated) 1.0 * mg/dL ● 0.0-0.7

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)

Test Name Result Unit Level Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) 0.9 ng/mL ● 0.24-3

CARDIAC STRESS TEST - (TMT)

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

ECG

BORDERLINE ECG

ULTRASOUND - WHOLE ABDOMEN

● Within Normal Range ● Borderline High/Low ● Out of Range

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Cholelithiasis.

No other significant abnormality is detected.

Suggest : Clinical correlation.

X-RAY CHEST PA

No significant abnormality is detected.




**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

Haematology

STOOL ROUTINE




 Within Normal Range  Borderline High/Low  Out of Range

Executive Summary


-  Diabetes Mellitus newly detected
-  Elevated blood pressure - Hypertension to be ruled out
-  Isolated bilirubin elevation (Gilberts syndrome to be ruled out)

Wellness Prescription

Advice On Diet :-

-  Diabetic diet
-  Low salt diet
-  Low fat diet

Advice On Physical Activity :-

-  30 minutes brisk walk 5 days a week






Recommended Follow-up Consultations

Speciality Name	Doctor Name	Schedule WithIn	Remarks
GASTROENTEROLOGY	Soham Doshi	3 Day(s)	

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
GLUCOSE - SERUM / PLASMA (FASTING)	7 Day(s)	1	
GLUCOSE - SERUM / PLASMA (POST PRANDIAL)	7 Day(s)	1	

Follow-up and Review Plan

-  Regular Diabetology follow up and to repeat FBS,PPBS , HbA1c in 3months and review
-  Periodic blood pressure monitoring
-  To repeat liver function tests after 3 months
-  follow up with Dr Soham Doshi after 5 days
-  after 7 days with report .



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

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Dr.SAGAR SATISH PATEL
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

6

ACCEPTABLE SCORE

7

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515