

Name: \_\_\_\_\_  
 yrs \_\_\_\_\_ cm \_\_\_\_\_ Kg BP \_\_\_\_\_

Vijay Mahadong  
 25/11

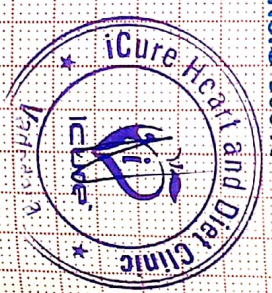
*over*

Heart Rate : 75 bpm

INTERVAL (ms)  
 PR: 115 QRS: 47  
 QT: 345 QTc: 390  
 ST: 155

AXIS (deg)  
 P: 67 QRS: 65

Dr. Krish P. Vaidya  
 MD, DM, DCC  
 Associate Consultant, Cardiology  
 Reg. No. G-50510



L1 L2 L3  
 10mm/mV  
 25mm/sec  
 1.9

3/11/22

Maestros

# iCure™ Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

## :: PERSONAL HEALTH REPORT ::

NAME <u>Kejalben Makwamal.</u>	DATE <u>3/1/22.</u>
	SR. NO. SEX. <u>F.</u> AGE <u>25</u> HEIGHT <u>150cm.</u> WEIGHT <u>43kg.</u>

### HISTORY

Present History : NAD.

Past Hlness History : NAD Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy NAD.

Past Occupational History : NAD

Family History : NAD.

Personal History : NAD.

Addiction : NAD Tobacco/Gutkha/Smoking/Alcohol NO.

### GENERAL EXAMINATION

T.P.R. : 68/min B.P. : 110/80 mm Hg :  
10/min

Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : NO.

### SYSTEMIC EXAMINATION

R.S. : NAD.

C.V.S : NAD.

C.N.S : NAD.

A.S. : NAD.

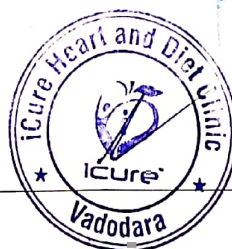
Musculo-skelet System : NAD.

E.N.T. Ex. <u>NAD.</u>	Dental Ex. <u>NAD.</u>	Skin Ex. <u>NAD.</u>	Psychic Ex. <u>NAD.</u>	ACUITY OF VISION		RT EYE	LT EYE
				Without Glass	DISTANT	6/ 6	6/ 6
				With Glass	DISTANT	6/	6/
					Near	6/	6/
				COLOUR BLINDNESS <u>NAD.</u>			

REMARK NO

ADVICE Nil.

The Worker is Fit / UNFIT for the assigned job.



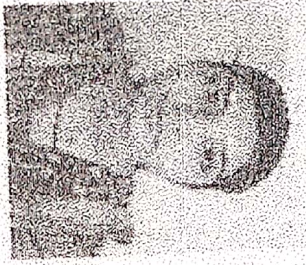
**Dr. Krish P. Vaidya**  
 MD, PGDC  
 Associate Consultant Cardiology  
 Reg. No. G-50510  
 DR. KRISH VAIDYA

MD G-50510, CIH

Download Date: 02/02/2021



Government of India



મહાત્મા ગાંધી યોગ્ય  
Malkwana Kalaben Jashubhai  
જન્મ તારીખ/DOB: 06/05/1995  
પાલ/ FEMALE



Issue Date: 11/01/2021

5259 1495 9702

VID : 9103 5352 0057 5182

મહાત્મા ગાંધી યોગ્ય

*Pritya*





# iCure heart and diet clinic

402, Epsilon Tower, Race Course Road, Vadodara

Y847 KAJALBEN MAKWANA  
25 Yrs/ F Kg/ Ht- cms Ref. No.:

Date: 03-01-2022 Ref By: Bruce  
Time: 10:08 AM Protocol:

## Summary

History:

Medication:

Stage	Stg Time min:sec	Speed kmh	Grade %	METs	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	101			
Standing				1	104			
Supine				1	101			2
Hyp Vent				1	123			5
S1	03:00	2.7	10.0	4.8	140	120/80	168	40
Peak Ex	01:52	4.0	12.0	6.9	168	120/90	202	72
Post Ex 1	01:19			1	125	130/90	162	109
Finish				1	116	130/90	151	109

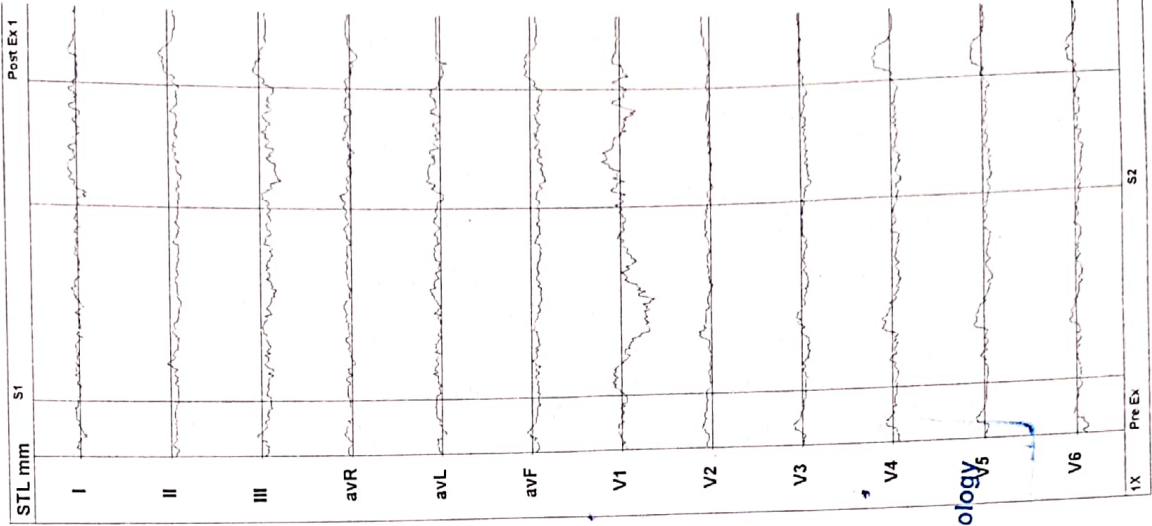


Dr. Krish P. Vaidya  
MD, PhD, FCC  
Asst. Date Consultant-Cardiology  
Reg. No. G-50510

DR KRISH VAIDYA  
Reg No- 501055

**Findings:** Exercise Time : 04:52 mins  
Max HR attained : 168 bpm 86 % of Target 195 bpm  
Max BP : 130/90mmHg  
Max Workload attained : 6.9 METs ( Avg Effort Tolerance )  
Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.  
No Angina / Arrhythmia / S3 / Murmur  
Final Impression : Test is negative for inducible ischaemia.





# iCure heart and diet clinic

402 , Epsilon Tower, Race Course Road, Vadodara

Y847

KAJALBEN MAKWANA

25 Yrs/ F Kg / Ht- cms Ref.No.:

Date: 03-01-2022 Time: 10:08 AM

Post J: 71 mS

Speed: --- kmh Hr: 104

Grade: --- % Mets: 1

Protocol: Bruce BP: -/--- mmHg

Target Hr: 53 % of 195 Filter: 0.1 - 100 Hz Gain:

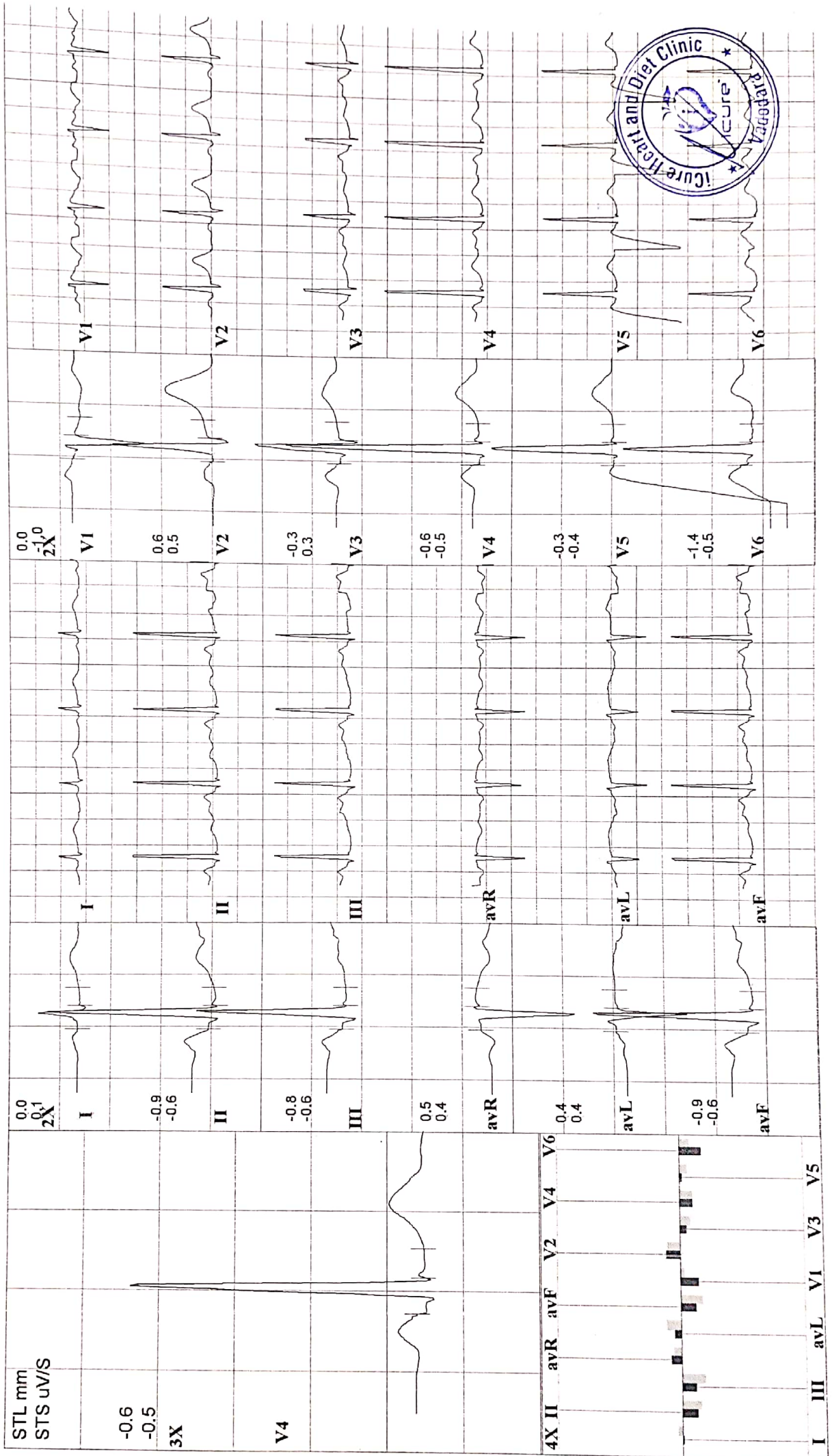
Ex Time: --- min:sec BLC: On Sweep:

Curr Time: 00:08 Notch: On Median Sweep: 25 mm/S

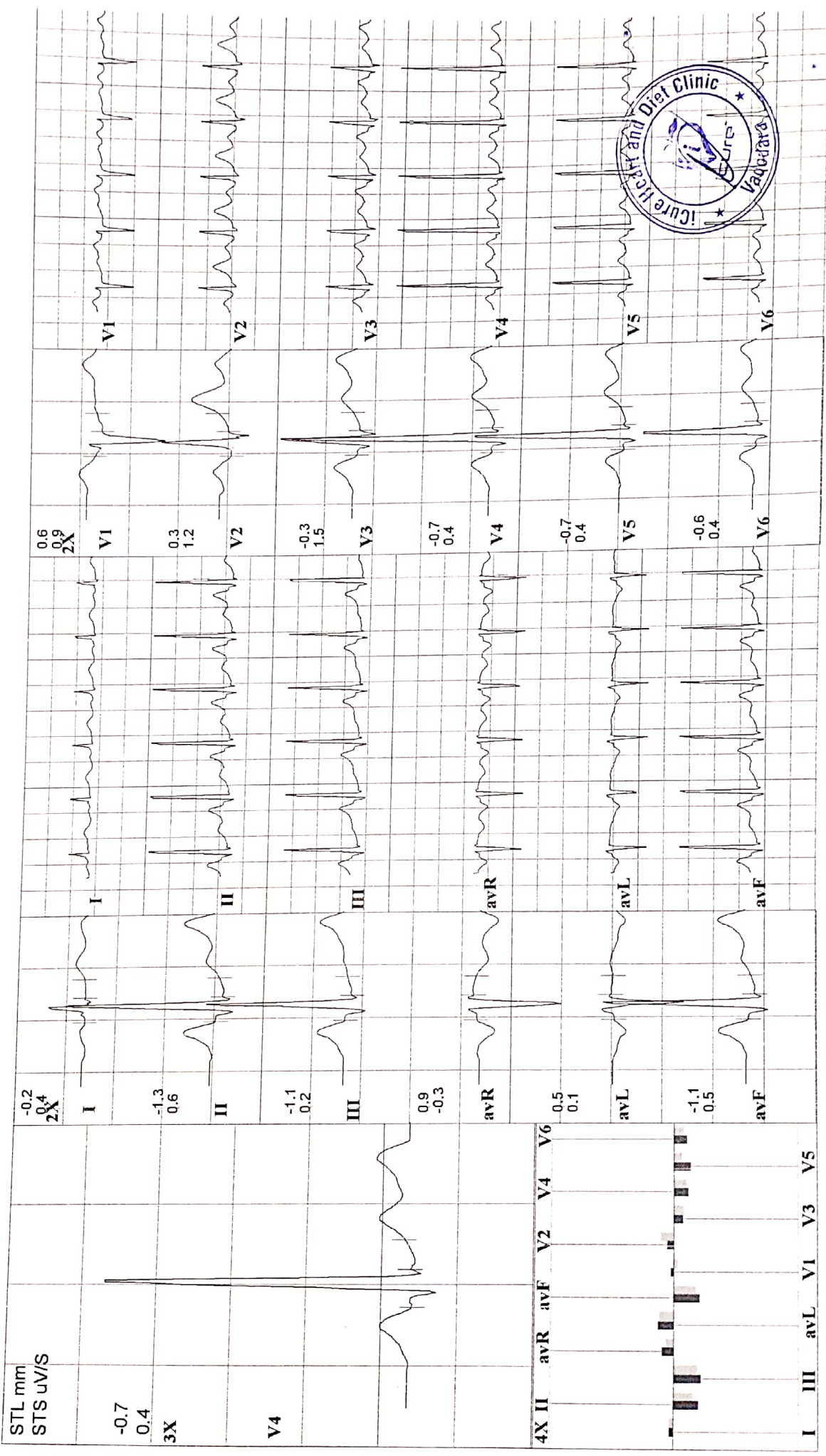
10 mm/mV

Linked Media

Pre Ex



**Y847** **KAJALBEN MAKWANA** **Linked Media**  
 25 Yrs/F **2.7 kmh** **Hr: 140** **Speed:** **10 mm/mV**  
 Date: 03-01-2022 Time: 10:08 AM **Grade: 10 %** **Mets: 4.8** **Filter: 0.1 - 100 Hz** **Gain:** **25 mm/S**  
 Post J: 71 ms **Protocol: Bruce** **BP: 120/80 mmHg** **Target Hr: 71 % of 195** **Filter: 0.1 - 100 Hz** **Sweep:** **Median Sweep: 25 mm/S**  
**S1**





# iCure heart and diet clinic

402, Epsilon Tower, Race Course Road, Vadodara

Linked Media  
Peak Ex

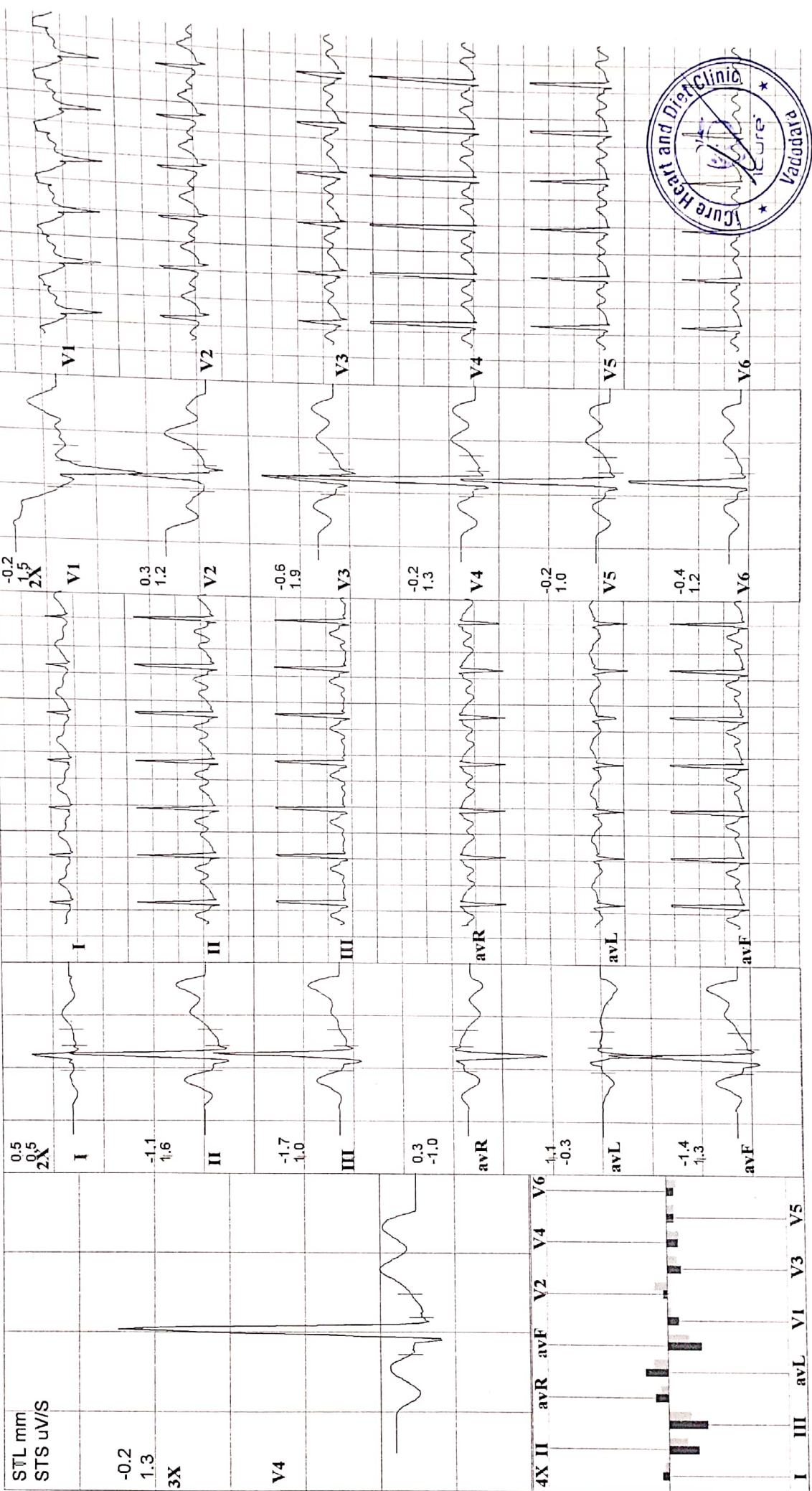
Y847 KAJALBEN MAKWANA  
25 Yrs/ F Kg/ Ht- cms Ref.No.:  
Date: 03-01-2022 Time: 10:08 AM

Speed: 4 kmh Hr: 168  
Grade: 12 % Mets: 6.9  
Protocol: Bruce BP: 120/90 mmHg

10 mm/mV  
25 mm/s  
Median Sweep: 25 mm/s

Target Hr: 86 % of 195  
Filter: 0.1 - 100 Hz  
Gain: Sweep:  
BLC: On Median Sweep: 25 mm/s  
Notch: On

Post J: 60 mS





# iCure heart and diet clinic

402, Epsilon Tower, Race Course Road, Vadodara

Linked Media  
Post Ex 1

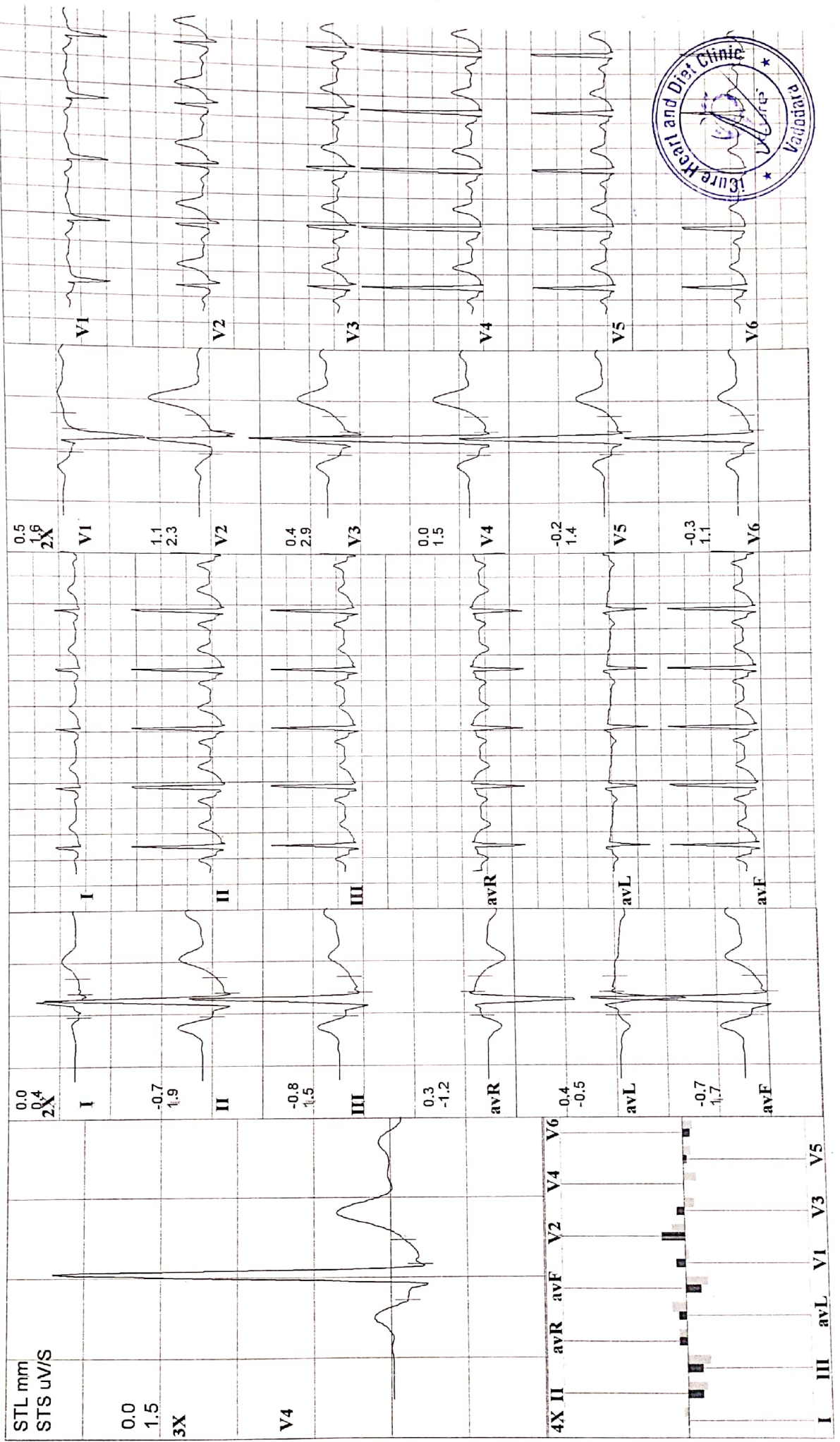
Y847  
25 Yrs/ F  
Date: 03-01-2022 Time: 10:08 AM

Speed: --- km/h Hr: 125  
Grade: --- % Mets: 1  
Protocol: Bruce BP: 130/90 mmHg

Target Hr: 64 % of 195  
Ex Time: 04:52  
Curr Time: 06:53

Filter: 0.1 - 100 Hz Gain: 10 mm/mV  
BLC: On Sweep: 25 mm/S  
Notch: On Median Sweep: 25 mm/S

Post J: 60 mS







# iCure heart and diet clinic

402, Epsilon Tower, Race Course Road, Vadodara

Y847  
25 Yrs/F  
Date: 03-01-2022 Time: 10:08 AM  
Post J: 64 mS

KAJALBEN MAKWANA

Kg / Ht- cms Ref.No.:

Speed: -- kmh Hr: 103

Grade: -- % Mets: 1

Protocol: Bruce BP: -/-- mmHg

Target Hr: 52 % of 195

Ex Time: -- min:sec

Cur Time: 00:08

Filter: 0.1 - 100 Hz

BLC: On

Notch On

Gain: 10 mm/mV

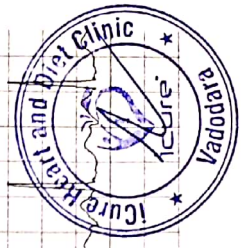
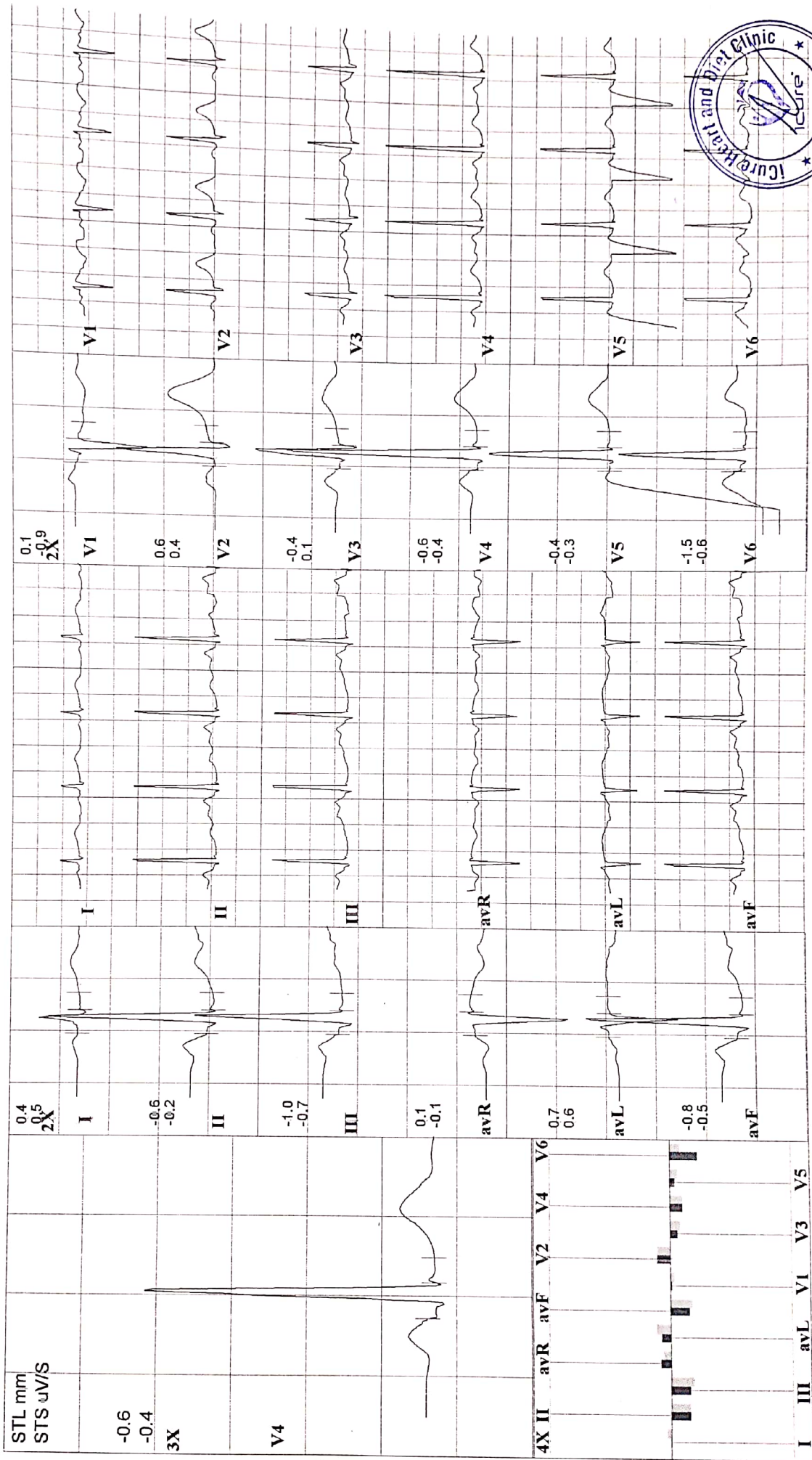
Sweep: 25 mm/S

Median Sweep: 25 mm/S

Linked Media

Pre Ex

Standing



Y847  
 25 Yrs/F  
 Date: 03-01-2022 Time: 10:08 AM  
 Post J: 71 mS

**KAJALBEN MAKWANA**

Kg / Ht- cms Ref.No.:

Speed: -- kmh Hr: 108

Grade: -- % Mets: 1

Protocol: Bruce BP: +/- mmHg

Target Hr: 55 % of 195 Filter: 0.1 - 100 Hz Gain: 10 mm/mV

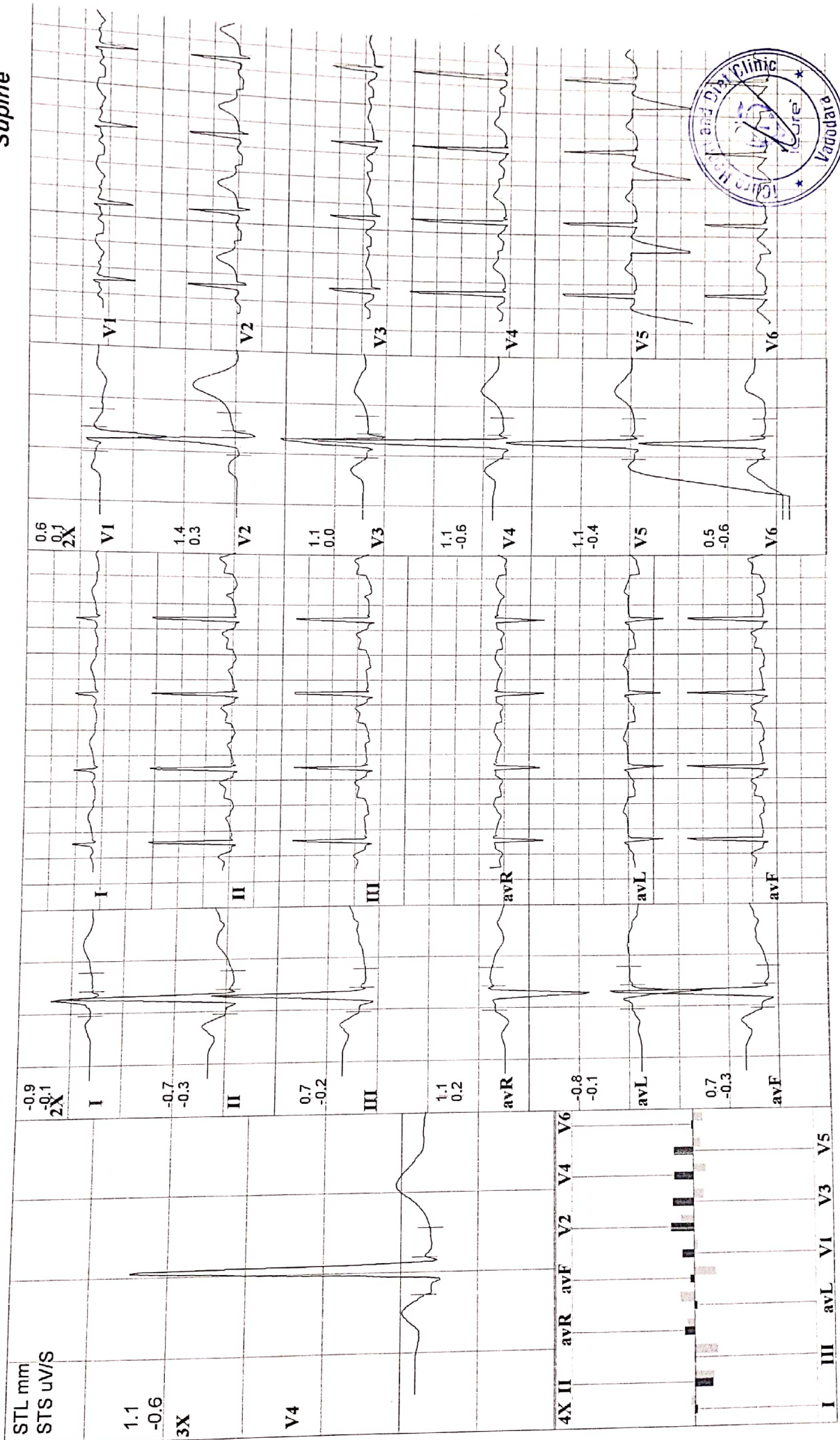
Ex Time: -- min:sec BLC: On Sweep: 25 mm/S

NotchOn Median Sweep: 25 mm/S

**Linked Media**

**Pre Ex**

**Supine**



# iCure heart and diet clinic

402, Epsilon Tower, Race Course Road, Vadodara



Y847  
 25 Yrs/ F  
 Date: 03-01-2022 Time: 10:08 AM  
 Post J: 72 ms

KAJALBEN MAKWANA  
 Kg/ Ht- cms  
 Ref.No.:

Speed: -- kmh Hr: 123  
 Grade: -- % Mets: 1  
 Protocol: Bruce BP: -/--- mmHg

Target Hr: 63 % of 195  
 Ex Time: -- min:sec  
 Curr Time: 00:42

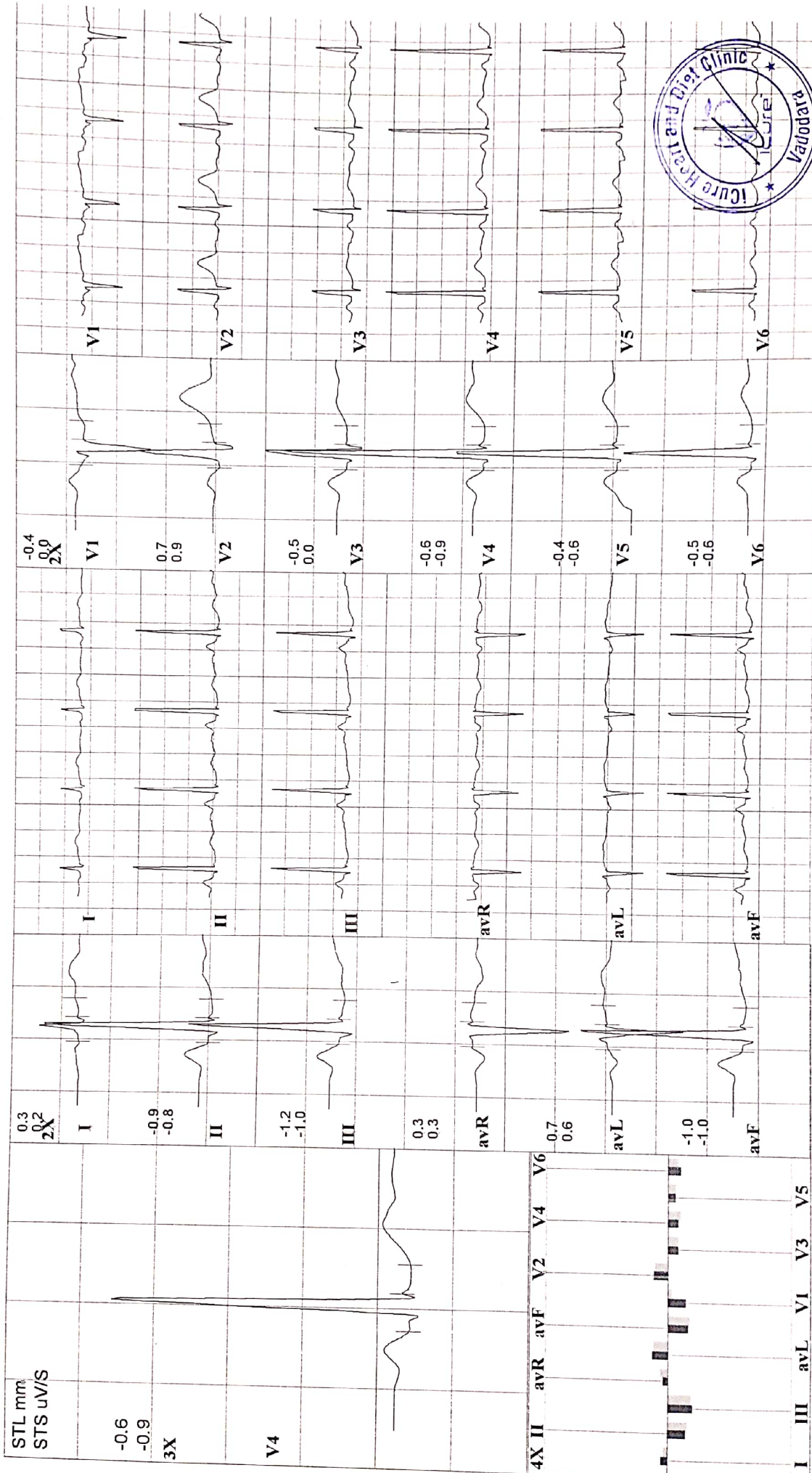
Filter: 0.1 - 100 Hz  
 BLC: On  
 Notch: On

10 mm/mV  
 25 mm/S  
 Median Sweep: 25 mm/S

Linked Media

Pre Ex

Hyp Vent





# JKV LABORATORY



Name : KAJALBEN MAKWANA  
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 25 Yrs./F  
Date : 03/01/2022  
Report ID. : 1

## EXAMINATION OF URINE

TEST	RESULT	UNIT
Sample	: FASTING	
<b>PHYSICAL EXAMINATION</b>		
Quantity	: 10	mL
Colour	: PALE YELLOW	
Transparency	: CLEAR	
Specific Gravity	: 1.030	
Reaction	: ACIDIC	
Deposits	: ABSENT	
<b>CHEMICAL EXAMINATION</b>		
Albumin	: NIL	
Sugar	: NIL	
Acetone	: ABSENT	
Bile Salts	: ABSENT	
Bile Pigments	: ABSENT	
Urobilinogen	: NORMAL : ~ < 1.0 mg/dL	
Occult Blood	: ABSENT	
Nitrate	: ABSENT	
<b>MICROSCOPIC EXAMINATION</b>		
Pus Cells	: 0-1 / hpf	
RBC	: NIL	
Epithelial Cells	: NIL	
Crystals	: NIL	
Amorphous Phosphate	: NIL	
Cast	: NIL	

END OF REPORT



**DR JIGAR SHAH (G23327)**  
**M.D. Pathologist**

Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodra-390 022  
☎ 8320343731 / 9601969303 ✉ jkvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.



# JKV LABORATORY



Name : KAJALBEN MAKWANA  
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 25 Yrs./F  
Date : 03/01/2022  
Report ID : 1

## HAEMOGRAM PROFILE

### TEST

### RESULT

Blood Group  
Rh Factor  
(Anti D.)

: "O"  
: **"NEGATIVE"**

## BIOCHEMISTRY

### FASTING (FBS)

Blood Glucose

: 88.0 mg/dL

70.00 - 110.00 mg/dL

### POST-PRANDIAL

Blood Glucose

: 112.0 mg/dL

80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

END OF REPORT



**DR JIGAR SHAH (G23327)**  
**M.D. Pathologist**

Time : 7 a.m. to 9.00 p.m. • Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022  
8320343731 / 9601969303 | jkvlaboratory2021@gmail.com

Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.

Free Home Service

 **iCure™**  
**Heart & General Clinic**

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : KAJAL MAKWANA	AGE : 25 Y/F	DATE : 03/01/2022
----------------------	--------------	-------------------

**X RAY CHEST (PA)**

**OBSERVATIONS:**

Both the lung fields and apices appear clear.

Both the hilar shadow appears normal.

Cardiac silhouette appears normal.

Both the costophrenic sinuses are clear.

Mediastinal and tracheal shadows are normal.

Both the domes of diaphragm are normal.

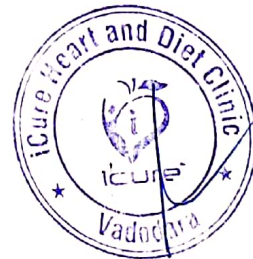
Visualized rib cage and clavicle are normal.

**COMMENTS:**

- No significant abnormality is seen.

*Mehul Prajapati*

**DR. MEHUL PRAJAPATI**  
**CONSULTANT RADIOLOGIST**



# iCure Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : KAJAL MAKWANA	AGE : 25 Y/F	DATE : 03/01/2022
----------------------	--------------	-------------------

## ULTRASONOGRAPHY OF WHOLE ABDOMEN (Screening Only)

**Liver** is normal in size and echotexture and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

**Portal Vein** appears normal in diameter.

**Common Bile Duct** is of normal diameter.

**Gallbladder** is physiologically distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

**Pancreas** is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

**Spleen** is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

**Both Kidneys** are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 86x35mm. Left kidney measures 103x40mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

**Bladder** is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

**Uterus** appears normal in size. Uterine myometrial echotexture is homogeneous. No focal lesion is seen. **There is fibroid noted at anterior wall of uterus, measured 28x24mm in size.**

**Both Ovaries** appears normal in size & reflectivity. No evidence of any adnexal mass.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

No mass or collection in right iliac fossa.

### CONCLUSION:

- Uterine fibroid
- No other sonographic abnormality is seen.

*Mehul Prajapati*  
DR. MEHUL PRAJAPATI  
CONSULTANT RADIOLOGIST





# J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name	: KAJALBEN MAKWANA	Ref. No.	: 7668
Referred by	: I Cure Heart & Diet Clinic	Age	: 25 Years
Date	: 03/01/2022 15:54	Sex	: Female

## HBA1C [Glycosylated Haemoglobin]

Test Name	Result	Units	Biological Reference Interval
Glycosylated Haemoglobin : (HBA1C)	4.9	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3

Estimated Average glucose : 93.93 mg/dl

Comment : \*As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

NOTE: This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average blood glucose concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.



**DR K K PATEL**  
MD (G-20476)  
CONSULTANT PATHOLOGIST





# J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303 | jkvlaboratory2021@gmail.com

Patient's Name : **KAJALBEN MAKWANA**  
Referred by : I Cure Heart & Diet Clinic  
Date : 03/01/2022 15:54

Ref. No. : 7668  
Age : 25 Years  
Sex : Female

## RENAL FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Blood Urea :	26.1	mg/dl	[12.6 to 42.6]
Blood Urea Nitrogen :	12.0	mg/dl	[8 to 23]
Serum Creatinine :	0.89	mg/dl	[Male : 0.6 to 1.1] [Female : 0.5 to 0.9]



**DR. K. K. PATEL**

MD (G-20476)

CONSULTANT PATHOLOGIST



# J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : **KAJALBEN MAKWANA**  
Referred by : I Cure Heart & Diet Clinic  
Date : 03/01/2022 15:54

Ref. No. : 7668  
Age : 25 Years  
Sex : Female

## BIOCHEMICAL TESTS

Test Name	Result	Units	Biological Reference Interval
Uric Acid :	5.63	mg/dl	3.4 - 7.0



**DR. K. K. PATEL**

MD (G-20476)

CONSULTANT PATHOLOGIST



# J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303 jkvlaboratory2021@gmail.com

Patient's Name : **KAJALBEN MAKWANA**  
Referred by : I Cure Heart & Diet Clinic  
Date : 03/01/2022 15:54

Ref. No. : 7668  
Age : 25 Years  
Sex : Female

## HEMOGRAM

Test Name	Result	Units	Biological Reference Interval
Hemoglobin :	12.1	g/dl	[12.0-16.0]
Total RBC Count :	4.49	mill/cmm	[4.2-5.4]
<b><u>Blood Indices</u></b>			
P.C.V :	35.5	%	[37-47]
M.C.V. :	79.06	femtolitre	[78-100]
M.C.H. :	26.95	pg	[27-31]
M.C.H.C. :	34.1	g/dl	[32-36]
R.D.W. :	14.6	%	[11.5-14.0]
Total WBC Count :	4020	/cmm	[4000-10000]
Platelet Count :	352000	/cmm	150000-450000
<b><u>Differential WBC Count</u></b>			
Polymorphs :	50	%	[60 - 70]
Lymphocytes :	42	%	[20 - 40]
Eosinophils :	03	%	[1 - 4]
Monocytes :	05	%	[2 - 6]
Basophils :	00	%	[0 - 1]
MPV :	10.3		
PDW-CV :	12.1		
PDW-SD :	14.6		
PCT :	0.36		
P-LCR :	29.7		
<b><u>Erythrocyte Sedimentation Rate</u></b> [Modified Westergren]			
After 1 hour :	08	mm	[M: 1 - 7 / F: 3 - 12]



**DR. K. K. PATEL**

MD (G-20476)

CONSULTANT PATHOLOGIST



# J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : **KAJALBEN MAKWANA**  
Referred by : I Cure Heart & Diet Clinic  
Date : 03/01/2022 15:54

Ref. No. : 7668  
Age : 25 Years  
Sex : Female

## LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	16.9	U/L	30- 65
S.G.O.T. (AST) :	11.5	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	79	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	0.63	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.22	mg/dl	[0.0 to 0.3]
S. Bilirubin (Indirect) :	0.41	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	7.15	gm/dl	[6.6 to 8.8]
S. Albumin :	3.97	gm/dl	[3.5 to 5.2]
S. Globulin :	3.18	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.2		
G.G.T. : (Gamma-Glutamyl Transferase)	39.4	IU/L	[8 to 78]



**DR K K PATEL**

MD (G-20476)

CONSULTANT PATHOLOGIST



# J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : **KAJALBEN MAKWANA**  
Referred by : I Cure Heart & Diet Clinic  
Date : 03/01/2022 15:54

Ref. No. : 7668  
Age : 25 Years  
Sex : Female

## LIPID PROFILE

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	125.6	mg/dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250
Triglyceride :	103.0	mg/dl	Normal : <150 Borderline high :150-200 High : > 200
HDL Cholesterol :	62.5	mg/dl	Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35
LDL Cholesterol :	42.5	mg/dl	Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159
VLDL :	20.6	mg/dl	Upto 34
Chol./HDL Ratio :	2		
LDL/HDL Ratio :	0.7		Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-6.0 Elevated level/ high risk : >6.0
Total Lipids :	554.2	mg/dl	400 - 1000



**DR K K PATEL**  
MD (G-20476)  
CONSULTANT PATHOLOGIST