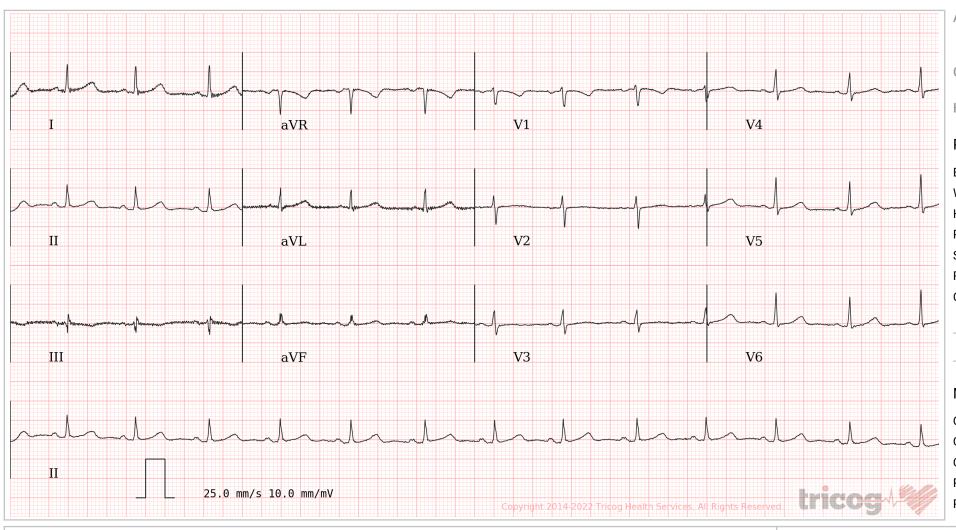
# SUBURBAN DIAGNOSTICS PRECISE TESTING HEALTHIER LIVING

### SUBURBAN DIAGNOSTICS - G B ROAD, THANE WEST

Patient Name: AARTI CHOPRA Date and Time: 12th Mar 22 11:45 AM

Patient ID: 2207126639



Age 35 10 NA years months days

Gender Female

Heart Rate 82bpm

#### **Patient Vitals**

BP: NA
Weight: NA
Height: NA
Pulse: NA
Spo2: NA
Resp: NA
Others:

#### Measurements

QSRD: 64ms

QT: 376ms

QTc: 439ms

PR: 132ms

P-R-T: 50° 24° 18°

ECG Within Normal Limits: Sinus Rhythm, Normal Axis. Please correlate clinically.

REPORTED BY



DR SHAILAJA PILLAI MBBS, MD Physican MD Physican 49972

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.



Name : Mrs AARTI CHOPRA

Age / Sex : 35 Years/Female

Ref. Dr :

Reg. Location : G B Road, Thane West Main Centre

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: 12-Mar-2022 / 11:28

: 12-Mar-2022 / 11:29

#### **USG WHOLE ABDOMEN**

Reg. Date

Reported

<u>LIVER:</u> *Liver appears enlarged in size(18.8 cm) and shows increased echoreflectivity.* There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

**GALL BLADDER:** Gall bladder is contracted.(Not evaluated)

**PORTAL VEIN:** Portal vein is normal. **CBD:** CBD is normal.

**PANCREAS**: Visualised head and body of pancreas appears normal in size & echotexture. Rest is obscured by excessive bowel gas.

<u>KIDNEYS</u>: Right kidney measures  $10.5 \times 4.1 \text{ cm}$ . Left kidney measures  $10.6 \times 4.8 \text{ cm}$ . Both kidneys are normal in size, shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

**SPLEEN**: *Spleen is enlarged in size (14.0 cm) and shows homogenous echotexture.* No focal lesion is seen.

**URINARY BLADDER**: Urinary bladder is distended and normal. Wall thickness is within normal limits.

<u>UTERUS:</u> Uterus is anteverted and measures 8.1 x 3.4 x 4.7 cm. Uterine myometrium shows homogenous echotexture. Endometrial echo is in midline and measures 6.9 mm. Cervix appears normal.

**OVARIES:** Both ovaries are normal. Bilateral adnexa are clear.

No free fluid or significant lymphadenopathy is seen.

Bowel gas++

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Age / Sex : 35 Years/Female

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#### **IMPRESSION:**

HEPATO-SPLENOMEGALY WITH GRADE II FATTY INFILTRATION OF LIVER.

Note:Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variations. Further/follow-up imaging may be needed in some cases for confirmation / exclusion of diagnosis.

	Advice:Clinical	co-relation and	d further evaluation.
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 Fnd of	Report

This report is prepared and physically checked by DR Devendra before dispatch.

Dr. Devendra Patil MBBS, MD ( Radio-Diagnosis) Consultan Radiologist MMC - 2013/02/0165

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: Mrs AARTI CHOPRA Name

: 35 Years/Female Age / Sex

Ref. Dr

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: 12-Mar-2022 / 13:18

#### X-RAY CHEST PA VIEW

Reg. Date

Reported

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

### **IMPRESSION:**

NO SIGNIFICANT ABNORMALITY IS DETECTED.

End of Report
End of Report

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Dr. Devendra Patil MBBS, MD (Radio-Diagnosis) Consultan Radiologist MMC - 2013/02/0165

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Age / Gender : 35 Years / Female

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**Reported** :12-Mar-2022 / 11:42

### AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

CBC (Complete Blood Count), Blood				
<u>PARAMETER</u>	<u>RESULTS</u>	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>	
RBC PARAMETERS				
Haemoglobin	12.5	12.0-15.0 g/dL	Spectrophotometric	
RBC	4.88	3.8-4.8 mil/cmm	Elect. Impedance	
PCV	38.1	36-46 %	Measured	
MCV	78	80-100 fl	Calculated	
MCH	25.7	27-32 pg	Calculated	
MCHC	32.9	31.5-34.5 g/dL	Calculated	
RDW	15.9	11.6-14.0 %	Calculated	
WBC PARAMETERS				
WBC Total Count	7300	4000-10000 /cmm	Elect. Impedance	
WBC DIFFERENTIAL AND ABS	SOLUTE COUNTS			
Lymphocytes	26.0	20-40 %		
Absolute Lymphocytes	1898.0	1000-3000 /cmm	Calculated	
Monocytes	4.8	2-10 %		
Absolute Monocytes	350.4	200-1000 /cmm	Calculated	
Neutrophils	64.8	40-80 %		
Absolute Neutrophils	4730.4	2000-7000 /cmm	Calculated	
Eosinophils	4.4	1-6 %		
Absolute Eosinophils	321.2	20-500 /cmm	Calculated	
Basophils	0.0	0.1-2 %		
Absolute Basophils	0.0	20-100 /cmm	Calculated	
Immature Leukocytes	-			

WBC Differential Count by Absorbance & Impedance method/Microscopy.

#### **PLATELET PARAMETERS**

Platelet Count	154000	150000-400000 /cmm	Elect. Impedance
MPV	11.4	6-11 fl	Calculated
PDW	21.5	11-18 %	Calculated

**RBC MORPHOLOGY** 

Hypochromia Mild

Microcytosis Occasional

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Macrocytosis

Anisocytosis

Poikilocytosis

Polychromasia

**Target Cells** 

Basophilic Stippling

Normoblasts

Others

**WBC MORPHOLOGY** 

PLATELET MORPHOLOGY Megaplatelets seen on smear

**COMMENT** 

Specimen: EDTA Whole Blood

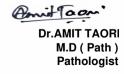
ESR, EDTA WB 27 2-20 mm at 1 hr. Westergren

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#### **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

PARAMETER	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	213.4	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	347.8	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.37	0.1-1.2 mg/dl	Diazo
BILIRUBIN (DIRECT), Serum	0.19	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.18	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	6.9	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.3	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.6	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.7	1 - 2	Calculated
SGOT (AST), Serum	22.2	5-32 U/L	IFCC without pyridoxal phosphate activation
SGPT (ALT), Serum	25.4	5-33 U/L	IFCC without pyridoxal phosphate activation
GAMMA GT, Serum	22.1	3-40 U/L	IFCC
ALKALINE PHOSPHATASE, Serum	131.1	35-105 U/L	PNPP
BLOOD UREA, Serum	22.9	12.8-42.8 mg/dl	Urease & GLDH
BUN, Serum	10.7	6-20 mg/dl	Calculated
CREATININE, Serum	0.65	0.51-0.95 mg/dl	Enzymatic
eGFR, Serum	110	>60 ml/min/1.73sqm	Calculated

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:12-Mar-2022 / 15:53

URIC ACID, Serum 2.4-5.7 mg/dl 5.1 Uricase

Urine Sugar (Fasting) Absent Absent Urine Ketones (Fasting) **Absent** Absent

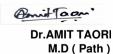
Urine Sugar (PP) ++ Absent Urine Ketones (PP) Absent Absent

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**Pathologist** 

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Reported :12-Mar-2022 / 19:41

#### **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)**

#### **BIOLOGICAL REF RANGE PARAMETER RESULTS** METHOD

Glycosylated Hemoglobin

8.7

Non-Diabetic Level: < 5.7 % Prediabetic Level: 5.7-6.4 %

Collected

**HPLC** 

(HbA1c), EDTA WB - CC

203.0

Diabetic Level: >/= 6.5 % mg/dl

Calculated

Estimated Average Glucose (eAG), EDTA WB - CC

Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

#### Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

#### Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

#### Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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#### **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE** URINE EXAMINATION REPORT

<u>PARAMETER</u>	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Yellow	Pale Yellow	-
Reaction (pH)	Acidic (6.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.020	1.010-1.030	Chemical Indicator
Transparency	Slight hazy	Clear	-
Volume (ml)	10	-	-
<b>CHEMICAL EXAMINATION</b>			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
Leukocytes(Pus cells)/hpf	8-10	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	

Epithelial Cells / hpf 4-5

Casts Absent Absent Crystals **Absent Absent** Amorphous debris **Absent** Absent

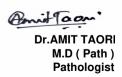
Bacteria / hpf 10-12 Less than 20/hpf

Kindly correlate clinically

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

PARAMETER RESULTS

ABO GROUP B

Rh TYPING Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Specimen: EDTA Whole Blood and/or serum

#### Clinical significance:

ABO system is most important of all blood group in transfusion medicine

#### Limitations:

- · ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

#### Refernces:

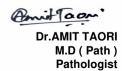
- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

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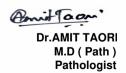
### AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

<u>PARAMETER</u>	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	156.0	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
TRIGLYCERIDES, Serum	153.8	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	51.8	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	104.2	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/d High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated l
LDL CHOLESTEROL, Serum	73.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Homogeneous enzymatic colorimetric assay
VLDL CHOLESTEROL, Serum	31.2	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	3.0	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	1.4	0-3.5 Ratio	Calculated

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West  $^{***}$  End Of Report  $^{***}$ 







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## AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

<u>PARAMETER</u>	<u>RESULTS</u>	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>
Free T3, Serum	4.2	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	16.2	11.5-22.7 pmol/L First Trimester:9.0-24.7 Second Trimester:6.4-20.59 Third Trimester:6.4-20.59	ECLIA
sensitiveTSH, Serum	2.1	0.35-5.5 microIU/ml First Trimester:0.1-2.5 Second Trimester:0.2-3.0 Third Trimester:0.3-3.0	ECLIA



Name : MRS.AARTI CHOPRA

Age / Gender : 35 Years / Female

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A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

#### Clinical Significance:

- 1)TSH Values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation: TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation: 19.7% (with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations: Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.

#### Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4. Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)



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M.D (Path) **Pathologist** 

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