

# HEALTHCARE BORIVALI

**MR JAISHANKAR PANDYA**  
 ID : 320  
 DATE : 28/05/2022  
 AGE/SEX : 59 / M  
 HT/WT : 171 / 64  
 REF. BY : MEDIWHEEL

**TREADMILL TEST REPORT**

PROTOCOL : Bruce  
 HISTORY : Checkup/Physical fitness,  
 INDICATION : CARDIAC EVALUATION FOR INSURANCE  
 MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METTS	
								II	V1	V5		
SUPINE					72	140 / 70	100	2				
STANDING					70	140 / 70	98	2.2				
HYPERVENT					69	140 / 70	96	2.2				
Stage 1	2:55	2:55	2.7	10	121	140 / 70	169	1.6				4.67
Stage 2	5:55	2:55	4	12	140	150 / 80	210	-0.5				7.04
PK-EXERCISE	6:2	0:2	4.6	14	141	150 / 80	211	0.4				7.13
RECOVERY	7:12	1:4			97	150 / 80	145	1.7				
RECOVERY	9:3	2:55			93	150 / 80	139	0.4				
RECOVERY	10:20	4:12			89	140 / 80	124	0.6				
RECOVERY	10:30	4:22			90	130 / 80	117	0.5				

**RESULTS**

EXERCISE DURATION : 6:2  
 MAX HEART RATE : 141 bpm  
 MAX BLOOD PRESSURE : 150 / 80 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,

**IMPRESSIONS**

Fair effort tolerance  
 No angina, No arrythmia,  
 Normal HR, BP response  
 No significant ST changes noted during Test as compared to baseline ECG,  
 Stress test negative for inducible ischemia,

MAX WORK LOAD : 7.13 METTS

**HEALTHCARE**  
 Medical centre And Diagnostics  
 Yogi Nagar,  
 Borivali (West), Mumbai - 400 092  
 Tel: 28996555 / 28996535

Technician : 1

  
**Dr. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2018115643

MR JAISHANKAR PANDYA  
 I.D. 320  
 Age 59/M  
 Date 28/05/2022

RATE 72bpm  
 B.P. 140/70

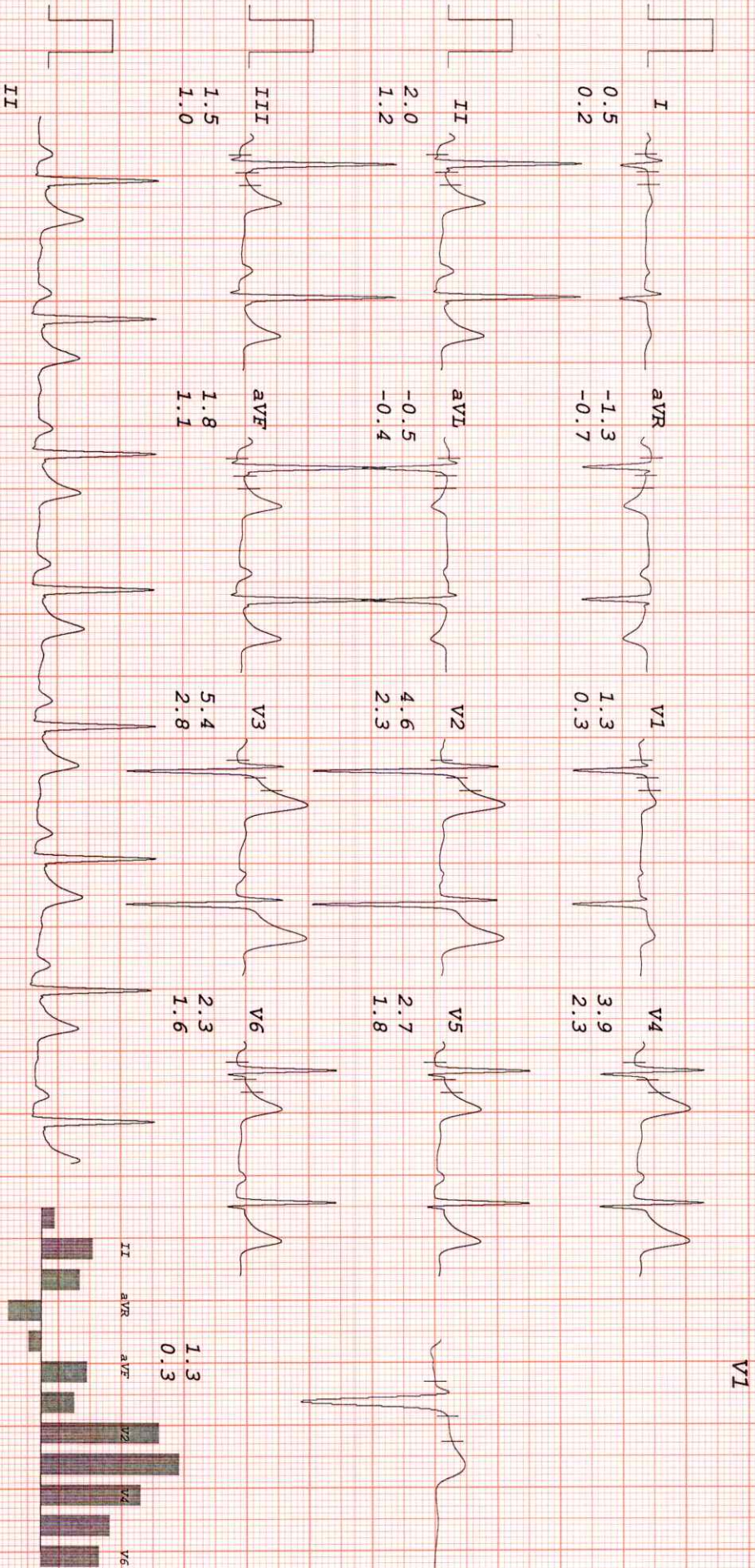
HEALTHCARE BORIVALLI

PRETEST  
 SUPINE

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2



# HEALTHCARE BORIVALLI

MR JAISHANKAR PANDYA  
 I.D. 320  
 Age 59/M  
 Date 28/05/2022

RATE 70bpm  
 B.P. 140/70

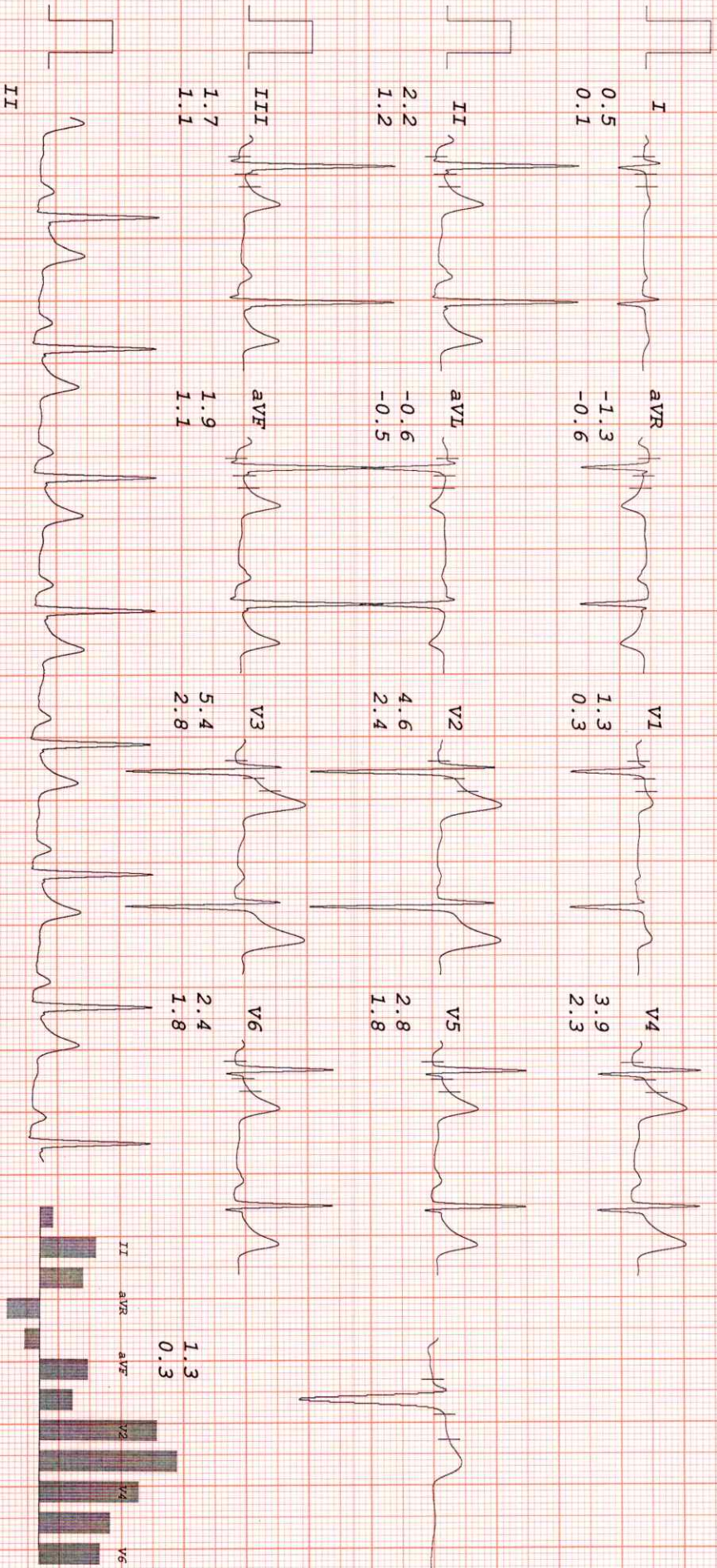
PRETEST  
 STANDING

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



# HEALTHCARE BORIVALLI

MR JAISHANKAR PANDYA  
I.D. 320  
Age 59/M  
Date 28/05/2022

RATE 69bpm  
B.P. 140/70

PRETEST  
HYPERVENT

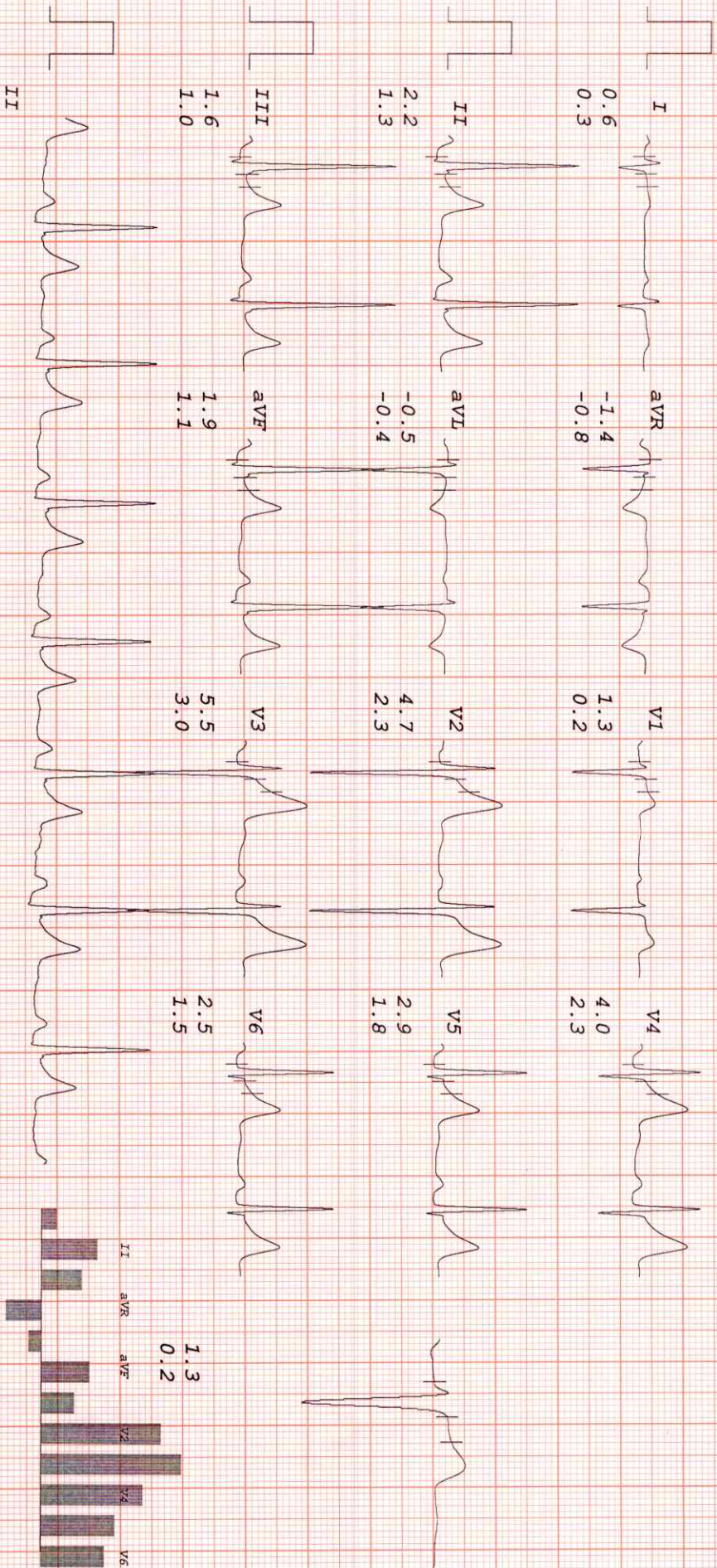
PHASE TIME 0:18

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



# HEALTHCARE BORIVALLI

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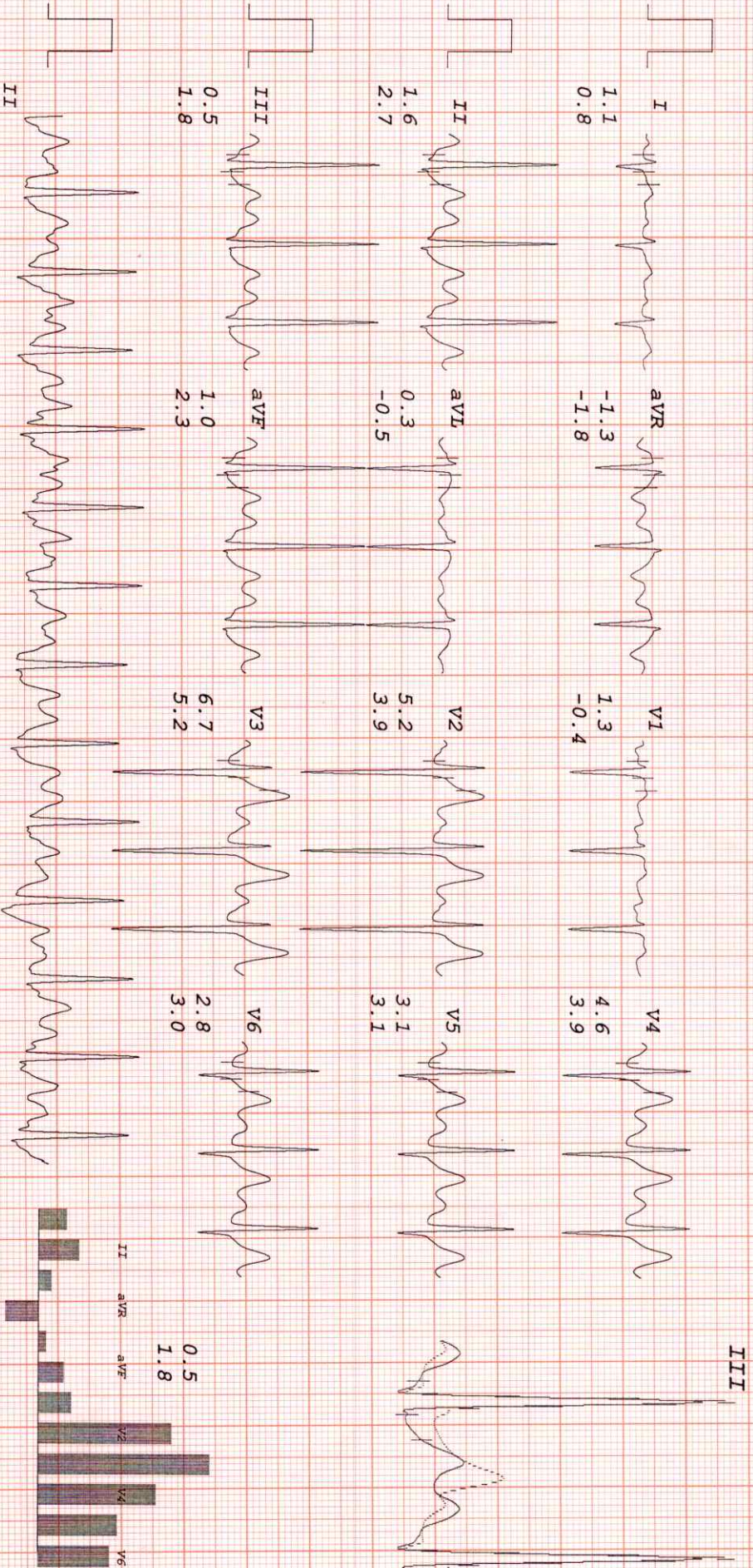
RATE 121bpm  
 B.P. 140/70

Bruce  
 Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2



# HEALTHCARE BORIVALLI

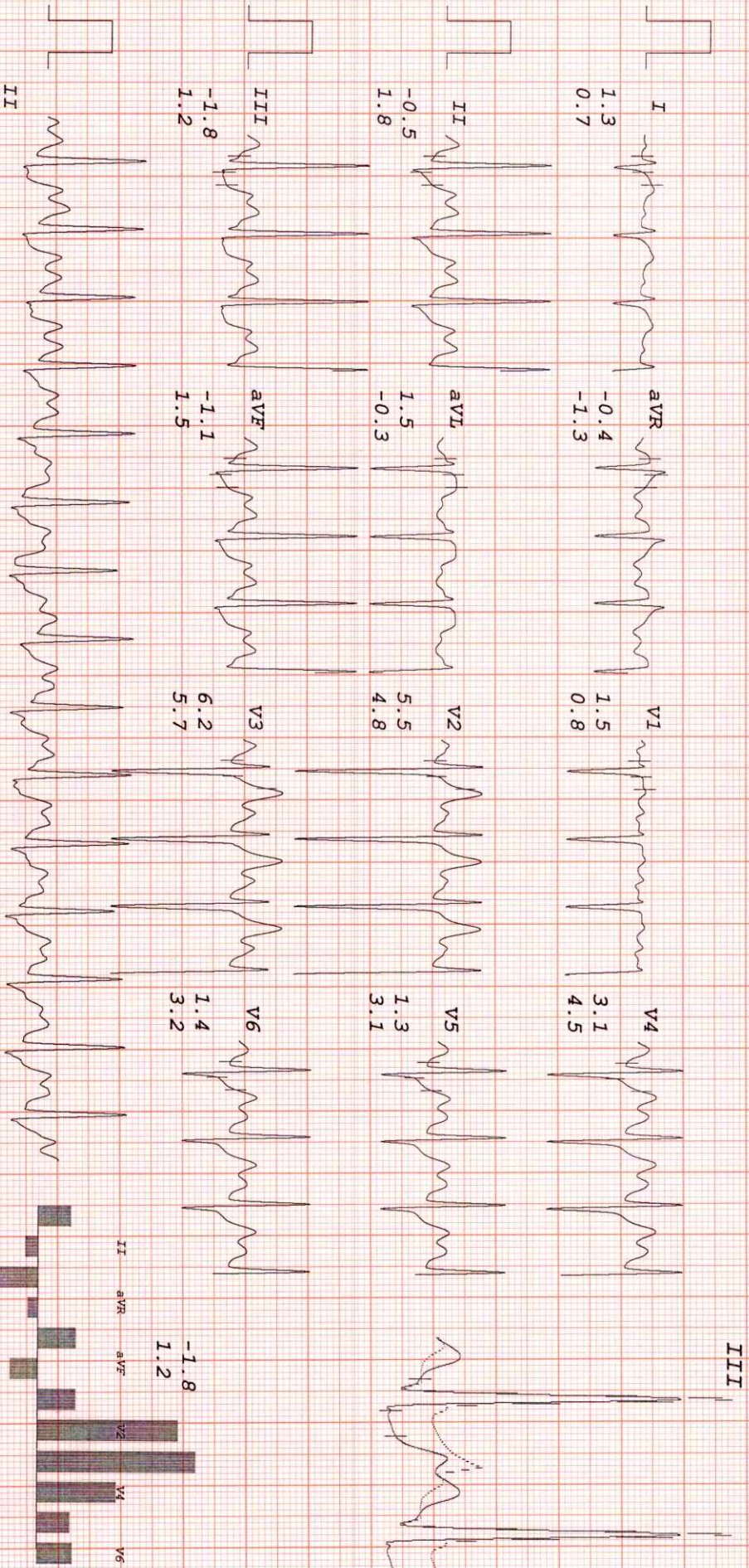
MR JAISHANKAR PANDYA  
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RATE 140bpm  
 B.P. 150/80

Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55  
 ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2



# HEALTHCARE BORIVALI

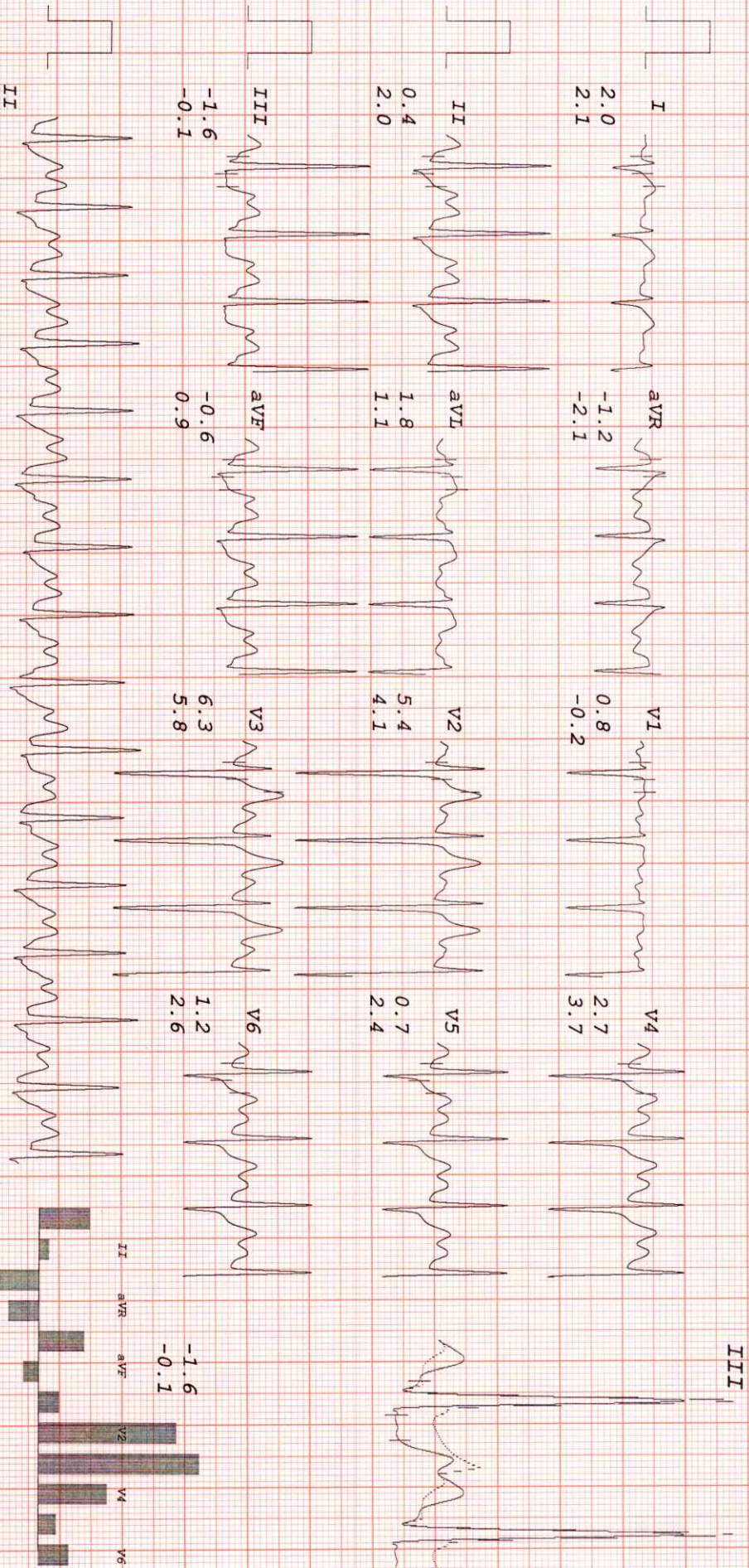
MR JAISHANKAR PANDYA  
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RATE 141bpm  
 B.P. 150/80

Bruce  
 PK-EXERCISE  
 TOTAL TIME 6:02  
 PHASE TIME 0:02  
 ST @ 10mm/mV  
 80ms PostJ  
 Speed 4.6 km/hr  
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2



MR JAISHANKAR PANDYA

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# HEALTHCARE BORIVALLI

RATE 97bpm

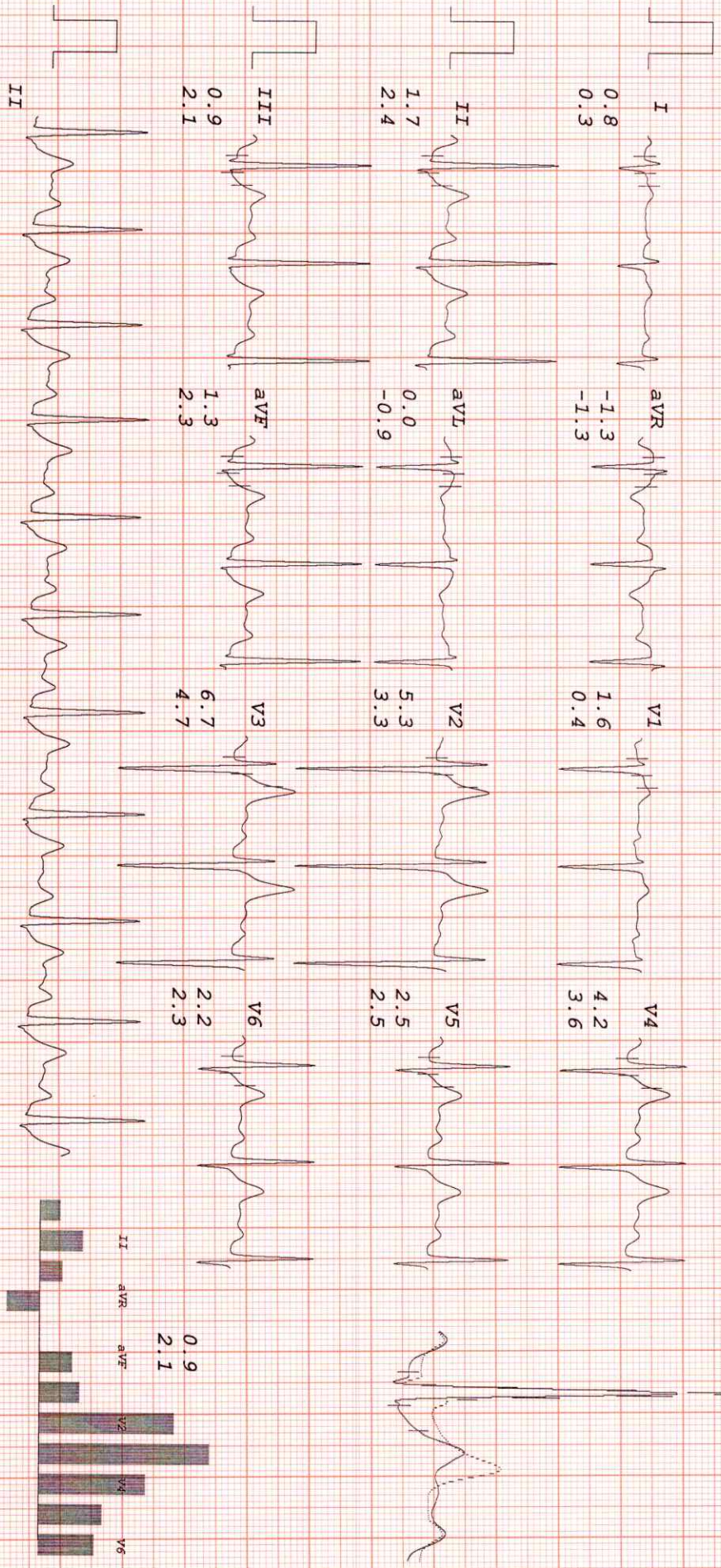
B.P. 150/80

Bruce  
RECOVERY  
TOTAL TIME 7:12  
PHASE TIME 1:04

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2





# HEALTHCARE BORIVALI

MR JAISHANKAR PANDYA

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RATE 93bpm

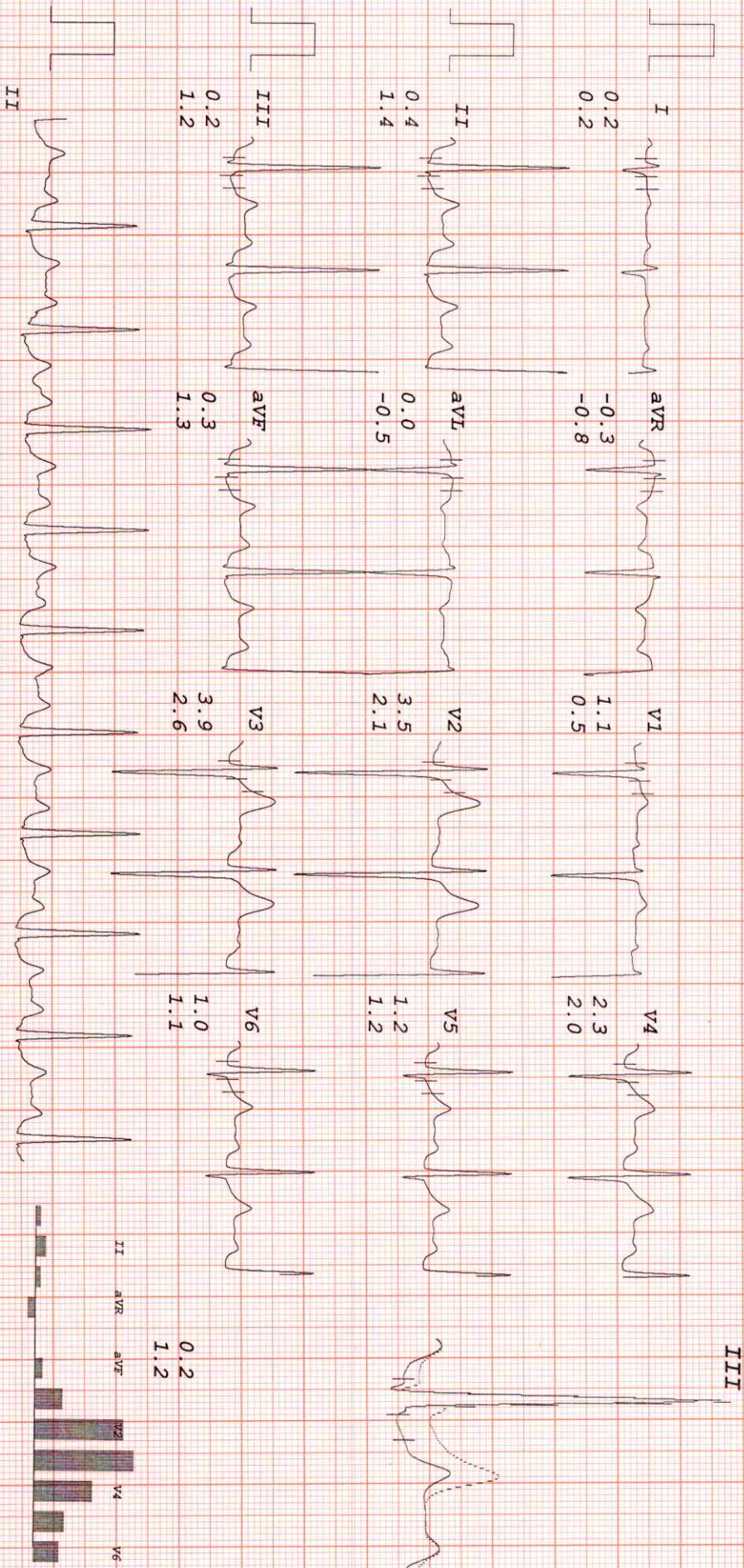
B.P. 150/80

Bruce  
RECOVERY  
TOTAL TIME 9:03  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2



MR JAISHANKAR PANDYA

I.D. 320

Age 59/M

Date 28/05/2022

RATE 89bpm  
B.P. 140/80

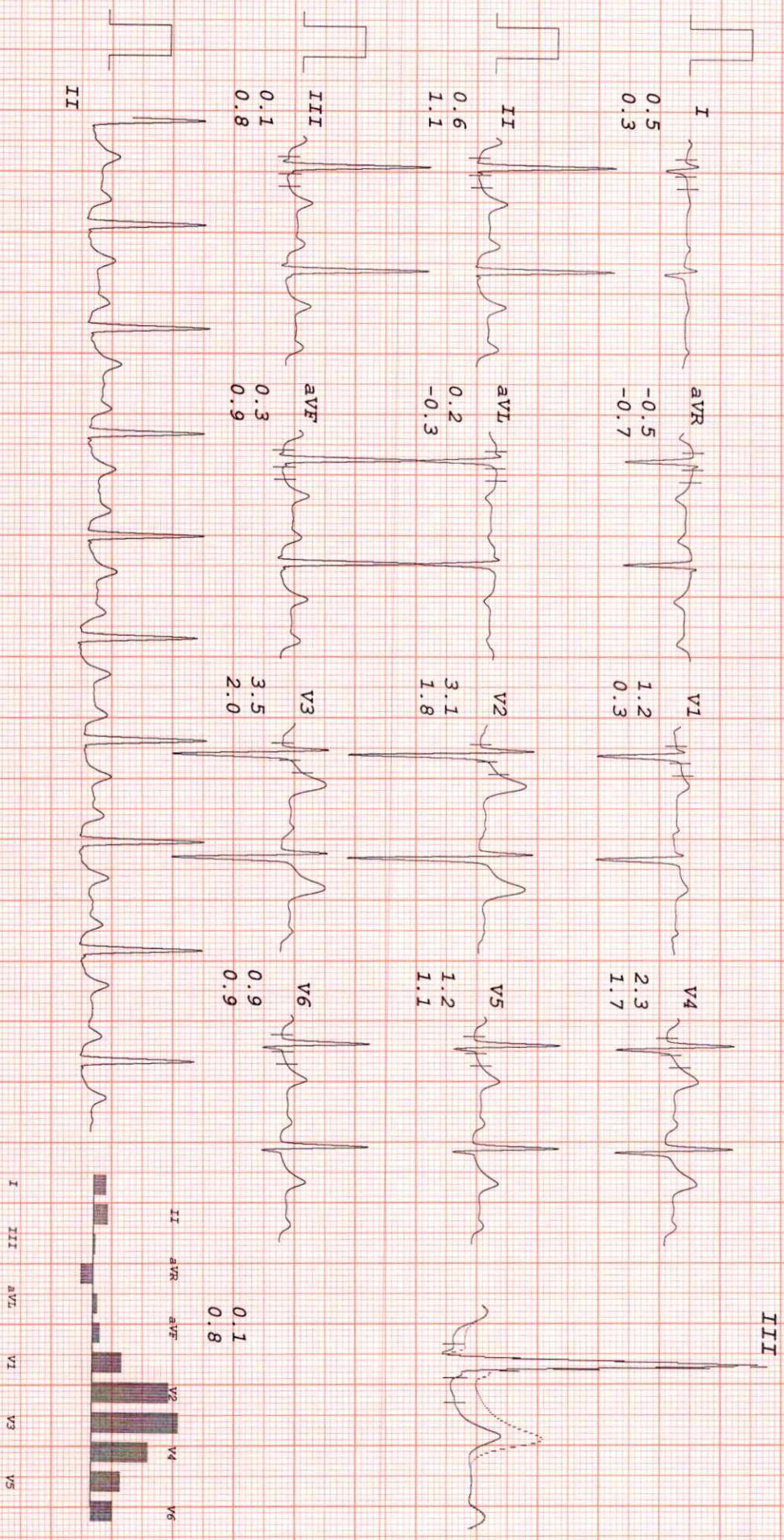
# HEALTHCARE BORIVALLI

Bruce  
RECOVERY  
TOTAL TIME 10:20  
PHASE TIME 4:12

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2



MR JAISHANKAR PANDYA

I.D. 320  
Age 59/M  
Date 28/05/2022

RATE 90bpm  
B.P. 130/80

# HEALTHCARE BORIVALLI

Bruce  
RECOVERY  
TOTAL TIME 10:30  
PHASE TIME 4:22

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

