

# M.P. Nursing Home

Research & Diabetic Care Centre

Opp. Tarun Talkies, Shankar Nagar Road,  
Durg (C.G.) 491001, Reg. No. 92/2263 F.R.  
Mob. : 98271 60949, 9303939305



SBI Life Insurance  
New India Assurance Comp. Ltd  
Bajaj Allianz, Reliance,  
ICICI Lombard, LIC  
T.T.K. Health Service India  
Birla MD India, Max IDBI, MD India,  
Bharti Canara, BPL (Smart Card)  
National F.P. Work of Govt  
Cash Less Treatment

Protocol No.  $\Rightarrow$  PKG 10000236

## PHYSICAL EVALUATION

DATE:- 19/01/2023

Raj Kumar Meshram

CLIENT NAME:- Rajkumar Meshram

AGE:- 57y.

HEIGHT:- 165 cm

WEIGHT:- 70 kg

BLOOD PRESSURE:- 122/80

PULSE:- 70 / min regular

CVS SYSTEM:- normal

ABDOMEN:- NAD

CNS SYSTEM:- normal

SPO2:- 96

distant vision  $\Rightarrow$  -0.25 (LE) with Spectacles.

-0.50 CRE

Near vision  $\Rightarrow$  +0.50 (both eye) with Spectacles

(No Color Blindness)

dental  $\Rightarrow$  all OK, Maintained Hygiene.

## CLIENT SIGNATURE

Rajkumar Meshram

M.P. Nursing Home  
(Dr. Bhatia; Durg (C.G.)  
Durg (C.G.)  
Durg (C.G.)

**M.P. NURSING HOME**  
NEAR TARUN TALKIES, SHANKAR NAGAR ROAD, DURG (C.G.)  
**PATHOLOGY DEPARTMENT**

NAME :- RAJKUMAR MESHARAM      AGE:-57YRS      SEX:-MALE      DATE:-19/01/2023

( PAGE 1 )

CBS & ESR	RESULT	NORMAL RANGE (IN ADULT)	SPECIAL TEST	
			RESULT	NORMAL RANGE
Hb	14.6	gm% Male 12-18, Female 11-16.5	MCV	87      80-96FL
TLC	5900	4000-11000/Cell/Cu.mm	RDW	42      39-46FL
NEUTROPHIL	62	40-75%	PCV	50      35-55%
LYMPHOCYTE	30	20-45%	MCH	31      27-33PG
EOSIONOPHIL	05	1-6%	MCHC	36      32-36GM/DL
MONOCYTE	03	1-10%	MPV	7.12      6.5 -11.0
RBC	4.21	3.5-6.0 mill/Cu.mm.	PWD	16      10-18
Platelet Count	2.18	1.5 – 4.5 Lackhs/Cu.mm.	B.T.	2.20      01-06 MINT
Peripheral Smear	NORMAL	Normal/Macro /Microcyte/Hypochromia	C.T.	6.93      06-10 MINT
ESR	14	Male – 0-15, Female 0-20 mm/hr		

LIPID PROFILE	RESULT	NORMAL RANGE (IN ADULT)
SERUM CHOLESTEROL	182	130-250 MG/DL
SERUM TRIGYCIDES	105	60-150 MG/DL
HDL Cholesterol	49	MALE 45-65 MG/DL, FEMALE 35-55 MG/DL
LDL Cholesterol	103	60-150 MG/DL
VLDL	35	20-50 MG/DL
CHOLESTEROL/HDL	3.71	3-5
LDL/HDL	2.10	2-3.3

LIVER FUNCTION TEST	RESULT	NORMAL RANGE (IN ADULT)
BILIRUBIN(Direct/Conjugated)	0.11	UP TO 0.25 MG/DL
BILIRUBIN (Indirect/UNCONJUGATED)	0.23	UP TO 0.75 MG/DL
BILIRUBIN (Total)	0.34	UP TO 1.0 MG/DL
SGOT/AST	25	FEMALE 10-31IU/L, MALE 10-35 IU/L
SGPT/ALT	29	0-40 IU/L
ALP (Alkaline Phosphate)	176	ADULT 108-306 IU/L
G.G.T.P	31	MALE 8-61 IU/L,, FEMALE 5-36 IU/L
AST/ALT RATIO	0.86	LESS THAN 1

KFT/RFT	RESULT	NORMAL RANGE
SERUM CREATININE	1.02	0.6-1.4 MG/DL
UREA/BUN	20	10-50 MG/DL
ALBUMIN	4.10	3.2-5.5 GM/DL
GLOBULIN	3.05	2.3-3.6 GM/DL
TOTAL PROTEIN	7.15	6.0-8.0 GM/DL
Uric Acid	3.92	2.5-7.5 MG/L
A/G RATIO	1.34	1.0-2.5
BUN/CREATINE RATIO	19.60	BETWEEN 10 TO 1 AND 20 TO 1

URINE EXAMINATION (RUA)
Colour:-CLEAR,, Deposit:-NIL
Reaction :- ACIDIC ,, Albumin:-NIL
(F)Sugar:-NIL ,, (PP)Sugar:-NIL
<b>MICROSCOPIC</b>
Pus cell :- NIL ,, Casts :-NIL,, Crystals :- NIL
RBC :-NIL ,, Epithelial Cells :-NIL

URINE SPECIFIC GRAVITY:-1.018  
(1.010 to 1.025)

*Dr. Bhatia*  
**M.P. Nursing Home**  
(Dr. Bhatia)  
Durg (C.G.)

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PATHOLOGY DEPARTMENT

NAME :- RAJKUMAR MESHAM      AGE:-57YRS      SEX:-MALE      DATE:-19/01/2023

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**STOOL TEST**

**1. Physical EXAMINATION:-**

Colour :-BROWNISH ,, PARASITES:-ABSENT

Consistency:-SOLID ,, Mucus:-ABSENT ,, Blood:-ABSENT,, PUS:-ABSENT

**2. MICROSCOPIC EXAMINATION:-**

Protozoa:-ABSENT ,, FAT DROPLETS:- ABSENT,,, YEAST CELLS:- ABSENT

Pus Cells:-ABSENT ,, RBC's:- ABSENT,,, CYSTS:- ABSENT

VEGETABLE CELLS:- ABSENT,, EPITHELIAL CELLS:- ABSENT,, MACROPHAGES:- ABSENT

**3. CHEMICAL EXAMINATION:-**

PH:-ALKALINE ,, OCCULT BLOOD :-ABSENT

**STOOL TEST RESULT:- TEST IS NEGATIVE**

OTHER TESTS	RESULT	NORMAL RANGE
PSA	3.87	1-5 Unit/100 ml
FBS	101	UP TO - 120 mg/dl
PPBS	126	UP TO - 180 mg/dl
HBA1C	5.93	4-7 %
HBs Ag	(-VE)	-VE/+VE (Elisa)
HIV 1 & 2	(-VE)	-VE/+VE (Elisa) (Tridot)

**BLOOD GROUP:- "A" +VE**

THYROID PROFILE	RESULT	NORMAL RANGE	
T3	96 NG/ML	60-181	NG/ML
T4	5.34 MG/DL	4.5-12	MG/DL
TSH	2.71MIU/ML	0.49- 4.67	MIU/ML

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**(Dr. Ehatia)**  
DURG (C.G.)

DEPARTMENT OF RADIOLOGY

M.P. NURSING HOME ,DURG(C.G.)

**NAME :- RAJKUMAR MESHARAM**


**AGE/SEX:- 57YRS / MALE**

**STUDY DATE:- 19/01/2023**

**X-RAY CHEST PA VIEW:-**

- .BILATERAL LUNG FIELDS APPEARS CLEAR AND FREE OF ANY INFILTRATES
- .CARDIAC AND MEDIASTINUM APPEARS NORMAL
- .BOTH HILA APPEARS NORMAL
- .BOTH COSTOPHRENIC ANGLES ARE CLEAR
- .BILATERAL DOME OF DIAPHRAGM ARE NORMAL IN CONTOUR
- .BONY CAGE IS NORMAL

**IMPRESSION:-NORMAL STUDY**

  
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Durg (C.G.)

# DEPARTMENT OF RADIOLOGY

M.P.NURSING HOME ,DURG(C.G.)

**NAME:- RAJKUMAR MESHAM AGE :-57YRS/M**

**STUDY DATE:- 19/01/2023**

## ULTRASONOGRAPHY OF WHOLE ABDOMEN

**LIVER:-** IS NORMAL IN SIZE, SHAPE & ECHOTEXTURE. IHBRAS AND CBD ARE NORMAL IN APPEARANCE

**PORTAL VEIN:-** IS NORMAL IN SIZE, HEPATOPETAL FLOW.

**IVC AND AORTA:-** SIZES NORMAL, RESPIRATORY VARIATIONS NORMAL

**GALL BLADDER:-** LUMEN IS WELL DISTENDED AND ECHOFREE. NO CALCULUS OR SLUDGE IS SEEN

**SPLEEN:-** IS NORMAL IN SIZE, SHAPE AND ECHOTEXTURE. NO FOCAL LESION. SPLEEN VEIN NORMAL.

**PANCREAS :-** IS NORMAL IN SIZE AND ECHOTEXTURE. NO RETROPERITONEAL/PARAAORTIC LYMPHADENOPATHY. NO FREE FLUID SEEN IN PERITONEAL CAVITY.

**KIDNEYS:-** APPEAR NORMAL IN SIZE, SHAPE AND OUTLINE. MILD;Y RAISED ECHOTEXTURE NOTED. CORTICOMEDULLARY DIFFERENTIATION IS WELL MADE OUT AND IS NORMAL. SINUS ECHOES ARE NORMAL. RIGHT KIDNEY MEASURES 9.0X4.2CM. LEFT KIDNEY MEASURES 9.1X5X3CM

**PROSTATE:-** ENLARGED IN SIZE (VOL 29CC)

**URINARY BLADDER:-** SHOWS UNIFORM WALL THICKNESS AND ECHOFREE LUMEN.

## **IMPRESSION :-**

- 1. BILATERAL GRADE I RENAL PARENCHYMAL CHANGES.**
- 2. GRADE I PROSTATOMEGALY**

*[Signature]*  
M.P. Nursing  
(Dr. Bhatia,  
Durg (C.G.))

M.P. NURSING HOME  
SHANKAR NAGAR ROAD  
DURG(C.G.)

Ward  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: RAJKUMAR MESHAM  
Patient ID: 2023MW02  
Height:  
Weight:

DOB: 15/08/1965  
Age: 57YRS  
Gender: MALE  
Race:

Study Date: 19/01/2023  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: DR. B. S. BHATIA  
Technician: --

Medications:  
--

Medical History:  
--

Reason for Exercise Test:  
--

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### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:03	0.00	0.00	96	120/80	
	STANDING	00:07	0.00	0.00	97	120/80	
EXERCISE	STAGE 1	03:00	2.70	10.00	134	134/90	
	STAGE 2	03:00	4.00	12.00	153	146/102	
	STAGE 3	00:44	5.40	14.00	162	156/110	
RECOVERY		01:01	0.00	0.00	136	140/100	

The patient exercised according to the BRUCE for 6:43 min:s, achieving a work level of Max. METS: 8.00. The resting heart rate of 94 bpm rose to a maximal heart rate of 162 bpm. This value represents 89 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 156/110 mmHg. The exercise test was stopped due to Fatigue.

### Interpretation

Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.

### Conclusions

negative for induced ischaemia

Physician \_\_\_\_\_ Technician \_\_\_\_\_

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(Dr. Bhatia)  
Durg (C.G.)

Tabular Summary

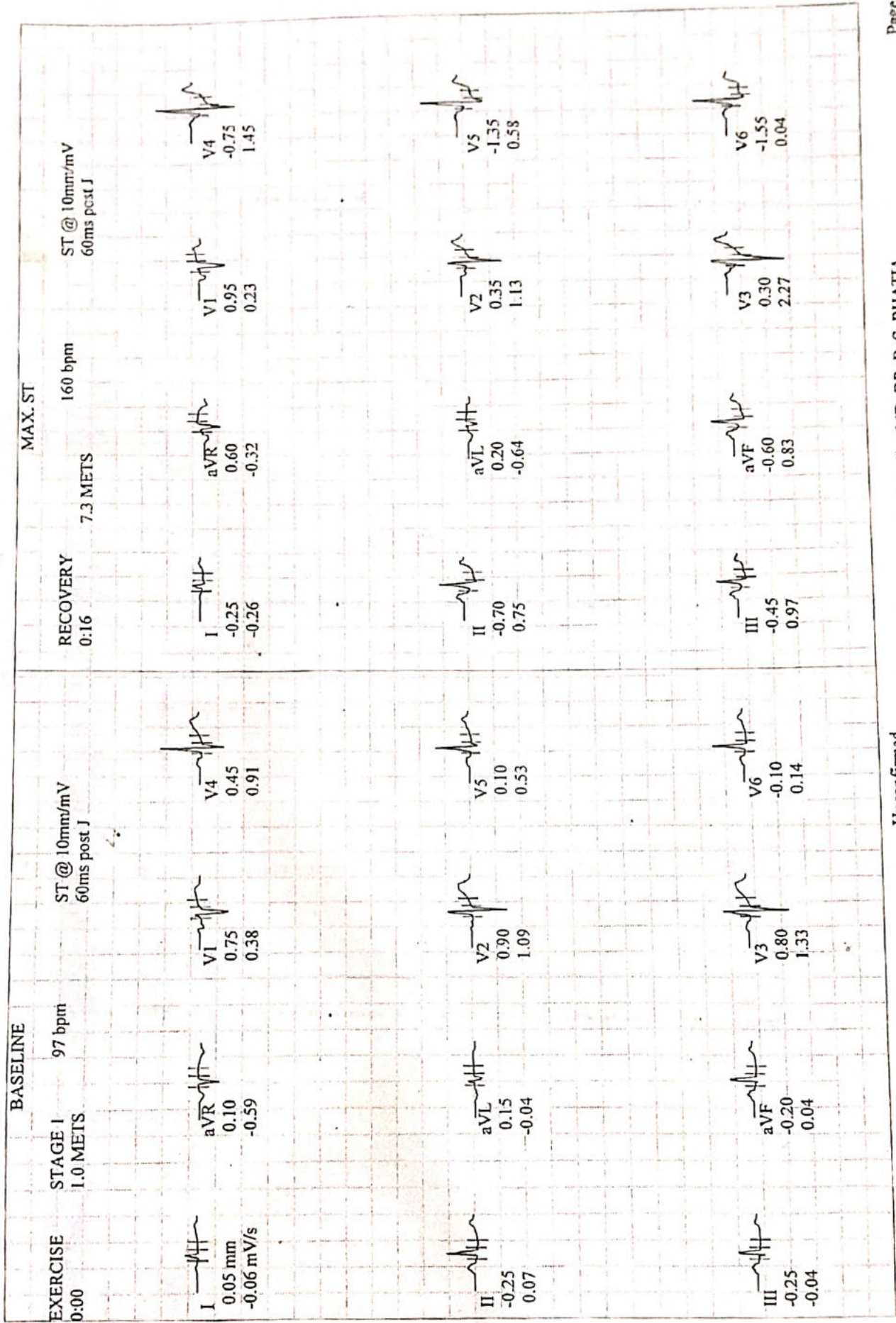
RAJKUMAR MESHARAM  
 Patient ID 2023MW02  
 19/01/2023 MALE  
 57YRS  
 10:13:29 Meds:

BRUCE Total Exercise Time 06:43  
 Max HR: 162 bpm 89% of max predicted 181 bpm  
 Max BP: 156/110 Maximum Workload: 8.00 METS  
 Max ST Level -1.55 mm in V6; RECOVERY 0:16

Reasons for Termination: Fatigue  
 Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.  
 Conclusion: negative for induced ischaemia  
 Location Number: \* 0 \*

Test Reason:  
 Medical History:  
 Ref. MD: Ordering MD:  
 Technician: Test Type:  
 Comment:

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (*100)	VE (l/min)	ST Level V6(mm)	Comment
PRETEST	SUPINE	01:03	0.00	0.00	1.0	96	120/80	115	0	-0.10	
EXERCISE	STANDING	00:07	0.00	0.00	1.0	97	120/80	116	0	-0.10	
	STAGE 1	03:00	2.70	10.00	4.6	134	134/90	179	0	-0.95	
	STAGE 2	03:00	4.00	12.00	7.0	153	146/102	223	2	-1.15	
RECOVERY	STAGE 3	00:44	5.40	14.00	8.0	162	156/110	252	1	-1.35	
		01:01	0.00	0.00	4.5	136	140/100	190	0	-0.50	



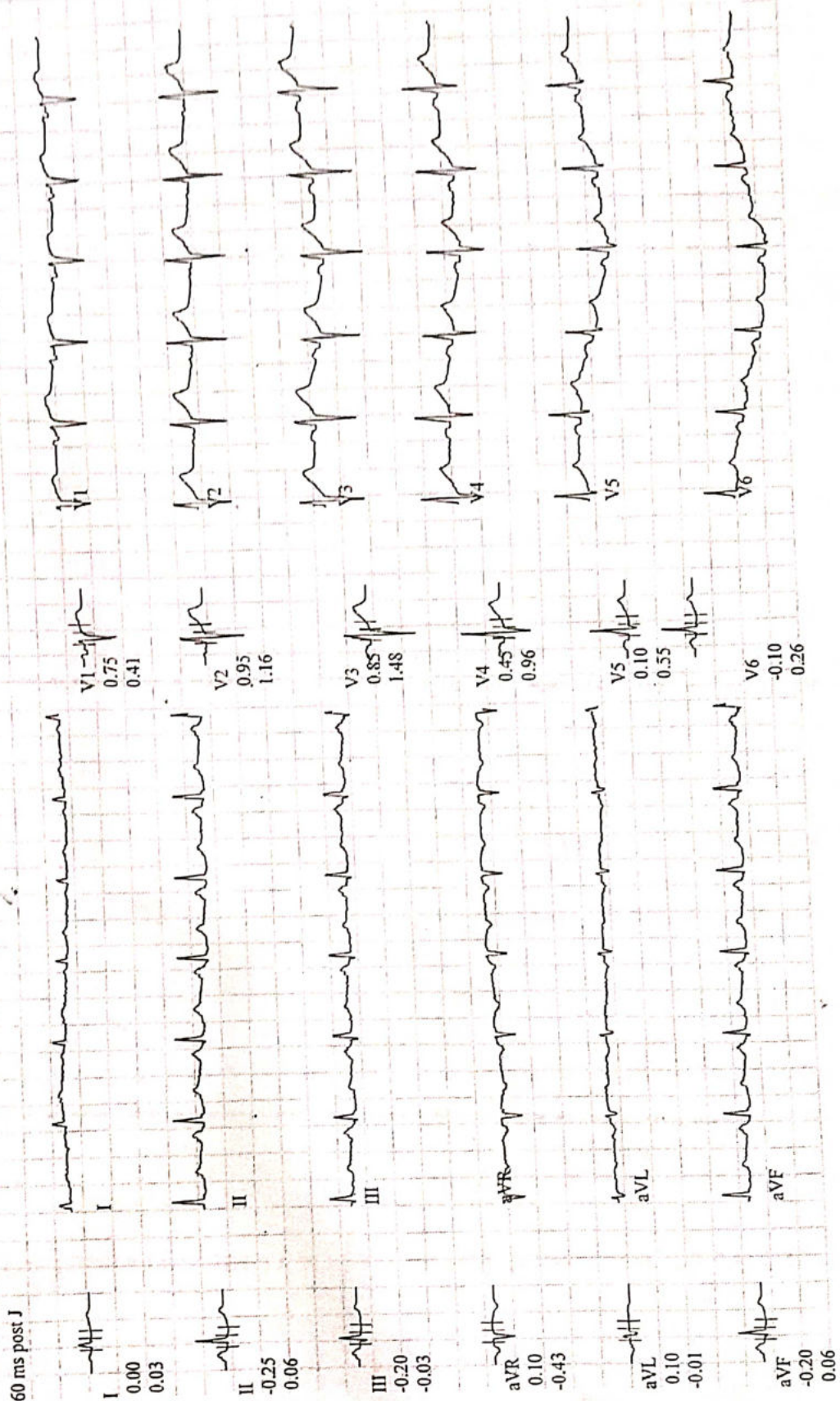


RAJKUMAR MESHARAM  
Patient ID 2023MW02  
19/01/2023  
10:14:30

Exercise Test

BRUCE  
0.0 km/h  
0.0 %  
96 bpm  
00:02 120/80 mmHg  
PRETEST  
SUPINE  
01:01

Lead  
ST Level (mm)  
ST Slope (mV/s)



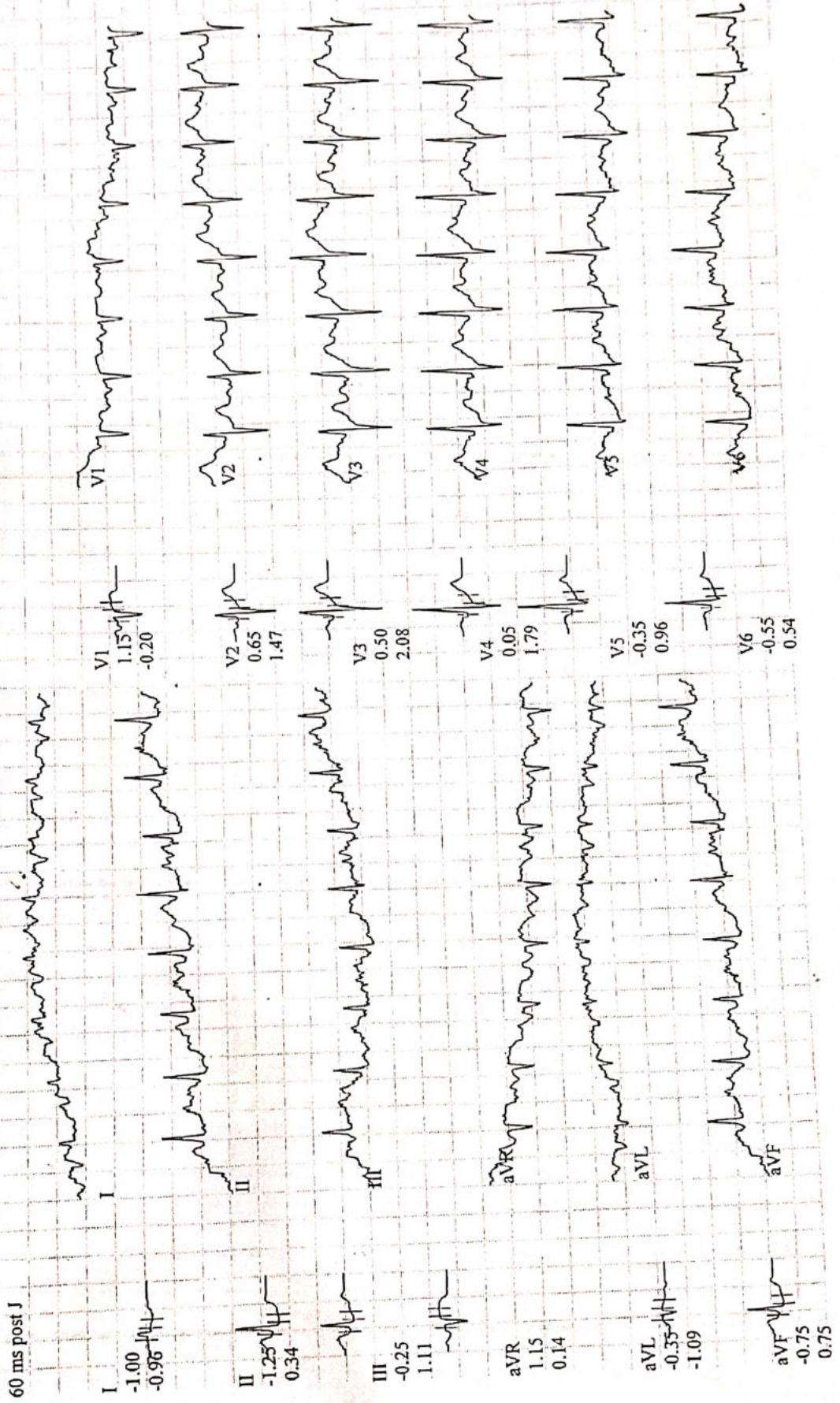
RAJKUMAR MESHARAM  
 Patient ID 2023MW02  
 19/01/2023  
 10:17:28

Exercise Test  
 EXERCISE STAGE 1  
 134 bpm  
 02:01 134/90 mmHg  
 02:50

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BRUCE  
 2.7 km/h  
 10.0 %

Lead  
 ST Level (mm)  
 ST Slope (mV/s)



Unconfirmed

Attending MD: DR. B. S. BHATLA

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RAJKUMAR MESHAM  
Patient ID 2023MW02  
19/01/2023  
10:20:28

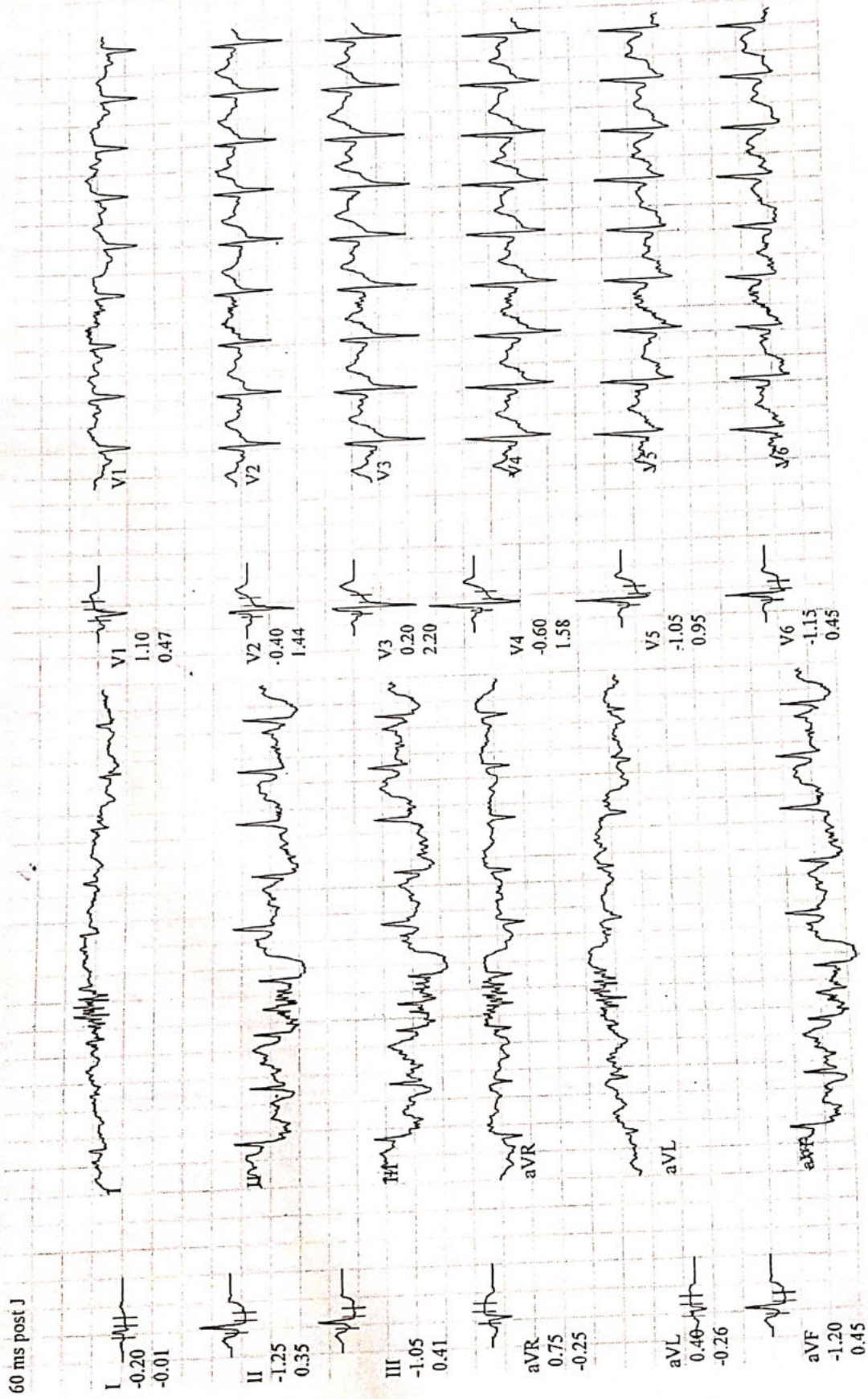
Exercise Test

BRUCE  
4.0 km/h  
12.0 %

153 bpm  
02:01 146/102 mmHg  
05:50

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Lcad  
• ST Level (mm)  
ST Slope (mV/s)



Unconfirmed

Attending MD: DR. B. S. BHATIA

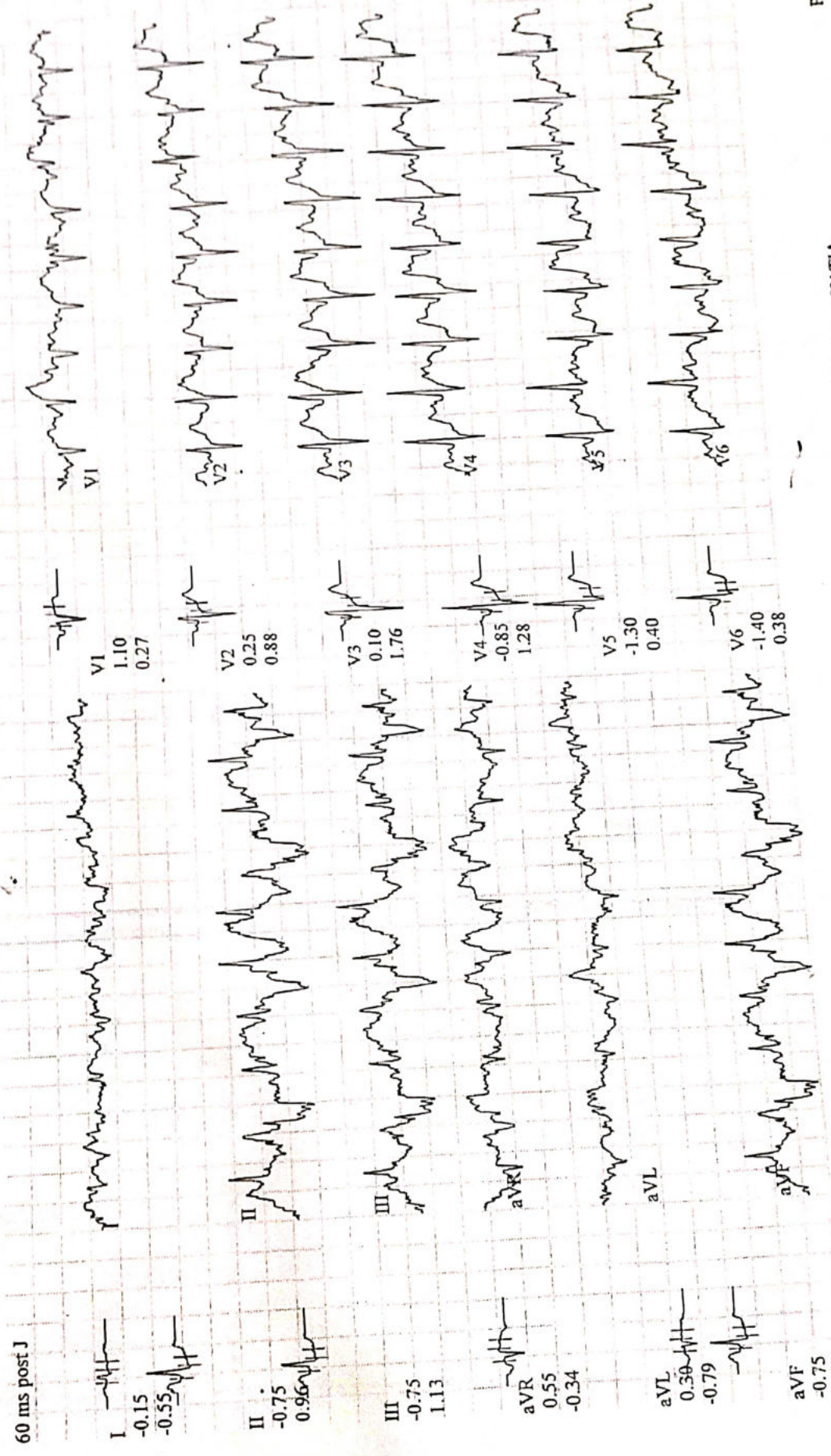
RAJKUMAR MESHARAM  
Patient ID 2023MW02  
19/01/2023  
10:21:22

BRUCE  
5.4 km/h  
14.0 %

EXERCISE  
STAGE 3  
06:44

162 bpm  
00:44 156/110mmHg

Lead  
ST Level (mm)  
ST Slope (mV/s)

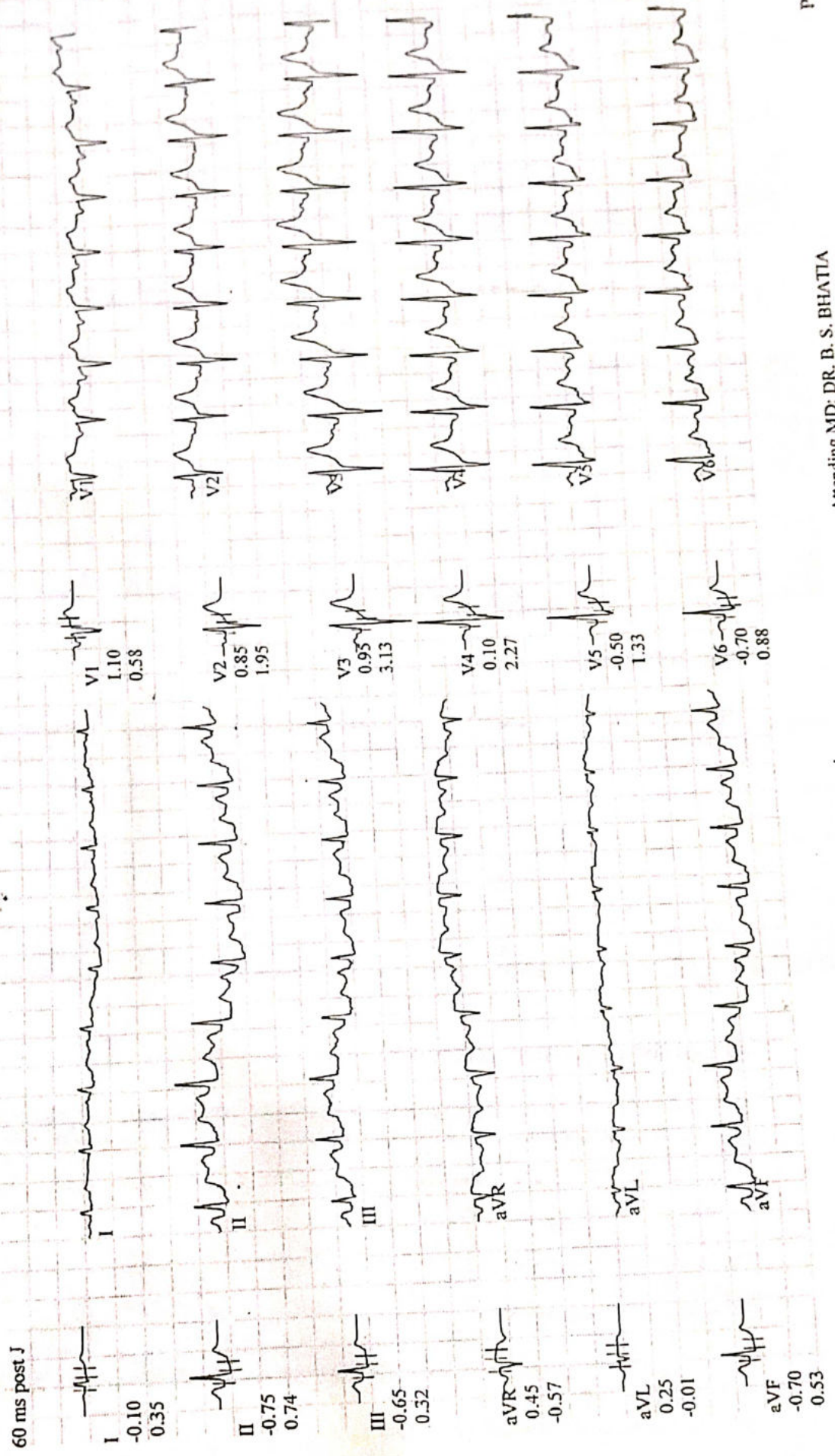


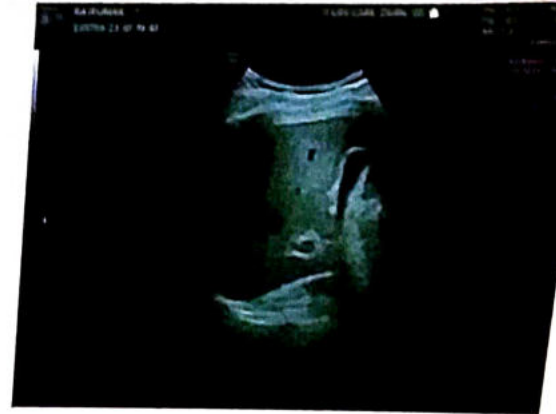
RAJKUMAR MESHARAM  
Patient ID 2023MW02  
19/01/2023  
10:22:11

BRUCE  
0.0 km/h  
0.0 %

RECOVERY  
#1  
00:35 140/100 mmHg  
00:50

Lead  
ST Level (mm)  
ST Slope (mV/s)





*Dr. Bhatia*  
M.P. Nursing Home  
(Dr. Bhatia)  
Durg IC, C.

10 mm/mV 25 mm/Sec @ 0.5 - 32Hz

BPL GenX3

10 mm/mV 25 mm/Sec @ 0.5 - 32Hz



Pat. ID: 0001493

Hospital: M P N H

Pat. ID: 0001493

Hospital: H P N H



Heart Rate

60 bpm

HRV

90

ST Frontal Axis

0 deg.

T Frontal Axis

26 deg.

ST Duration

80 ms

PR Interval

130 ms

Q-T Interval

404 ms

QTc Hodges

404 ms

QT Dispersion

68 ms

P Terminal Force

0 ms.uv

Srylon

Average beat fiducial point sample number

P

Onset

Termination

Duration (ms)

QRS

436

532

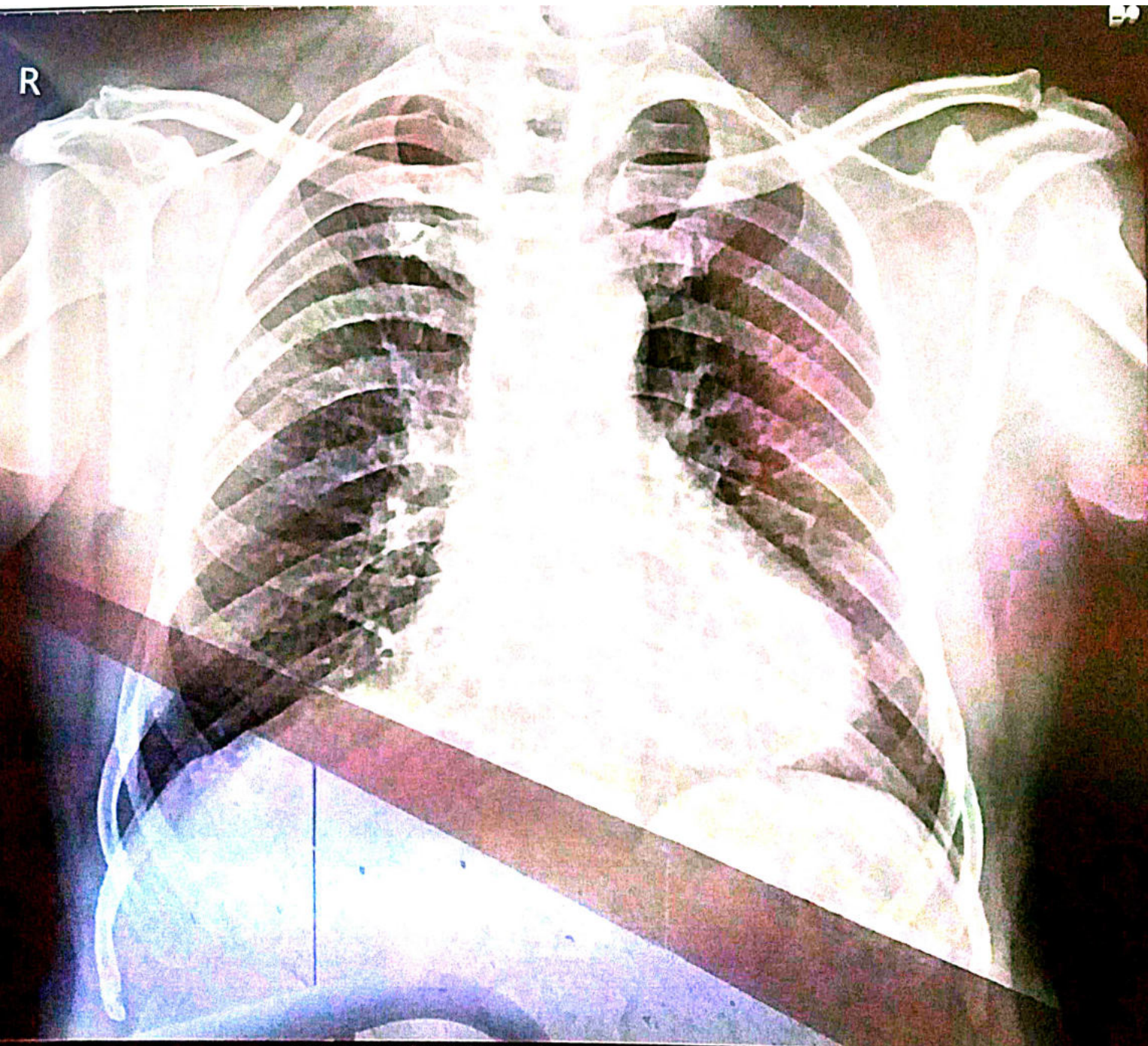
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**Dr. P. Nursing (M.B.S.)**  
**(Dr. Bhatia)**  
 19/11/23





RAJKUMAR MESHAM 57Y/M 4493 Chest PA 19-01-2023



भारत सरकार

Government of India

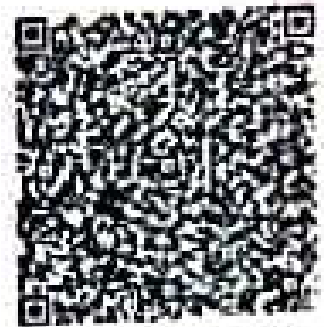


राजकुमार भैश्राम

Rajkumar Meshram

जन्म तिथि / DOB : 15/08/1965

पुरुष / Male



9041 5232 0343

आधार - आम आदमी का अधिकार