

PATIENT NAME: ASHISH KABRA REF. DOCTOR: SELF

CODE/NAME & ADDRESS: C000138364 ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

NEW DELHI 110030 8800465156

ACCESSION NO: 0321WE003270

PATIENT ID : ASHIM120289321

CLIENT PATIENT ID: ABHA NO

AGE/SEX

RECEIVED: 27/05/2023 09:10:52

REPORTED :31/05/2023 18:55:15

:34 Years

Test Report Status Results **Biological Reference Interval** Units <u>Final</u>

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

XRAY-CHEST

IMPRESSION NO ABNORMALITY DETECTED

TMT OR ECHO

TMT OR ECHO TMT:- NORMAL

ECG

ECG NORMAL SINUS RHYTHM

MEDICAL HISTORY

NOT SIGNIFICANT RELEVANT PRESENT HISTORY RELEVANT PAST HISTORY **NOT SIGNIFICANT NOT SIGNIFICANT** RELEVANT PERSONAL HISTORY

RELEVANT FAMILY HISTORY CANCER

NOT SIGNIFICANT OCCUPATIONAL HISTORY **NOT SIGNIFICANT** HISTORY OF MEDICATIONS

ANTHROPOMETRIC DATA & BMI

HEIGHT IN METERS 1.79 mts WEIGHT IN KGS. 93.3 Kgs

BMI 29 BMI & Weight Status as follows/sqmts Below 18.5: Underweight

18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

P V. Espadia

Dr.Priyank Kapadia Physician

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Dr.Jinal kamodia **Consultant Radiology**







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DRAWN

AGE/SEX :34 Years Male

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GENERAL EXAMINATION

MENTAL / EMOTIONAL STATE NORMAL **NORMAL** PHYSICAL ATTITUDE **OVERWEIGHT** GENERAL APPEARANCE / NUTRITIONAL

STATUS

BUILT / SKELETAL FRAMEWORK TALL STATURE FACIAL APPEARANCE **NORMAL NORMAL** SKIN UPPER LIMB **NORMAL NORMAL** LOWER LIMB **NECK NORMAL**

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND **NOT ENLARGED**

TEMPERATURE NORMAL 80/MIN **PULSE NORMAL** RESPIRATORY RATE

CARDIOVASCULAR SYSTEM

BP 130/80 MM HG mm/Hg

(SITTING)

PERICARDIUM NORMAL NORMAL APEX BEAT

HEART SOUNDS S1, S2 HEARD NORMALLY

ABSENT MURMURS

RESPIRATORY SYSTEM

SIZE AND SHAPE OF CHEST NORMAL SYMMETRICAL MOVEMENTS OF CHEST

Dr.Jinal kamodia **Consultant Radiology** Dr.Priyank Kapadia

P. V. Kapadia

Physician





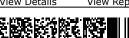
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NORMAL BREATH SOUNDS INTENSITY

VESICULAR (NORMAL) BREATH SOUNDS QUALITY

ADDED SOUNDS **ABSENT**

PER ABDOMEN

APPEARANCE NORMAL NOT PALPABLE LIVER

SPLEEN NOT PALPABLE

CENTRAL NERVOUS SYSTEM

NORMAL HIGHER FUNCTIONS **NORMAL** CRANIAL NERVES CEREBELLAR FUNCTIONS **NORMAL** SENSORY SYSTEM **NORMAL NORMAL** MOTOR SYSTEM **NORMAL REFLEXES**

MUSCULOSKELETAL SYSTEM

SPINE NORMAL JOINTS **NORMAL**

BASIC EYE EXAMINATION

DISTANT VISION RIGHT EYE WITHOUT WITHIN NORMAL LIMIT

GLASSES

WITHIN NORMAL LIMIT DISTANT VISION LEFT EYE WITHOUT

GLASSES

NEAR VISION RIGHT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT WITHIN NORMAL LIMIT NEAR VISION LEFT EYE WITHOUT GLASSES

P. V. Kapadia

Dr.Jinal kamodia **Consultant Radiology** Dr.Priyank Kapadia **Physician**





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Units

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Results

AGE/SEX DRAWN

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NORMAL COLOUR VISION

<u>Final</u>

SUMMARY

NOT SIGNIFICANT RELEVANT HISTORY RELEVANT GP EXAMINATION FINDINGS NOT SIGNIFICANT

RELEVANT LAB INVESTIGATIONS S.CHOLESTEROL:- HIGH, TRIGLYCERIDES:- HIGH, HDL:- LOW, LDL:-

HIGH, VLDL:- HIGH

URIC ACID:- HIGH

RELEVANT NON PATHOLOGY DIAGNOSTICS

REMARKS / RECOMMENDATIONS

USG ABDOMEN: - FATTY LIVER, RENAL CALCULI

1) S.CHOLESTEROL:- HIGH, TRIGLYCERIDES:- HIGH, HDL:- LOW, LDL:-

HIGH, VLDL:- HIGH

ADV: - LOW FAT DIET, REGULAR PHYSICAL EXERCISE

2) URIC ACID:- HIGH

ADV:- PHYSICIAN OPINION

Comments

OUR PANEL DOCTORS FOR NON-PATHOLOGY TESTS:-

CHECK UP DONE BY: - DR. NAMRATA AGRAWAL (M.B.B.S)

REPORT REVIEWED BY:- DR. PRIYANK KAPADIYA (M.B.B.S DNB MEDICINE)

RADIOLOGIST: - DR. SAHIL N SHAH (M.D.RADIOLOGY)

Dr.Jinal kamodia **Consultant Radiology**

Dr.Priyank Kapadia **Physician**

P V. Espadia





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MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE **ULTRASOUND ABDOMEN**

ULTRASOUND ABDOMEN

FATTY LIVER;

RIGHT RENAL CONCRETION

Interpretation(s)
MEDICAL

EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

Dr.Jinal kamodia **Consultant Radiology** P V. Espadia

Dr.Priyank Kapadia **Physician**





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Test Report Status Final Results Biological Reference Interval Units

HAEMATOLOGY - CBC							
MEDI WHEEL FULL BODY HEALTH CHECK UP B	MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE						
BLOOD COUNTS,EDTA WHOLE BLOOD							
HEMOGLOBIN (HB) METHOD: PHOTOMETRIC MEASUREMENT	13.8	13.0 - 17.0	g/dL				
RED BLOOD CELL (RBC) COUNT METHOD: COULTER PRINCIPLE	4.49 Low	4.5 - 5.5	mil/µL				
WHITE BLOOD CELL (WBC) COUNT METHOD: COULTER PRINCIPLE	5.82	4.0 - 10.0	thou/µL				
PLATELET COUNT METHOD: COULTER PRINCIPLE	340	150 - 410	thou/μL				
RBC AND PLATELET INDICES							
HEMATOCRIT (PCV) METHOD: CALCULATED	41.2	40.0 - 50.0	%				
MEAN CORPUSCULAR VOLUME (MCV) METHOD: DERIVED PARAMETER FROM RBC HISTOGRAM	91.8	83.0 - 101.0	fL				
MEAN CORPUSCULAR HEMOGLOBIN (MCH) METHOD: CALCULATED	30.7	27.0 - 32.0	pg				
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC) METHOD: CALCULATED	33.4	31.5 - 34.5	g/dL				
RED CELL DISTRIBUTION WIDTH (RDW) METHOD: DERIVED PARAMETER FROM RBC HISTOGRAM	13.8	11.6 - 14.0	%				
MENTZER INDEX METHOD: CALCULATED PARAMETER	20.5						
MEAN PLATELET VOLUME (MPV) METHOD: DERIVED PARAMETER FROM PLATELET HISTOGRAM	7.5	6.8 - 10.9	fL				
WBC DIFFERENTIAL COUNT							
NEUTROPHILS	54	40 - 80	%				
METHOD: OPTICAL IMPEDENCE & MICROCSOPY LYMPHOCYTES METHOD: OPTICAL IMPEDENCE & MICROCSOPY	36	20 - 40	%				

Dr.Miral Gajera Consultant Pathologist





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	İ	<u> </u>	
Test Report Status <u>Final</u>	Results	Biological Reference	Interval Units
MONOCYTES	9	2.0 - 10.0	%
METHOD: OPTICAL IMPEDENCE & MICROCSOPY			
EOSINOPHILS	1	1.0 - 6.0	%
METHOD: OPTICAL IMPEDENCE & MICROCSOPY			
BASOPHILS	0	0 - 1	%
METHOD: IMPEDANCE			
ABSOLUTE NEUTROPHIL COUNT	3.14	2.0 - 7.0	thou/µL
METHOD: CALCULATED			
ABSOLUTE LYMPHOCYTE COUNT	2.10	1.0 - 3.0	thou/µL
METHOD: CALCULATED PARAMETER			
ABSOLUTE MONOCYTE COUNT	0.52	0.2 - 1.0	thou/µL
METHOD: CALCULATED PARAMETER			
ABSOLUTE EOSINOPHIL COUNT	0.06	0.02 - 0.50	thou/µL
METHOD: CALCULATED			
ABSOLUTE BASOPHIL COUNT	0.00 Low	0.02 - 0.10	thou/µL
METHOD: CALCULATED			
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.5		
METHOD: CALCULATED PARAMETER			

MORPHOLOGY

NORMOCYTIC NORMOCHROMIC **RBC**

METHOD: MICROSCOPIC EXAMINATION

WBC

METHOD: MICROSCOPIC EXAMINATION **PLATELETS**

METHOD: MICROSCOPIC EXAMINATION

REMARKS

METHOD: MICROSCOPIC EXAMINATION

NORMAL MORPHOLOGY

ADEQUATE

NO PREMATURE CELLS ARE SEEN. MALARIAL PARASITE NOT

DETECTED.

Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for

diagnosing a case of beta thalassaemia trait.

Dr.Miral Gajera **Consultant Pathologist**



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ABHA NO

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504

This ratio element is a calculated parameter and out of NABL scope.

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HAEMATOLOGY

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD

E.S.R 15 High 0 - 14mm at 1 hr

METHOD: WESTERGREN METHOD

Interpretation(s)
ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION:

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change

TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias,

Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. Decreased in: Polycythermia vera, Sickle cell anemia

False elevated ESR: Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia
False Decreased: Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine,

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th edition.

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IMMUNOHAEMATOLOGY

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

TYPE A **ABO GROUP**

METHOD: TUBE AGGLUTINATION

POSITIVE RH TYPE

METHOD: TUBE AGGLUTINATION

Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

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BIOCHEMISTRY

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

GLUCOSE FASTING, FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR)

104 High

74 - 99

mg/dL

METHOD: HEXOKINASE

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE

BLOOD HBA1C

5.6

Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4

Diabetics: > or = 6.5Therapeutic goals: < 7.0 Action suggested: > 8.0

(ADA Guideline 2021)

METHOD: HPLC

ESTIMATED AVERAGE GLUCOSE(EAG)

114.0

< 116.0

mg/dL

%

GLUCOSE, POST-PRANDIAL, PLASMA

PPBS(POST PRANDIAL BLOOD SUGAR)

90

70 - 140

mg/dL

LIPID PROFILE, SERUM

METHOD: HEXOKINASE

CHOLESTEROL, TOTAL

212 High

Desirable: < 200

mg/dL

BorderlineHigh: 200 - 239

High: > or = 240

METHOD: ENZYMATIC, COLORIMETRIC

METHOD: ENZYMATIC, COLORIMETRIC

TRIGLYCERIDES

165 High

Desirable: < 150

mg/dL

BorderlineHigh: 150 - 199 High: 200 - 499

Very High: > or = 500

33 Low < 40 Low mg/dL

> or = 60 High

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HDL CHOLESTEROL



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Test Report Status <u>Final</u>	Results	Biological Reference Interval Units
CHOLESTEROL LDL	146 High	Adult levels: mg/dL Optimal < 100 Near optimal/above optimal: 100-129 Borderline high: 130-159 High: 160-189 Very high: = 190
NON HDL CHOLESTEROL	179 High	Desirable: Less than 130 mg/dL Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220
VERY LOW DENSITY LIPOPROTEIN	33.0 High	< or = 30 mg/dL
CHOL/HDL RATIO	6.4 High	3.3 - 4.4
LDL/HDL RATIO	4.4 High	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk

Interpretation(s)

Serum lipid profile is measured for cardiovascular risk prediction. Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

Risk Category		· · ·	
Extreme risk group	A.CAD with > 1 feature of high risk group		
	B. CAD with > 1 feature of Very high risk a	group or recurrent ACS (within 1 year) despite LDL-C < or =	
	50 mg/dl or polyvascular disease		
Very High Risk	1. Established ASCVD 2. Diabetes with 2 major risk factors or evidence of end organ damage 3.		
	Familial Homozygous Hypercholesterolemi	a	
High Risk	1. Three major ASCVD risk factors. 2. Diabetes with 1 major risk factor or no evidence of end organ		
	damage. 3. CKD stage 3B or 4. 4. LDL >190 mg/dl 5. Extreme of a single risk factor. 6. Coronary		
	Artery Calcium - CAC >300 AU. 7. Lipopi	rotein a >/= 50mg/dl 8. Non stenotic carotid plaque	
Moderate Risk	2 major ASCVD risk factors		
Low Risk	0-1 major ASCVD risk factors		
Major ASCVD (Ath	erosclerotic cardiovascular disease) Risk Fa	actors	
1. Age $>$ or $=$ 45 year	s in males and $>$ or $= 55$ years in females	3. Current Cigarette smoking or tobacco use	
2. Family history of premature ASCVD 4. High blood pressure			
5. Low HDL			
	·		

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Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.

Risk Group	Treatment Goals Consider Drug Th			Therapy Therapy
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group Category A	<50 (Optional goal < OR = 30)	< 80 (Optional goal <or 60)<="" =="" td=""><td>>OR = 50</td><td>>OR = 80</td></or>	>OR = 50	>OR = 80
Extreme Risk Group Category B	<or 30<="" =="" td=""><td>< OR = 60</td><td>> 30</td><td>>60</td></or>	< OR = 60	> 30	>60
Very High Risk	<50	<80	>OR= 50	>OR= 80
High Risk	<70	<100	>OR= 70	>OR= 100
Moderate Risk	<100	<130	>OR= 100	>OR= 130
Low Risk	<100	<130	>OR= 130*	>OR= 160

^{*}After an adequate non-pharmacological intervention for at least 3 months.

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

LIVER FUNCTION PROFILE, SERUM

BILIRUBIN, TOTAL	0.28	Upto 1.2	mg/dL
BILIRUBIN, DIRECT	0.13	Upto 0.2	mg/dL
METHOD : DIAZO COLORIMETRIC			
BILIRUBIN, INDIRECT	0.15	0.00 - 1.00	mg/dL
TOTAL PROTEIN	6.9	6.4 - 8.3	g/dL
METHOD: COLORIMETRIC			
ALBUMIN	4.3	3.5 - 5.2	g/dL
METHOD: BROMOCRESOL GREEN			
GLOBULIN	2.6	2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	1.7	1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE(AST/SGOT)	17	0 - 40	U/L
METHOD: IFCC WITHOUT PYRIDOXAL PHOSPHATE			
ALANINE AMINOTRANSFERASE (ALT/SGPT)	16	0 - 41	U/L
METHOD: IFCC WITHOUT PYRIDOXAL PHOSPHATE			
ALKALINE PHOSPHATASE	69	40 - 129	U/L
METHOD : COLORIMETRIC			
GAMMA GLUTAMYL TRANSFERASE (GGT)	40	8 - 61	U/L
METHOD : ENZYMATIC, COLORIMETRIC			
LACTATE DEHYDROGENASE	153	135 - 225	U/L
METHOD: UV ASSAY METHOD			

BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN 8 6 - 20 mg/dL

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DELHI

NEW DELHI 110030 8800465156

ACCESSION NO: 0321WE003270

PATIENT ID : ASHIM120289321

CLIENT PATIENT ID: ABHA NO

AGE/SEX

:34 Years

RECEIVED : 27/05/2023 09:10:52 REPORTED :31/05/2023 18:55:15

lest Report Status Final Results Biological Reference Interval Units	Test Report Status	<u>Final</u>	Results	Biological Reference Interval Units
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CREATININE, SERUM CREATININE METHOD: JAFFE ALKALINE PICRATE	0.86	0.70 - 1.30	mg/dL
BUN/CREAT RATIO BUN/CREAT RATIO	9.30	5.0 - 15.0	
URIC ACID, SERUM			
URIC ACID	7.6 High	3.4 - 7.0	mg/dL
TOTAL PROTEIN, SERUM TOTAL PROTEIN METHOD: COLORIMETRIC	6.9	6.4 - 8.3	g/dL
ALBUMIN, SERUM ALBUMIN METHOD: BROMOCRESOL GREEN	4.3	3.5 - 5.2	g/dL
GLOBULIN GLOBULIN	2.6	2.0 - 4.1	g/dL
ELECTROLYTES (NA/K/CL), SERUM SODIUM, SERUM	140.8	136 - 145	mmol/L

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Test Report Status	Final	Results	Biological Reference Interval Units

METHOD: ISE

POTASSIUM, SERUM 5.42 High 3.3 - 5.1mmol/L

METHOD: ISE

100.5 98 - 106 mmol/L CHLORIDE, SERUM

METHOD: ION SELECTIVE ELECTRODE TECHNOLOGY

Interpretation(s)

Sodium	Potassium	Chloride
Decreased in:CCF, cirrhosis,	Decreased in: Low potassium	Decreased in: Vomiting, diarrhea,
vomiting, diarrhea, excessive	intake,prolonged vomiting or diarrhea,	renal failure combined with salt
sweating, salt-losing	RTA types I and II,	deprivation, over-treatment with
nephropathy, adrenal insufficiency,	hyperaldosteronism, Cushing's	diuretics, chronic respiratory acidosis,
nephrotic syndrome, water	syndrome,osmotic diuresis (e.g.,	diabetic ketoacidosis, excessive
intoxication, SIADH. Drugs:	hyperglycemia),alkalosis, familial	sweating, SIADH, salt-losing
thiazides, diuretics, ACE inhibitors,	periodic paralysis,trauma	nephropathy, porphyria, expansion of
chlorpropamide,carbamazepine,anti	(transient).Drugs: Adrenergic agents,	extracellular fluid volume,
depressants (SSRI), antipsychotics.	diuretics.	adrenalinsufficiency,
		hyperaldosteronism, metabolic
		alkalosis. Drugs: chronic
		laxative,corticosteroids, diuretics.
Increased in: Dehydration	Increased in: Massive hemolysis,	Increased in: Renal failure, nephrotic
(excessivesweating, severe	severe tissue damage, rhabdomyolysis,	syndrome, RTA,dehydration,
vomiting or diarrhea), diabetes	acidosis, dehydration,renal failure,	overtreatment with
mellitus, diabetesinsipidus,	Addison's disease, RTA type IV,	saline,hyperparathyroidism, diabetes
hyperaldosteronism, inadequate	hyperkalemic familial periodic	insipidus, metabolic acidosis from
water intake. Drugs: steroids,	paralysis. Drugs: potassium salts,	diarrhea (Loss of HCO3-), respiratory
licorice,oral contraceptives.	potassium- sparing diuretics,NSAIDs,	alkalosis,hyperadrenocorticism.
	beta-blockers, ACE inhibitors, high-	Drugs: acetazolamide, androgens,
	dose trimethoprim-sulfamethoxazole.	hydrochlorothiazide, salicylates.
Interferences: Severe lipemia or	Interferences: Hemolysis of sample,	Interferences:Test is helpful in
hyperproteinemi, if sodium analysis	delayed separation of serum,	assessing normal and increased anion
involves a dilution step can cause	prolonged fist clenching during blood	gap metabolic acidosis and in
spurious results. The serum sodium	drawing, and prolonged tourniquet	distinguishing hypercalcemia due to
falls about 1.6 mEq/L for each 100	placement. Very high WBC/PLT counts	hyperparathyroidism (high serum
mg/dL increase in blood glucose.	may cause spurious. Plasma potassium	chloride) from that due to malignancy
	levels are normal.	(Normal serum chloride)

Interpretation(s)

GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the

Increased in:Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

Decreased in:Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency,hypopituitarism,diffuse liver disease,

malignancy(adrenocortical,stomach,fibrosarcoma),infant of a diabetic mother,enzyme deficiency

diseases(e.g.galactosemia), Drugs-insulin, ethanol, propranolol; sulfonylureas, tolbutamide, and other oral hypoglycemic agents.

NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within

individuals.Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment,Renal Glyosuria,Glycaemic

index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

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GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

- Evaluating the long-term control of blood glucose concentrations in diabetic patients.

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

1. eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

- eAG gives an evaluation of blood glucose levels for the last couple of months.
 eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c 46.7

- **HbA1c Estimation can get affected due to :**1. Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test résults.Fructosamine is recommended in these patients which indicates diabetes control over 15 days.
- 2. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.
- 3. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism,chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.

 4. Interference of hemoglobinopathies in HbA1c estimation is seen in
- a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
- b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
- c) HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. **Elevated levels** results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measure clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver,liver cancer,kidney failure,hemolytic anemia,pancreatitis,hemochromatosis. AST levels may also increase after a heart attack or strenuous activity.ALT test measures the amount of this enzyme in the blood.ALT is found mainly in the liver, but also in smaller amounts in the kidneys,heart,muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, is chemia to the liver, chronic

hepatitis, obstruction of bile ducts, cirrhosis. **ALP** is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vésicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.

Total Protein also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic

syndrome, Protein-losing enteropathy etc. **Albumin** is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc

BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to:

• Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

• Myasthenia Gravis, Muscuophy

URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic

syndrome **Causes of decreased levels**-Low Zinc intake,OCP,Multiple Sclerosis
TOTAL PROTEIN, SERUM-is a biochemical test for measuring the total amount of protein in serum.Protein in the plasma is made up of albumin and globulin.

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PATIENT ID : ASHIM120289321

CLIENT PATIENT ID: ABHA NO

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Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

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NEW DELHI 110030

8800465156

ACCESSION NO: 0321WE003270

PATIENT ID : ASHIM120289321

CLIENT PATIENT ID: ABHA NO

AGE/SEX

4.7 - 7.5

NEGATIVE

NEGATIVE

NORMAL

NOT DETECTED

NOT DETECTED

NOT DETECTED

NOT DETECTED

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:34 Years

Test Report Status Results Biological Reference Interval Units <u>Final</u>

CLINICAL PATH - URINALYSIS

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

PHYSICAL EXAMINATION, URINE

COLOR Yellow APPEARANCE Clear

CHEMICAL EXAMINATION, URINE

METHOD: REFLECTANCE SPECTROPHOTOMETRY		
SPECIFIC GRAVITY	1.015	1.003 - 1.035
METHOD: REFLECTANCE SPECTROPHOTOMETRY		
PROTEIN	NOT DETECTED	NEGATIVE

METHOD: REFLECTANCE SPECTROPHOTOMETRY

GLUCOSE

METHOD: REFLECTANCE SPECTROPHOTOMETRY

KETONES

METHOD: REFLECTANCE SPECTROPHOTOMETRY

BLOOD

PH

METHOD: REFLECTANCE SPECTROPHOTOMETRY

BILIRUBIN METHOD: REFLECTANCE SPECTROPHOTOMETRY

UROBILINOGEN

METHOD: REFLECTANCE SPECTROPHOTOMETRY

NITRITE

METHOD: REFLECTANCE SPECTROPHOTOMETRY

LEUKOCYTE ESTERASE

METHOD: REFLECTANCE SPECTROPHOTOMETRY

6.0

NOT DETECTED

NOT DETECTED

NOT DETECTED

NOT DETECTED

NOT DETECTED

NOT DETECTED

NORMAL

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
METHOD: MICROSCOPIC EXAMINATION			
PUS CELL (WBC'S)	0-1	0-5	/HPF
METHOD: MICROSCOPIC EXAMINATION			
EPITHELIAL CELLS	NOT DETECTED	0-5	/HPF

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METHOD: MICROSCOPIC EXAMINATION

NOT DETECTED **CASTS**

METHOD: MICROSCOPIC EXAMINATION

CRYSTALS NOT DETECTED

METHOD: MICROSCOPIC EXAMINATION

BACTERIA NOT DETECTED NOT DETECTED

METHOD: MICROSCOPIC EXAMINATION

YEAST **NOT DETECTED** NOT DETECTED

METHOD: MICROSCOPIC EXAMINATION MICROSCOPIC EXAMINATION OF URINE IS CARRIED OUT ON REMARKS

CENTRIFUGED URINARY SEDIMENT.

Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions					
Proteins	Inflammation or immune illnesses					
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind					
	of kidney impairment					
Glucose	Diabetes or kidney disease					
Ketones	Diabetic ketoacidosis (DKA), starvation or thirst					
Urobilinogen	Liver disease such as hepatitis or cirrhosis					
Blood	Renal or genital disorders/trauma					
Bilirubin	Liver disease					
Erythrocytes	Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary					
	tract infection and glomerular diseases					
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either					
	acute or chronic, polycystic kidney disease, urolithiasis, contamination by					
	genital secretions					
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or					
	bladder catheters for prolonged periods of time					
Granular Casts	Low intratubular pH, high urine osmolality and sodium concentration,					
	interaction with Bence-Jones protein					
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal					
	diseases					

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Test Report Status Final Results Biological Reference Interval Units

Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of ethylene glycol or of star fruit (Averrhoa carambola) or its juice			
Uric acid	arthritis			
Bacteria	Urinary infectionwhen present in significant numbers & with pus cells.			
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis			

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View Details

View Report



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Biological Reference Interval **Test Report Status** Results Units **Final**

SPECIALISED CHEMISTRY - HORMONE

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

THYROID PANEL, SERUM

TSH (ULTRASENSITIVE)

80.0 - 200.0 ng/dL T3 115.30 METHOD: ECLIA 6.50 T4 5.10 - 14.10 μg/dL

METHOD: ECLIA μIU/mL

0.270 - 4.200

2.790

METHOD : ECLIA

Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, Free T4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)
					Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid
					hormone replacement therapy (3) In cases of Autoimmune/Hashimoto
					thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical
					inflammation, drugs like amphetamines, Iodine containing drug and
					dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4
					replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism

Dr.Miral Gaiera Consultant Pathologist



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Agilus Diagnostics Ltd (Formerly SRL Ltd) Grand Mall, Opposite Sbi Zonal Office, Sm Road, Ambawadi, Ahmedabad, 380015

Gujrat, India Tel: 079-48912999,079-48913999,079-48914999





REF. DOCTOR: SELF **PATIENT NAME: ASHISH KABRA**

CODE/NAME & ADDRESS: C000138364 ACROFEMI HEALTHCARE LTD (MEDIWHEEL)

F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

NEW DELHI 110030

8800465156

ACCESSION NO: 0321WE003270

PATIENT ID : ASHIM120289321

CLIENT PATIENT ID: ABHA NO

AGE/SEX DRAWN

RECEIVED: 27/05/2023 09:10:52

:34 Years

REPORTED :31/05/2023 18:55:15

Test Report Status Results Biological Reference Interval Units **Final**

6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2. Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. NOTE: It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

> **End Of Report** Please visit www.srlworld.com for related Test Information for this accession

CONDITIONS OF LABORATORY TESTING & REPORTING

- 1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
- 2. All tests are performed and reported as per the turnaround time stated in the AGILUS Directory of Services.
- 3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
- 4. A requested test might not be performed if:
 - i. Specimen received is insufficient or inappropriate
 - ii. Specimen quality is unsatisfactory
 - iii. Incorrect specimen type
 - iv. Discrepancy between identification on specimen container label and test requisition form

- AGILUS Diagnostics confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.
- 6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.
- 7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.
- 8. Test results cannot be used for Medico legal purposes.
- 9. In case of queries please call customer care (91115 91115) within 48 hours of the report.

Agilus Diagnostics Limited

Fortis Hospital, Sector 62, Phase VIII, Mohali 160062

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