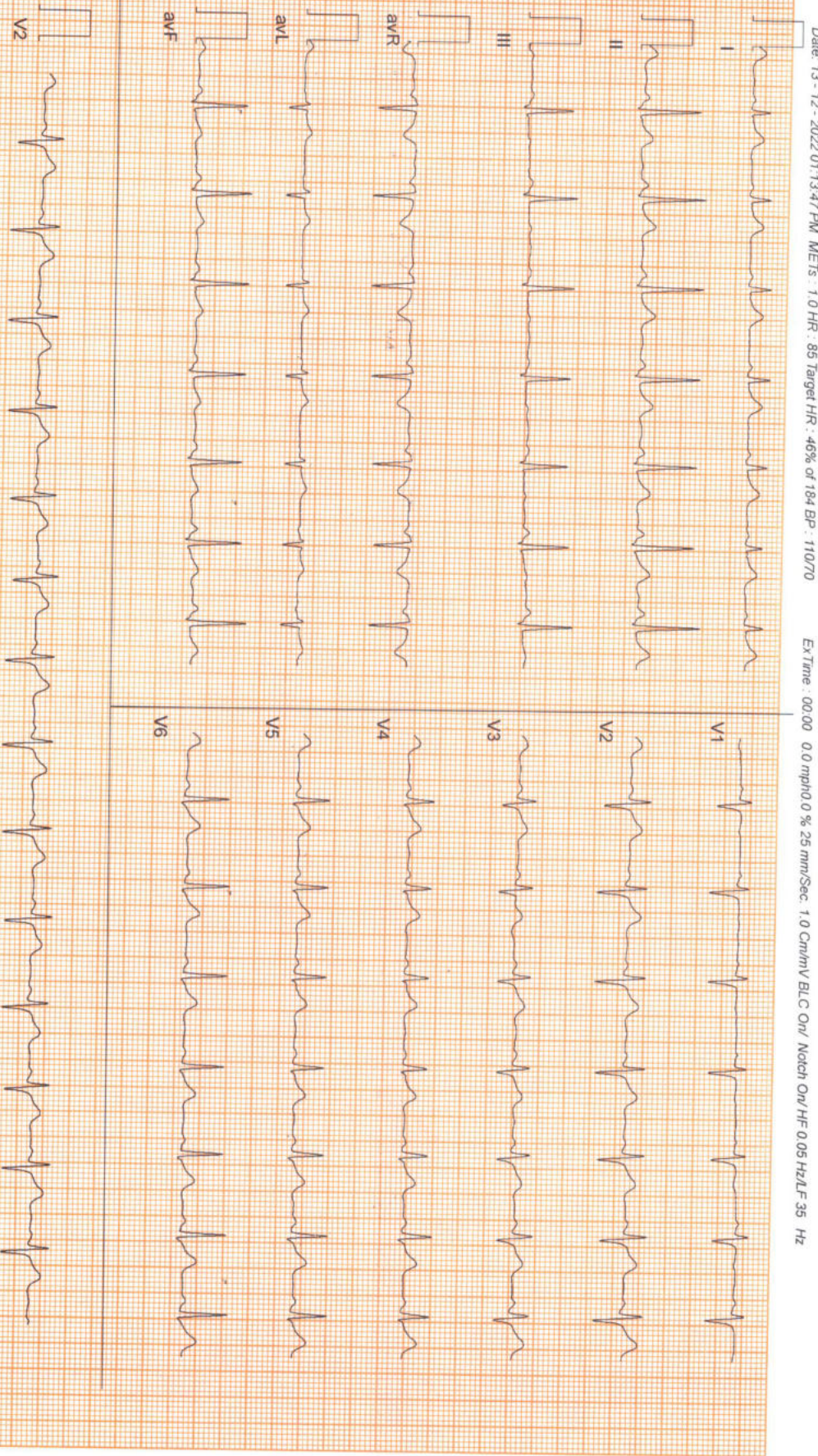




Date: 13 - 12 - 2022 01:13:47 PM METS : 1.0 HR : 89 Target HR : 46% of 184 BP : 110/70

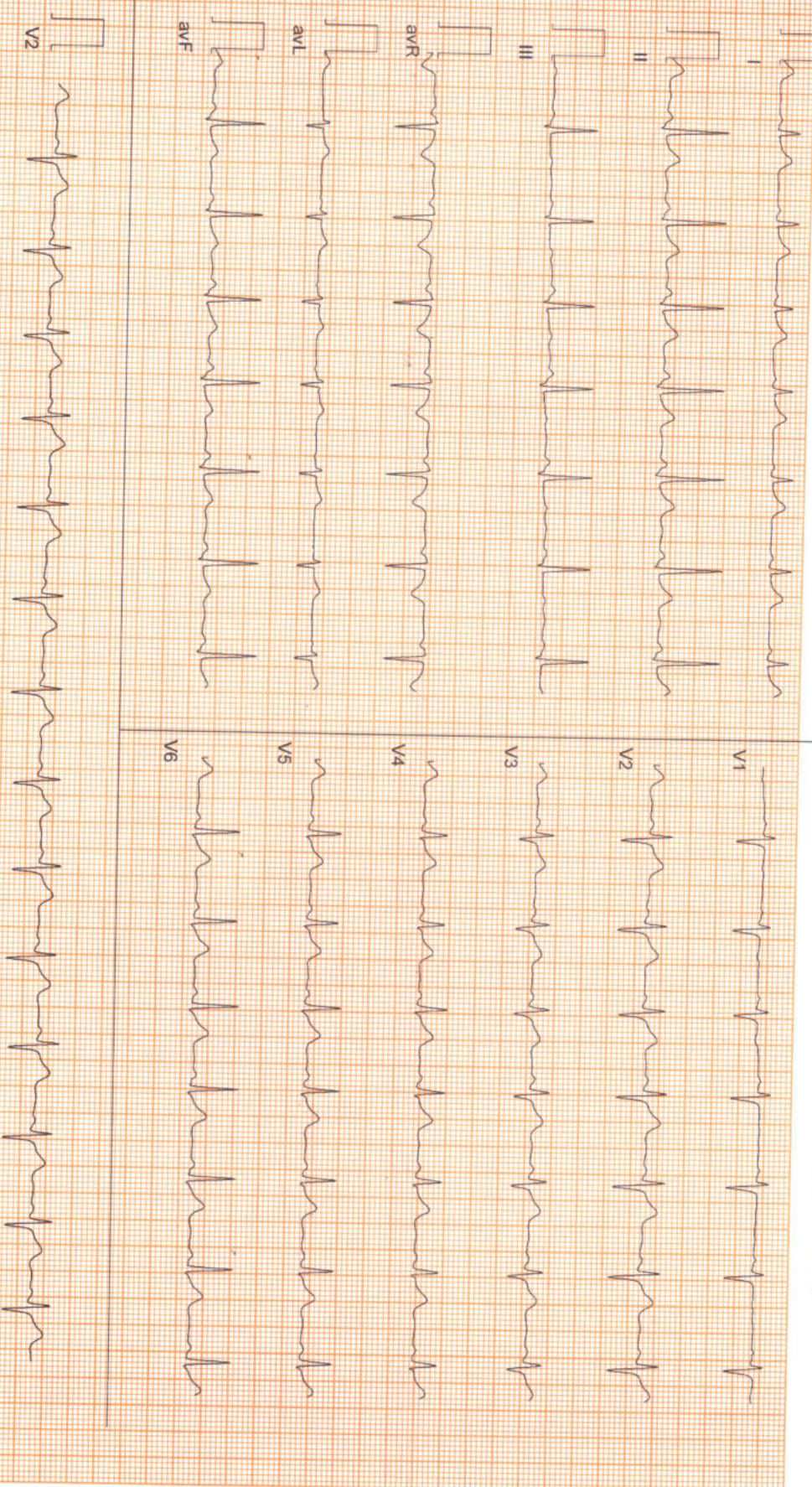
ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





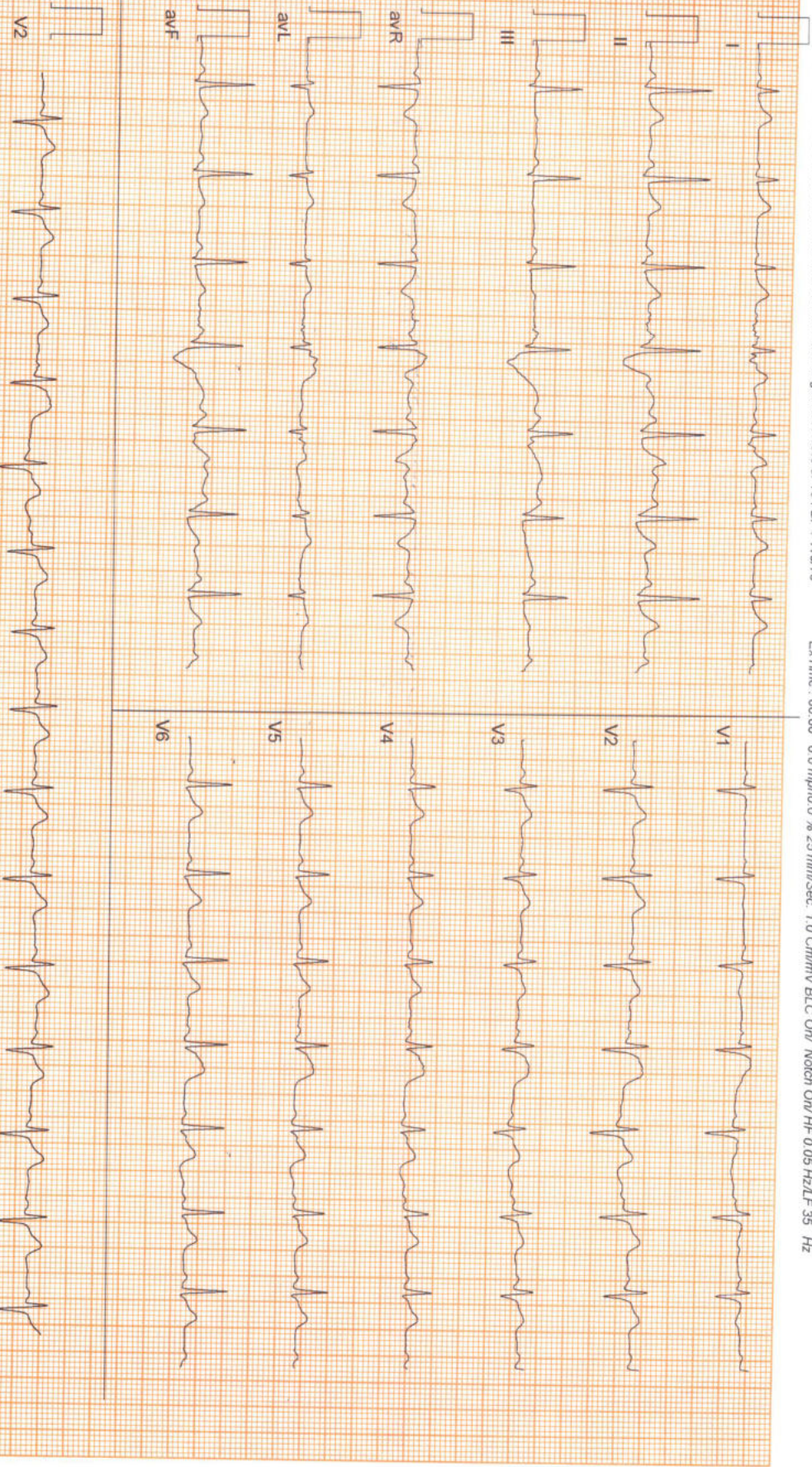
Date: 13 - 12 - 2022 01:13:47 PM METs : 1.0 HR : 85 Target HR : 46% of 184 BP : 110/70

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



Date: 13 - 12 - 2022 01:13:47 PM METS - 1.0 HR - 88 Target HR : 48% of 184 BP - 110/70

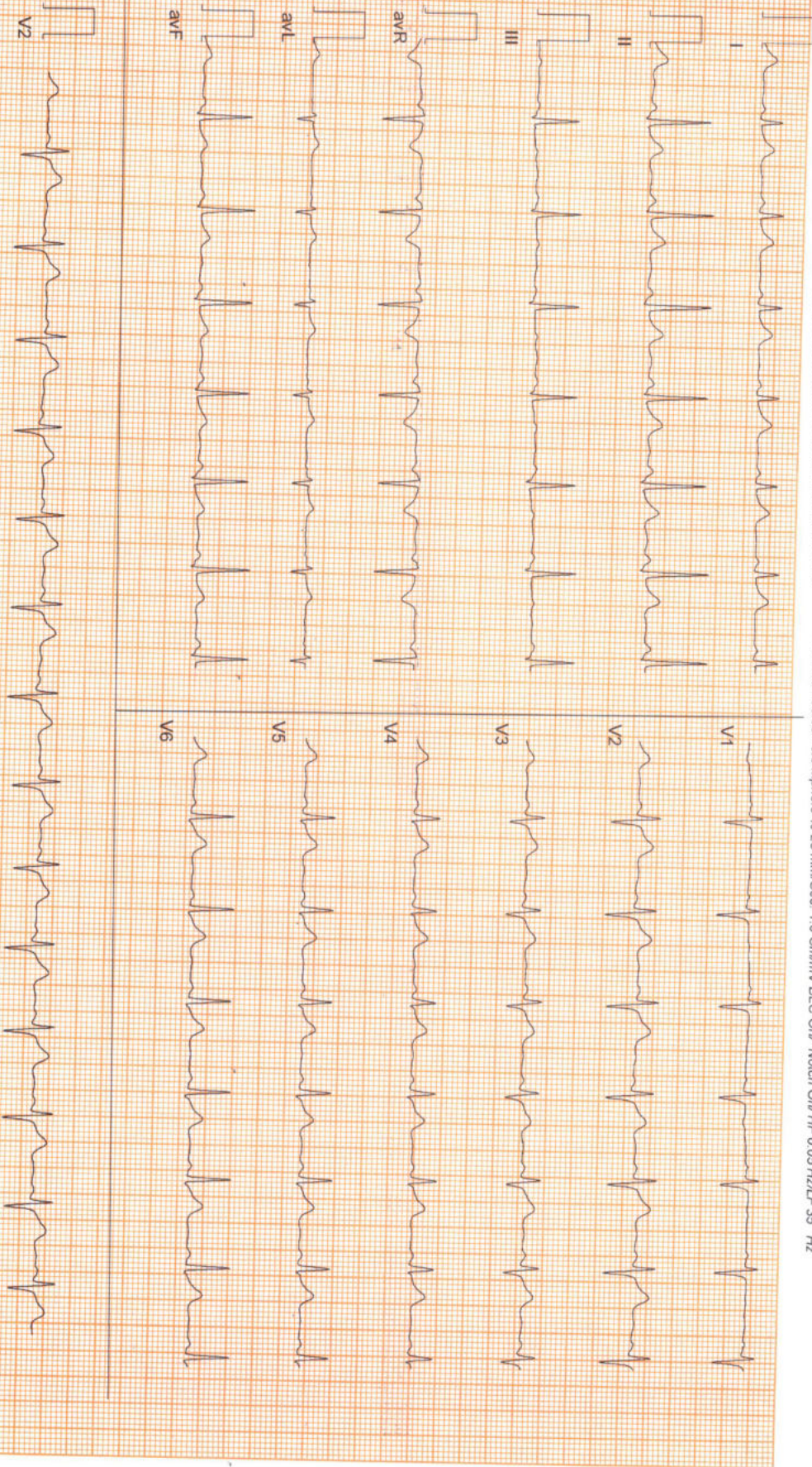
ExTime : 00:00 0.0 mph 0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz LFL 35 Hz





Date: 13 - 12 - 2022 01:13:47 PM METs - 1.0 HR - 83 Target HR - 45% of 184 BP - 110/70

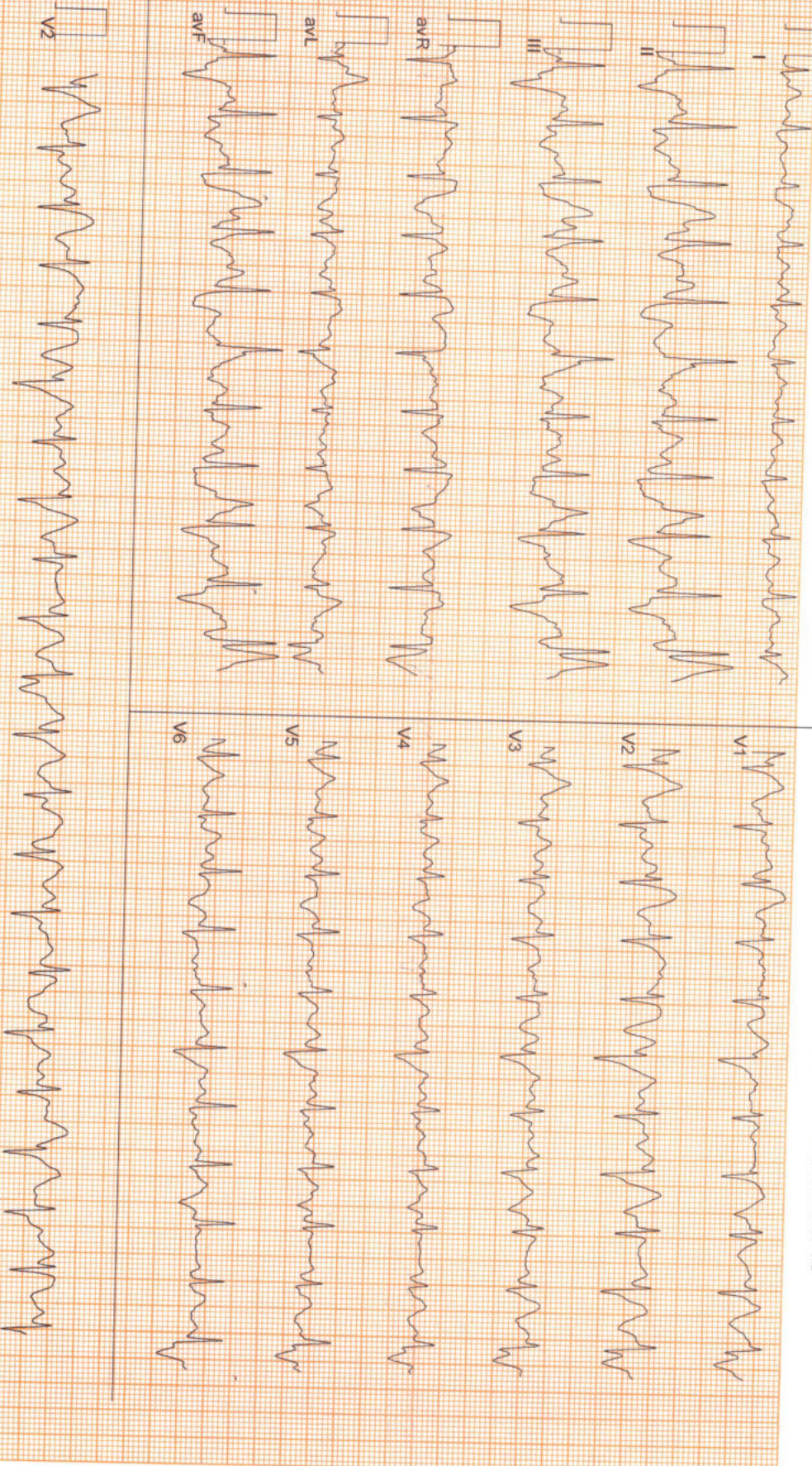
ExTime - 00:00 0.0 mph 0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz



(ADX_GEM216201129)(R)Allengers



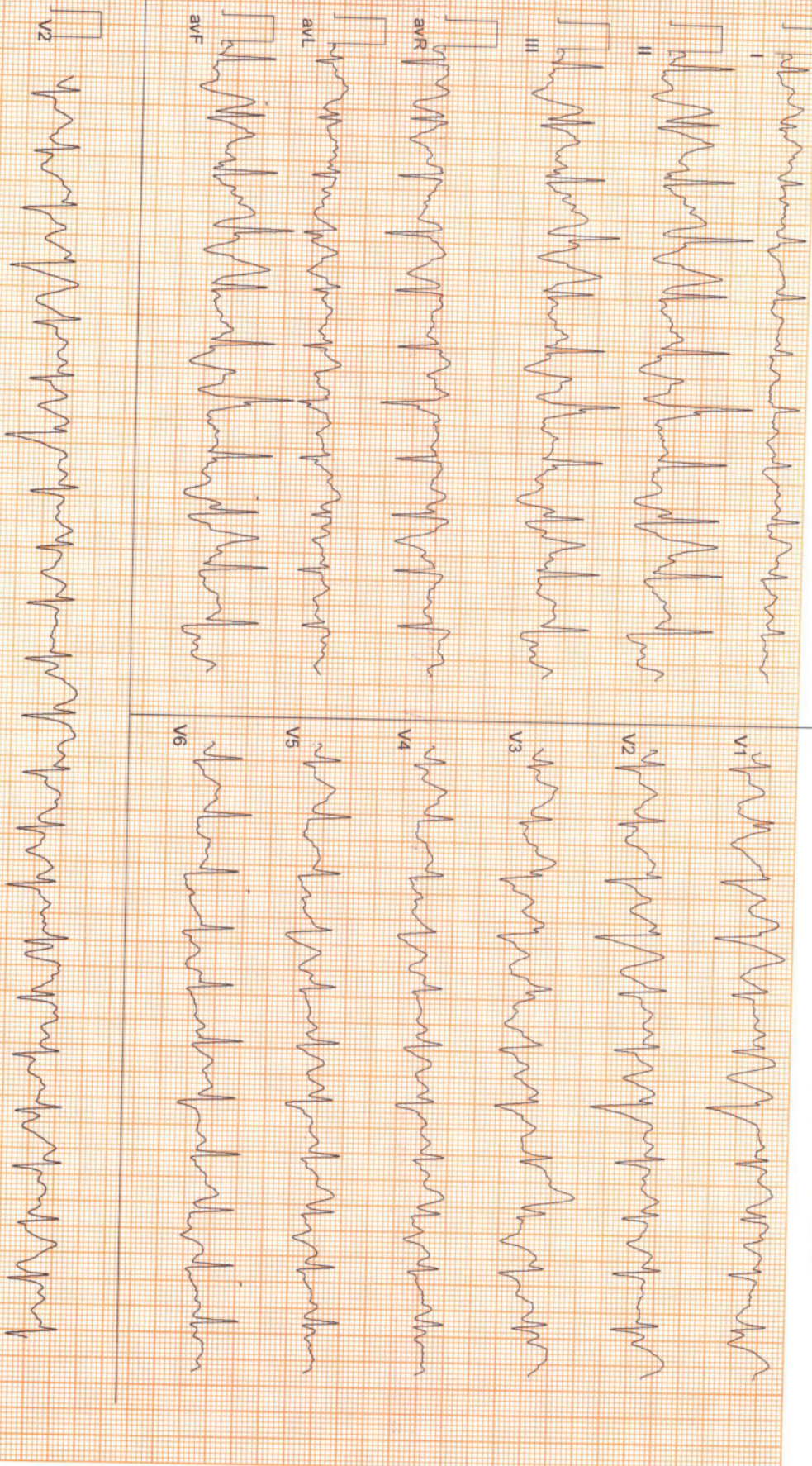
Date: 13-12-2022 01:13:47 PM METs : 4.7 HR : 129 Target HR : 70% of 184 BP : 112/71
ExTime : 03:00 1.7 mph 10.0 % 25 mm/Sec 1.0 Cm/mv BLC On/ Noch On/ HF 0.05 Hz/LF 35 Hz





Date: 13 - 12 - 2022 01:13:47 PM METs : 7.1 HR : 133 Target HR : 72% of 184 BP : 115/74

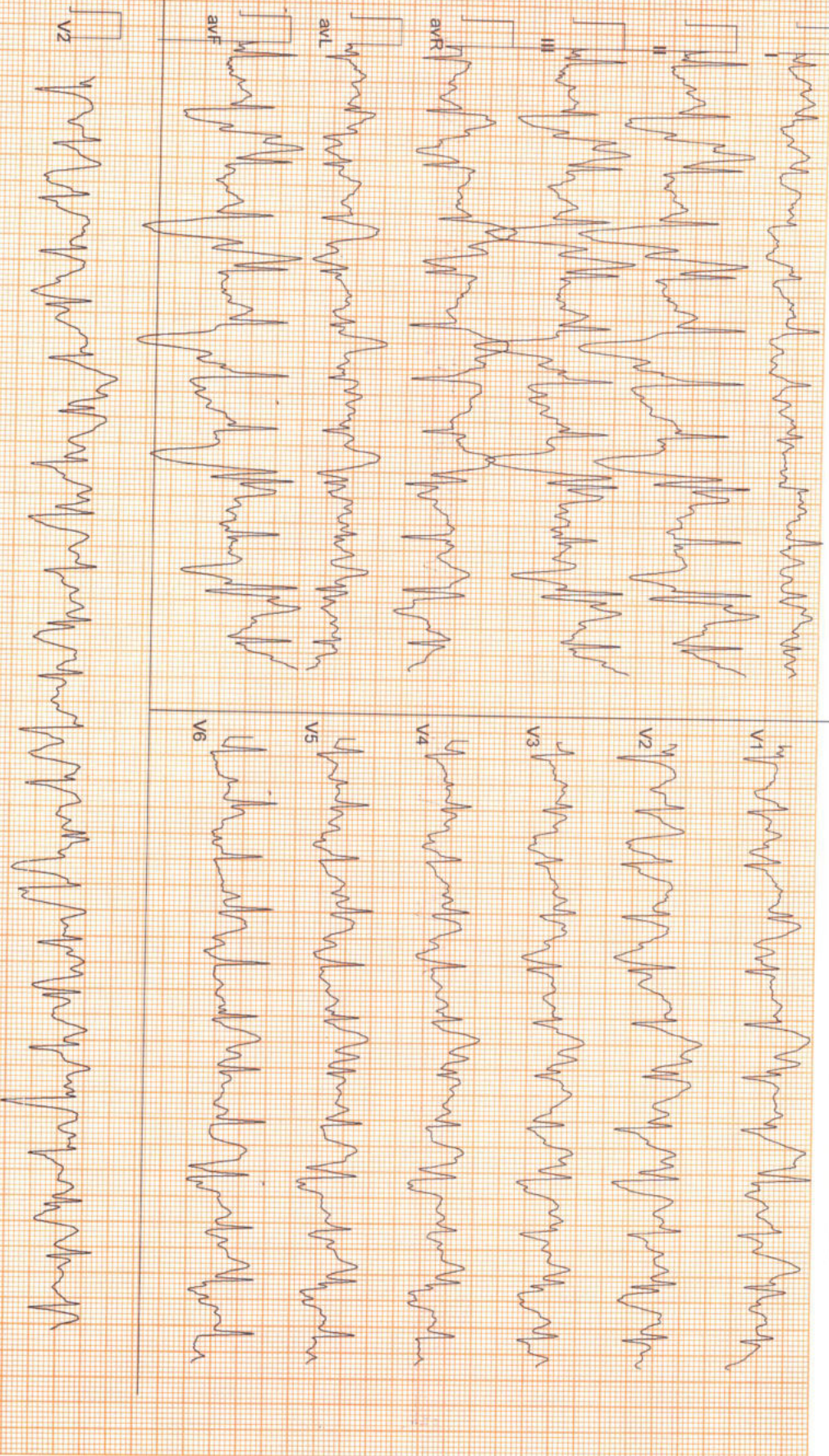
ExTime : 06:00 2.5 mph 12.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Noch On/HF 0.05 Hz/LF 35 Hz





Date: 13 - 12 - 2022 01:13:47 PM METS : 7.5 HR : 144 Target HR : 78% of 184 BP : 115/74

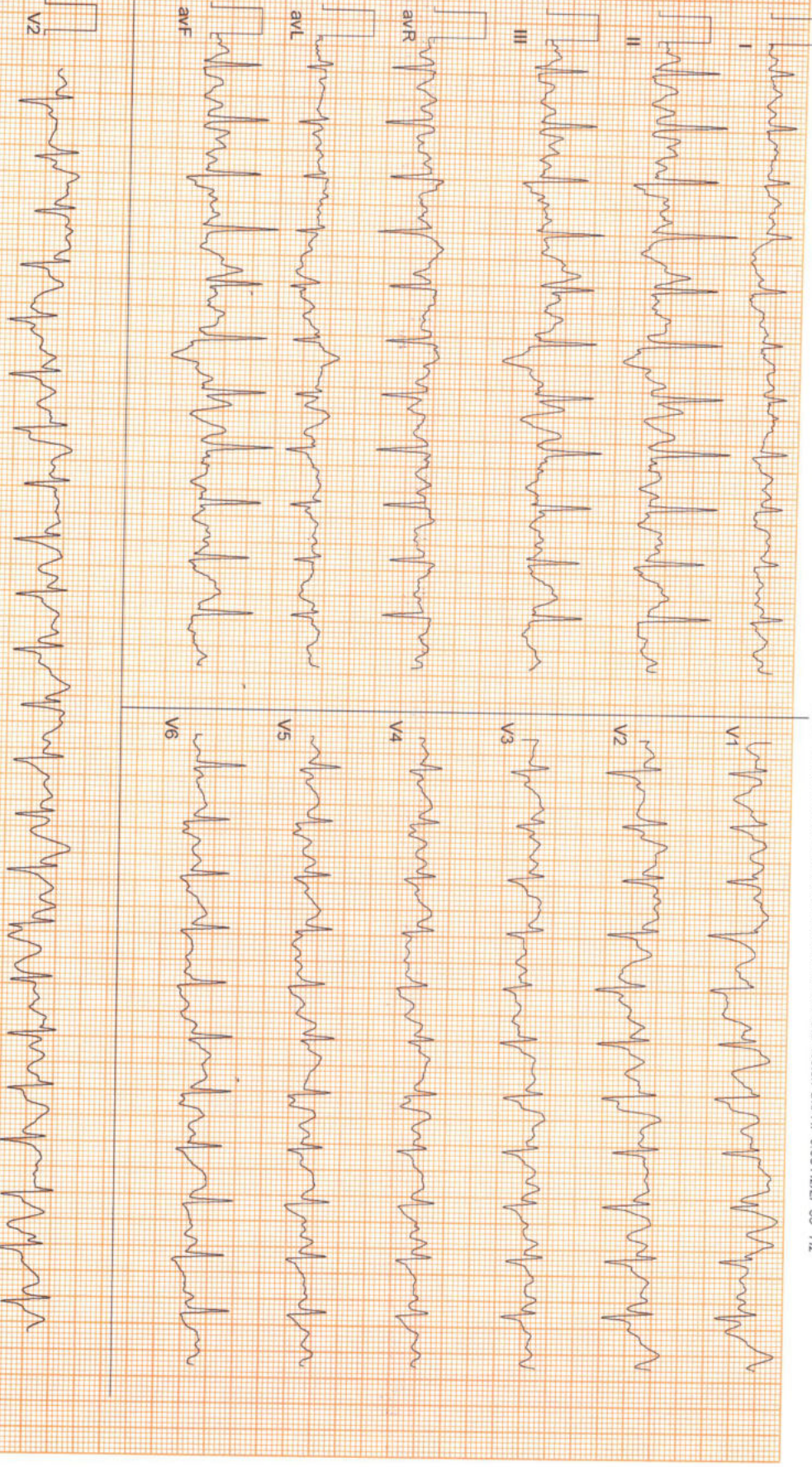
ExTime : 06:22 3.4 mph/14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz





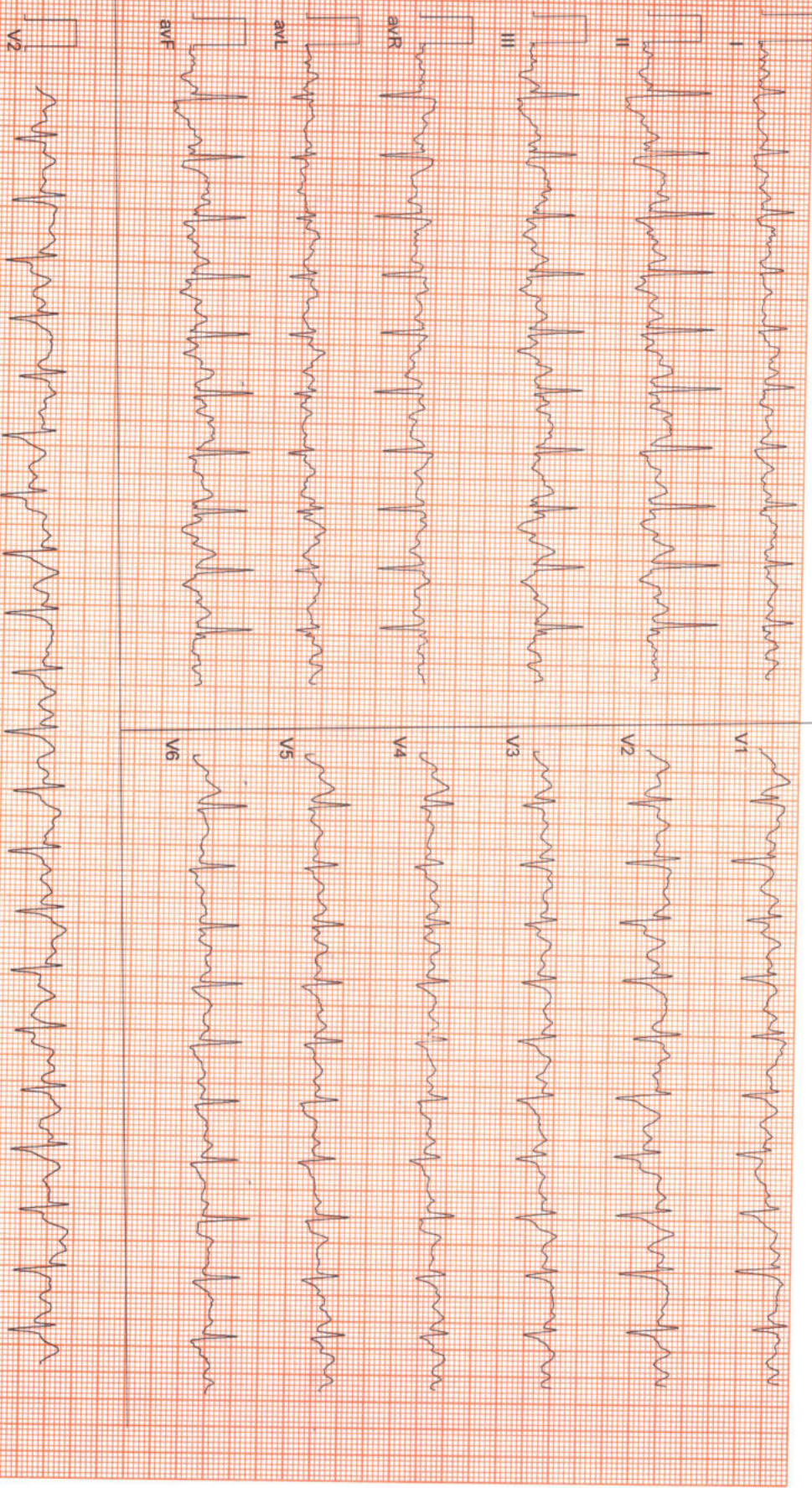
Date: 13 - 12 - 2022 01:13:47 PM METS - 4.2 HR : 140 Target HR : 76% of 184 BP : 115/74

ExTime - 06:22 1.1 mph 0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





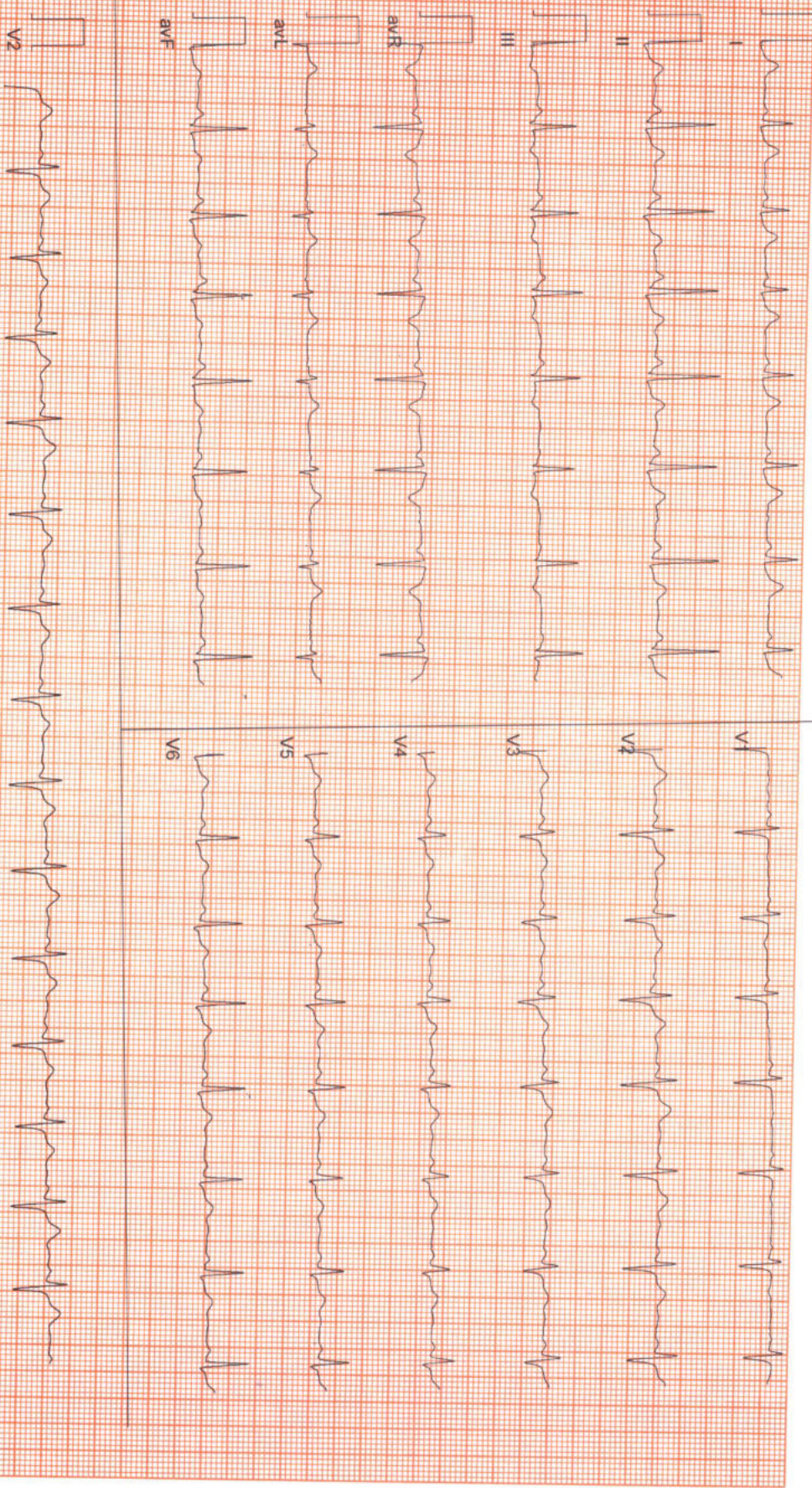
Date: 13 - 12 - 2022 01:13:47 PM METS : 1.2 HR : 127 Target HR : 69% of 184 BP : 114/73 EXTime : 06:22 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz





Date: 13 - 12 - 2022 01:13:47 PM METS : 1.0 HR : 92 Target HR : 50% of 184 BP : 113/73

ExTime : 06:22 0.0 mph/0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengans

ZENA HEALTHCARE

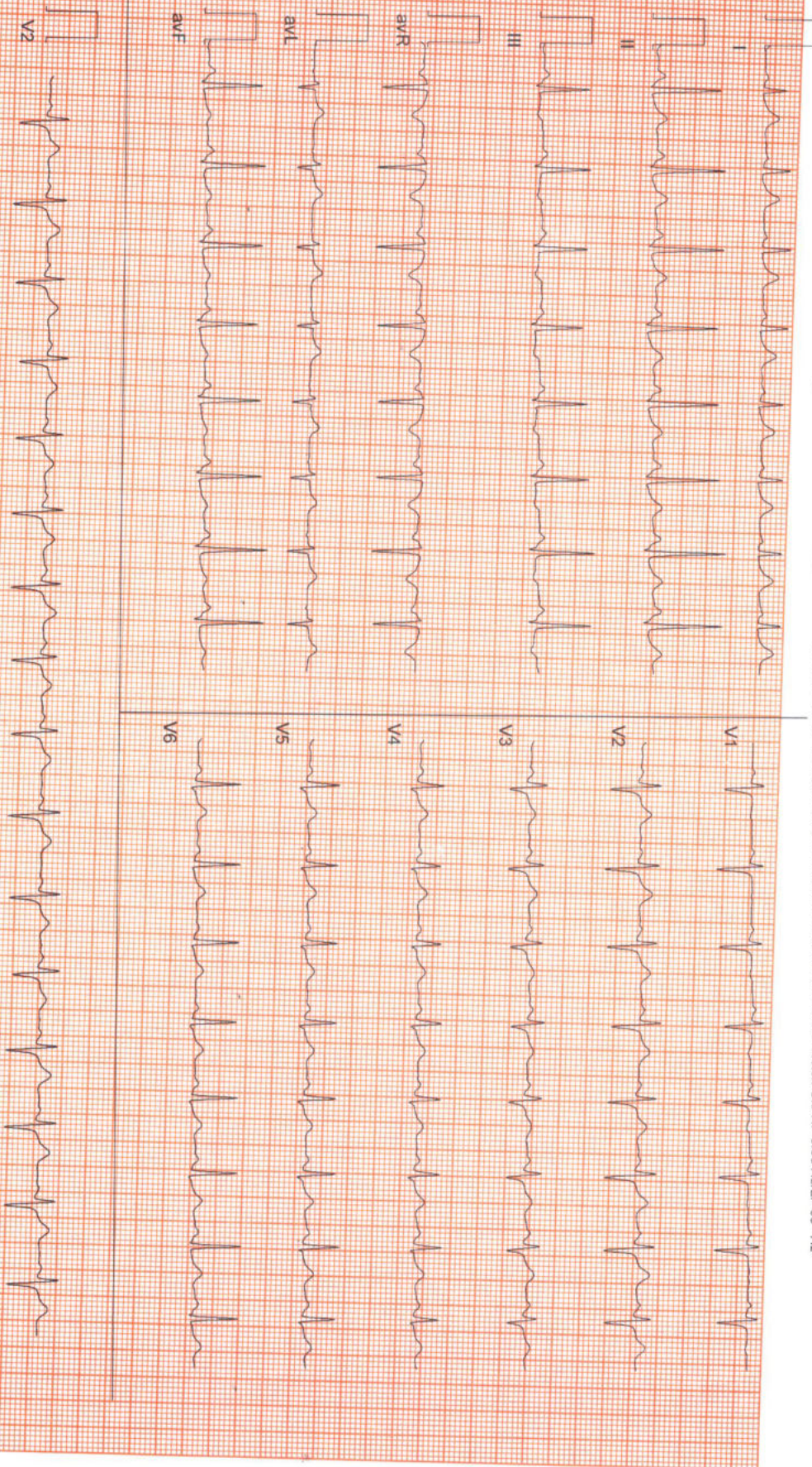
SAHIDNAGAR, BHUBANESWAR
447 / SASMITA SWAIN / 36 Yrs / Female / 155 Cm / 59 Kg

6 x 2 + Rhythm
Recovery(5:07)



Date: 13 - 12 - 2022 01:33:47 PM METs : 1.0 HR : 95 Target HR : 52% of 184 BP : 111/71

ExTime : 06:22 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF: 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengers



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Regd. No. : 1834

NAME:-SASMITA SWAIN
AGE:-36YRS
Patient ID:-2

REFERRAL:-MEDI WHEEL
DATE:-13.12.2022
SEX:-FEMALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

B. Pradhan

**Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist**

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Regd. No. : 1834

MEDICAL REPORT

NAME

SASMITA SWAIN

Date :- 13.12.2022

MEDICAL INFORMATION

Height:- 155cm	Age:- 36Yrs
Weight:- 59kg	Sex:- Female
Blood Pressure:- 110/76mmhg	Pulse:-88/min

Body Mass Index(BMI)

24.6

Physical Fitness certificate

This is to certify that SASMITA SWAIN, aged 36yrs,
reports is Normal and I have found his FIT.

Signature



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Patient Name : MRS. SASMITA SWAIN

Age / Gender : 36 years / Female

Patient ID : 14506

Referral : MEDI WHEEL

Collection Time : 13/12/2022, 12:14 PM

Reporting Time : 13/12/2022, 06:41 PM

Sample ID :



16622

Test Description	Value(s)	Reference Range	Unit
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ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate 4 0 - 20 mm/hr

Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)

Method : Manual-Hemagglutination

"B"

RhD Factor (Rh Typing)

Method : Manual hemagglutination

Positive

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Wishing Good Health
Page 1 of 1



Patient Name : MRS. SASMITA SWAIN

Age / Gender : 36 years / Female

Patient ID : 14506

Referral : MEDI WHEEL

Collection Time : 13/12/2022, 12:14 PM

Reporting Time : 13/12/2022, 06:27 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
<u>LFT, Liver Function Test</u>			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.67	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.15	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.52	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	23.6	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	33.1	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	10.2	< 38	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	103.2	42-141	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.85	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.74	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.11	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.20	1.2 - 2.2	

END OF REPORT

Lab technician

Woh
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Page 1 of 1



Patient Name : MRS. SASMITA SWAIN
Age / Gender : 36 years / Female
Patient ID : 14506

Referral : MEDI WHEEL
Collection Time : 13/12/2022, 12:14 PM
Reporting Time : 13/12/2022, 06:27 PM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	0.95	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	8.25	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.46	0.45 - 4.5 First Trimester : 0.1-2.5 Second Trimester : 0.2-3.0 Third trimester : 0.3-3.0	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness In elderly the drop in 13 level can be upto 25%.

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Regd. No. : 1834

Patient Name : MRS. SASMITA SWAIN

Age / Gender : 36 years / Female

Patient ID : 14506

Referral : MEDI WHEEL

Collection Time : 13/12/2022, 12:14 PM

Reporting Time : 13/12/2022, 06:27 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Patient Name : MRS. SASMITA SWAIN

Age / Gender : 36 years / Female

Patient ID : 14506

Referral : MEDI WHEEL

Collection Time : 13/12/2022, 12:14 PM

Reporting Time : 13/12/2022, 06:26 PM

Sample ID :



16622

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	14.2	12.0 - 15.0	gm/dL
Erythrocyte (RBC) Count	4.66	3.8 - 4.8	mil/cu.mm
Packed Cell Volume (PCV)	42.2	36 - 46	%
Mean Cell Volume (MCV)	90.56	83 - 101	fL
Mean Cell Haemoglobin (MCH)	30.47	27 - 32	pg
Mean Corpuscular Hb Concn. (MCHC)	33.65	31.5 - 34.5	g/dL
Red Cell Distribution Width (RDW)	12.6	11.6 - 14.0	%
Total Leucocytes (WBC) Count	6200	4000-10000	cell/cu.mm
Neutrophils	65	40 - 80	%
Lymphocytes	28	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	05	1 - 6	%
Basophils	00	1-2	%
Platelet Count	321	150 - 410	10 ³ /ul
Mean Platelet Volume (MPV)	11.2	7.2 - 11.7	fL
PCT	0.36	0.2 - 0.5	%
PDW	14.9	9.0 - 17.0	%

END OF REPORT

Lab technician

Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Page 1 of 1

Patient Name : MRS. SASMITA SWAIN

Age / Gender : 36 years / Female

Patient ID : 14506

Referral : MEDI WHEEL

Collection Time : 13/12/2022, 12:14 PM

Reporting Time : 13/12/2022, 06:25 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.23		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	103.40	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Patient Name : MRS. SASMITA SWAIN

Age / Gender : 36 years / Female

Patient ID : 14506

Referral : MEDI WHEEL

Collection Time : 13/12/2022, 12:14 PM

Reporting Time : 13/12/2022, 06:25 PM

Sample ID :



16622

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Lab technician

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Regd. No. : 1834

Patient Name : MRS. SASMITA SWAIN

Age / Gender : 36 years / Female

Patient ID : 14506

Referral : MEDI WHEEL

Collection Time : 13/12/2022, 12:14 PM

Reporting Time : 13/12/2022, 06:24 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	144.2	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	95.3	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	40.2	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	84.94	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	19.06	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	3.59	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.11	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab Technician

Dr. Kundan Kumar Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Regd. No. : 1834

Patient Name : MRS. SASMITA SWAIN

Age / Gender : 36 years / Female

Patient ID : 14506

Referral : MEDI WHEEL

Collection Time : 13/12/2022, 12:14 PM

Reporting Time : 13/12/2022, 06:25 PM

Sample ID :



16622

Test Description	Value(s)	Reference Range	Unit
Glucose, Fasting (FBS)			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	77.98	75 - 115	mg/dL
Glucose, Post Prandial (PP)			
Blood Glucose-Post Prandial Method : Hexokinase	81.80	70 - 140	mg/dL
BUN, Serum			
BUN-Blood Urea Nitroge Method : Serum, Urease	13.6	10 - 50	mg/dL
Creatinine			
Creatinine Method : Serum, Jaffe	0.96	0.60 - 1.30	mg/dL
Uric acid, Serum			
Uric Acid Method : Uricase, Colorimetric	3.47	3.4 - 7.0	mg/dL

END OF REPORT

Lab Technician

Kund
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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ID 500320 CASE
AGE 36Y M D

SASMITA SWAIN
FEMALE

13/12/2022 12:58:39
ZENA HEAL THICARE
PLOT-119, SAHIDNAGAR, BHUBANESWAR

K9

PLATE 91 bpm SINDS RHYTHM

R-R 657 ms

P-R 120 ms

QRS 92 ms

QT 348 ms

QTc 402 ms

PRAXIS

P 67°

QRS 50°

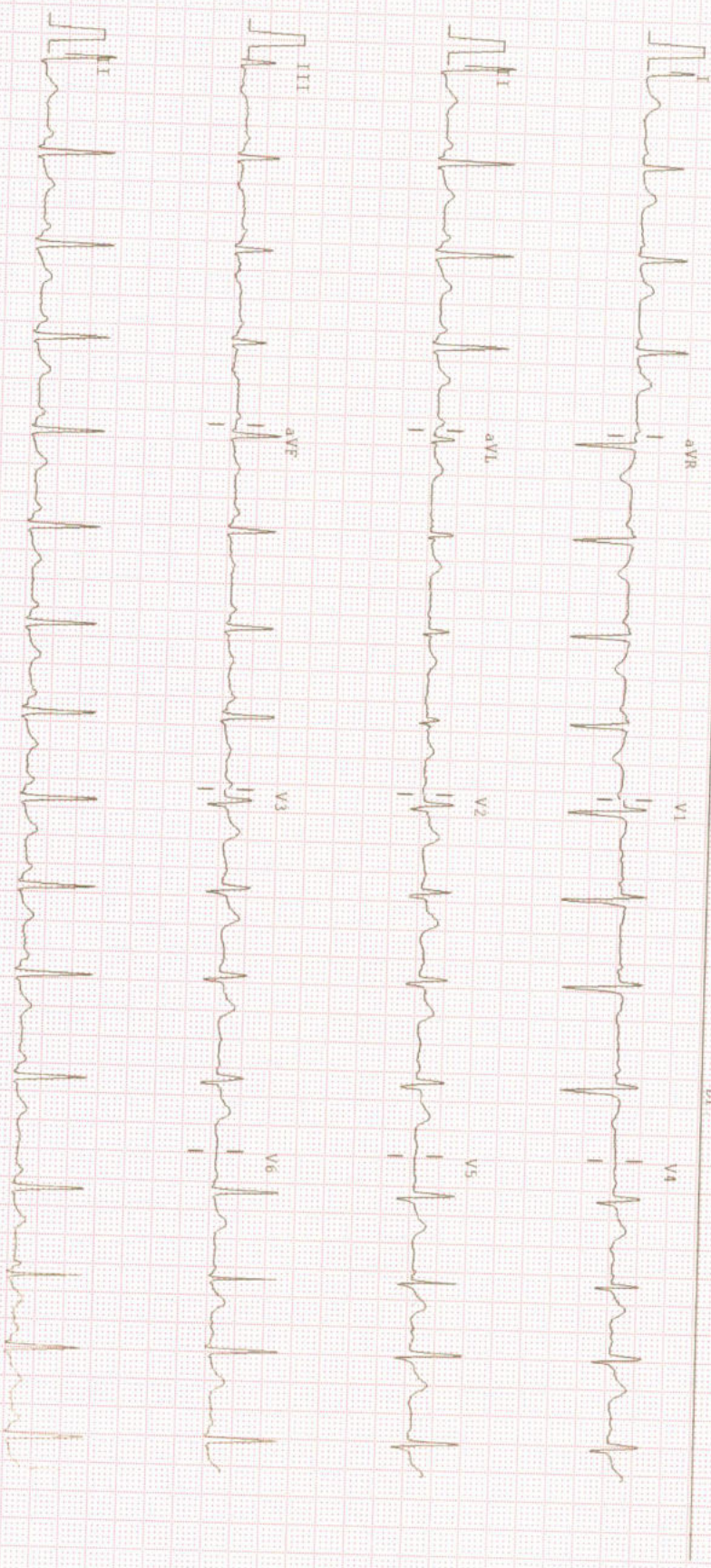
T 28°

NORMAL ECG

12 SL. REPORT FORMAT: 3x4+1L SQ

REF

Dr



25mm/sec 10mm/mV Notch: ON

BTC: ON

0.05-35Hz

ALENGERS PICES 1012VER-1 P/CINICALLY CORRELATE THE FINDINGS

MATERNITY CARE HOSPITAL

NAME:SASMITA SWAIN

SONOGRAPHER : DR. MAYURI MOHAPATRA

AGE-36Y/F

DATE-013/12/2022

USG OF WHOLE ABDOMEN

LIVER: normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic biliary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 9.0 mm.

Gall bladder- Absent (operated)

SPLEEN : Normal in size, shape and parenchymal echotexture. Spleen measures 11.9cm.

PANCREAS: Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

KIDNEYS: Both the kidneys normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of any calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.

- Left kidney measures: 9.4x 3.8cms.
- Right kidney measures: 9.8 x 3.7cms.

URETERS: Both ureters not visualized (normal).

Appendix- not visualized.


uterus : *uterus is normal in size shape 66.81 X48.29X42.18MM size, and normal endometrium in cavity.*

Ovary both ovary normal *in echopattern*

Cervix-cervical canal normal , cervix normal

POD- is free of fluid or sol

Impression:Normal Study of abdomen


Dr. Mayuri Mohapatra
Regd. No.-16891
MATERNITY CARE HOSPITAL
Bhubaneswar

447 / SASMITA SWAIN / 36 Yrs / F / 155 Cms / 59 Kg Date: 13-Dec-2022 Refd By : MEDI-WHEEL Examined By :

Stage	Time	Duration	Speed(triph)	Elevation	ME's	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:17	0:17	00.0	00.0	01.0	085	43%	110/70	093	00	
Standing	00:33	0:16	00.0	00.0	01.0	085	46%	110/70	093	00	
HV	00:50	0:17	00.0	00.0	01.0	088	48%	110/70	096	00	
ExStart	01:08	0:18	00.0	00.0	01.0	083	45%	110/70	091	00	
BRUCE Stage 1	04:08	3:00	01.7	10.0	04.7	129	70%	112/71	144	00	
BRUCE Stage 2	07:08	3:00	02.5	12.0	07.1	133	72%	115/74	152	00	
PeakEx	07:30	0:22	03.4	14.0	07.5	144	78%	115/74	165	00	
Recovery	08:00	0:30	01.1	00.0	04.2	140	76%	115/74	161	00	
Recovery	08:30	1:00	01.1	00.0	01.2	127	69%	114/73	144	00	
Recovery	10:30	3:00	00.0	00.0	01.0	092	50%	113/73	103	00	
Recovery	12:37	5:07	00.0	00.0	01.0	095	52%	111/71	105	00	

FINDINGS :

Exercise Time : 06:22
 Max HR Attained : 144 bpm 78% of Target 184
 Max BP Attained : 115/74
 Max Workload Attained : 7.5 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

Dr. M. Mohanty
 M.B.B.S.
 REGD No. 6993