

Name : Mrs. NILIMA KISHOR GOSAVI (28 /F)

Date : 26/08/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by: Dr .SAGAR SATISH PATEL

UHID : MHN1.0000150881

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH34929



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?
Do you have any drug - No
allergies?
Past medical history - nil significant
Covid 19 - No



Surgical history

Appendicectomy - done
Lower segment - done
caesarean section

Immunization history

- Covid Dose1



Personal history

Marital status - Married
No. of children - 01
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No

Physical activity - Active



Family history

Coronary artery - none
disease
Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 151
Weight - 47.2
BMI - 20.7
Pallor - No
Oedema - no
Temperature - 98
SpO2 - 96



Cardiovascular system

Heart rate (Per minute) - 74
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No
Tenderness - No

Printed By : Shweta Sharad Shardul

Name : Mrs. NILIMA KISHOR GOSAVI (28 /F)

UHID : MHN1.0000150881

Date : 26/08/2023

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH34929

Transparency:	Slightly Turbid	-
Reaction:	Acidic	● 7.2-7.8
Protein :	1+	-
Sugar:	Nil	-
pH	5.5	● 4.6-8
Blood:	Negative	-
Ketone	Negative	-
Bile Pigments:	Negative	-
Bile Salts :	Negative	-
Urobilinogen	Normal	-
Nitrite	Negative	-
RBC	00 /hpf	● 0-2
WBC/Pus Cells	2-4/hpf /hpf	-
Tc/Sqc(Transitional/Squamous epithelial cells)	1-2/hpf /hpf	-

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	11.3	g/dl	●	11.0-16.0
Haematocrit	37.5	%	●	34.0-48.0
RBC COUNT	5.41	Million/ul	●	3.7-5.6
MCV	69.5 *	fl	●	75.0-95.0
MCH	20.9 *	pg	●	26.0-32.0
MCHC	30 *	g/dl	●	31.0-36.0
RDW	15.1	%	●	11-16
Platelet Count(Optical/Impedance)	228	10 ³ /mm ³	●	140-440
TLC Count	5.8	10 ³ /mm ³	●	4.0-11.0
Neutrophils	52	%	●	40-75
Lymphocytes	40	%	●	20-45
Eosinophils	02	%	●	1-6
Monocytes	06	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm/1st hr	●	0-20

CARDIAC STRESS TEST - (TMT)

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

ECG

ULTRASOUND - WHOLE ABDOMEN

A simple left ovarian cyst.

No other significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

CERVICAL/VAGINAL SMEAR II SLIDE

ADDITIONAL INVESTIGATIONS (LAB)

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.025		●	1.016-1.026
Color,:	PALE YELLOW		-	

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	O		-	
Rh (D) Type:	POSITIVE		-	

ALT(SGPT) - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	13 *	U/L	●	Healthy Adults:30 - 65

ALBUMIN - SERUM

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mrs. NILIMA KISHOR GOSAVI (28 /F)

UHID : MHN1.0000150881

Date : 26/08/2023

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH34929

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.4	g/dL	●	Healthy Adults:3.5-5.0
GLOBULIN - SERUM: (Calculated)	4.2 *	g/dL	●	Healthy Adults:1.8 - 3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.0 *		●	Healthy Adults:1.1 - 1.8

ALKALINE PHOSPHATASE - SERUM/PLASMA

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM/PLASMA	83	U/L	●	0-100

AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	19	U/L	●	Healthy Adults:15 - 37

BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN, TOTAL - SERUM	0.6	mg/dL	●	Healthy Adults:<=1.0

CHOLESTEROL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM / PLASMA	168	mg/dL	●	Desirable:<200 Borderline:200 - 240 High Risk:>=240

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.6	mg/dL	●	Healthy Women: 0.6 - 1.0

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	16	U/L	●	0-50

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - SERUM / PLASMA (FASTING)	86	mg/dL	●	Non-Diabetic: <=100 Impaired: upto125 Diabetic: >=126

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - SERUM / PLASMA (POST PRANDIAL)	97	mg/dL	●	Normal: <140

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD	5.2	%	●	HbA1C Degree of Control <6.0 Non-diabetic level <7.0 Goal* >8.0 Action Suggested**

Mean Plasma Glucose (MPG) Estimate: 107.8200mg/dL

HDL CHOLESTEROL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	73 *	mg/dL	●	Low: <40 High: >=60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	2.3		●	Desirable :< 4.5

LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)	101	mg/dL	-	-

PROTEIN, TOTAL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.6 *	g/dL	●	Healthy Adults:6.4 - 8.2

TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	136	ng/dL	●	Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester:121-308 2nd & 3rd Trimesters:152-362

● Within Normal Range ● Borderline High/Low ● Out of Range

TOTAL T4: THYROXINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	7.7	µg/dL	●	Healthy Adults: 5.2 - 12.7 Pregnancy:1stTri mester:7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3

TRIGLYCERIDES - SERUM

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	54	mg/dL	●	Normal: <150 Borderline High:150-199 High: 200-499 Very High: >=500

TSH: THYROID STIMULATING HORMONE - SERUM

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	0.5	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2-3. 5

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	16	mg/dL	●	Healthy Adults:15 - 38
UREA NITROGEN SERUM/PLASMA: (Calculated)	7	mg/dL	●	Healthy Adults:7 - 18

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.9	mg/dL	●	Healthy Women:2.6 - 6.0

BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	Healthy Adults:0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.4	mg/dL	●	Healthy Adults:0.0 - 0.7

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mrs. NILIMA KISHOR GOSAVI (28 /F)


UHID : MHN1.0000150881

Date : 26/08/2023

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH34929

Executive Summary

 Proteinuria - for follow up


Recommended Follow-up Consultations

Speciality Name	Doctor Name	Schedule WithIn	Remarks
NEPHROLOGY	Mohan Patel	7 Day(s)	

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
URINE ROUTINE (CUE)	7 Day(s)		

Follow-up and Review Plan

 To repeat urine routine after 1 week and follow up with Dr Mohan Patel .



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Dr.SAGAR SATISH PATEL

AHC Physician / Consultant Internal Medicine

Printed By : Shweta Sharad Shardul

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

YOUR SCORE

ACCEPTABLE SCORE

Low Risk

1

2

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515