

Name : Mr. SANJIBAN CHOUDHURY (59 /M)

Date : 14/04/2023

Address : 56/4,AGAPUR,SURIYA SEN ROAD,PS-NEW BARRACKPORE, KOLKATA, KOLKATA,
WEST BENGAL, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AGHL.0001568910

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH
TMT/ECHO)

AHC No : AMHLAH172176



CHIEF COMPLAINTS

Slow stream of urine
Knee pain

PRESENT KNOWN ILLNESS

Hypertension Medication - regular
Dyslipidaemia Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY :08/11/2019



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

Frequency - normal; Dysuria/burning micturition -
intermittent; Urgency - no; Prostatomegaly - yes

Central nervous system

Head ache - on and off; Site of pain - temporal

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Skin

- Nil Significant



Present medications

- TELESTA 40
ATORVASTATIN 10



Past medical history

Past medical history - nil significant
Covid 19 - Yes



Personal history

Marital status - Married
Male - 1
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - Yes
Type - Cigarette
Number - 5
Frequency - daily
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Mother - has expired
Brothers - 3
Sisters - 1
Coronary artery disease - none
Cancer - None
Tuberculosis - mother

PHYSICAL EXAMINATION



General

Build - normal
Height - 165
Weight - 65
BMI - 23.88
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 64

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Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 114
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Central nervous system

- No neurological deficit

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6
BCVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ADVICE: *To continue
present glass Rx*Detail
dilated Funduscopy*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows include Hemoglobin, RBC COUNT, Hematocrit - Hct, MCV, MCH, MCHC, RDW, WBC Count, Platelet Count, Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, RBC, Platelets, and ERYTHROCYTE SEDIMENTATION RATE (ESR).

Casts: Not Found
Crystals: Not Found
Note: Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: URINE GLUCOSE(POST PRANDIAL) Nil

URINE SUGAR- FASTING(QUALITATIVE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: URINE GLUCOSE(FASTING) Nil

BLOOD GROUPING AND TYPING (ABO AND RH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: ABO Group: B, Rh (D) Type: POSITIVE

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: ALT(SGPT) - SERUM, ALBUMIN - SERUM, ALKALINE PHOSPHATASE - SERUM, AST (SGOT) - SERUM, BILIRUBIN TOTAL - SERUM

URINE ROUTINE AND MICROSCOPY

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: Volume, Colour, Appearance, Specific Gravity, pH, Albumin, Glucose, Ketone, Bile Pigments, RBC, Pus Cells, Epithelial Cells

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: CHOLESTEROL - SERUM

CREATININE - SERUM

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: CREATININE - SERUM

Legend: Green dot = Within Normal Range, Yellow dot = Borderline High/Low, Red dot = Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	32	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	106 *	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	213 *	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.1 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	49	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	143 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	27	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.8	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.6	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	9.6	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	138	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.2	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.9	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.6 *	mg/dL	●	0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	2.9	ng/mL	●	0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.4	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.6		●	1.0-2.0

● Within Normal Range ● Borderline High/Low ● Out of Range

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ECG

SINUS BRADYCARDIA.
LOW VOLTAGE T WAVES.
LEFT AXIS DEVIATION.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE
MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.
* Prostatomegaly with median lobe prominence.

Dr. GAURAV JAIN
DNB RESIDENT
In consultation with

X-RAY CHEST PA

Normal study.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

Executive Summary



1. H/O Hypertension - on medication.
2. H/O Dyslipidaemia - on medication (suboptimal control).
3. Pre-diabetic.
4. USG - A. Grade-I fatty liver.
B. Prostatomegaly with median lobe prominence.

Wellness Prescription

Advice On Diet :-



- * Low salt, low fat, low sugar healthy balanced diet.
- * Drink plenty of fluids.

Advice On Physical Activity :-



- * Regular exercise and maintain ideal weight.

Medications

ROSUVAS 10MG TAB(ROSUVASTATIN 10MG) 1 tablet once daily Oral at bed time To Continue

* Stop tab. ATORVASTATIN 10MG.

* Continue other home medication as before.

Recommended Follow-up Consultations

Speciality Name	Doctor Name	Schedule WithIn	Remarks
UROLOGY		1 Month(s)	discuss with USG report

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
GLUCOSE - PLASMA (FASTING)	3 Month(s)		review with report
GLUCOSE - PLASMA (POST PRANDIAL)	3 Month(s)		review with report
LIPID PROFILE TEST (PACKAGE)	3 Month(s)		review with report

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Follow-up and Review Plan



* Annual health check-up.



Scan the QR code
in AskApollo App
to book your
follow-up
appointments and
investigations

Printed By : AVIJIT DAS

Dr.JHUMA BAGCHI
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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Medications

Drug Name	Strength	Dosage	Frequency	Route of Admin	Relationship with Meal	Duration	Indication
ROSUVAS 10MG TAB(ROSUVASTATIN 10MG)		1 tablet	once daily	Oral	at bed time	To Continue	

* Stop tab. ATORVASTATIN 10MG.

* Continue other home medication as before.

Dr.JHUMA BAGCHI

AHC Physician / Consultant Internal Medicine