

M.P. Nursing Home

Research & Diabetic Care Centre

Opp. Tarun Talkies, Shankar Nagar Road,
Durg (C.G.) 491001, Reg. No. 92/2263 F.R.
Mob. : 98271 60949, 9303939305



Authorization -
SBI Life Insurance
New India Assurance Comp Ltd
Bajaj Allianz, Rebalance,
ICICI Lombard LIC
T.T.K. Health Service India,
Birla MD India, Max BHI, M.D. India,
Bharti Canara BPI (Smart Card)
National I.P. Work of Govt
Cash Less Treatment

Hemlata Rajak

PHYSICAL EVALUATION

DATE:- 27/05/23

POLICY NO.:- PKG 10000283

CLIENT NAME:- HEMLATA RAJAK

AGE / SEX:- 36/F

HEIGHT:- 155 cm

WEIGHT:- 62 kg

BLOOD PRESSURE:- 124 / 80

PULSE:- 74 /nt regular

CVS SYSTEM:-

ABDOMEN:-

CNS SYSTEM:-

SPO2:- 96

NEAR VISION :-

COLOUR VISION:-

DENTAL:- OK

ENT:- OK

SKIN:- no problem

REMARK:- good

Hemlata Rajak

CLIENT SIGNATURE

Hemlata Rajak
M.P. Nursing Ho.
(Dr. Bhatia)
Durg (C.G.)

M.P. NURSING HOME
NEAR TARUN TALKIES, SHANKAR NAGAR ROAD, DURG (C.G.)
PATHOLOGY DEPARTMENT

NAME :- HEMLATA RAJAK AGE:- 36YRS SEX:-FEMALE DATE:-27/05/2023

(PAGE 1)

CBS & ESR			RESULT	NORMAL RANGE (IN ADULT)	SPECIAL TEST		
					RESULT	NORMAL RANGE	
Hb			13.6	gm% Male 12-18, Female 11-16.5	MCV	84	80-96FL
TLC			5900	4000-11000/Cell/Cu.mm	RDW	40	39-46FL
NEUTROPHIL			62	40-75%	PCV	39	35-55%
LYMPHOCYTE			29	20-45%	MCH	31	27-33PG
EEOSSIONOPHIL			03	1-6%	MCHC	35	32-36GM/DL
MONOCYTE			06	1-10%	MPV	6.92	6.5 -11.0
RBC			4.15	3.5-6.0 mill/Cu.mm.	PWD	14	10-18
Platelet Count			2.12	1.5 – 4.5 Lackhs/Cu.mm.	B.T.	2.10	01-06 MINT
Peripheral Smear	NORMAL			Normal/Macro /Microcyte/Hypochromia	C.T.	7.05	06-10 MINT
ESR			14	Male – 0-15, Female 0-20 mm/hr			

LIPID PROFILE	RESULT	NORMAL RANGE (IN ADULT)
SERUM CHOLESTEROL	159	130-250 MG/DL
SERUM TRIGYCERIDES	94	60-150 MG/DL
HDL Cholesterol	49	MALE 45-65 MG/DL, FEMALE 35-55 MG/DL
LDL Cholesterol	98	60-150 MG/DL
VLDL	26	20-50 MG/DL
CHOLESTEROL/HDL	3.24	3-5
LDL/HDL	2.00	2-3.3

LIVER FUNCTION TEST	RESULT	NORMAL RANGE (IN ADULT)
BILIRUBIN(Direct/Conjugated)	0.10	UP TO 0.25 MG/DL
BILIRUBIN (Indirect/UNCONJUGATED)	0.24	UP TO 0.75 MG/DL
BILIRUBIN (Total)	0.34	UP TO 1.0 MG/DL
SGOT/AST	25	FEMALE 10-31IU/L, MALE 10-35 IU/L
SGPT/ALT	27	0-40 IU/L
ALP (Alkaline Phosphate)	169	ADULT 108-306 IU/L
G.G.T.P	23	MALE 8-61 IU/L,, FEMALE 5-36 IU/L
AST/ALT RATIO	0.92	LESS THAN 1

KFT/RFT	RESULT	NORMAL RANGE	URINE EXAMINATION (RUA)	
SERUM CREATININE	0.83	0.6-1.4 MG/DL	Colour:-CLEAR, ,, Deposit:-NIL	
UREA/BUN	15	10-50 MG/DL	Reaction :- ACIDIC ,, Albumin:-NIL	
ALBUMIN	3.92	3.2-5.5 GM/DL	(F)Sugar:-NIL ,, (PP)Sugar:-NIL	
GLOBULIN	2.75	2.3-3.6 GM/DL	MICROSCOPIC	
TOTAL PROTEIN	6.67	6.0-8.0 GM/DL	Pus cell :- NIL ,, Casts :-NIL,, Crystals :- NIL	
Uric Acid	3.01	2.5-7.5 MG/L	RBC :-NIL ,, Epithelial Cells :-NIL	
A/G RATIO	1.42	1.0-2.5		
BUN/CREATINE RATIO	18.07	BETWEEN 10 TO 1 AND 20 TO 1	URINE SPECIFIC GRAVITY:-1.021 (1.010 to 1.025)	

Dr. Bhatia
M.P. Nursing Home
(Dr. Bhatia)
DURG (C.G.)

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 NEAR TARUN TALKIES, SHANKAR NAGAR ROAD, DURG (C.G.)
 PATHOLOGY DEPARTMENT

NAME :- HEMLATA RAJAK AGE:- 36YRS SEX:-FEMALE DATE:-27/05/2023

(PAGE 2)

STOOL TEST

1. Physical EXAMINATION:-

Colour :-YELLOWISH ,, PARASITES:-ABSENT

Consistency:-SOLID ,, Mucus:-ABSENT ,, Blood:-ABSENT,, PUS:-ABSENT

2. MICROSCOPIC EXAMINATION:-

Protozoa:-ABSENT ,, FAT DROPLETS:- ABSENT,,, YEAST CELLS:- ABSENT

Pus Cells:-ABSENT ,, RBC's:- ABSENT,,, CYSTS:- ABSENT

VEGETABLE CELLS:- ABSENT,, EPITHELIAL CELLS:- ABSENT,, MACROPHAGES:- ABSENT

3. CHEMICAL EXAMINATION:-

PH:-ALKALINE ,, OCCULT BLOOD :-ABSENT

STOOL TEST RESULT:- TEST IS NEGATIVE

OTHER TESTS

RESULT

NORMAL RANGE

FBS	98	UP TO - 120 mg/dl
PPBS	117	UP TO - 180 mg/dl
HBA1C	5.01	4-7 %
HBs Ag	(-VE)	-VE/+VE (Elisa)
HIV 1 & 2	(-VE)	-VE/+VE (Elisa) (Tridot)

BLOOD GROUP:- "B" +VE

THYROID PROFILE

RESULT

NORMAL RANGE

T3	92 NG/ML	60-181 NG/ML
T4	5.14 MG/DL	4.5-12 MG/DL
TSH	2.06 MIU/ML	0.49- 4.67 MIU/ML

(Signature)
 M.P. Nursing Home
 (Dr. Shatia)
 Durg (C.G.)

DEPARTMENT OF PATHOLOGY

M.P.NURSING HOME ,DURG(C.G.)

NAME :- HEMLATA RAJAK

AGE:- 36YRS /F

DATE:-27/05/2023

PAP SMEAR REPORT

CLINICAL INFORMATION:-

LMP DATE:- OK GIVEN

MENSTRUAL STATUS:-REGULARLY ACTIVE

SITE OF COLLECTION:-CERVICAL/ENDOCERVICAL


TEST TYPE:-THIN PREP

HPV TESTING:-NEGATIVE

FINAL INTERPRETATION:-

:-NEGATIVE FOR MALIGNANCY,

:-NO ACTIVE INFECTION SEEN


M.P. Nursing Ho
(Dr. Bhatia)
Durg (C.G.)



भारत सरकार
Government of India

हेमलता राजक
Hemlata Rajak



जन्म तिथि / DOB 04/08/1986
महिषा / Female



9523 9442 9318

आधार - आम आदमी का अधिकार

M.P. Nurgis
(Dr. Bhatia)
Durg (C.G.)



भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

पता: अर्धांगिनी: जय कृष्ण राजक
वार्ड नं. 14, पुईखदान(न.पं.), पुईखदान
राजनंदगाव, छत्तीसगढ़, 491885

Address: W/O: Jay Krishna
Rajak, Ward No. 14,
Chhuikhadan(np),
Chhuikhadan, Rajnandgaon,
Chhuikhadan, Chhattisgarh,
491885

9523 9442 9318

1947
1800 300 1947

help@uidai.gov.in

www.uidai.gov.in

Hemlata
27/05/23

DEPARTMENT OF RADIOLOGY

M.P. NURSING HOME ,DURG(C.G.)

NAME :- HEMLATA RAJAK

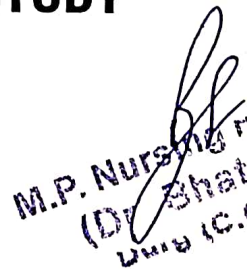
AGE/SEX:- 36YRS/FEMALE

DATE:- 27/05/2023

X-RAY CHEST PA VIEW:-

- .BILATERAL LUNG FIELDS APPEARS CLEAR AND FREE OF ANY INFILTRATES
- .CARDIAC AND MEDIASTINUM APPEARS NORMAL
- .BOTH HILA APPEARS NORMAL
- .BOTH COSTOPHRENIC ANGLES ARE CLEAR
- .BILATERAL DOME OF DIAPHRAGM ARE NORMAL IN CONTOUR
- .BONY CAGE IS NORMAL

IMPRESSION:-NORMAL STUDY


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Durg (C.G.)

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NAME :-HEMLATA RAJAK AGE:-36YRS /F DATE:-27/05/2023

USG OF WHOLE ABDOMEN & PELVIS

LIVER:-IS NORMAL IN SIZE,SHAPE AND ECHOTEXTURE.IHBRS AND CBD ARE NORMAL IN APPEARANCE.

PORTAL VEIN:-IS NORMAL IN SIZE,HEPATOPETAL FLOW.

IVC AND AORTA:-SIZES NORMAL,RESPIRATORY VARIATIONS
NORMAL

GALL BLADDER:- LUMEN IS WELL DISTENDED AND AND ECHOFREE.NO CASLCULUS OR SLUDGE IS SEEN

SPLEEN:-IS NORMAL IN SIZE,SHAPE AND ECHOTEXTURE.NO FOCAL LESION . SPLEEN VEIN NORMAL.

PANCREAS:- IS NORMAL IN SIZE AND ECHOTEXTURE.NO RETROPERITONEAL/PARAAORTIC LYMPHADENOPATHY.NO FREE FLUID SEEN IN PERITONEAL CAVITY.

KIDNEYS:-APPEAR NORMAL IN SIZE, SHAPE AND ECHOTEXTURE.CORTICAL THICKNESS AND CORTICOMEDULARY DIFFERENTIALY NORMAL. NO CALCULUS.NO HYDRONEPHROSIS

URINARY BLADDER:- SHOWS UNIFORM WALL THICKNESS AND ECHOFREE LUMEN.

UTERUS:- IS ANTEVERTED & APPEARS NORMAL IN SIZE 7.4 X 3.8 X 4.4 CM,SHAPE & ECHOTEXTURE. MYOMETRIUM & ENDOMETRIUM APPEAR TO BE NORMAL.ENDOMETRIUM THICKNESS 6.6MM

OVARIES:- BOTH NORMAL IN SHAPE,SIZE & ECHOTEXTURE.
RIGHT OVARY MEASURES 2.4X2.3CM,
LEFT OVARY MEASURES 2.7X1.6CM ..NO ADNEEXAL MASS LESION / COLLECTION NOTED. NO FREE FLUID IS SEEN IN CU- DE- SAC

IMPRESSION:-

> NO SIGNIFICANT ABNORMALITY DETECTED

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(Dr. Bhatia)
Durg (C.G.)

M.P. NURSING HOME
SHANKAR NAGAR ROAD
DURG(C.G.)

Ward
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: HEMLATA RAJAK
Patient ID: 2023MW07
Height:
Weight:

DOB: 04/08/1986
Age: 36YRS
Gender: FEMALE
Race:

Study Date: 27/05/2023
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. B. S. BHATIA
Technician: --

Medications:
--

Medical History:
--

Reason for Exercise Test:
--

M.P. Nursing Home
(Dr. Bhatia)
Durg (C.G.)

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:02	0.00	0.00	110	132/84	
	STANDING	00:05	0.00	0.00	107	132/84	
EXERCISE	STAGE 1	03:00	2.70	10.00	181	150/96	
	STAGE 2	03:00	4.00	12.00	187	168/110	
	STAGE 3	00:41	5.40	14.00	190	172/114	
RECOVERY		02:03	0.00	0.00	155	150/92	

The patient exercised according to the BRUCE for 6:40 min:s, achieving a work level of Max. METS: 8.00. The resting heart rate of 111 bpm rose to a maximal heart rate of 190 bpm. This value represents 103 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 172/114 mmHg. The exercise test was stopped due to Fatigue.

Interpretation

Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.

Conclusions

negative for induced ischaemia ✓

Physician _____

Technician _____

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(Dr. Bhatia)
Durg (C.G.)

Tabular Summary

M.P. NURSING HOME

HEMLATA RAJAK
 Patient ID 2023MW07
 27/05/2023 FEMALE
 10:55:34 36YRS
 Meds:

Test Reason:
 Medical History:
 Ref. MD: Ordering MD:
 Technician: Test Type:
 Comment:

BRUCE Total Exercise Time 06:40
 Max HR: 190 bpm 103% of max predicted 184 bpm
 Max BP: 172/114 Maximum Workload: 8.00 METS
 Max ST Level -1.70 mm in III; EXERCISE STAGE 3 6:30
 Reasons for Termination: Fatigue
 Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.
 Conclusion: negative for induced ischaemia
 Location Number: * 0 *

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (*100)	VE (/min)	ST Level III(mm)	Comment
PRETEST	SUPINE	01:02	0.00	0.00	1.0	110	132/84	145	0	0.10	
	STANDING	00:05	0.00	0.00	1.0	107	132/84	141	0	0.20	
	STAGE 1	03:00	2.70	10.00	4.6	181	150/96	271	1	0.10	
EXERCISE	STAGE 2	03:00	4.00	12.00	7.0	187	168/110	314	0	1.10	
	STAGE 3	00:41	5.40	14.00	8.0	190	172/114	326	0	0.35	
RECOVERY		02:03	0.00	0.00	1.0	155	150/92	232	0	0.85	

Graded Exercise Summary Report

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BASELINE				MAX. ST			
EXERCISE	STAGE 1	106 bpm	ST @ 10mm/mV 60ms post J	EXERCISE	STAGE 3	187 bpm 172/114 mmHg	ST @ 10mm/mV 60ms post J
0:01	1.0 METS			6:30	7.7 METS		
I	0.25 mm 0.51 mV/5			I	1.00 1.29		
aVR	-0.30 -0.82			aVR	-0.05 -1.49		
V1	0.30 -0.38			V1	0.00 0.00		
V4	0.60 0.83			V4	3.00 5.50		
II	0.35 -0.61			II	-0.80 1.61		
aVL	0.05 0.14			aVL	1.35 0.31		
V2	0.65 0.25			V2	2.15 -2.39		
V5	0.40 0.69			V5	2.35 4.23		
III	0.10 0.11			III	-1.70 0.17		
aVF	0.25 0.39			aVF	-1.30 0.88		
V3	0.70 1.00			V3	3.75 5.89		
V6	0.30 0.56			V6	1.95 3.23		

GE CardioSoft V6.51 (2)
 25mm/s 10mm/mV 60Hz 0.01-40Hz FRF-

Unconfirmed

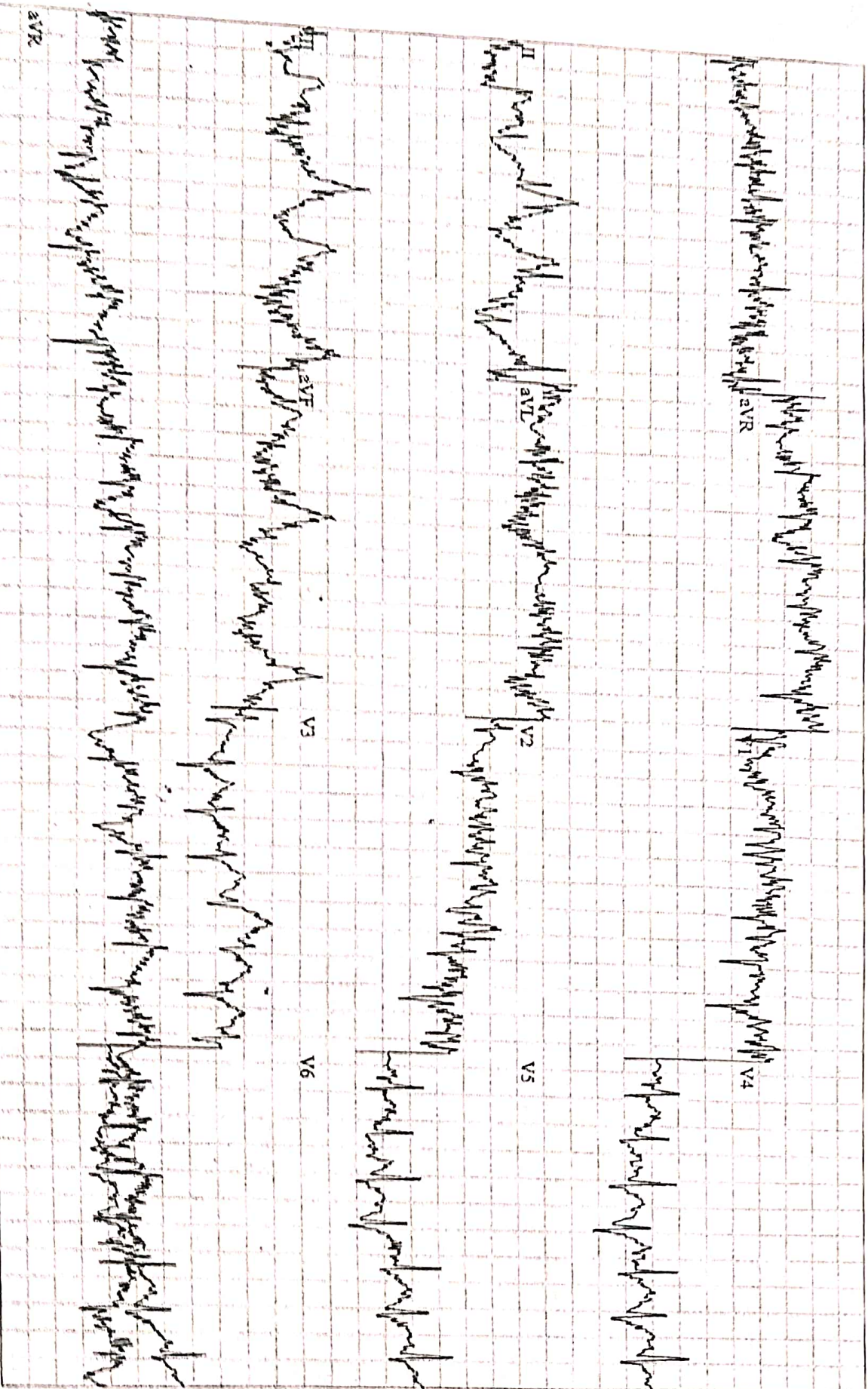
Attending MD: DR. B. S. BHATTIA

HENILATA SALAK
Patient ID 2023NIW07
27/05/2023
10:59:29

EXERCISE TEST / ECG Strips
179 bpm
150/96 mmHg
EXERCISE
STAGE 1
2:50

BRUCE
2.7 km/h
10.0 %

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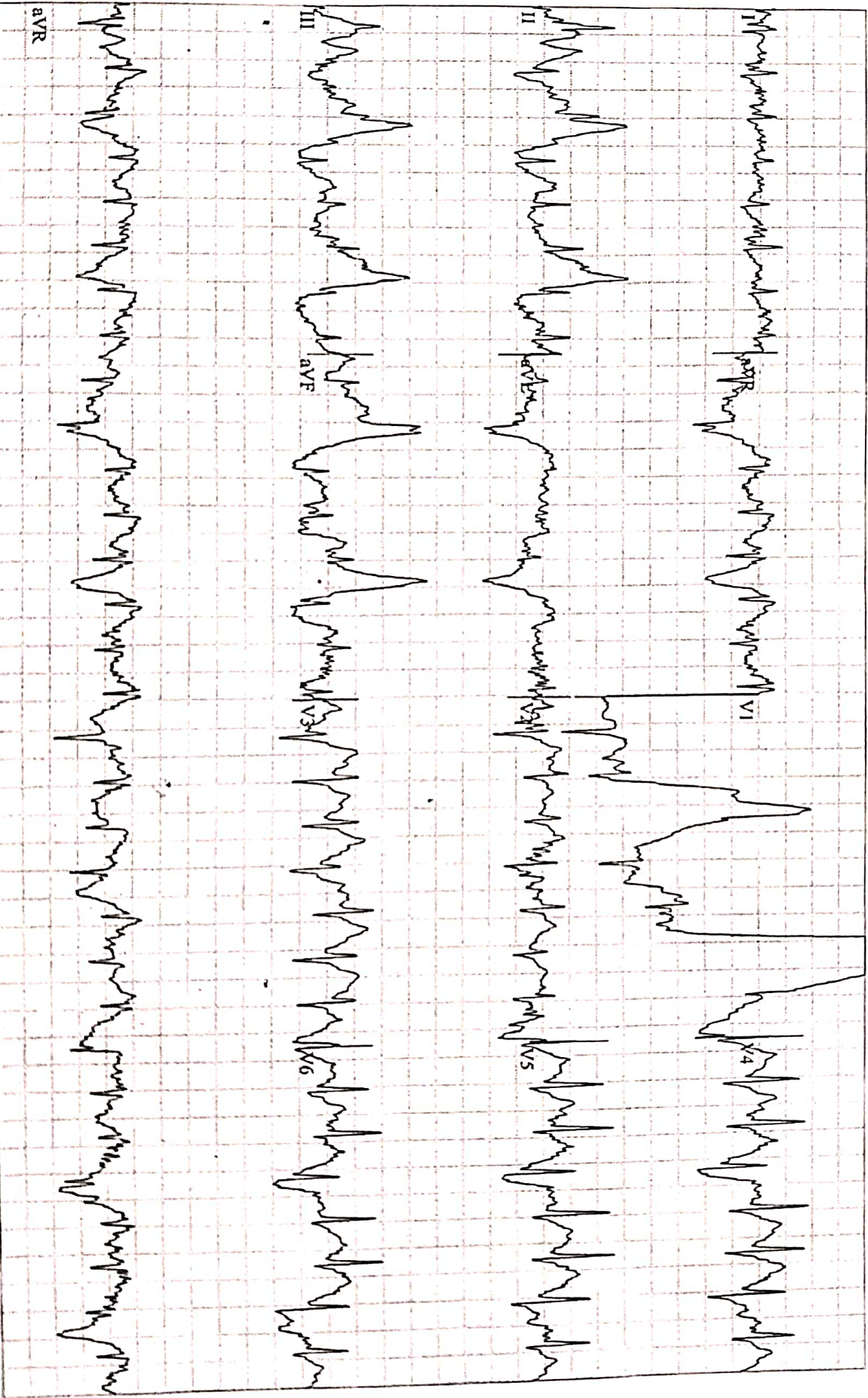


HEMLATA RAJAK
Patient ID 2023MW07
27/05/2023
11:02:29

EXERCISE TEST / ECG Strips
190 bpm
168/110 mmHg
EXERCISE STAGE 2
5:50

BRUCE
4.0 km/h
12.0 %

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GE CardioSoft V6.51 (2)
25mm/s 10mm/mV 60Hz 0.01-40Hz FRF-HR(V4,V5)

Unconfirmed

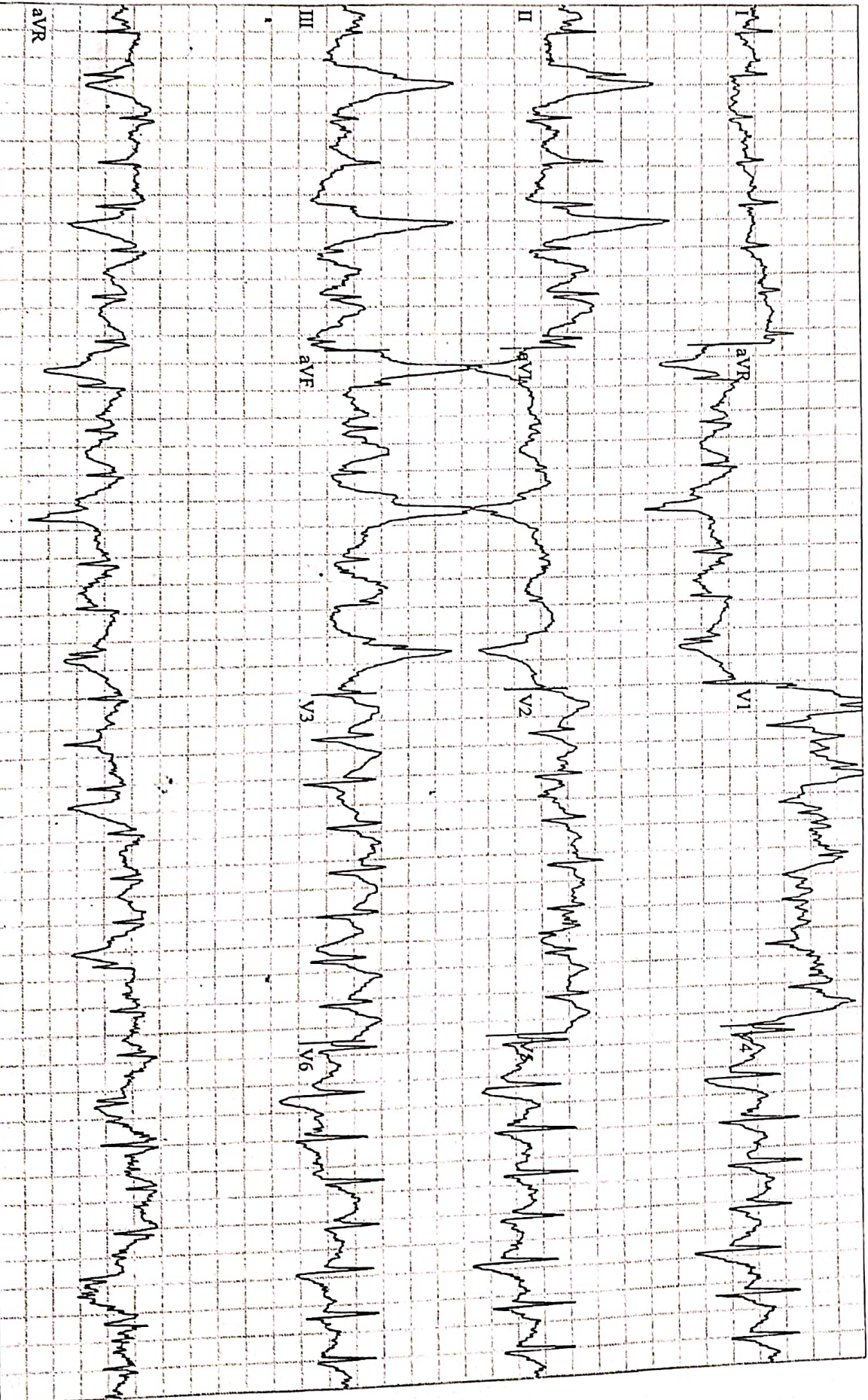
Attending MD: DR. B. S. BHATIA

HEMLATA RAJAK
Patient ID 2023MW07
27/05/2023
11:03:20

EXERCISE TEST / ECG Strips
190 bpm
172/114 mmHg
EXERCISE
STAGE 3
6:41

BRUCE
5.4 km/h
14.0%

M.P. NURSING HOME



GE CardioSoft V6.51 (2)
25mm/s 10mm/mV 60Hz 0.01-40Hz FRF-HR(V5,V4)

Unconfirmed

Attending MD: DR. B. S. BHATIA

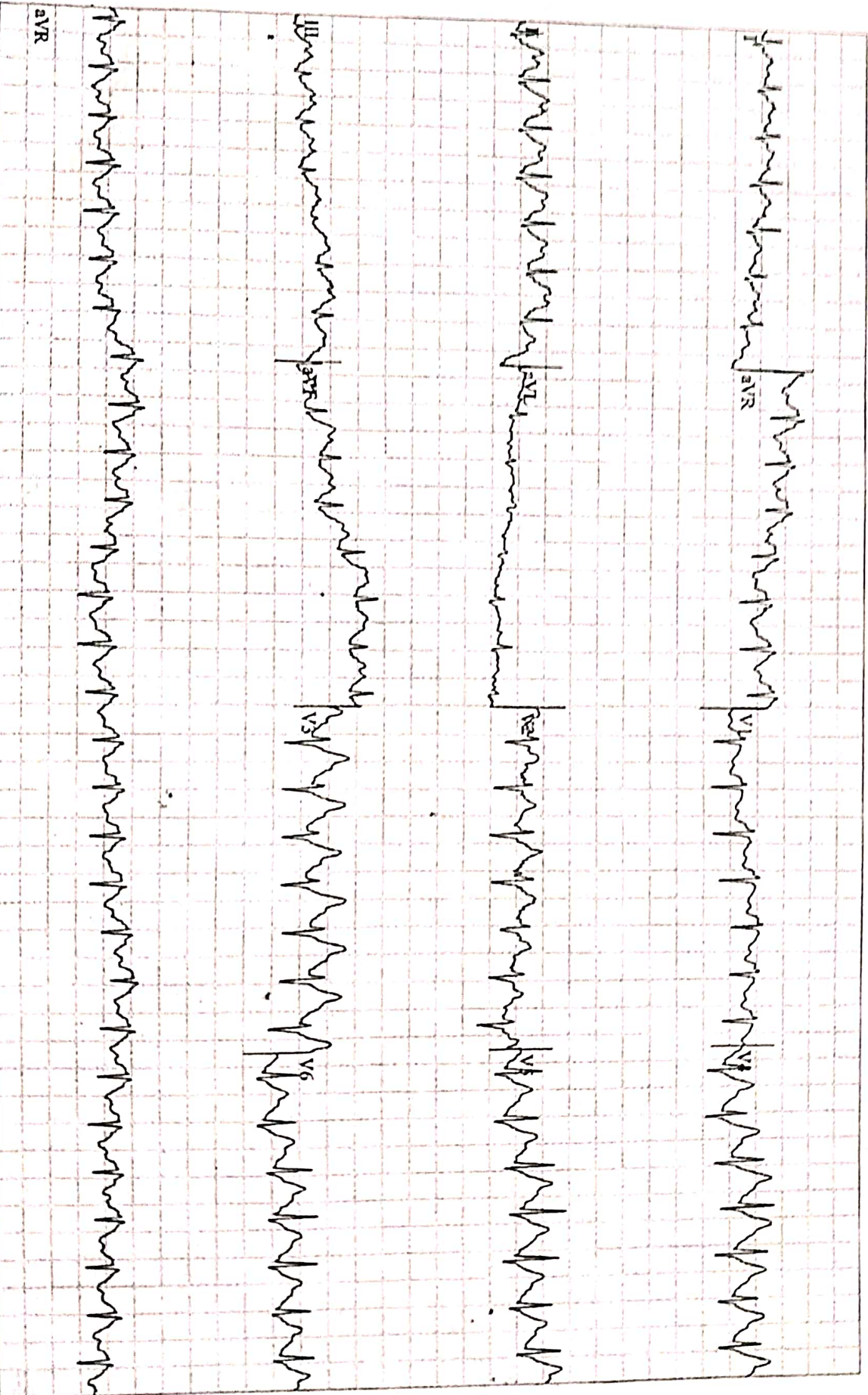
HEMANTA SUK
Patient ID 2023MAY07
27/05/2023
11:04:05

EXERCISE TEST / ECG Strips
173 bpm
150/104 mmHg
RECOVERY
0:50

BRUCE
0.0 km/h
0.0 %

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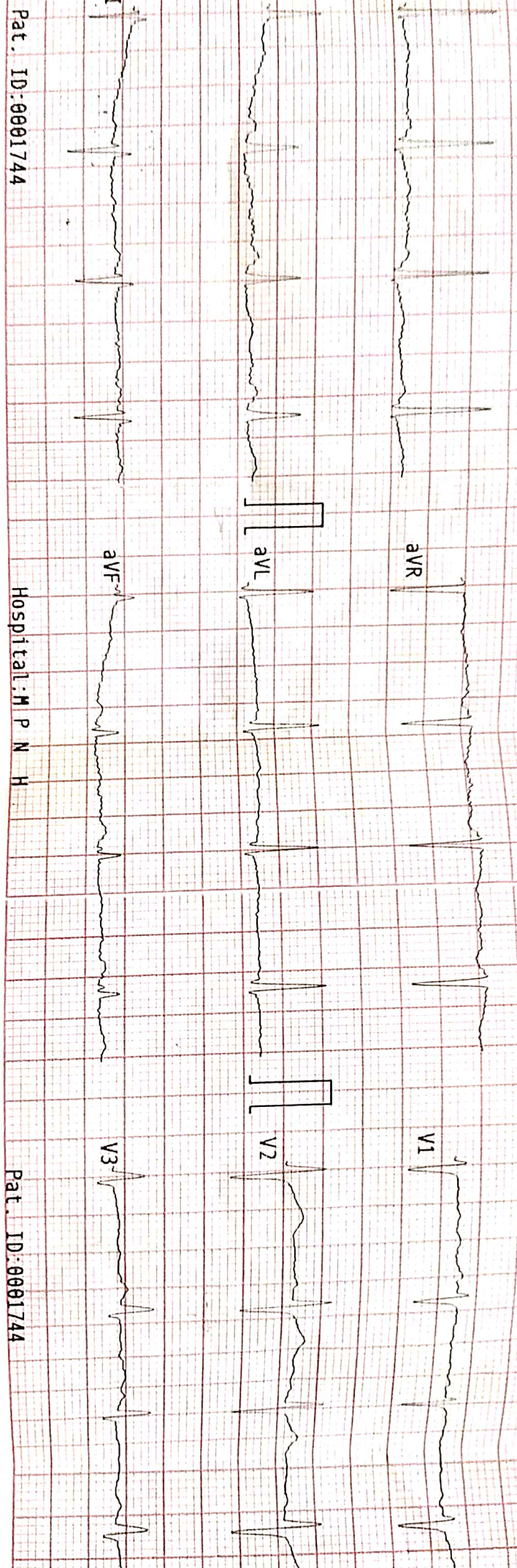
II



10 mm/mV 25 mm/Sec @ 0.5 - 32Hz

BPL GenX3

10 mm/mV 25 mm/Sec @ 0.5 - 32Hz



Pat. ID:0001744

Hospital: M P N H

Pat. ID:0001744

BPL GenX3

10 mm/mV 25 mm/Sec @ 0.5 - 32Hz

BPL GenX3

aVR

V1

V4

aVL

V2

V5

aVF

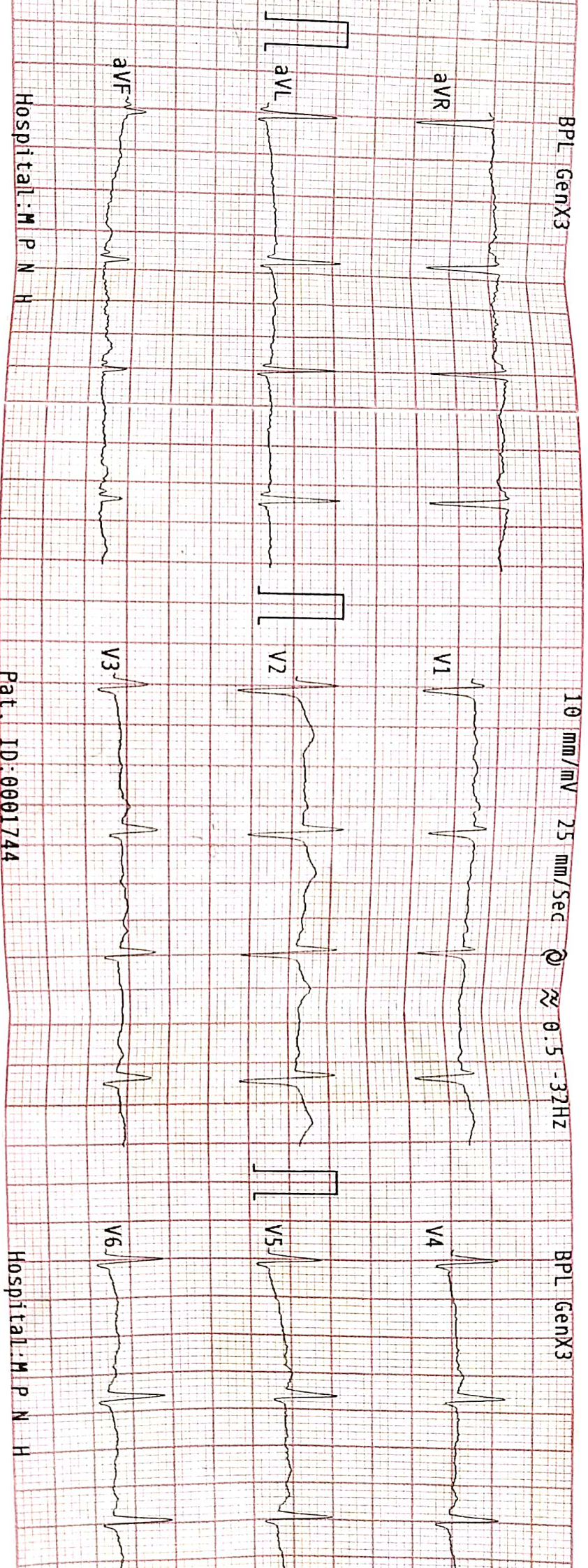
V3

V6

Hospital: M P N H

Pat. ID: 0001744

Hospital: M P N H



25 mm/Sec @ 0.5 32Hz

BPL GenX3



Heart Rate

87 bpm

HRV

427

STFrontalAxis	163 deg.	TFrontalAxis	72 deg.
ST Duration	14 ms	PR Interval	136 ms
Q-T Interval	346 ms	QTc Hodges	393 ms
QT Dispersion	56 ms		
P-Terminal Force	1120 ms-uv		

Average beat fiducial point sample number

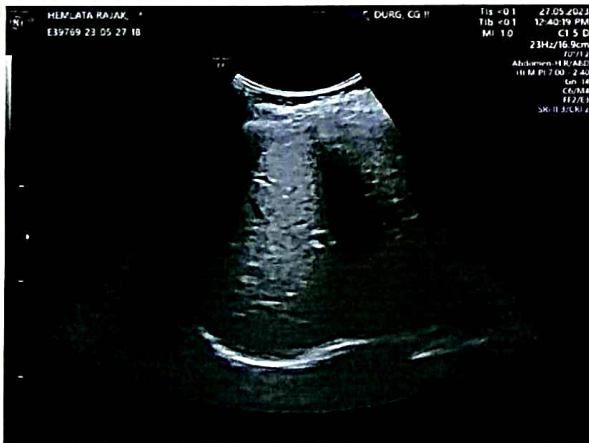
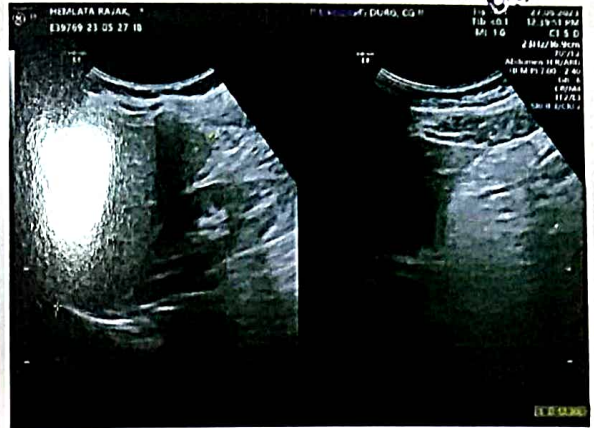
P	Onset	294	Termination	410	Duration(ms)	116
QRS	Onset	430	Termination	514	Duration(ms)	84
T	Onset	528	Termination	776	Duration(ms)	248

W.D. Nursing Bhatia
 (Dr. Bhatia (C.G.))
 27/5/23

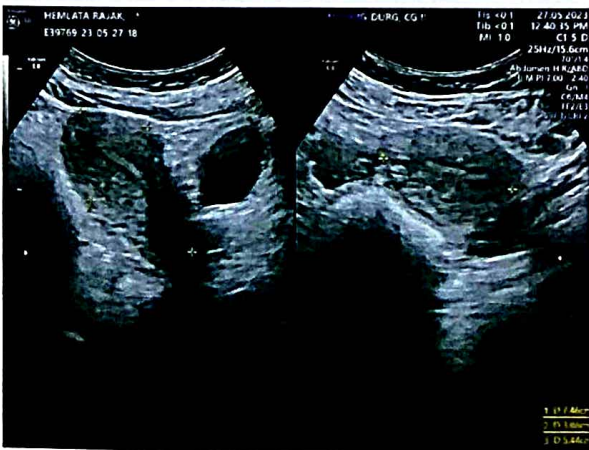
Hospital: M P N H

Hemlata Rajak

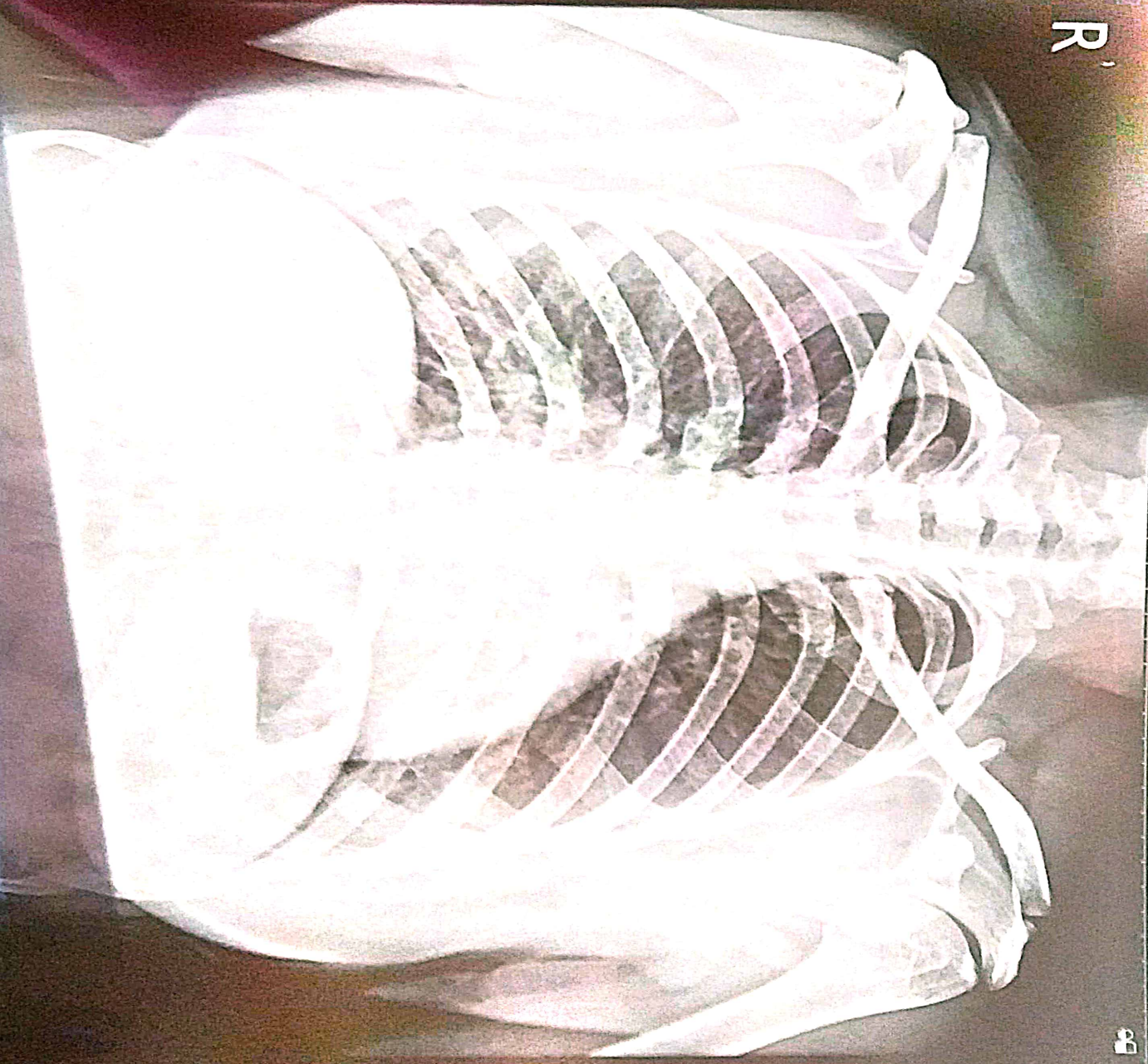
M.P. Nursing Ho
(Dr. Bhatia)
Durg (C.S.)



M.P. Nursing Ho
(Dr. Bhatia)
Durg (C.S.)



R



B2

HEMANTHAK 361/F 0158 Chest PA 27.05.2023