



# Metro Hospital & Heart Institute, Haridwar

## Health Check-up Certificate

COMPANY Mediwheel (BOP) Haridwar

EMPLOYEE NO. 161156 DEPTT. Cash. Head Cashier DATE 25/11/23

NAME Soniya Sharma AGE/SEX 36/F DOB 14/10/88

DESIGNATION Head Cashier MOBILE NO 9790039451

CHEST (INSP) x cm. CHEST (EXP) x cm. CHEST EXPANSION x cm

HEIGHT 148.5 cm. WEIGHT 55 Kg. BMI.....

P/R 84 per mt. BP 111/77 mmHg SIGN OF EMP [Signature]

### EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
1	LAB INVESTIGATIONS	Path Lab	Hb 10.0 gm/dl TLC /DLC F /PP /RBS
	BLOOD SUGAR F/PP/RANDOM	Path Lab	
	BLOOD GROUP	Path Lab	is Negative
2	URINE	Path Lab	Abn NK Sugar NK
3	STOOL	Path Lab	SNR (Not submitted)
4	X RAY CHEST PA	Radiology	NAD
5	ULTRASONOGRAPHY (Whole Abd)	Radiology	At Renal Calculations
6	ECG	Health check up	WNL
7	ECHO	Radiology	Normal Study
8	TMT	Radiology	
9	PFT	Health check up	
10	AUDIOMETRY	25	
11	ENT EXAM	25	
12	DENTAL EXAMINATION	24	status good / Hygiene good
13	ACUITY OF VISION/COLOUR VISION	13	Report attached
14	EXAMINATION BY PHYSICIAN	23	NAD
15	Thyroid Profile LFT		Report attached

Observations - KFT  
Lipid Profile  
Cyclic Contraction - No Complaint

DR. ANIL SINGH  
MBBS, AFIH, DHA

Consultant Occupational Health  
Reg No -UKMC-2831  
Metro Hospital & Heart Institute  
MDCUL, Haridwar-249403 (U.K.)



**Subject: Health Check up Booking Re Schedule Request(bobE48207),Package Code-PKG10000228, Beneficiary Code-38067**

Mediwheel <wellness@mediwheel.in>

Sent: Tue, 17 Oct 2023 17:41:58 GMT+0530

To: You

Cc: customercare@mediwheel.in

CAUTION: This email is from an external source. Exercise caution when opening attachments or clicking links.

MedSave

011-41195959

Email:wellness@mediwheel.in

Dear Metro Hospital & Heart Institute,

Diagnostic/Hospital Location :Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,City:Haridwar

We regret to state that following request for Health check up appointment has been Re Scheduled by you. Please let us know if request had not been Re Schedule from your end. We will ask the user to make a fresh request for the same.

**Booking Code** : bobE48207

**Appointment Date** : 28-10-2023

**Appointment Time** : 8:00am-9:00am

**Beneficiary Name** : MS. SONIYA

**Package Name** : Medi-Wheel Full Body Health Checkup Female Below 40

**Member Age** : 32

**Member Relation** : Employee

**Member Gender** : Female

**Address of Diagnostic/Hospital** : Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township

**City** : Haridwar

**State** : Uttarakhand

**Pincode** : 249403

**Contact Details** : 9720839451

**Email** : uttam.chakraborty@metrohospitals.com

Please login to your account to confirm the same. Also you mail us for confirmation.

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. SHARMA SONIYA
EC NO.	161156
DESIGNATION	HEAD CASHIER "E" _II
PLACE OF WORK	HARIDWAR,NB DHARAMSHALA
BIRTHDATE	14-10-1988
PROPOSED DATE OF HEALTH CHECKUP	14-10-2023
BOOKING REFERENCE NO.	23D161156100071760E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **10-10-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





बैंक ऑफ़ बड़ोदा  
Bank of Baroda

नाम : सोनिया शर्मा  
Name : Soniya Sharma  
पदनाम : व्यवसाय सहायक  
Designation : Business Associate

जातीय अधिकारी (अ.वि.प.)  
Issuing Authority (A.V.P.)



*Soniya Sharma*  
Signature Card Holder

*Soniya Sharma*





# METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

(NABH & ISO 9001: 2008 Certified)

## Radiology Investigation Report

**Name** : Mrs. Soniya Sharma  
**Ref. By** : Dr. ANIL SINGH  
**IP/OP** : OP/202313363  
**Date** : 25/11/2023

**Age/Sex** : 35 Y/F  
**UHID NO** : 2023020942  
**Request No** : 70243673

### USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in shape, outline & echotexture. No focal lesion of abnormal ecogeneity is seen. Intrahepat biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

**Gall bladder is contracted ( repeat scan with fasting status)** Common bile duct is normal in course caliber. No calculus is seen in its lumen.

Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. **There is left renal concretion.**

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesic; calculus is seen in bladder. Ureterovesical junctions appear normal.

Uterus is normal in size shape, outline & echotexture. Myometrial & endometrial echoes are normal. No uterin mass is seen. Both the ovaries appear normal. There is no free fluid seen in cul de sac.

**IMPRESSION : Left renal concretion.**

DR. PRAKASH CHANDRA PANDEY  
 MBBS, DMRD  
 CONSULTANT RADIOLOGIST



**Note:**

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
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Measurement Results:  
 P 80 ms  
 PR/PP 722 / 720 ms  
 QRS 354 / 417 ms  
 QT/QTcB 110 ms  
 RR 110 / 100 / 135 degrees  
 QTd/QTcBd: 46 / 54 ms  
 Sokolow 1.5 mV  
 NK 11

aur -90  
 aVL 0 I  
 III +90  
 aVF II

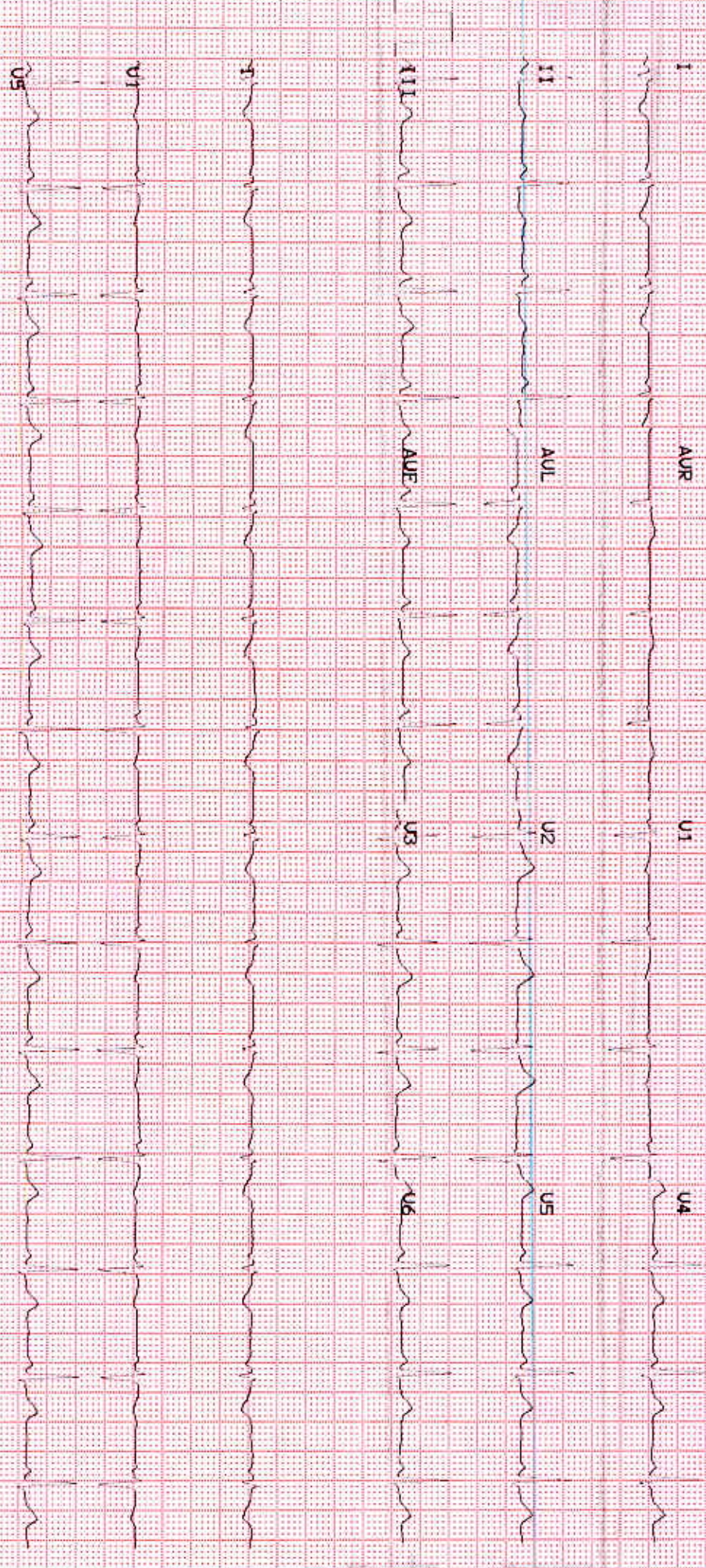
Interpretation:  
 probably MI (lateral)  
 short PR interval  
 minor right axis deviation  
 negative T-wave (lateral)  
 T-wave near baseline (lateral)  
 probably abnormal ECG



Name - Saniya Sharma  
 Age 25 years / F  
 25/11/23

HR 82 bpm

Unconfirmed report.







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we treat...HE CURES

**Metro Hospital  
& Heart Institute**

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Patient Name MRS. Soniya Sharma Age/Sex 35 M/F Reg. No. \_\_\_\_\_

Doctor's Name Sushil Kumar

Date 25/11/23 Time \_\_\_\_\_

**OPHTHALMIC EXAMINATION**

**VISION**

**DISTANCE VISION-**

Rt

Lt

**NEAR VISION-**

Rt

Lt

**COLOUR VISION**

6/6  
6/6  
N/G  
N/G  
Normal  
= glasses

**EYE EXAMINATION**

Cornea

Ant Chamber

Pupil

Fundus Examination

**ADVICE-**

Dr. Sushil Kumar, M.B.B.S., M.S. (Ophthalmology)  
Consultant Ophthalmologist  
Metro Hospital & Heart Institute  
Sidcul, Haridwar, Uttarakhand - 249 403 (UK)  
Signature

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01





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CIN No.: U33201DL2006PTC156918

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# Pathology Report



# METRO

HOSPITAL & HEART INSTITUTE

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Age/Sex (NABH & ISO 9001: 2008 Certified)

UHID : 2023020942

Request No. : 10387449

Sample Time : 10:12

Reporting Time : 20:56

Name : Mrs. Soniya Sharma  
 Ref. By : Dr. ANIL SINGH  
 IP/OP : OP/202313363  
 Sample Date : 25/11/2023  
 Reporting Date: 25/11/2023

Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Hematology</b>				
BLOOD GROUP				
ABO	B			
Rh	NEGATIVE			
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)				
HB	10.8	gm/dl	F - 11.5-15	
TLC	10640	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	60	%	45-75	
LYMPHOCYTES	30	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
BASOPHILS	00	%	--<2	
RBC	4.95	million	3.5-5.5	
PCV	37.3	%	36-52	
MCV	75.4	fL	80-100	
MCH	21.8	PG	27-32	
MCHC	29.0	gm/dl	31-37	
PLATELET COUNT	3.15	lakh/cumm	1.5-4.5	
RDW	17.4	%	11.5-15	
ESR	20	mm/hr	20	
<b>Serology &amp; Immunology</b>				
THYROID PROFILE				
T3	2.34	nmol/L	1.70-3.10	
T4	10.8	µg/dl	5.95-15.4	
TSH	4.60	µIU/L	0.46-4.68	

\*\*\* End of Reports \*\*\*

Dr. Vishal Arora  
 MBBS, DCP  
 (Consultant Pathologist)



- Note:**
- These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
  - The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for review and manual typing errors.
  - These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
  - All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

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CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev No. 03





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 (NABH 9001:2008 certified)  
 Age/Sex :  
 UHID : 2023020942  
 Request No. : 10382449  
 Sample Time : 10:12  
 Reporting Time: 20:56

Name : Mrs. Soniya Sharma  
 Ref. By : Dr. ANIL SINGH  
 IP/OP : OP/202313363  
 Sample Date : 25/11/2023  
 Reporting Date: 25/11/2023

Test	Result	Unit	Bio. Ref. Inter. Test Method
------	--------	------	------------------------------

**Biochemistry**

HbA1c 5.9  
 BLOOD SUGAR -PP 115.0  
 BLOOD SUGAR -FASTING 79.0

LIPID PROFILE 172.0  
 TOTAL CHOLESTEROL  
 HDL-CHOLESTEROL 45.0  
 LDL 97.0  
 TRIGLYCERIDES 146.0

VLDL 29.0  
 CHOL/HDL Ratio 3.7  
 LFT (LIVER FUNCTION TEST)

BILIRUBIN INDIRECT 0.30  
 SGOT 29.0  
 SGPT 26.0

BILIRUBIN TOTAL 0.60  
 ALKALINE PHOSPHATASE 93.0  
 BILIRUBIN DIRECT 0.30

TOTAL PROTEIN 7.1  
 ALBUMIN 4.0  
 GLOBULIN 3.1  
 AG RATIO 1.3

KFT (KIDNEY FUNCTION TEST)  
 UREA 18.0  
 SODIUM 144.0

CREATININE 0.69  
 URIC ACID 4.7  
 BUN 8.5

POTASSIUM 4.4  
 CALCIUM 10.0

\*\*\* End of Reports \*\*\*



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Dr. Vishal Arora  
 MBBS, DCP  
 (Consultant Pathologist)

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## Pathology Report



# METRO

**HOSPITAL & HEART INSTITUTE**

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Age/Sex : 2023020942 (NABH &amp; ISO 9001: 2008 Certified)

UHID : 2023020942

Request No. : 10382449

Sample Time : 10:12

Reporting Time: 20:56

 Name : Mrs. Soniya Sharma  
 Ref. By : Dr. ANIL SINGH  
 IP/OP : OP/202313363  
 Sample Date : 25/11/2023  
 Reporting Date: 25/11/2023

Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Urine Examination</b>				
URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	STRAW			
TRANSPARENCY	CLEAR			
S. GRAVITY	1.015			
<b>CHEMICAL EXAMINATION</b>				
ALBUMIN	NIL			
SUGAR	NIL			
pH	6.0			
BLOOD	NIL			
KETONE	NIL			
<b>MICROSCOPIC EXAMINATION</b>				
PUS CELLS	2-3			
EPITHELIAL CELLS	1-2			
RBC	NIL			
CRYSTALS	NIL			
CAST	NIL			
BACTERIA	NIL			
AMORPHOUS PHOSPHATE	NIL			
AMORPHOUS URATES	NIL			

\*\*\* End of Reports \*\*\*

Dr. Vishal Arora  
 MBBS, DCP  
 (Consultant Pathologist)


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**Radiology Investigation Report**

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<b>Ref. By</b>	: Dr. ANIL SINGH	<b>UHID NO</b>	: 2023020942
<b>IP/OP</b>	: OP/202313363	<b>Request No</b>	: 70243673
<b>Date</b>	: 25/11/2023		

**X-RAY CHEST PA View**

Cardiac contour & size are normal.  
Trachea is central.  
Lung fields are clear.  
Hilar shadows are normal.  
Costophrenic angles are clear.  
Bony rib cage is normal.

**IMPRESSION: NORMAL CHEST.**

DR. PRAKASH THANDRA PANDEY  
MBBS, DNB  
CONSULTANT RADIOLOGIST

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27-Nov-23 12:31 PM



## 2D ECHOCARDIOGRAPHY

Name:	Mrs. Soniya Sharma	UHID No:	2023020942
Age/Sex:	35Y/F	Ward:	OPD
Referred by:	Dr. Anil Singh	Date:	25.11.2023

**ACOUSTIC WINDOW: Normal**

### MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	0.9	(0.6 – 1.1 cm)
LVPW (ED)	1.0	(0.6 – 1.1 cm)
LVID (ED)	3.7	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.0	(2.0 – 3.7 cm)
LA dimension	2.4	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	60%	(55 – 75%)

### MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

### DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 88, A – 73, E/A>1	
Aortic	Nil	Vel – 162	
Tricuspid	Trace	Vel – 212	PASP – 23
Pulmonary	Nil	Vel – 80	

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## FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~60%
- No LVDD
- Trace MR, Trace TR, PASP 23 mmHg
- No pericardial effusion
- No Intracardiac clot

### Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)  
Consultant Interventional Cardiology  
UKMC Reg. No: 12883

### Dr. Ajit Kumar

MBBS, PGDCC  
Associate Consultant, Cardiology  
UKMC Reg. No: 7569

(Note: This document is not for medico-legal purpose)



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