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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name :** MRS KAMINI SIWAL  
**Referred By Dr :** MEDIWHEEL  
**Sex :** FEMALE **Age :** 30 Years  
**Collected At :** MIRA ROAD MAIN BRANCH

**Lab No. :** KAA1222 \*KAA1222\*  
**Reg. Date :** 14-Jan-2023 9:39 am  
**Report Date :** 14-Jan-2023 6:30 pm  
**Print Date :** 16-Jan-2023 7:12 pm

## BIOCHEMISTRY

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	89.8	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occassion) 5 - 20 mg/dl
Blood Urea Nitrogen (BUN)	11.00		
URINE SUGAR (Fasting)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
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# HEALTHCARE

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## BIOCHEMISTRY REPORT (SERUM)

TEST	RESULT	UNITS	NORMAL VALUES
Serum Uric Acid	3.8	mg%	Female : 2.4 - 5.7 mg%

----- End of Report -----

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 Collected At : MIRA ROAD MAIN BRANCH

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 Reg. Date : 14-Jan-2023 9:39 am  
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 Print Date : 16-Jan-2023 7:12 pm

## BLOOD GROUP

TEST	RESULT
Blood Group	'O'
Rh Factor	Positive

----- End of Report -----

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**Reg. Date** : 14-Jan-2023 9:39 am  
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**Print Date** : 16-Jan-2023 7:12 pm

## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR (Post prandial)	90.9	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occassion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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**Print Date :** 16-Jan-2023 7:12 pm

## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	13.2	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	4.24	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	39.7	%	Female : 32 - 47 %
MCV	93.60	fl	80- 96 fl
MCH	31.00	pg	27 - 32 pg
MCHC	33.10	gm%	32 - 37 gm%
RDW	13.3	%	12 - 14.5
<b>TOTAL WBC COUNT</b>			
TOTAL WBC COUNT	7660	/ cumm	4,000 - 11,000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	75	%	40 - 75
Lymphocytes	20	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Basophils	0	%	00 - 01
Platelet count	172000	Lacs/cmm	150000-450000
<b>PERIPHERAL SMEAR</b>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	20	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## eGFR / CREATININE

TEST	RESULT	UNITS	NORMAL VALUES
CREATININE	0.65	mg/dl	0.5 - 1.5 mg/dl
Age of the Patient	30		
eGFR	113.75	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

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## HBA1C

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.1	%	4 - 5.7 %
ESTIMATED AVERAGE	99.67		
GLUCOSE			
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	201	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	67	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	45	mg / dl	40 - 60 mg / dl
VLDL	13.40	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	142.60	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.47		< 5
LDL / HDL	3.17		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
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- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS KAMINI SIWAL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 30 Years  
**Collected At** : MIRA ROAD MAIN BRANCH

**Lab No.** : KAA1222 \*KAA1222\*  
**Reg. Date** : 14-Jan-2023 9:39 am  
**Report Date** : 14-Jan-2023 8:19 pm  
**Print Date** : 16-Jan-2023 7:12 pm

## Liver Function test

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.8	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.21	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.59	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	<b>55</b>	U / L	Up to 49 U / L
S.G.O.T.	<b>50</b>	U / L	Up to 46 U / L
Alkaline Phosphatase	87	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	7.21	gm / dl	6 - 8 gm / dl
Albumin	4.3	gm / dl	3.2 - 5.5 gm / dl
Globulin	2.91	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.48		1.0- 2.3
GGT	26	IU/L	5 - 50 IU/L

\*Result rechecked.

----- End of Report -----

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Checked By  
ARIFA

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS KAMINI SIWAL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 30 Years  
**Collected At** : MIRA ROAD MAIN BRANCH

**Lab No.** : KAA1222 \*KAA1222\*  
**Reg. Date** : 14-Jan-2023 9:39 am  
**Report Date** : 14-Jan-2023 3:01 pm  
**Print Date** : 16-Jan-2023 7:12 pm

## ROUTINE URINE EXAMINATION

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0 )
Specific Gravity	1.020
<b>CHEMICAL EXAMINATION</b>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<b>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</b>	
Red Blood Cells	Absent
Pus Cells	2-3/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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PRANALI

DR. BHAVINI KAMDAR  
MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS KAMINI SIWAL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 30 Years  
**Collected At** : MIRA ROAD MAIN BRANCH

**Lab No.** : KAA1222 \*KAA1222\*  
**Reg. Date** : 14-Jan-2023 9:39 am  
**Report Date** : 14-Jan-2023 6:26 pm  
**Print Date** : 16-Jan-2023 7:12 pm

## STOOL ROUTINE & MICROSCOPY

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Colour	Brown
Form ( Consistency )	Semisolid
Mucus	Absent
Blood (Frank)	Absent
Parasites	Absent
<b>CHEMICAL EXAMINATION</b>	
Reaction	Acidic
Occult Blood	Absent
<b>MICROSCOPIC EXAMINATION</b>	
Red Blood Cells	Not seen
Epithelial Cells	Not seen
Pus Cells	Occasional
Macrophages	Not seen
Cyst/Ova/Trophozoites	Not seen
Fat globules	Absent

----- End of Report -----

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Checked By  
PRANALI

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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**"Home Visit Facility Call On 76667 66307"**



**Patient's Name** : MRS KAMINI SIWAL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 30 Years  
**Collected At** : MIRA ROAD MAIN BRANCH

**Lab No.** : KAA1222 \*KAA1222\*  
**Reg. Date** : 14-Jan-2023 9:39 am  
**Report Date** : 15-Jan-2023 11:51 am  
**Print Date** : 16-Jan-2023 7:12 pm

## THYROID FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	108.46	ng/dl	55 - 180 ng/dl
Method	ELFA		
T4 [ Thyroxine ]	9.5	ug/dl	4.66 - 10.50 ug/dl
Method	ELFA		
TSH [Thyroid Stimulating Hormone]	1.38	uIU/mL	0.25 - 5.0 uIU/mL
Method	ELFA		

**Interpretation :**

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

----- End of Report -----

Printed By : NAGLE

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM





Healthcare Diagnostics &lt;healthcare.medicals@gmail.com&gt;

**Health Check up Booking Confirmed Request(bobS23668),Package Code-PKG10000241, Beneficiary Code-34574**

Mediwheel <wellness@mediwheel.in>  
To: healthcare.medicals@gmail.com  
Cc: mediwheelwellness@gmail.com

Tue, Jan 10, 2023 at 7:19 PM



**Mediwheel**  
...Your wellness partner

**011-41195959**

Email:wellness@mediwheel.in

Hi **Healthcare Medical Centre And Diagnostic,**

Diagnostic/Hospital Location : **UNIT NO 13,RNA LIBERTY BLDG,VIJAY PARK ROAD,NEAR JANGID CIRCLE,MIRA ROAD EAST,THANE 401107 ,City:Mumbai**

We have received the confirmation for the following booking .

**Beneficiary Name** : PKG10000241

**Beneficiary Name** : kamini siwal

**Member Age** : 32

**Member Gender** : Female

**Member Relation** : Spouse

**Package Name** : Medi-Wheel Metro Full Body Health Checkup Female Below 40

**Location** : MUMBAI,Maharashtra-400056

**Contact Details** : 9416199057

**Booking Date** : 23-12-2022

**Appointment Date** : 14-01-2023

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

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To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

<b>PARTICULARS OF HEALTH CHECK UP BENEFICIARY</b>	
NAME	KAMINI SIWAL
DATE OF BIRTH	31-03-1990
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	14-01-2023
BOOKING REFERENCE NO.	22M127721100034574S
<b>SPOUSE DETAILS</b>	
EMPLOYEE NAME	MR. DHARIWAL NITIN KUMAR
EMPLOYEE EC NO.	127721
EMPLOYEE DESIGNATION	OUTBOUND SALES_AUTO LOANS
EMPLOYEE PLACE OF WORK	MUMBAI,RO MUMBAI WEST
EMPLOYEE BIRTHDATE	11-05-1992

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **21-12-2022** till **31-03-2023**.The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager  
HRM Department  
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





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भारत सरकार

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Government of India

नामांकन क्रम / Enrollment No.: 1214/82557/00040

Dr. NUPUR RAI  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643

To  
कामिनी सिवाल  
Kamini Siwal  
D/O: Harveer Singh  
shah mahiuddinpur  
Shahbuddinpur  
Shah Mohiuddinpur  
Ghaziabad Ghaziabad  
Uttar Pradesh 245101

21/10/2014  
186409030

ML864090306FT



HEALTHCARE UNIT  
VIJAY  
MIRA ROAD  
MOBILE  
DIAGNOSTICS  
CIRCLE  
401107

आपका आधार क्रमांक / Your Aadhaar No. :

**3944 2541 3814**

आधार - आम आदमी का अधिकार



भारत सरकार

Government of India



कामिनी सिवाल  
Kamini Siwal  
जन्म तिथि / DOB : 31/03/1990  
महिला / Female



**3944 2541 3814**

आधार - आम आदमी का अधिकार

Kamini



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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS KAMINI SIWAL	DATE	14/01/2023
HEIGHT- 158CM	WEIGHT- 55KG INS-87CMEXP- 75CM AG-76CM	AGE	30YRS
REFERRED BY	MEDIWHEEL	SEX	FEMALE
<b>PRESENT COMPLAINT: NIL</b>			
<b>PAST HISTORY: LSCS DONE 5 YRS BACK.</b>			
ALLERGY: NIL	HABIT: NIL	APPETITE: GOOD	
BLADDER: NAD	BOWEL: NAD		
<b>FAMILY HISTORY: FATHER 60YRS HEALTHY, MOTHER 55YRS HEALTHY.</b>			
<b>GYNEAC HISTORY- LMP-30/12/2022 3-4DAYS / 25-26DAYS CYCLE. G1P1. LSCS DONE I/V/O REDUCED AMNIOTIC FLUID 5 YRS BACK.</b>			
<b>GENERAL EXAMINATION: ADVICE-</b>			
P-76/ MIN	BP-100/60MMHG	- Avoid oily fatty food Fried food, Butter & Ghee.	
PALLOR: NIL	ICTERUS: NIL	- Regular Exercise.	
OEDEMA: NIL	OTHERS: NAD	- Medically fit for employment	
RS: AEBE	CVS-NAD		
PA: SOFT	CNS-CONSCIOUS		
<b>INVESTIGATION:</b>			

DR. NUPUR  
DR. Y. J. MEHTA [M.D.]  
MBBS, DIPLOMA IN...  
Reg. No.: 2010...

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS  
UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE,  
VIJAY PARK, MIRA ROAD (EAST), THANE 401107  
MOBILE: 7021804221

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389



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## EYE CHECK UP & COLOUR VISION

<b>NAME: MRS KAMINI SIWAL</b>		<b>DATE:14-01-2023</b>
<b>REFERRED BY:MEDIWHEEL</b>	<b>AGE:30YRS</b>	<b>SEX : MALE</b>

	RIGHT EYE	LEFT EYE
CORNEA	NORMAL	NORMAL
PUPIL	CCERL	CCERL
SCLERA	NORMAL	NORMAL
EYE MOVEMENTS	NORMAL	NORMAL
REFRACTIVE ERROR	NORMAL	NORMAL
COLOUR VISION	NORMAL	NORMAL

**DR. SIGNATURE**  
HEALTHCARE MEDICALS  
MIRA ROAD  
MOBILE: 982004221

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- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Pat.Name	MRS KAMINI SIWAL	Age:	30/F
Ref. Dr.	MEDIWHEEL	Date:	14/01/2023

## ULTRASONOGRAPHY REPORT OF ABDOMEN & PELVIS

**Liver:** Liver is normal in size and shape. Parenchyma is homogenous echogenicity. No evidence of solid or cystic mass is noted. Intra & extra hepatic biliary radicals appear normal. Portal & hepatic veins appear normal. PV & CBD are normal in caliber at porta hepatis.

**Gall Bladder:** gallbladder is physiologically distended and wall is normal in thickness. No intra luminal calculus or mass is seen.

**Pancreas:** is partially visualized. No obvious mass / collection is seen in region of pancreatic duct appears normal.

**Spleen:** is normal in size, shape, outlined and position. Parenchyma is homogenous in echo texture. No mass or calcification or collection is seen. Spleen is 8.9cm in length.

**Kidneys:** Both kidneys are normal in size, shape, outline & Position. Normal cortical echo texture & cortico-medullary differentiation is seen. Pelvic-calicle system appears normal. No obvious mass or Collection is seen. No Calculus is seen.

Right kidney measures 11.3X4.5cms.  
Left kidney measures 11.6X4.9cms.

**Bladder:** UB is distended well smooth in outline & normal wall thickness. No obvious mass or diverticulum or intra luminal calculus is seen. No significant post-void residual urine is seen.

**Uterus:** Uterus is retroverted. It is normal in size, shape, outline and position. The uterine myometrium appears normal in echo texture. No mass or collection or calcification is seen in uterine myometrium. Endometrium is central and appears normal. Endometrial thickness is 9.0 mms.

Uterus measures 8.12X3.99X4.9 cms.

**Ovaries:** Both ovaries slightly large in size. Few small cysts more at periphery. No obvious ovarian / adnexal mass or collection is seen on either side.

Right ovary measures 3.13X1.7 cms.  
Left ovary measures 3.4X1.7 cms.

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- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • TEL.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROOD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)

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14-Jan-23



- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

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**BOTH ILLIAC FOSSAS :** No obvious mass or collection is seen on either side. Lot of gas artifact shadow is seen on both sides and abdomen.

**No free fluid is seen in abdomen and pelvis.**

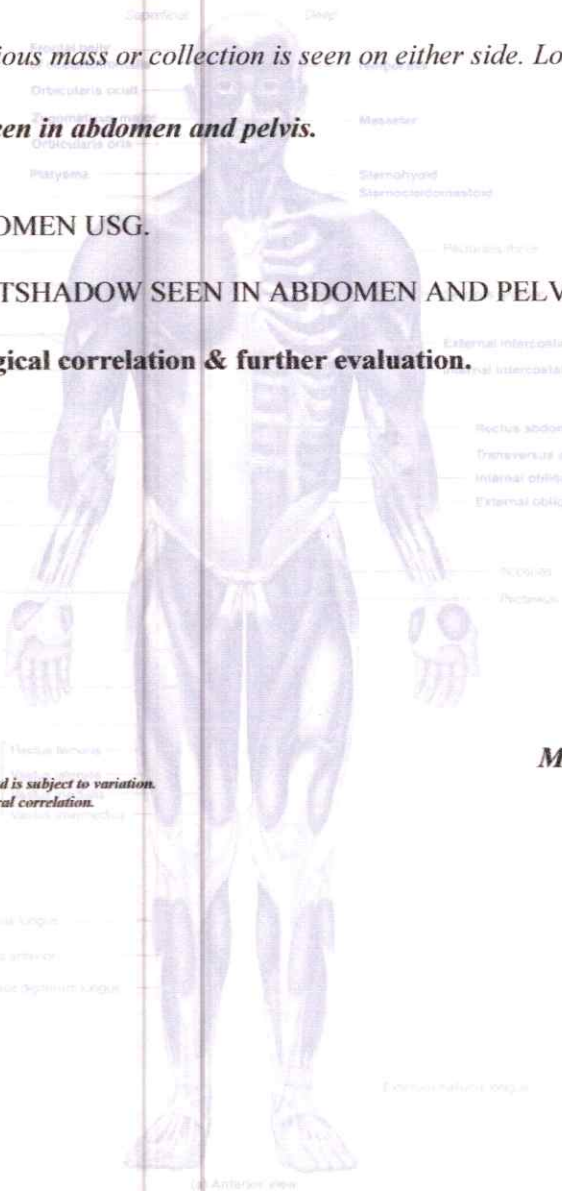
### IMPRESSION:

- NORMAL UPPER ABDOMEN USG.
- BILATERAL PCOD.
- LOT OF GAS ARTIFACTSHADOW SEEN IN ABDOMEN AND PELVIS.

**SUGGESTED: Clinico-Pathological correlation & further evaluation.**

**Thanks for referral.**

*Reliability of sonographic evaluation reports is not 100%, and is subject to variation. Reports are for interpretation by doctors only, with due clinical correlation.*



**Dr Sanjay Surana,**  
**MB BS,DMRE(Sonologist)**

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14-Jan-23

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MRS KAMINI SIWAL</b>	<b>DATE</b>	<b>14.01.2023</b>
		<b>AGE</b>	<b>30 YRS</b>
<b>REF. BY</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>FMALE</b>

## X-RAY CHEST (P. A. VIEW)

The lungs on the both side show equal translucency.

The heart and trachea are central in Position.

No mediastinal abnormality is visible.

The peripheral pulmonary vasculature is normal.

No focal lung lesion is seen.

The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

**IMPRESSION: NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.**

  
**DR. SACHIN JADKAR**  
**M.B.,D.M.R.E.**  
**(CONS. RADIOLOGIST)**

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- COMPU. PATHOLOGY
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- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



MRS. KAMINI SIVAI  
 14-Jan-2023  
 EKA11222

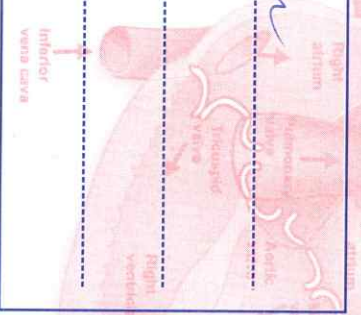
# ECG STROCCARDIOGRAM (ECG)

PATIENT Kamini Sivai AGE 30 SEX Female  
 REF. BY DR. mediwheel DATE 14/01/2023

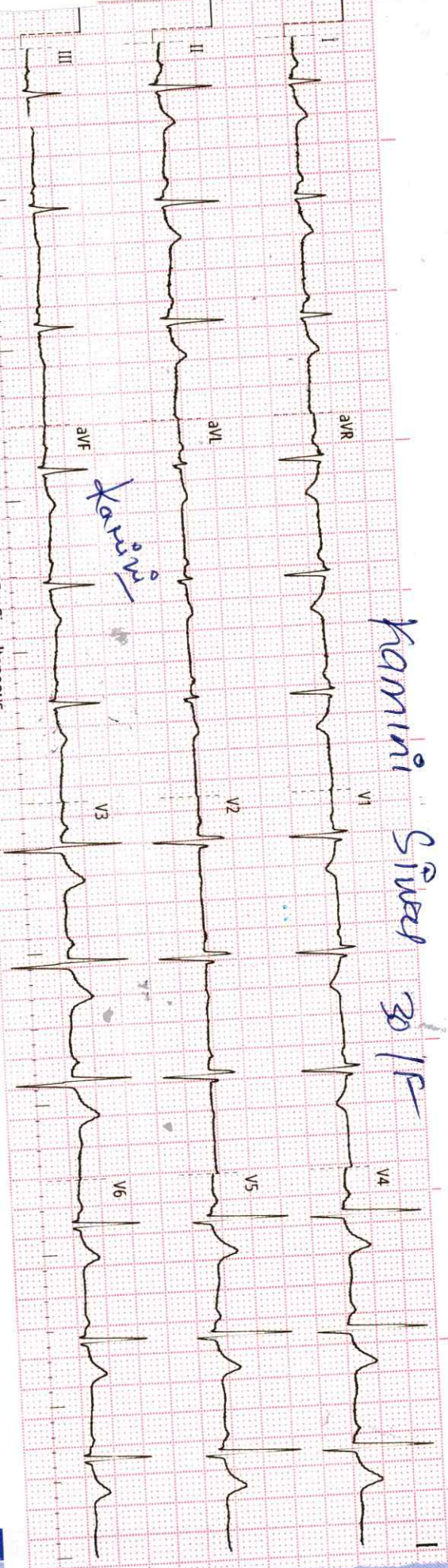
INTERPRETATION : Normal

Dr. [Signature]  
 Dr. NUPUR RAJ  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2018115643

HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS  
 14/1st Floor,  
 1st Phase,  
 RA ROAD EASTI THANE 401107  
 MOBILE: 7021804221



0.6Hz - 75Hz - AC 50Hz 25mm/s 10mm/mv Cardiomin U-30 1.0.25 Simultaneous



Kamini

Kamini Sivas

30/1/15



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : 82 bpm

Ventricular Rate : 4

Rhythm : .....

Mechanism : .....

Voltage : .....

Axis : .....

P Waves : .....

PR Interval : .....

Q Waves : .....

QRS Interval : (N)

ST Segment : .....

T Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : None



# HEALTH CARE MEDICAL CENTER & DIAGNOSTICS

MIRA ROAD  
MIRA ROAD

## TREADMILL TEST REPORT

**MRS KAMINI SIVAL**  
 ID : 507  
 DATE : 14-01-2023  
 AGE/SEX : 30 / F  
 HT/WT : 158 / 55  
 REF. BY : MEDIWHEEL

PROTOCOL : Bruce  
 HISTORY : Checkup/Physical fitness,  
 INDICATION : CORPORATE  
 MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METTS
								II	V1	V5	
SUPINE					86	90 / 60	77	0.9	-0.4	1.3	
STANDING					85	90 / 60	76	1	-0.5	1.2	
HYPERVENT					94	90 / 60	84	0.9	-0.3	1.4	
Stage 1	2:55	0:32	2.7	10	103	90 / 60	92	1	-0.7	0.9	4.67
Stage 2	5:55	2:55	4	12	125	110 / 70	137	0.3	-0.2	0.9	7.04
PK-EXERCISE	8:30	2:30	5.4	14	162	120 / 80	194	-0.4	0.1	0	9.52
RECOVERY	9:59	1:21			107	120 / 80	128	-0.4	0.1	0	
RECOVERY	10:54	2:16			95	120 / 80	114	-0.5	0	-0.3	
RECOVERY	11:33	2:55			113	100 / 70	113	-0.7	0.1	-0.4	
RECOVERY	12:40	4:2			94	100 / 70	94	-0.3	0	0	

### RESULTS

EXERCISE DURATION : 8:30  
 MAX HEART RATE : 162 bpm  
 MAX BLOOD PRESSURE : 120 / 80 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRHYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,

MAX WORK LOAD : 9.52 METTS

### IMPRESSIONS

Good effort tolerance  
 No angine  
 No arrythmia,  
 normal HR,  
 BP response  
 No significant ST changes noted during Test as compared ECG,  
 Stress test negative for inducible ischemia.

**HEALTHCARE MEDICAL CENTER AND DIAGNOSTICS**  
 UNIT NO 13/11/11  
 VIKAS PARK  
 MIRA ROAD, EST. 1987  
 MIRA MOBILE: 7021604221  
 4031077  
 CHS,  
 PROCEDURE

Technician : 2

**DR Y J MEHTA ( M. D. PHYSICIAN, CARDIOLOGIST )**

**Dr. NUPUR RAI**

MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2018115643



# HEALTH CARE MEDICAL CENTER & DIAGNOSTICS

MRS. KAMINI SIVAL  
 I.D. 507  
 Age 30/F  
 Date 14-01-2023

RATE 86bpm  
 B.P. 90/60

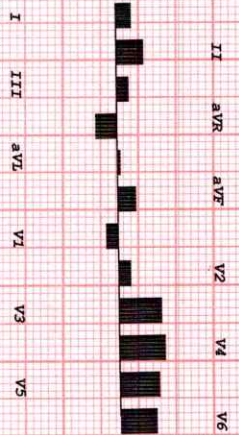
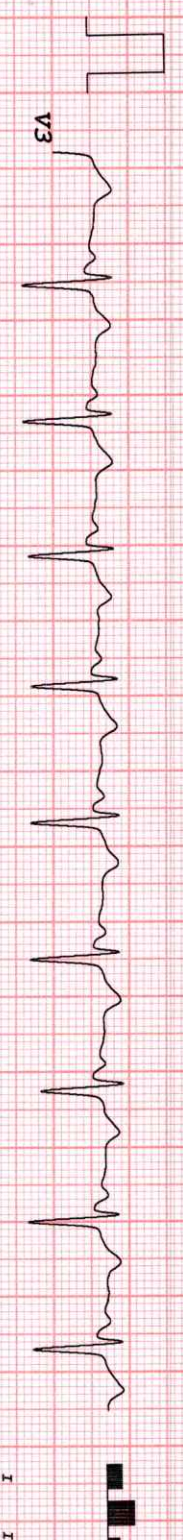
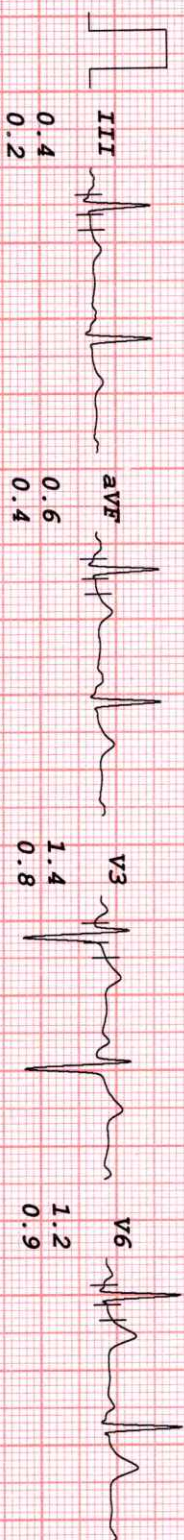
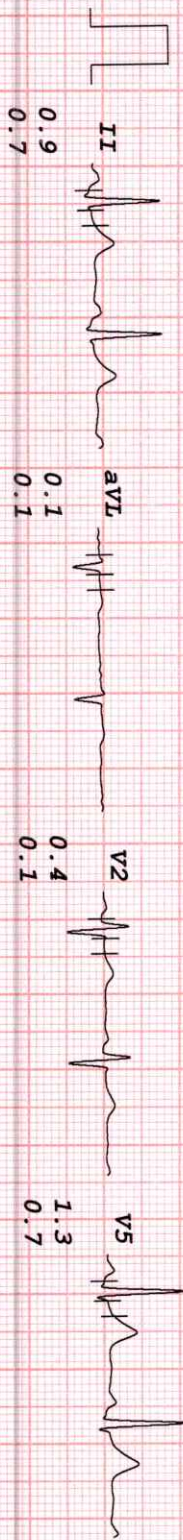
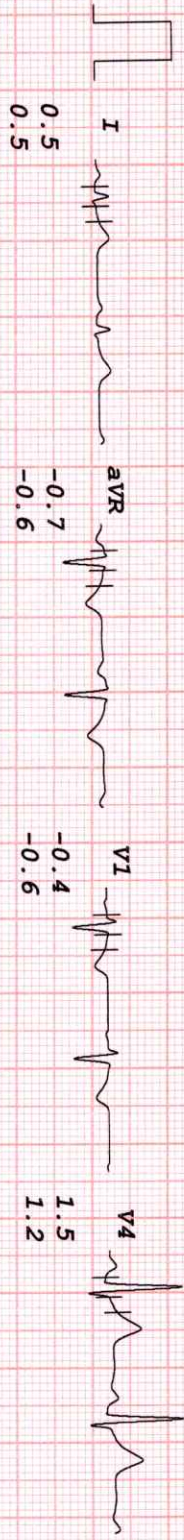
PRETEST  
 SUPINE

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1





# HEALTH CARE MEDICAL CENTER & DIAGNOSTICS

MRS KAMINI SIVAL  
 I. D. 507  
 Age 30/F  
 Date 14-01-2023

RATE 85bpm  
 B.P. 90/60

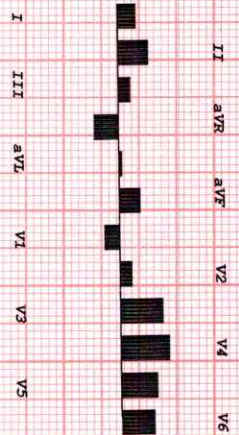
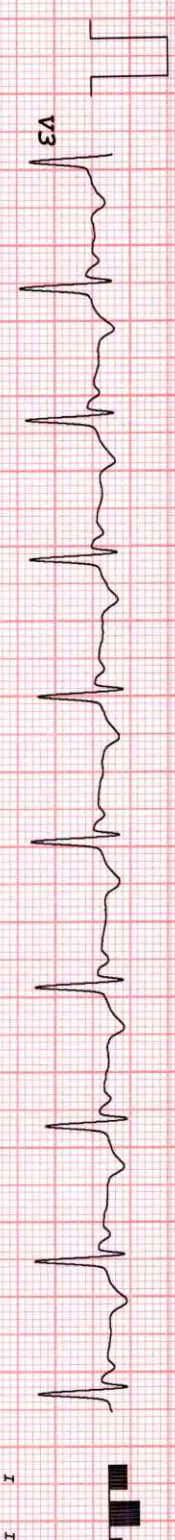
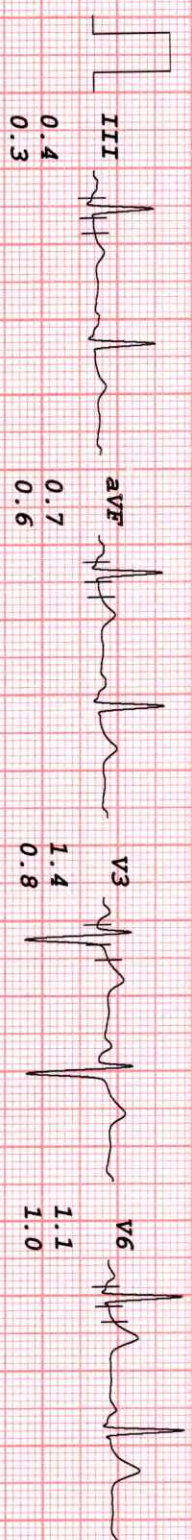
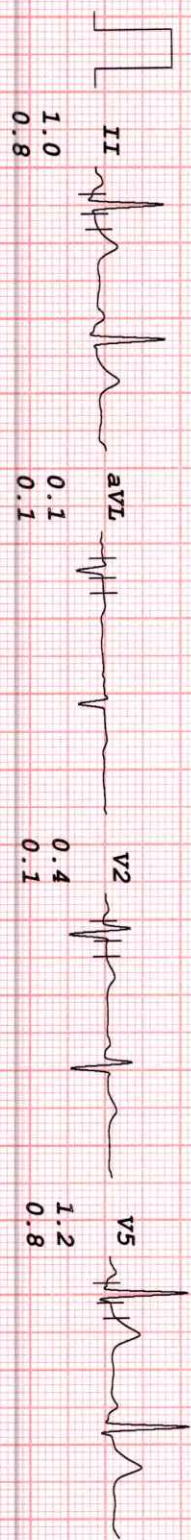
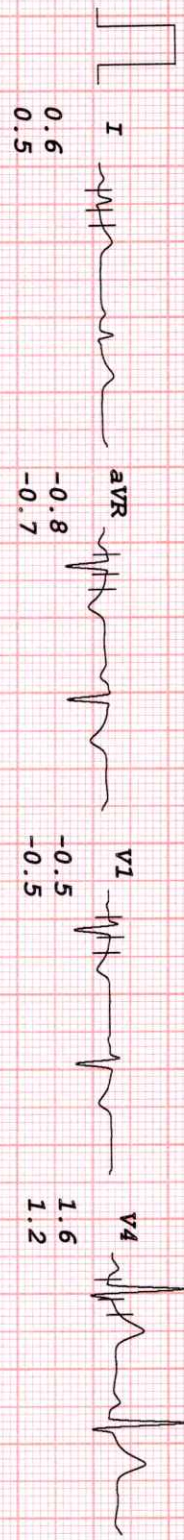
PRETEST  
 STANDING

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1





# HEALTH CARE MEDICAL CENTER & DIAGNOSTICS

MRS KAMINI SIMAL  
 I.D. 507  
 Age 30/F  
 Date 14-01-2023

RATE 94bpm  
 B.P. 90/60

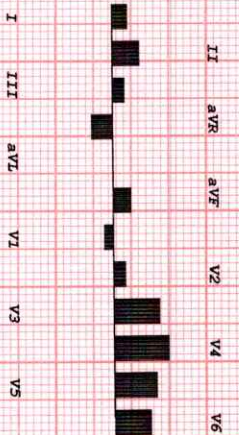
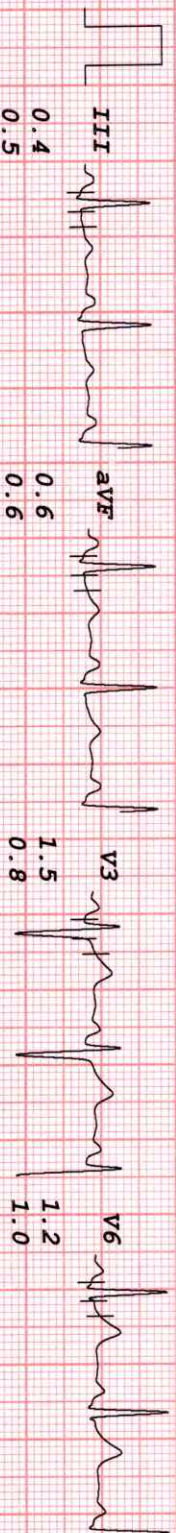
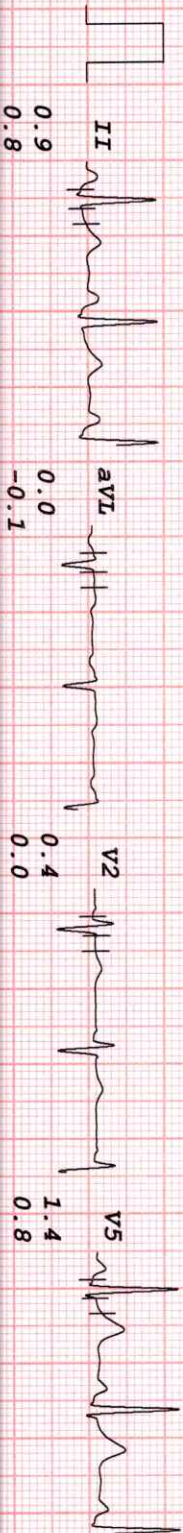
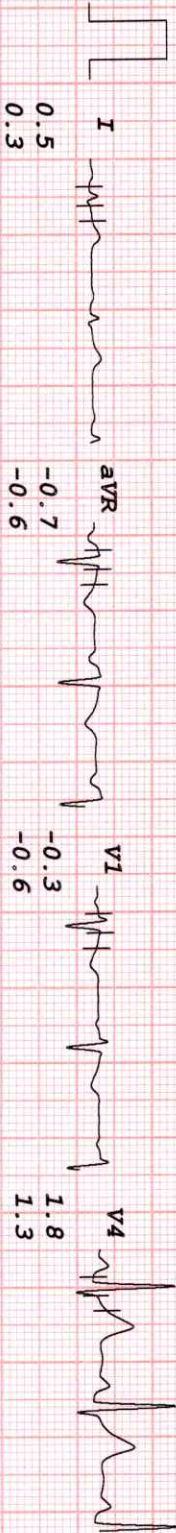
PRETEST  
 HYPERVENT  
 PHASE TIME 0:32

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1





# HEALTH CARE MEDICAL CENTER & DIAGNOSTICS

MRS KAMINI SIMAL  
 I.D. 507  
 Age 30/F  
 Date 14-01-2023

RATE 103bpm  
 B.P. 90/60

Bruce  
 Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

V1

I 0.8  
 1.1  
 aVR -0.9  
 -1.0

V1 -0.7  
 -0.5

V4 1.2  
 0.9

II 1.0  
 0.9  
 aVL 0.3  
 0.6

V2 -0.1  
 -0.8

V5 0.9  
 1.3

III 0.2  
 -0.2  
 aVF 0.6  
 0.3

V3 1.0  
 0.1

V6 0.6  
 1.1

-0.7  
 -0.5





# HEALTH CARE MEDICAL CENTER & DIAGNOSTICS

MRS KAMINI SIWAL  
 I.D. 507  
 Age 30/F  
 Date 14-01-2023

RATE 125bpm  
 B.P. 110/70

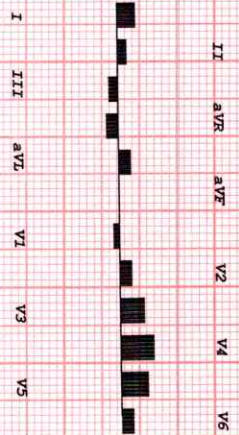
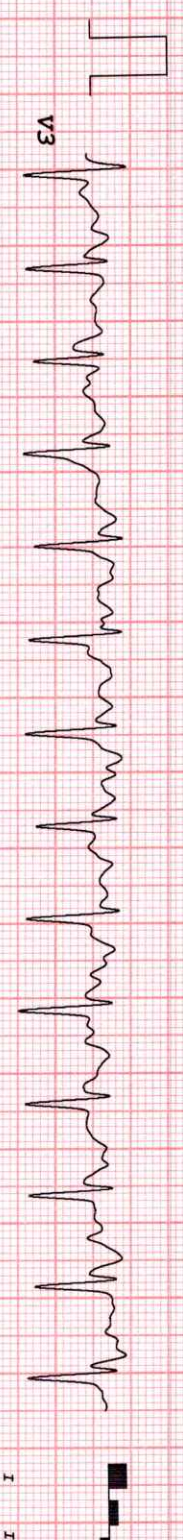
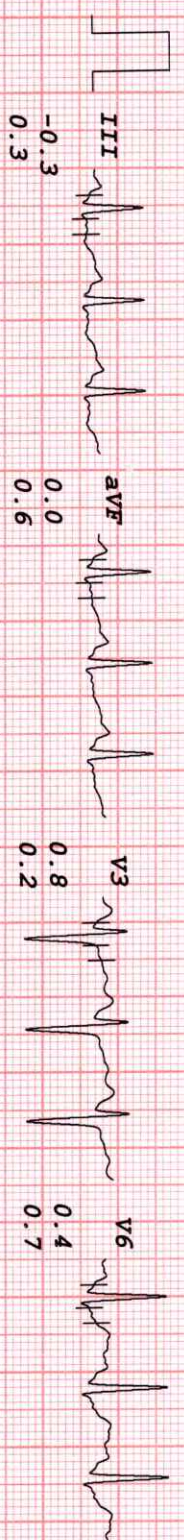
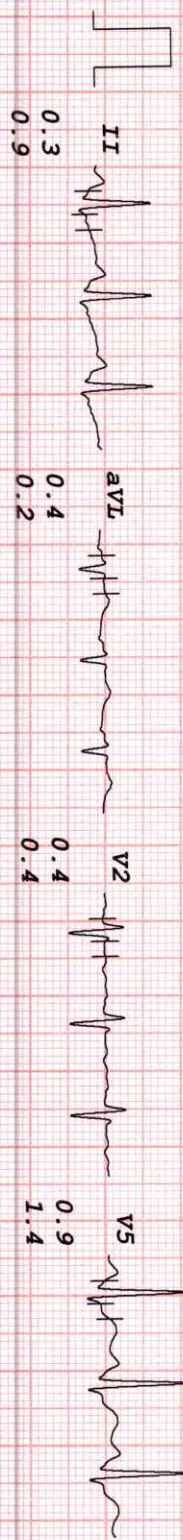
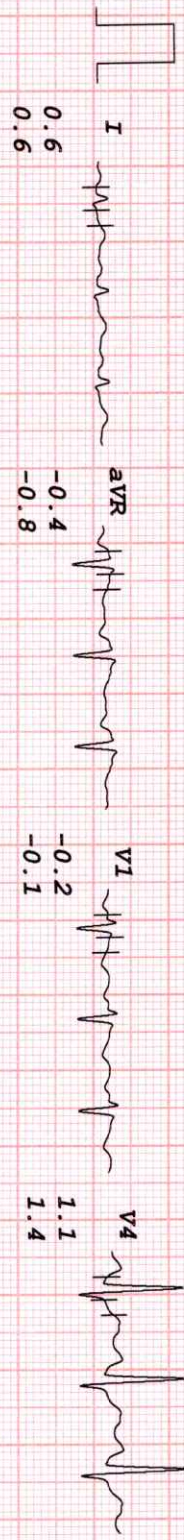
Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

V1





# HEALTH CARE MEDICAL CENTER SDIGNOSTICS

MRS KAMINI SIVAL  
 I.D. 507  
 Age 30/F  
 Date 14-01-2023

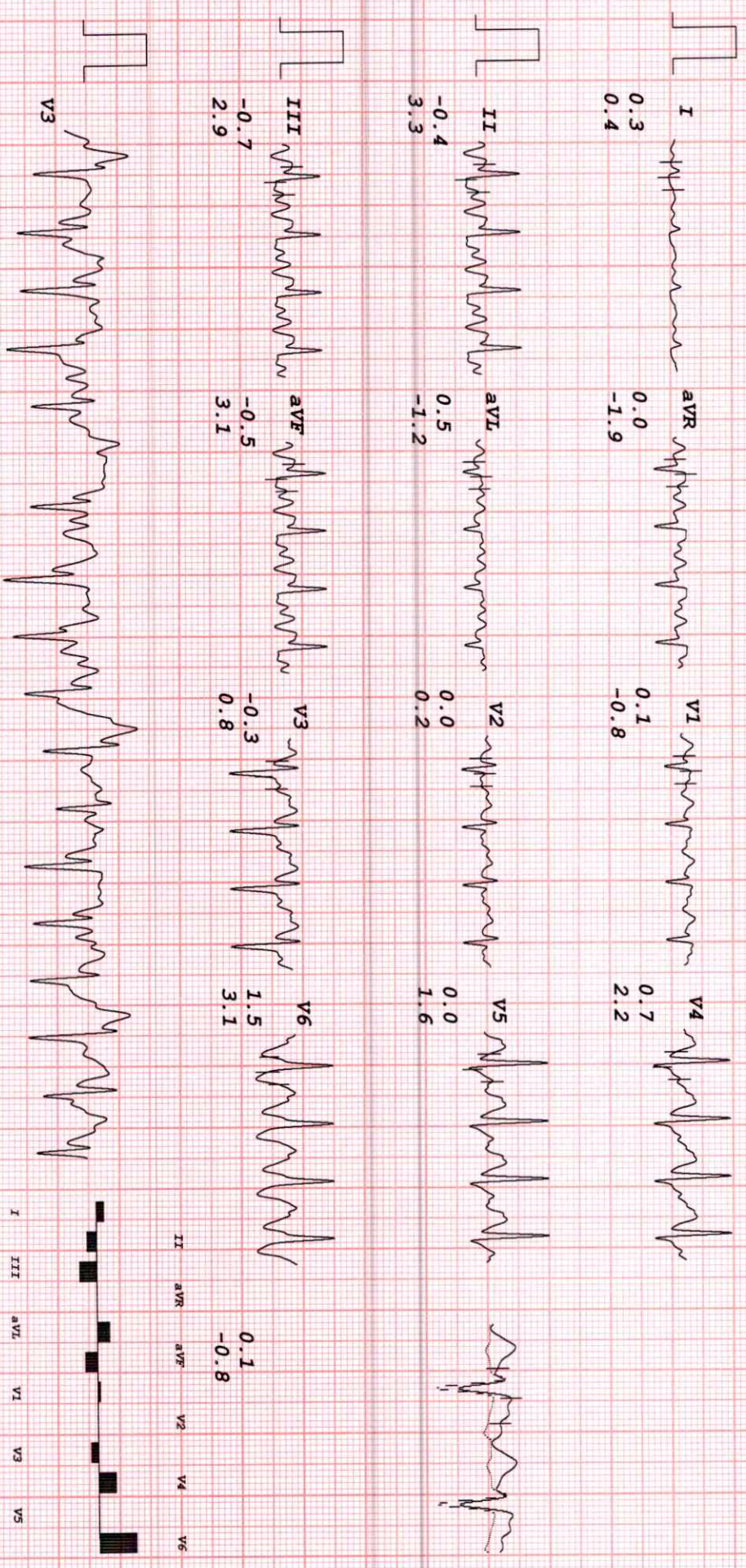
RATE 162bpm  
 B.P. 120/80

Bruce  
 PK-EXERCISE  
 TOTAL TIME 8:30  
 PHASE TIME 2:30

ST @ 10mm/mV  
 80ms PostJ  
 Speed 5.4 km/hr  
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2





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 I. D. 507  
 Age 30/F  
 Date 14-01-2023

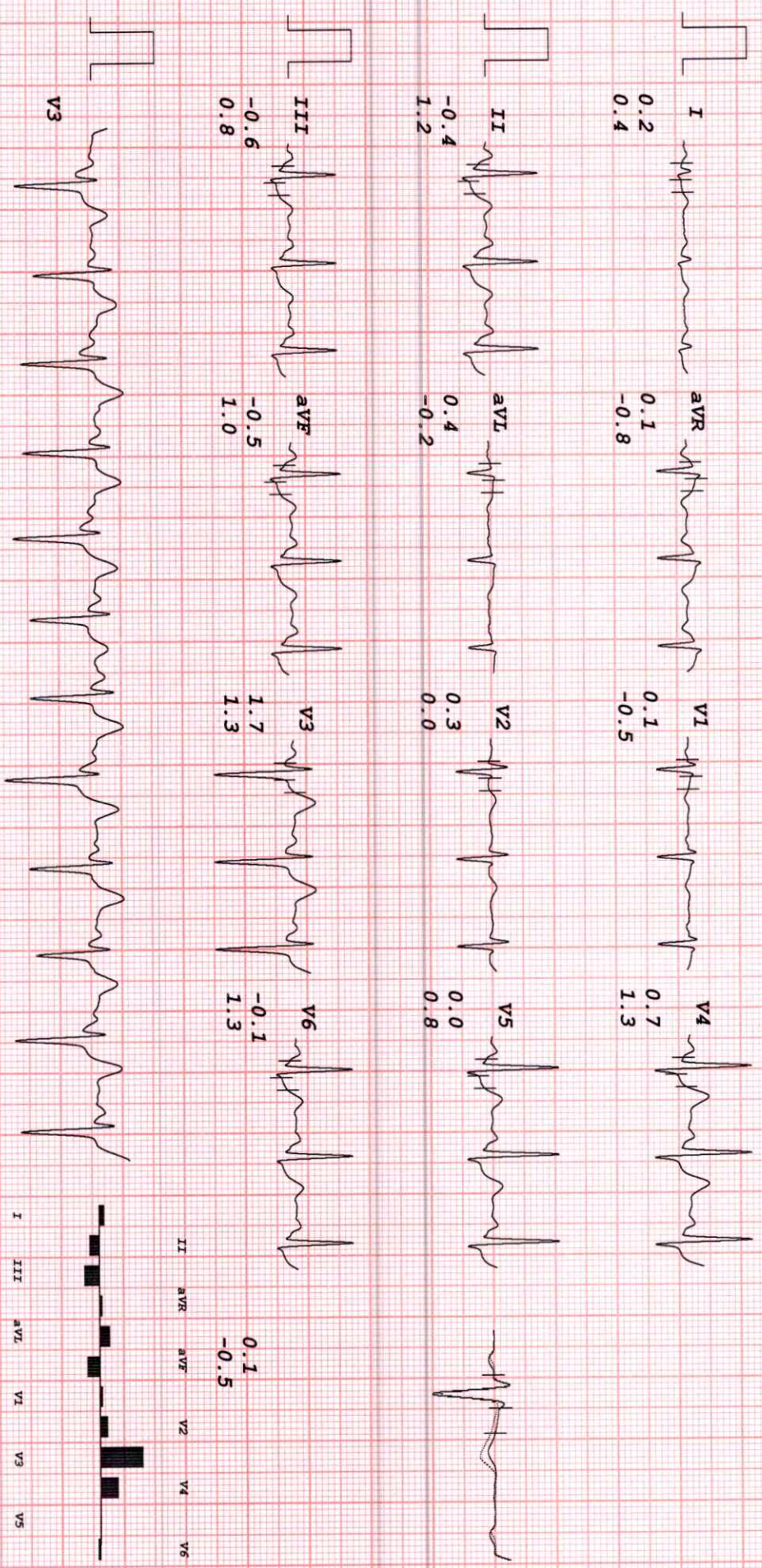
RATE 107bpm  
 B.P. 120/80

Bruce  
 RECOVERY  
 TOTAL TIME 9:59  
 PHASE TIME 1:21

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2





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 Date 14-01-2023

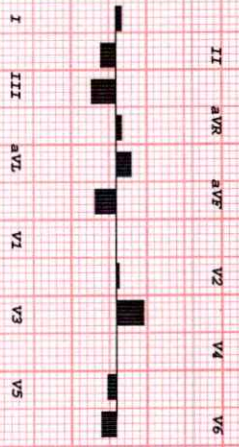
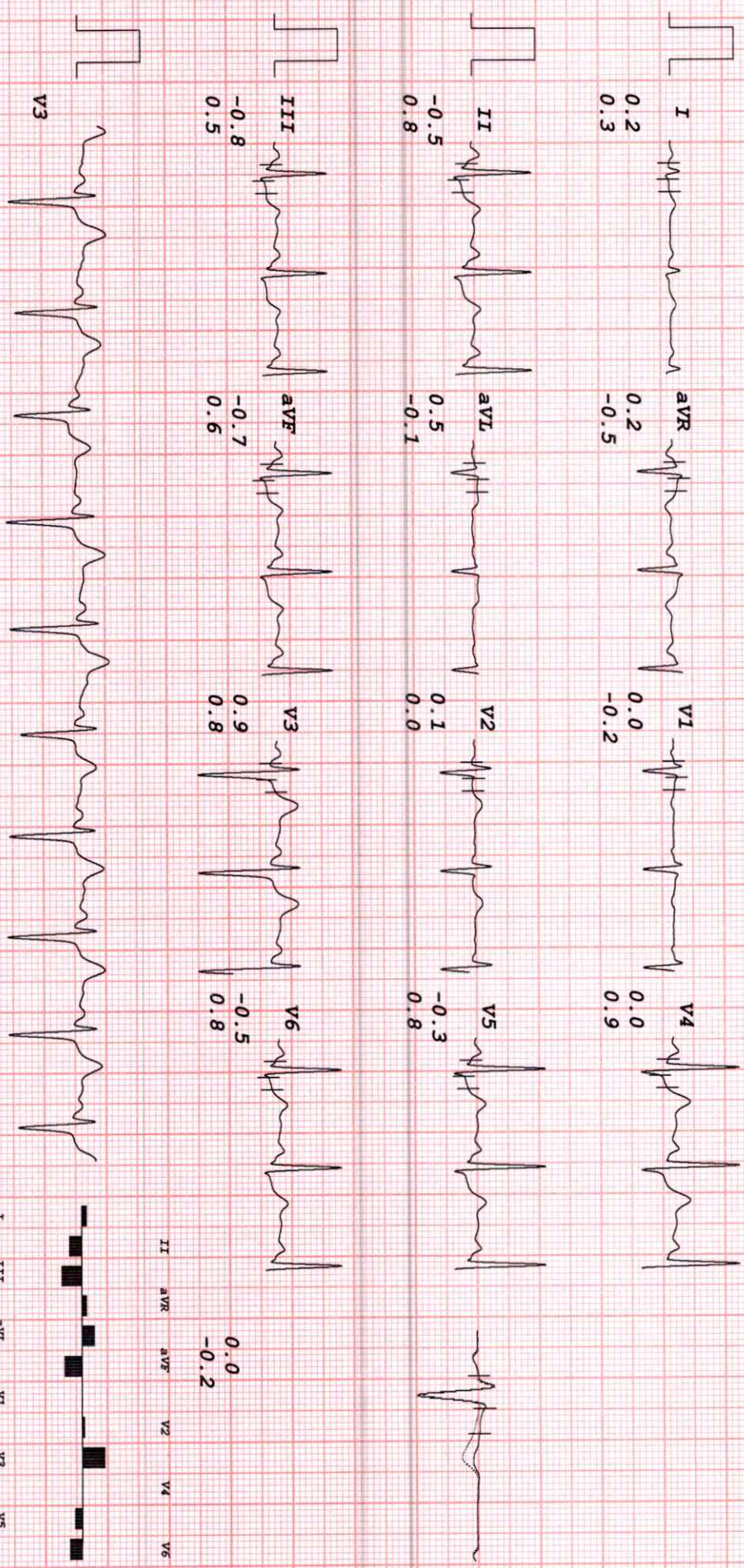
RATE 95bpm  
 B.P. 120/80

Bruce  
 RECOVERY  
 TOTAL TIME 10:54  
 PHASE TIME 2:16

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2





# HEALTH CARE MEDICAL CENTER & DIAGNOSTICS

MRS KAMINI SIMAL  
 I.D. 507  
 Age 30/F  
 Date 14-01-2023

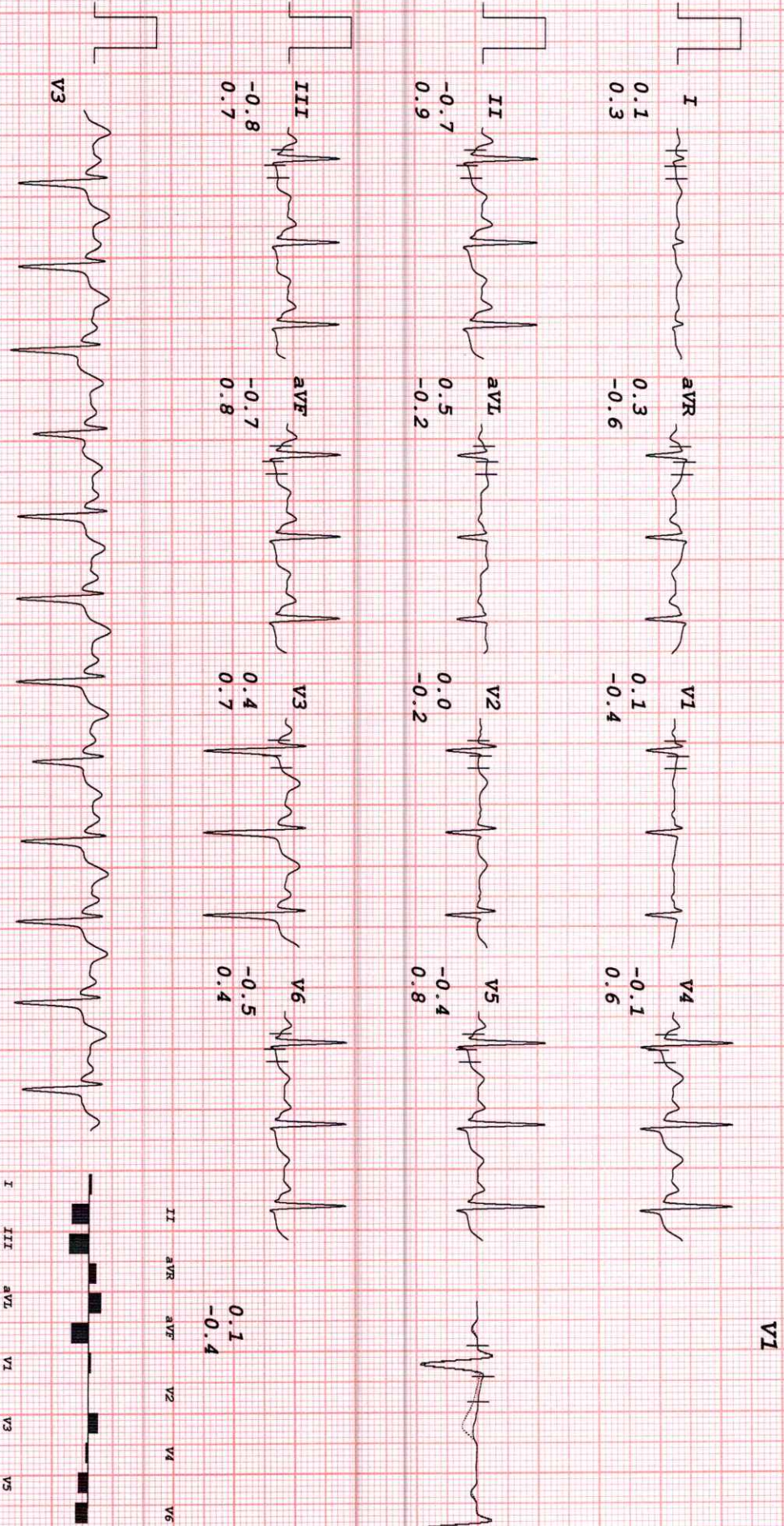
RATE 113bpm  
 B.P. 100/70

Bruce  
 RECOVERY  
 TOTAL TIME 11:33  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2





# HEALTH CARE MEDICAL CENTER & DIAGNOSTICS

MRS KAMINI SIMAL  
 I.D. 507  
 Age 30/F  
 Date 14-01-2023

RATE 94bpm  
 B.P. 100/70

Btuce  
 RECOVERY  
 TOTAL TIME 12:40  
 PHASE TIME 4:02

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

