



# FITNESS CERTIFICATE

C A N D I D A T E	Name : Akshite Vyas.  Date of Birth: 17/05/2000 Age 23 Blood Group: 0+Ve  Sex : Male Female I Marital Status: Married Unmarried   Address : flut 201 , Pronywww Fresidency wax  fuzum , lewyan , veldodency  Any allergy / Disability / Pre-existing disease:  Date: 27/05/23
CLINICAL F	Height Weight Near L.E. 6 GR. E. 6 G Hearing  164 Cms. 47 Kgs. Vision: Distant L.E. 6 GR. E.
zo - zos	CVS: S(S) W RS: A&B& Cle Abdomen: SOFT  Any other Findings: NO
CERTIFICATE	I Dr.: DR. Paraman Peutel.  hereby certify that I have examined Mr./Ms.: Akshiter Vyas.  on 27 15 23 and find him FIT / UNFIT for employment.  Remarks if unfit:  Signature & Seal Signature of Candidate Address / Tel No.
D E C L A R A T I O N	I declare that the above information is true and correct to the best of my knowledge and I am not suffering from any disease / illness, the presence of which I have not revealed. I fully understand that any misrepresentation of this declaration could lead to the termination of my offer / appointment. In case of any discrepancy arising out of my declaration, I will undergo the medical check-up by the company's suggested doctor and their findings will be fully binding on me and action towards my employment will be accepted by me.  Signature of Candidate.  Date:23/05/23.





1<sup>st</sup> Floor, Tower A, Eshantisira, Near Sitaram Super Market, Chhani Vadodara-391740

**(3)** +91 63596 22244

NAME: MRS AKSHITA VYAS

AGE:23/FEMALE

DATE: 27/05/2023

### **USG FOR ABDOMEN**

#### LIVER:

The echogenicity of the liver is normal.

There is no focal liver lesion.

There are no dilated intrahepatic biliary radicles.

# **GALL BLADDER:**

Appears to be distended and shows no calculus or polyp in the lumen.

Wall thickness is normal.

#### SPLEEN:

The echogenicity of the spleen is normal.

There is no focal splenic lesion.

#### PANCREAS:

The echogenicity appears to be normal.

There is no free fluid in the abdomen.

There are no enlarged retroperitoneal lymphnodes.

#### KIDNEY:

The kidneys are normal in position, size, shape and outline.

The parenchyma is normal. Right kidney measure 85\*40 cm.

Left kidney measure 89\*49 cm.

#### **BLADDER:**

Bladder is well distended and shows normal wall thickness. No evidence of intraluminal mass or calculi.

UTERUS: Normal in size, contour, and echotexture.

Both ovaries appears normal in size and echotexture. No adnexal mass lesions.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy Appendix cannot be imaged. No mass or collection in right iliac fossa.



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PATIENT NAME: MRS AKSHITA VYAS

AGE /SEX : 23/F DATE : 27/05/2023

## CONCLUSION:

- NORMAL LEFT VENTRICULAR SYSTOLIC **FUNCTION**
- LVEF 60%
- NORMAL CARDIAC CHAMBERS
- NO RWMA AT REST
- NO MR/NO MS
- NO TR, NO PAH (RVSP-18MMHG)
- NO AR/AS
- NO DIASTOLIC DYSFUNCTION OF LV
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION
- NO ASD/VSD/CoA NOTED
- IVC -10 MM SIZE WITH MORE THAN 50% COLLAPSIVE

# M:MODE

AO: 23mm	LA: 34mm	IVS:10mm
LVdd:46mm	LVds:26mm	PW:10mm

# DOPPLER STUDY

MITRAL VAVLE	E: 0.59	A:0.48	
AORTIC VALVE	1.08		



DR. PRANAV PATEL

DR. PRANAV PATE FELLOWSHIP IN MEDICAL E





: AKSHITA VYAS Registered On : 27 May, 2023 10:40 AM Pt. Name

Age/Gender: 23 Years Female Collected On : 27 May, 2023 10:39 AM

Patient ID : 1044 Reported On : 27 May, 2023 01:13 PM

Ref. By : Dr. BOB MO: 5858585854

Address

# Complete Blood Count (CBC)

Investigation	Observed Value		Biological Reference Interval	Unit
HEMOGLOBIN				
Hemoglobin (Hb)	11.7	Low	12 - 15	g/dL
Total RBC Count	4.43		3.9 - 4.8	mill/cumm
BLOOD INDICES				
Packed Cell Volu <mark>me</mark> (PCV)	34.5	Low	36.1 - 44.3	%
Mean Corpuscular Volume(MCV)	77.88	Low	78.2 - 97.93	fL
Mean Corpus <mark>cula</mark> r Hemoglobin (M <mark>CH)</mark>	26.41	Low	27 - 33	pg/cell
Mean Corpuscular Hemoglobin Concentration (MCHC)	33.91		33 - 36	g/dL
Red cell Distribution Width (RDW)	14.1		11.5 - 16	%
WBC COUNT				
Total WBC Count	7100		4000 - 11000	cumm
DIFFERENTIAL WBC COUNT				
Neutrophils	62		40 - 70	%
Lymphocytes	33		20 - 40	
Eosinophils	02		1 - 6	%
Monocytes	03		2 - 6	%
Basophils	00			
Erythrocyte Sedimentation Rate (ESR)	12		0 - 22	mm/hr
PLATELET COUNT				
Platelet Count	246000		150000 - 450000	/cumm

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#### **BLOOD GROUP**

## Blood Group, ABO & RH Typing

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Investigation	Observed Value	Biological Reference Interval	Unit
BLOOD GROUP, ABO & RH T	YPING		
ABO Group	0		
RH Factor	POSITIVE		

The test to determine your blood group is called ABO typing. Your blood sample is mixed with antibodies against type A and B blood. Then, the sample is checked to see whether or not the blood cells stick together. If blood cells stick together, it means the blood reacted with one of the antibodies.

Rhesus (Rh) factor is an inherited protein found on the surface of red blood cells. If your blood has the protein, you're Rh positive. If your blood lacks the protein, you're Rh negative.

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Investigation	Observed Value	Biological Reference Interval	Unit
Glycosylated Hemoglobin(GHb/HbA1c)	5.85	4.0 - 6.0	mg/dL
Mean Blood Glucose	121.19	90 - 210 90-120 Excellent Control 121-150 Good Control 151-180 Average Control 181-210 Action Suggested >210 Panic Value	mg/dL

#### Comment

- 1. HbA1c is an indicator of glycemic control. HbA1c represents average Glycemia over the past six to eight weeks. Glycation of Hemoglobin occurs over the entire 120 day life span of the Red Blood Cell, but within this 120 days. Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months two to four.
- 2. Mean Plasma Glucose mg/dL = 28.7 x A1C 46.7. Correlation between HbA1c and Mean Plasma Glucose (MPG) is not "perfect" but rather only this means that to predict or estimate average glucose from HbA1c or vice-versa is not "perfect" but gives a good working ballpark estimate.

3. Afternoon and evening results correlate more closely to HbA1c than morning results, perhaps because morning fasting glucose levels vary much more than daytime Glucose levels, which are easier to predict and control. As per IFCC recommendations 2007, HbA1c being reported as above maintaining traceability to both IFCC (mmol/mol) & NGSP (%) units.

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#### URINE ROUTINE

#### **Urine Examination Routine**

Address

Investigation	Observed Value	Biological Reference Interval	Jnit
PHYSICAL EXAMINATION			
Quantity	10ml	10ml	
Colour	Pale Yellow	Pale yellow	
Appearance	Clear	whitish	
PH	6.0		
Specitfic Gravity	1.015		
Blood	Absent		
CHEMICAL EXAMINATION			
Proteins	Absent	Nil	
Glucose	Absent	Nil	
Ketones	Absent	Nil	
Bile Pigment	Absent		
Bile salt	Absent		
MICROSCOPIC EXAMINATION			
R.B.C.	Absent		
Pus Cells	2-3/hpf		
Epithelial Cells	1-2/hpf Squamous		
Bacteria	Absent		

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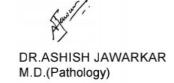
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# **FASTING BLOOD SUGAR**

#### **FBS PP2BS**

Address

Investigation	Observed Value		Biological Reference Interval	Unit
FBS PP2BS				
Fbs	92		70 - 110	mg/dL
PP2BS	149	High	80 - 140	mg/dL







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#### LIPID PROFILE

# **Lipid Profile**

Triglycerides HDL Ratio

Address

Investigation	Observed Value		Biological Reference Interval	Unit
CHOLESTEROL				
Total Cholesterol	221	High	150 - 199	mg/dL
Serum Triglycerides	95		0 - 150	mg/dL
HDL Cholesterol	45		42 - 88	mg/dL
LDL Cholesterol	157.00	High	0 - 100	mg/dL
VLDL Cholesterol	19.00		0 - 30	mg/dL
Non-HDL cholesterol	17 <mark>6</mark> .00	High	- >130 Optimal	mg/dL
RATIO				
LDL HDL Cholesterol Ratio	3.49		1.5 - 3.5	
Total-HDL Cholesterol Ratio	4.91		3.5 - 5	

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Investigation	Observed Value	Biologica Interval	al Reference Unit
Total Cholesterol (mg/dL)	HDL Cholesterol (mg/dL)	LDL Cholesterol (mg/dL)	Triglycerides (mg/dL)
Desirable <200	Low <40	Optimal <100 Near Optimal 100-129 Borderline High 130-159 High 160-189 Very High > 190	Normal <150 Borderline High 150-199 High 200-499 Very High >500
Borderline High 200-239 High >240	High <60	ARC	
		-PATH L	ABS—

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# Liver Function Test (LFT)

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Investigation	Observed Value		Biological Reference Interval	Unit
BILLIRUBIN		,		
Total Bilirubin	0.87		0 - 1.2	mg/dL
Direct Bilirubin	0.41	High	0.0 - 0.25	mg/dL
ndirect Bilirubin	0.46		0.2 - 1	mg/dL
LIVER ENZYMES				
SGPT (ALT)	14		0 - 40	IU/L
SGOT (AST)	16		0 - 31	U/L
Alkaline Phosphatase	78		60 - 320	U/L
SERUM PROTEINS				
Total Serum Protein	6.95		6.3 - 7.9	g/dL
Serum Albumin	4.26		3.5 - 5.5	g/dL
Serum Globulin	2.69		2.5 - 3.5	g/dL
A/G Ratio	1.58		1.1 - 2.1	

#### Clinical Information:

Liver function tests, also known as liver chemistries, help determine the health of your liver by measuring the levels of proteins, liver enzymes, and bilirubin in your blood. Having abnormal results on any of these liver tests typically requires follow up to determine the cause of the abnormalities. Even mildly elevated results can be associated with liver disease. However, these enzymes can also be found in other places besides the liver.

Talk to your doctor about the results of your liver function test and what they may mean for you.

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# THYROID SERUM HORMONS

# Thyroid Function Test (TFT)

Address

Investigation	Observed Value	Biological Reference Interval	Unit
THYROID SERUM HORMONS			
Serum Triiodothyronine (T3)	1.43	0.6 - 1.81	ng/mL
Serum thyroxine (T4)	7.21	3.2 - 12.6	ug/dL
Thyroid Stimulating Hormone (TSH)	2.21	0.3 - 4.2	μIU/mL

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Investigation	Observed Value	Biological Reference Interval	Unit	
	UREA			
Urea	20.80	15 - 40	mg/dL	
	SERUM CREA	ATININE		
Serum Creatinine	0.86	0.5 - 0.9	mg/dL	

Note: 1) Diagnosing and monitoring treatment of acute and chronic renal disease.

2) adjusting dosage of renally excreted medications

Monitoring renal transplant recipients.

BUN	
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BUN	9.71	7.0 - 20.0	mg/dL
	URIC	ACID	
Serum Uric Acid	3 36	26-60	ma/dl

Most uric acid is synthesized in the liver and mainly excreted by kidney. It is an end product of purine catabolism. Levels are labile and show day to day and seasonal

variation in same person. Levels are also increased by emotional stress, total fasting and increased body weight. Mainly used for monitoring treatment of gout and

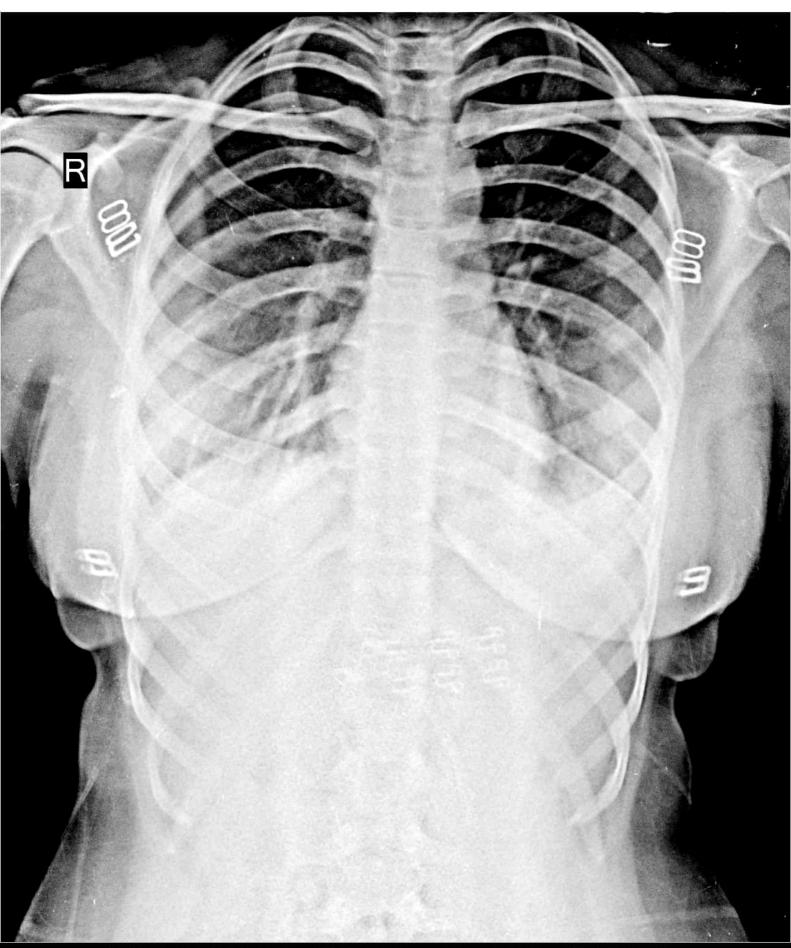
chemotherapeutic treatment of neoplasm. Levels are increased in renal failure, gout, certain neoplastic condition (Increased cell turn over), Hemolytic anemia, toxemia of pregnancy.

(GGT)

Gamma Glutamyl Transferase (GGT) U/L

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AKSHITA VYAS 23Y 27052302 CHEST PA 27-05-2023 SUNNY DIGITAL X-RAY SERVICES 8758530074





NAME	AKSHITA VYAS	AGE/SEX	23/MALE
REF. BY	CHHANI HOSPITAL	DATE	27/05/2023

# X-RAY OF CHEST PA VIEW:

# **FINDING**

BOTH LUNG FIELDS APPEAR CLEAR.

NO CONSOLIDATION OR MASS LESION IS SEEN.

BOTH CP ANGLES ARE CLEAR.

CARDIAC SIZE APPEARS WITHIN NORMAL LIMITS.

TRACHEA IS CENTRAL IN POSITION.

MEDIASTINAL SHADOW IS NORMAL.

BOTH DOMES OF DIAPHRAGM ARE NORMAL.

BONY THORAX UNDER VISION APPEARS NORMAL.

**IMPRESSIONS: NO SIGNIFICANT ABNORMALITY DETECTED** 

DR.HIMANI VIRAPARA

Regn. No: G.28771 M.D. [Radiodiagnosis]

(CONSULTANT RADIOLOGIST)

