

Medical Examination Report



Application No./Policy No* :

*To be filled ONLY for wellness test under Energy product.

PKG10000247

ID Proof: PAN Passport Driving License Voter's ID Others Aadhay

ID No: XXXXXXXX3236

PART 1: PERSONAL HISTORY (To be filled by insured)

Please put the following question to the person to be insured before carrying out your examination.

Full Name	<u>MEENAKSHI SAXENA</u>										
Date of Birth	<u>06031980</u>	Male <input type="checkbox"/>	Female <input checked="" type="checkbox"/>	Age*							
Occupation											

* as per declaration or submitted supporting documents

Please answer the following question to the best of your ability. As is customary, all of your responses are completely confidential and vital for taking decision on coverage eligibility. If any of the answer is found to be incorrect, false or incomplete, proposal/policy is liable to be rejected/cancelled.

- Are you currently taking any treatment or advised for any treatment in future? Yes No
- During last 1 year, have you experienced any weight loss or Gain? Yes No
- Have you ever been diagnosed with Diabetes, Hypertension, Thyroid, Kidney, Liver disease? (Please tick all that apply) Yes No
- Have you ever been tested high blood sugar or increased blood pressure, which required medication or diet/life style change? Yes No
- Have you ever had high blood cholesterol and /or have you taken medication for lowering cholesterol? Yes No
- Have you been diagnosed with/ or suffered from significant stomach related problems: Indigestion, Ulcers, Diarrhoea or Constipation in last 5yrs? (Please tick all that apply) Yes No
- Have you ever been diagnosed with/ or suffered from Gall Bladder Stone/Kidney/ Ureter Stone or Urinary problem? Yes No
- Have you ever been diagnosed with/ or suffered from any Lump, Cyst, Ulcer, Frequent Skin Infections, Numbness, Burning or Loss of Sensation anywhere in the body? (Please tick all that apply) Yes No
- Do you have ever been diagnosed/ or had problems with any bone or muscles including neck or back problem ? Yes No
- Have you ever been diagnosed with or suffered from arthritis (Osteoarthritis, Rheumatoid Arthritis, Gouty Arthritis etc.). Yes No
- Have your ever been diagnosed with/ or suffered from any eye related problem including blurred vision, double vision or any other disorder? Yes No
- Have you ever been diagnosed with/ or suffered from any other conditions (Heart problem, Epilepsy, Stroke, Depression, Asthma, Bronchitis, Tuberculosis, Rheumatic fever, Anaemia, Hepatitis.) (Please tick all that apply) Yes No
- Have you ever suffered any illness, surgery, Injury/accident not mentioned above? Yes No

If you have answered 'yes' to any of the question mentioned above, Please describe in detail with duration, treatment taken and support with doctor's prescriptions/reports:

14 Do you consume Alcohol, Cigarette, Bidi, Gutkha or tobacco in any form? (Please tick all that apply) If yes, Please specify duration, quantity and frequency:

- Alcohol(ml per day)
- Cigarette/Bidi(numbers per day)
- Guthkha(numbers per day)
- Others (Specify)

NA

Applicable For Female Only:

- Are you pregnant? If yes, when was your last menstrual date? Yes No
- Have you ever felt lump or mass in the breast? If yes, Please give details: Yes No
- Have you ever suffered from Irregular bleeding, Fibroid, Polyp, white discharge or any disorder? If yes, Please give details Yes No

Medical Examination Report



PART 2: MEDICAL EXAMINER'S REPORT

General Examination and measurements:

1. What is the apparent age: _____ yrs,
 2. Height: 163 cms, Weight: 70 Kgs,
 3. BP Reading (3 readings at 5 min interval)
 4. Do you observe any abnormality or deformity in general appearance? Yes No
 5. Is there any swelling, tenderness, deformity, or restriction of movement in any of the joints? Yes No
 6. Is there any enlargement of any lymph node/glands or thyroid gland? Yes No
 7. Do you observe any skin disorder or evidence of Varicose Veins? Yes No
 If you have answered 'yes' to any of the question mentioned above, please describe the abnormality in detail.

Systemic Examination:

8. Do you observe any abnormalities in the following organ system?
 a) Eye/Ear/Nose Yes No
 b) Any evidence of
 i) Cataract Yes No
 ii) Deviated Nasal Septum Yes No
 iii) Tympanic membrane perforation or Chronic Otitis Media Yes No
 iv) Tonsil enlargement Yes No
 v) Enlarged Adenoid Glands Yes No
 c) Respiratory System Yes No
 d) Cardio Vascular System Yes No
 • Please describe heart sound and evidence of any additional sound _____
 e) Gastrointestinal System Yes No
 f) Urogenital System Yes No
 g) Musculoskeletal System Yes No
 If you have observed any clinical finding or past history, please describe:

Medical Examiner's Opinion:

In your opinion, is there any significant history or your clinical finding of the examined person including life style which might affect his health status and would have negative impact? If yes, please describe the finding in detail.

Signature with Stamp: [Signature]
 Name of the Medical Examiner: Dr. Vishwa Deepak
 Registration Number: _____
 Place & Date: Mumbai / 12/03/22
 Insured Signature: [Signature]
Dr. Vishwa Deepak
 M.B.B.S., M.S.
 Consulting Physician & Surgeon
 Reg. No. : 18296

**Please note, the insurance company is free to seek direct feedback from customer with respect to experience on Medical examination and the examining physician.

We would be happy to assist you. For any help contact us at: E-mail: customerservice@hdfcergohealth.com Toll Free: 1800 102 0333

भारत सरकार
Government of India

मौनाक्षी सक्शेना
Meenakshi Saxena
जन्म तिथि / DOB : 06/03/1980
महिला / FEMALE

5189 7591 3236

मेरा आधार, मेरी पहचान

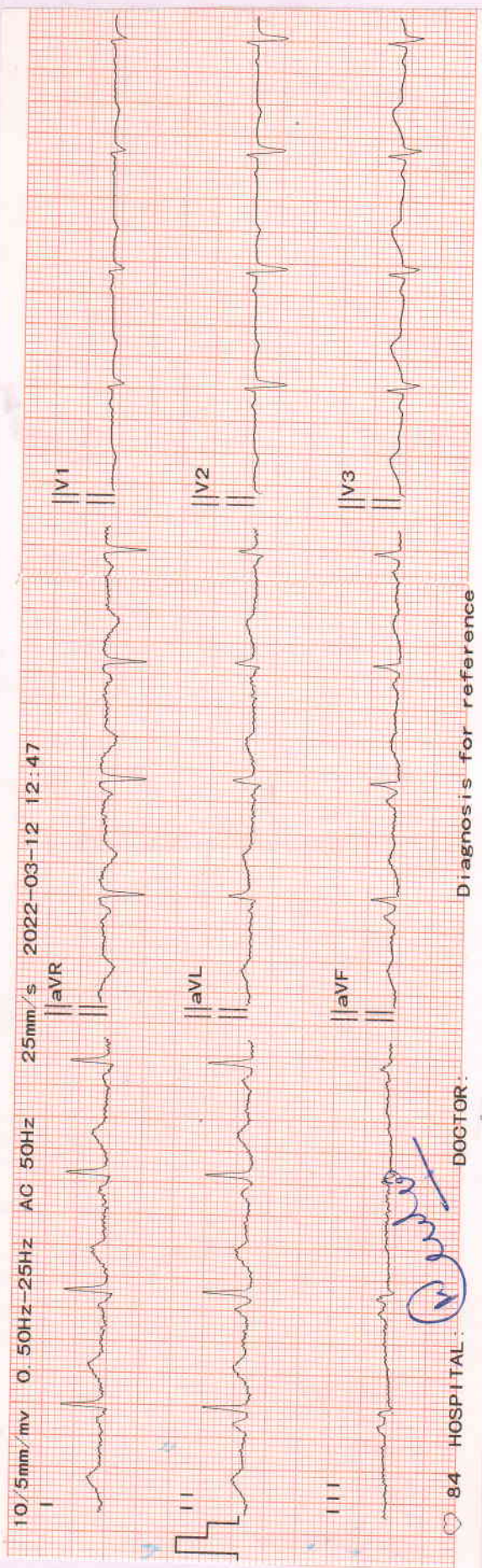
भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

पता: C/O दीपक कुमार, सी-61, मोडीपो
कालोनी, मोदीनगर, गाजियाबाद, उत्तर प्रदेश,
201204
Address: C/O Deepak Kumar, C-61,
Modipon Colony, Modinagar, Ghaziabad,
Uttar Pradesh, 201204

5189 7591 3236

1947 help@uidai.gov.in www.uidai.gov.in

MEENAKSHI SAXENA 12/03/22



84 HOSPITAL DOCTOR: *[Signature]* Diagnosis for reference

V4	V5	V6	ID	2203120002	BP	mmHg
			NAME		SEX	
			AGE	yr	WEIGHT	kg
			HEIGHT	cm		
			HR	84 bpm		
			P Dur	84 ms		
			PR int	122 ms		
			QRS Dur	120 ms		
			QT/QTc int	369/433 ms		
			P/GRS/T axis	41/31/24 °		
			RV5/SV1 amp	1.605/0.371 mV		
			RV5+SV1 amp	1.976 mV		
			RV6/SV2 amp	1.256/1.020 mV		

Dr. Deepak
 M.B.B.S., M.S.
 Cardiologist, Physician & Surgeon
 Reg. No.: 18296
ECG WNL



Quality Management Services
ISO-9001:2015 Certified Lab

MEERUT HISTOPATHOLOGY CENTRE

Laboratory Test-Report

NAME : Mrs. Meenakshi Sharma
REFERRED BY : Dr.HDFC ERGO
SAMPLE : Blood, Urine

DATE : 12/03/2022
AGE :
SEX : Female

TEST NAME	RESULTS	UNITS	REF.-RANGE
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HAEMATOLOGY

Complete Blood Counts	-		
HAEMOGLOBIN	12.6	GM%	10 - 16
TOTAL LEUCOCYTE COUNT :	6,300 cells	/Cu mm	4,500-11,000
DIFFERENTIAL LEUCOCYTE COUNT :			
Neutrophils :	63	%.	50-70
Lymphocytes :	29	%.	25-40
Eosinophils :	04	%.	1-4
Monocytes :	04	%.	3-8
Basophils :	00	%.	0-1
TOTAL R.B.C. COUNT	4.7	million/cu mm	4.5 - 6.5
PLATELET COUNT :	250	thousand/cum	150-450
P.C.V.	38.7	%.	35 - 54
MCV	82.3	fL	76-98
M C H	26.8	pg	27 - 32
M C H C	32.5	g/dl	31-35
E.S.R. (Westergren Method) :	05	mm in 1st Hr	0-20

BLOOD GROUP :
Major Blood Group :
Rh Blood Group :

B
POSITIVE
(Comment)

Forward grouping by SLIDE METHOD.

All NEGATIVE blood groups to be confirmed at an authorized blood - bank.

BIOCHEMISTRY

BLOOD SUGAR (FASTING)	89.4	mg/dL	70 - 100
LIPID PROFILE :			
SERUM TRIGYCERIDE:	129.6	mg/dl	50-160
SERUM CHOLESTEROL :	176.3	mg/dL.	130 - 200
HDL CHOLESTEROL :	55.4	mg/dL.	30 - 70
VLDL CHOLESTEROL :	25.9	mg/dL.	25 - 40
LDL CHOLESTEROL :	95.0	mg/dL.	85 - 150
CHOL/HDL CHOLESTROL RATIO	3.2	Low Risk	0.0 - 3.5
		Mod.Risk	3.5 - 5.0
		High Risk	> 5.0
LDL/HDL RATIO	1.7	Normal Range	2.5 - 3.0
		High Risk	> 3.0

--{End of Report}--

Dr. Medha Jain

M.B.B.S., (M.D. Path)

Consultant Pathologist

Formerly Lecturer Medical College Meerut

DR. KUMKUM DEEPAK MEMORIAL CENTRE, 302, W.K. ROAD, MEERUT

CALL : 0121-4009679, 09927286318, 7906584952, 9639251854

24 Hour Service, Home Visit

All Investigations have their limitation which are imposed by the limits of sensitivity and specificity of individual assay procedures as well as the specimen received by the laboratory. Isolated laboratory investigation never confirm the final diagnosis of the disease. They only help in arriving at a diagnosis in conjunction with clinical presentation and other related investigations.

NOT FOR MEDICO LEGAL PURPOSE

Dr. Medha Jain
Reg. No. G-55290 Gujrat
CMO. Reg. No.-MRT 869, Meerut



Quality Management Services
ISO-9001:2015 Certified Lab

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NAME : Mrs. Meenakshi Sharma
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SAMPLE : Blood, Urine

DATE : 12/03/2022
AGE :
SEX : Female

TEST NAME	RESULTS	UNITS	REF.-RANGE
-----------	---------	-------	------------

BIOCHEMISTRY

LIVER FUNCTION TEST

SERUM BILIRUBIN :

TOTAL:	0.69	mg/dL.	0.2 - 1.0
DIRECT:	0.27	mg/dL.	0.1 - 0.3
INDIRECT:	0.42	mg/dL.	0.2 - 0.7
S.G.P.T. :	20.3	U/L	5 - 45
S.G.O.T. :	25.7	U/L	5 - 45

G.G.T.P. :

	18.7	U/L	5.0-35.0 (37 C)
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SERUM ALK. PHOSPHATASE :	115.2	IU/L.	65-160
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SERUM PROTEINS :

TOTAL PROTEINS:	6.6	Gm/dL.	5.5 - 8.5
ALBUMIN:	3.9	Gm/dL.	3.5 - 5.5
GLOBULIN:	2.7	Gm/dL.	2.3 - 3.5
A : G RATIO:	1.4		

BLOOD UREA NITROGEN :

	22.3	mg/dL.	5 - 25
SERUM CREATININE :	0.9	mg/dL.	0.8 - 1.5
SERUM URIC ACID :	4.3	mg/dL.	2.5 - 7.0
SERUM SODIUM (Na) :	144.0	mEq/litre.	135 - 147
SERUM POTASSIUM (K) :	4.1	mEq/litre.	3.5 - 5.4
SERUM CHLORIDE (Cl) :	99.6	m Eq/litre.	96 - 106

--{End of Report}--



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Reg. No. C-32000-01/2017

CMO. Reg. No.-MRT 869, Meerut

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TEST NAME	RESULTS	UNITS	REF.-RANGE
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HORMONE

THYROID PROFILE :
Triiodothyronine (T3) :
Thyroxine (T4) :
THYROID STIMULATING HORMONE(TSH)

0.99	nmol/litre.	0.95 - 2.5
102.4	nmol/litre.	60 - 120
3.27	micro Iu/ml	0.20 - 5.0

Low Levels of T3 & T4 are seen in Non-Thyroidal illness
High Levels of T3 & T4 are found in and T3 Thyrotoxicosis
TSH Levels are raised in
TSH Levels are Low in

- Primary, Secondary & Tertiary Hypothyroidism and some
- Grave's Disease, Hyperthyroidism, Thyroid hormone resistance
- Primary Hypothyroidism
- Hyperthyroidism, Secondary Hypothyroidism.

CLINICAL PATHOLOGY

URINE EXAMINATION REPORT :

PHYSICAL EXAMINATION :

Volume :	20	ml
Colour :	Pale Yellow	
Appearance :	Clear	
Odour :	Aromatic	
Sediments :	Nil	
Sp. Gravity:	1015	

BIOCHEMICAL EXAMINATION :

Sugar :	Nil
Albumin :	Nil
Reaction :	Acidic

MICROSCOPIC EXAMINATION :

Red Blood Cells :	Nil	/H.P.F.
Pus Cells :	2-3	/H.P.F.
Epithelial Cells :	4-6	/H.P.F.

GLYCOSYLATED HAEMOGLOBIN A1c

5.6	%	4.3 - 6.4
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Clinical significance :- The HbA1c concentration in blood is directly proportional to the mean concentration of glucose prevailing in the previous 6-8 wks, equivalent to the life time of erythrocytes.

Normal Range :-
Non-Diabetics - 4.3 - 6.4%
Goal 6.5 - 7.5%
Good control 7.5 - 8.5%
Poor control > 8.5%

--{End of Report}--

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NOT FOR MEDICO LEGAL PURPOSE

Dr. Medha Jain
Reg. No. C-82299 Gajrat
CMO. Reg. No.-MRT 869, Meerut

MEERUT ECG, TMT AND SPIROMETRY CENTRE

MEERUT UP

Ms. Meenakshi Saxena
 Age: 42/F
 Ref. by: Meerut Histo Pathology Centre
 Indication1: Diagnostic
 Indication2: Diagnostic
 Indication3: Diagnostic

ID: 99
 Ht/Wt: 163/74
 Recorded: 12-3-2022 12:43

TREADMILL TEST SUMMARY REPORT
 Protocol: BRUCE
 History:
 Medication1: Nil
 Medication2: Nil
 Medication3: Nil

PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	V2	V5	METS
SUPINE					76	120/78	91	-1.9	1.6	-0.3	
STANDING					79	122/80	96	-0.8	2.3	0.4	
HYPERTENT	0:11	0:11			81	124/82	100	-0.9	2.4	0.4	
STAGE 1	2:59	2:59	2.70	10.00	125	126/84	157	-0.4	1.9	-0.1	4.80
STAGE 2	5:59	2:59	4.00	12.00	138	128/86	176	-0.3	1.0	0.0	7.10
STAGE 3	6:46	0:46	5.40	14.00	154	130/88	200	-0.3	-0.2	1.3	7.85
PEAK EXER	6:51	0:51			155	130/88	201	-0.6	-0.1	0.3	7.93
RECOVERY	2:59	2:59	0.00	0.00	83	130/88	107	-1.2	1.1	-0.8	

RESULTS

Exercise Duration : 6:51 Minutes
 Max Heart Rate : 155 bpm 87 % of target heart rate 178 bpm
 Max Blood Pressure : 130/88 mmHg
 Max Work Load : 7.93 METS
 Reason of Termination :

ecg/ x T.M.T is negative



Dr. S.M. JAIN
 M.B.S., D.Card (CARDIOLOGY)
 Mccp. (USA)
SENIOR CARDIOLOGIST
 Reg. No. : 22158 U.P.M.C.

Cardiologist

MEERUT ECG, TMT AND SPIROMETRY CENTRE

Dr. Meenakshi Saxena
I.D. : 99

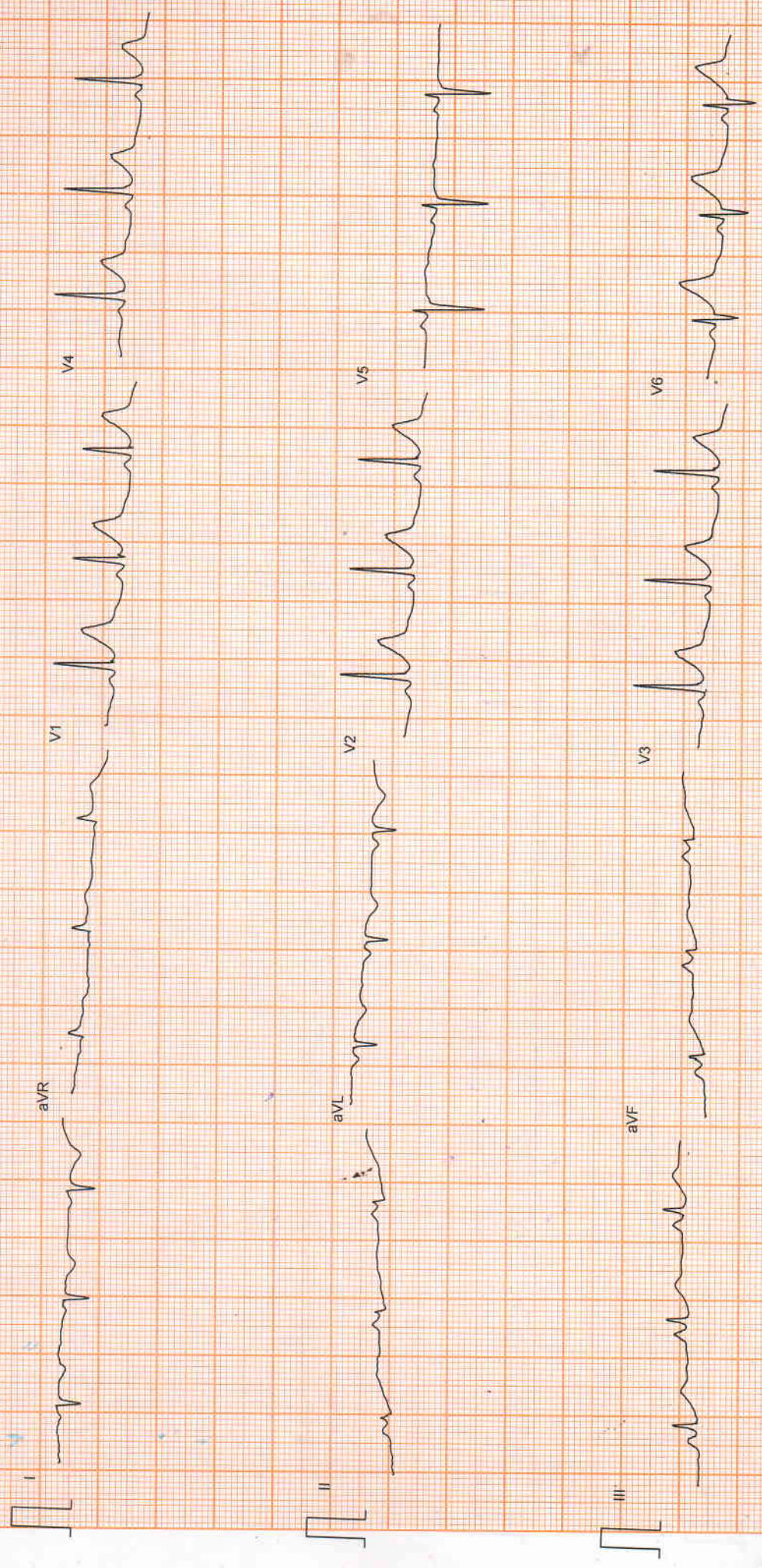
AGE/SEX : 42/F
RECORDED : 12-3-2022 12:43

RATE : 76 BPM
B.P. : 120/78 mmHg

SUPINE
PRETEST

ST @ 10mm/mV
80ms PostJ

RAW E.C.G.



Filtered

25mm/sec 10mm/mV

CardiCom, INDIA

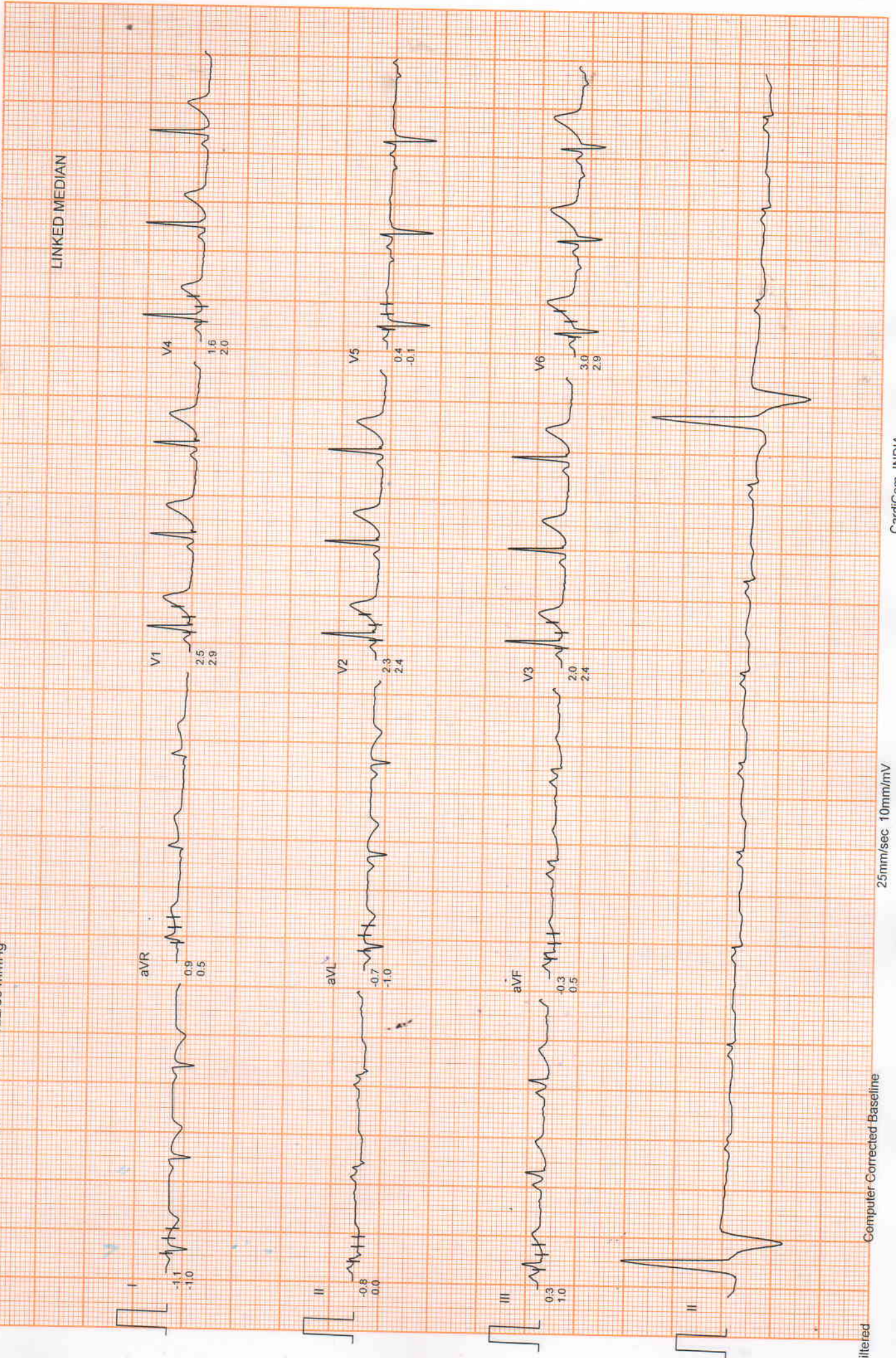
MEERUT ECG, TMT AND SPIROMETRY CENTRE

Ms. Meenakshi Saxena
I.D. : 99
AGE/SEX : 42/F
RECORDED : 12-3-2022 12:43

RATE : 79 BPM
B.P. : 122/80 mmHg

ST @ 10mm/mV
80ms PostJ

STANDING
PRETEST



MEERUT ECG, TMT AND SPIROMETRY CENTRE

HYPERVENTILATION
PRETEST

ST @ 10mm/mV
80ms PostJ

Ms. Meenakshi Saxena

I.D. : 99

AGE/SEX : 42/F

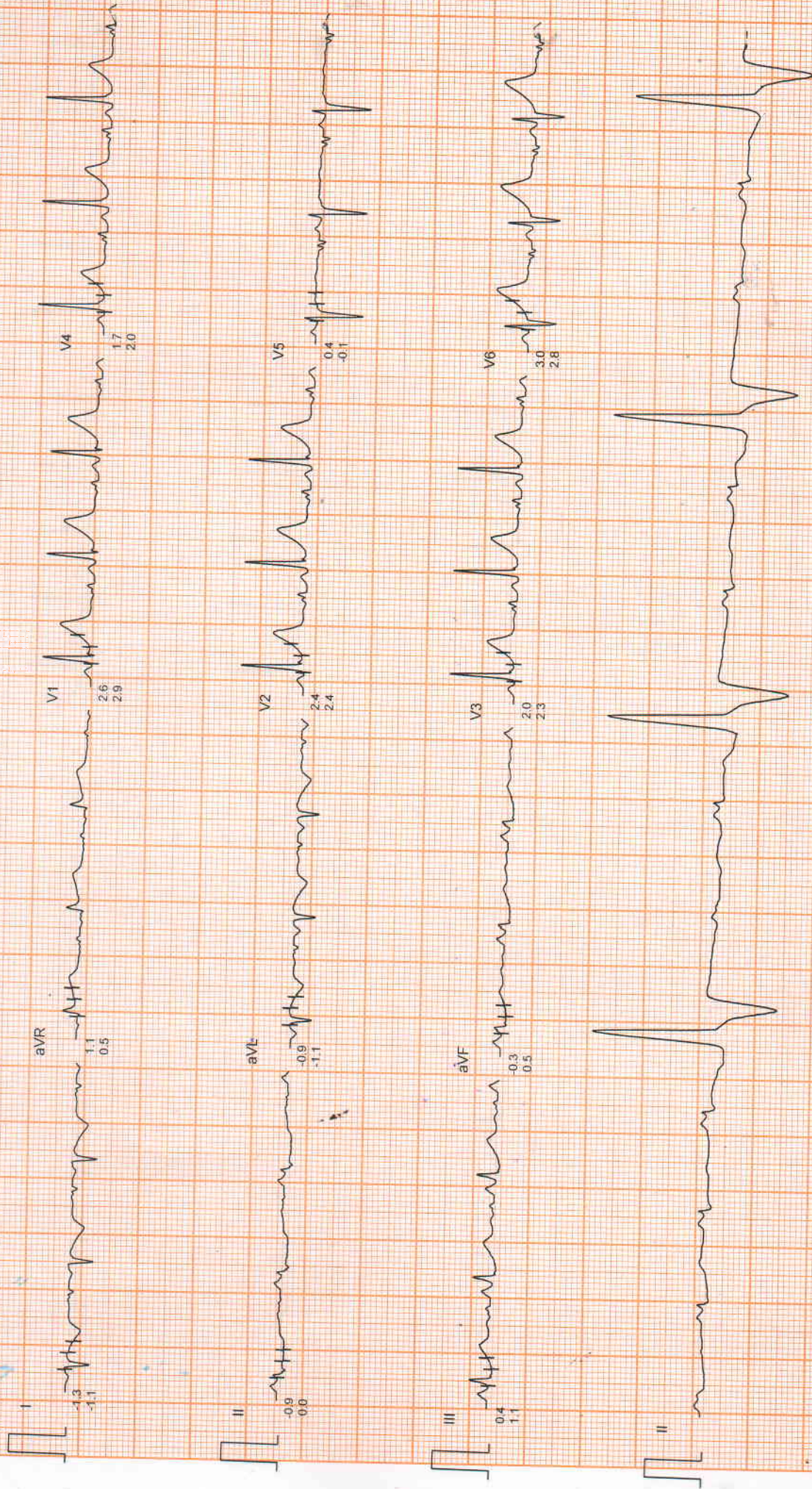
RECORDED : 12-3-2022 12:43

RATE : 81 BPM

B.P. : 124/82 mmHg

STAGE TIME : 0:11

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA

MEERUT ECG, TMT AND SPIROMETRY CENTRE

Ms. Meenakshi Saxena

I.D. : 99

AGE/SEX : 42/F

RECORDED : 12-3-2022 12:43

RATE : 125 BPM

B.P. : 126/84 mmHg

BRUCE

EXERCISE 1

PHASE TIME : 2:59

STAGE TIME : 2:59

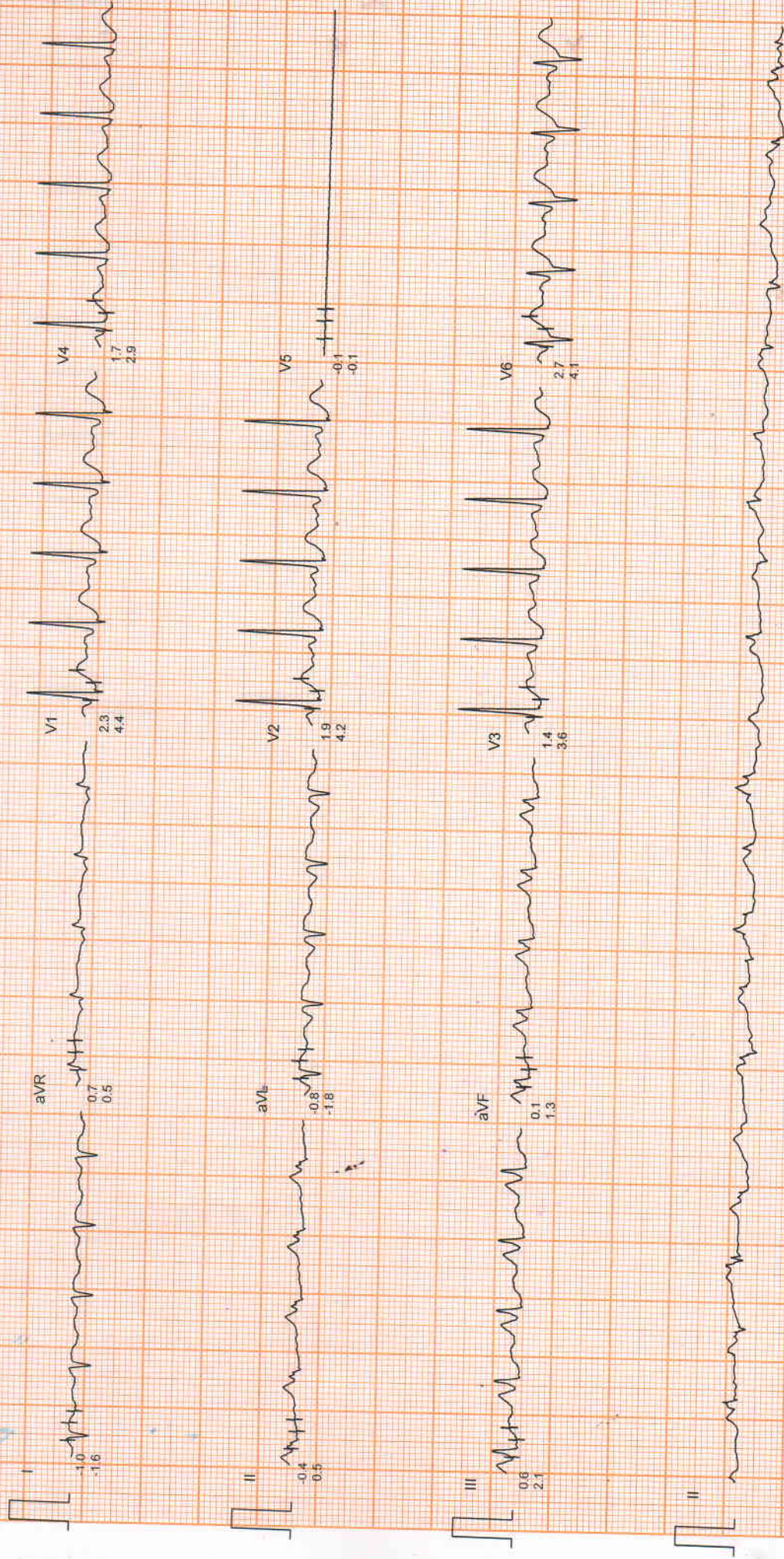
ST @ 10mm/mV

80ms PostJ

SPEED : 2.7 Km/Hr.

GRADE : 10.0 %

LINKED MEDIAN



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Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA

MEERUT ECG , TMT AND SPIROMETRY CENTRE

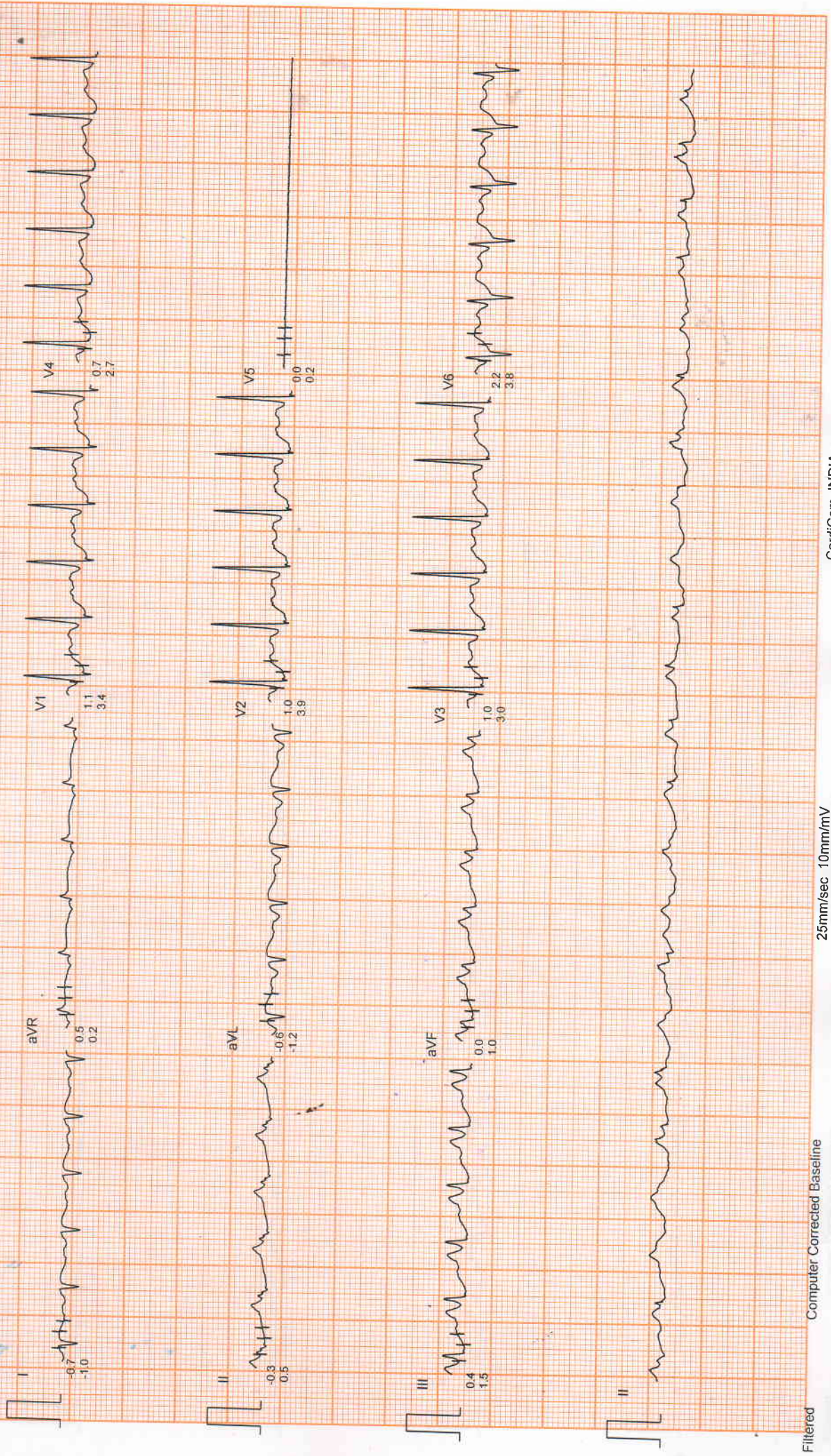
Ms. Meenakshi Saxena
I.D. : 99
AGE/SEX : 42/F
RECORDED : 12-3-2022 12:43

RATE : 138 BPM
B.P. : 128/86 mmHg

BRUCE
EXERCISE 2
PHASE TIME : 5:59
STAGE TIME : 2:59

ST @ 10mm/mV
80ms PostJ
SPEED : 4.0 Km./Hr.
GRADE : 12.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA

MEERUT ECG, TMT AND SPIROMETRY CENTRE

Ms. Meenakshi Saxena

I.D. : 99

AGE/SEX : 42/F

RECORDED : 12-3-2022 12:43

RATE : 154 BPM

B.P. : 130/88 mmHg

BRUCE

EXERCISE 3

PHASE TIME : 6:46

STAGE TIME : 0:46

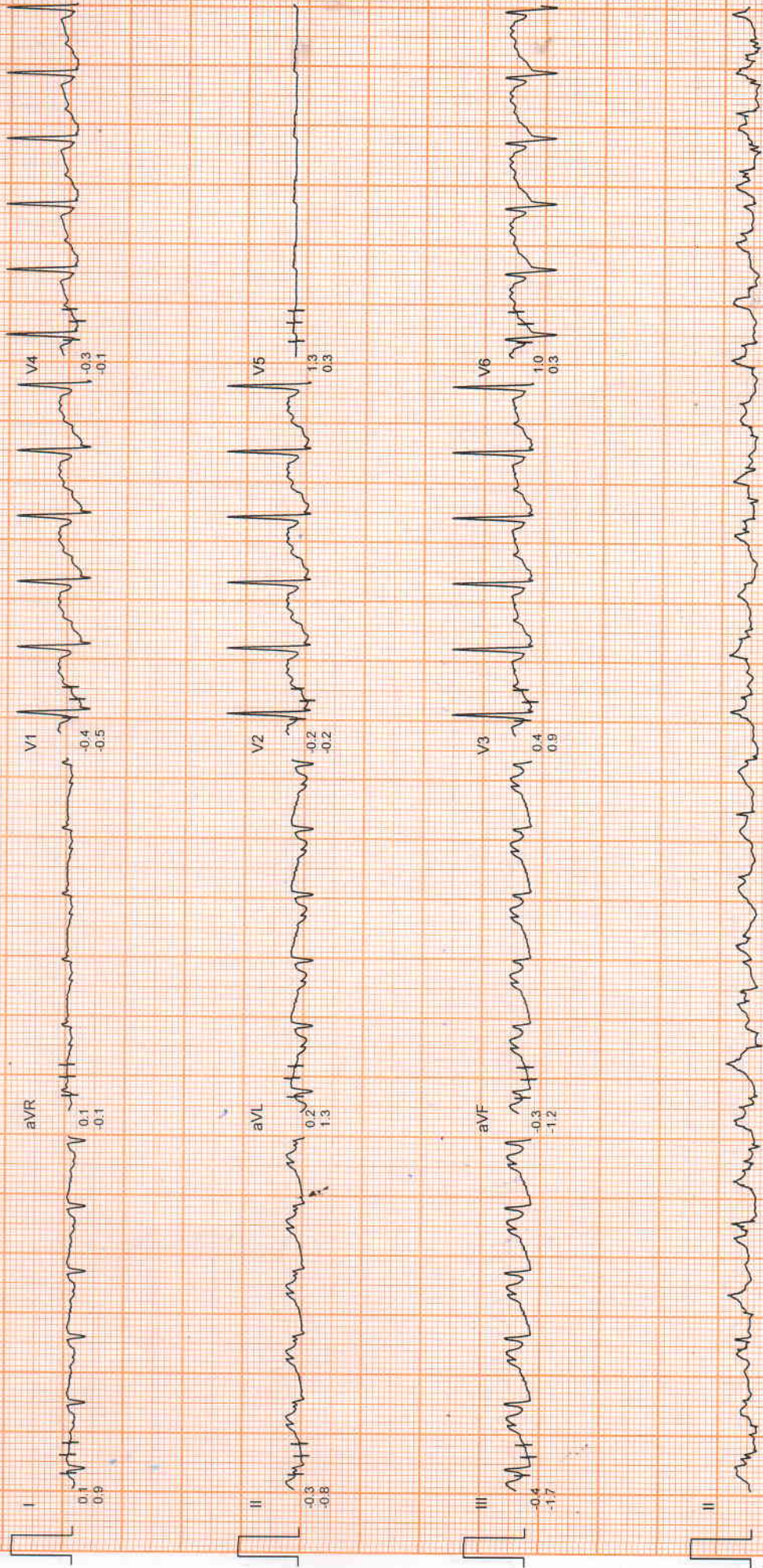
ST @ 10mm/mV

80ms PostJ

SPEED : 5.4 Km./Hr.

GRADE : 14.0 %

LINKED MEDIAN



MEERUT ECG, TMT AND SPIROMETRY CENTRE

Ms. Meenakshi Saxena

I.D. : 99

AGE/SEX : 42/F

RECORDED : 12-3-2022 12:43

RATE : 155 BPM

B.P. : 130/88 mmHg

BRUCE

PEAK EXER

PHASE TIME : 6:51

STAGE TIME : 0:51

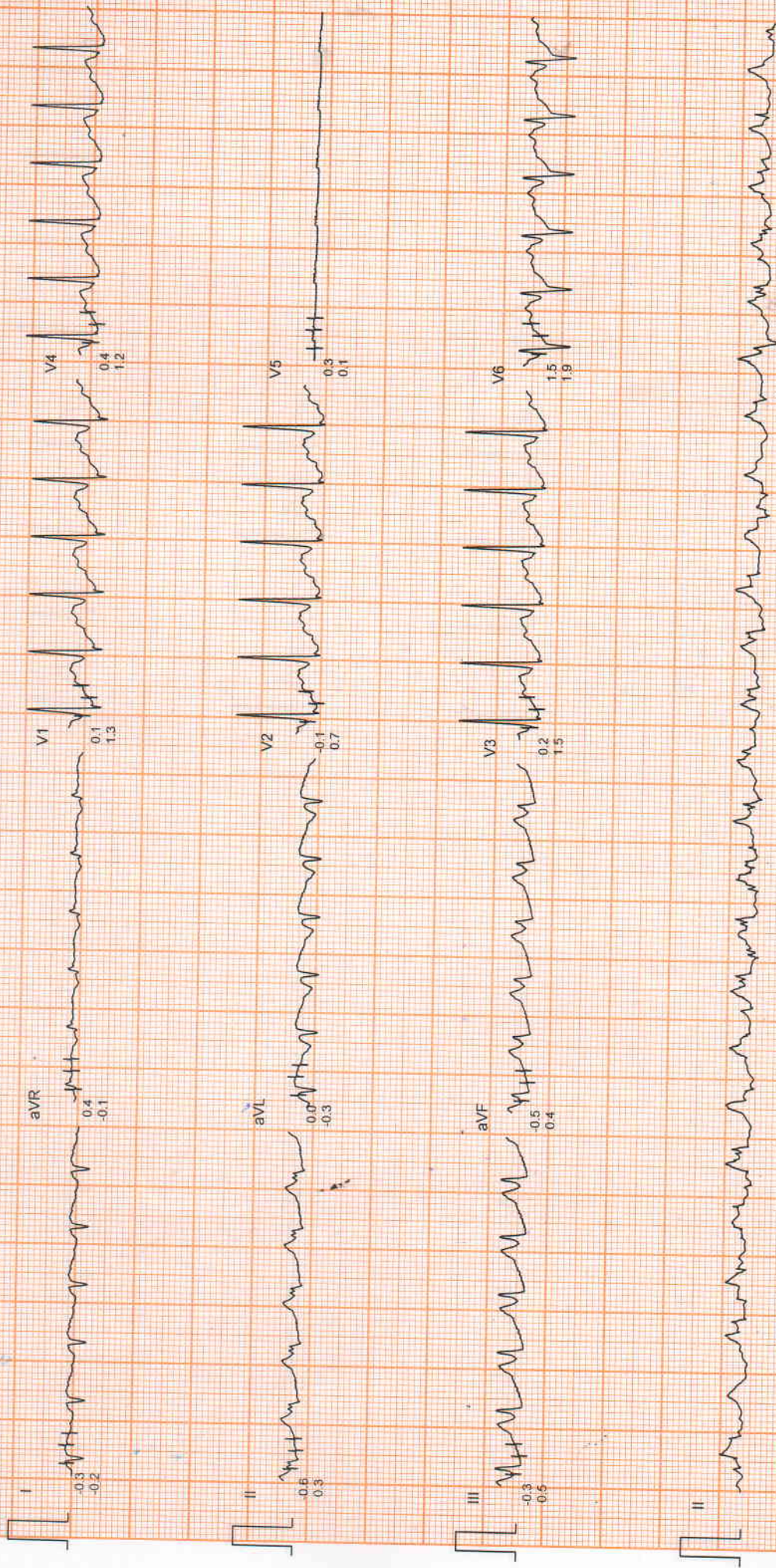
ST @ 10mm/mV

80ms PostJ

SPEED : 5.4 Km./Hr.

GRADE : 14.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

Card/Com, INDIA

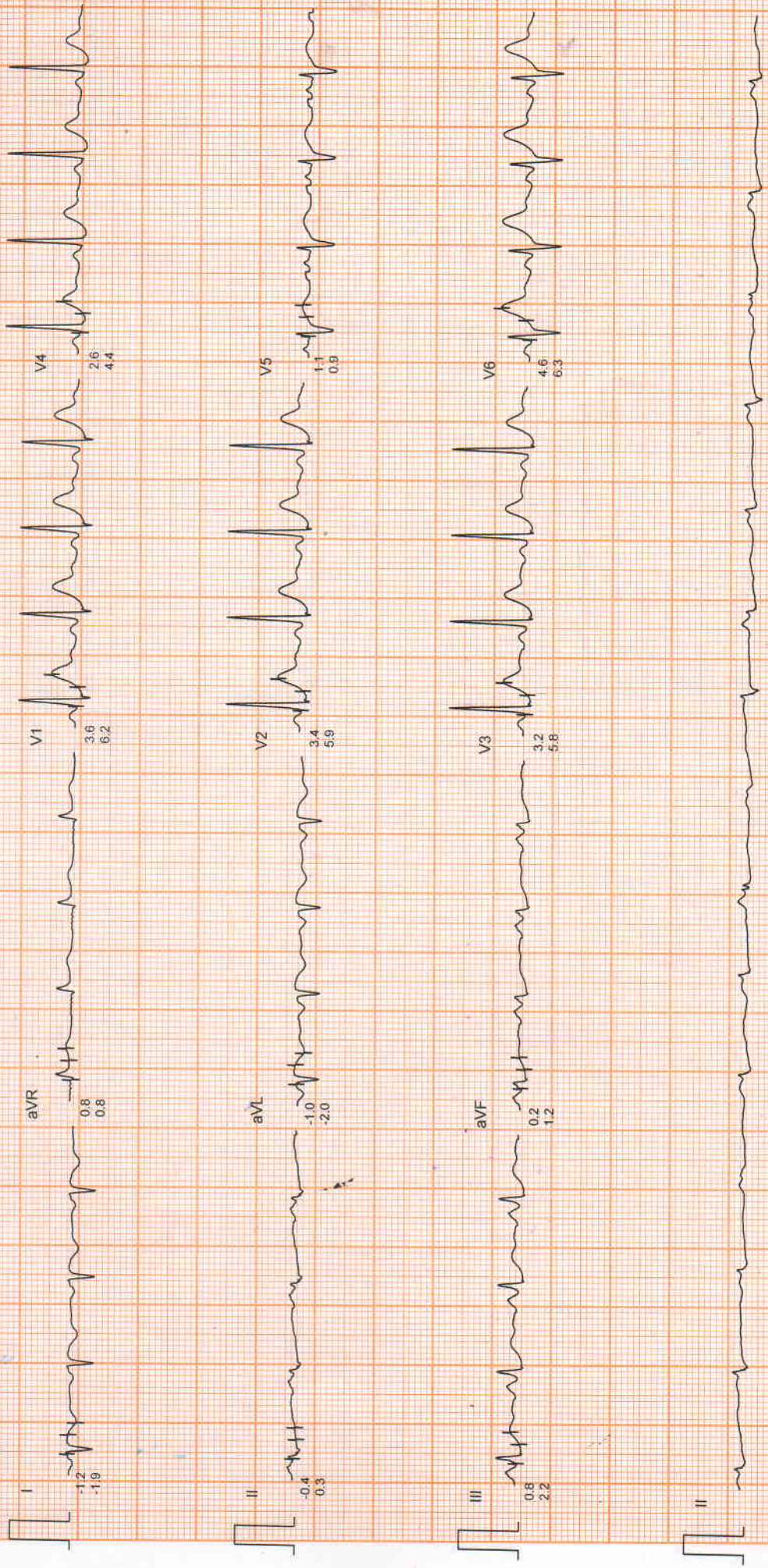
MEERUT ECG, TMT AND SPIROMETRY CENTRE

Ms. Meenakshi Saxena
I.D. : 99
AGE/SEX : 42/F
RECORDED : 12-3-2022 12:43

RATE : 90 BPM
B.P. : 130/88 mmHg

BRUCE
RECOVERY
PHASE TIME : 1:00
ST @ 10mm/mV
80ms PostJ
SPEED : 0.0 Km./Hr.
GRADE : 0.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA

MEERUT ECG, TMT AND SPIROMETRY CENTRE

Ms. Meenakshi Saxena

I.D. : 99

AGE/SEX : 42/F

RECORDED : 12-3-2022 12:43

RATE : 83 BPM

B.P. : 130/88 mmHg

BRUCE

RECOVERY

PHASE TIME : 2:59

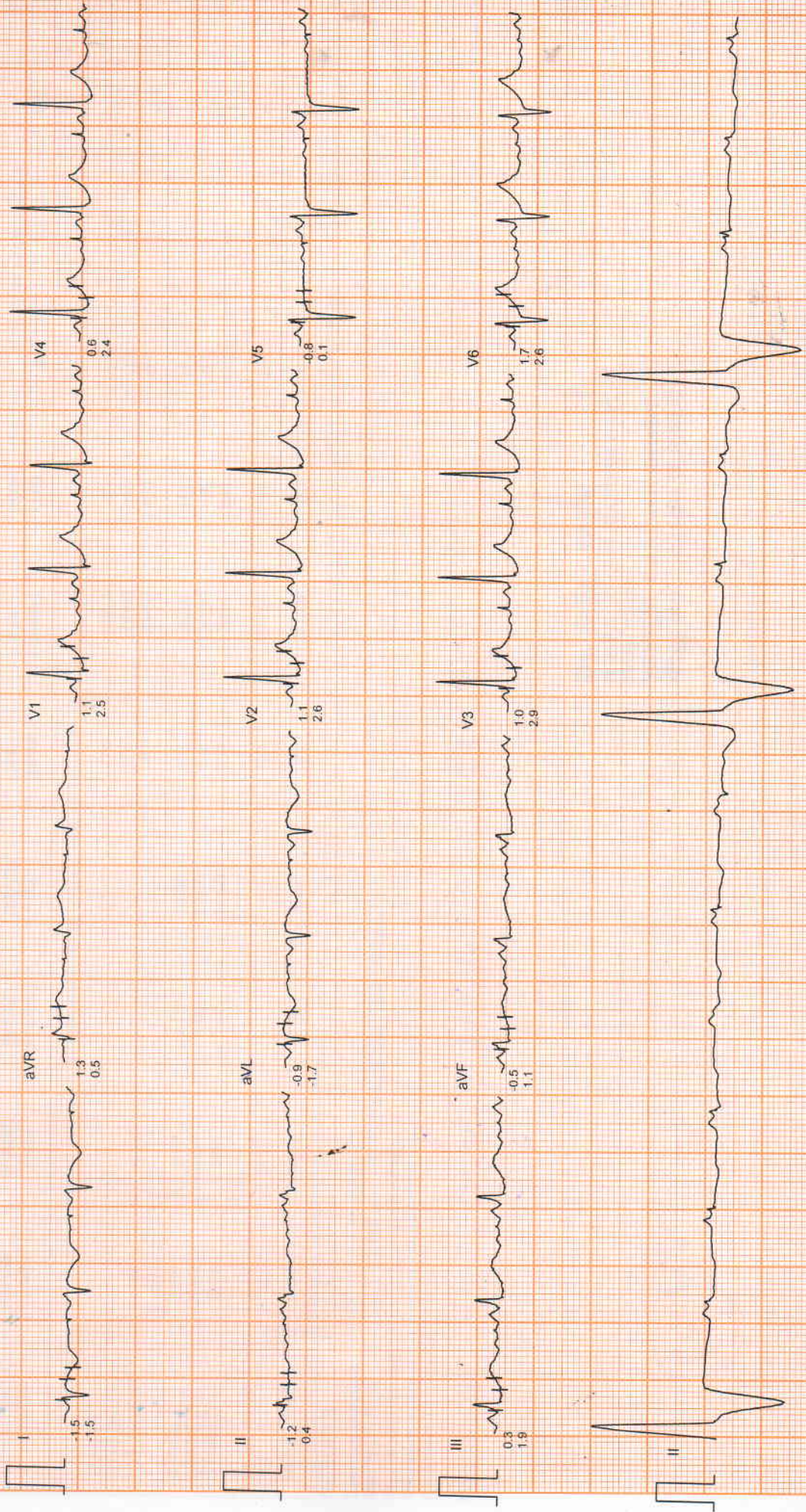
ST @ 10mm/mV

80ms PostJ

SPEED : 0.0 Km/Hr.

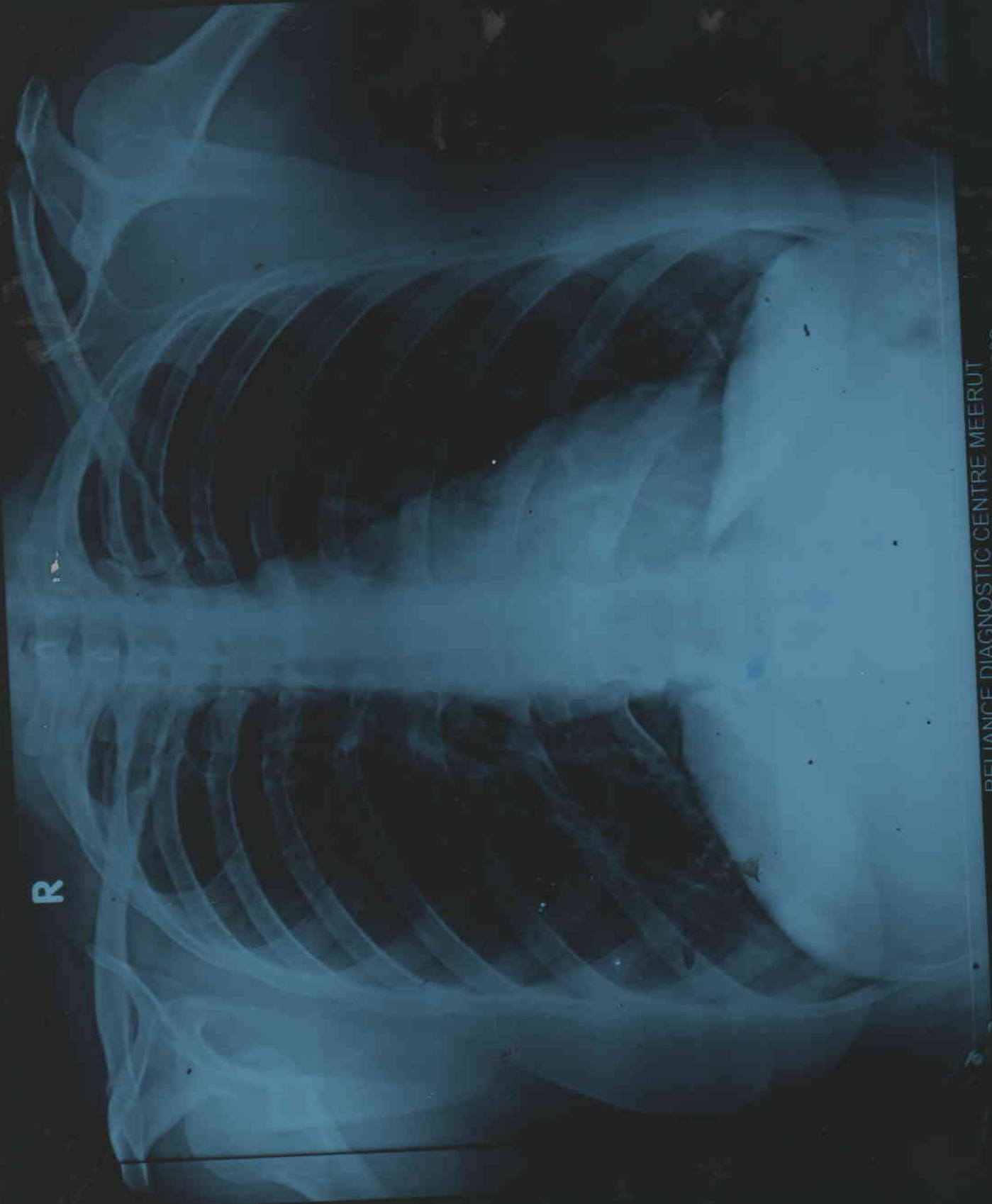
GRADE : 0.0 %

LINKED MEDIAN



R

RELINCE DIAGNOSTIC CENTRE MEERUT
MEENAKSHI 42 YRS F 12-Mar-22 CHEST PA 1392



Patient's Name	Mrs. MEENAKSHI SAXENA	Age /Sex	42 Y/F
Referred By		Dated	12 MAR 2022

X- RAY CHEST PA VIEW

Soft tissue and bony thorax is normal.

Trachea is normal.

Both domes of diaphragm are normal.

Both C. P. angles are normal.

Both hila are normal.

Vascular marking are normal.

C.T. ratio is normal.

IMPRESSION

NO OBVIOUS ABNORMALITY DETECTED


**DR. TANUJ GARG, MD
CONSULTANT RADIOLOGIST**



Patient's Name	Mrs. MEENAKSHI SAXENA	Age /Sex	42 Y/F
Referred By		Dated	12 MAR 2022

WHOLE ABDOMEN SONOGRAPHY

LIVER is normal in size. No focal lesion is seen. Intrahepatic biliary radicles are normal. Liver margins are normal.

GALL BLADDER is well filled. Wall thickness is normal. No pericholecystic fluid is seen. No calculus / focal mass is seen.

CBD appears to be normal in caliber. No calculus is seen.

PORTAL VEIN appears to be normal in course and caliber.

PANCREAS is normal in shape, size and echotexture. MPD is normal.

SPLEEN is normal in shape, size and echotexture.

RIGHT KIDNEY is normal in size, shape and position and echotexture. Pelvicalyceal system is normal. No evidence of hydronephrosis or calculus is seen. Cortico medullary differentiation is maintained. Renal cortical thickness is normal. Renal margins are normal.

LEFT KIDNEY is normal in size, shape and position and echotexture. Pelvicalyceal system is normal. No evidence of hydronephrosis or calculus is seen. Cortico medullary differentiation is maintained. Renal cortical thickness is normal. Renal margins are normal.

UTERUS is normal in size. Measuring 70x43x40 mm. Myometrial echotexture is normal. Endometrium is 5.1 mm.

Right ovary is normal in shape and size and echotexture.

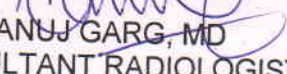
Left ovary is normal in shape and size and echotexture.

URINARY BLADDER is well filled, appears to be normal. No calculus is seen in the lumen. No significant residual urine volume is seen.

No evidence of retroperitoneal lymphadenopathy, bilateral pleural effusion or ascites is seen.

IMPRESSION:

NO OBVIOUS SONOLOGICAL ABNORMALITY DETECTED


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