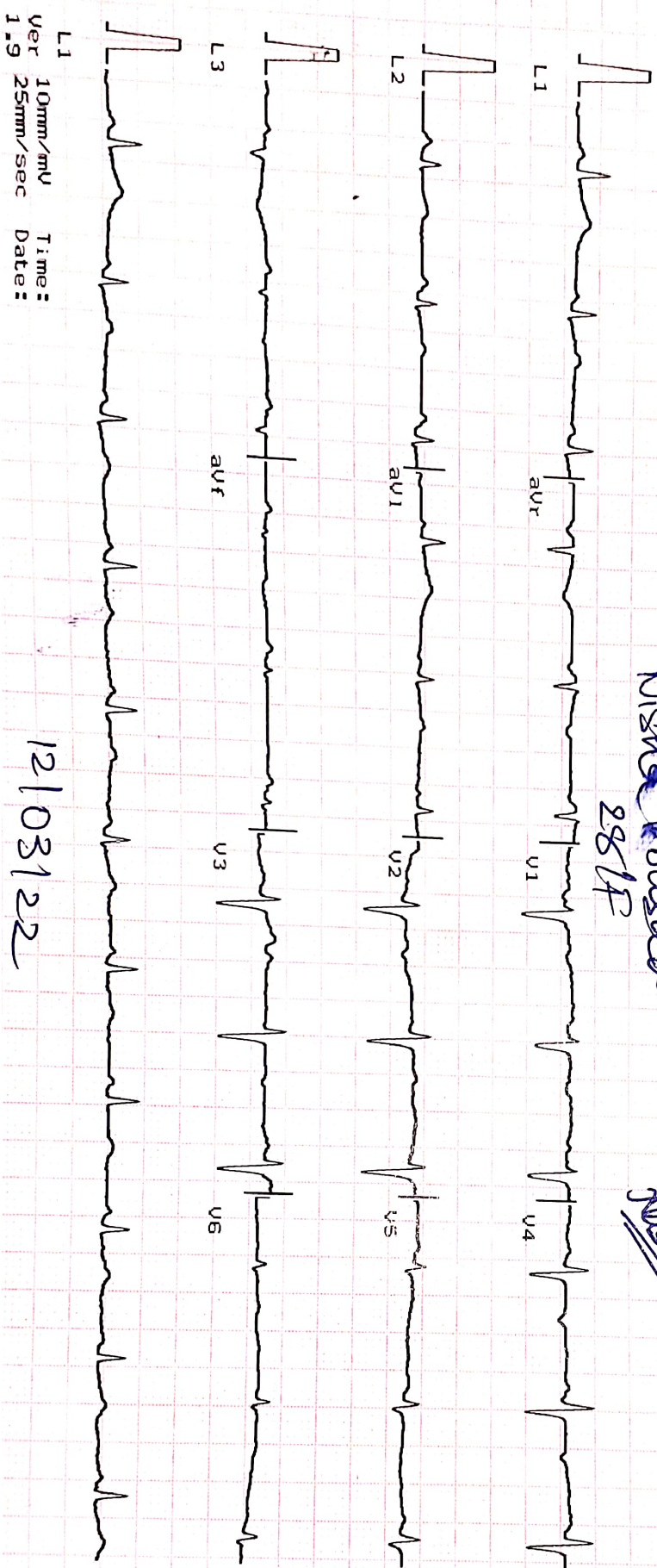


Name : \_\_\_\_\_  
\_\_\_\_\_ yrs \_\_\_\_\_ cm \_\_\_\_\_ Kg BP \_\_\_\_\_

Nisha ~~Dasgupta~~ 281F

~~Nisha~~



12/03/22

Heart Rate : 81 bpm

INTERVAL(ms)  
PR:157 QRS: 32  
QT:317 QTc:373  
ST:182

AXIS(deg)  
P : 63 QRS:-36  
T : 26

L1  
Ver 10mm/mV  
1.9 25mm/sec  
Time :  
Date :

# Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

## :: PERSONAL HEALTH REPORT ::

|                                 |   |
|---------------------------------|---|
| NAME <u>Kumari Nishu Patel.</u> | DATE <u>12/03/22</u>  |
|                                 | SR. NO.<br>SEX. <u>female</u><br>AGE <u>28</u><br>HEIGHT <u>157 cm</u><br>WEIGHT <u>60 K.G.</u> |

### HISTORY

Present History : NO  
 Past Illness History : NO Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy  
 Past Occupational History : NO  
 Family History : Father has HEN & Diabetic heart problem  
 Personal History : NO  
 Addiction : NO Tobacco/Gutkha/Smoking/Alcohol

### GENERAL EXAMINATION

T.P.R. : B.P. : 110/80 mm Hg :  
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : NAD

### SYSTEMIC EXAMINATION

R.S. : NAD  
 C.V.S : NAD  
 C.N.S : NAD  
 A.S. : NAD  
 Musculo-skelet System : Back pain due to work

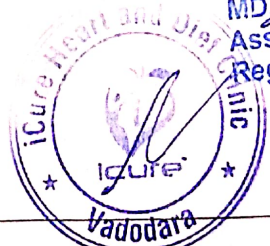
|   |                  |            |        |        |
|---|------------------|------------|--------|--------|
| E.N.T. Ex. <u>NAD</u><br>Dental Ex. <u>NAD</u><br>Skin Ex. <u>NAD</u><br>Psychic Ex. <u>NAD</u> | ACUITY OF VISION |            | RT EYE | LT EYE |
|   | Without Glass    | DISTANT    | 6/ 6   | 6/ 6   |
|   |                  | Near       | 6/ 6   | 6/ 6   |
|   | With Glass       | DISTANT    | 6/     | 6/     |
| Near  |                  | 6/         | 6/     |        |
| COLOUR BLINDNESS  |                  | <u>NAD</u> |        |        |

### REMARK

### ADVICE

The Worker is FIT/UNFIT for the assigned job.

Dr. Krish P. Vaidya  
 MD, DDCC  
 Associate Consultant-Cardiology  
 Reg.No.G-50510  
 DR. KRISH VAIDYA  
 MD G-50510, CIH





ભારત સરકાર

Government of India



કુમારી નિશા શિવ શંકર પ્રસાદ  
Kumari Nisha Shiv Shankar Prasad  
જન્મ તારીખ / DOB : 01/08/1993  
સ્ત્રી / Female



6530 0772 3421

આધાર - સામાન્ય માણસનો અધિકાર



Nisha





# JKV LABORATORY



Name : KUMARI NISHA PRASAD  
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 28 Yrs./F  
Date : 12/03/2022  
Report ID. : 6

## HAEMOGRAM PROFILE

| <u>TEST</u>            | <u>RESULT</u>  |
|------------------------|----------------|
| Blood Group            | : " O "        |
| Rh Factor<br>(Anti D.) | : " POSITIVE " |

## BIOCHEMISTRY

| <u>FASTING (FBS)</u> |        |       |                      |
|----------------------|--------|-------|----------------------|
| Blood Glucose        | : 77.0 | mg/dL | 70.00 - 110.00 mg/dL |
| <u>POST-PRANDIAL</u> |        |       |                      |
| Blood Glucose        | : 91.0 | mg/dL | 80 - 140 mg/dL       |

Done By Fully Auto Analyzer MIURA, A-1004

END OF REPORT



**DR JIGAR SHAH (G23327)**  
**M.D. Pathologist**

Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022  
☎ 8320343731 / 9601969303 ✉ jkvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.



# JKV LABORATORY



Name : KUMARI NISHA PRASAD  
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 28 Yrs./F  
Date : 12/03/2022  
Report ID. : 6

## EXAMINATION OF URINE

| TEST                           | RESULT                   | UNIT |
|--------------------------------|--------------------------|------|
| Sample                         | : FASTING                |      |
| <b>PHYSICAL EXAMINATION</b>    |                          |      |
| Quantity                       | : 10.                    | mL   |
| Colour                         | : YELLOW                 |      |
| Transparency                   | : CLEAR                  |      |
| Specific Gravity               | : 1.003                  |      |
| Reaction                       | : ACIDIC                 |      |
| Deposits                       | : ABSENT                 |      |
| <b>CHEMICAL EXAMINATION</b>    |                          |      |
| Albumin                        | : NIL                    |      |
| Sugar                          | : NIL                    |      |
| Acetone                        | : ABSENT                 |      |
| Bile Salts                     | : ABSENT                 |      |
| Bile Pigments                  | : ABSENT                 |      |
| Urobilinogen                   | : NORMAL : ~ < 1.0 mg/dL |      |
| Occult Blood                   | : ABSENT                 |      |
| Nitrate                        | : ABSENT                 |      |
| <b>MICROSCOPIC EXAMINATION</b> |                          |      |
| Pus Cells                      | : 0-1 / hpf              |      |
| RBC                            | : NIL                    |      |
| Epithelial Cells               | : NIL                    |      |
| Crystals                       | : NIL                    |      |
| Amorphous Phosphate            | : NIL                    |      |
| Cast                           | : NIL                    |      |

END OF REPORT



DR JIGAR SHAH (G23327)  
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

FF-5 Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022

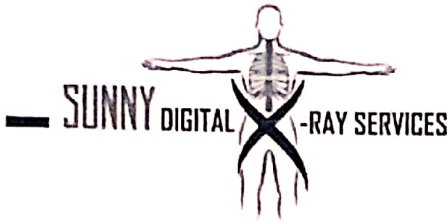
8320343731 / 9601969303 jkvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.



  
**Heart & General Clinic**

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara



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+91 83205 61551  
sunnydigitalxray@yahoo.com

|                |                           |                |            |
|----------------|---------------------------|----------------|------------|
| <b>NAME</b>    | KUMARI NISHA PRASAD       | <b>AGE/SEX</b> | 28/FEMALE  |
| <b>REF. BY</b> | ICURE HEART & DIET CLINIC | <b>DATE</b>    | 12-03-2022 |

**X-RAY OF CHEST PA VIEW:**

**FINDING**

BOTH LUNG FIELDS APPEAR CLEAR.

NO CONSOLIDATION OR MASS LESION IS SEEN.

BOTH CP ANGLES ARE CLEAR.

CARDIAC SIZE APPEARS WITHIN NORMAL LIMITS.


TRACHEA IS CENTRAL IN POSITION.

MEDIASTINAL SHADOW IS NORMAL.

BOTH DOMES OF DIAPHRAGM ARE NORMAL.

BONY THORAX UNDER VISION APPEARS NORMAL.

**IMPRESSIONS : NO SIGNIFICANT ABNORMALITY DETECTED**



**DR. HIMANI VIRAPARA**  
Regn. No: G.28771  
M.D. [Radiodiagnosis]  
(CONSULTANT RADIOLOGIST)



  
**Heart & General Clinic**

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

|                         |              |                   |
|-------------------------|--------------|-------------------|
| NAME : Mrs Nisha Kumari | AGE : 28 Y/F | DATE : 12/03/2022 |
|-------------------------|--------------|-------------------|

**ULTRASONOGRAPHY OF WHOLE ABDOMEN**  
(Screening Only)

**Liver** is normal in size and echotexture and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

**Portal Vein** appears normal in diameter.

**Common Bile Duct** is of normal diameter.

**Gallbladder** is physiologically distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

**Pancreas** is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

**Spleen** is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

**Both Kidneys** are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 99x45mm. Left kidney measures 105x46mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

**Bladder** is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

**Uterus** appears normal in size. Uterine myometrial echotexture is homogeneous. No focal lesion is seen. CET measures 5mm.

**Both Ovaries** appears normal in size & reflectivity. No evidence of any adnexal mass.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

No mass or collection in right iliac fossa.

**CONCLUSION:** No sonographic abnormality is seen.



**DR. MEHUL PRAJAPATI**  
**CONSULTANT RADIOLOGIST**





# JKV LABORATORY

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8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : KUMARI NISHA PRASAD  
Referred by : I Cure Heart & Diet Clinic  
Date : 12/03/2022 16:30

Ref. No. : 10651  
Age : 28 Years  
Sex : Female

## BIOCHEMICAL TESTS

| Test Name             | Result | Units | Biological Reference Interval |
|-----------------------|--------|-------|-------------------------------|
| Blood Urea :          | 26.1   | mg/dl | 10 - 50                       |
| Creatinine :          | 0.90   | mg/dl | 0.4 - 1.5                     |
| Blood Urea Nitrogen : | 12.2   | mg/dl | 0 - 18                        |
| Uric Acid :           | 5.14   | mg/dl | 3.4 - 7.0                     |

  
DR. K. PATEL  
G-23327  
MD (G-20476)  
CONSULTANT PATHOLOGIST





# J K V LABORATORY

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : KUMARI NISHA PRASAD  
Referred by : I Cure Heart & Diet Clinic  
Date : 12/03/2022 16:30

Ref. No. : 10651  
Age : 28 Years  
Sex : Female

## HBA1C [Glycosylated Haemoglobin]

| Test Name                             | Result | Units | Biological Reference Interval  |
|---------------------------------------|--------|-------|--|
| Glycosylated Haemoglobin :<br>(HBA1C) | 5.2    | %     | Excellent control:<br>4.2-6.2<br>Good Control : 6.3-7.2<br>Fair Control : 7.3-8.2<br>Poor Control : >8.3 |
| Estimated Average glucose :           | 102.54 | mg/dl |  |

Comment : \*As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

NOTE:  
blood glucose : This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.

  
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# J K V LABORATORY

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Patient's Name : KUMARI NISHA PRASAD  
Referred by : I Cure Heart & Diet Clinic  
Date : 12/03/2022 16:30

Ref. No. : 10651  
Age : 28 Years  
Sex : Female

## THYROID FUNCTION TEST

| Test Name                          | Result       | Units  | Biological Reference Interval |
|------------------------------------|--------------|--------|-------------------------------|
| Serum T3 :                         | 0.80         | ng/ml  | [0.60 - 1.81]                 |
| Serum T4 :                         | 5.19         | µg/dl  | [4.50 - 10.90]                |
| Serum TSH :<br>(CHEMILUMINESCENCE) | <b>6.818</b> | µIU/ml | [0.35 - 4.95]                 |

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A Burtis, Edward R. Ashwood, David E. Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics 5th Edition. Philadelphia: WB Saunders, 2012:2170



**DR. K.K. PATEL**  
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CONSULTANT PATHOLOGIST



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Patient's Name : KUMARI NISHA PRASAD  
Referred by : I Cure Heart & Diet Clinic  
Date : 12/03/2022 16:30

Ref. No. : 10651  
Age : 28 Years  
Sex : Female

## LIVER FUNCTION TEST

| Test Name                                | Result | Units | Biological Reference Interval   |
|--|--------|-------|---|
| S.G.P.T. (ALT) :                         | 30.4   | U/L   | 30- 65  |
| S.G.O.T. (AST) :                         | 25.6   | IU/L  | [Female: 0 - 31]<br>[Male: 0 - 35]  |
| S. Alkaline Phosphatase :                | 72     | IU/L  | [upto 15 yrs Female 50-162]<br>[>20 yrs Female 42 - 141]<br>[>20 yrs Male 53 - 119] |
| S. Bilirubin (Total) :                   | 1.03   | mg/dl | [0.1 to 1.2]  |
| S. Bilirubin (Direct) :                  | 0.31   | mg/dl | [0.0 to 0.3]  |
| S. Bilirubin (Indirect) :                | 0.72   | mg/dl | [0.0 to 0.9]  |
| S. Proteins: (Total) :                   | 6.97   | gm/dl | [6.6 to 8.8]  |
| S. Albumin :                             | 4.01   | gm/dl | [3.5 to 5.2]  |
| S. Globulin :                            | 2.96   | gm/dl | [2.5 to 3.0]  |
| A/G Ratio :                              | 1.4    |       |   |
| G.G.T. :<br>(Gamma-Glutamyl Transferase) | 40.1   | IU/L  | [8 to 78]   |

  
DR. K. K. PATEL  
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Patient's Name : KUMARI NISHA PRASAD  
Referred by : I Cure Heart & Diet Clinic  
Date : 12/03/2022 16:30

Ref. No. : 10051  
Age : 28 Years  
Sex : Female

## LIPID PROFILE

| Test Name         | Result | Units | Biological Reference Interval  |
|-------------------|--------|-------|--|
| Cholesterol :     | 154.1  | mg/dl | Desirable level/low risk : < 200<br>Borderline level/moderate risk : 200-250<br>Elevated level/ high risk . > 250  |
| Triglyceride :    | 130.4  | mg/dl | Normal : <150<br>Borderline high :150-200<br>High : > 200  |
| HDL Cholesterol : | 52.0   | mg/dl | Desirable level/low risk : >60<br>Borderline level/moderate risk : 35-60<br>Elevated level/ high risk : <35        |
| LDL Cholesterol : | 76.02  | mg/dl | Desirable level/low risk : <130<br>Borderline level/moderate risk : 130-159<br>Elevated level/ high risk : >159    |
| VLDL :            | 26.08  | mg/dl | Upto 34  |
| Chol./HDL Ratio : | 3      |       |  |
| LDL/HDL Ratio :   | 1.5    |       | Desirable level/low risk : 0.5-3.0<br>Borderline level/moderate risk : 3.0-6.0<br>Elevated level/ high risk : >6.0 |
| Total Lipids :    | 638.6  | mg/dl | 400 - 1000   |

  
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MD (G-20476) -23327  
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Patient's Name : KUMARI NISHA PRASAD  
Referred by : I Cure Heart & Diet Clinic  
Date : 12/03/2022 16:30

Ref. No. : 10651  
Age : 28 Years  
Sex : Female

## HEMOGRAM

| Test Name  | Result | Units      | Biological Reference Interval |
|--|--------|------------|-------------------------------|
| Hemoglobin :   | 12.2   | g/dl       | [12.0-16.0]                   |
| Total RBC Count :  | 4.41   | mill/cmm   | [4.2-5.4]                     |
| <b><u>Blood Indices</u></b>  |        |            |                               |
| P.C.V :  | 39.6   | %          | [37-47]                       |
| M.C.V. :   | 89.8   | femtolitre | [78-100]                      |
| M.C.H. :   | 27.66  | pg         | [27-31]                       |
| M.C.H.C. :   | 30.8   | g/dl       | [32-36]                       |
| R.D.W. :   | 12.8   | %          | [11.5-14.0]                   |
| Total WBC Count :  | 7510   | /cmm       | [4000-10000]                  |
| Platelet Count :   | 298000 | /cmm       | 150000-450000                 |
| <b><u>Differential WBC Count</u></b>                               |        |            |                               |
| Polymorphs :   | 50     | %          | [60 - 70]                     |
| Lymphocytes :  | 42     | %          | [20 - 40 ]                    |
| Eosinophils :  | 03     | %          | [1 - 4 ]                      |
| Monocytes :  | 05     | %          | [2 - 6 ]                      |
| Basophils :  | 00     | %          | [0 - 1 ]                      |
| MPV :  | 9.3    |            |                               |
| PDW-CV :   | 11.1   |            |                               |
| PDW-SD :   | 14.3   |            |                               |
| PCT :  | 0.27   |            |                               |
| P-LCR :  | 21.7   |            |                               |
| <b><u>Erythrocyte Sedimentation Rate</u></b> [Modified Westergren] |        |            |                               |
| After 1 hour :   | 10     | mm         | [M: 1 - 7 / F: 3 - 12]        |



DR K K PATEL  
MD (G-20476) Pathologist  
CONSULTANT PATHOLOGIST

 **iCure™**  
**Heart & General Clinic**

**2D Echocardiography & Color Doppler Report**

iCure Hear care, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

**Patient Name:** Mrs Nisha Kumari

**Date:** 12 / 03 / 2022

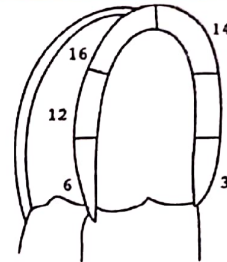
**Age, Gender:** Female - 28 Years

**M. Mode Study:**

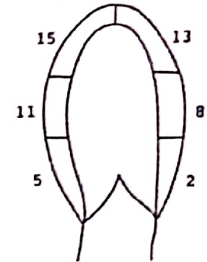
|           |           |             |           |             |           |
|-----------|-----------|-------------|-----------|-------------|-----------|
| <b>LA</b> | <b>30</b> | <b>IVS</b>  | <b>09</b> | <b>PWD</b>  | <b>10</b> |
| <b>AO</b> | <b>25</b> | <b>LVDs</b> | <b>25</b> | <b>LVDd</b> | <b>44</b> |

**Doppler Study:**

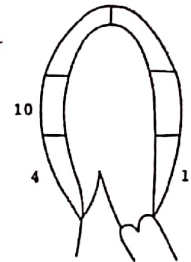
|                        |                        |
|------------------------|------------------------|
| <b>Mitral Valve</b>    | <b>E: 0.89 A: 0.65</b> |
| <b>Aortic Valve</b>    | <b>Normal</b>          |
| <b>Tricuspid Valve</b> | <b>Normal</b>          |
| <b>Pulmonary Valve</b> | <b>Normal</b>          |



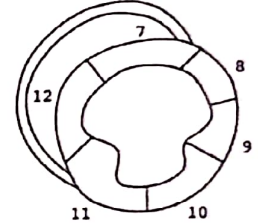
Apical  
4 chamber view



Apical  
2 chamber view



Apical  
3 chamber view



Parasternal short  
axis view

**Conclusion:**

- **Normal LV Systolic function**
- **LVEF: 60 % ,No RWMA**
- **Cardiac Chambers: Normal**
- **Diastolic function: No lvdd**
- **TR: Trivial PAH: No , RVSP: 15 mmhg**
- **No MR/MS**
- **No AR/AS**
- **ASD/VSD/PDA/Co-A : No**
- **No Clots or vegetations found**
- **IVC: Normal**

**Note:**

Normal 2D echo report does not rule out cardiac diseases  
this report shall not be used for Medico legal purposes,  
Clinical Correlation advisable.



**Dr. Krish P. Vaidya**  
MB, PGCC  
Associate Consultant-Cardiology  
Reg. No. G-50510

**Dr. Krish P Vaidya**  
Consultant Cardiologist, Diabetologist  
& General Physician