

Name : Mr. Pankaj Shimpi
Age : 45y Sex (M/F) Weight : 101.1 kg Height : 181.3 in BMI : 30.8
BP : 130/70 mmHg Pulse : 82bpm RBS : _____ mg/dl
SpO2 - 96%

45/M

- Alcohol 90ml every alt d.
- Prediabetes
- HbA1c - 6.2
- LDL - 135
- FIH - Mother SM
- SUA - 7.94
- Gd-II Fatty liver

- M/o Renal stone 3mths back
- Operated for varicose veins 3mths back.

8/E
Jup^o
Chr
M
P/A / N-

Tim → noted

Adv.

- Diet control
- Exercise
- Weight loss
- Stop Alcohol
- Rpr. FBS } after 3mths
PIMBS }
HbA1c }
FLP }
- Fibroscan Liver

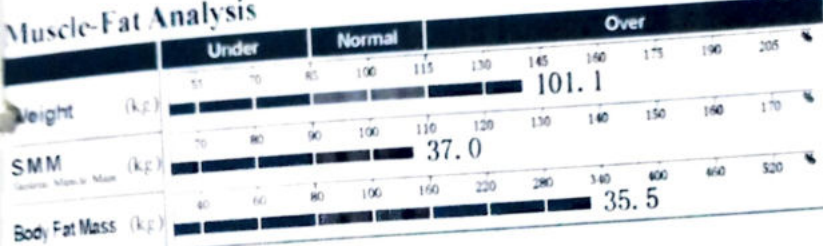
Height	Age	Gender	Test Date / Time
181.3 cm	45	Male	24.09.2022 13:35

Body Composition Analysis

How much water is in my body
What I need to build muscles
What I need for strong bones
Where my excess energy is stored
Sum of the above

Total Body Water	(L)	48.2	(40.7 ~ 49.7)
Protein	(kg)	12.9	(10.9 ~ 13.3)
Mineral	(kg)	4.49	(3.76 ~ 4.60)
Body Fat Mass	(kg)	35.5	(8.7 ~ 17.4)
Weight	(kg)	101.1	(61.5 ~ 83.1)

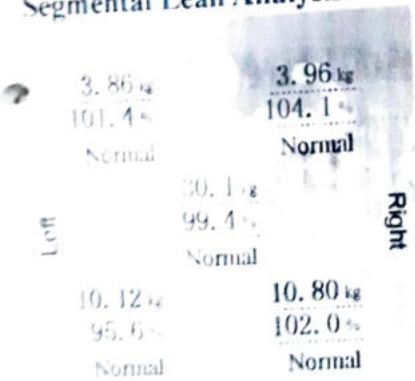
Muscle-Fat Analysis



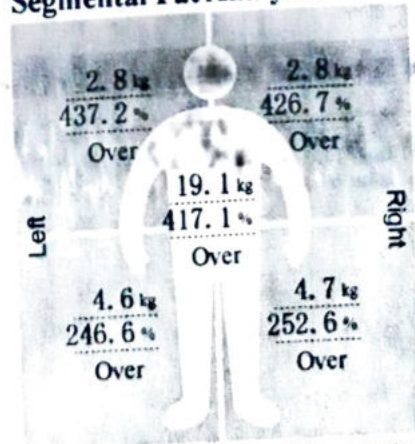
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History

Weight (kg)	SMM (kg)	PBF (%)
101.1	37.0	35.1
24.09.22 13:35		

InBody Score

60/100 Points

* Total score that reflects the evaluation of body composition. An muscular person may score over 100 points

Weight Control

Target Weight	77.2 kg
Weight Control	-23.9 kg
Fat Control	-23.9 kg
Muscle Control	0.0 kg

Obesity Evaluation

BMI	<input type="checkbox"/> Normal <input type="checkbox"/> Under <input checked="" type="checkbox"/> Slightly Over <input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over

Waist-Hip Ratio

1.07

Visceral Fat Level

Level 17

Research Parameters

Fat Free Mass	65.6 kg
Basal Metabolic Rate	1787 kcal (2041 ~ 2412)
Obesity Degree	140% (90 ~ 110)
SMI	8.7 kg/m²
Recommended calorie intake	2604 kcal

Calorie Expenditure of Exercise

Golf	178	Gateball	192
Walking	202	Yoga	202
Badminton	228	Table Tennis	228
Tennis	303	Bicycling	303
Boxing	303	Basketball	303
Mountain Climbing	330	Jumping Rope	354
Aerobics	354	Jogging	354
Soccer	354	Swimming	354
Japanese Fencing	506	Racketball	506
Squash	506	Taekwondo	506

* Based on your current weight
* Based on 30 minute duration

Impedance

	RA	LA	TR	RL	LL
Z ₀ (Ω) 20MHz	291.2	299.6	24.4	224.0	255.5
100MHz	259.6	269.0	21.3	201.4	230.0

Patient Name: Mr Pankaj Suresh Shimpi

UHID KH118449	Age 45 Y	Gender Male	Admission No. OPRI-53366
Speciality	Certificate No.		Created on 24-09-2022 03:48 PM

OPHTHALMOLOGY - OPTHALMOLOGY (REFRACTION)

RIGHT EYE

Sph	Cyl	Axis	Visual Acuity
00	00	00	6 6

LEFT EYE

Sph	Cyl	Axis	Visual Acuity
00	-1.00	80	6 6

Near: Addition

RIGHT

+1.25D, N6

LEFT

-1.25D, N6

Created By

Ashish Kamble

ELD lacrimas - G. 4 times a day

Print Date & Time

24-09-2022 03:48 PM

UHID	KH118449	Order Date & time	24-09-2022
Patient Name	Mr Pankaj Suresh Shimpi	Sample Collection Date	24-09-2022 11:22 AM
Age/Gender	45 Y/Male	Acknowledge Date	24-09-2022 11:54 AM
Patient Type	OP	Visit No	OP-97995
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-221999	Accession Number	0136893

Haematology

Service Name	Result	Unit	Reference Range	Method
Haemogram (CBC with ESR), Whole Blood				
Erythrocytes				
* Haemoglobin	16.6	gm/dl	13-17	Photometric Measurement
* RBC count	5.85 H	millions/cumm	4.5-5.5	Photometric Measurement
* Packed Cell Volume (PCV/HCT)	50.7 H	%	40-50	Calculated
* MCV	87	fl	83-101	Calculated
* MCH	28.3	pg	27-32	Calculated
* MCHC	32.7	gm/dl	31.5-34.5	Calculated
* RDW	14.3 H	%	11.5-14.0	Calculated
Leucocytes				
* TLC (Total Leukocyte Count)	7500	/cumm	4000-10000	Flow cytometry
* Neutrophils	54.3	%	50-70	
* Lymphocytes	39.4 H	%	25-30	
* Eosinophils	1.9	%	1-5	
* Monocytes	4.3 L	%	5-10	
* Basophils	0.1 L	%	1-2	
* Absolute Neutrophil Count	4072.50	/cumm	2000-7000	Calculated
* Absolute Lymphocyte Count	2955.00	/cumm	1000-4800	Calculated
* Absolute Eosinophil Count	142.50	/Cumm	20-500	Calculated
* Absolute Monocyte Count	322.50	/cumm	200-1000	Calculated
* Absolute Basophil Count	7.50 L	/cumm	20-100	Calculated
Platelets				
* Platelet Count	251	10 ³ /cumm	150-450	Impedance
* MPV	6.9	fl	6.0-9.5	Calculated
* PCT (Platelet Hematocrit)	0.17 L	%	0.2-0.5	
* PDW (Platelet Distribution Width)	9.80	%	9-17	
Peripheral Smear Examination				
RBC Morphology				
* Normochromic Normocytic	+			
* WBCs	As Above			
* Platelets	Adequate			Westergren
* ESR (Westergren)	02	mm/hr	<15	
* Blood Grouping & RH Factor, Whole Blood & Serum	"O" Rh POSITIVE			Column agglutination test
* HbA1c (Glycosylated Haemoglobin), Blood	6.2 H	%	Non-Diabetic: <=5.6 % Pre-Diabetic: 5.7-6.4 % Diabetic >=6.5 %	HPLC

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Patient Type	OP	Visit No	OP-97995
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-221999	Accession Number	0136893

Clinical Biochemistry

Service Name	Result	Unit	Reference Range	Method
Fasting Blood Sugar	88.0	mg/dL	<100	GOD\POD, Colorimetric
* Post Prandial Blood Sugar, Plasma	156.0 H	mg%	<140	GOD\POD, Colorimetric
Lipid Profile, Serum				
Cholesterol	195.00	mg/dL	<200	Enzymatic Method
Triglyceride	110.0	mg/dL	Normal Less than 150 mg/dl Borderline High 150 - 199 mg/dl High 200 - 499 mg/dl Very High More than 499 mg/dl Major risk factor for Heart disease <40 mg/dl (Males) Major risk factor for Heart disease <50 mg/dl (Female) Negative risk factor for Heart disease >60 mg/dl	Enzymatic(Lipase/GK/GPO /POD)
HDL Cholesterol Direct	38.0 L	mg/dL	Optimal <100 mg/dl Near optimal 100 - 129 mg/dl Borderline high 130 - 159 mg/dl High 60 - 189 mg/dl Very High >190 mg/dl	Phosphotungstic acid/mgcl- Enzymatic (microslide)
LDL Cholesterol (Calculated)	135.0 H	mg/dL		Enzymatic
VLDL	22.00	mg/dL	<30	Calculated
Cholesterol/HDL Ratio	5.00		3-5	Calculated
Non HDL	157.00	mg/dL		Calculated
Kidney Function Test (KFT), Serum				
Blood Urea	21.00	mg/dL	19-43	Urease with indicator dye
Creatinine	0.80	mg/dL	0.66-1.25	Enzymatic (creatinine amidohydrolase)
eGFR	107.88	mL/min/1.73m ²		Calculated
Sodium	140	mmol/L	136-145	Direct ion selective electrode
Potassium	5.01	mmol/L	3.5-5.1	Direct ion selective electrode
BUN (Blood Urea Nitrogen), Serum	9.8	mg/dL	9-20	Urease with indicator dye
Liver Function test, Serum				
Total Bilirubin	0.50	mg/dL	0.2-1.3	Azobilirubin/Dyphylline
Bilirubin Direct	0.06 L	mg/dL	0.1-0.3	Calculated
Bilirubin Indirect	0.49	mg/dL	0.1-1.1	Dual wavelength Spectrophotometric
SGOT (AST)	29	U/L	15-40	Kinetic with pyridoxal 5 phosphate
SGPT (ALT)	33	U/L	10-40	Kinetic with pyridoxal 5 phosphate
Alkaline Phosphatase	115.00	U/L	38-126	Pnpp/AMP buffer
Total Protein	7.36	gm/dl	6.3-8.2	Biuret(Alkaline cupric Sulfate)
Albumin	4.54	gm/dl	3.5-5.0	Bromocresol green dye binding
Globulin	2.82	gm/dl	2-4	Calculated
Albumin/Globulin Ratio	1.61			Calculated
Gamma GT (GGT), Serum	44.0	U/L	15-73	Kinetic Method

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Age/Gender	45 Y/Male	Acknowledge Date	24-09-2022 11:54 AM
Patient Type	OP	Visit No	OP-97995
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-221999	Accession Number	0136893

Service Name	Result	Unit	Reference Range	Method
Interpretation:				
:A high fat meal may cause decreased bilirubin levels by interfering with the clinical reactions. GT activity is elevated in all forms of liver disease. This test is much more sensitive than either the alkaline phosphatase test or the transaminase test (i.e., SGOT, SGPT) in detecting obstructive jaundice, cholangitis, and cholecystitis. It is also indicated in the differential diagnosis of liver disease in children and pregnant women who have elevated levels of LDH and alkaline phosphatase.				

* Uric Acid, Serum	7.94 H	mg/dL	3.5-7.2	Uricase/Peroxidase (Colorimetric)
Thyroid Function Test (T3,FT4,TSH), Serum				
* T3	1.33	ng/mL	0.55-1.7	Enhanced chemiluminescence
* Free T4	1.10	ng/dL	0.8-1.7	Enhanced chemiluminescence
* Thyroid Stimulating Hormone (TSH)	4.46	uIU/mL	0.5-4.8	Enhanced chemiluminescence
* Prostate Specific Antigen (PSA) Total, Serum	1.23	ng/mL	<4	Enhanced chemiluminescence

Clinical Pathology

Service Name	Result	Unit	Reference Range	Method
Urine Routine and Microscopy, Urine				
Physical Examination				
Volume	30 ml			
Appearance	Clear			
Colour	Yellow			
PH	5.0	NA	4.6-8.0	
Specific Gravity	1.020	NA	1.016-1.022	Iodometric method
Chemical Examination				
Protein	Negative	mg/dL		
Glucose	Negative			
Ketone	Negative			
Bilirubin	Negative			
Urobilinogen	Normal			
Nitrate	Negative			
Microscopic Examination				
Pus Cells	0-1	/ hpf		
Epithelial Cells	0-1	/ hpf		
Red Blood Cells	Absent	/ hpf		
Crystal	Absent			
Cast	Absent	/hpf		
Bacteria	Absent			
Other				

Dr Gauri Hardas
Consultant Pathologist
2011/06/1806

Dr Vaidehee Naik
Consultant Pathologist
2015/05/2163

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Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-221999	Accession Number	0136893



OHID	KH118449	Patient Name	Mr Pankaj Suresh Shimpi
Age	45 Y	Gender	Male
Payer Name	Self	Payer Type	cash
Order Date & time	24-09-2022 12:00 AM	Acknowledge Date	24-09-2022 12:55 PM
Refer By	Dr Vimmi Goel	Accession Number	OPRDAC-17626
DOB		Patient Type	OP
Order Id	ODRID-221999		

X-Ray Chest PA

Both the lung fields are clear.
Heart and Aorta are normal.
Both hilar shadows appear normal.
Diaphragm domes and CP angles are clear.
Bony cage is normal.

IMPRESSION -
No pleuro-parenchymal abnormality seen.



Dr Naveen Pugalía
Consultant Radiologist
MBBS,MD
76125

UHID	KH118449	Patient Name	Mr Pankaj Suresh Shimpi
Age	45 Y	Gender	Male
Payer Name	Self	Payer Type	cash
Order Date & time	24-09-2022 12:00 AM	Acknowledge Date	24-09-2022 12:29 PM
Refer By	Dr Vimmi Goel	Accession Number	OPRDAC-17613
DOB		Patient Type	OP
Order Id	ODRID-221999		

USG Whole Abdomen

LIVER is mildly enlarged in size and shows moderate increase in echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is mildly enlarged in size,. WT - 28.85 gms

There is no free fluid or abdominal lymphadenopathy seen.


IMPRESSION:

Mild hepatomegaly with grade II fatty infiltration.

Mild Prostatomegaly

No other significant abnormality seen.

Suggest clinical correlation / further evaluation.



Dr Naveen Pugalia
Consultant Radiologist
MBBS,MD
76125

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mr. Pankaj Suresh Shimpi
Age : 45 years / Male
UHID : KH118449
Date : 24/09/2022
Done by : Dr. Vimmi Goel
ECG : NSR, WNL

Impression:

Normal LV dimensions
LA is mildly dilated
No RWMA of LV at rest
Good LV systolic function, LVEF 70%
Normal LV diastolic function
E/A is 1.1
E/E' is 6.3 (Normal filling pressure)
Valves are normal
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. LA is mildly dilated. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 85 cm/s, A Velocity is 75 cm/s. E/A is 1.1. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

E' at medial mitral annulus is 11.9 cm/sec & at lateral mitral annulus is 15.2 cm/sec.
E/E' is 6.3 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	40
Aortic root	20-37	7-28	27
LVIDd	35-55	8-47	49
LVIDs	23-39	6-28	29
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	10
LVEF %	~ 60%	~60%	70%
Fractional Shortening			40%


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology

P.T.O

Rate 70 . Sinus rhythm.....normal P axis, V-rate 50- 99
 . Baseline wander in lead(s) V5,V6

PR 138
 QRSD 84
 QT 373
 QTc 403

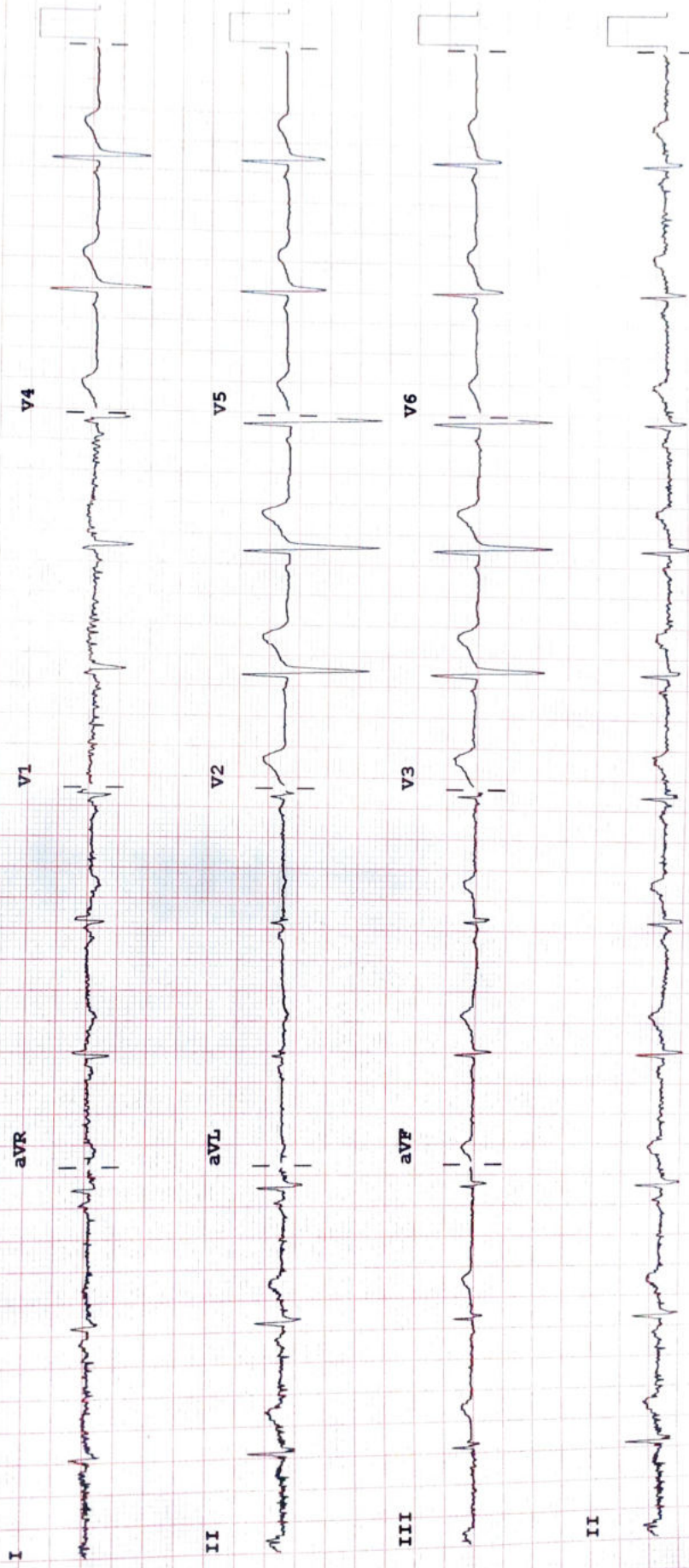
--AXIS--

P 22
 QRS 15
 T 74

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL P?