

# LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS			
NAME	MR. SHANKAR SHIV			
EC NO.	116472			
DESIGNATION	BRANCH OPERATIONS			
PLACE OF WORK	LUCKNOW, JANKIPURAM			
BIRTHDATE	24-04-1989 Siagno			
PROPOSED DATE OF HEALTH	19-03-2023			
CHECKUP	(7)			
BOOKING REFERENCE NO.	22M116472100047976E			

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 10-03-2023 till 31-03-2023 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





# Chandan Diagnostic

Date and Time: 19th Mar 23 10:49 AM

trices Ann

Age / Gender: 33/Male
Patient ID: CALI0172062223

Patient ID: CALI0172062223
Patient Name: Mr.SHIV SHANKAR

TO CO. P-R-T: 68° 91° -25° Copyright 2014 2023 Tridon Health, all Alghis Hessivan **V4** 75 9/ PRI: 124ms 72 7 23 QTc: 419ms 0-20Hz, 50Hz QT: 364ms 25.0 mm/s 10.0 mm/mV aVR aVF aVL QRSD: 70ms VR: 80bpm AR: 80bpm Ħ н

2 REPORTED BY Dr. Rashmi N K 155866 AUTHORIZED BY Dr. Charit MD, DM: Cardiology Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. Sinus Rhythm, Inferior Ischemia suspected. Please correlate clinically.



Add: B 1/2, Sector J, Near Sangam Chauraha, Lda Stadium Road, Aliganj Ph: 9235432681,

CIN: U85110DL2003PLC308206



Patient Name : Mr.SHIV SHANKAR Registered On : 19/Mar/2023 09:02:47 Age/Gender : 33 Y 10 M 25 D /M Collected : 19/Mar/2023 09:07:27 UHID/MR NO : CALI.0000041971 Received : 19/Mar/2023 11:51:36 Visit ID Reported : 20/Mar/2023 12:51:05 : CALI0172062223

Ref Doctor : Dr.Mediwheel - Arcofemi Health Care Ltd. Status : Final Report

#### **DEPARTMENT OF HAEMATOLOGY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name Result Unit Bio. Ref. Interval Method

Blood Group (ABO & Rh typing) \*\*, Blood

**Blood Group** 

Α

Rh ( Anti-D)

**POSITIVE** 

Complete Blood Count (CBC) \*\*, Whole Blood

Haemoglobin 15.00 g/dl 1 Day- 14.5-22.5 g/dl 1 Wk- 13.5-19.5 g/dl 1 Naz- 10.0 18.0 a /dl

1 Mo- 10.0-18.0 g/dl 3-6 Mo- 9.5-13.5 g/dl 0.5-2 Yr- 10.5-13.5

g/dl

2-6 Yr- 11.5-15.5 g/dl 6-12 Yr- 11.5-15.5 g/dl 12-18 Yr 13.0-16.0

g/dl

Male- 13.5-17.5 g/dl

Female- 12.0-15.5 g/dl

				**
TLC (WBC)	9,900.00	/Cu mm	4000-10000	ELECTRONIC IMPEDANCE
DLC				
Polymorphs (Neutrophils )	41.00	%	55-70	ELECTRONIC IMPEDANCE
Lymphocytes	42.00	%	25-40	ELECTRONIC IMPEDANCE
Monocytes	5.00	%	3-5	ELECTRONIC IMPEDANCE
Eosinophils	12.00	%	1-6	ELECTRONIC IMPEDANCE
Basophils	0.00	%	<1	ELECTRONIC IMPEDANCE
ESR				
Observed	9.00	Mm for 1st hr.		
Corrected	0.00	Mm for 1st hr.	. <9	
PCV (HCT)	47.00	%	40-54	
Platelet count				
Platelet Count	1.79	LACS/cu mm	1.5-4.0	ELECTRONIC
				IMPEDANCE/MICROSCOPIC
PDW (Platelet Distribution width)	16.80	fL	9-17	ELECTRONIC IMPEDANCE
P-LCR (Platelet Large Cell Ratio)	46.80	%	35-60	ELECTRONIC IMPEDANCE
PCT (Platelet Hematocrit)	0.22	%	0.108-0.282	ELECTRONIC IMPEDANCE
MPV (Mean Platelet Volume)	12.70	fL	6.5-12.0	ELECTRONIC IMPEDANCE
RBC Count				
RBC Count	5.11	Mill./cu mm	4.2-5.5	ELECTRONIC IMPEDANCE







Since 1991

# CHANDAN DIAGNOSTIC CENTRE

 $\label{eq:Add:B1/2} Add: B\ 1/2, Sector\ J, Near\ Sangam\ Chauraha, Lda\ Stadium\ Road, Aliganj\ Ph:\ 9235432681,$ 

CIN: U85110DL2003PLC308206



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#### **DEPARTMENT OF HAEMATOLOGY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
Blood Indices (MCV, MCH, MCHC)				
MCV	88.50	fl	80-100	CALCULATED PARAMETER
MCH	29.40	pg	28-35	CALCULATED PARAMETER
MCHC	33.20	%	30-38	CALCULATED PARAMETER
RDW-CV	12.80	%	11-16	ELECTRONIC IMPEDANCE
RDW-SD	42.00	fL	35-60	ELECTRONIC IMPEDANCE
Absolute Neutrophils Count	4,059.00	/cu mm	3000-7000	
Absolute Eosinophils Count (AEC)	1,188.00	/cu mm	40-440	

Bring

Dr. Anupam Singh (MBBS MD Pathology)







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Patient Name : Mr.SHIV SHANKAR : 19/Mar/2023 09:02:48 Registered On Age/Gender : 33 Y 10 M 25 D /M Collected : 19/Mar/2023 09:07:27 UHID/MR NO : CALI.0000041971 Received : 19/Mar/2023 11:59:34 Visit ID : CALI0172062223 Reported : 19/Mar/2023 13:14:34

Ref Doctor : Dr.Mediwheel - Arcofemi Health Care Ltd. Status : Final Report

#### **DEPARTMENT OF BIOCHEMISTRY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name Result Unit Bio. Ref. Interval Method

**GLUCOSE FASTING \*\***, Plasma

Glucose Fasting 100.20 mg/dl < 100 Normal GOD POD

100-125 Pre-diabetes ≥ 126 Diabetes

**Interpretation:** 

a) Kindly correlate clinically with intake of hypoglycemic agents, drug dosage variations and other drug interactions.

b) A negative test result only shows that the person does not have diabetes at the time of testing. It does not mean that the person will never get diabetics in future, which is why an Annual Health Check up is essential.

c) I.G.T = Impared Glucose Tolerance.

Glucose PP \*\* 105.60 mg/dl <140 Normal GOD POD

Sample:Plasma After Meal 140-199 Pre-diabetes >200 Diabetes

#### **Interpretation:**

a) Kindly correlate clinically with intake of hypoglycemic agents, drug dosage variations and other drug interactions.

b) A negative test result only shows that the person does not have diabetes at the time of testing. It does not mean that the person will never get diabetics in future, which is why an Annual Health Check up is essential.

c) I.G.T = Impared Glucose Tolerance.

#### GLYCOSYLATED HAEMOGLOBIN (HBA1C) \*\*, EDTA BLOOD

Glycosylated Haemoglobin (HbA1c)	5.80	% NGSP	HPLC (NGSP)
Glycosylated Haemoglobin (HbA1c)	40.00	mmol/mol/IFCC	
Estimated Average Glucose (eAG)	119	mg/dl	

#### **Interpretation:**

# NOTE:-

- eAG is directly related to A1c.
- An A1c of 7% -the goal for most people with diabetes-is the equivalent of an eAG of 154 mg/dl.
- eAG may help facilitate a better understanding of actual daily control helping you and your health care provider to make necessary changes to your diet and physical activity to improve overall diabetes mnagement.









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#### **DEPARTMENT OF BIOCHEMISTRY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method	
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The following ranges may be used for interpretation of results. However, factors such as duration of diabetes, adherence to therapy and the age of the patient should also be considered in assessing the degree of blood glucose control.

Haemoglobin A1C (%)NGSP	mmol/mol / IFCC Unit	eAG (mg/dl)	<b>Degree of Glucose Control Unit</b>
> 8	>63.9	>183	Action Suggested*
7-8	53.0 -63.9	154-183	Fair Control
< 7	<63.9	<154	Goal**
6-7	42.1 -63.9	126-154	Near-normal glycemia
< 6%	<42.1	<126	Non-diabetic level

<sup>\*</sup>High risk of developing long term complications such as Retinopathy, Nephropathy, Neuropathy, Cardiopathy, etc.

N.B.: Test carried out on Automated G8 90 SL TOSOH HPLC Analyser.

#### **Clinical Implications:**

- \*Values are frequently increased in persons with poorly controlled or newly diagnosed diabetes.
- \*With optimal control, the HbA 1c moves toward normal levels.
- \*A diabetic patient who recently comes under good control may still show higher concentrations of glycosylated hemoglobin. This level declines gradually over several months as nearly normal glycosylated \*Increases in glycosylated hemoglobin occur in the following non-diabetic conditions: a. Iron-deficiency anemia b. Splenectomy
- c. Alcohol toxicity d. Lead toxicity
- \*Decreases in A 1c occur in the following non-diabetic conditions: a. Hemolytic anemia b. chronic blood loss
- \*Pregnancy d. chronic renal failure. Interfering Factors:
- \*Presence of Hb F and H causes falsely elevated values. 2. Presence of Hb S, C, E, D, G, and Lepore (autosomal recessive mutation resulting in a hemoglobinopathy) causes falsely decreased values.

BUN (Blood Urea Nitrogen) ** Sample:Serum	11.10	mg/dL	7.0-23.0	CALCULATED
Creatinine ** Sample:Serum	1.03	mg/dl	Serum 0.7-1.3 Spot Urine-Male- 20- 275 Female-20-320	MODIFIED JAFFES
Uric Acid ** Sample:Serum	6.53	mg/dl	3.4-7.0	URICASE





<sup>\*\*</sup>Some danger of hypoglycemic reaction in Type 1diabetics. Some glucose intolerant individuals and "subclinical" diabetics may demonstrate HbA1C levels in this area.





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#### **DEPARTMENT OF BIOCHEMISTRY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	ι	Jnit Bio. Ref. Inter	val Method
LFT (WITH GAMMA GT) ** , Serum				
SGOT / Aspartate Aminotransferase (AST)	31.90	U/L	< 35	IFCC WITHOUT P5P
SGPT / Alanine Aminotransferase (ALT)	66.50	U/L	< 40	IFCC WITHOUT P5P
Gamma GT (GGT)	83.40	IU/L	11-50	OPTIMIZED SZAZING
Protein	6.50	gm/dl	6.2-8.0	BIRUET
Albumin	4.21	gm/dl	3.8-5.4	B.C.G.
Globulin	2.29	gm/dl	1.8-3.6	CALCULATED
A:G Ratio	1.84		1.1-2.0	CALCULATED
Alkaline Phosphatase (Total)	90.00	U/L	42.0-165.0	IFCC METHOD
Bilirubin (Total)	0.83	mg/dl	0.3-1.2	JENDRASSIK & GROF
Bilirubin (Direct)	0.35	mg/dl	< 0.30	JENDRASSIK & GROF
Bilirubin (Indirect)	0.48	mg/dl	< 0.8	JENDRASSIK & GROF
LIPID PROFILE ( MINI ) ** , Serum				
Cholesterol (Total)	209.00	mg/dl	<200 Desirable 200-239 Borderline Hi > 240 High	CHOD-PAP gh
HDL Cholesterol (Good Cholesterol)	64.10	mg/dl	30-70	DIRECT ENZYMATIC
LDL Cholesterol (Bad Cholesterol)	115	mg/dl	< 100 Optimal	CALCULATED
		0/	100-129 Nr.	
			Optimal/Above Optim 130-159 Borderline Hi 160-189 High > 190 Very High	
VLDL	29.74	mg/dl	10-33	CALCULATED
Triglycerides	148.70	mg/dl	< 150 Normal 150-199 Borderline Hi 200-499 High >500 Very High	GPO-PAP gh

Bring

Dr. Anupam Singh (MBBS MD Pathology)







Since 1991

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Patient Name : Mr.SHIV SHANKAR Registered On : 19/Mar/2023 09:02:48 Age/Gender Collected : 19/Mar/2023 14:29:54 : 33 Y 10 M 25 D /M UHID/MR NO : CALI.0000041971 Received : 19/Mar/2023 16:38:23 Visit ID : CALI0172062223 Reported : 19/Mar/2023 17:12:33

Ref Doctor : Dr.Mediwheel - Arcofemi Health Care Ltd. Status : Final Report

#### **DEPARTMENT OF CLINICAL PATHOLOGY**

# MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE EXAMINATION, ROUTINE **	, Urine			
Color	PALE YELLOW			
Specific Gravity	1.015			
Reaction PH	Acidic ( 5.0 )			DIPSTICK
Protein	ABSENT	mg %	< 10 Absent	DIPSTICK
		,	10-40 (+)	
			40-200 (++)	
			200-500 (+++) > 500 (++++)	
Sugar	ABSENT	gms%	< 0.5 (+)	DIPSTICK
Sugai	ADJLINI	g111570	0.5-1.0 (++)	DIFSTICK
			1-2 (+++)	
			> 2 (++++)	
Ketone	ABSENT	mg/dl	0.2-2.81	BIOCHEMISTRY
Bile Salts	ABSENT			
Bile Pigments	ABSENT			
Urobilinogen(1:20 dilution)	ABSENT			
Microscopic Examination:				
Epithelial cells	0-1/h.p.f			MICROSCOPIC
				EXAMINATION
Pus cells .	1-2/h.p.f			
RBCs	ABSENT			MICROSCOPIC
	ADCENT			EXAMINATION
Cast	ABSENT			MICROSCORIC
Crystals	ABSENT			MICROSCOPIC EXAMINATION
Others	ABSENT			LAAMINATION
STOOL, ROUTINE EXAMINATION **	, Stool			
Color	BROWNISH			
Consistency	SEMI SOLID			
Reaction (PH)	Acidic ( 6.5 )			
Mucus	ABSENT			
Blood	ABSENT			
Worm	ABSENT			
Pus cells	ABSENT			
RBCs	ABSENT			







Since 1991

# CHANDAN DIAGNOSTIC CENTRE

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Ref Doctor : Dr.Mediwheel - Arcofemi Health Care Ltd. Status : Final Report

#### **DEPARTMENT OF CLINICAL PATHOLOGY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method	
Ova	ABSENT				
Cysts	ABSENT				
Others	ABSENT				
SUGAR, FASTING STAGE ** , Urine					
Sugar, Fasting stage	ABSENT	gms%			

# **Interpretation:**

(+) < 0.5

(++) 0.5-1.0

(+++) 1-2

(++++) > 2

**SUGAR, PP STAGE \*\***, Urine

Sugar, PP Stage

**ABSENT** 

# **Interpretation:**

(+) < 0.5 gms%

(++) 0.5-1.0 gms%

(+++) 1-2 gms%

(+++++) > 2 gms%

Dr. Surbhi Lahoti (M.D. Pathology)







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#### **DEPARTMENT OF IMMUNOLOGY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	l Method
THYROID PROFILE - TOTAL **, Serum				
T3, Total (tri-iodothyronine)	114.52	ng/dl	84.61-201.7	CLIA
T4, Total (Thyroxine)	9.60	ug/dl	3.2-12.6	CLIA
TSH (Thyroid Stimulating Hormone)	2.87	μIU/mL	0.27 - 5.5	CLIA
Interpretation:				
		0.3-4.5 μIU/1 0.5-4.6 μIU/1 0.8-5.2 μIU/1 0.5-8.9 μIU/1 0.7-27 μIU/1 2.3-13.2 μIU/1 0.7-64 μIU/1 1-39 μIU/1 1.7-9.1 μIU/1	nL Second Trin nL Third Trime nL Adults nL Premature nL Cord Blood nL Child(21 wk	nester ster 55-87 Years 28-36 Week > 37Week

- 1) Patients having low T3 and T4 levels but high TSH levels suffer from primary hypothyroidism, cretinism, juvenile myxedema or autoimmune disorders.
- 2) Patients having high T3 and T4 levels but low TSH levels suffer from Grave's disease, toxic adenoma or sub-acute thyroiditis.
- 3) Patients having either low or normal T3 and T4 levels but low TSH values suffer from iodine deficiency or secondary hypothyroidism.
- 4) Patients having high T3 and T4 levels but normal TSH levels may suffer from toxic multinodular goiter. This condition is mostly a symptomatic and may cause transient hyperthyroidism but no persistent symptoms.
- 5) Patients with high or normal T3 and T4 levels and low or normal TSH levels suffer either from T3 toxicosis or T4 toxicosis respectively.
- **6**) In patients with non thyroidal illness abnormal test results are not necessarily indicative of thyroidism but may be due to adaptation to the catabolic state and may revert to normal when the patient recovers.
- 7) There are many drugs for eg. Glucocorticoids, Dopamine, Lithium, Iodides, Oral radiographic dyes, etc. which may affect the thyroid function tests.
- **8)** Generally when total T3 and total T4 results are indecisive then Free T3 and Free T4 tests are recommended for further confirmation along with TSH levels.

Bring

Dr. Anupam Singh (MBBS MD Pathology)



Home Sample Collection 1800-419-0002



Add: B 1/2, Sector J, Near Sangam Chauraha, Lda Stadium Road, Aliganj Ph: 9235432681,

CIN: U85110DL2003PLC308206



Patient Name : Mr.SHIV SHANKAR Registered On : 19/Mar/2023 09:02:49

 Age/Gender
 : 33 Y 10 M 25 D /M
 Collected
 : N/A

 UHID/MR NO
 : CALI.0000041971
 Received
 : N/A

Visit ID : CALI0172062223 Reported : 19/Mar/2023 16:31:19

Ref Doctor : Dr.Mediwheel - Arcofemi Health Care Ltd. Status : Final Report

#### **DEPARTMENT OF X-RAY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

X-RAY DIGITAL CHEST PA \*
(500 mA COMPUTERISED UNIT SPOT FILM DEVICE)

# **DIGITAL CHEST P-A VIEW**

- Costo-phrenic angles are bilaterally clear.
- Trachea is central in position.
- Cardiac size & contours are normal.
- Hilar shadows are normal.
- Pulmonary vascularity & distribution are normal.
- Pulmonary parenchyma did not reveal any significant lesion.

#### **IMPRESSION:**

NO SIGNIFICANT DIAGNOSTIC ABNORMALITY SEEN.

Dr. Pankaj Kumar Gupta (M.B.B.S D.M.R.D)







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#### **DEPARTMENT OF ULTRASOUND**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

# **ULTRASOUND WHOLE ABDOMEN (UPPER & LOWER) \***

# WHOLE ABDOMEN ULTRASONOGRAPHY REPORT LIVER

• The liver is normal in size ~ 13.4 cm and shows diffused raised echogenicity of hepatic parenchyma ...... S/O grade I fatty liver. No focal lesion is seen.

#### PORTAL SYSTEM

- The intra hepatic portal channels are normal.
- The portal vein is not dilated.
- Porta hepatis is normal.

#### **BILIARY SYSTEM**

- The intra-hepatic biliary radicles are normal.
- Common duct is not dilated. (measures ~ 5.0 mm)
- Gall bladder lumen is distended. Multiple calculi (atleast 5 in number size 8 to 15 mm) seen in gall bladder lumen. No wall edema or pericholecystic fluid seen.

#### **PANCREAS**

The pancreas is normal in size and shape and has a normal homogenous echotexture.
 Pancreatic duct is not dilated.

#### **KIDNEYS**

- Right kidney is normal in size ~ 9.9 x 3.7 cm position and cortical echotexture. Cortico-medullary demarcation is maintained.
- Left kidney is normal in size ~ 9.5 x 4.3 cm position and cortical echotexture. Cortico-medullary demarcation is maintained.
- The collecting system of both the kidneys are not dilated.

# SPLEEN

• The spleen is normal in size ~ 9.4 cm and has a normal homogenous echo-texture.

#### ILIAC FOSSAE & PERITONEUM

- Scan over the iliac fossae does not reveal any fluid collection or mass.
- No free fluid is noted in peritoneal cavity.

#### URINARY BLADDER

• The urinary bladder is normal. Bladder wall is normal in thickness and is regular. No calculus is seen.

#### **PROSTATE**







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#### **DEPARTMENT OF ULTRASOUND**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

• The prostate gland is normal in size with smooth outline.

#### FINAL IMPRESSION

- CHOLELITHIASIS.
- GRADE I FATTY LIVER.

Adv: Clinico-pathological correlation and follow-up.

\*\*\* End Of Report \*\*\*

(\*\*) Test Performed at Chandan Speciality Lab.

Result/s to Follow: ECG/EKG



Dr. Pankaj Kumar Gupta (M.B.B.S D.M.R.D)

This report is not for medico legal purpose. If clinical correlation is not established, kindly repeat the test at no additional cost within seven days

Facilities: Pathology, Bedside Sample Collection, Health Check-ups, Digital X-Ray, ECG (Bedside also), Allergy Testing, Test And Health Check-ups, Ultrasonography, Sonomammography, Bone Mineral Density (BMD), Doppler Studies, 2D Echo, CT Scan, MRI, Blood Bank, TMT, EEG, PFT, OPG, Endoscopy, Digital Mammography, Electromyography (EMG), Nerve Condition Velocity (NCV), Audiometry, Brainstem Evoked Response Audiometry (BERA), Colonoscopy, Ambulance Services, Online Booking Facilities for Diagnostics, Online Report Viewing \*

\*Facilities Available at Select Location



