

Metro Hospital & Heart Institute, Haridwar

Health Check-up Certificate

COMPANY Mediwheel (IISOB) Distribeed

EMPLOYEE NO. 161156 DEPTT. Advances DATE 25/11/23
 NAME Mayank Sharma AGE/SEX 36/M DOB 30/9/1987
 DESIGNATION Sp. Asst. MOBILE NO 9250042355
 CHEST (INSP) 110 cm. CHEST (EXP) 105 cm. CHEST EXPANSION 05 cm
 HEIGHT 170 cm. WEIGHT 91 Kg. BMI
 P/R 81 per mt. BP 120/80 mmHg SIGN OF EMP

EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
1	LAB INVESTIGATIONS	Path Lab	Hb <u>15.3 gm/dl</u>
	BLOOD SUGAR F/PP/RANDOM	Path Lab	TLC <u> </u> /DLC <u> </u> FBS /PP <u>150</u> /RBS <u> </u> } Report attached
	BLOOD GROUP	Path Lab	<u>O Neg</u> } Hb A1c <u>0.37</u>
2	URINE	Path Lab	Alb <u>NIL</u> / Sugar <u>NIL</u>
3	STOOL	Path Lab	Sample NOT provided
4	X RAY CHEST PA	Radiology	<u>NA</u>
5	ULTRASONOGRAPHY (Whole Abd)	Radiology	<u>Gr I fatty liver</u>
6	ECG	Health check up	<u>Normal</u>
7	ECHO	Radiology	<u>Normal Study.</u>
8	TMT	Radiology	
9	PFT	Health check up	
10	AUDIOMETRY	25	
11	ENT EXAM	25	
12	DENTAL EXAMINATION	24	<u>status good / Hygiene good</u>
13	ACUITY OF VISION/COLOUR VISION	13	<u>Report attached</u>
14	EXAMINATION BY PHYSICIAN	23	<u>NA</u>
15	<u>Thyroid Profile</u>		} Report attached
	<u>LFT</u>		
	<u>Lipid Profile</u>		
	<u>PSA</u>		

Observation KFT
Lipid Profile
PSA

DR. ANIL SINGH
 MBBS, AFH, DHA
 Consultant Occupational Health
 Reg No - UKMC-2PT1
 Metro Hospital & Heart Institute
 SIDCUL, Haridwar-249403 (U.K.)

Subject: Health Check up Booking Confirmed Request(bobS48209),Package Code-PKG10000227, Beneficiary Code-38067

Mediwheel <wellness@mediwheel.in>

Sent: Tue, 17 Oct 2023 17:41:01 GMT+0530

To: You

Cc: customercare@mediwheel.in

CAUTION: This email is from an external source. Exercise caution when opening attachments or clicking links.

MedSave

011-41195959

Email:wellness@mediwheel.in

Hi **Metro Hospital & Heart Institute,**
Diagnostic/Hospital Location :Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,City:Haridwar
We have received the confirmation for the following booking .

Beneficiary Name : PKG10000227
Beneficiary Name : mayank sharma
Member Age : 36
Member Gender : Male
Member Relation : Spouse
Package Name : Medi-wheel Full Body Health Checkup Male Below 40
Location : HARDWAR,Uttarakhand-249401
Contact Details : 9720839451
Booking Date : 12-10-2023
Appointment Date : 28-10-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.



To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	MAYANK SHARMA
DATE OF BIRTH	30-09-1987
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	14-10-2023
BOOKING REFERENCE NO.	23D161156100071762S
SPOUSE DETAILS	
EMPLOYEE NAME	MS. SHARMA SONIYA
EMPLOYEE EC NO.	161156
EMPLOYEE DESIGNATION	HEAD CASHIER "E" _II
EMPLOYEE PLACE OF WORK	HARIDWAR,NB DHARAMSHALA
EMPLOYEE BIRTHDATE	14-10-1988

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **10-10-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

(NABH & ISO 9001: 2008 Certified)

Radiology Investigation Report

Name : Mr. MAYANK SHARMA
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202313362
Date : 25/11/2023

Age/Sex : 36 Y/M
UHID NO : 2023020940
Request No : 70243672

USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & **raised echotexture**. No focal area of abnormal echogenecity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.

Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

IMPRESSION : Grade I fatty liver.

DR. PRAKASH CHANDRA PANDEY
 MBBS, DMRD
 CONSULTANT RADIOLOGIST



Note:

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01

rajam k sharma
36y/m

25/11/23

Measurement Results:

QRS : 90 ms
 QT/QTcB : 338 / 396 ms
 PR : 142 ms
 P : 98 ms
 RR/PP : 728 / 725 ms
 P/QRS/T : 45 / 50 / 35 degrees
 QTd/QTcBD : 48 / 56 ms
 Sokolow : 1.5 mV
 NK : 11

< P

< T

< QRS

-90

aVL

0 I

aUR

0 I

III

+90

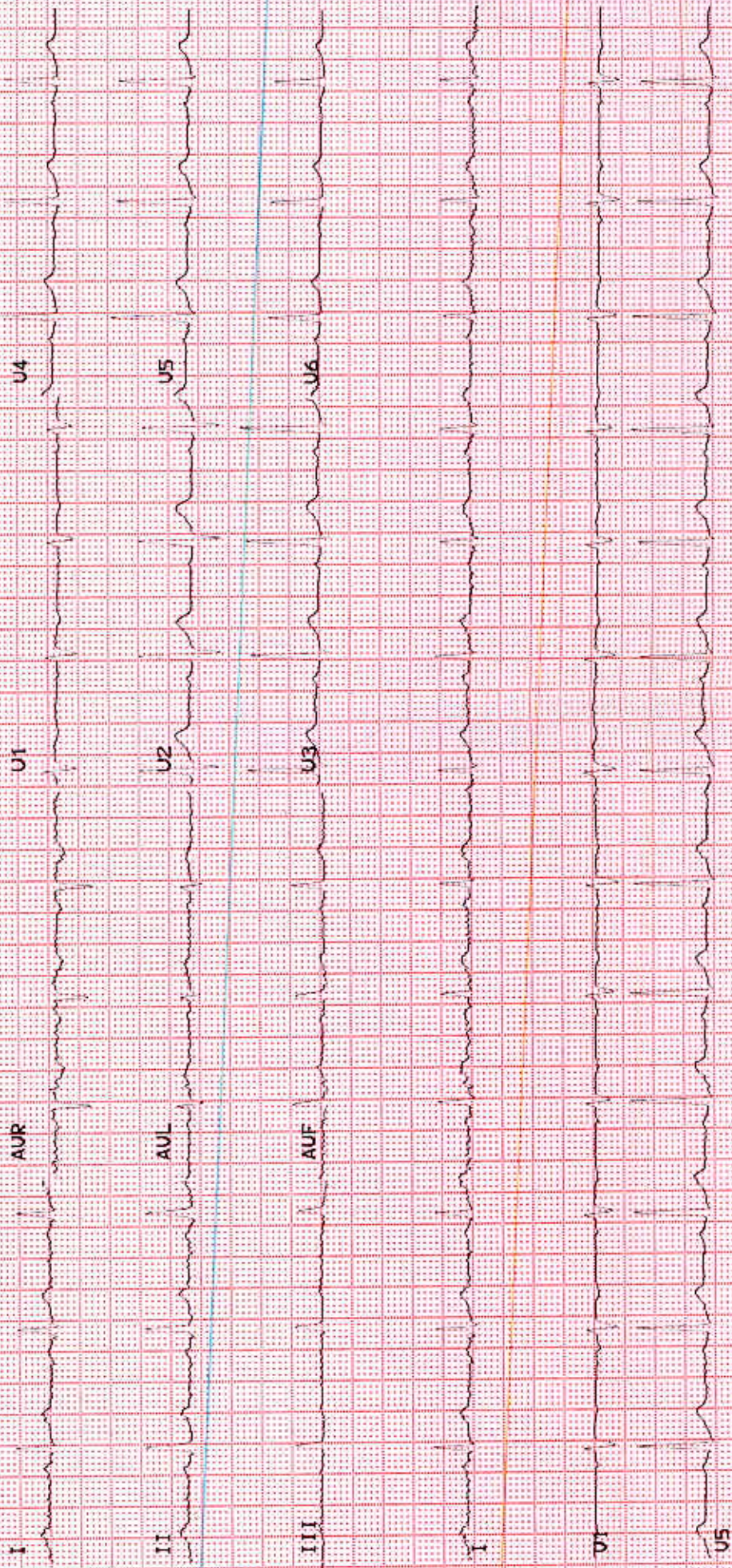
aUF

Interpretation:

R/S inversion area between U1 and U2 probably normal



Unconfirmed report.





METRO
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we treat...HE CURES

Metro Hospital & Heart Institute

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Patient Name MR. Manoj Kumar Sharma Age/Sex 36y/M Reg. No. _____

Doctor's Name Sushil Kumar

Date 25/11/23 Time _____

OPHTHALMIC EXAMINATION

VISION

DISTANCE VISION-

Rt

6/6

Lt

6/6

glasses

NEAR VISION-

Rt

NP6

Lt

NP6

normal

COLOUR VISION

EYE EXAMINATION

Cornea

Ant Chamber

Pupil

Fundus Examination

ADVICE-

Dr. Sushil Kumar, M.B.B.S., D.M.O. (Ophthalmology)
Consultant Ophthalmologist
Metro Hospital & Heart Institute
Sector-6A, Haridwar
Signature *[Signature]*
26/11/23 (UK)

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

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MHHI/CL/0115/Rev. No. 01

Pathology Report

(A unit of Sunhill Hospitals Private Limited)

Age/Sex (NABH & ISO 9001:2018 Certified)

UHID : 2023020940

Request No. : 10382448

Sample Time : 10:12

Reporting Time : 21:01

Name : Mr. MAYANK SHARMA
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202313362
 Sample Date : 25/11/2023
 Reporting Date: 25/11/2023

Test	Result	Unit	Bio. Ref.	Inter. Test Method
Hematology				
BLOOD GROUP				
ABO	O			
Rh	NEGATIVE			
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)				
HB	15.3	gm/dl	M - 13-18	
TLC	7940	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	62	%	45-75	
LYMPHOCYTES	28	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
BASOPHILS	00	%	<2	
RBC	4.72	million	3.5-5.5	
PCV	48.1	%	36-52	
MCV	82.3	fL	80-100	
MCH	32.4	PG	27-32	
MCHC	31.8	gm/dl	31-37	
PLATELET COUNT	3.10	lakh/cumm	1.5-4.5	
RDW	13.0	%	11.5-15	
ESR	16	mm/hr	20	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)



Note:

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2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
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4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

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Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 07

Pathology Report



METRO

HOSPITAL & HEART INSTITUTE

Name : Mr. MAYANK SHARMA
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202313362
 Sample Date : 25/11/2023
 Reporting Date: 25/11/2023

(A unit of Sunhill Hospitals Private Limited)
 Age/Sex : (NABH & ISO 9001: 2018 Certified)
 UHID : 2023020940
 Request No. : 10382448
 Sample Time : 10:12
 Reporting Time: 21:01

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Biochemistry				
HBIAC	6.3	%	4.5-6.3	
BLOOD SUGAR -PP	150.0	mg/dl	70.0-140.0	
BLOOD SUGAR -FASTING	93.0	mg/dl	70.0-110.0	
LIPID PROFILE				
TOTAL CHOLESTEROL	188.0	mg/dl	00-250.0	
HDL-CHOLESTEROL	50.0	mg/dl	00-50.0	
LDL	110.0	mg/dl	00-150.0	
TRIGLYCERIDES	136.0	md/dl	30-150	
VLDL	27.2	mg/dl	0-50	
CHOL/HDL Ratio	3.7		<4.5	
LFT (LIVER FUNCTION TEST)				
BILIRUBIN INDIRECT	0.30	mg/dl	0.2-0.8	
SGOT	35.0	U/L	10-42	
SGPT	31.0	U/L	10-42	
BIILIRUBIN TOTAL	0.65	mg/dl	0.2-1.0	
ALKALINE PHOSPHATASE	112.0	IU/L	28-111	
BILIRUBIN DIRECT	0.35	mg/dl	0.1-0.4	
TOTAL PROTEIN	7.6	gm/dl	6.4-8.2	
ALBUMIN	4.0	g/dl	3.5-5.0	
GLOBULIN	3.6	gm/dl	2.0-4.0	
AG RATIO	1.1		-	
KFT (KIDNEY FUNCTION TEST)				
UREA	18.0	mg/dl	15-45	
SODIUM	145.0	mmol/L	135-155	
CREATININE	0.82	mg/dl	0.6-1.3	
URIC ACID	6.1	mg/dl	3.0-7.6	
BUN	8.5	mg/dl	05-20	
POTTASSIUM	4.3	mmol/L	3.5-5.5	
CALCIUM	10.0	mg/dl	8.5-10.5	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)

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MHH/CL/0115/Rev. No. 01



Name : Mr. MAYANK SHARMA
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202313362
 Sample Date : 25/11/2023
 Reporting Date: 25/11/2023

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Serology & Immunology				
PSA TOTAL	0.57	ng/mL	0.0-4.0	
THYROID PROFILE				
T3	2.50	nmol/L	1.70-3.10	
T4	12.6	µg/dl	5.95-15.4	
TSH	0.91	µIU/L	0.46-4.68	

*** End of Reports ***

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Pathology Report

METRO

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Age/Sex (NABH ISO 9001: 2015 Certified)

UHID : 2023020940

Request No. : 10382448

Sample Time : 10:12

Reporting Time: 21:01

Name : Mr. MAYANK SHARMA
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202313362
 Sample Date : 25/11/2023
 Reporting Date: 25/11/2023

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Urine Examination				
URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	STRAW			
TRANSPARENCY	CLEAR			
S. GRAVITY	1.010			
CHEMICAL EXAMINATION				
ALBUMIN	NIL			
SUGAR	NIL			
pH	6.5			
BLOOD	NIL			
KETONE	NIL			
MICROSCOPIC EXAMINATION				
PUS CELLS	2-3			
EPITHELIAL CELLS	1-2			
RBC	NIL			
CRYSTALS	NIL			
CAST	NIL			
BACTERIA	NIL			
AMORPHOUS PHOSPHATE	NIL			
AMORPHOUS URATES	NIL			

*** End of Reports ***

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**METRO**

HOSPITAL & HEART INSTITUTE

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(NABH & ISO 9001: 2008 Certified)

Radiology Investigation Report

Name : Mr. MAYANK SHARMA
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202313362
Date : 25/11/2023

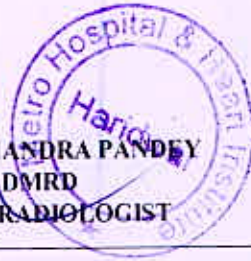
Age/Sex : 36 Y/M
UHID NO : 2023020940
Request No : 70243672

X-RAY CHEST PA View

Cardiac contour & size are normal.
Trachea is central.
Lung fields are clear.
Hilar shadows are normal.
Costophrenic angles are clear.
Bony rib cage is normal.

IMPRESSION: NORMAL CHEST.

DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

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Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

27-Nov-23 12:30 PM

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MHHI/CL/0115/Rev. No. 01

2D ECHOCARDIOGRAPHY

Name:	Mr. Mayank Sharma	UHID No:	2023020940
Age/Sex:	36Y/M	Ward:	BHEL
Referred by:	Dr. Krishna CK	Date:	25.11.2023

ACOUSTIC WINDOW: Normal

MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.1	(0.6 – 1.1 cm)
LVPW (ED)	1.1	(0.6 – 1.1 cm)
LVID (ED)	4.0	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.6	(2.0 – 3.7 cm)
LA dimension	3.0	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	60%	(55 – 75%)

MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 105, A – 78, E/A>1	
Aortic	Nil	Vel – 123	
Tricuspid	Trace	Vel – 235	PASP – 27
Pulmonary	Nil	Vel – 123	

FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~60%
- No LVDD
- Trace MR, Trace TR, PASP 27 mmHg
- No pericardial effusion
- No Intracardiac clot

Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)
Consultant Interventional Cardiology
UKMC Reg. No: 12883

Dr. Ajit Kumar

MBBS, PGDCC
Associate Consultant, Cardiology
UKMC Reg. No: 7569



(Note: This document is not for medico-legal purpose)

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