

## MEDICAL SUMMARY

NAME:	Prashant Shetty	UHID:	
AGE:	54	DATE OF HEALTHCHECK:	25/3/23
GENDER:	M.	BMI	29.6

HEIGHT:	179	MARITAL STATUS:	Yes
WEIGHT:	94.8	NO OF CHILDREN:	2

C/O: Nil

K/C/O: No

PRESENT MEDICATION: Nil

P/M/H: Had hyperthyroidism  
11 yrs back.

P/S/H: No

H/A: SMOKING: - in the past

FAMILY HISTORY FATHER: - Was diabetic

ALCOHOL: - occasional

MOTHER: - Nil

TOBACCO/PAN: No

O/E:

LYMPHADENOPATHY: No

BP: 146/90 PULSE: 88 bpm

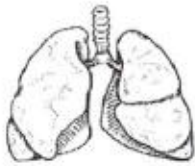
PALLOR/LCTERUS/CYNOSIS/CLUBBING: No

TEMPERATURE: N SCARS: No

OEDEMA: No

S/E:

RS:



PEBB  
No adv  
sonido

P/A:



Soft, Non  
Tender

CVS: S1S2-H,  
Murmure

Extremities & Spine: -N

CNS: M.

ENT: } N

Skin:

Vision:

	Without Glass		With Glass	
	Right Eye	Left eye	Right Eye	Left eye
FAR :				
NEAR :				
COLOUR VISION:				
ADVISE :				

• ANDHERI • COLABA • NASHIK • VASHI

Name : Mr. Prashant Madhukar Shetty Gender : Male Age : 51 Years  
UHID : FVAH 18631. Bill No : Lab No : V-3027-23  
Ref. by : SELF Sample Col.Dt : 25/03/2023 08:10  
Barcode No : 41 Reported On : 25/03/2023 14:55

TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
<b>HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)</b>		
Haemoglobin(Colorimetric method)	15.7 g/dl	13 - 18
RBC Count (Impedance)	4.94 Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	45.7 %	35 - 55
MCV:(Calculated)	92.5 fl	78 - 98
MCH:(Calculated)	31.8 pg	26 - 34
MCHC:(Calculated)	34.3 gm/dl	30 - 36
RDW-CV:	13.3 %	11.5 - 16.5
Total Leucocyte count(Impedance)	7790 /cumm.	4000 - 10500
Neutrophils:	74 %	40 - 75
Lymphocytes:	20 %	20 - 40
Eosinophils:	04 %	0 - 6
Monocytes:	02 %	2 - 10
Basophils:	00 %	0 - 2
Platelets Count(Impedance method)	2.91 Lakhs/c.mm	1.5 - 4.5
MPV	9 fl	6.0 - 11.0
ESR(Westergren Method)	05 mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination)		
RBCs:	Normochromic, Normocytic	
WBCs:	Normal	
Platelets	Adequate	
Note:	Test Run on 5 part cell counter. Manual diff performed.	

Alsaba Shaikh  
Entered By

Ms Kaveri Gaonkar  
Verified By

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Milind Patwardhan  
M.D(Path)  
Chief Pathologist

End of Report  
Results are to be correlated clinically

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**TEST**

**RESULTS**

**Blood Grouping (ABO & Rh)-WB(EDTA) Serum**

ABO Group:    **:A:**  
Rh Type:    **Positive**  
Method :    Tube Agglutination (forward and reverse)

**Shweta Unavane**  
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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

**HbA1c(Glycosylated Haemoglobin )WB-EDTA**

(HbA1C) Glycosylated Haemoglobin : 5.6 %  
Normal <5.7 %  
Pre Diabetic 5.7 - 6.5 %  
Diabetic >6.5 %  
Target for Diabetes on therapy < 7.0 %  
Re-evaluation of therapy > 8.0 %

Mean Blood Glucose : 114.02 mg/dL

Corelation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298


Method High Performance Liquid Chromatography (HPLC).

**INTERPRETATION**

- \* The HbA1c levels corelate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
- \* This Methodology is better then the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.
- \* It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics .
- \* Mean blood glucose (MBG) in first 30 days ( 0-30 )before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

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Indira Health And Lifestyle Private Limited.  
**NABL Accredited Laboratory**  
The Emerald, 1st Floor, Plot No. 195, Sector-12,  
Besides Neel Siddhi Tower, Vashi-Navi Mumbai-400703.  
Tel.: (022) - 2788 1322 / 23 / 24 ☎ 8291490000  
Email: apolloclinicvashi@gmail.com




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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
<b>PLASMA GLUCOSE</b>			
Fasting Plasma Glucose :	86	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : $\geq$ 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	95	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : $\geq$ 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

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**TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL**

**Lipid Profile- Serum**

S. Cholesterol(Oxidase)	222	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	117	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	23.4	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	<b><u>33.8</u></b>	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	<b><u>164.8</u></b>	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	<b><u>6.6</u></b>		3.5 - 5
Ratio of LDL/HDL	<b><u>4.9</u></b>		2.5 - 3.5

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

**LFT(Liver Function Tests)-Serum**

S.Total Protein (Biuret method)	7.00	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.25	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.75	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.55		0.9 - 2
S.Total Bilirubin (DPD):	0.32	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.13	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.19	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	20	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	25	U/L	5 - 41
S.AIk Phosphatase(pNPP-AMP Kinetic):	65	U/L	40 - 129
S.GGT(IFCC Kinetic):	34	U/L	11 - 50

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Chief Pathologist


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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
<b>Kidney screening test-Serum</b>			
S.Urea(Urease-GLDH)	19.5	mg/dL	10.0 - 45.0
S. Urea Nitrogen(Calculated)	9.1	mg/dL	5 - 20
S.Creatinine(Jaffe's Kinetic)	0.82	mg/dL	0.50 - 1.3
S.Uric Acid(Uricase-POD)	5.7	mg/dL	3.4 - 7.0

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Email: apolloclinicvashi@gmail.com

**Apollo Clinic**  
VASHI

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

**Thyroid (T3,T4,TSH)- Serum**

Total T3 (Tri-iodo Thyronine) (ECLIA)	2.23	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	85.59	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	1.84	□IU/ml	Euthyroid : 0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

**Note:**

**T3 :**

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

**T4 :**

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

**TSH :**

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

**FREE PSA**

Free Prostate Specific Antigen(Free PSA): 0.134ng/ml refer interpretation (Serum ECLIA)

It is advised to interpret Free PSA in conjunction with Total PSA.

Free PSA/Total PSA ratio indicates following.

In patients with total PSA concentrations of 4-10 ng/mL, the probability of finding prostate cancer on needle biopsy by age in years is:

% Free PSA	50-59 years	60-69 years	70 years and older
0-10%	49%	58%	65%
11-18%	27%	34%	41%
19-25%	18%	24%	30%
>25%	9%	12%	16%

**INTERPERETATION:**

The Free:Total PSA ratio is useful in assessing the risk of prostate cancer. In patients especially with borderline or moderately increased total PSA (4.0 - 10.0 ng/mL) and also depending on age, a free:total PSA ratio  $\leq 0.10$  indicates 49% to 65% risk, while a ratio  $> 0.25$  indicates a 9% to 16% risk of prostate cancer.

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M.D(Path)  
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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

**URINE REPORT**

**PHYSICAL EXAMINATION**

QUANTITY	60	mL
COLOUR	Pale Yellow	
APPEARANCE	Clear	Clear
SEDIMENT	Absent	Absent

**CHEMICAL EXAMINATION(Strip Method)**


REACTION(PH)	5.0	4.6 - 8.0
SPECIFIC GRAVITY	1.005	1.005 - 1.030
URINE ALBUMIN	Absent	Absent
URINE SUGAR(Qualitative)	Absent	Absent
KETONES	Absent	Absent
BILE SALTS	Absent	Absent
BILE PIGMENTS	Absent	Absent
UROBILINOGEN	Normal(<1 mg/dl)	Normal
OCCULT BLOOD	Absent	Absent
Nitrites	Absent	Absent

**MICROSCOPIC EXAMINATION**

PUS CELLS	1 - 2/hpf	0 - 3/hpf
RED BLOOD CELLS	Nil /HPF	Absent
EPITHELIAL CELLS	2 - 3 /hpf	3 - 4/hpf
CASTS	Absent	Absent
CRYSTALS	Absent	Absent
BACTERIA	Absent	Absent

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Page 1 of Chief Pathologist

End of Report  
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Prashant, Shetty  
18631

51 Years

Male

25.03.2023 9:43:00  
Apollo Clinic  
1st Flr, The Emerald, Sector-12,  
Vashi, Mumbai-400703.

91 bpm  
--/-- mmHg

QRS : 78 ms  
QT / QTcBaz : 364 / 447 ms  
PR : 178 ms  
P : 118 ms  
RR / PP : 662 / 659 ms  
P / QRS / T : 64 / 65 / 66 degrees

Normal sinus rhythm  
Normal ECG

WNL

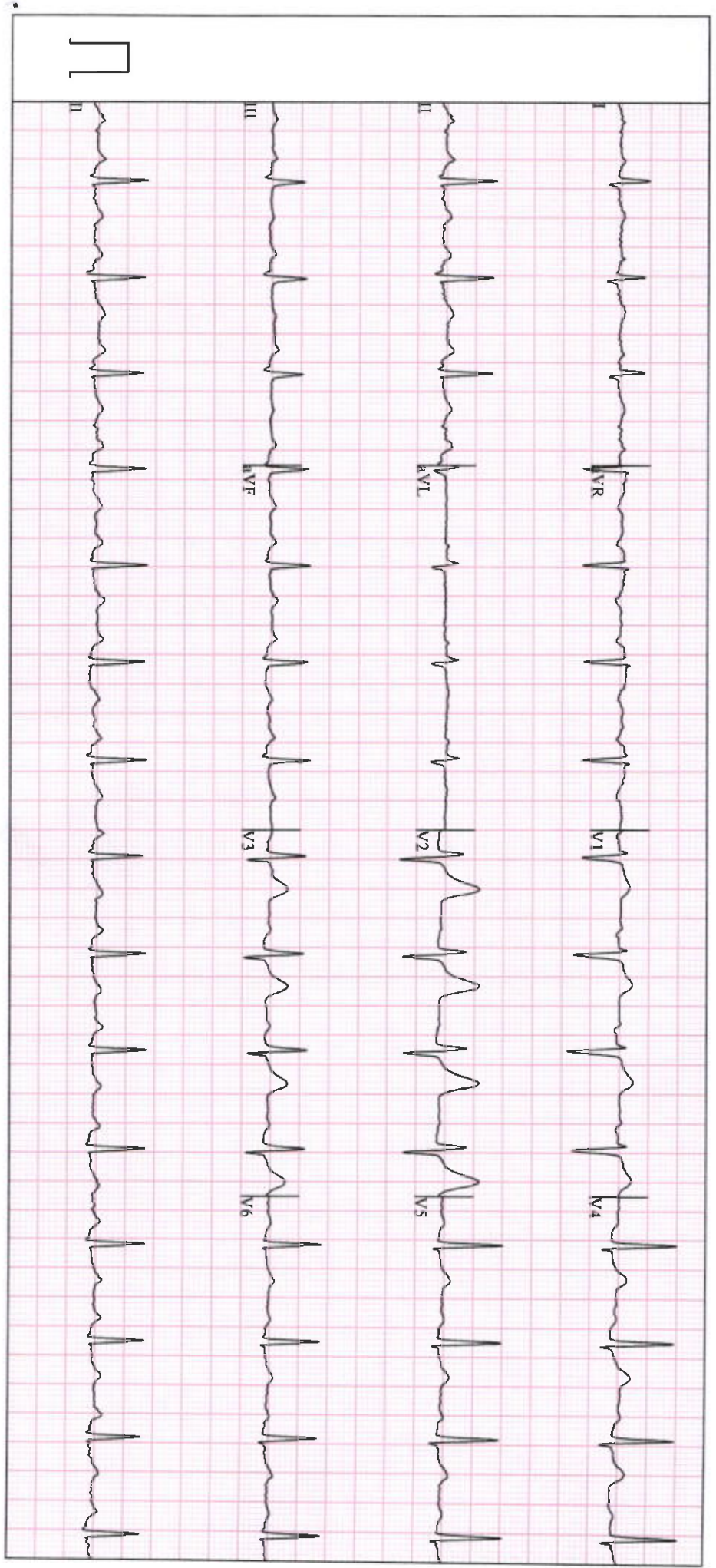
# NORMAL ECG

**DR. ANIRBAN DASGUPTA**

M.B., B.S., D.N.B. Medicine

Diploma Cardiology

MMC -2005/02/0920



GE MAC2000

1.1

12SL™ v241

25 mm/s

10 mm/mV

ADS

0.56-20 Hz

50 Hz

Unconfirmed  
4x2.5x3\_25\_R1

1/1

Apollo Clinic  
The Emerald, Plot No-195/B, Sector-12,  
Neel Siddhi Towers, Vashi-400703

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: PRASHANT, SHETTY  
Patient ID: 18631  
Height:  
Weight:

DOB: 14.09.1971  
Age: 51yrs  
Gender: Male  
Race: Asian

Study Date: 25.03.2023  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: DR. RISHI BHARGAVA  
Technician: Anu Salve

Medications:  
--

Medical History:  
NIL

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:43	0.00	0.00	85	120/80	
	STANDING	00:04	0.00	0.00	88	120/80	
	HYPERV.	00:12	0.00	0.00	85	120/80	
	WARM-UP	00:09	0.90	0.00	94	120/80	
EXERCISE	STAGE 1	02:18	1.70	10.00	113	120/80	
	STAGE 2	02:35	2.50	12.00	130	158/86	
	STAGE 3	02:16	3.40	14.00	148	158/86	
RECOVERY		01:31	0.00	0.00	110	160/86	

The patient exercised according to the BRUCE for 7:06 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 81 bpm rose to a maximal heart rate of 148 bpm. This value represents 87 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 160/86 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.  
Overall impression: Normal stress test.

### Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR. RISHI BHARGAVA

fo

*Dasgupta*  
Dr. ANIRBAN DASGUPTA  
M.B., B.S., D.N.B. Medicine  
Diploma Cardiology  
MMC -2005/02/0920

PATIENT'S NAME	MR. PRASHANT SHETTY	AGE :- 51 Y/M
UHID	18631	DATE :-25 Mar. 23

### 2D Echo and Colour doppler report

- All cardiac chambers are normal in dimension.
- No obvious resting regional wall motion abnormalities (RWMA).
- Interatrial and Interventricular septum – Appears Normal
- Valves – Structurally normal.
- Good biventricular function.
- IVC is normal.
- Pericardium is normal.
- Great vessels - Origin and visualized proximal part are normal.
- No coarctation of aorta.

### Doppler study

- Normal flow across all the valves.
- No pulmonary hypertension.
- PASP – 16 mmHg.
- No diastolic dysfunction.
- Peak systolic gradients across LVOT/AV – 08mmHg.

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**Measurements**

Aorta annulus	21mm
Left Atrium	31 mm
LVID(Systole)	30 mm
LVID(Diastole)	42 mm
IVS(Diastole)	11 mm
PW(Diastole)	11 mm
LV ejection fraction.	60%

**Conclusion**

- Good biventricular function
- No RWMA
- Valves – Structurally normal
- No diastolic dysfunction
- No PAH.



**DR. RISHI BHARGAVA**

**MD DM**

**CONSULTANT INTERVENTIONAL CARDIOLOGIST**

• ANDHERI • COLABA • NASHIK • VASHI

PATIENT'S NAME	PRASHANT M SHETTY	AGE :- 51y/M
UHID NO	18631	25 Mar 2023

X-RAY CHEST PA VEIW

OBSERVATION:

Bilateral lung fields are clear.  
Both hila are normal.  
Bilateral cardiophrenic and costophrenic angles are normal.  
The trachea is central.  
Aorta appears normal.  
The mediastinal and cardiac silhouette are normal.  
Soft tissues of the chest wall are normal.  
Bony thorax is normal.

IMPRESSION:

- No significant abnormality seen.



**DR. DISHA MINOCHA**  
**DMRE (RADIOLOGIST)**



PATIENT'S NAME	PRASHANT SHETTY	AGE :- 51 y/M
UHID NO	18631	25 Mar 2023

**USG WHOLE ABDOMEN**

**LIVER** is normal in size, shape and shows bright echotexture .No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

**Gall Bladder** appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

**SPLEEN** is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen. **RIGHT KIDNEY** measures 11.0 x 4.6 cm. **LEFT KIDNEY** measures 11.1 x 5.3 cm.

**Urinary Bladder** is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

**PROSTATE** is normal in size, shape & echotexture. It measures approximately 20 gms.

Visualised bowel loops appear normal. There is no free fluid seen.

**IMPRESSION** –

- **Grade I fatty liver.**
- **No other significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



**DR. DISHA MINOCHA**  
**DMRE (RADIOLOGIST)**

Name: Mr. Prashant Shetty

Age: 514

Date of Health check-up: 25/3/23

### Findings and Recommendation:

#### Findings:-

Chol ↑

Fat ↓

#### Recommendation:-

Diet / Exercise

Signature:

Consultant –



DR. ANIRBAN DASGUPTA  
MBBS, D.N.B MEDICINE  
DIPLOMA CARDIOLOGY  
MMC-2005/02/0920