

MER- MEDICAL EXAMINATION REPORT

Date of Examination	7/4/23		
NAME	ABNE SACHAN		
AGE	35	Gender	R.
HEIGHT(cm)	163	WEIGHT (kg)	92
B.P.	118/84		
ECG	normal		
X Ray	normal		
Vision Checkup	normal		
Present Ailments	none		
Details of Past ailments (If Any)	no		
Comments / Advice : She /He is Physically Fit	medicines fit		



  
 Signature with Stamp of Medical Examiner  
 Dr. Anita Rastogi  
 MBBS, CC  
 Reg. No. 37370



To  
Modern Pathology

All the test will be conducted except gynaec, ENT and dietician consultation. Also, TMT will be conducted instead of 2D echo.

Abhi Sachan

Abhi Sachan

7/4/2023.





**CLINIC :**  
1/4A, Vineet Khand, (Opp Jaipuria Management)  
Gomti Nagar, Lucknow - 226 010  
Ph.: 0522-4008184, 4308184 • 8112323230  
Mob.: 7618884441, 9450389932, 8177063877

Date	: 07-Apr-2023		
Name	: <b>Mrs. ABHI SACHAN</b>	Age	: 35 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

Haemoglobin	12.9	gm%	11 - 14
-------------	------	-----	---------

Total Leucocyte Count	8900	Cells/cumm.	4000-11000
-----------------------	------	-------------	------------

Differential Leucocyte Count			
Polymorphs	64	%	45 - 70
Lymphocytes	28	%	20 - 45
Eosinophils	04	%	0 - 6
Monocytes	04	%	0 - 8
Basophils	00	%	0 - 1

Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	18	mm in 1st Hr.	0 - 19
PCV	41.9	cc%	40 - 52
Corrected ESR	04	mm in 1st Hr.	0 - 19

Platelet Count	2.84	lakh/cumm.	1.5 - 4.0
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Red Cells Count	<b>4.78</b>	million/cmm	3.90 to 4.60
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Absolute values			
MCV	87.6	fL	77 - 97
MCH	27.1	pg	27 - 31
MCHC	<b>30.9</b>	gm /dl	31 - 34

**Dr. Sanjay Rastogi**  
Page 11 End Of Report  
M.B.B.S., DCP, CRIAT (BARC)

**Dr. Smita Rastogi**  
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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# MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi  
M.B.B.S., M.D. (Path & Bact)



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Date	: 07-Apr-2023	Age	: 35 Yrs.
Name	: Mrs. ABHI SACHAN	Sex	: Female
Ref.By	: APOLLO HEALTH		

## Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.8	%	4.5 TO 6.0
=====			
INTERPRETATION AND COMMENTS			
=====			
NON DIABETIC :	4.5 to 6.0 %		
GOOD CONTROL:	6.0 to 7.0		
FAIR CONTROLLED	7.0 AND 8.0		
UNCONTROLLED	8.0 AND ABOVE		
<p>Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.</p>			

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Date : 07-Apr-2023  
Name : **Mrs. ABHI SACHAN** Age : 35 Yrs.  
Ref.By : APOLLO HEALTH Sex : Female

## THYROID TEST

Tri-iodothyronine (T3)	1.44	nmol/L	0.5 to 2.5
Thyroxine (T4)	8.10	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	2.17	mIU/ ml	0.3 to 6.0

## COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date	: 07-Apr-2023		
Name	: Mrs. ABHI SACHAN	Age	: 35 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

### LIPID PROFILE

Triglycerids	238	mg%	70 - 190
S. Cholestrol S.	240	mg%	130 - 230
S. HDL Cholestrol	40.4	mg%	35 - 75
S. LDL Cholestrol	152	mg%	75 - 150
VLDL	47.6	mg%	0 - 34
Chol / HDL factor	5.94	Ratio	
LDL / HDL Factor	3.76		

### COMMENTS

- \* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- \* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lowers LDL and raises HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- \* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

### TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

Page 3  
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Date : 07-Apr-2023

Name : Mrs. ABHI SACHAN

Age : 35 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

### Urine Examination

#### PHYSICAL

Colour	Straw
Turbidity	Nil
Deposit	Nil
Reaction	Acidic
*Specific Gravity	1.010

#### CHEMICAL

Protein	Nil
Sugar	Nil
*Bile Salts	Nil
*Bile Pigments	Nil
Phosphate	Nil

#### MICROSCOPIC

Pus Cells	Nil	/hpf
Epithelial Cells	Occasional	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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Date : 07-Apr-2023  
Name : **Mrs. ABHI SACHAN** Age : 35 Yrs.  
Ref.By : APOLLO HEALTH Sex : Female

## LFT T&D

Total Bilirubin	0.46	mg%	0.2 - 1.0
Direct Bilirubin	0.12	mg%	0.0 to 0.40
Indirect Bilirubin	0.34	mg%	0.10 to 0.90
S.G.P.T	31	IU/L	5 - 40
S.G.O.T	22	IU/L	5 - 50
ALP	82	IU/L	35 to 104

Serum Gamma G.T. 16 IU/L 11 - 50

Plasma Glucose - F  
GOD-POD Method 103 mg/dl 70 - 110

Plasma Glucose - PP  
GOD POD Method 131 mg/dl 110 - 170

Blood Group & Rh "B" Positive

## KFT

UREA	18.6	mg %	15 - 50
CREATININE	1.06	mg %	0.5 - 1.5
URIC ACID	5.1	mg %	2 - 6
CALCIUM	9.6	mg %	8.8 - 10.0

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Mob.: 7618884441, 9450389932, 8177063877



SAMPLE DATE :07/Apr/2023

NAME :Mrs. ABHI SACHAN  
AGE/SEX :35 YRS/FEMALE  
REFERRED BY : Apollo Health and Lifestyle Limited, BARCODE NO

Test Name	Result	Bio. Ref. Range	Unit
-----------	--------	-----------------	------

### CLINICAL PATHOLOGY TEST REPORT

Primary Sample Type:Urine

#### URINE SUGAR FASTING

Glucose (Fasting), Urine NIL

Primary Sample Type:Urine

#### URINE SUGAR PP

Glucose (Post Prandial), Urine NIL

\*\*\* End Of Report \*\*\*

**Dr. Sanjay Rastogi**  
M.B.B.S., DCP, CRIAT (BARC)

**Dr. Smita Rastogi**  
M.B.B.S., DCP

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Ph.: 0522-4008184, 4308184 • 8112323230  
Mob.: 7618884441, 9450389932, 8177063877

NAME : Mrs . ABHI SACHAN      SAMPLE REC. DATE : 07/04/2023  
AGE/SEX : 35 YRS/FEMALE

Test Name	Result	Bio. Ref. Range	Unit
-----------	--------	-----------------	------

## CYTOLOGY REPORT TEST REPORT

### PAP SMEAR LBC-INFECTION

#### SPECIMEN TYPE:

Liquid-based preparation (Pap smear).

#### SPECIMEN ADEQUACY:

Satisfactory for evaluation without evidence of endocervical / transformation zone component.

#### MICROSCOPIC OBSERVATIONS:

Smear contains predominantly intermediate cells and few intermediate cells.

**ORGANISMS:** Not present.

#### INTERPRETATION:

NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY.

\*\*\* End Of Report \*\*\*

**Dr. Sanjay Rastogi**  
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ITDCC INFO SYSTEMS P

TEST REQUEST ID :012304070016	SAMPLE DATE	:07/Apr/2023 09:04AM
NAME :Mrs. ABHI SACHAN	SAMPLE REC. DATE	:07/Apr/2023 09:04AM
AGE/SEX :35 YRS/FEMALE	REPORTED DATE	:07/Apr/2023 12:27PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01070016

## USG WHOLE ABDOMEN-FEMALE

**Liver:** is normal in size (142 mm). **Parenchymal echogenicity is increased.** No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

**Gall Bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness.

**CBD:** is normal in diameter. Portal vein is normal in diameter.

**Pancreas:** is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

**Spleen:** is normal in size (119 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

**Both Kidneys:** are normal in size (RK- 101 x 40 mm & LK – 105 x 36 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

**Urinary bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

**Uterus** is normal in size (73 x 39 x 54 mms), shape and echotexture. It is anteverted. Myometrium is homogenous. No focal mass is seen. Endometrial thickness is normal. Cervix appears normal in size, shape and echotexture. No evidence of collection in cervical canal.


**Bilateral Ovaries and adnexae** Both ovaries are normal in size (RO - 26 x 23 mms & LO - 26 x 21 mms), shape and echotexture. No adnexal solid or cystic mass lesion is seen.

Both iliac fossae are clear. No obvious bowel pathology is noted.  
There is no free fluid in peritoneal cavity.

**OPINION: GRADE-I FATTY LIVER.**

\*\*\* End Of Report \*\*\*

Dr. Sanjay Rastogi  
M.B.B.S., DCP, CRIAT (BARC)

  
DR. PANKAJ UPADHYAYA  
Consultant Radiologist

Dr. Smita Rastogi  
M.B.B.S., DCP

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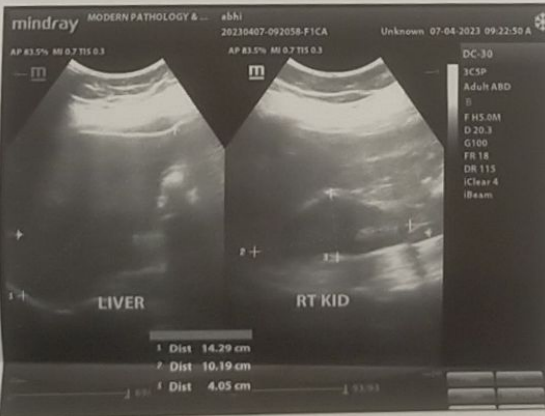
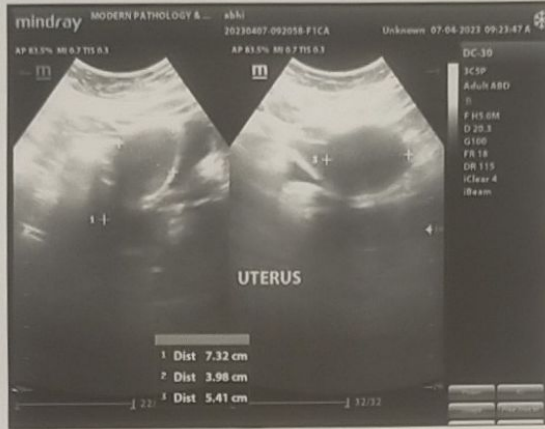
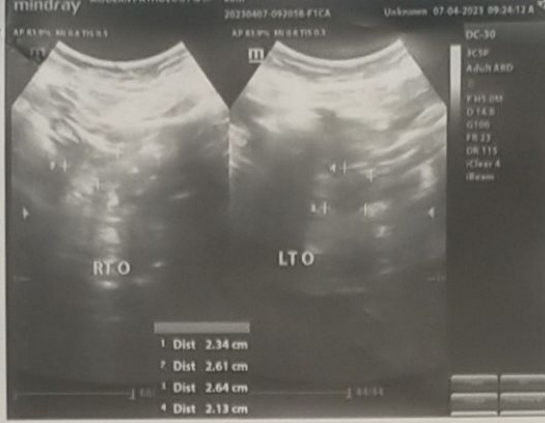
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TEST REQUEST ID :012304070016	SAMPLE DATE	:07/Apr/2023 09:04AM
NAME :Mrs. ABHI SACHAN	SAMPLE REC. DATE	:07/Apr/2023 09:04AM
AGE/SEX :35 YRS/FEMALE	REPORTED DATE	:07/Apr/2023 12:10PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01070016

## XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

## OPINION: NORMAL STUDY.

Please correlate clinically.

\*\*\* End Of Report \*\*\*

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DMRD  
SPECIALIST CONSULTANT RADILOGIST  
CONSULTANT RADILOGIST

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Mob.: 7618884441, 9450389932, 8177063877

Registration Date 07/4/2023

Age : 35 Sex: F

Name : Mr Abhi Sachan

Ref By: Apollo Health

Dr. H. S. Kholia  
M.B.B.S., D.O.M.S.  
Consultant Ophthalmologist  
Registration No.: 34062 (M.C.I., U.P.)

## EYES EXAMINATION REPORT

EYE SIGHT	DISTANT VISION		NEAR VISION	
	RIGHT	LEFT	RIGHT	LEFT
WITHOUT GLASSES	6/6	6/6	N-6	N-6
WITH GLASSES				
POWER OF GLASSES IF USED				
FUNDUS	NORMAL			
COLOR VISION	Present Normal according to ISHIHARA'S CHART			
PUPILS	Normally reacting to light and accommodation			



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Ph.: 0522-4008184, 4308184 • 8112323230  
Mob.: 7618884441, 9450389932, 8177063877

Patient name: Mr. Abhi Sachan  
Ref By. : Apollo Health


Age/Sex 35/F  
07/04/2023

## E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	82/mt
3. Ventricular Rate	:	82/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

## FINAL IMPRESSION

**E.C.G. is within normal limits.**

  
Dr. Smita Mohan  
M.D.  
Reg. No. 44559  
Signature of Doctor

**Dr. Sanjay Rastogi**  
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Name Abhi Sachan

Age

Yrs

M/F

10mm/mV

25mm/s

0.1-35 Hz

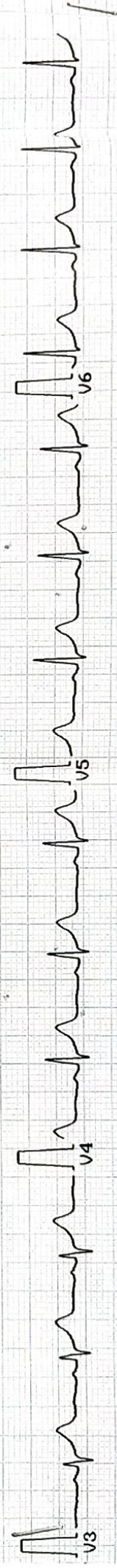
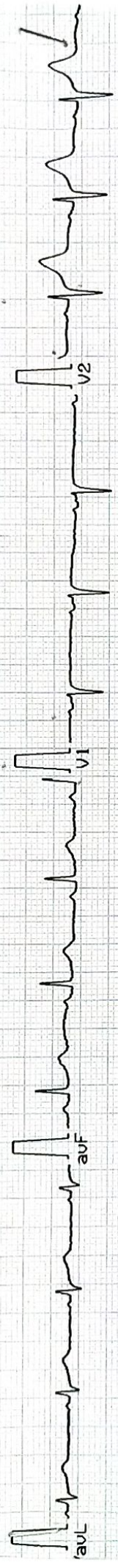
BLC



*Abhi Sachan*

Claritumed ECG50-1CH

Dr.



Dr. ANANT MOHAN  
 Reg. No. 21753



Ph.: 0522 - 4008184

M. : 9415067894

e-mail : sulabh\_kumar@rediffmail.com

Website: www.prosthodontics.co.in

# Dr. Sulabh Kumar

B.Sc., B.D.S., TGDP(U.K.), MDS

Assit. Prof. UP Dental College, Lucknow

Ex. Consultant Sahara (Amby Valley, MUMBAI)

Consultant Atlas Hospital, Lucknow.



Pt. Name : Abhi

Age / Sex : 35 / f

C.C. : pt wants to clean her teeth

- Any Drug Allergy
- Chronic Disease
- Procedure Under LA

→ 9650691845

medicate

Stain Gum Astringent

o o x 15 days

Vantel x 1 month

Descaled

o/E → stain ++  
Calculus ++

Grossly decayed 2 8 / 8

Advice = full mouth scaling  
Treatment → scaling done

\* Consultation by appointment only.

**MORDERN DENTAL CLINIC**  
Lucknow's First ISO 9001:2000 Certified Dental Clinic

\* Not for medico legal purpose.





MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

ABHISACHAN / 35 Yrs / F / 163 Cms / 92 Kg

Date: 07 - 04 - 2023 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:11	0:11	00.0	00.0	01.0	122	66 %	118/84	143	00	
Standing	00:21	0:10	00.0	00.0	01.0	129	70 %	118/84	152	00	
HV	00:32	0:11	00.0	00.0	01.0	122	66 %	118/84	143	00	
ExStart	00:44	0:12	00.0	00.0	01.0	121	65 %	118/84	142	00	
BRUCE Stage 1	03:44	3:00	02.7	10.0	04.7	163	88 %	126/90	205	00	
BRUCE Stage 2	06:44	3:00	04.0	12.0	07.1	180	97 %	134/94	241	00	
PeakEx	07:04	0:20	05.5	14.0	07.5	185	100 %	138/96	255	00	
Recovery	08:04	1:00	00.0	00.0	01.2	159	86 %	134/94	213	00	
Recovery	09:04	2:00	00.0	00.0	01.0	135	73 %	130/90	175	00	
Recovery	10:04	3:00	00.0	00.0	01.0	124	67 %	126/86	156	00	
Recovery	10:26	3:22	00.0	00.0	01.0	127	69 %	124/86	157	00	

FINDINGS :

Exercise Time : 06:20  
 Max HR Attained : 185 bpm 100% of Target 185  
 Max BP Attained : 138/96 (mm/Hg)  
 Max WorkLoad Attained : 7.5 Fair response to induced stress  
 Test End Reasons : Heart Rate Achieved

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.



Dr. AMIT KUMAR M.D

Reg. No. 44559

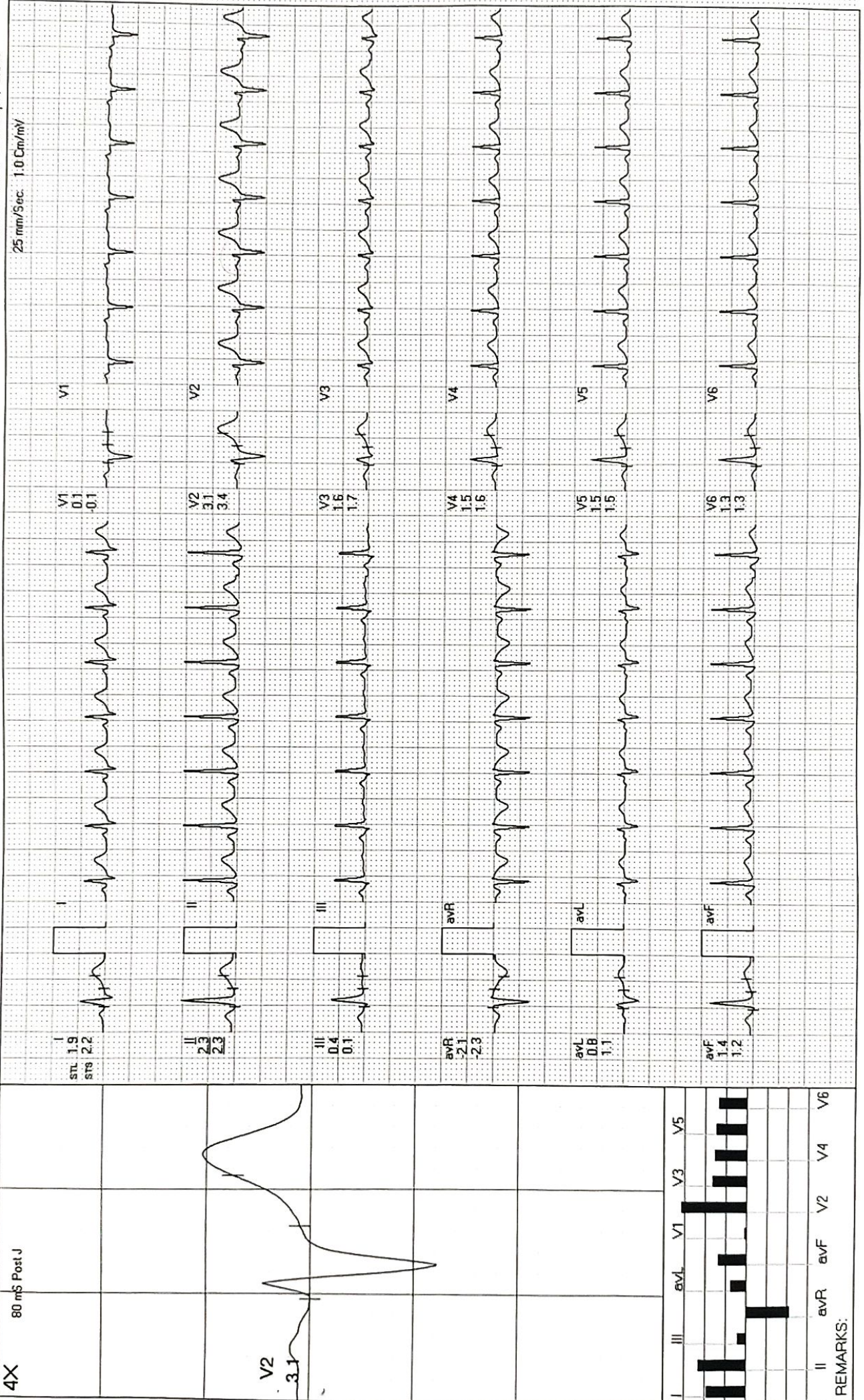




Date: 07-04-2023

METS: 1.0/ 122 bpm 66% of THR BP: 118/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Kmph. 0.0%



REMARKS:



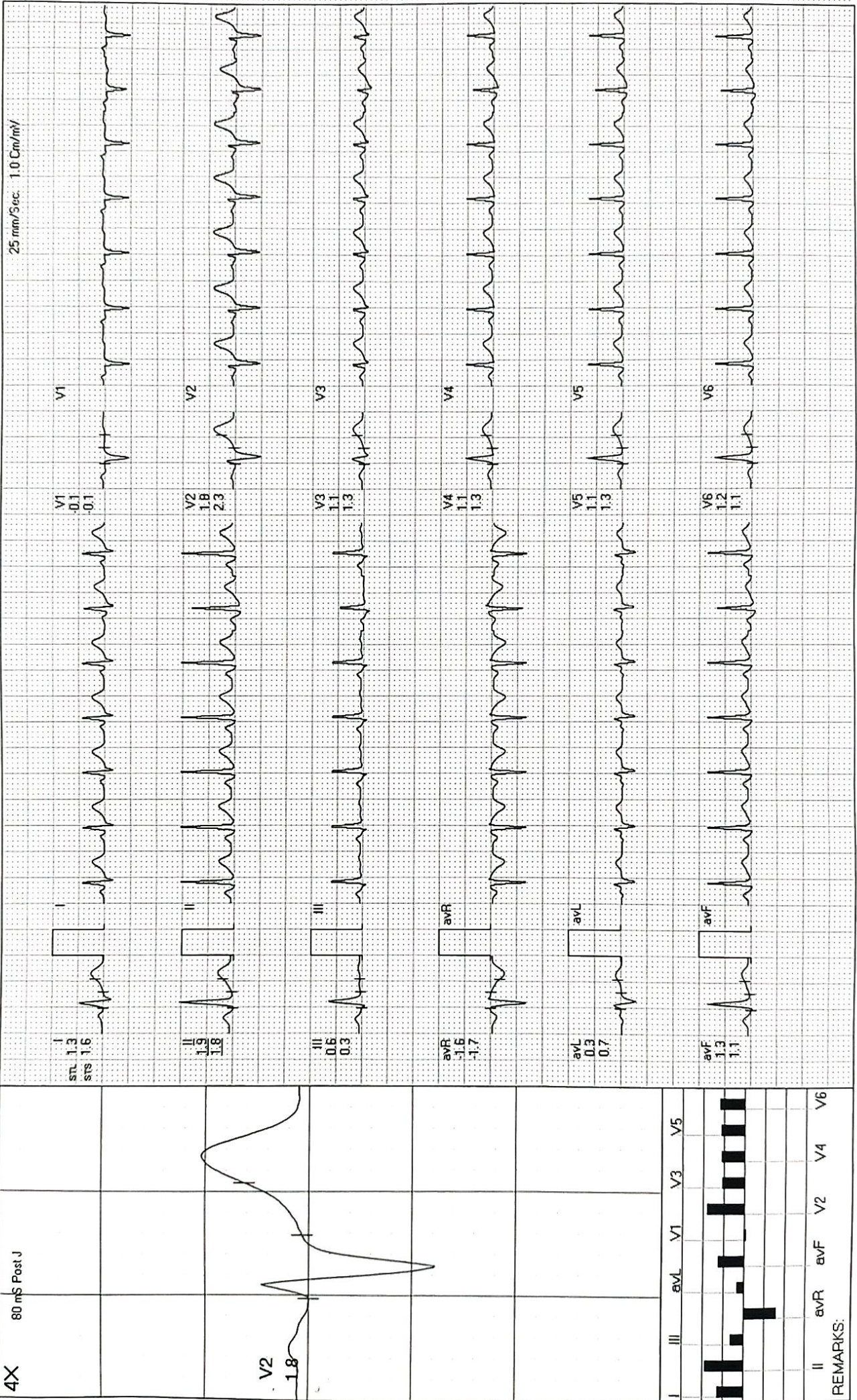
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ABHI SACHAN / 35 Yrs / F / 163 Cms / 92 Kg / HR : 129

**BRUCE: Standing(0:10)**



Date: 07 - 04 - 2023 METS: 1.07 129 bpm 70% of TH-R BP: 118/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph. 0.0%





**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ABHI SACHAN / 35 Yrs / F / 163 Cms / 92 Kg / HR : 122

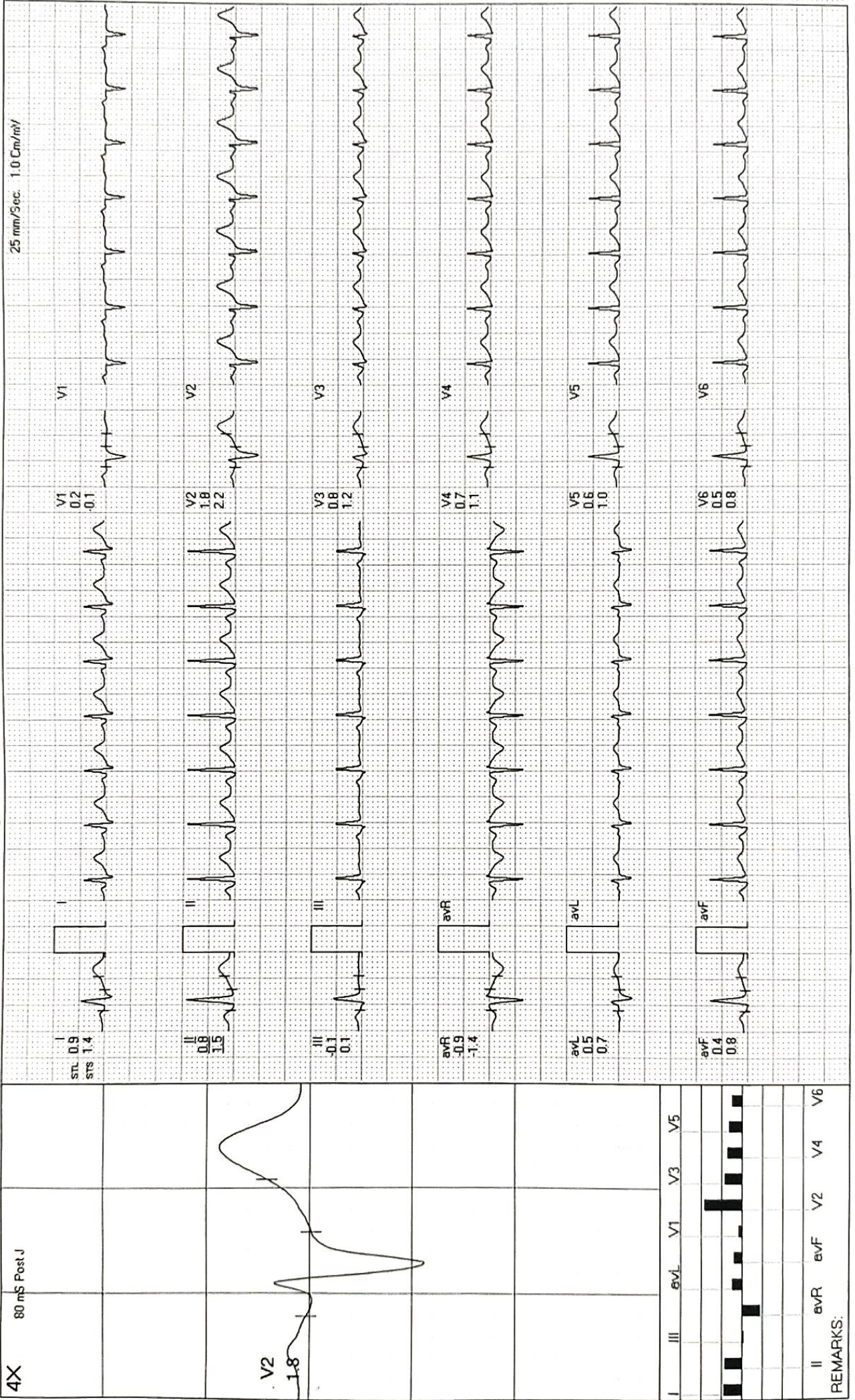
**BRUCE:HV(0:11)**



Date: 07-04-2023

METS: 1.0 / 122 bpm 66% of THR BP: 118/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

ExTime: 00:00 0.0 Kmph, 0.0%





**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ABHI SACHAN / 35 Yrs / F / 163 Cms / 92 Kg / HR : 121

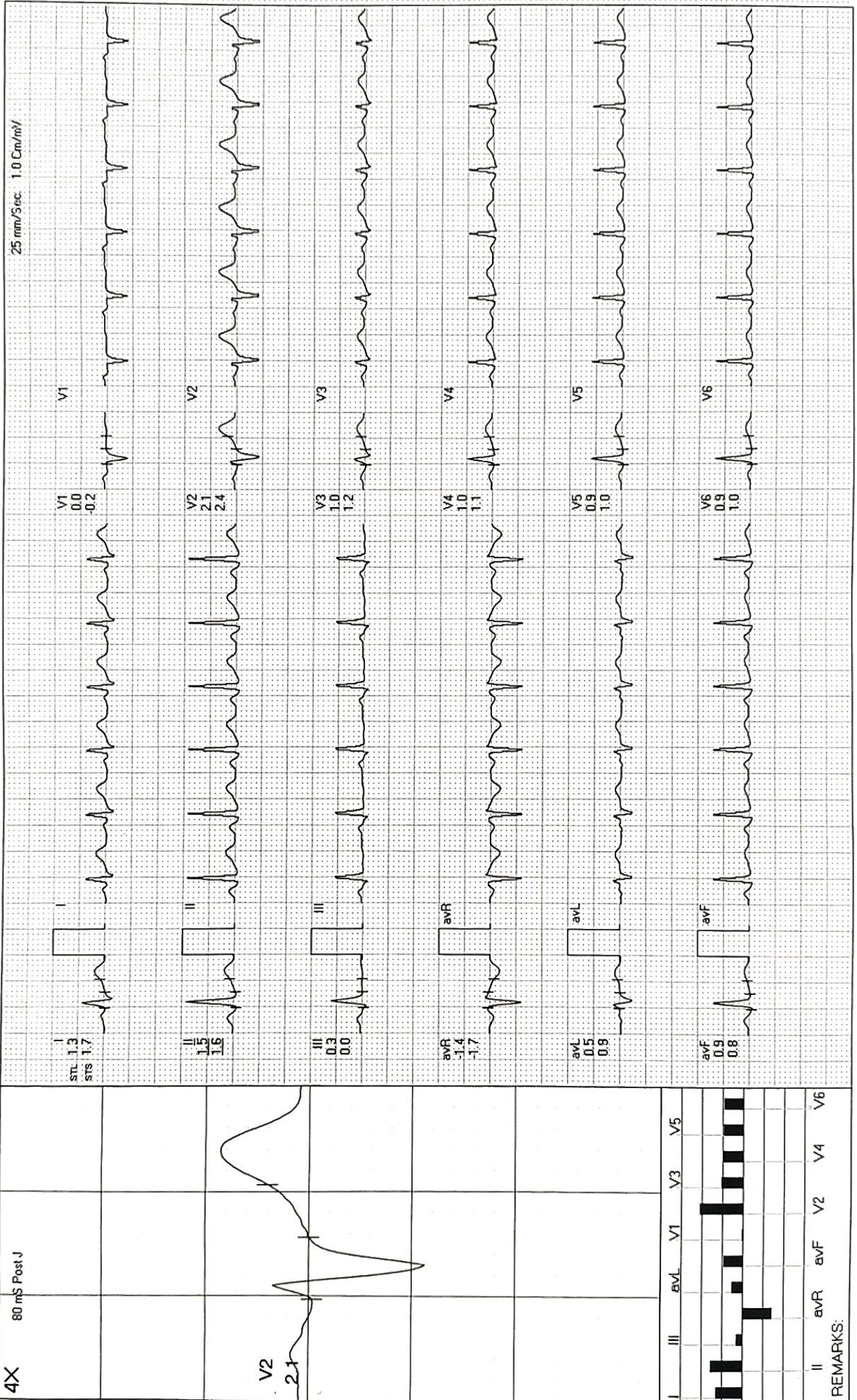
**ExStart**



Date: 07 - 04 - 2023

METS: 1.0/ 121 bpm 65% of THR BP: 118/84 mmHg Combined Medians/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Kmph, 0.0%





**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ABHI SACHAN / 35 Yrs / F / 163 Cms / 92 Kg / HR : 163

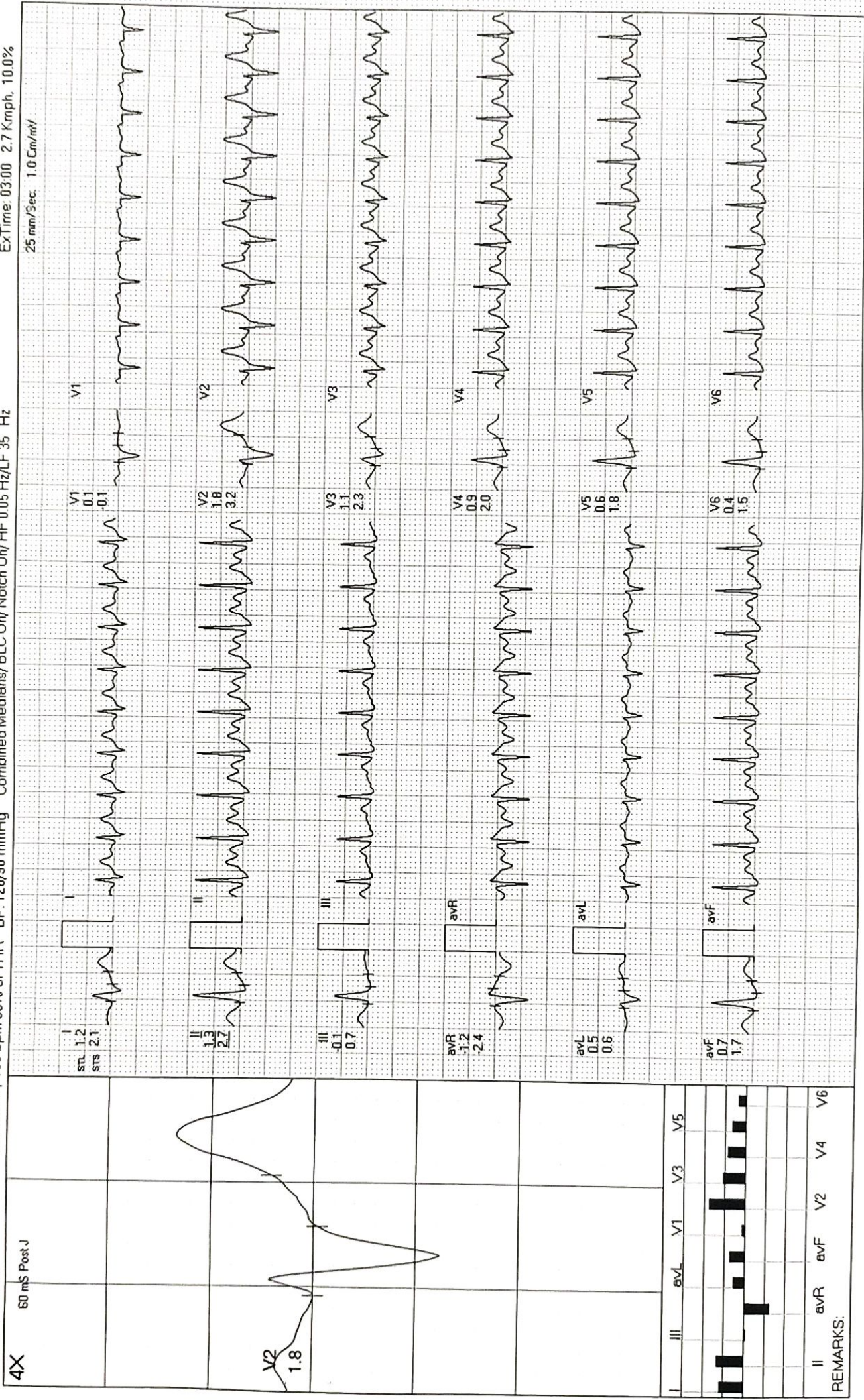
**BRUCE: Stage 1(3:00)**



Date: 07 - 04 - 2023

METS: 4.7/163 bpm 88% of THR BP: 126/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 03:00 2.7 Kmph, 10.0%



REMARKS:



**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ABHI SACHAN / 35 Yrs / F / 163 Cms / 92 Kg / HR : 180

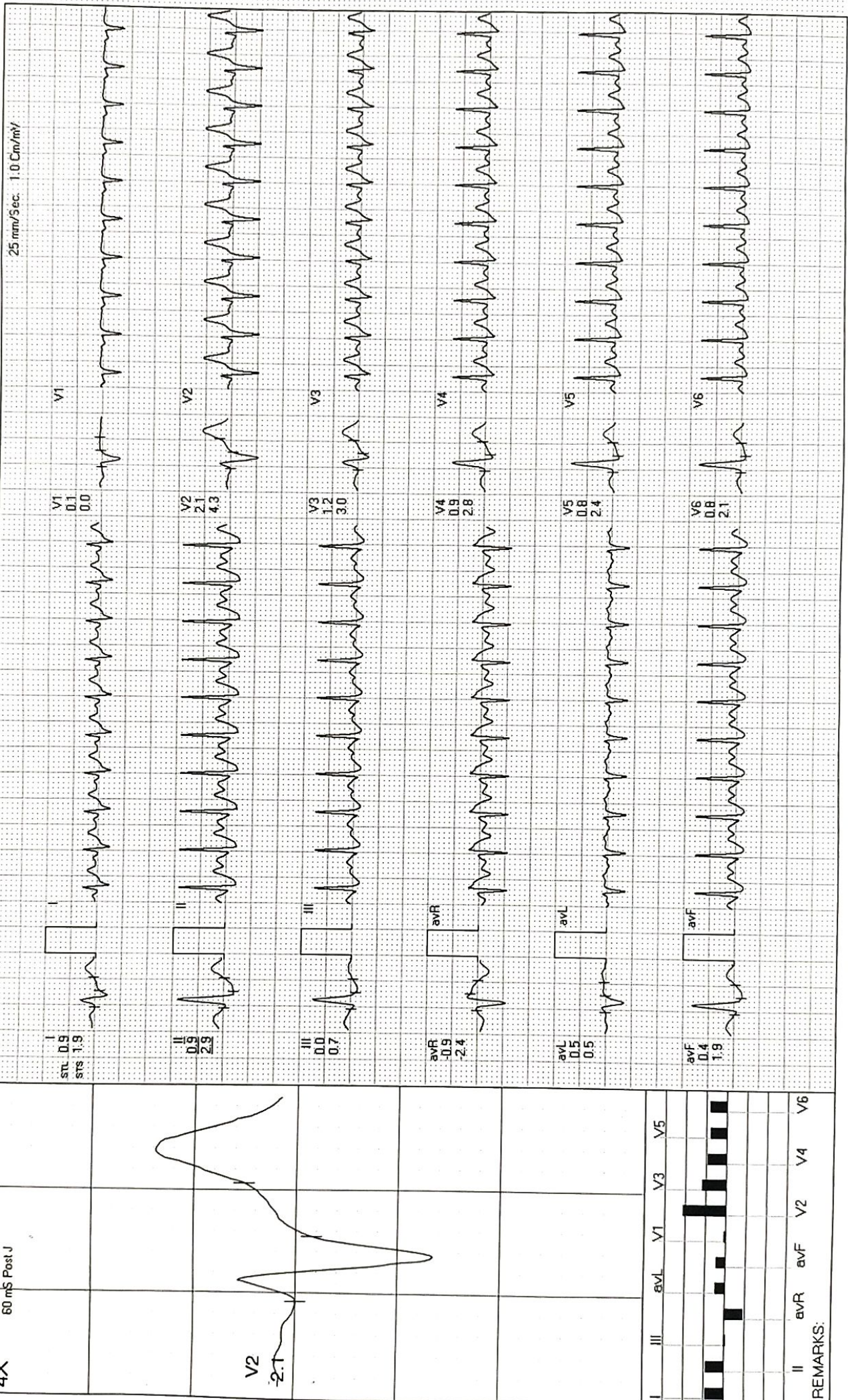
**BRUCE: Stage 2(3:00)**



Date: 07-04-2023

METS: 7.1 / 180 bpm 97% of THR BP: 134/94 mmHg Combined Medians/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:00 4.0 Kmph, 12.0%



4X 60 mS Post J

I  
STL 0.9  
STR 1.9

V1  
0.1  
0.0

II  
0.9  
2.9

V2  
2.1  
4.3

III  
0.0  
0.7

V3  
1.2  
3.0

aVR  
-0.9  
-2.4

V4  
0.9  
2.8

aVL  
0.5  
0.5

V5  
0.8  
2.4

aVF  
0.4  
1.9

V6  
0.8  
2.1



REMARKS:  
II aVR aVF V2 V4 V6



**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ABHI SACHAN / 35 Yrs / F / 163 Cms / 92 Kg / HR : 185

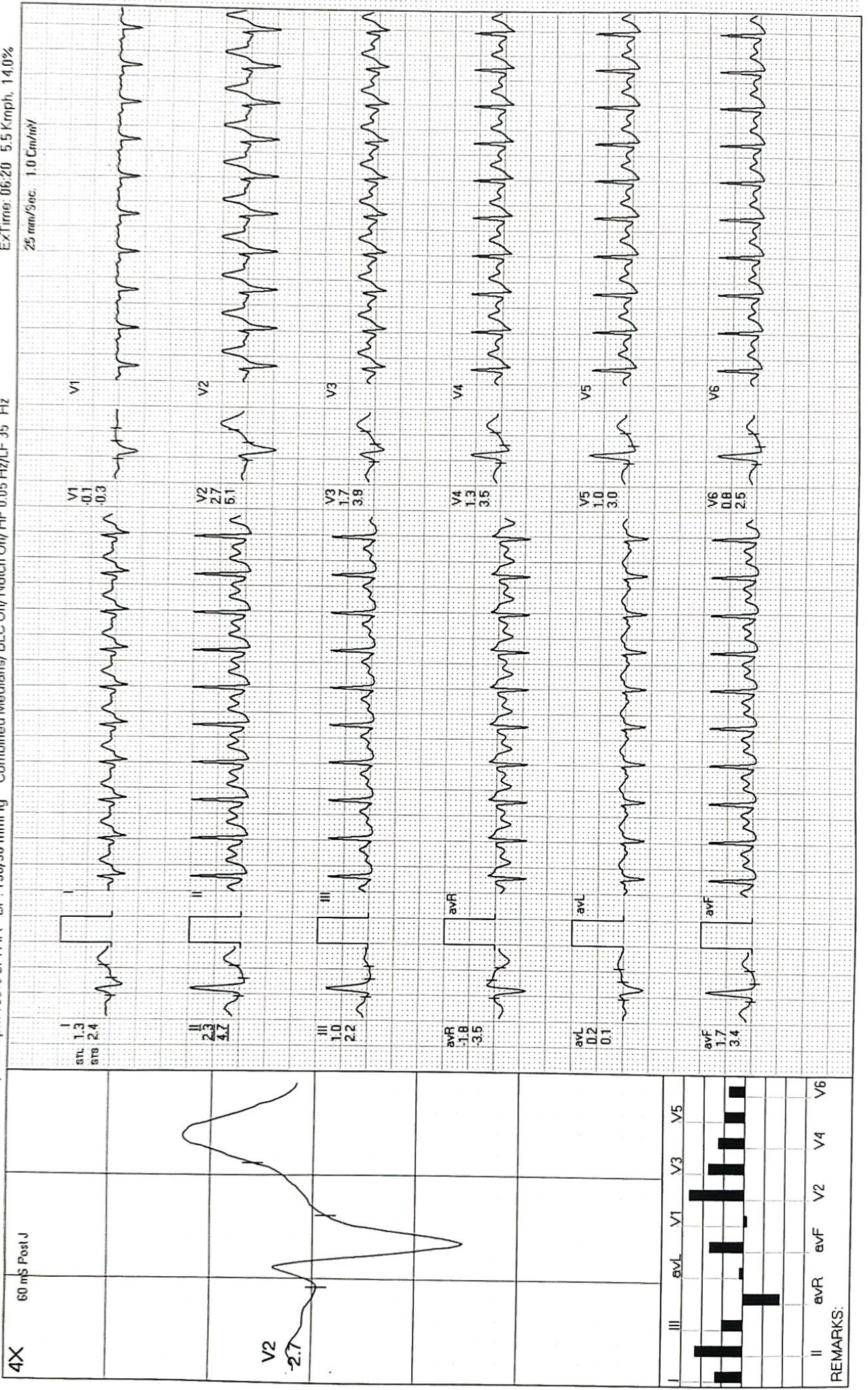
**PeakEx**



Date: 07 - 04 - 2023

METS: 7.5/ 185 bpm 100% of THR BP: 130/96 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:20 5.5 Kmph, 14.0%



REMARKS:



**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ABHI SACHAN / 35 Yrs / F / 163 Cms / 92 Kg / HR : 159

**Recovery(1:00)**

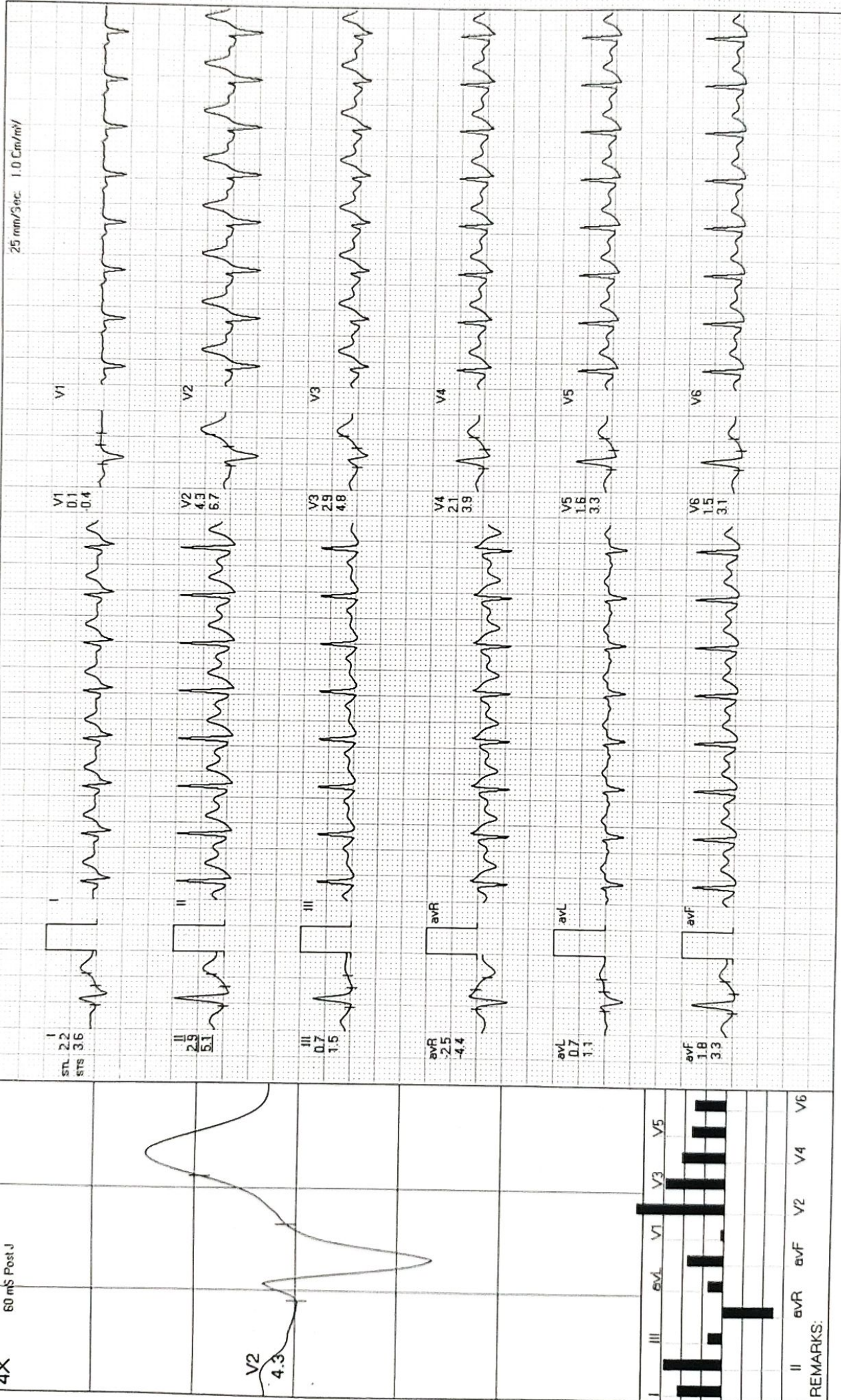


Date: 07 - 04 - 2023

METS: 1.2 / 159 bpm 86% of THR BP: 134/94 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

ExTime: 06:20 0.0 Kmph, 0.0%

4X 60 mS Post J



REMARKS: II avR avF V2 V4 V6



**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ABHI SACHAN / 35 Yrs / F / 163 Cms / 92 Kg / HR : 135

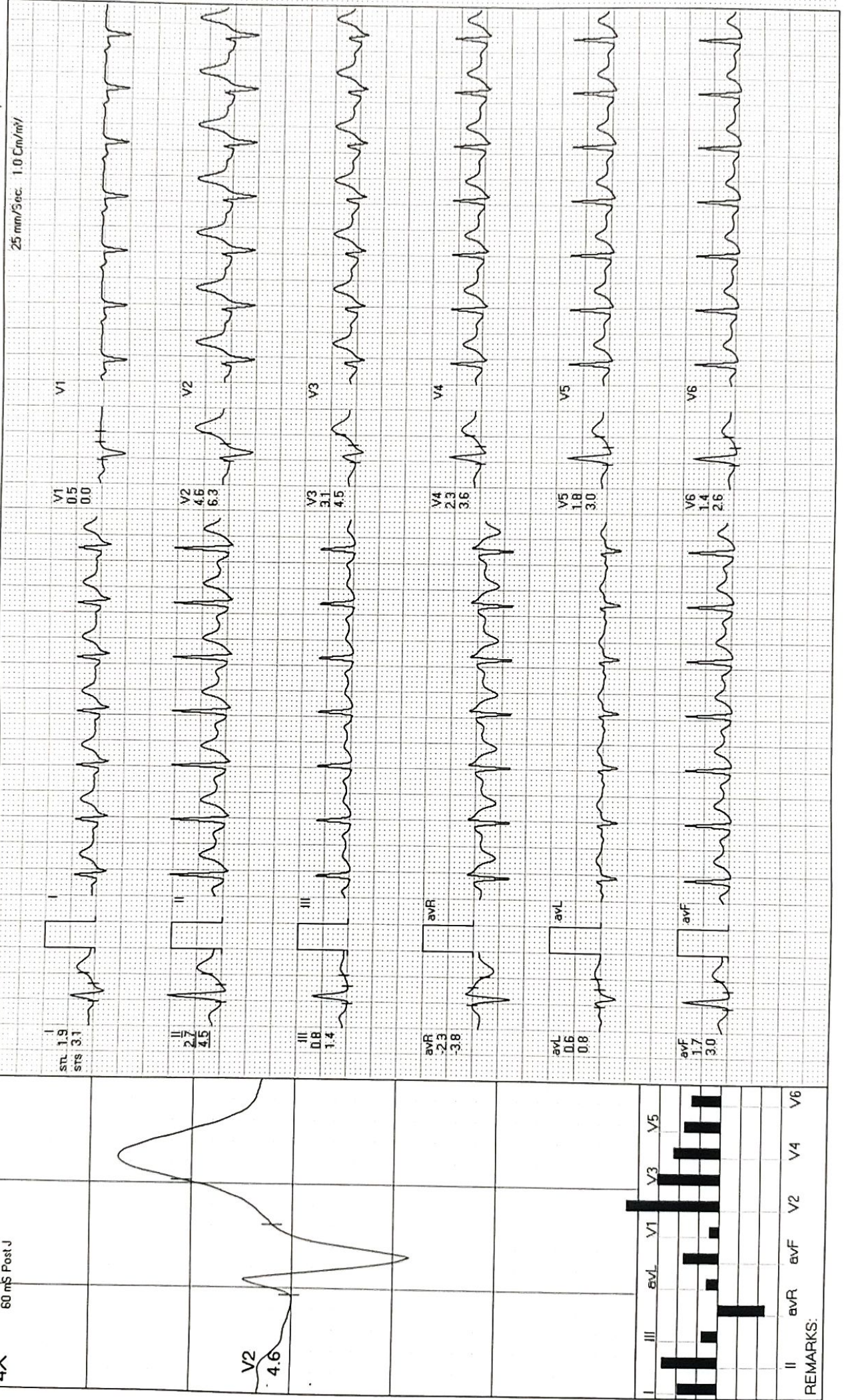
Recovery(2:00)



Date: 07-04-2023

METS: 1.0/ 135 bpm 73% of THR BP: 130/90 mmHg Combined Mediens/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:20 0.0 Krph. 0.0%



REMARKS:



# MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ABHI SACHAN / 35 Yrs / F / 163 Cms / 92 Kg / HR : 124

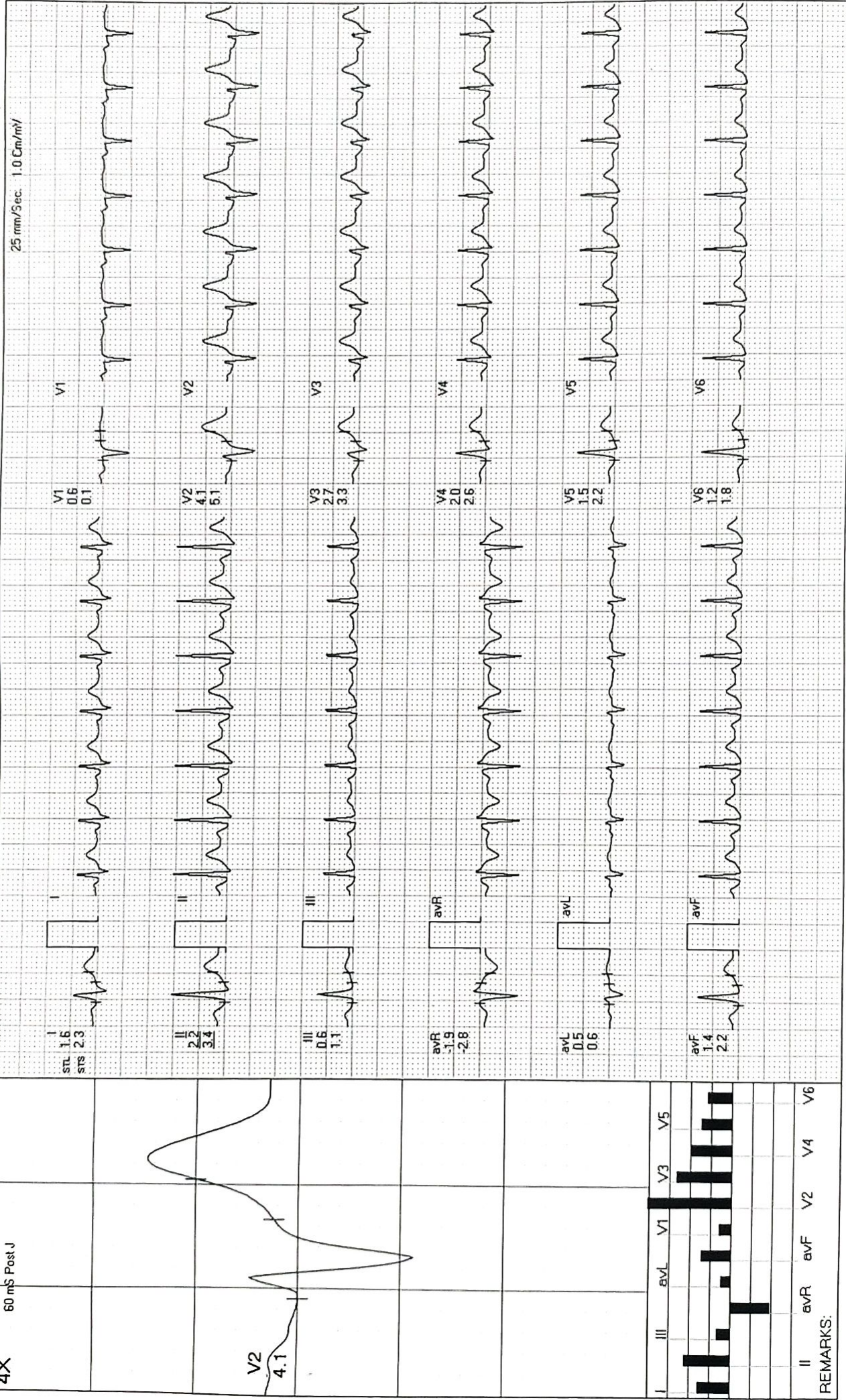
Recovery(3:00)



Date: 07-04-2023

METS: 1.0 / 124 bpm 67% of THR BP: 126/86 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:20 0.0 Kmph, 0.0%





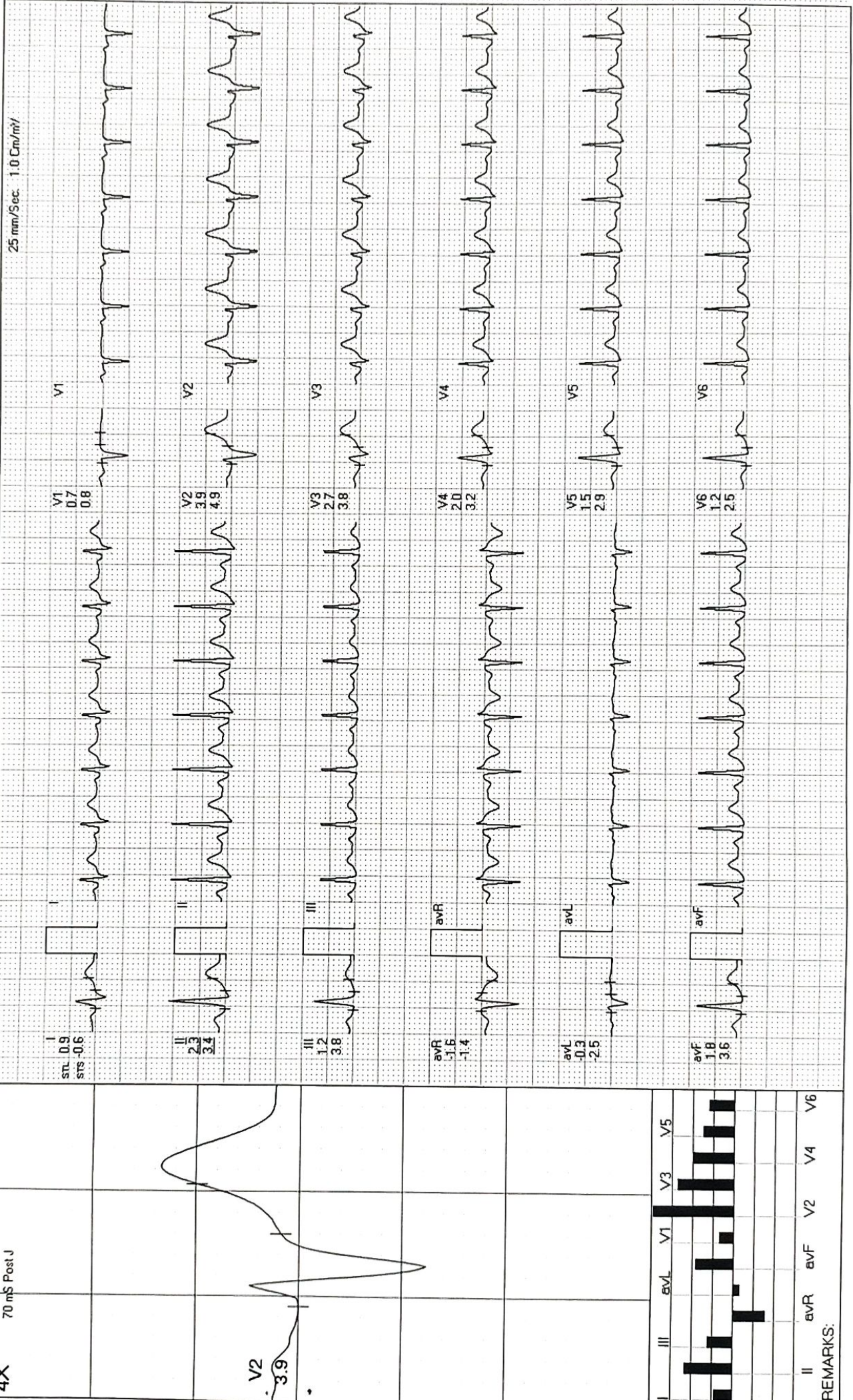
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ABHI SACHAN / 35 Yrs / F / 163 Cms / 92 Kg / HR : 127

Recovery(3:22)



Date: 07-04-2023 METS: 1.07/127 bpm 69% of THR BP: 124/86 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz ExTime: 06:20 0.0 Kmph, 0.0%



REMARKS: