

**Client****Jeevan Jyoti HLM**

Pathkind Diagnostics Pvt. Ltd.

162, Lowther Road, Bai Ka Bagh, Prayagraj

**Processed By****Pathkind Diagnostics Pvt. Ltd.**

162, Lowther Road, Bai Ka Bagh, Prayagraj

Uttar Pradesh-211003

<b>Name</b>	: <b>Mr. KUMAR SHIVAM</b>	<b>REG-323160</b>	<b>OPD</b>	Billing Date	: 12/08/2023 09:43:09
Age	: 30 Yrs			Sample Collected on	: 12/08/2023 12:50:32
Sex	: Male			Sample Received on	: 12/08/2023 12:51:07
P. ID No.	: P1212100017112			Report Released on	: 12/08/2023 13:37:59
<b>Accession No</b>	: <b>12122306536</b>			Barcode No.	: 1212051916
Referring Doctor	: SELF			Ref no.	:
Referred By	:				

**Report Status - Final**

Test Name	Result	Biological Ref. Interval	Unit
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**HAEMATOLOGY****Complete Blood Count (CBC)****Haemoglobin (Hb)**

15.4

13.0 - 17.0

gm/dL

Sample: Whole Blood EDTA

Method: Photometric measurement

**Total WBC Count / TLC**

6.3

4.0 - 10.0

thou/ $\mu$ L

Sample: Whole Blood EDTA

Method: Impedance

**RBC Count**

5.2

4.5 - 5.5

million/ $\mu$ L

Sample: Whole Blood EDTA

Method: Impedance

**PCV / Hematocrit**

47.9

40.0 - 50.0

%

Sample: Whole Blood EDTA

Method: Impedance

**MCV**

91.4

83.0 - 101.0

fL

Sample: Whole Blood EDTA

Method: Calculated

**MCH**

29.4

27.0 - 32.0

pg

Sample: Whole Blood EDTA

Method: Calculated

**MCHC**

32.1

31.5 - 34.5

g/dL

Sample: Whole Blood EDTA

Method: Calculated

**RDW (Red Cell Distribution Width)**

14.9

11.8 - 15.6

%

Sample: Whole Blood EDTA

Method: Calculated

**DLC (Differential Leucocyte Count)**

Method: Flowcytometry/Microscopy

**Neutrophils**

58

40 - 80

%

Sample: Whole Blood EDTA

Method: VCS Technology &amp; Microscopy

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<b>Lymphocytes</b> <i>Sample: Whole Blood EDTA Method: VCS Technology &amp; Microscopy</i>	36	20 - 40	%
<b>Eosinophils</b> <i>Sample: Whole Blood EDTA Method: VCS Technology &amp; Microscopy</i>	02	01 - 06	%
<b>Monocytes</b> <i>Sample: Whole Blood EDTA Method: VCS Technology &amp; Microscopy</i>	04	02 - 10	%
<b>Basophils</b> <i>Sample: Whole Blood EDTA Method: VCS Technology &amp; Microscopy</i>	00	00 - 02	%
<b>Absolute Neutrophil Count</b> <i>Sample: Whole Blood EDTA</i>	3654	2000 - 7000	/μL
<b>Absolute Lymphocyte Count</b> <i>Sample: Whole Blood EDTA</i>	2268	1000 - 3000	/μL
<b>Absolute Eosinophil Count</b> <i>Sample: Whole Blood EDTA</i>	126	20 - 500	/μL
<b>Absolute Monocyte Count</b> <i>Sample: Whole Blood EDTA</i>	252	200 - 1000	/μL
<b>Absolute Basophil Count</b> <i>Sample: Whole Blood EDTA</i>	<b>00 L</b>	20 - 100	/μL
<b>DLC Performed By</b> <i>Sample: Whole Blood EDTA</i>	EDTA Smear		
<b>Platelet Count</b> <i>Sample: Whole Blood EDTA Method: Impedance</i>	151	150 - 410	thou/μL
<b>MPV (Mean Platelet Volume)</b> <i>Sample: Whole Blood EDTA Method: Calculated</i>	<b>12.7 H</b>	6.8 - 10.9	fL

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*Sample: Whole Blood EDTA*
**Erythrocyte Sedimentation Rate (ESR)**
*Sample: Whole Blood EDTA*
*Method: Modified Westergren Method*

08

&lt;10

mm 1st Hour

**Blood Group**
**Blood Grouping**
*Sample: Whole Blood EDTA*
*Method: Column Agglutination*

" A "

**Rh (D) Typing**
*Sample: Whole Blood EDTA*
*Method: Column agglutination*

POSITIVE

**BIOCHEMISTRY**
**HbA1C (Glycosylated Hemoglobin)**
**HbA1c**
*Sample: Whole Blood EDTA*
*Method: Turbidimetric inhibition immunoassay*

5.5

 Non Diabetic : < 5.7 %  
 Prediabetic Range : 5.7 - 6.4 %  
 Diabetic Range : >= 6.5 %  
 Goal of Therapy : <7.0 %  
 Action suggested : >8.0 %

%

**Mean Plasma Glucose**
*Sample: Whole Blood EDTA*
*Method: Calculated*

111.2

&lt;116.0

mg/dL

**Fasting Plasma Glucose**
*Sample: Fluoride Plasma - F*

94

74 - 106

mg/dl

**Glucose Post-Prandial**
*Sample: Fluoride Plasma - PP*
*Method: Hexokinase*

124

70 - 140

mg/dl

**Kidney Profile**
**Blood Urea**
**Blood Urea Nitrogen (BUN)**
*Sample: Serum*
*Method: Spectrophotometry-Urease / GLDH*

9.80

8.87 - 20.50

mg/dL

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<b>Urea</b> <i>Sample: Serum Method: Spectrophotometry</i>	20.97	17.00 - 43.00	mg/dL
<b>Creatinine</b> <i>Sample: Serum Method: Spectrophotometry</i>	0.71	0.70 - 1.30	mg/dL
<b>BUN Creatinine Ratio</b> <i>Sample: Serum Method: Calculated</i>	14	10 - 20	
<b>Uric Acid</b> <i>Sample: Serum Method: Spectrophotometry</i>	7.0	3.4 - 7.0	mg/dL
<b>Total Protein</b> <i>Sample: Serum Method: Spectrophotometry</i>	7.4	6.4 - 8.3	g/dL
<b>Albumin</b> <i>Sample: Serum Method: Spectrophotometry</i>	4.9	4.0 - 4.9	g/dL
<b>Globulin</b> <i>Sample: Serum Method: Calculated</i>	2.5	1.9 - 3.7	g/dL
<b>Albumin : Globulin Ratio</b> <i>Sample: Serum Method: Calculated</i>	2.0	1.0 - 2.1	
<b>Sodium</b> <i>Sample: Serum Method: ISE</i>	140	136 - 145	mmol/L
<b>Potassium</b> <i>Sample: Serum Method: ISE</i>	4.1	3.5 - 5.1	mmol/L
<b>Chloride</b> <i>Sample: Serum Method: ISE</i>	<b>108 H</b>	97 - 107	mmol/L

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**CLINICAL PATHOLOGY****Urine Routine & Microscopic Examination**

Method: Reflectance Photometry

**Physical Examination****Colour**

Sample: Urine

Method: Physical Examination

Pale Yellow

Pale Yellow

**Appearance**

Sample: Urine

Method: Physical Examination

Slightly Hazy

Clear

**Specific Gravity**

Sample: Urine

Method: pKa change of pretreated polyelectrolytes

1.020

1.003 - 1.035

**pH**

Sample: Urine

Method: Double indicator principle

6.0

4.7 - 7.5

**Chemical Examination****Glucose**

Sample: Urine

Method: Glucose oxidase/peroxidase

Not Detected

Not Detected

**Protein**

Sample: Urine

Method: Protein-error-of-indicators principle

Trace

Not Detected

**Ketones**

Sample: Urine

Method: Sodium nitroprusside reaction

Not Detected

Not Detected

**Blood**

Sample: Urine

Method: Peroxidase

Not Detected

Not Detected

**Bilirubin**

Sample: Urine

Method: Diazo reaction

Not Detected

Not Detected

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<b>Referring Doctor</b> : SELF			<b>Ref no.</b> :
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Test Name	Result	Biological Ref. Interval	Unit
<b>Urobilinogen</b> <i>Sample: Urine</i> <i>Method: Ehrlich's reaction</i>	Normal	Normal	
<b>Nitrite</b> <i>Sample: Urine</i> <i>Method: Nitrite Test</i>	Not Detected	Not Detected	
<b>Microscopic Examination</b> <i>Method: Microscopy</i>			
<b>Pus Cells</b> <i>Sample: Urine</i>	2 - 3	0 - 5	/hpf
<b>RBC</b> <i>Sample: Urine</i>	Not Detected	Not Detected	/hpf
<b>Epithelial Cells</b> <i>Sample: Urine</i>	2 - 3	0 - 5	/hpf
<b>Casts</b> <i>Sample: Urine</i>	Not Detected	Not Detected	/hpf
<b>Crystals</b> <i>Sample: Urine</i>	Calcium Oxalate	Not Detected	/hpf
<b>Bacteria</b> <i>Sample: Urine</i>	Not Detected	Not Detected	/hpf
<b>Remarks</b> <i>Sample: Urine</i>			

**Remarks** : Microscopic Examination is performed on urine sediment**BIOCHEMISTRY****Thyroid Profile Total**

<b>Total T3 (Triiodothyronine)</b> <i>Sample: Serum</i> <i>Method: ECLIA</i>	1.04	0.80 - 2.00	ng/mL
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<b>Total T4 (Thyroxine)</b> <i>Sample: Serum</i> <i>Method: ECLIA</i>	8.25	5.10 - 14.10	µg/dL
<b>TSH 3rd Generation</b> <i>Sample: Serum</i> <i>Method: ECLIA</i>	2.300	0.270 - 4.200	µIU/mL
<b>Lipid Profile</b> <i>Method: Sample: Serum</i>			
<b>Total Cholesterol</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	190	No risk : < 200 Moderate risk : 200–239 High risk : =240	mg/dL
<b>Triglycerides</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	<b>268 H</b>	Desirable : < 150 Borderline High : 150 - 199 High : 200 - 499 Very High : >= 500	mg/dL
<b>LDL Cholesterol (Calculated)</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	97	Optimal : <100 Near Optimal : 100 - 129 Borderline High : 130 - 160 High : 161 - 189 Very High : >=190	mg/dL
<b>HDL Cholesterol</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	<b>39 L</b>	Low : < 40 Optimal : 40 - 60 High : > 60	mg/dL
<b>VLDL Cholesterol</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	<b>53.6 H</b>	Desirable 10 - 35	mg/dL
<b>Total Cholesterol / HDL Ratio</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	<b>4.87 H</b>	Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	
<b>LDL / HDL Ratio</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	2.5	0.5 - 3.0	

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Low Risk : 0.5 - 3.0  
Moderate Risk : 3.1 - 6.0  
High Risk : > 6.0

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<b>Liver Function Test (LFT)</b>			
<b>Bilirubin Total</b>	0.5	0.0 - 1.2	mg/dL
Sample: Serum Method: Spectrophotometry-Diazo			
<b>Bilirubin Direct</b>	0.2	0.0 - 0.2	mg/dL
Sample: Serum Method: Spectrophotometry-Diazo			
<b>Serum Bilirubin (Indirect)</b>	0.30	0.00 - 0.90	mg/dL
Sample: Serum Method: Calculated			
<b>SGOT / AST</b>	32	<37	U/L
Sample: Serum Method: Spectrophotometry			
<b>SGPT / ALT</b>	<b>46 H</b>	<41	U/L
Sample: Serum Method: Spectrophotometry			
<b>AST / ALT Ratio</b>	0.70		
Sample: Serum Method: Calculated			
<b>Alkaline Phosphatase (ALP)</b>	113	<128	U/L
Sample: Serum Method: Spectrophotometry			
<b>Total Protein</b>	7.4	6.4 - 8.3	g/dL
Sample: Serum Method: Spectrophotometry			
<b>Albumin</b>	4.9	4.0 - 4.9	g/dL
Sample: Serum Method: Spectrophotometry			
<b>Globulin</b>	2.5	1.9 - 3.7	g/dL
Sample: Serum Method: Calculated			
<b>Albumin/Globulin (A/G) Ratio</b>	2.0	1.0 - 2.1	g/dL
Sample: Serum Method: Calculated			

**Complete Blood Count (CBC)**

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Clinical Significance :

CBC comprises of estimation of the cellular components of blood including RBCs, WBCs and Platelets. Mean corpuscular volume (MCV) is a measure of the size of the average RBC, MCH is a measure of the hemoglobin content of the average RBC and MCHC is the hemoglobin concentration per RBC. The red cell distribution width (RDW) is a measure of the degree of variation in RBC size (anisocytosis) and is helpful in distinguishing between some anemias. CBC examination is used as a screening tool to confirm a hematologic disorder, to establish or rule out a diagnosis, to detect an unsuspected hematologic disorder, or to monitor effects of radiation or chemotherapy. Abnormal results may be due to a primary disorder of the cell-producing organs or an underlying disease. Results should be interpreted in conjunction with the patient's clinical picture and appropriate additional testing performed.

**Erythrocyte Sedimentation Rate (ESR)**Clinical Significance :

The erythrocyte sedimentation rate (ESR) is a simple but non-specific test that helps to detect inflammation associated with conditions such as infections, cancers, and autoimmune diseases.

**HbA1C (Glycosylated Hemoglobin)**Clinical Significance :

Hemoglobin A1c (HbA1c) level reflects the mean glucose concentration over the previous period (approximately 8-12 weeks) and provides a much better indication of long-term glycemic control than blood and urinary glucose determinations. American Diabetes Association (ADA) include the use of HbA1c to diagnose diabetes, using a cutpoint of 6.5%. The ADA recommends measurement of HbA1c 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to assess whether a patient's metabolic control has remained continuously within the target range. Falsely low HbA1c results may be seen in conditions that shorten erythrocyte life span. and may not reflect glycemic control in these cases accurately.

**Glucose Post-Prandial****COMMENTS / INTERPRETATION:**

Any of the following results, confirmed on a subsequent day, can be considered diagnostic for diabetes:

-Fasting plasma or serum glucose  $>$  or  $=$  126 mg/dL after an 8-hour fast

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-2-Hour plasma or serum glucose  $>$  or  $=$ 200 mg/ dL during a 75-gram oral glucose tolerance test (OGTT)  
-Random glucose  $>$ 200 mg/dL, plus typical symptoms

Patients with "impaired" glucose regulation are those whose fasting serum or plasma glucose fall between 101 and 126 mg/dL, or whose 2-hour value on oral glucose tolerance test fall between 140 and 199 mg/dL. These patients have a markedly increased risk of developing type 2 diabetes and should be counseled for lifestyle changes and followed up with more testing.

**Uric Acid**Clinical Significance :

Uric acid is the final product of purine metabolism. Serum uric acid levels are raised in case of increased purine synthesis, inherited metabolic disorder, excess dietary purine intake, increased nucleic acid turnover, malignancy and cytotoxic drugs. Decreased levels are seen in chronic renal failure, severe hepatocellular disease with reduced purine synthesis, defective renal tubular reabsorption, overtreatment of hyperuricemia with allopurinol, as well as some cancer therapies.

**Urine Routine & Microscopic Examination**Clinical Significance :

Urine routine examination and microscopy comprises of a set of screening tests that can detect some common diseases like urinary tract infections, kidney disorders, liver problems, diabetes or other metabolic conditions. Physical characteristics (colour and appearance), chemical composition (glucose, protein, ketone, blood, bilirubin and urobilinogen) and microscopic content ( pus cells, epithelial cells, RBCs, casts and crystals) are analyzed and reported.

**Total T3 (Triiodothyronine)**Clinical Significance :

Thyroid hormones, T3 and T4, which are secreted by the thyroid gland, regulate a number of developmental, metabolic, and neural activities throughout the body. The thyroid gland synthesizes 2 hormones - T3 and T4. T3 production in the thyroid gland constitutes approximately 20% of the total circulating T3, 80% being produced by peripheral conversion from T4. T3 is more potent biologically. Total T3 comprises of Free T3 and bound T3. Bound T3 remains bound to carrier proteins like thyroid-binding globulin, prealbumin, and albumin). Only the free forms are metabolically active. In hyperthyroidism, both T4 and T3 levels are usually elevated, but in some rare cases, only T3 elevation is also seen. In hypothyroidism T4 and T3 levels are both low. T3 levels are frequently low in sick or hospitalized euthyroid patients.

**Total T4 (Thyroxine)**

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162, Lowther Road, Bai Ka Bagh, Prayagraj

Uttar Pradesh-211003

<b>Name</b>	: Mr. KUMAR SHIVAM	<b>REG-323160</b>	<b>OPD</b>	Billing Date	: 12/08/2023 09:43:09
Age	: 30 Yrs			Sample Collected on	: 12/08/2023 12:50:32
Sex	: Male			Sample Received on	: 12/08/2023 12:51:07
P. ID No.	: P1212100017112			Report Released on	: 12/08/2023 13:37:59
<b>Accession No</b>	: <b>12122306536</b>			Barcode No.	: 1212051917, 1212051872, 1212051918, 1212051947, 1212051916
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**Clinical Significance :**

Total T4 is synthesized in the thyroid gland. About 0.05% of circulating T4 is in the free or biologically active form. The remainder is bound to thyroxine-binding globulin (TBG), prealbumin, and albumin. High levels of T4 (and FT4) causes hyperthyroidism and low levels lead to hypothyroidism.

**TSH 3rd Generation****Clinical Significance :**

TSH levels are elevated in primary hypothyroidism and low in primary hyperthyroidism. Evaluation of TSH is useful in the differential diagnosis of primary from secondary and tertiary hypothyroidism. In primary hypothyroidism, TSH levels are elevated, while in secondary and tertiary hypothyroidism, TSH levels are low or normal. High TSH level in the presence of normal FT4 is called subclinical hypothyroidism and low TSH with normal FT4 is called subclinical hyperthyroidism. Sick, hospitalized patients may have falsely low or transiently elevated TSH. Significant diurnal variation is also seen in TSH levels.

**Total Cholesterol****Clinical Significance :**

Serum cholesterol is elevated in hereditary hyperlipoproteinemias and in other metabolic diseases. Moderate-to-markedly elevated values are also seen in cholestatic liver disease. Increased levels are a risk factor for cardiovascular disease. Low levels of cholesterol may be seen in disorders like hyperthyroidism, malabsorption, and deficiencies of apolipoproteins.

**Triglycerides****Clinical Significance :**

Triglycerides are partly synthesized in the liver and partly derived from the diet. Increased serum triglyceride levels are a risk factor for atherosclerosis. Hyperlipidemia may be inherited or may be due to conditions like biliary obstruction, diabetes mellitus, nephrotic syndrome, renal failure, certain metabolic disorders or drug induced.

**HDL Cholesterol****Clinical Significance :**

High-density lipoprotein (HDL) is an important tool used to assess risk of developing coronary heart disease. Increased levels are seen in persons with more physical activity. Very high levels are seen in case of metabolic response to medications like hormone replacement therapy. Raised levels are also

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seen in case of chronic intoxication with alcohol, heavy metals or industrial chemicals. Low HDL cholesterol correlates with increased risk for coronary heart disease (CHD). Very low levels are seen in Tangier disease, cholestatic liver disease and in association with decreased hepatocyte function.

**Lipid Profile**

Proposed LDL-C goals in very high risk and extreme risk group patients by the Lipid Association of India.

Very High Risk group (VHRG)	Extreme Risk group	
	Category A	Category B
LDL-C goal of <50 mg/dl	LDL-C goal of <50 mg/dl (recommended) LDL-C goal of ≤30 mg/dl (optional)	LDL-C goal of ≤30 mg/dl
High-risk conditions Any one of following:	CAD with ≥1 of following:	CAD with ≥1 of following:
1. ASCVD (CAD/PAD/TIA or stroke) 2. Homozygous familial 3. hypercholesterolemia 4. Diabetes with ≥2 major ASCVD risk factors*/target organ damage	1. Diabetes without target organ damage/≤1 major 2. ASCVD risk factors 3. Familial hypercholesterolemia 4. ≥3 major ASCVD risk factors 5. CKD stage 3B and 4 6. ≥2 major ASCVD risk factors with ≥1 moderate 7. non-conventional risk factor# 8. Lp(a) ≥50 mg/dl 9. Coronary calcium score ≥300 HU 10. Extreme of a single risk factor 11. PAD 12. H/o TIA or stroke 13. Non-stenotic carotid plaque	1. Diabetes + polyvascular disease/≥2 2. major ASCVD risk factors*/target organ 3. damage 4. Recurrent ACS (within 12 months) despite on LDL-C goal 5. Homozygous familial 6. Hypercholesterolemia

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The LDL-C goal of  $\leq 30$  mg/dl must be pursued after detailed risk-benefit discussion between physician and patient.

Clinical judgment to be used in decision making if the patient has disease/risk factors not covered in the table, eg. peripheral arterial disease or cerebrovascular disease.

\*Major ASCVD risk factors: 1. Age- male  $\geq 45$  years, female  $\geq 55$  years, 2. Family h/o premature CAD- male  $< 55$  years, female  $< 65$  years, 3. Smoking/tobacco use, 4. Systemic hypertension, 5. Low HDL (males  $< 40$  mg/dl and females  $< 50$  mg/dl).

#Moderate non-conventional risk factors: 1. Coronary calcium score 100-299 HU, 2. Increased carotid intima-media thickness, 3. Lp(a)  $\geq 20$ -49 mg/dl, 4. Impaired fasting glucose, 5. Increased waist circumference, 6. Apolipoprotein B  $\geq 110$  mg/dl, 7. hsCRP  $\geq 2$  mg/L.

**Bilirubin Total****Interpretation**

Bilirubin is one of the most commonly used tests to assess liver function. Approximately 85% of the total bilirubin produced is derived from hemoglobin, while the remaining 15% is produced from RBC precursors destroyed in the bone marrow and from the catabolism of other heme-containing proteins. After production in peripheral tissues, bilirubin is rapidly taken up by hepatocytes where it is conjugated and then excreted in the bile. A number of inherited and acquired diseases affect one or more of the steps involved in the production, uptake, storage, metabolism, and excretion of bilirubin. In hepatobiliary diseases of various causes, bilirubin uptake, storage, and excretion are impaired to varying degrees.

The most commonly occurring form of unconjugated hyperbilirubinemia is that seen in newborns and referred to as physiological jaundice. Indirect bilirubin is a calculated parameter its range has not been defined for neonatal period (0-14 days).

**Bilirubin Direct****Interpretation**

Bilirubin is one of the most commonly used tests to assess liver function. Approximately 85% of the total bilirubin produced is derived from hemoglobin, while the remaining 15% is produced from RBC precursors destroyed in the bone marrow and from the catabolism of other heme-containing proteins. After production in peripheral tissues, bilirubin is rapidly taken up by hepatocytes where it is conjugated and then

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excreted in the bile. A number of inherited and acquired diseases affect one or more of the steps involved in the production, uptake, storage, metabolism, and excretion of bilirubin. In hepatobiliary diseases of various causes, bilirubin uptake, storage, and excretion are impaired to varying degrees.

The most commonly occurring form of unconjugated hyperbilirubinemia is that seen in newborns and referred to as physiological jaundice.

**SGOT / AST**Clinical Significance :

"Elevated aspartate aminotransferase (AST) values are seen most commonly in parenchymal liver diseases. Values can be elevated from 10 to 100 times the normal range, though commonly 20 to 50 times elevations are seen. AST levels are raised in infectious hepatitis and other inflammatory conditions affecting the liver along with ALT, though ALT levels are higher. The ALT:AST ratio which is normally <1 is reversed in these conditions and becomes >1. AST levels are usually raised before clinical signs and symptoms of disease appear. AST and ALT also rise in primary or metastatic carcinoma of the liver, with AST usually being higher than ALT. Elevated AST values may also be seen in disorders affecting the heart, skeletal muscle and kidney, such as myocardial infarction, muscular dystrophy, dermatomyositis, acute pancreatitis and crushed muscle injuries."

**SGPT / ALT**Clinical Significance :

Elevated alanine aminotransferase (ALT) values are seen in parenchymal liver diseases characterized by a destruction of hepatocytes. Values are at least 10 times higher the normal range and may reach up to 100 times the upper reference limit. Commonly, values are seen to be 20 - 50 times higher than normal. In infectious hepatitis and other inflammatory conditions affecting the liver, ALT levels rise more than aspartate aminotransferase (AST), and the ALT/AST ratio, which is normally <1, is reversed and becomes >1. ALT levels usually rise before clinical signs and symptoms of disease appear.

**Alkaline Phosphatase (ALP)**Clinical Significance :

Alkaline Phosphatase levels can be elevated in both liver related as well as bone related conditions. ALP levels are raised (more than 3 fold) in extrahepatic biliary obstruction (eg, by stone or by cancer of the head of the pancreas) than in intrahepatic obstruction, and is directly proportional to the level of obstruction. Levels may rise up to 10 to 12 times the upper limit of normal range and returns to

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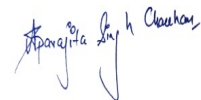
normal on surgical removal of the obstruction. ALP levels rise together with GGT levels and If both GGT and ALP are elevated, a liver source of the ALP is likely. Among bone diseases, ALP levels rise in Paget disease (up to 25 fold),osteomalacia,rickets,primary and secondary hyperparathyroidism and osteogenic bone cancer. Elevated ALP is seen in children following accelerated bone growth. Also, a 2 to 3fold elevation may be observed in women in the third trimester of pregnancy, although the interval is very wide and levels may not exceed the upper limit of the reference interval in some cases.

**Total Protein**Clinical Significance :

High levels of Serum Total Protein is seen in increased acute phase reactants in inflammation, late-stage liver disease, infections,multiple myeloma and other malignant paraproteinemias.n. Hypoproteinemia is seen in hypogammaglobulinemia, nephrotic syndrome and protein-losing enteropathy.

**Albumin**Clinical Significance :

"Hypoalbuminemia can be caused by impaired synthesis due to liver disease (primary) or due to diminished protein intake (secondary), increased catabolism due to tissue damage and inflammation; malabsorption of amino acids; and increased renal excretion (eg, nephrotic syndrome).Hyperalbuminemia is seen in dehydration."

**\*\* End of Report\*\*****Dr Aparajita singh chauhan**

Lab head - Prayagraj (JJH)

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Test Name	Result	Biological Ref. Interval	Unit
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**HAEMATOLOGY****Complete Blood Count (CBC)****Haemoglobin (Hb)**

15.4

13.0 - 17.0

gm/dL

Sample: Whole Blood EDTA

Method: Photometric measurement

**Total WBC Count / TLC**

6.3

4.0 - 10.0

thou/ $\mu$ L

Sample: Whole Blood EDTA

Method: Impedance

**RBC Count**

5.2

4.5 - 5.5

million/ $\mu$ L

Sample: Whole Blood EDTA

Method: Impedance

**PCV / Hematocrit**

47.9

40.0 - 50.0

%

Sample: Whole Blood EDTA

Method: Impedance

**MCV**

91.4

83.0 - 101.0

fL

Sample: Whole Blood EDTA

Method: Calculated

**MCH**

29.4

27.0 - 32.0

pg

Sample: Whole Blood EDTA

Method: Calculated

**MCHC**

32.1

31.5 - 34.5

g/dL

Sample: Whole Blood EDTA

Method: Calculated

**RDW (Red Cell Distribution Width)**

14.9

11.8 - 15.6

%

Sample: Whole Blood EDTA

Method: Calculated

**DLC (Differential Leucocyte Count)**

Method: Flowcytometry/Microscopy

**Neutrophils**

58

40 - 80

%

Sample: Whole Blood EDTA

Method: VCS Technology &amp; Microscopy

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Test Name	Result	Biological Ref. Interval	Unit
<b>Lymphocytes</b> <i>Sample: Whole Blood EDTA Method: VCS Technology &amp; Microscopy</i>	36	20 - 40	%
<b>Eosinophils</b> <i>Sample: Whole Blood EDTA Method: VCS Technology &amp; Microscopy</i>	02	01 - 06	%
<b>Monocytes</b> <i>Sample: Whole Blood EDTA Method: VCS Technology &amp; Microscopy</i>	04	02 - 10	%
<b>Basophils</b> <i>Sample: Whole Blood EDTA Method: VCS Technology &amp; Microscopy</i>	00	00 - 02	%
<b>Absolute Neutrophil Count</b> <i>Sample: Whole Blood EDTA</i>	3654	2000 - 7000	/μL
<b>Absolute Lymphocyte Count</b> <i>Sample: Whole Blood EDTA</i>	2268	1000 - 3000	/μL
<b>Absolute Eosinophil Count</b> <i>Sample: Whole Blood EDTA</i>	126	20 - 500	/μL
<b>Absolute Monocyte Count</b> <i>Sample: Whole Blood EDTA</i>	252	200 - 1000	/μL
<b>Absolute Basophil Count</b> <i>Sample: Whole Blood EDTA</i>	<b>00 L</b>	20 - 100	/μL
<b>DLC Performed By</b> <i>Sample: Whole Blood EDTA</i>	EDTA Smear		
<b>Platelet Count</b> <i>Sample: Whole Blood EDTA Method: Impedance</i>	151	150 - 410	thou/μL
<b>MPV (Mean Platelet Volume)</b> <i>Sample: Whole Blood EDTA Method: Calculated</i>	<b>12.7 H</b>	6.8 - 10.9	fL

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*Sample: Whole Blood EDTA*
**Erythrocyte Sedimentation Rate (ESR)**
*Sample: Whole Blood EDTA*
*Method: Modified Westergren Method*

08

&lt;10

mm 1st Hour

**Blood Group**
**Blood Grouping**
*Sample: Whole Blood EDTA*
*Method: Column Agglutination*

" A "

**Rh (D) Typing**
*Sample: Whole Blood EDTA*
*Method: Column agglutination*

POSITIVE

**BIOCHEMISTRY**
**HbA1C (Glycosylated Hemoglobin)**
**HbA1c**
*Sample: Whole Blood EDTA*
*Method: Turbidimetric inhibition immunoassay*

5.5

Non Diabetic : &lt; 5.7 %

Prediabetic Range : 5.7 - 6.4 %

Diabetic Range : &gt;= 6.5 %

Goal of Therapy : &lt;7.0 %

Action suggested : &gt;8.0 %

%

**Mean Plasma Glucose**
*Sample: Whole Blood EDTA*
*Method: Calculated*

111.2

&lt;116.0

mg/dL

**Fasting Plasma Glucose**
*Sample: Fluoride Plasma - F*

94

74 - 106

mg/dl

**Glucose Post-Prandial**
*Sample: Fluoride Plasma - PP*
*Method: Hexokinase*

124

70 - 140

mg/dl

**Kidney Profile**
**Blood Urea**
**Blood Urea Nitrogen (BUN)**
*Sample: Serum*
*Method: Spectrophotometry-Urease / GLDH*

9.80

8.87 - 20.50

mg/dL

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Test Name	Result	Biological Ref. Interval	Unit
<b>Urea</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	20.97	17.00 - 43.00	mg/dL
<b>Creatinine</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	0.71	0.70 - 1.30	mg/dL
<b>BUN Creatinine Ratio</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	14	10 - 20	
<b>Uric Acid</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	7.0	3.4 - 7.0	mg/dL
<b>Total Protein</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	7.4	6.4 - 8.3	g/dL
<b>Albumin</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	4.9	4.0 - 4.9	g/dL
<b>Globulin</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	2.5	1.9 - 3.7	g/dL
<b>Albumin : Globulin Ratio</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	2.0	1.0 - 2.1	
<b>Sodium</b> <i>Sample: Serum</i> <i>Method: ISE</i>	140	136 - 145	mmol/L
<b>Potassium</b> <i>Sample: Serum</i> <i>Method: ISE</i>	4.1	3.5 - 5.1	mmol/L
<b>Chloride</b> <i>Sample: Serum</i> <i>Method: ISE</i>	<b>108 H</b>	97 - 107	mmol/L

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Age	:	30 Yrs		Sample Collected on	:	12/08/2023 12:50:32
Sex	:	Male		Sample Received on	:	12/08/2023 12:51:07
P. ID No.	:	P1212100017112		Report Released on	:	12/08/2023 13:37:59
<b>Accession No</b>	:	<b>12122306536</b>		Barcode No.	:	1212051917, 1212051872, 1212051918, 1212051947, 1212051916
Referring Doctor	:	SELF		Ref no.	:	
Referred By	:					

**Report Status - Final**

Test Name	Result	Biological Ref. Interval	Unit
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**CLINICAL PATHOLOGY****Urine Routine & Microscopic Examination**

Method: Reflectance Photometry

**Physical Examination****Colour**

Sample: Urine

Method: Physical Examination

Pale Yellow

Pale Yellow

**Appearance**

Sample: Urine

Method: Physical Examination

Slightly Hazy

Clear

**Specific Gravity**

Sample: Urine

Method: pKa change of pretreated polyelectrolytes

1.020

1.003 - 1.035

**pH**

Sample: Urine

Method: Double indicator principle

6.0

4.7 - 7.5

**Chemical Examination****Glucose**

Sample: Urine

Method: Glucose oxidase/peroxidase

Not Detected

Not Detected

**Protein**

Sample: Urine

Method: Protein-error-of-indicators principle

Trace

Not Detected

**Ketones**

Sample: Urine

Method: Sodium nitroprusside reaction

Not Detected

Not Detected

**Blood**

Sample: Urine

Method: Peroxidase

Not Detected

Not Detected

**Bilirubin**

Sample: Urine

Method: Diazo reaction

Not Detected

Not Detected

12122306536 Mr. KUMAR SHIVAM

REG-323160



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<b>Referring Doctor</b> : SELF			<b>Ref no.</b> :
<b>Referred By</b> :			

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Test Name	Result	Biological Ref. Interval	Unit
<b>Urobilinogen</b> <i>Sample: Urine</i> <i>Method: Ehrlich's reaction</i>	Normal	Normal	
<b>Nitrite</b> <i>Sample: Urine</i> <i>Method: Nitrite Test</i>	Not Detected	Not Detected	
<b>Microscopic Examination</b> <i>Method: Microscopy</i>			
<b>Pus Cells</b> <i>Sample: Urine</i>	2 - 3	0 - 5	/hpf
<b>RBC</b> <i>Sample: Urine</i>	Not Detected	Not Detected	/hpf
<b>Epithelial Cells</b> <i>Sample: Urine</i>	2 - 3	0 - 5	/hpf
<b>Casts</b> <i>Sample: Urine</i>	Not Detected	Not Detected	/hpf
<b>Crystals</b> <i>Sample: Urine</i>	Calcium Oxalate	Not Detected	/hpf
<b>Bacteria</b> <i>Sample: Urine</i>	Not Detected	Not Detected	/hpf
<b>Remarks</b> <i>Sample: Urine</i>			

**Remarks** : Microscopic Examination is performed on urine sediment**BIOCHEMISTRY****Thyroid Profile Total**

<b>Total T3 (Triiodothyronine)</b> <i>Sample: Serum</i> <i>Method: ECLIA</i>	1.04	0.80 - 2.00	ng/mL
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12122306536 Mr. KUMAR SHIVAM REG-323160



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<b>Total T4 (Thyroxine)</b> <i>Sample: Serum</i> <i>Method: ECLIA</i>	8.25	5.10 - 14.10	µg/dL
<b>TSH 3rd Generation</b> <i>Sample: Serum</i> <i>Method: ECLIA</i>	2.300	0.270 - 4.200	µIU/mL
<b>Lipid Profile</b> <i>Method: Sample: Serum</i>			
<b>Total Cholesterol</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	190	No risk : < 200 Moderate risk : 200–239 High risk : =240	mg/dL
<b>Triglycerides</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	<b>268 H</b>	Desirable : < 150 Borderline High : 150 - 199 High : 200 - 499 Very High : >= 500	mg/dL
<b>LDL Cholesterol (Calculated)</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	97	Optimal : <100 Near Optimal : 100 - 129 Borderline High : 130 - 160 High : 161 - 189 Very High : >=190	mg/dL
<b>HDL Cholesterol</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	<b>39 L</b>	Low : < 40 Optimal : 40 - 60 High : > 60	mg/dL
<b>VLDL Cholesterol</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	<b>53.6 H</b>	Desirable 10 - 35	mg/dL
<b>Total Cholesterol / HDL Ratio</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	<b>4.87 H</b>	Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	
<b>LDL / HDL Ratio</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	2.5	0.5 - 3.0	

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Low Risk : 0.5 - 3.0  
Moderate Risk : 3.1 - 6.0  
High Risk : > 6.0

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Test Name	Result	Biological Ref. Interval	Unit
<b>Liver Function Test (LFT)</b>			
<b>Bilirubin Total</b>	0.5	0.0 - 1.2	mg/dL
<i>Sample: Serum</i>			
<i>Method: Spectrophotometry-Diazo</i>			
<b>Bilirubin Direct</b>	0.2	0.0 - 0.2	mg/dL
<i>Sample: Serum</i>			
<i>Method: Spectrophotometry-Diazo</i>			
<b>Serum Bilirubin (Indirect)</b>	0.30	0.00 - 0.90	mg/dL
<i>Sample: Serum</i>			
<i>Method: Calculated</i>			
<b>SGOT / AST</b>	32	<37	U/L
<i>Sample: Serum</i>			
<i>Method: Spectrophotometry</i>			
<b>SGPT / ALT</b>	<b>46 H</b>	<41	U/L
<i>Sample: Serum</i>			
<i>Method: Spectrophotometry</i>			
<b>AST / ALT Ratio</b>	0.70		
<i>Sample: Serum</i>			
<i>Method: Calculated</i>			
<b>Alkaline Phosphatase (ALP)</b>	113	<128	U/L
<i>Sample: Serum</i>			
<i>Method: Spectrophotometry</i>			
<b>Total Protein</b>	7.4	6.4 - 8.3	g/dL
<i>Sample: Serum</i>			
<i>Method: Spectrophotometry</i>			
<b>Albumin</b>	4.9	4.0 - 4.9	g/dL
<i>Sample: Serum</i>			
<i>Method: Spectrophotometry</i>			
<b>Globulin</b>	2.5	1.9 - 3.7	g/dL
<i>Sample: Serum</i>			
<i>Method: Calculated</i>			
<b>Albumin/Globulin (A/G) Ratio</b>	2.0	1.0 - 2.1	g/dL
<i>Sample: Serum</i>			
<i>Method: Calculated</i>			

**Complete Blood Count (CBC)**

12122306536 Mr. KUMAR SHIVAM REG-323160

**NATIONAL REFERENCE LAB  
PATHKIND DIAGNOSTICS PVT. LTD.**

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 Customer Care: 75000-75111

Page No: 9 of 16

जांच सही तो इलाज सही


**JEEVAN JYOTI HOSPITAL**  
 162, Lowther Road, Himmat Ganj,  
 Bai Ka Bagh, Prayagraj,  
 Uttar Pradesh- 211003  
 Contact No: 7705910033

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Clinical Significance :

CBC comprises of estimation of the cellular components of blood including RBCs, WBCs and Platelets. Mean corpuscular volume (MCV) is a measure of the size of the average RBC, MCH is a measure of the hemoglobin content of the average RBC and MCHC is the hemoglobin concentration per RBC. The red cell distribution width (RDW) is a measure of the degree of variation in RBC size (anisocytosis) and is helpful in distinguishing between some anemias. CBC examination is used as a screening tool to confirm a hematologic disorder, to establish or rule out a diagnosis, to detect an unsuspected hematologic disorder, or to monitor effects of radiation or chemotherapy. Abnormal results may be due to a primary disorder of the cell-producing organs or an underlying disease. Results should be interpreted in conjunction with the patient's clinical picture and appropriate additional testing performed.

**Erythrocyte Sedimentation Rate (ESR)**Clinical Significance :

The erythrocyte sedimentation rate (ESR) is a simple but non-specific test that helps to detect inflammation associated with conditions such as infections, cancers, and autoimmune diseases.

**HbA1C (Glycosylated Hemoglobin)**Clinical Significance :

Hemoglobin A1c (HbA1c) level reflects the mean glucose concentration over the previous period (approximately 8-12 weeks) and provides a much better indication of long-term glycemic control than blood and urinary glucose determinations. American Diabetes Association (ADA) include the use of HbA1c to diagnose diabetes, using a cutpoint of 6.5%. The ADA recommends measurement of HbA1c 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to assess whether a patient's metabolic control has remained continuously within the target range. Falsely low HbA1c results may be seen in conditions that shorten erythrocyte life span. and may not reflect glycemic control in these cases accurately.

**Glucose Post-Prandial****COMMENTS / INTERPRETATION:**

Any of the following results, confirmed on a subsequent day, can be considered diagnostic for diabetes:

-Fasting plasma or serum glucose  $>$  or  $=$  126 mg/dL after an 8-hour fast

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-2-Hour plasma or serum glucose  $>$  or  $=$ 200 mg/ dL during a 75-gram oral glucose tolerance test (OGTT)  
-Random glucose  $>$ 200 mg/dL, plus typical symptoms

Patients with "impaired" glucose regulation are those whose fasting serum or plasma glucose fall between 101 and 126 mg/dL, or whose 2-hour value on oral glucose tolerance test fall between 140 and 199 mg/dL. These patients have a markedly increased risk of developing type 2 diabetes and should be counseled for lifestyle changes and followed up with more testing.

**Uric Acid**Clinical Significance :

Uric acid is the final product of purine metabolism. Serum uric acid levels are raised in case of increased purine synthesis, inherited metabolic disorder, excess dietary purine intake, increased nucleic acid turnover, malignancy and cytotoxic drugs. Decreased levels are seen in chronic renal failure, severe hepatocellular disease with reduced purine synthesis, defective renal tubular reabsorption, overtreatment of hyperuricemia with allopurinol, as well as some cancer therapies.

**Urine Routine & Microscopic Examination**Clinical Significance :

Urine routine examination and microscopy comprises of a set of screening tests that can detect some common diseases like urinary tract infections, kidney disorders, liver problems, diabetes or other metabolic conditions. Physical characteristics (colour and appearance), chemical composition (glucose, protein, ketone, blood, bilirubin and urobilinogen) and microscopic content ( pus cells, epithelial cells, RBCs, casts and crystals) are analyzed and reported.

**Total T3 (Triiodothyronine)**Clinical Significance :

Thyroid hormones, T3 and T4, which are secreted by the thyroid gland, regulate a number of developmental, metabolic, and neural activities throughout the body. The thyroid gland synthesizes 2 hormones - T3 and T4. T3 production in the thyroid gland constitutes approximately 20% of the total circulating T3, 80% being produced by peripheral conversion from T4. T3 is more potent biologically. Total T3 comprises of Free T3 and bound T3. Bound T3 remains bound to carrier proteins like thyroid-binding globulin, prealbumin, and albumin). Only the free forms are metabolically active. In hyperthyroidism, both T4 and T3 levels are usually elevated, but in some rare cases, only T3 elevation is also seen. In hypothyroidism T4 and T3 levels are both low. T3 levels are frequently low in sick or hospitalized euthyroid patients.

**Total T4 (Thyroxine)**

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**Clinical Significance :**

Total T4 is synthesized in the thyroid gland. About 0.05% of circulating T4 is in the free or biologically active form. The remainder is bound to thyroxine-binding globulin (TBG), prealbumin, and albumin. High levels of T4 (and FT4) causes hyperthyroidism and low levels lead to hypothyroidism.

**TSH 3rd Generation****Clinical Significance :**

TSH levels are elevated in primary hypothyroidism and low in primary hyperthyroidism. Evaluation of TSH is useful in the differential diagnosis of primary from secondary and tertiary hypothyroidism. In primary hypothyroidism, TSH levels are elevated, while in secondary and tertiary hypothyroidism, TSH levels are low or normal. High TSH level in the presence of normal FT4 is called subclinical hypothyroidism and low TSH with normal FT4 is called subclinical hyperthyroidism. Sick, hospitalized patients may have falsely low or transiently elevated TSH. Significant diurnal variation is also seen in TSH levels.

**Total Cholesterol****Clinical Significance :**

Serum cholesterol is elevated in hereditary hyperlipoproteinemias and in other metabolic diseases. Moderate-to-markedly elevated values are also seen in cholestatic liver disease. Increased levels are a risk factor for cardiovascular disease. Low levels of cholesterol may be seen in disorders like hyperthyroidism, malabsorption, and deficiencies of apolipoproteins.

**Triglycerides****Clinical Significance :**

Triglycerides are partly synthesized in the liver and partly derived from the diet. Increased serum triglyceride levels are a risk factor for atherosclerosis. Hyperlipidemia may be inherited or may be due to conditions like biliary obstruction, diabetes mellitus, nephrotic syndrome, renal failure, certain metabolic disorders or drug induced.

**HDL Cholesterol****Clinical Significance :**

High-density lipoprotein (HDL) is an important tool used to assess risk of developing coronary heart disease. Increased levels are seen in persons with more physical activity. Very high levels are seen in case of metabolic response to medications like hormone replacement therapy. Raised levels are also

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seen in case of chronic intoxication with alcohol, heavy metals or industrial chemicals. Low HDL cholesterol correlates with increased risk for coronary heart disease (CHD). Very low levels are seen in Tangier disease, cholestatic liver disease and in association with decreased hepatocyte function.

**Lipid Profile**

Proposed LDL-C goals in very high risk and extreme risk group patients by the Lipid Association of India.

Very High Risk group(VHRG)	Extreme Risk group	
	Category A	Category B
LDL-C goal of <50 mg/dl	LDL-C goal of <50 mg/dl (recommended) LDL-C goal of ≤30 mg/dl (optional)	LDL-C goal of ≤30 mg/dl
High-risk conditions Any one of following:	CAD with ≥1 of following:	CAD with ≥1 of following:
1. ASCVD (CAD/PAD/TIA or stroke) 2. Homozygous familial 3. hypercholesterolemia 4. Diabetes with ≥2 major ASCVD risk factors*/target organ damage	1. Diabetes without target organ damage/≤1 major 2. ASCVD risk factors 3. Familial hypercholesterolemia 4. ≥3 major ASCVD risk factors 5. CKD stage 3B and 4 6. ≥2 major ASCVD risk factors with ≥1 moderate 7. non-conventional risk factor# 8. Lp(a) ≥50 mg/dl 9. Coronary calcium score ≥300 HU 10. Extreme of a single risk factor 11. PAD 12. H/o TIA or stroke 13. Non-stenotic carotid plaque	1. Diabetes + polyvascular disease/≥2 2. major ASCVD risk factors*/target organ 3. damage 4. Recurrent ACS (within 12 months) despite on LDL-C goal 5. Homozygous familial 6. Hypercholesterolemia

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The LDL-C goal of  $\leq 30$  mg/dl must be pursued after detailed risk-benefit discussion between physician and patient.

Clinical judgment to be used in decision making if the patient has disease/risk factors not covered in the table, eg. peripheral arterial disease or cerebrovascular disease.

\*Major ASCVD risk factors: 1. Age- male  $\geq 45$  years, female  $\geq 55$  years, 2. Family h/o premature CAD- male  $< 55$  years, female  $< 65$  years, 3. Smoking/tobacco use, 4. Systemic hypertension, 5. Low HDL (males  $< 40$  mg/dl and females  $< 50$  mg/dl).

#Moderate non-conventional risk factors: 1. Coronary calcium score 100-299 HU, 2. Increased carotid intima-media thickness, 3. Lp(a)  $\geq 20-49$  mg/dl, 4. Impaired fasting glucose, 5. Increased waist circumference, 6. Apolipoprotein B  $\geq 110$  mg/dl, 7. hsCRP  $\geq 2$  mg/L.

**Bilirubin Total****Interpretation**

Bilirubin is one of the most commonly used tests to assess liver function. Approximately 85% of the total bilirubin produced is derived from hemoglobin, while the remaining 15% is produced from RBC precursors destroyed in the bone marrow and from the catabolism of other heme-containing proteins. After production in peripheral tissues, bilirubin is rapidly taken up by hepatocytes where it is conjugated and then excreted in the bile. A number of inherited and acquired diseases affect one or more of the steps involved in the production, uptake, storage, metabolism, and excretion of bilirubin. In hepatobiliary diseases of various causes, bilirubin uptake, storage, and excretion are impaired to varying degrees.

The most commonly occurring form of unconjugated hyperbilirubinemia is that seen in newborns and referred to as physiological jaundice. Indirect bilirubin is a calculated parameter its range has not been defined for neonatal period (0-14 days).

**Bilirubin Direct****Interpretation**

Bilirubin is one of the most commonly used tests to assess liver function. Approximately 85% of the total bilirubin produced is derived from hemoglobin, while the remaining 15% is produced from RBC precursors destroyed in the bone marrow and from the catabolism of other heme-containing proteins. After production in peripheral tissues, bilirubin is rapidly taken up by hepatocytes where it is conjugated and then

12122306536 Mr. KUMAR SHIVAM REG-323160



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162, Lowther Road, Bai Ka Bagh, Prayagraj

Uttar Pradesh-211003

<b>Name</b> :	<b>Mr. KUMAR SHIVAM</b>	<b>REG-323160</b>	<b>OPD</b>	Billing Date	:	12/08/2023 09:43:09
Age	:	30 Yrs		Sample Collected on	:	12/08/2023 12:50:32
Sex	:	Male		Sample Received on	:	12/08/2023 12:51:07
P. ID No.	:	P1212100017112		Report Released on	:	12/08/2023 13:37:59
<b>Accession No</b>	:	<b>12122306536</b>		Barcode No.	:	1212051917, 1212051872, 1212051918, 1212051947, 1212051916
Referring Doctor	:	SELF		Ref no.	:	
Referred By	:					

**Report Status - Final**

Test Name	Result	Biological Ref. Interval	Unit
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excreted in the bile. A number of inherited and acquired diseases affect one or more of the steps involved in the production, uptake, storage, metabolism, and excretion of bilirubin. In hepatobiliary diseases of various causes, bilirubin uptake, storage, and excretion are impaired to varying degrees.

The most commonly occurring form of unconjugated hyperbilirubinemia is that seen in newborns and referred to as physiological jaundice.

**SGOT / AST**Clinical Significance :

"Elevated aspartate aminotransferase (AST) values are seen most commonly in parenchymal liver diseases. Values can be elevated from 10 to 100 times the normal range, though commonly 20 to 50 times elevations are seen. AST levels are raised in infectious hepatitis and other inflammatory conditions affecting the liver along with ALT, though ALT levels are higher. The ALT:AST ratio which is normally <1 is reversed in these conditions and becomes >1. AST levels are usually raised before clinical signs and symptoms of disease appear. AST and ALT also rise in primary or metastatic carcinoma of the liver, with AST usually being higher than ALT. Elevated AST values may also be seen in disorders affecting the heart, skeletal muscle and kidney, such as myocardial infarction, muscular dystrophy, dermatomyositis, acute pancreatitis and crushed muscle injuries."

**SGPT / ALT**Clinical Significance :

Elevated alanine aminotransferase (ALT) values are seen in parenchymal liver diseases characterized by a destruction of hepatocytes. Values are at least 10 times higher the normal range and may reach up to 100 times the upper reference limit. Commonly, values are seen to be 20 - 50 times higher than normal. In infectious hepatitis and other inflammatory conditions affecting the liver, ALT levels rise more than aspartate aminotransferase (AST), and the ALT/AST ratio, which is normally <1, is reversed and becomes >1. ALT levels usually rise before clinical signs and symptoms of disease appear.

**Alkaline Phosphatase (ALP)**Clinical Significance :

Alkaline Phosphatase levels can be elevated in both liver related as well as bone related conditions. ALP levels are raised (more than 3 fold) in extrahepatic biliary obstruction (eg, by stone or by cancer of the head of the pancreas) than in intrahepatic obstruction, and is directly proportional to the level of obstruction. Levels may rise up to 10 to 12 times the upper limit of normal range and returns to

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<b>Name</b>	: <b>Mr. KUMAR SHIVAM</b>	<b>REG-323160</b>	<b>OPD</b>	Billing Date	: 12/08/2023 09:43:09
Age	: 30 Yrs			Sample Collected on	: 12/08/2023 12:50:32
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Referring Doctor	: SELF			Ref no.	:
Referred By	:				

**Report Status - Final**

Test Name	Result	Biological Ref. Interval	Unit
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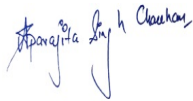
normal on surgical removal of the obstruction. ALP levels rise together with GGT levels and If both GGT and ALP are elevated, a liver source of the ALP is likely. Among bone diseases, ALP levels rise in Paget disease (up to 25 fold),osteomalacia,rickets,primary and secondary hyperparathyroidism and osteogenic bone cancer. Elevated ALP is seen in children following accelerated bone growth. Also, a 2 to 3fold elevation may be observed in women in the third trimester of pregnancy, although the interval is very wide and levels may not exceed the upper limit of the reference interval in some cases.

**Total Protein**Clinical Significance :

High levels of Serum Total Protein is seen in increased acute phase reactants in inflammation, late-stage liver disease, infections,multiple myeloma and other malignant paraproteinemias.n. Hypoproteinemia is seen in hypogammaglobulinemia, nephrotic syndrome and protein-losing enteropathy.

**Albumin**Clinical Significance :

"Hypoalbuminemia can be caused by impaired synthesis due to liver disease (primary) or due to diminished protein intake (secondary), increased catabolism due to tissue damage and inflammation; malabsorption of amino acids; and increased renal excretion (eg, nephrotic syndrome).Hyperalbuminemia is seen in dehydration."

**\*\* End of Report\*\*****Dr Aparajita singh chauhan**

Lab head - Prayagraj (JJH)

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