

**Name** : Mrs. SHAMPA CHOUDHURY (52 /F)

**Date** : 15/07/2022

**Address** : 56/4,AGAPUR,SURIYA SEN ROAD,PS-NEW BARRACKPORE, KOLKATA, KOLKATA,  
WEST BENGAL, INDIA

**Examined by:**

**UHID** : AGHL.0001568911

**Package** : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS  
WITH TMT/ECHO)

**AHC No** : AMHLAH152276



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Dyslipidemia, Thyroid disorder, Heart disease, Asthma  
Diabetes mellitus : - type 2; Since - 15 years; Medication - regular  
Hypertension : Since - 15 years; Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:16/07/2022



## SYSTEMIC REVIEW

### Cardiovascular system

High blood pressure - yes; Medication - yes

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Bowel habits - regular

### Genitourinary system

Frequency - normal

### Gynaec history

Last child birth - 25 years; No of deliveries - P1+0;  
Hysterectomy - 6 years back.

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
Knee (bilateral) - pain

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Prescription not available.



### Past medical history

Typhoid - 25 years back.



### Surgical history

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Appendectomy - 2000.  
Hysterectomy with Bilateral Salpingo-Oophorectomy - 2017.  
Lower segment caesarean section - 1  
Others - Ovarian cystectomy - 2015.

Heart rate (Per minute) - 74  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 130  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Moderate

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.



### Family history

Father - alive  
Mother - alive  
Brothers - 1  
Hypertension - mother  
Coronary artery disease - none  
Cancer - None



### Central nervous system

- No neurological deficit



### Skin

- No significant finding

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 155 Cm  
Weight - 61 Kg  
BMI - 25.39  
Pallor - No  
Oedema - no



### Musculo Skeletal System

- No significant finding



### Cardiovascular system

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.8 *	g/dl	●	12.0-15.0
RBC COUNT	3.96	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	36.1	%	●	36-46
MCV	91.2	fl	●	83-101
MCH	29.7	pg	●	27-32
MCHC	32.6	%	●	31.5-34.5
RDW	14.6 *	%	●	11.8-14.0
WBC Count	9200	/cu mm	●	4000-10000
Platelet Count	1.59	lacs/cu mm	●	1.5-4.0
Neutrophils	50	%	●	40-80
Lymphocytes	45 *	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	70 *	mm/1st hr	●	0-20

**STOOL ROUTINE**

Test Name	Result	Unit	Level	Range
Colour:	Brown			
Consistency :	Semi Solid			
Mucus:	Trace			
Reaction:	Alkaline			
Frank Blood	Absent			
Pus Cells	Occasional/hpf			
RBC:	Not found			
Ova:	Not Found			
Cysts:	Not Found			
PARASITE	Not Found			

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	8-10	/hpf		
Epithelial Cells	3-5			
Casts:	Not Found			
Crystals:	Not Found			
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.			

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	22	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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ALKALINE PHOSPHATASE - SERUM	112 *	U/L	●	42-98
AST (SGOT) - SERUM	27	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

HDL CHOLESTEROL - SERUM	40	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	67	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	16	mg/dL	●	0-35

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	123	mg/dL	●	0-200

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.2	g/dL	●	1.8-3.6

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	14	U/L	●	7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	5.8	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	108 *	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	97	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	227 *	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.1	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	8.0 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.2	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.7	mg/dL	●	7.0-18.0

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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4:1.0			1.0-2.0

### PAP SMEAR /CERVICAL SMEAR

Ref No:

AG01.C2204013

SPECIMEN TYPE:

Vault smear (Pap) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with metaplastic squamous cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy,with no organism

### ECG

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND BREAST BILATERAL

\* BIRAD'S – 1 (Normal).

BIRADS Category: (0= Requires additional evaluation, 1 = Negative, 2 = Benign findings, 3 = Intermediate, 4 = Suspicious malignancy, 5 = Highly suggestive of malignancy, 6 = Histologically proven malignancy).

DR. RASHMI CHAND

DMRD, DNB (RADIOLOGY)

FELLOWSHIP IN ONCORADIOLOGY AND

INTERVENTION (TMC)

CONSULTANT RADIOLOGIST

Reg. No. 74810(WBMC)

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.



Within Normal Range



Borderline High/Low



Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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