


DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

Name: AHB.0001103680 MS. KOKILAVANI R Age: 33 Year(s) Year(s)/Female 8 Oct 2022 8:53:39 AM	Age :	Sex : M/F
		UHID :

Physical Examination

General :	Build	Height	161 cm	Weight	65.5 kg	BMI :
	Anaemia	Icterus		Cyanosis		Clubbing
		Oedema		Glands		

HEAD & NECK :

ENT :

CVS :	Heart Rate & Rhythm	94 bpm	SpO2	97 - 1.
	B.P. : Supine	97/75	Sitting	Standing

Chest shape *mmHg*

Heart Sounds

08/10/22 ECHO Screening Report

Murmurs

Normal LV Systolic function

Thrills

No RWMA, LVEF 60%

RS :

Rate & Type

Trivial Tricuspid Regurgitation

Breath Sounds

Rvsp : 20+10mmHg

Dr. MEHTA .YMBBS, DNB (Family Medicine)
Senior Consultant Physician
Reg. No. : ANP20010000845KTKPlace Label Here
ms kokilavani R
AHB.0001103680
Age-33/F
If label not available, write Pt. Name, UHID No.,
Age, Sex, Date, Name of Treating Physician

Allergies : <u>SULFA</u>	Fall Risk Assessment		Wt: <u>65 kg</u> Ht: <u>161</u> T: _____ P: <u>94</u> BP: <u>97/75</u>
	H/o fall (within 1 year)	Yes No	Pain <u>0</u> /10 <input type="checkbox"/> Psychological & Social Assessment done
Mobility Aid	Yes No		
Gait	Dep. Indep.		

1. Prediabetes - HbA_{1c} - 5.8%
2. HDL-C ↓ ; TG ↑
3. Cholelithiasis
4. B/L PCOD.

Adv.

- Low carb, High fiber diet
- Good Hydration
- Regular exercise
- General appearance improves.

Rx

1. TAB. NERVE MAX ACTIVE

1 - 0 - 0 x 1 month

Kindly get this document scanned at the counter for the record purpose

Signature and Date

Q591508159

CON- 109768

QF400AHB.pf.8203

DEPT. OF APOLLO HEALTH CHECK



GYNAECOLOGY CONSULT

Name	AHB.0001103880 MS. KOKILAVANI R	UHID :	Date : 8/10/22
Age :	Age: 33 Year(s) Female 8 Oct 2022 8:53:39 AM	Consultant Gynaecologist :	Dr. Bejig Antony

DRUG ALL



Complaints (related to Gynaec) - NIL SPECIFIC / YES

Sulpho.

Irregular periods -
14/0 Pcos.

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others NIL.

Past Medical / Surgical History : LSCS.

Family History : Aunt - Breast ca.

OTHER SYSTEMS :
WNL

GYNAEC HISTORY :

- Marital Status - S/M/Others
- Children - 1
- Deliveries - LSCS.
- L.C.B. - Yes.
- Abortion - -
- Periods - Irregular 2-3/28 - 45 days
- L.M.P. - 3 weeks back 5-6 days
- Menopause - -
- Contraception - Barrier

Present Medication :
NIL.

GYNAEC EXAMINATION :

- P/A - soft
- PV - ut? NS
- S/E - Vaginal / Normal
- P/R - Retroflect.

GENERAL EXAMINATION :

- Weight : _____ Kgs, Height : _____ cm
- General Condition :
- Blood Pressure :
- Thyroid : - NAD.
- Others :

PAP SMEAR : Taken / Not Taken (Reason)

OPINION & ADVICE :

Pap - Negative if low.
USG - B/L Pcos.

→ CANDID - CR vaginal pessary HS.
x 3 nights

REVIEW DETAILS : (with date)
With Patient / With reports only

→ Bp/MCA - 3 year
→ B/L sonography 3 year

Signature with Date & Time

8/10/22
12 Noon

P.T.O. For more space
Jan 2014



MC-2647

DEPARTMENT OF CYTOLOGY



Name : Ms. KOKILAVANI R Age : 33Yr Gender : Female
UHID : AHB.0001103680 / AHBHC109768 W/BNo/RefNo : AHC
Lab No : AHB.C2203280 LRN : 3544790
Ref Doctor : Dr. MHC



Collected on : 08-OCT-2022 11:55:36 AM Received on : 08-OCT-2022 12:16:08 PM Reported on : 08-OCT-2022 12:37:55 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

PAP SMEAR (CONVENTIONAL METHOD)**PAP SMEAR**

Specimen Source.

CERVICAL SMEAR

C2203280.

Clinical Information.

Provided.

Patient and Specimen Identification :

Identified.

Test Method.

Conventional.

Endocervical/Transformation zone component

Sampled.

Specimen adequacy.

Satisfactory for evaluation.

Interpretation.

Negative for intraepithelial lesion/malignancy.



MC-2847

DEPARTMENT OF CYTOLOGY



Name : Ms. KOKILAVANI R
 UHID : AHB.0001103680 / AHBHC109768 Age : 33Yr Gender : Female
 Lab No : AHB.C2203280 LRN : 3544790 W/BNo/RefNo : AHC
 Ref Doctor : Dr. MHC



Collected on : 08-OCT-2022 11:55:36 AM Received on : 08-OCT-2022 12:16:08 PM Reported on : 08-OCT-2022 12:37:55 PM

i. Reactive cellular changes (Inflammation/Repair).

iii. Others:

Inflammatory smear.

Recommendations.

Routine recall

The results obtained relate only to the type of sample given/received at that time. A single test result is not always indicative of the disease. Histopathology specimens will be discarded after 1 month, paraffin blocks and slides of biopsy specimens stored upto 10 years & Cytology slides will be stored upto 5 years after release of report.

* END OF REPORT *

Dr. SWARNA SHIVAKUMAR
 CONSULTANT PATHOLOGIST
 KMC - 29900

Typed By: 1135580

First Report Printed On : 08-OCT-2022 02:26:41 PM

Printed On : 08-OCT-2022 02:27:24 PM

Page 2 of 2

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

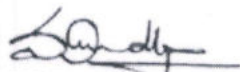
Patient's Details	: Ms. KOKILAVANI R	Ward/Bed No.	: F 033Y
UHID	: AHB.0001103680	Scanned on	: 08-Oct-2022
I.P.No./Bill No.	: AHBHC109768	Reported On	: 12:25
Accession Number	: 10601.122106890		: 08-Oct-2022
Referring Doctor	: Dr. MHC		

X-RAY CHEST PA VIEW

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.



DR. MEDIPALLY MADHUKAR
REGISTRAR

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APOLLO HOSPITALS
BANNERGATTA ROAD
BANGALORE

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: KOKILAVANI R.
Patient ID: AHB/1103680
Height: 161 cm
Weight: 65 kg

DOB: 03.04.1989
Age: 33yrs
Gender: Female
Race: Indian

Study Date: 08.10.2022
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: Jagadeesha A B

Medications:
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Medical History:
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Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:23	0.00	0.00	93	100/70	
	STANDING	00:02	0.00	0.00	93	100/70	
	HYPERV.	00:03	0.00	0.00	93	100/70	
EXERCISE	WARM-UP	00:03	0.00	0.00	95	100/70	
	STAGE 1	03:00	1.70	10.00	116	110/70	
	STAGE 2	03:00	2.50	12.00	137	120/70	
	STAGE 3	03:00	3.40	14.00	162	130/70	
	STAGE 4	00:06	4.20	16.00	162	140/70	
RECOVERY		03:13	0.00	0.00	117	120/70	

The patient exercised according to the BRUCE for 9:05 min:s, achieving a work level of Max. METS: 10.40. The resting heart rate of 95 bpm rose to a maximal heart rate of 184 bpm. This value represents 98 % of the maximal, age-predicted heart rate. The resting blood pressure of 100/70 mmHg, rose to a maximum blood pressure of 140/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHAEMIA.

Physician

Technician

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI R

FEMALE / 33 Yrs / AHB.0001103680 / AHBHC109768

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 08/10/2022

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	13.6	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	5.05 *	x(10) ¹² /l	●	3.7 - 4.8
Packed cell volume (Calculated)	43	%	●	34 - 46
MCV (Derived from RBC histogram)	85	fl	●	83 - 101
MCH (Calculated)	27	pg	●	27 - 32
MCHC (Calculated)	32	g/dl	●	31.5 - 34.5
RDW (Calculated)	12.4	%	●	11.60-14.00
Platelet Count (Impedance)	251	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	5.96	x(10) ⁹ /l	●	4 - 11
Neutrophils	51	%	●	40 - 80
Lymphocytes	39	%	●	8.6 -23.8
Monocytes	4	%	●	2 - 10
Eosinophils	6	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	6	mm/1st hr	●	Adult Female- 0 - 20

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
<p>● Within Normal Range ● Boderline High/Low ● Outside Range</p>				

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI R

FEMALE / 33 Yrs / AHB.0001103680 / AHBHC109768

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 08/10/2022

Appearance	Clear		Clear
Volume :	30	ml	
pH	6.0		
Specific Gravity	<=1.005		1.016 - 1.022
Protein :	NEGATIVE		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Urobilinogen	0.2	E.U./dL	0.2 - 1.0
Blood :	NEGATIVE		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	NEGATIVE		NEGATIVE
RBC	Nil	Cells/hpf	0 - 2
Pus Cells	2-4 /h.p.f	/HPF	0 - 5
Epithelial Cells	1-2 /h.p.f		Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	A			
Rh (D) Type:	POSITIVE			

Within Normal Range
 Boderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI R

FEMALE / 33 Yrs / AHB.0001103680 / AHBHC109768

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 08/10/2022

Method: COLUMN AGGLUTINATION

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	19	U/L	●	<= 35

Test Name	Result	Unit	Level	Range
GLOBULIN - SERUM - CALCULATED	2.9	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.6		●	0.8 - 2.0
ALBUMIN - SERUM	4.5	g/dL	●	Adult- 3.5-5.2

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	54	U/L	●	Adult: 30 - 120

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	20	U/L	●	<= 35

Test Name	Result	Unit	Level	Range
BILIRUBIN, TOTAL - SERUM	0.4	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI R

FEMALE / 33 Yrs / AHB.0001103680 / AHBHC109768

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 08/10/2022

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	103	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	141	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.87	mg/dL	●	Female: 0.6 -1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	25	U/L	●	<= 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	93	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose: 100-125 Diabetic :>= 126 "

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
	● Within Normal Range		● Boderline High/Low	● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI R

FEMALE / 33 Yrs / AHB.0001103680 / AHBHC109768

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 08/10/2022

Glucose - Plasma (POST PRANDIAL)	108	mg/dL	●	"Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199Diabeic : >=200 "
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GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.8	%	●	"NON-DIABETICS<=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC>=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	30 *	mg/dL	●	"Low : <40 High: >59"

Test Name	Result	Unit	Level	Range
LDL Cholesterol (Direct LDL)	96	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 – 129 Borderline High: 130 – 159 High: 160 – 189 Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.6	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.4	g/dL	●	ADULT: 6.0 - 8.5

● Within Normal Range
● Boderline High/Low
● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI R

FEMALE / 33 Yrs / AHB.0001103680 / AHBHC109768

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 08/10/2022

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	134 *	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	95.73	ng/dL	●	Adults: 87 - 178

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	8.7	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	240 *	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.7		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	4.07	µIU/mL	●	0.34 - 5.6

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI R

FEMALE / 33 Yrs / AHB.0001103680 / AHBHC109768

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 08/10/2022

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	13 *	mg/dL	●	15 - 45

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.7	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	48 *	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.07	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.33	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO ₃) - SERUM	29		●	Healthy Adults: 22 - 29

PAP SMEAR (CONVENTIONAL METHOD)

PAP SMEAR

Specimen Source.

Within Normal Range
 Borderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI R

FEMALE / 33 Yrs / AHB.0001103680 / AHBHC109768

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 08/10/2022

CERVICAL SMEAR
C2203280.
Clinical Information.
Provided.
Patient and Specimen Identification :
Identified.
Test Method.
Conventional.
Endocervical/Transformation zone component
Sampled.
Specimen adequacy.
Satisfactory for evaluation.
Interpretation.
Negative for intraepithelial lesion/malignancy.
i. Reactive cellular changes (Inflammation/Repair).
iii. Others:
Inflammatory smear.
Recommendations.
Routine recall

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. KOKILAVANI R

FEMALE / 33 Yrs / AHB.0001103680 / AHBHC109768

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 08/10/2022

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range ● Boderline High/Low ● Outside Range

DEPARTMENT OF RADIOLOGY

Patient's Details : Ms. KOKILAVANI R	F 033Y
UHID : AHB.0001103680	Ward/Bed No. : AHC /
I.P.No./Bill No. : AHBHC109768	Scanned on : 08-Oct-2022 09:47
Accession Number : 10601.222087266	Reported On :
Referring Doctor : Dr. MHC	

ULTRASOUND WHOLE ABDOMEN

Clinical Information: - Health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is -Partially distended. Calculi measuring ~ 18 x 9mm noted in neck region.
 Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.
 Pancreas - Head and body appear normal. Tail obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus anteverted and appears normal in size. Myometrial echoes appear normal with no focal lesions identified. Endometrial thickness measures ~4mm.


Right ovary measures ~ 10cc. Left ovary measures ~ 7cc. Both ovaries show increased central echogenic stroma with multiple small peripherally arranged follicles.

No evidence of ascites or pleural effusion seen.

Impression:

*Cholelithiasis.
 Bilateral normal sized ovaries with polycystic ovarian morphology.
 - Suggested clinical correlation.*

(Enclose reports) LM


DR. SALIM SHAIKH
RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

Rate 77

PR 135

QRSD 82

QT 556

QTc 630

--AXIS--

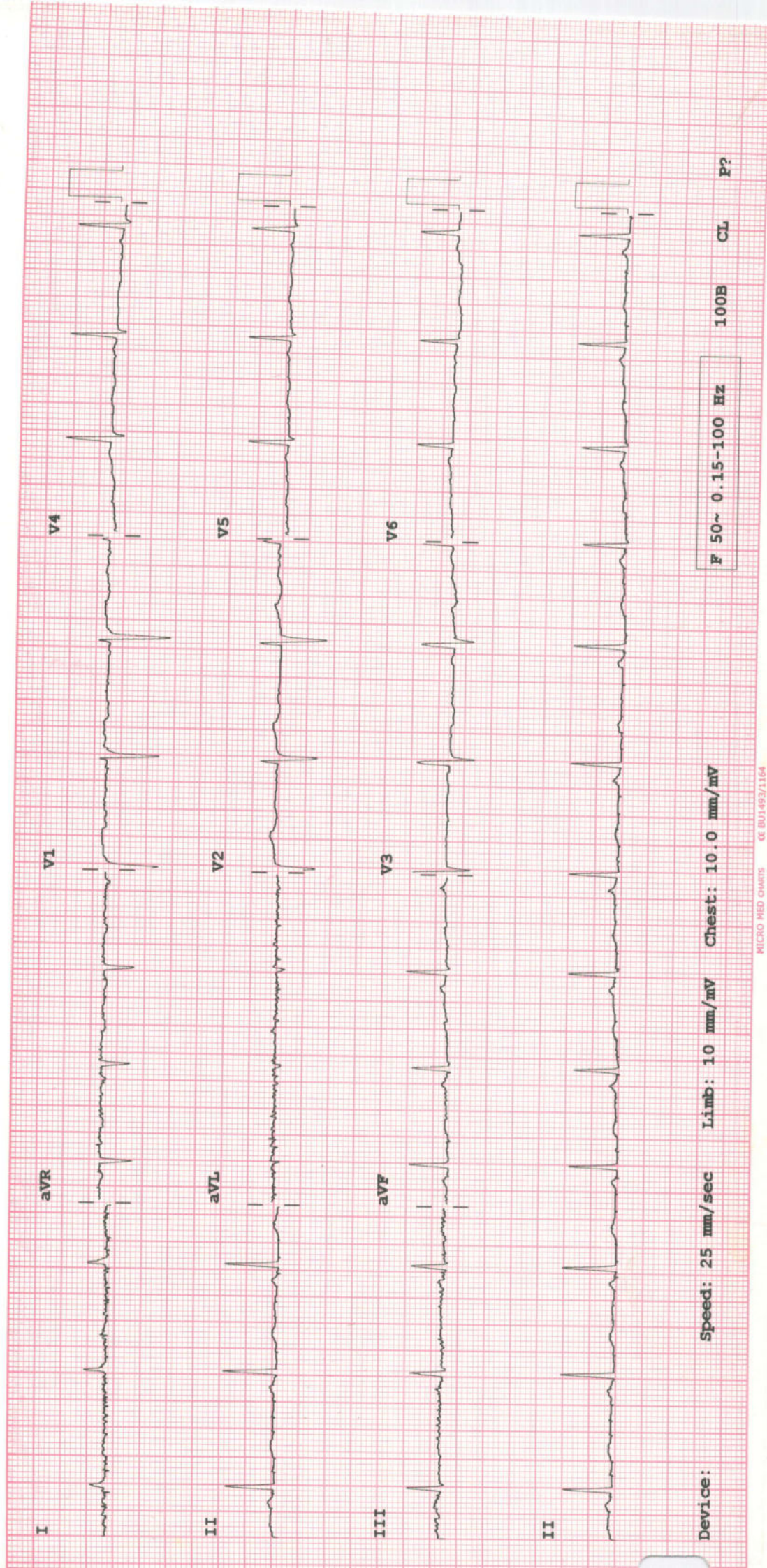
P 86

QRS 66

T 41

12 Lead; Standard Placement

AHB.0001103680
 MS. KOKILAVANI R
 Age: 33Year(s) Year(s)/Female
 8 Oct 2022 8:53:37 AM

Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

100B

CL

P?