



To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

| PARTICULARS OF HEALTH CHECK UP BENEFICIARY | |
|---|--------------------------|
| NAME | PRANSHU GARG |
| DATE OF BIRTH | 11-09-1988 |
| PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE | 23-07-2022 |
| BOOKING REFERENCE NO. | 22S180984100021482S |
| SPOUSE DETAILS | |
| EMPLOYEE NAME | MS. GUPTA KANUPRIYA |
| EMPLOYEE EC NO. | 180984 |
| EMPLOYEE DESIGNATION | SINGLE WINDOW OPERATOR A |
| EMPLOYEE PLACE OF WORK | GHAZIABAD,CLOCK TOWER |
| EMPLOYEE BIRTHDATE | 01-01-1992 |

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 06-07-2022 till 31-03-2023. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

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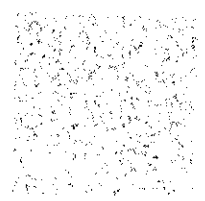


05



भारत सरकार

GOVERNMENT OF INDIA



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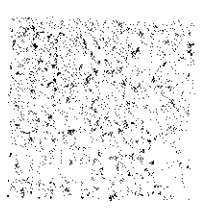
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TMT INVESTIGATION REPORT

| | |
|---------------------------------|-----------------------------|
| Patient Name : Mr. PRANSHU GARG | Location : Ghaziabad |
| Age/Sex : 34Year(s)/male | Visit No : V0000000001-GHZB |
| MRN No : GHZB-0000176187 | Order Date : 23/7/2022 |
| Ref. Doctor : HCP | Report Date : 23/7/2022 |

Protocol : Bruce **MPHR** : 187BPM
Duration of exercise : 8min 28sec **85% of MPHR** : 158BPM
Reason for termination : THR achieved **Peak HR Achieved** : 159BPM
Blood Pressure (mmHg) : Baseline BP : 134/70mmHg **% Target HR** : 85%
Peak BP : 154/74mmHg **METS** : 10.4METS

| STAGE | TIME (min) | H.R (bpm) | BP (mmHg) | SYMPTOMS | ECG CHANGES | ARRHYTHMIA |
|-----------|------------|-----------|-----------|----------|--------------------|------------|
| PRE- EXC. | 0:00 | 102 | 134/70 | Nil | No ST changes seen | Nil |
| STAGE 1 | 3:00 | 113 | 140/70 | Nil | No ST changes seen | Nil |
| STAGE 2 | 3:00 | 133 | 146/70 | Nil | No ST changes seen | Nil |
| STAGE 3 | 2:28 | 159 | 154/74 | Nil | No ST changes seen | Nil |
| RECOVERY | 3:41 | 90 | 140/70 | Nil | No ST changes seen | Nil |

COMMENTS:

- No ST changes in base line ECG.
- No ST changes at peak.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY),FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY),MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

pranshu garg

33years

Male

Asian

ID: 000176187

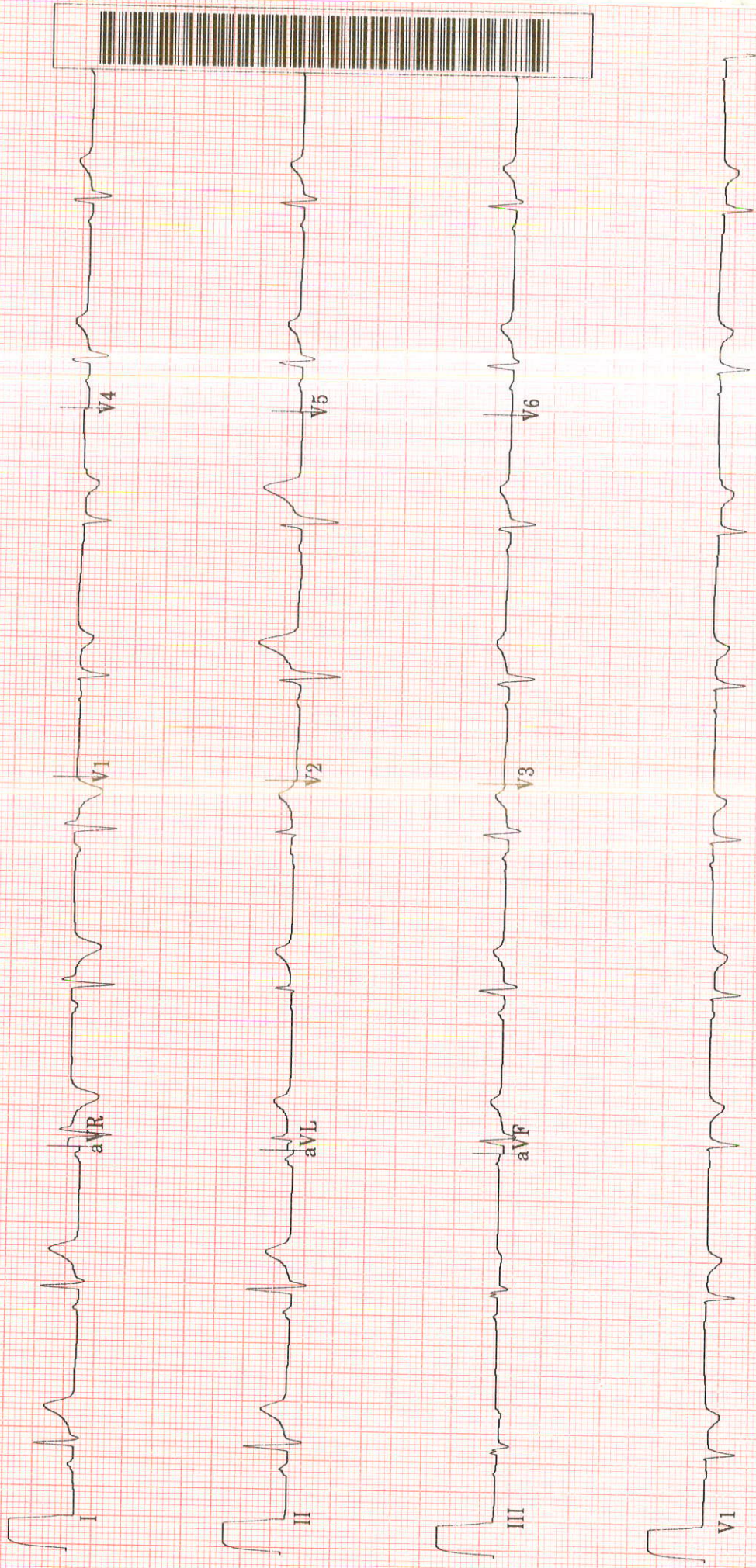
Vent. rate 57 bpm
 PR interval 168 ms
 QRS duration 90 ms
 QT/QTc 378/367 ms
 P-R-T axes 50 24 30

Technician:
 Test ind:

Referred by: hcp

Unconfirmed

23-Jul-2022 12:47:40 Manipal Hospitals, Ghaziabad





HCMCT

Manipal Hospitals

LIFE'S ON



Name : MR PRANSHU GARG
Registration No : RH1454028 RefHosp No. :
ghzb-0000176187
Patient Episode : R03000040751
Referred By : MANIPAL HOSPITALS GHAZIABAD
Receiving Date : 23 Jul 2022 21:55
Age : 33 Yr(s) Sex :Male
Lab No : 32220708034
Collection Date : 23 Jul 2022 21:08
Reporting Date : 24 Jul 2022 16:51

BIOCHEMISTRY

THYROID PROFILE, Serum

| | | | |
|-------------------------------------|-------|---------|-------------------------------|
| T3 - Triiodothyronine (ECLIA) | 1.11 | ng/ml | Adult > 20 yrs [0.70-2.04] |
| T4 - Thyroxine (ECLIA) | 8.52 | micg/dl | [4.60-12.00] |
| Thyroid Stimulating Hormone (ECLIA) | 3.730 | μIU/mL | [0.340-4.250] |

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Page 1 of 1

-----END OF REPORT-----

Neelam Singal

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

Human Care Medical Charitable Trust

Adjoining MTNL Building, Manikpuri, Sector 6, Dwarka, New Delhi - 110075.

Phone: +91 11 4967 4967 | www.manipalhospitals.com | www.hcmct.in

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N-2019-0113/27/07/2019-26/07/2021

IND18.6278/05/12/2018- 04/12/2019

Website : www.hcmct.in, delhi.manipalhospitals.com | Email : mailus@manipalhospitals.com | Phone: 011-49674967

Managed by Manipal Hospitals Dwarka Pvt. Ltd

LABORATORY REPORT

| | | | | | |
|-------------|-----------------|--------------|--------------------|-------------|--------------------|
| Name | PRANSHU GARG | Age | 33y 10m 11d | Gender | MALE |
| MRN | GHZB-0000176187 | Visit No | V0000000001-GHZB | | |
| Lab No | G000323582 | Collected On | 23/07/2022 10:34AM | Received On | 23/07/2022 10:35AM |
| Referred By | Deepak Verma | Reported On | 23/07/2022 12:20PM | | |

| Test Name | Result | Criticality Factor | Biological Reference Interval | Test Method |
|---|-----------|--------------------|-------------------------------|-------------|
| GLUCOSE, FASTING (F) (Serum Fasting) | 106 mg/dl | | 70 - 110 mg/dl | |

..... END OF REPORT

Processed by :- robin DHIRANIYA

Dr. Charu Agarwal
Registration No: 45422
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

LABORATORY REPORT

| | | | | | |
|-------------|-----------------|--------------|--------------------|-------------|--------------------|
| Name | PRANSHU GARG | Age | 33y 10m 11d | Gender | MALE |
| MRN | GHZB-0000176187 | Visit No | V0000000001-GHZB | | |
| Lab No | G000323583 | Collected On | 23/07/2022 10:35AM | Received On | 23/07/2022 10:35AM |
| Referred By | Deepak Verma | Reported On | 23/07/2022 12:42PM | | |

| Test Name | Result | Criticality Factor | Biological Reference Interval |
|--|-----------------------------------|--------------------|--|
| BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood) | | | |
| BLOOD GROUPING | " O " | | |
| RH TYPING | POSITIVE | | |
| HEMOGLOBIN, HB | 14.3 g/dl | | 12 - 16 gm/ dl |
| MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC | 35.0 g/dl | | 33 - 36% |
| ESR (WESTERGREN),AUTOMATED ERYTHROCYTE SEDIMENTATION RATE | 15 mm/1st hour | | 0 - 15 mm/Hr |
| MEAN CORPUSCULAR HAEMOGLOBIN, MCH | 31.0 pg | | 26 -34 pg |
| MEAN CORPUSCULAR VOLUME, MCV | 88.5 fl | | 77 - 97 fl |
| PLATELET COUNT | 167 x10 ³ cells/ Cumm | | 150x10 ³ - 400x10 ³ cells/cumm |
| RED BLOOD CELLS, RBC COUNT | 4.62 million/cu mm | | 3.8 - 5.3 millions /cumm |
| RED CELL DISTRIBUTION WIDTH, RDW | 13.9 % | | 11.5 - 14.5 % |
| LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED | 4.93 x10 ³ cells/ Cumm | | 4x10 ³ - 11x10 ³ cells/cumm |
| HEMATOCRIT (HCT) | 40.9 % | | 34 -45% |
| BASOPHILS | 00 % | | 0 - 2% |
| EOSINOPHILS | 03 % | | 2 -7 % |
| LYMPHOCYTES | 44 % | | 17 - 45 % |
| MONOCYTES | 06 % | | 4 -13% |
| NEUTROPHILS | 47 % | | 40 - 80% |

Report Printed On: 25/7/2022 3:28PM

Page 1 of 5

LABORATORY REPORT

| | | | | | |
|-------------|-----------------|--------------|--------------------|-------------|--------------------|
| Name | PRANSHU GARG | Age | 33y 10m 11d | Gender | MALE |
| MRN | GHZB-0000176187 | Visit No | V0000000001-GHZB | | |
| Lab No | G000323583 | Collected On | 23/07/2022 10:35AM | Received On | 23/07/2022 10:35AM |
| Referred By | Deepak Verma | Reported On | 23/07/2022 12:24PM | | |

Test Name

Result

Criticality
Factor

Biological
Reference Interval

***** END OF REPORT *****

Processed by :- robin DHIRANIYA

Charu
Registration No: 42422
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

Report Printed On: 25/7/2022 3:28PM

Page 2 of 5

LABORATORY REPORT

| | | | | | |
|-------------|-----------------|--------------|--------------------|-------------|--------------------|
| Name | PRANSHU GARG | Age | 33y 10m 11d | Gender | MALE |
| MRN | GHZB-0000176187 | Visit No | V0000000001-GHZB | | |
| Lab No | G000323583 | Collected On | 23/07/2022 10:35AM | Received On | 23/07/2022 10:35AM |
| Referred By | Deepak Verma | Reported On | 23/07/2022 12:52PM | | |

| Test Name | Result | Criticality Factor | Biological Reference Interval | Test Method |
|---------------------|--------------|--------------------|---|-------------|
| HBA1C (Whole Blood) | 6.0 % | | Normal: < or = 5.6 % Increased risk for Diabetes (Pre-diabetes): 5.7 – 6.4 % Diabetes: > or = 6.5 % If you are a Diabetic, please consult your doctor for your HbA1c target. | |

KIDNEY FUNCTION TESTS (Serum)

| | | |
|-------------------|--------------|-------------------|
| UREA | 28.8 mg/dl | 15 - 40 mg/dl |
| CREATININE, SERUM | 0.87 mg/dl | 0.7 - 1.2 mg/dl |
| URIC ACID | 6.7 mg/dl | 4 - 8.5 mg/dl |
| SODIUM, SERUM | 137.0 mmol/L | 136 - 144 mmol/ L |
| POTASSIUM, SERUM | 4.37 mmol/L | 3.6 - 5.1 mmol/L |
| CHLORIDE, SERUM | 104.0 mmol/L | 101 - 111 mmol/L |

LIPID PROFILE (Serum)

| | | |
|--------------------------|------------------|----------------|
| CHOLESTEROL, TOTAL | 220 mg/dl | Upto 200 mg/dl |
| TRIGLYCERIDES, SERUM | 187 mg/dl | Upto 150 mg/dl |
| CHOLESTEROL, HDL, DIRECT | 38 mg/dl | 35 - 65 mg/dl |
| CHOLESTEROL, LDL, DIRECT | 145 mg/dl | 0 -120 mg/dl |

Report Printed On: 25/7/2022 3:28PM

Page 3 of 5

LABORATORY REPORT

| | | | | | |
|-------------|-----------------|--------------|--------------------|-------------|--------------------|
| Name | PRANSHU GARG | Age | 33y 10m 11d | Gender | MALE |
| MRN | GHZB-0000176187 | Visit No | V0000000001-GHZB | | |
| Lab No | G000323583 | Collected On | 23/07/2022 10:35AM | Received On | 23/07/2022 10:35AM |
| Referred By | Deepak Verma | Reported On | 23/07/2022 12:20PM | | |

| Test Name | Result | Criticality Factor | Biological Reference Interval | Test Method |
|--|-----------------|--------------------|-------------------------------|-------------|
| Cholesterol, VLDL | 37 mg/dl | | 0 - 35 mg/dl | |
| LIVER FUNCTION TESTS (Serum) | | | | |
| BILIRUBIN, TOTAL | 0.69 mg/dl | | 0.3 -1.2 mg/dl | |
| BILIRUBIN, DIRECT | 0.12 mg/dl | | 0 - 0.3 mg/dl | |
| Indirect Bilirubin | 0.57 | | 0.1 - 0.3 mg/dl | |
| TOTAL PROTEIN, SERUM | 7.3 g/dl | | 6.6 - 8.7 g/dl | |
| ALBUMIN, SERUM | 4.47 g/dl | | 3.5 - 5.2 gm/dl | |
| A/G RATIO (ALBUMIN / GLOBULIN RATIO) | 1.58 | | 1:1 - 2.5:1 | |
| GLOBULIN, SERUM | 2.8 | | | |
| SGPT | 101 IU/L | | 17 - 63 IU/L | |
| SGOT | 50 IU/L | | 0 - 40 IU/L | |
| GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE | 37 IU/L | | 7 -50 U/L | |
| ALKALINE PHOSPHATASE, ALP | 71 IU/L | | 32 -91 IU/L | |

Report Printed On: 25/7/2022 3:28PM

Page 4 of 5

LABORATORY REPORT

| | | | | | |
|-------------|-----------------|--------------|--------------------|-------------|--------------------|
| Name | PRANSHU GARG | Age | 33y 10m 11d | Gender | MALE |
| MRN | GHZB-0000176187 | Visit No | V0000000001-GHZB | | |
| Lab No | G000323583 | Collected On | 23/07/2022 10:35AM | Received On | 23/07/2022 10:35AM |
| Referred By | Deepak Verma | Reported On | 23/07/2022 12:20PM | | |

***** END OF REPORT *****

Processed by :- robin DHIRANIYA

Charu
Registration No: 42452
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

LABORATORY REPORT

| | | | | | |
|-------------|-----------------|--------------|--------------------|-------------|--------------------|
| Name | PRANSHU GARG | Age | 33y 10m 11d | Gender | MALE |
| MRN | GHZB-0000176187 | Visit No | V0000000001-GHZB | | |
| Lab No | G000323591 | Collected On | 23/07/2022 11:51AM | Received On | 23/07/2022 11:51AM |
| Referred By | Deepak Verma | Reported On | 24/07/2022 9:11AM | | |

| Test Name | Result | Criticality Factor | Biological Reference Interval |
|---|-------------|--------------------|-------------------------------|
| URINE EXAMINATION, ROUTINE (Urine) | | | |
| PHYSICAL EXAMINATION | | | |
| Colour | PALE YELLOW | | |
| Appearance | CLEAR | | |
| pH | 6.0 | | |
| Specific gravity | 1.005 | | |
| CHEMICAL EXAMINATION | | | |
| Glucose | Nil | | |
| Protein | Absent | | |
| Ketone bodies | Absent | | |
| Urobilinogen | Absent | | |
| MICROSCOPIC EXAMINATION | | | |
| Leukocytes | 1-2 /HPF | | |
| Erythrocytes | NIL | | |
| Epithelial Cells | NIL | | |
| Casts | NIL | | |
| Crystals | NIL | | |
| Others | NIL | | |

***** END OF REPORT *****

Processed by :- robin DHIRANIYA

MCIT-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

Report Printed On: 25/7/2022 3:28PM

Page 1 of 1

LABORATORY REPORT

| | | | | | |
|-------------|-----------------|--------------|--------------------|-------------|-------------------|
| Name | PRANSHU GARG | Age | 33y 10m 12d | Gender | MALE |
| MRN | GHZB-0000176187 | Visit No | V0000000001-GHZB | | |
| Lab No | G000323706 | Collected On | 24/07/2022 1:04PM | Received On | 24/07/2022 1:05PM |
| Referred By | Deepak Verma | Reported On | 25/07/2022 11:24AM | | |

| Test Name | Result | Criticality Factor | Biological Reference Interval | Test Method |
|--|-----------|--------------------|-------------------------------|-------------|
| GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial) | 126 mg/dl | | 80 -140 mg/dl | |

***** END OF REPORT *****

Processed by :- KAPIL GAUR

Alka
MCT-39093
DR ALKA DIXIT VATS
CONSULANT PATHOLOGIST
PATHOLOGIST

RADIOLOGY REPORT

| | | | |
|------------|------------------|--------------|---------------------|
| Name | PRANSHU GARG | Modality | US |
| Patient ID | GHZB-0000176187 | Accession No | 1120343 |
| Gender/Age | M / 33Y 10M 11D | Scan Date | 23-07-2022 11:51:00 |
| Ref. Phys | Dr. Deepak Verma | Report Date | 23-07-2022 12:42:52 |

USG ABDOMEN & PELVIS

FINDINGS

LIVER: appears enlarged in size (measures 157 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade II fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 113 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 9.6 mm.

COMMON BILE DUCT: Appears normal in size and measures 4.3 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 109 x 43 mm.

Left Kidney: measures 101 x 43 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 35 x 19 x 19 mm with volume 6 cc. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Hepatomegaly with diffuse grade II fatty infiltration in liver.

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS,DNB,
Consultant Radiologist, Reg No MCI 11 10887

RADIOLOGY REPORT

| | | | |
|------------|------------------|--------------|---------------------|
| Name | PRANSHU GARG | Modality | DX |
| Patient ID | GHZB-0000176187 | Accession No | 1120344 |
| Gender/Age | M / 33Y 10M 11D | Scan Date | 23-07-2022 10:58:22 |
| Ref. Phys | Dr. Deepak Verma | Report Date | 23-07-2022 11:23:13 |

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
TRACHEA: Normal.
CARINA: Normal.
RIGHT AND LEFT MAIN BRONCHI: Normal.
PLEURA: Normal.
HEART: Normal.
PULMONARY HILA: Normal.
AORTA: Normal.
THORACIC SPINE: Normal.
OTHER VISUALIZED BONES: Normal.
VISUALIZED SOFT TISSUES: Normal.
DIAPHRAGM: Normal.

IMPRESSION:

- No significant radiographic abnormality

Preeti Sehrawat

Dr. PREETI SEHRAWAT, MBBS, MD

Consultant radiologist, Reg no 47555