

RAJASTHANI DIAGNOSTIC AND MEDICAL RESEARCH CENTRE  
 B-110 SUBHASH MARG, INDIRA NAGAR, JHUNJHUNU

108 / PRIYANKA / 28 Yrs / F / 160 Cms / 70 Kg Date: 26-Mar-2022 Technician : KAMAL Examined By:

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	%THR Achieved	BP	RPP	PVC	Comments
Supine	00:03	0:06	00.0	00.0	01.0	093	48 %	---/---	000	00	
Standing	00:46	0:43	00.0	00.0	01.0	092	48 %	122/80	112	00	
HV	01:26	0:40	00.0	00.0	01.0	092	48 %	122/80	112	00	
Warm Up	02:14	0:48	00.0	00.0	01.0	095	49 %	122/80	115	00	
ExStart	03:17	1:03	01.0	00.0	01.0	109	57 %	124/82	135	00	
BRUCE Stage 1	06:17	3:00	01.7	10.0	04.7	137	71 %	---/---	000	00	
BRUCE Stage 2	09:17	3:00	02.5	12.0	07.1	162	84 %	132/84	213	00	
PeakEx	09:20	3:00	02.5	12.0	07.2	162	84 %	132/84	213	00	
Recovery	10:19	1:00	01.1	00.0	01.2	144	75 %	128/84	184	00	
Recovery	11:19	2:00	00.0	00.0	01.0	111	58 %	128/84	142	00	
Recovery	12:19	3:00	00.0	00.0	01.0	110	57 %	126/84	138	00	
Recovery	13:19	4:00	00.0	00.0	01.0	106	55 %	122/82	129	00	
Recovery	13:43	4:23	00.0	00.0	01.0	116	60 %	122/82	141	00	

**Findings :**

Exercise Time : 06:03  
 Max HR Attained : 162 bpm 84% of Target 192  
 Max BP Attained : (Sys) 132/84  
 Max Workload Attained : 7.2 Fair response to induced stress  
 Test Objective : MEDIWHEEL MEDICAL  
 History : No  
 Test End Reasons : Test Complete, Heart Rate Achieved

**Report :**

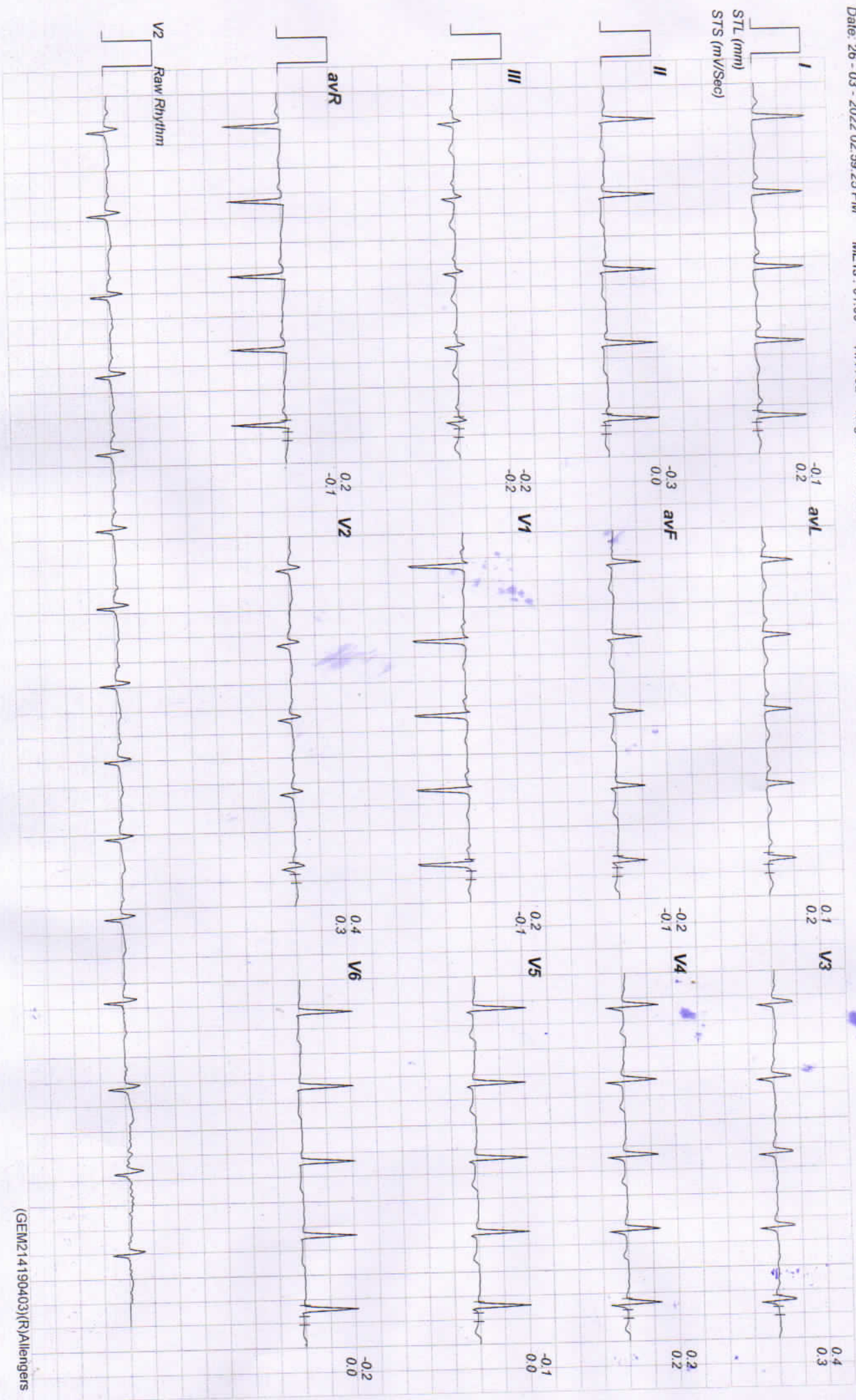


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**B-110 SUBHASH MARG, INDIRA NAGAR, JHUNJHUNU**  
 108 / PRIYANKA / 28 Yrs / Female / 160 Cm / 70 Kg

Date: 26 - 03 - 2022 02:59:25 PM METs : 01.00 HR : 92 Target HR : 47% of 192 BP : 122/80 Post J @50mSec ExTime : 00:45 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

**Linked Medians Report**  
 Standing





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Date: 26 - 03 - 2022 02:59:25 PM

MEts : 01:00

HR : 92 Target HR : 47% of 192

BP : 122/80

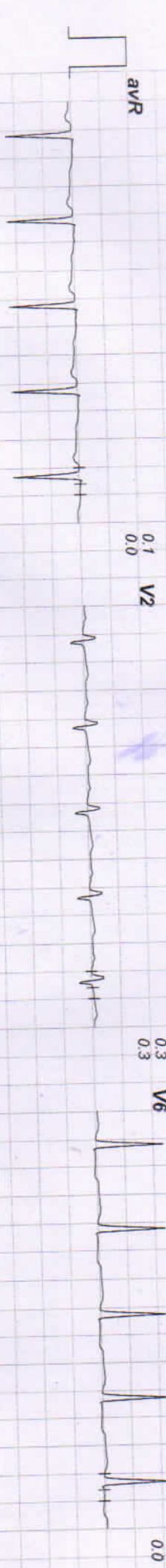
Post J @80mSec

ExTime : 01:25

0.0 mph

Grade : 00.00 %

25 mm/Sec. 1.0 Cm/mV

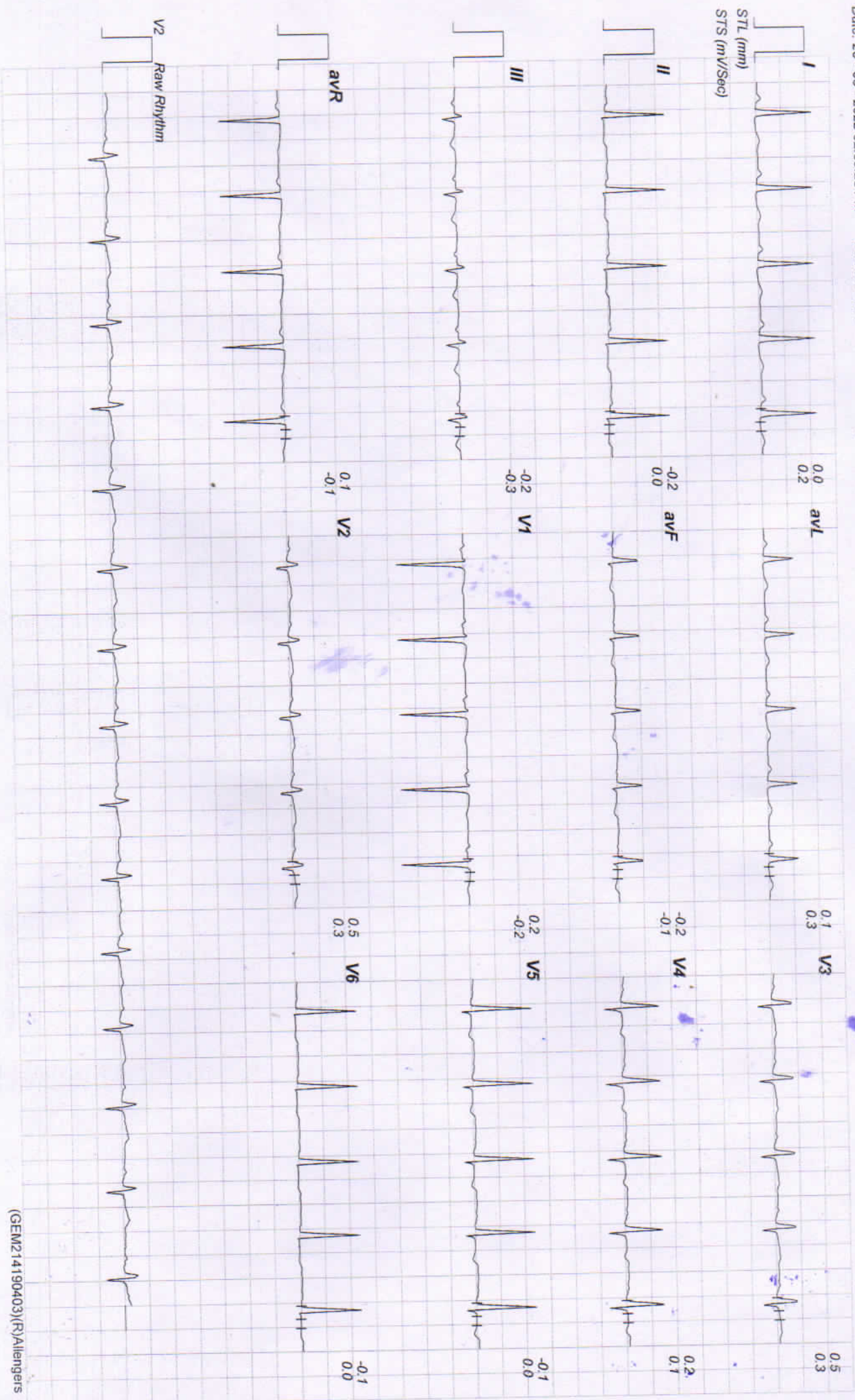


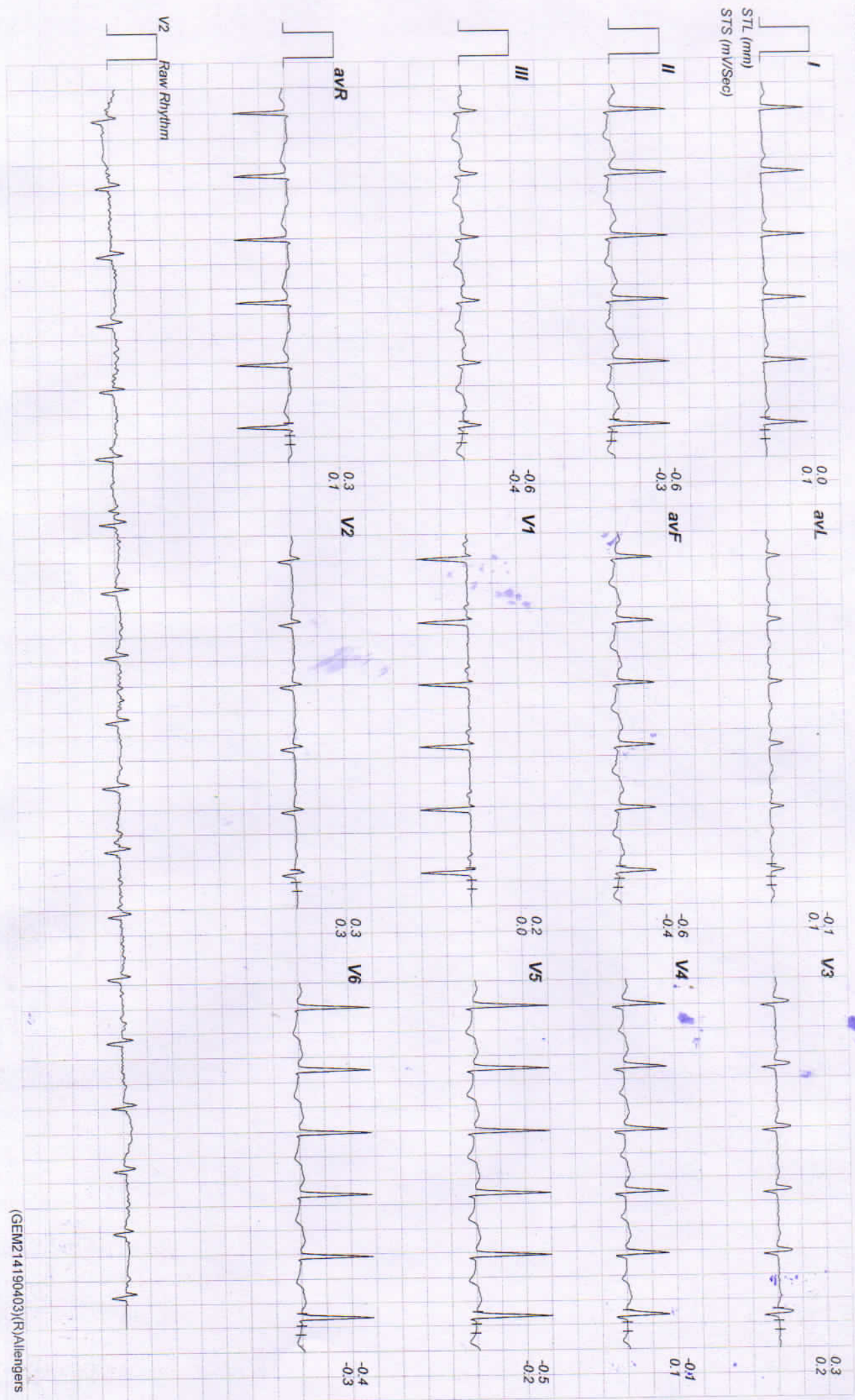
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Date: 26 - 03 - 2022 02:59:25 PM METS : 01.00 HR : 95 Target HR : 49% of 192 BP : 122/80 Post J @50mSec ExtTime : 02:13 0.0 mph Grade : 00.00 % 25 mm/Sec: 1.0 Cm/mV

**Linked Medians Report**  
Warm Up





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108 / PRIYANKA / 28 Yrs / Female / 160 Cm / 70 Kg

Date: 26 - 03 - 2022 02:59:25 PM METs : 04.70 HR : 137 Target HR : 71% of 192

BP : 0/0 Post J @60mSec

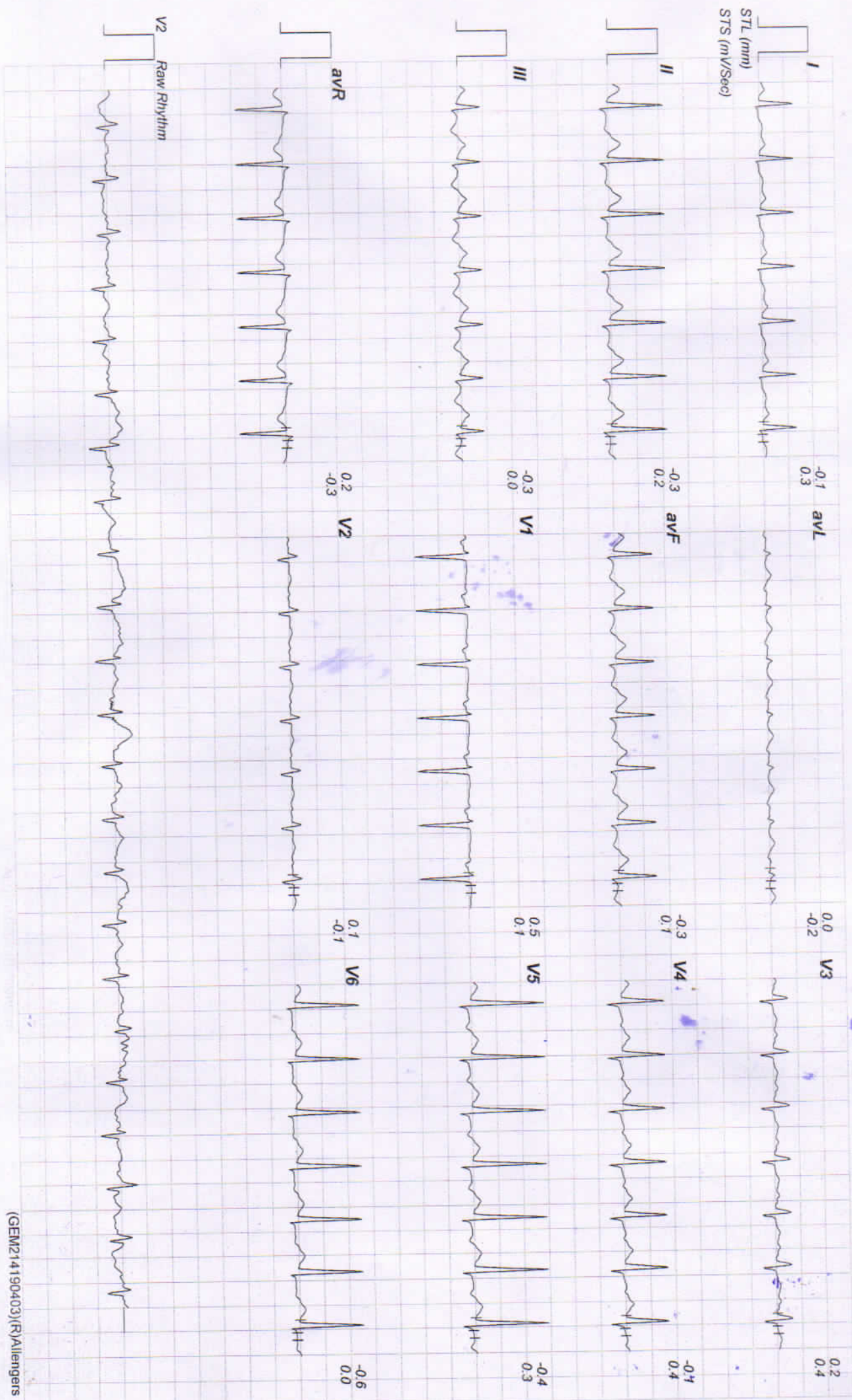
ExTime : 03:00

1.7 mph

Grade : 10.00 %

25 mm/Sec. 1.0 Cm/mV

## Linked Medians Report BRUCE:Stage 1(3:00)



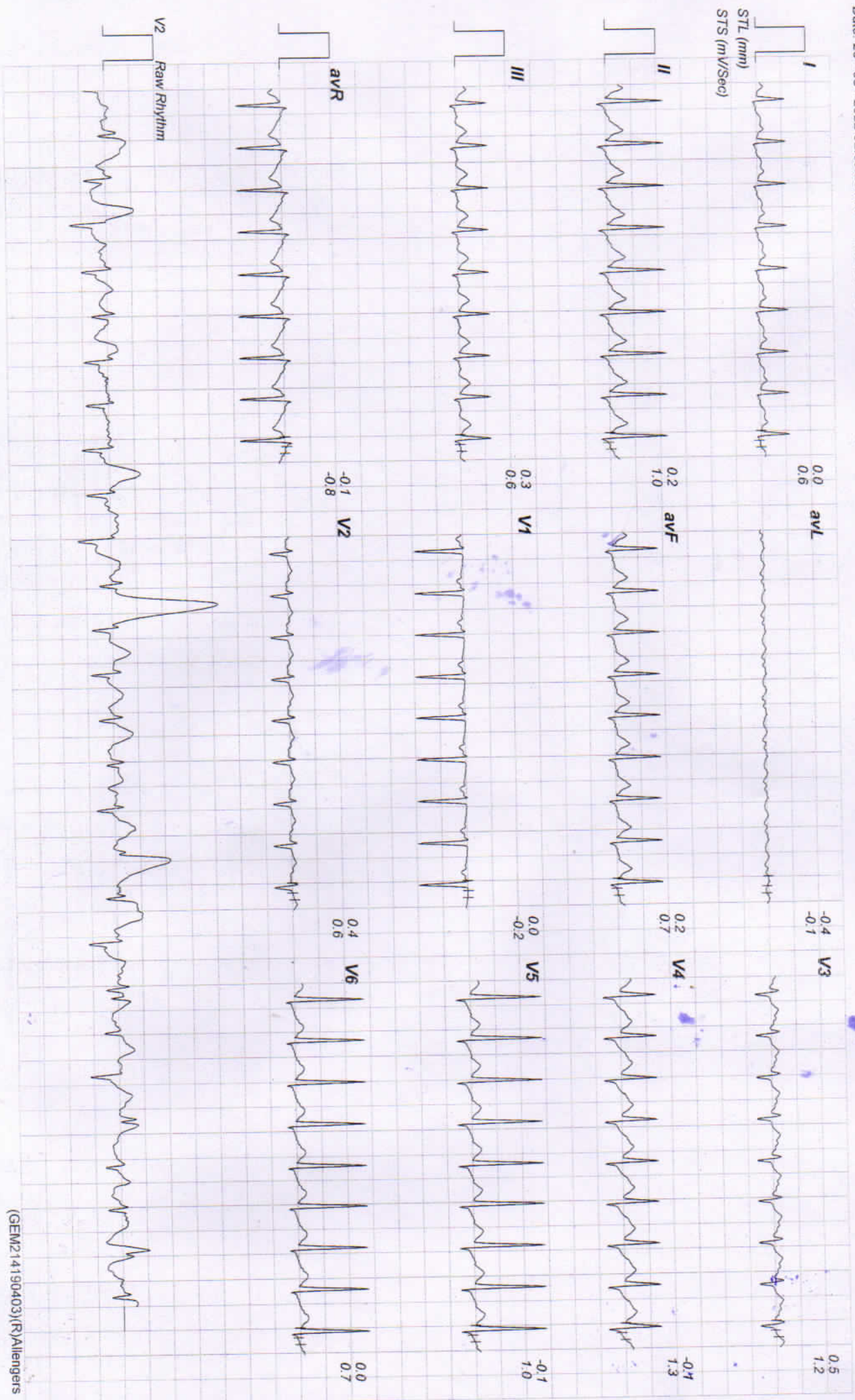
**RAJASTHANI DIAGNOSTIC AND MEDICAL RESEARCH CENTRE**

**B-110 SUBHASH MARG, INDIRA NAGAR, JHUNJHUNU**  
108 / PRIYANKA / 28 Yrs / Female / 160 Cm / 70 Kg

Date: 26 - 03 - 2022 02:59:25 PM METs : 07.10 HR : 162 Target HR : 84% of 192 BP : 132/84 Post J @60mSec Ex Time : 06:00 2.5 mph Grade 12.00 % 25 mm/Sec. 1.0 Cm/mV

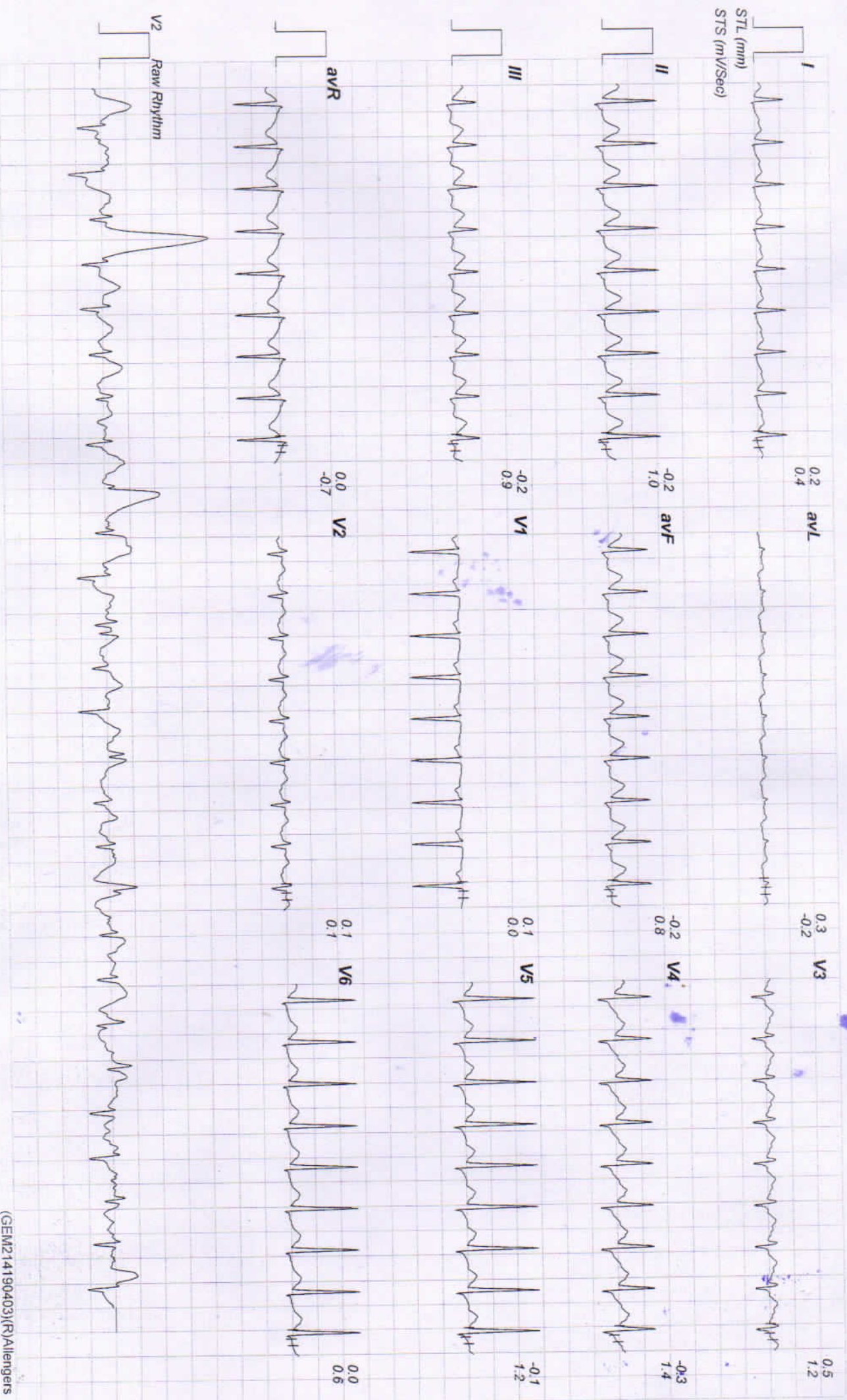
**Linked Medians Report**

BRUCE: Stage 2(3:00)





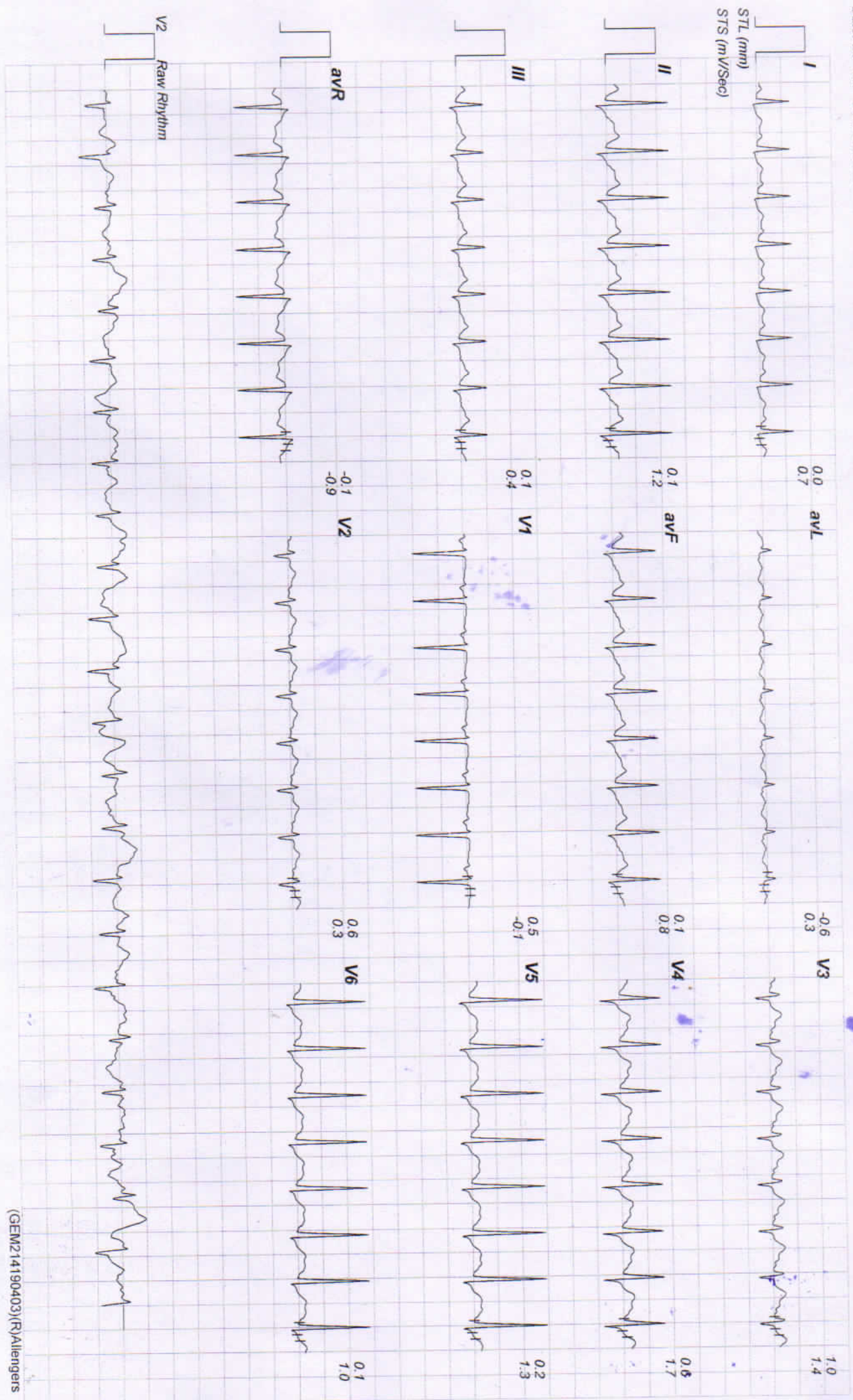
Date: 26 - 03 - 2022 02:59:25 PM METs : 07.20 HR : 162 Target HR : 84% of 192 BP : 132/84 Post J @60mSec ExTime : 06:00 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV



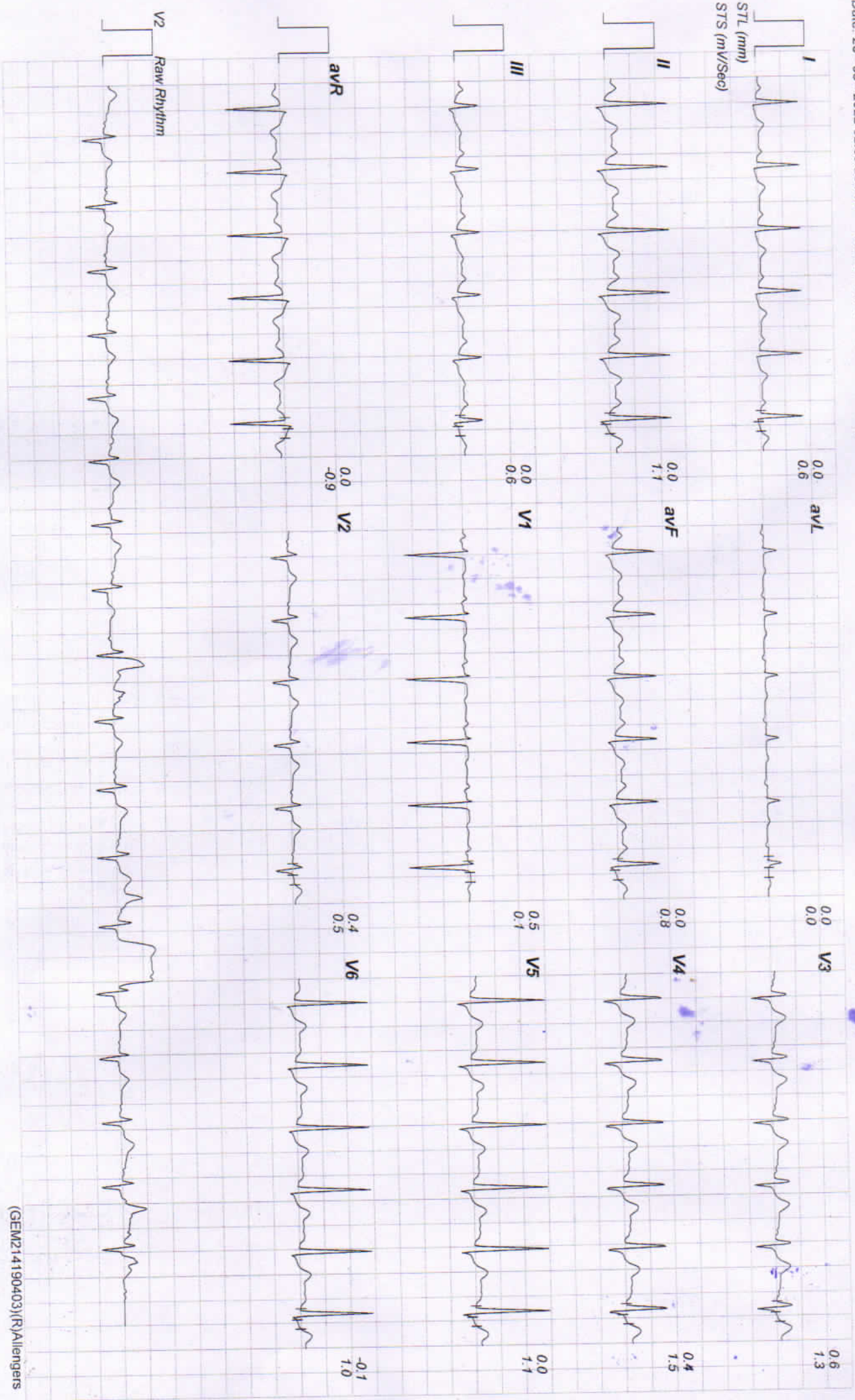


Date: 26 - 03 - 2022 02:59:25 PM METS : 01.20 HR : 144 Target HR : 75% of 192 BP : 128/84 Post J @60mSec ExTime : 06:03 1.1 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

**Linked Medians Report**  
 Recovery(1:00)

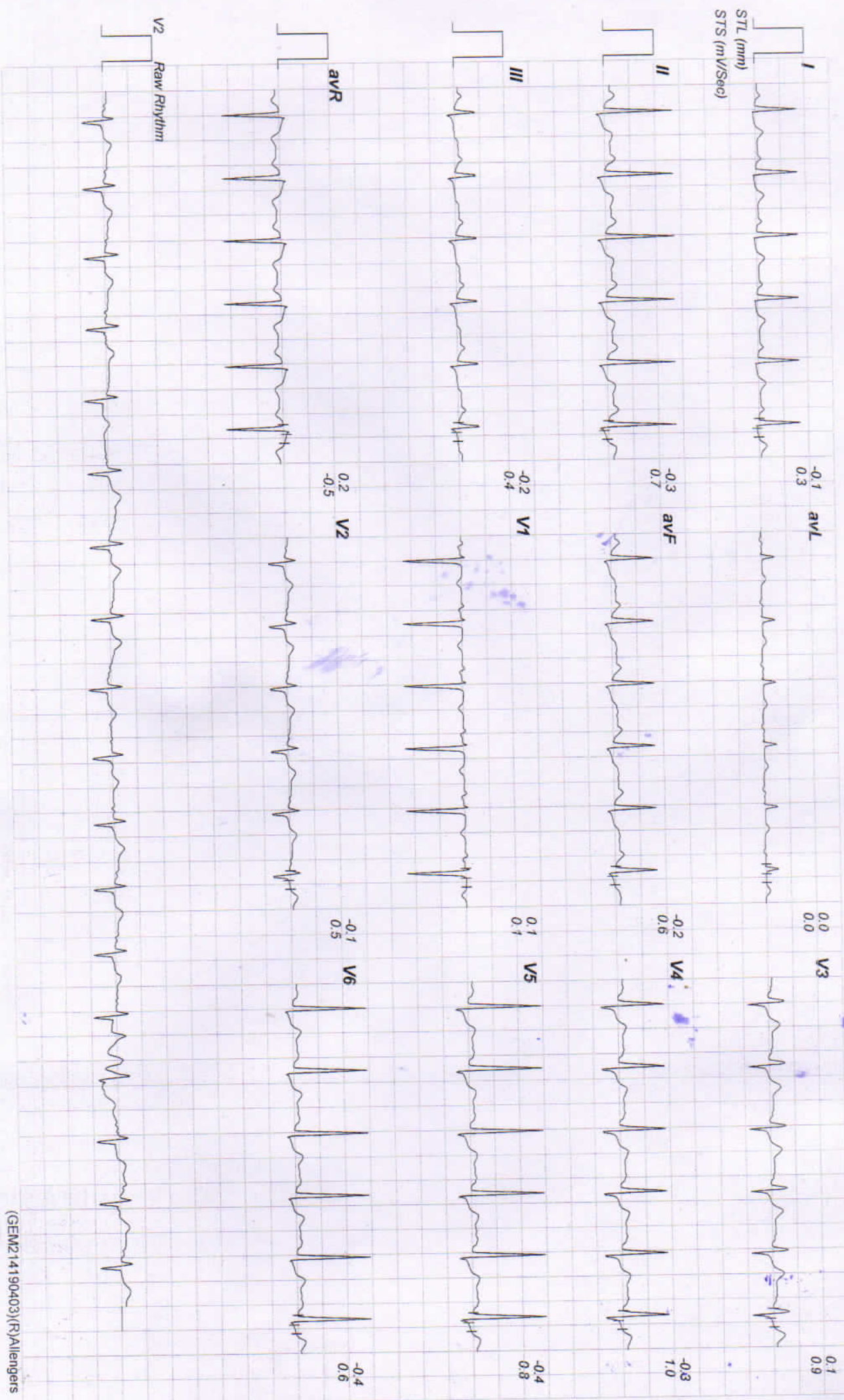


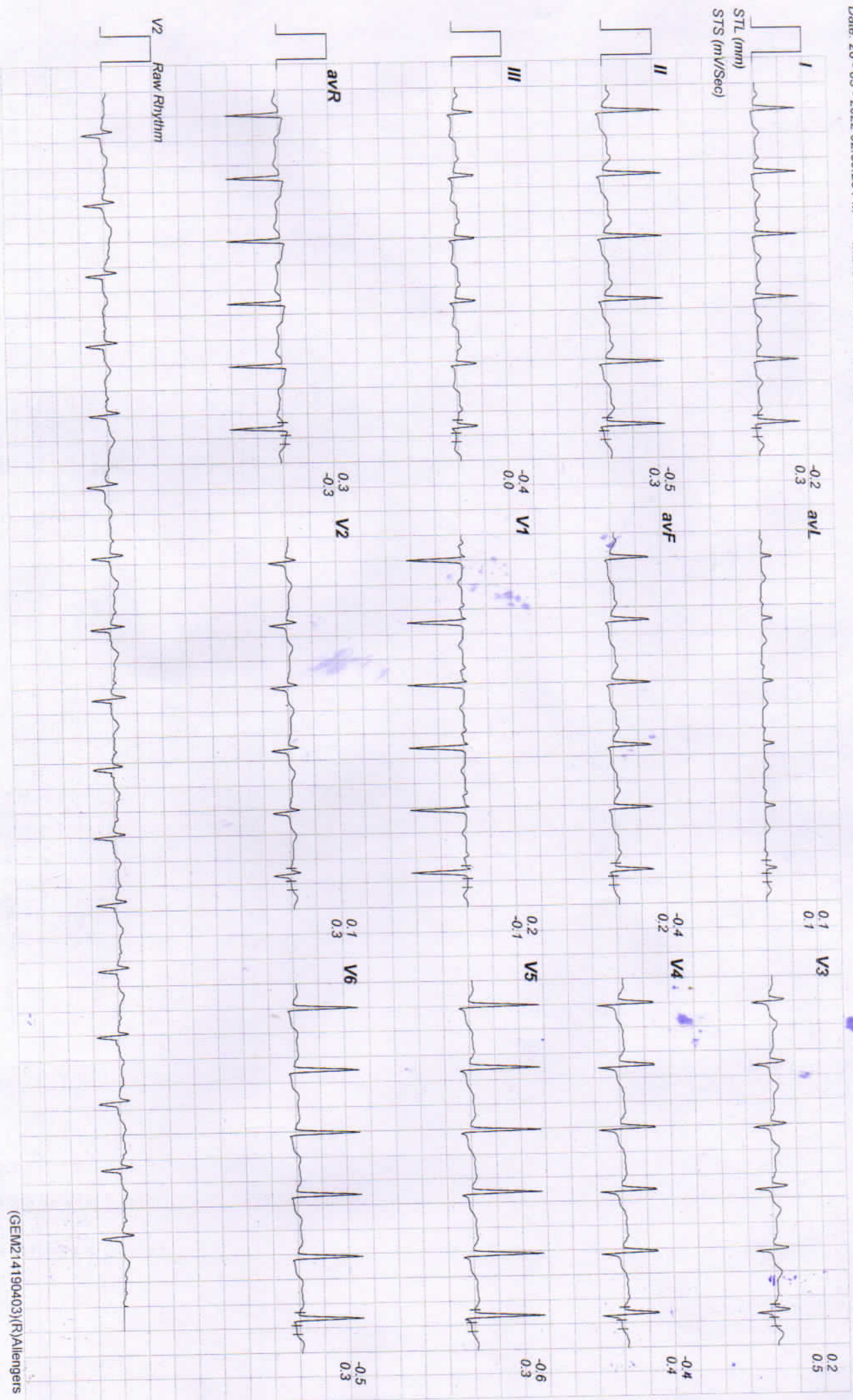
Linked Medians Report  
Recovery(2:00)



Date: 26 - 03 - 2022 02:59:25 PM METs : 01.00 HR : 110 Target HR : 57% of 192 BP : 126/84 Post J @80mSec ExtTime : 06:03 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

**Linked Medians Report**  
 Recovery(3:00)





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108 / PRIYANKA / 28 Yrs / Female / 160 Cm / 70 Kg

Date: 26 - 03 - 2022 02:59:25 PM METS : 01.00 HR : 116 Target HR : 60% of 192 BP : 122/82 Post J @80mSec EXTime : 06:03 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

**Linked Medians Report**  
Recovery(4:23)

