

: Mrs.RAJNI TIKARAM SOMKUWAR

Age/Gender

: 35 Y 1 M 28 D/F

UHID/MR No Visit ID : STAR.0000030700 : STAROPV63406

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID

: 262408809402

Collected

: 23/Sep/2023 10:06AM

Received

: 23/Sep/2023 10:59AM

Reported

: 23/Sep/2023 12:09PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR, WHOLE BLOOD EDTA

Methodology: Microscopic

RBC: Hypochromasia (++), Microcyte (+), Anisocyte (+)

WBC: Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate in Number Parasites : No Haemoparasites seen

IMPRESSION: Hypochromasia (++), Microcyte (+), Anisocyte (+) blood picture

Note/Comment: Please Correlate clinically

Page 1 of 16



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DEPARTMENT OF HAEMATOLOGY ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

PCV RBC COUNT MCV	35.00 5.1	%		COLOUROMETER
	5.1	, •	40-50	PULSE HEIGHT AVERAGE
//CV	• • • •	Million/cu.mm	3.8-4.8	Electrical Impedence
	68.7	fL	83-101	Calculated
ИСН	20.5	pg	27-32	Calculated
//CHC	29.9	g/dL	31.5-34.5	Calculated
R.D.W	14.5	%	11.6-14	Calculated
OTAL LEUCOCYTE COUNT (TLC)	9,080	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT	(DLC)			
IEUTROPHILS	71	%	40-80	Electrical Impedance
YMPHOCYTES	20	%	20-40	Electrical Impedance
EOSINOPHILS	05	%	1-6	Electrical Impedance
MONOCYTES	04	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
IEUTROPHILS	6446.8	Cells/cu.mm	2000-7000	Electrical Impedance
YMPHOCYTES	1816	Cells/cu.mm	1000-3000	Electrical Impedance
OSINOPHILS	454	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	363.2	Cells/cu.mm	200-1000	Electrical Impedance
PLATELET COUNT	405000	cells/cu.mm	150000-410000	IMPEDENCE/MICROSCOP
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15	mm at the end of 1 hour	0-20	Modified Westergren

Methodology: Microscopic

RBC: Hypochromasia (++), Microcyte (+), Anisocyte (+)

WBC: Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate in Number Parasites : No Haemoparasites seen

IMPRESSION: Hypochromasia (++), Microcyte (+), Anisocyte (+) blood picture

Note/Comment: Please Correlate clinically

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SIN No:BED230231397

Apollo Speciality Hospitals Private Limited

(Formely known as a Nova Speciality Hospitals Private Limited)
CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

Address:

156, Famous Cine Labs, Behind Everest Building, Tardeo (Mumbai Central), Mumbai, Maharashtra Ph: 022 4332 4500



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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

BLOOD GROUP ABO AND RH FACTOR	, WHOLE BLOOD EDTA	
BLOOD GROUP TYPE	В	Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE	Forward & Reverse Grouping with Slide/Tube Agglutination

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: 23/Sep/2023 01:44PM

Received

: 23/Sep/2023 02:04PM

Reported

: 23/Sep/2023 02:17PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

			· -	
ARCOFEMI - MEDIWHEEL - FULL BODY	Y HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - F	PAN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

GLUCOSE, FASTING, NAF PLASMA	154	ma/dL	70-100	GOD - POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	214	mg/dL	70-140	GOD - POD

Kindly Correlate Clinically.

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

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SIN No:PLF02031767,PLP1371929

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY	/ HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - E	PAN INDIA - FY2324
AROOF EINI MEDITIFIEEE TOLE DOD	I HEALIH ANNOAL	1 EGG GITEGIT	I LIMALE 2D LONG I	AN INDIA 1 12024
Test Name	Result	Unit	Bio. Ref. Range	Method
Tost Hame	Result	Oiiit	Bio. Rei. Range	Method

HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD EDTA	7	%	HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD EDTA	154	mg/dL	Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %	
NON DIABETIC	<5.7	
PREDIABETES	5.7 – 6.4	
DIABETES	≥ 6.5	
DIABETICS		
EXCELLENT CONTROL	6 – 7	
FAIR TO GOOD CONTROL	7 – 8	
UNSATISFACTORY CONTROL	8 – 10	
POOR CONTROL	>10	

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF > 25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name

Result

Unit

Bio. Ref. Range

Method

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY	/ ΗΕΔΙ ΤΗ ΔΝΝΙΙΔΙ	PLUS CHECK -	FEMALE - 2D ECHO - E	PAN INDIA - FY2324
AUGOLEIM MEDITTIEEE TOLEBOD	i iie, te iii , titito, te	1 200 0112011	I EMINIEE ED EGITO I	7(11110)7(112024
Test Name	Result	Unit	Bio. Ref. Range	Method
TOST Hamo	Result	Oiiit	Bio. Rei. Range	Method

LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	126	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	76	mg/dL	<150	
HDL CHOLESTEROL	36	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	90	mg/dL	<130	Calculated
LDL CHOLESTEROL	74.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	15.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.50		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- 1. Measurements in the same patient on different days can show physiological and analytical variations.
- 2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350 mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.

Page 7 of 16

Begumpet, Hyderabad, Telangana - 500016



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name

Result

Unit

Bio. Ref. Range

Method

Page 8 of 16



Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016



Patient Name : Mrs.RAJNI TIKARAM SOMKUWAR

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DEPARTMENT OF BIOCHEMISTRY ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.30	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.20	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	11	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	14.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	80.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	5.00	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.10	g/dL	2.0-3.5	Calculated
A/G RATIO	1.61		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen

to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment:

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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 **Test Name** Result Unit Bio. Ref. Range Method

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.

Page 10 of 16



Begumpet, Hyderabad, Telangana - 500016



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RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT), SERUM						
CREATININE	0.45	mg/dL	0.4-1.1	ENZYMATIC METHOD		
UREA	9.40	mg/dL	17-48	Urease		
BLOOD UREA NITROGEN	4.4	mg/dL	8.0 - 23.0	Calculated		
URIC ACID	5.20	mg/dL	4.0-7.0	URICASE		
CALCIUM	9.40	mg/dL	8.4-10.2	CPC		
PHOSPHORUS, INORGANIC	3.40	mg/dL	2.6-4.4	PNP-XOD		
SODIUM	141	mmol/L	135-145	Direct ISE		
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE		
CHLORIDE	104	mmol/L	98-107	Direct ISE		

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DEPARTMENT OF BIOCHEMISTRY ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 **Test Name** Result Unit Bio. Ref. Range Method GAMMA GLUTAMYL TRANSPEPTIDASE 13.00 U/L 16-73 Glycylglycine Kinetic (GGT), SERUM method

Page 12 of 16



SIN No:SE04490536

Apollo Speciality Hospitals Private Limited

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 **Test Name** Result Unit Bio. Ref. Range Method

THYROID PROFILE TOTAL (T3, T4, TSH), SERUM						
TRI-IODOTHYRONINE (T3, TOTAL)	1.17	ng/mL	0.67-1.81	ELFA		
THYROXINE (T4, TOTAL)	8.99	μg/dL	4.66-9.32	ELFA		
THYROID STIMULATING HORMONE (TSH)	1.870	μIU/mL	0.25-5.0	ELFA		

Comment:

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)		
First trimester	0.1 - 2.5		
Second trimester	0.2 - 3.0		
Third trimester	0.3 - 3.0		

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes

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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name

Result

Unit

Bio. Ref. Range

Method

High High High Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 14 of 16



SIN No:SPL23135852

Apollo Speciality Hospitals Private Limited

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name Result Unit Bio. Ref. Range Method

COMPLETE URINE EXAMINATION (C	UE) , <i>URINE</i>			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
рН	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.015		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL	•	NORMAL	EHRLICH
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MO	OUNT AND MICROSCOPY			
PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	4-6	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Page 15 of 16



Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016





: Mrs.RAJNI TIKARAM SOMKUWAR

Age/Gender

: 35 Y 1 M 28 D/F

UHID/MR No

: STAR.0000030700

Visit ID Ref Doctor : STAROPV63406

Emp/Auth/TPA ID

: Dr.SELF

: 262408809402

Collected

: 23/Sep/2023 01:19PM

Received

: 24/Sep/2023 08:38PM

Reported

: 26/Sep/2023 11:44AM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CYTOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

	CYTOLOGY NO.	16153/23
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	PRESENT WITH ENDOCERVICAL CELLS
d	COMMENTS	SATISFACTORY FOR EVALUATION
II	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology.Negative for intraepithelial lesion/ malignancy.
III	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
		NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

DR. APEKSHA MADAN MBBS, DPB PATHOLOGY

DR. K. RAMA KRISHNA REDDY M.B.B.S, M.D CONSULTANT PATHOLOGIST

*** End Of Report ***

Dr. Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B

Consultant Pathologist

Page 16 of 16

SIN No:CS068248

Apollo Speciality Hospitals Private Limited

Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad

(Formely known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

Address:

Tardeo (Mumbai Central), Mumbai, Maharashtra Ph: 022 4332 4500





OUT- PATIENT RECORD

Date

MRNO Name

Age/Gender

23/9/23 30700 MRS. Rayni Somt War 35/03/ Female

Mobile No

Passport No Aadhar number

Pulse: 🖇 🕽	B.P: 110180	Resp: 24	Temp: (N)	İ
Weight: 75.2k.g.	Height: 153c·m	вм: 32-1	Waist Circum: 880m	

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Married, Norvejelarsan Sleep: (10) BlB (10) No Allergy. No addiction. MC Edays/301040deg. KICIO Pregnary included DM.

FH: Fareury mooner: DM.

Jeb 10.5 Sygars Psid - Avoid Sugars I sweets - Morning week 45 mindaty

- Repeat Sugar aflir, 2000 of the T. Sofferon gold 100

M. D. (MUM)

Physician & Cardiologist Reg. No. 56842

Doctor Signature

Follow up date:



APOLLO SPECTRA HOSPITALS

Famous Cine Labs, 156, Pt. M.M. Malviya Road. Tardeo, Mumbai- 400 034.Ph. No.: 022 4332 4500

www.apollospectra.com

Somkuvau Burning + Painful Vaginal discharge.

- I week.

MIH _ 5d /med 40-45 = mod 10-45 = p11 (ml- 22/8/23

OlH - Pili - 9 24rs LSCS - DM + breech.

Ply I Dm: on OHA.

No Sx in Past.

PIH - Mother- Dm/ Father DM 1

(x elosion ++
bleeds on bouch. Vag P



APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

(Formerly known as Nova Specialty Hospitals Private Limited) CIN: U85100KA2009PTC049961

EYE REPORT Specialists in Surgery Name: Rayor Date: 23 | 09 | 1073 Ref No.:

Complaint:	KM	ocular	do		21
·	Klch	am -	2 /	1	Pg.

Examination

Va 666

Near Viking

Spectacle Rx

Right Eye								
	Vision	Sphere	Cyl.	Axis	Vision	Sphere	Cyl.	Axis
Distance								
Read								

Remarks:	Stow	Kina
Remarks:	(Slow	

Medications:

ame Frequency

 Trade Name 	Frequency	Duration

Follow up: Mendons V

Consultant:

Apollo Spectra Hospitals
Famous Cine Labs, 156, Pt. M. M.
Malviya Road, Tardeo, Mumbai - 400 034.
Tel.: 022 4332 4500 www.apollospectra.com







: Mrs.RAJNI TIKARAM SOMKUWAR

Age/Gender

: 35 Y 1 M 28 D/F : STAR.0000030700

UHID/MR No Visit ID

: STAROPV63406

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID : 262408809402 Collected

: 23/Sep/2023 10:06AM

Received

: 23/Sep/2023 10:59AM

Reported

: 23/Sep/2023 12:09PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

Methodology: Microscopic

RBC : Hypochromasia (++), Microcyte (+), Anisocyte (+)

WBC : Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate in Number Parasites : No Haemoparasites seen

IMPRESSION: Hypochromasia (++), Microcyte (+), Anisocyte (+) blood picture

Note/Comment : Please Correlate clinically

Page 1 of 15

SIN No:BED230231397

www.apollodiagnostics.in





: Mrs.RAJNI TIKARAM SOMKUWAR

Age/Gender

: 35 Y 1 M 28 D/F

UHID/MR No Visit ID : STAR.0000030700 : STAROPV63406

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT	OF HAEN	MATOLOGY
-------------------	---------	-----------------

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324							
Test Name	Result	Unit	Bio. Ref. Range	Method			

HAEMOGLOBIN	10.5	g/dL	12-15	CYANIDE FREE COLOUROMETER
PCV	35.00	%	40-50	PULSE HEIGHT AVERAGE
RBC COUNT	5.1	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	68.7	fL	83-101	Calculated
MCH	20.5	pg	27-32	Calculated
MCHC	29.9	g/dL	31.5-34.5	Calculated
R.D.W	14.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	9,080	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)			
NEUTROPHILS	71	%	40-80	Electrical Impedance
LYMPHOCYTES	20	%	20-40	Electrical Impedance
FOSINOPHILS	05	%	1-6	Electrical Impedance
MONOCYTES	04	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	6446.8	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	1816	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	454	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	363.2	Cells/cu.mm	200-1000	Electrical Impedance
PLATELET COUNT	405000	cells/cu.mm	150000-410000	IMPEDENCE/MICROSCOP
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15	mm at the end of 1 hour	0-20	Modified Westergren

Methodology: Microscopic

RBC: Hypochromasia (++), Microcyte (+), Anisocyte (+)

WBC: Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate in Number Parasites : No Haemoparasites seen

IMPRESSION: Hypochromasia (++), Microcyte (+), Anisocyte (+) blood picture

Note/Comment: Please Correlate clinically

Page 2 of 15



SIN No:BED230231397





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Age/Gender

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				OGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324							
Test Name	Result	Unit	Bio. Ref. Range	Method			

BLOOD GROUP ABO AND RH FAC	OK, Whole Bease and	Forward & Reverse
BLOOD GROUP TYPE	В	Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE	Forward & Reverse Grouping with Slide/Tube Agglutination

Page 3 of 15



SIN No:BED230231397





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: 23/Sep/2023 01:44PM

Received

: 23/Sep/2023 02:04PM

Reported

: 23/Sep/2023 02:17PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMIS	STRY	ŧΕΜΙ	CH	O	BI	OF	JT	FN	TM	R	ΡΔ	١F	ſ
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	DELTATION OF						
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324							
ARCOFEIVII - WILDIWITELE -1 GEE BOD		T	·				
Test Name	Result	Unit	Bio. Ref. Range	Method			
restriants		ļ		1			

GLUCOSE, FASTING, NAF PLASMA	154	mg/dL	70-100	GOD - POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation	
70-100 mg/dL	Normal	
100-125 mg/dL	Prediabetes	
≥126 mg/dL	Diabetes	
<70 mg/dL	Hypoglycemia	

Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	214	mg/dL	70-140	GOD - POD
Vindly Correlate Clinically			,	

Kindly Correlate Clinically.

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 4 of 15

SIN No:PLF02031767,PLP1371929





: Mrs.RAJNI TIKARAM SOMKUWAR

Age/Gender

: 35 Y 1 M 28 D/F

UHID/MR No Visit ID

: STAR.0000030700

Ref Doctor

: STAROPV63406 : Dr.SELF

Emp/Auth/TPA ID

: 262408809402

Collected

: 23/Sep/2023 10:06AM

Received

: 23/Sep/2023 03:15PM

Reported Status

: 23/Sep/2023 04:55PM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324								
Test Name	Result	Unit	Bio. Ref. Range	Method				
		ļ						

		···	LUDI O
HBA1C, GLYCATED HEMOGLOBIN,	7	%	HPLC
WHOLE BLOOD EDTA			
ESTIMATED AVERAGE GLUCOSE (eAG),	154	mg/dL	Calculated
	,	"	
WHOLE BLOOD EDTA			

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	нва1С %	
NON DIABETIC	<5.7	
PREDIABETES	5.7 – 6.4	
DIABETES	≥ 6.5	
DIABETICS		
EXCELLENT CONTROL	6 – 7	
FAIR TO GOOD CONTROL	7 – 8	
UNSATISFACTORY CONTROL	8 – 10	
POOR CONTROL	>10	

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 5 of 15





: Mrs.RAJNI TIKARAM SOMKUWAR

Age/Gender

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UHID/MR No Visit ID : STAR.0000030700 : STAROPV63406

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: 23/Sep/2023 03:15PM

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: 23/Sep/2023 04:55PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name

Result

Unit

Bio. Ref. Range

Method

Page 6 of 15



SIN No:EDT230087587





: Mrs.RAJNI TIKARAM SOMKUWAR

Age/Gender

: 35 Y 1 M 28 D/F

UHID/MR No

: STAR.0000030700

Visit ID Ref Doctor : STAROPV63406

Emp/Auth/TPA ID

: Dr.SELF : 262408809402 Collected

: 23/Sep/2023 10:06AM

Received

: 23/Sep/2023 11:03AM

Reported Status

: 23/Sep/2023 12:10PM

Sponsor Name

: Final Report : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324						
Test Name	Result	Unit	Bio. Ref. Range	Method		
100(1141110	<u> </u>	<u>. </u>				

IPID PROFILE , SERUM		mg/dL	<200	CHE/CHO/POD
TOTAL CHOLESTEROL	126	mg/uL		
TRIGLYCERIDES	76	mg/dL	<150	
HDL CHOLESTEROL	36	mg/dL	>40	CHE/CHO/POD
	90	mg/dL	<130	Calculated
NON-HDL CHOLESTEROL	74.8	mg/dL	<100	Calculated
LDL CHOLESTEROL			<30	Calculated
VLDL CHOLESTEROL	15.2	mg/dL		
CHOL / HDL RATIO	3.50		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

Reference interval as per National C	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			<u> </u>
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- 1. Measurements in the same patient on different days can show physiological and analytical variations.
- 2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350 mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.

Page 7 of 15





: Mrs.RAJNI TIKARAM SOMKUWAR

Age/Gender

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name

Result

Unit

Bio. Ref. Range

Method

Page 8 of 15



SIN No:SE04490536





: Mrs.RAJNI TIKARAM SOMKUWAR

Age/Gender

: 35 Y 1 M 28 D/F

UHID/MR No

: STAR.0000030700

Visit ID

: STAROPV63406

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

: 262408809402

Collected

: 23/Sep/2023 10:06AM

Received

: 23/Sep/2023 11:03AM

Reported Status : 23/Sep/2023 12:10PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY						
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324						
Test Name Result Unit Bio. Ref. Range Method						

IVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.30	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.20	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	11	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	14.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	80.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	5.00	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.10	g/dL	2.0-3.5	Calculated
A/G RATIO	1.61		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- · Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > IIn Alcoholic Liver Disease AST: ALT usually >2. This ratio is

to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment:

Page 9 of 15





: Mrs.RAJNI TİKARAM SOMKUWAR

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DEPARTMENT OF BIOCHEMISTRY ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 Unit Bio. Ref. Range Method Result

• Albumin-Liver disease reduces albumin levels.

Test Name

• Correlation with PT (Prothrombin Time) helps.

Page 10 of 15



SIN No:SE04490536





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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324					
Test Name Result Unit Bio. Ref. Range Method					

CREATININE	0.45	mg/dL	0.4-1.1	ENZYMATIC METHOD
UREA	9.40	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	4.4	mg/dL	8.0 - 23.0	Calculated
URIC ACID	5.20	mg/dL	4.0-7.0	URICASE
CALCIUM	9.40	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	3.40	mg/dL	2.6-4.4	PNP-XOD
SODIUM	141	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	104	mmol/L	98-107	Direct ISE

Page 11 of 15



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DEPA	RTMENT	OF BIOC	CHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324					
Test Name	Result	Unit	Bio. Ref. Range	Method	

			,	· · · · · · · · · · · · · · · · · · ·
GAMMA GLUTAMYL TRANSPEPTIDASE	13.00	U/L	16-73	Glycylglycine Kinetic
(GGT) . SERUM				method

Page 12 of 15



SIN No:SE04490536

Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com





: Mrs.RAJNI TIKARAM SOMKUWAR

Age/Gender

: 35 Y 1 M 28 D/F

UHID/MR No

: STAR.0000030700

Visit ID

: STAROPV63406

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 262408809402 Collected

: 23/Sep/2023 10:06AM

Received

: 23/Sep/2023 11:03AM

Reported Status

: 23/Sep/2023 12:04PM

Sponsor Name

: Final Report : ARCOFEMI HEALTHCARE LIMITED

				.OGY

ARCOFEMI - MEDIWHEEL - FULL BO	DY HEALTH ANNUAL	PLUS CHECK	- FEMALE - 2D ECHO - PA	AN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

TRI-IODOTHYRONINE (T3, TOTAL)	1.17	ng/mL	0.67-1.81	ELFA
THYROXINE (T4, TOTAL)	8.99	µg/dL	4.66-9.32	ELFA
THYROID STIMULATING HORMONE	1.870	µIU/mL	0.25-5.0	ELFA

Comment:

Note:

Note:	
For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4		Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
				Page 13 of 15

Page 13 of 15





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Visit ID Ref Doctor : STAROPV63406 : Dr.SELF

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: 23/Sep/2023 10:06AM

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: 23/Sep/2023 11:03AM

Reported Status : 23/Sep/2023 12:04PM

Sponsor Name

: Final Report : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name

Result

Unit

Bio. Ref. Range

Method

High High

High

High Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 14 of 15



SIN No:SPL23135852





: Mrs.RAJNI TIKARAM SOMKUWAR

Age/Gender

: 35 Y 1 M 28 D/F

UHID/MR No

Visit ID

: STAR.0000030700

Ref Doctor

: STAROPV63406

Emp/Auth/TPA ID

: Dr.SELF : 262408809402 Collected

: 23/Sep/2023 10:06AM

Received

: 23/Sep/2023 11:19AM : 23/Sep/2023 12:10PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

	DEPARTMENT OF CLINICAL PATHOLOGY BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECH		LOGY	
ARCOFEMI - MEDIWHEEL - FULL B	ODY HEALTH ANNUAL	PLUS CHECK	- FEMALE - 2D ECHO - PA	AN INDIA - FY2324
Test Name	Result	Unit	Bio, Ref. Range	Method

COMPLETE URINE EXAMINATION (C	UE) , URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.015		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRLICH
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MO	OUNT AND MICROSCOPY			
PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	4-6	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

*** End Of Report ***

Result/s to Follow:

LBC PAP TEST (PAPSURE)

DR. APEKSHA MADAN

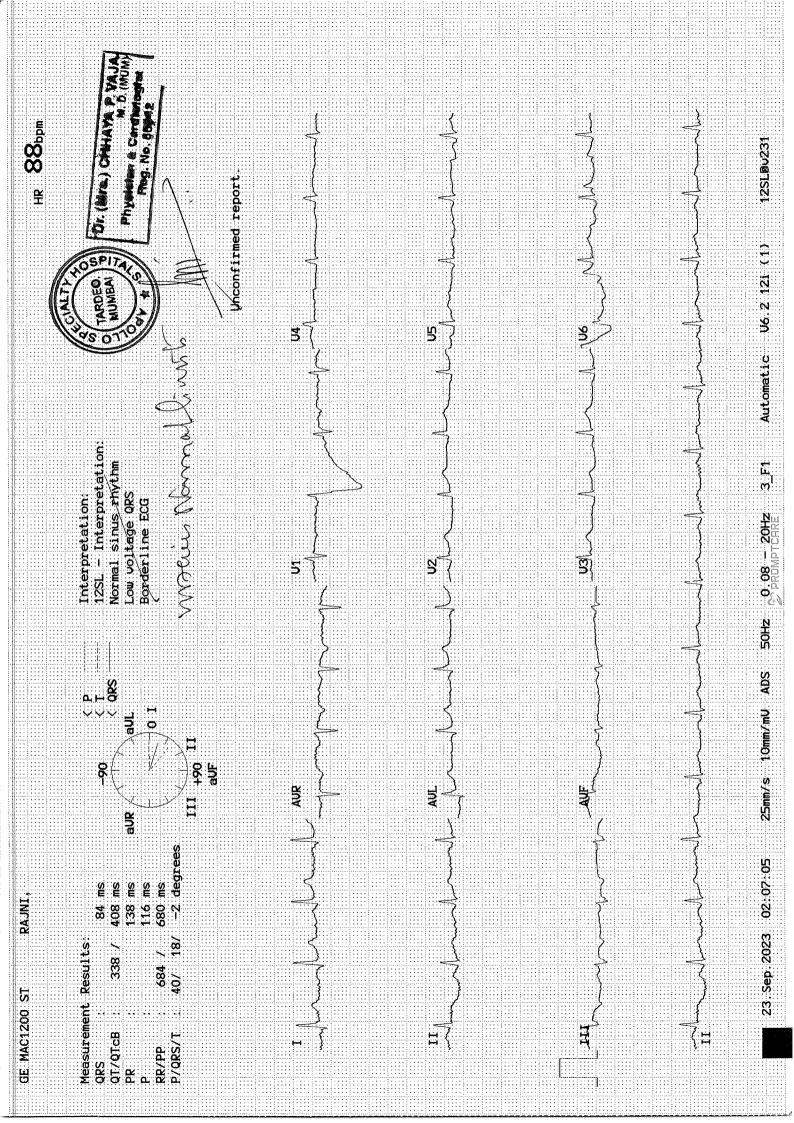
MBBS DPB PATHOLOGY Dr.Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B

Consultant Pathologist

Page 15 of 15



SIN No:UR2189637



nBody

ID MRy- Rayn' Somkulyar Height

Height 153cm

Date

23. 9. 2023

APOLLO SPECTRA HOSPITAL

Segmental Lean

2. 3kg

Normal

Age 35

Gender

Female

Time 10:20:34

Body Composition	on			T.	ใจให้เร็				Ov	er		UNIT:%	Normal Range
Weight	40	55	70	85	100	115	130	145	160 75.	1 ⁷⁵ 2 kg	190	205	41. 8 ~ 56. 5
Muscle Mass Skeletal Muscle Mass	60	70	80	90	100	21.0	120 kg	130	140	150	160	170	18. 4 ~ 22. 5
Body Fat Mass	20	40	60	80	100	160	220	280	340	400	= 36.	520 . 5 kg	9.8~15.7
T B W Total Body Water	28.	4 kg (25. ()~ 30). 6)		F F I				38	3. 7 kg	(32. 0~ 40. 8)
Protein	7.	6 kg (6. 7 <i>-</i>	~ 8. 2	2)		Mir	iera	ıl*		2.	69 kg	(2. 32~2. 83)

* Mineral is estimated.

Obacity	Diagnosis	
COUSILV	DIAGINOSIS	

		Nutritional Evaluation	1	
	Normal Range	Protein ☑ Normal	☐ Deficient	,
Section of the second section of the section of the second section of the second section of the second section of the second section of the second section of the second section of the second section of the second section of the second section of the second section of the section of the second section of the sectio	B-00) B-0-KW-00-Co-0-Co-0-Co-0-Co-0-Co-0-Co-0-Co-0-	Mineral MNormal	□ Deficient	
32. 1	18. 5 ~ 25. 0	Fat □ Normal	□ Deficient	★ Excessive
		Weight Management		
48 5	18.0~28.0	Weight □Normal	□Under	☑ Over
40.0	10.0 20.0	SMM Mormal	□ Under	☐ Strong
		Fat □Normal	□Under	☑ Over
1. 12	0. 75 ~ 0. 85	Obesity Diagnosis		
		BMI Normal	□ Under ☑ Extremely	□ Over Over
1207	1496 ~ 1746	PBF Normal	☐ Under	✓ Over
		WHR	□ Under	☑ Over
	48. 5 1. 12	Normal Range 32. 1	Normal Range	Normal Range

5. 2kg		5. 3 kg	
Under	gar of	Under	
Segment	al Fat	PBF Fat Mass Evaluation	
53. 2%		52, 7%	
3. 2kg		3. 1 kg	
Over	Trunk	Over	
	48. 3%		
	20. 2kg		g
and Albert	Over		-
43.6%		43. 2%	
4.3kg		4.3kg	
		Over	

Trunk
20. 4kg
Normal

Lean Mass

Evaluation

2.4kg Normal

Impedance

Z RA LA TR RL LL 20kHz 362. 8 369. 3 24. 5 343. 7 354. 7 100kHz 325. 1 334. 5 20. 7 308. 7 318. 1

Muscle-Fat Control

Muscle Control

0.0 kg

Fat Control

- 24.9 kg

SPECIAL SOLUTION SOLU

* Use your results as reference when consulting with your physician or fitness trainer.

Exercise Planner Plan your weekly exercises from the followings and estimate your weight loss from those activities.

Energy	expendi	ture of e	ach activ	ity(base	weight:	75. 2 k	g / Duration	on: 30m		kcal)	
ň	Walking	nik)	Jogging		Bicycle		Swim	L	Mountain Climbing	\d'	Aerobic
Ä	150	7	263		226	4	263	7	245		263
/A.	Table tennis	*	_ Tennis	·\$	Football	•	Oriental Fencing	V.	Gate ball	4	Badminton
人	170	介。	226	1	263	人	376	1.7	143	N	170
2/2	Racket ball	رلا	Tae- kwon-do	•	Squash	1	Basketball	(2)	Rope jumping	1	Golf
人	376	T	376	97	376	久	226	1	263		132
	Push-ups development	8	Sit-ups abdominal	9	Weight training	į.	Dumbbell exercise		Elastic band muscle strength	Ļ	Squats maintenance of lower body muscle
	•	8_			training	Ÿ			band	5	maintenan

• How to do

- 1. Choose practicable and preferable activities from the left.
- Choose exercises that you are going to do for 7 days.
- 3. Calculate the total energy expenditure for a week.
- 4. Estimate expected total weight loss for a month using the formula shown below.
- Recommended calorie intake per day 1300 kcal

*Calculation for expected total weight loss for 4 weeks: Total energy expenditure (kcal/week) X 4weeks ÷ 7700



: Mrs. RAJNI TIKARAM SOMKUWAR

Age

: 35 Y F

UHID

: STAR.0000030700

OP Visit No

: STAROPV63406

Reported on

: 23-09-2023 12:11

Printed on

: 23-09-2023 12:12

Adm/Consult Doctor

Ref Doctor

: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen.

Printed on:23-09-2023 12:11

---End of the Report---

Dr. VINOD SHETTYRadiology



Name

: Mrs. Rajni Samkuwar

Age

: 35 Year(s)

Date : 23/09/2023

Sex

: Female

Visit Type : OPD

ECHO Cardiography

Comments:

Normal cardiac dimensions.

Structurally normal valves.

No evidence of LVH.

Intact IAS/IVS.

No evidence of regional wall motion abnormality.

Normal LV systolic function (LVEF 60%).

No diastolic dysfunction.

Normal RV systolic function.

No intracardiac clots / vegetation/ pericardial effusion.

No evidence of pulmonary hypertension.PASP=30mmHg.

IVC 12 mm collapsing with respiration.

Final Impression:

NORMAL 2DECHOCARDIOGRAPHY REPORT.

DR.CHHÀÝA P.VAJA. M. D.(MUM) NONINVASIVE CARDIOLOGIST



Name: Mrs. Rajni Samkuwar

Age

: 35 Year(s)

Date: 23/09/2023

Sex: Female

Visit Type : OPD

Dimension:

EF Slope

60mm/sec

EPSS

03mm

LA

28mm

AO

25mm

LVID (d)

41 mm

LVID(s)

26mm

IVS (d)

11mm

LVPW (d)

11mm

LVEF

60% (visual)

DR.CHHAYA P.VAJA. M. D.(MUM) **NONINVASIVE CARDIOLOGIST**



Patient Name: MRS. RAJNI SOMKUWAR

Ref. By

: HEALTH CHECK UP

Date: 23-09-2023 Age: 35 years

SONOGRAPHY OF ABDOMEN & PELVIS

The liver is normal in size but shows diffuse increased echotexture suggestive LIVER:

of fatty infiltration. No focal mass lesion is seen. The intrahepatic biliary tree

& venous radicles appear normal. The portal vein and CBD appear normal.

The gall bladder is normal in size with a normal wall thickness and there are no GALL:

calculi seen in it. BLADDER

PANCREAS: The pancreas is normal in size and echotexture. No focal mass lesion is seen.

: The spleen is normal in size and echotexture. No focal parenchymal mass lesion **SPLEEN**

is seen. The splenic vein is normal.

The **RIGHT KIDNEY** measures 11.7 x 4.5 cms and the **LEFT KIDNEY** measures KIDNEYS:

11.7 x 5.3 cms in size. Both kidneys are normal in shape and echotexture. There is

no evidence of hydronephrosis or calculi seen on either side.

There is no e/o paraaortic lymphadenopathy or free fluid seen in the abdomen.

The urinary bladder is well distended and is normal in shape and contour. No

URINARY: intrinsic lesion or calculus is seen. The bladder wall thickness is normal. BLADDER

The uterus is anteverted & it appears normal in size, shape and echotexture. **UTERUS**:

It measures 7.4 x 4.7 x 3.5 cms.

Normal myometrial & endometrial echoes are seen.

Endometrial thickness is 8.3 mm.

No focal mass lesion is noted within the uterus.

Both ovaries reveal normal size, shape and echopattern. **OVARIES**:

Right ovary measures 2.8 x 1.6 cms. Left ovary measures 2.9 x 1.7 cms.

There is no free fluid seen in cul de sac.

The Ultrasound examination reveals mild fatty infiltration of the Liver. IMPRESSION:

No other significant abnormality is detected

Report with compliments

DR VINOS Spectra Hespitals: 156, Famous Cine Labs, Behind Everest Building, Tardeo, Mumbai - 400034 M.D.,D.M.R.D.



Patient Name : Mrs. RAJNI TIKARAM SOMKUWAR Age/Gender : 35 Y/F

UHID/MR No. **OP Visit No** : STAROPV63406 : STAR.0000030700 Sample Collected on : 23-09-2023 12:12 Reported on

LRN# : RAD2106868 Specimen

Ref Doctor : SELF

Emp/Auth/TPA ID : 262408809402

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen.

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen.

Dr. VINOD SHETTY

Radiology



Patient Name : Mrs. RAJNI TIKARAM SOMKUWAR Age/Gender : 35 Y/F

 UHID/MR No.
 : STAR.0000030700
 OP Visit No
 : STAROPV63406

 Sample Collected on
 :
 Reported on
 : 23-09-2023 11:43

Ref Doctor : SELF

Emp/Auth/TPA ID : 262408809402

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: The liver is normal in size but shows diffuse increased echotexture suggestive

of fatty infiltration. No focal mass lesion is seen. The intrahepatic biliary tree & venous radicles appear normal. The portal vein and CBD appear normal.

GALL: The gall bladder is normal in size with a normal wall thickness and there are no

BLADDER calculi seen in it.

PANCREAS: The pancreas is normal in size and echotexture. No focal mass lesion is seen.

SPLEEN: The spleen is normal in size and echotexture. No focal parenchymal mass lesion

is seen. The splenic vein is normal.

KIDNEYS: The **RIGHT KIDNEY** measures 11.7 x 4.5 cms and the **LEFT KIDNEY** measures

11.7 x 5.3 cms in size. Both kidneys are normal in shape and echotexture. There is

no evidence of hydronephrosis or calculi seen on either side.

There is no e/o paraaortic lymphadenopathy or free fluid seen in the abdomen.

URINARY: The urinary bladder is well distended and is normal in shape and contour. No

BLADDER intrinsic lesion or calculus is seen. The bladder wall thickness is normal.

UTERUS: The uterus is anteverted & it appears normal in size, shape and echotexture.

It measures 7.4 x 4.7 x 3.5 cms.

Normal myometrial & endometrial echoes are seen.

Endometrial thickness is 8.3 mm.

No focal mass lesion is noted within the uterus.

OVARIES: Both ovaries reveal normal size, shape and echopattern.

Right ovary measures 2.8 x 1.6 cms. Left ovary measures 2.9 x 1.7 cms. There is no free fluid seen in cul de sac.

IMPRESSION: The Ultrasound examination reveals mild fatty infiltration of the Liver.

No other significant abnormality is detected.

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose.

Dr. VINOD SHETTY Radiology

Dear Rajni Tikaram Somkuwar,

Namaste Team,

Greetings from Apollo Clinics,

With regards to the below request the below appointment is scheduled at **SPECTRA TARDEO clinic** on **2023-09-23** at **09:00-09:05**.

Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT
Package Name	[ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324]

"In view of corona virus precautionary measures, you are requested to take a mandatory check for symptoms & self-declaration at centre. Please cooperate. Thank you."

NOTE: We are not providing the breakfast in view of corona virus. And that customers on their own should carry their breakfast.

Warm Regards, Apollo Team