

#### LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam,

# Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS		
NAME	MRS. TIWARI REENA		
EC NO.	78776		
DESIGNATION	CREDIT OFFICER (MSME ONLY)		
PLACE OF WORK	JAIPUR,S F S MANSAROVAR		
BIRTHDATE	22-08-1985		
PROPOSED DATE OF HEALTH CHECKUP	25-02-2023		
BOOKING REFERENCE NO.	22M78776100042998E		

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **17-02-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

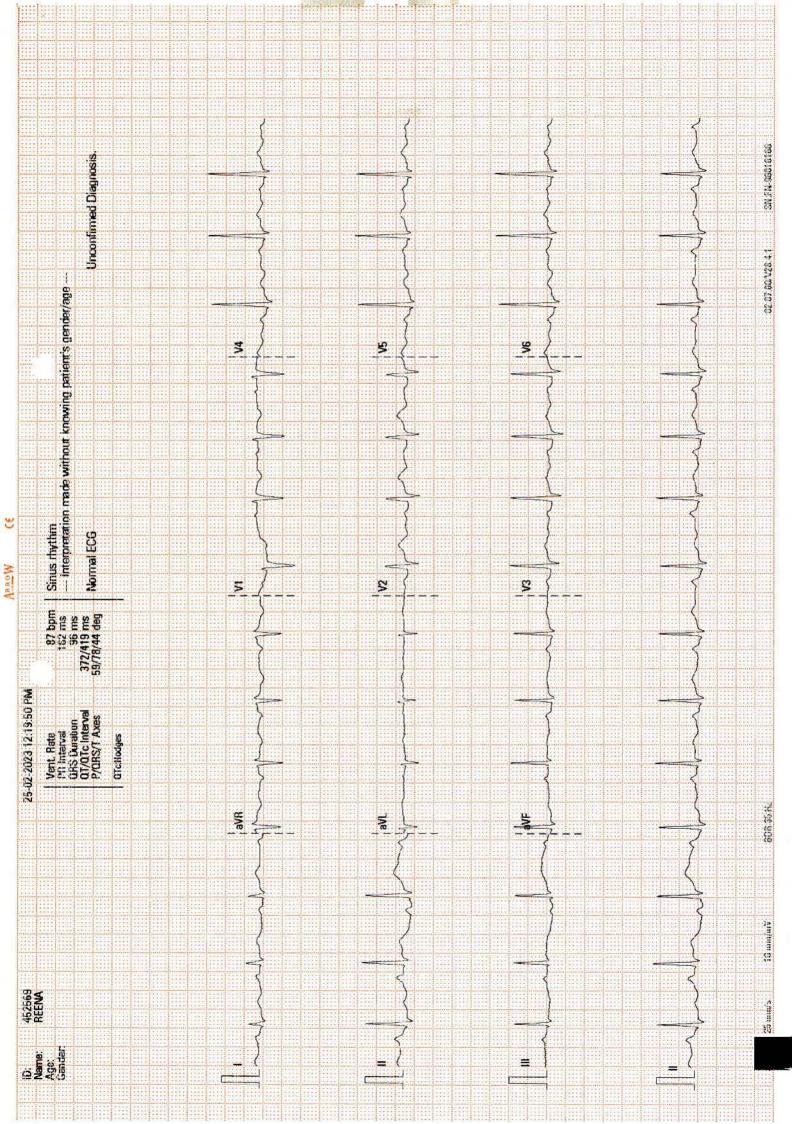
We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





Patient Name	Reena Tiwari	Requested By	Dr.^Sitaram^Gupta
MRN	15010000452569	Procedure DateTime	2023-02-25 11:50:29
Age/Sex	37Y 6M / Female	Hospital	NH JAIPUR

## X-RAY CHEST P.A. VIEW

Both lung fields are clear. No parenchymal lesion noted.

Both CP angles are clear.

Cardiac shadow is within normal limits.

ny thorax & soft tissue appears normal.

Domes of diaphragm are normally placed.

Correlate clinically & with other related investigations.

Dr.Sunny Maharwal Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-02-25 14:21:06

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## Narayana Multispeciality Hospital

(A unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PLC027497 Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099 Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033 Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | www.narayanahealth.org GST No. 08AABCN1685J1Z8 Appointments 1800-309-0309 (Toll Free)



## Final Report

## DEPARTMENT OF LABORATORY MEDICINE

 Patient Name : Ms Reena Tiwari MRN : 15010000452569 Gender/Age : FEMALE , 37y (22/08/1985)

 Collected On : 25/02/2023 10:43 AM Received On : 25/02/2023 10:44 AM Reported On : 25/02/2023 12:11 PM

 Barcode : 402302250133 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7698448771

	BIOCHE	MISTRY	
Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine	0.37 L	mg/dL	0.52-1.04
eGFR	196.6	mL/min/1.73m <sup>2</sup>	Both: <60 indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodyamically unstable patients eGFR is not applicable for less than 18
Blood Urea Nitrogen (BUN) (Colorimetric (Urease UV))	5.15 L	mg/dL	7.0-17.0
Serum Uric Acid (Colorimetric - Uricase, Peroxidase)	3.93	mg/dL	2.5-6.2
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase))	226.3 H	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	123.5	mg/dL	Both: Normal: < 150 Both: Borderline High: 150-199 Both: High : 200-499 Both: Very High: => 500
HDL Cholesterol (HDLC) (Direct Measure, PTA /MgCl2)	43.3	mg/dL	Low: < 40 High: => 60
Non-HDL Cholesterol	183.0		
LDL Cholesterol (Friedewald Formula)	158.3 H	mg/dL	Both: Desirable: < 100 Both: Optimal: 100-129 Both: Borderline High: 130-159 Both: High: 150-189 Both: Very High: > 190
VLDL Cholesterol (Friedewald Formula)	24.7	mg/dL	10.0-50.0
Cholesterol /HDL Ratio	5.3 H		0.0-5.0

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Patient Name : Ms Reena Tiwari MRN : 150100004	52569	Gender/Age : FEMALE , 37y (22/08/	1985)
Total Protein (Biuret (alkaline Cupric Sulfate))	7.69	gm/dL	6.3-8.2
SGOT (AST) (Enzymatic Colorimetric)	34	U/L	14.0-36.0
SGPT (ALT) (UV With P5P -IFCC)	49 H	U/L	<35.0
Alkaline Phosphatase (ALP)	81	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (L-gamma- glutamyl-4-nitroanalide/glycylglycine Kinetic Method) THYROID PROFILE (T3, T4, TSH)	62 H	U/L	12.0-43.0
Tri lodo Thyronine (T3) (Enhanced Chemiluminescence)	1.50	ng/ml	0.97-1.69
Thyroxine (T4) (Enhanced Chemiluminescence)	10.0	ug/dl	4.3-12.5
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	2.18	ulU/ml	0.35-5.5

--End of Report-

Dr. Anil Sharma MBBS , MD ( Microbiology ) Senior Consultant

#### Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.





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# DEPARTMENT OF LABORATORY MEDICINE

Final Report

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Barcode : 402302250133 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7698448771

网络马克 医马克曼氏 网络拉尔德主义语	BIOCHE	MISTRY	
Test	Result	Unit	<b>Biological Reference Interval</b>
Bilirubin Total (Dyphylline, Diazonium Salt)	0.57	mg/dL	0.2-1.3
Albumin To Globulin (A/G)Ratio	1.47		1.0-2.1

--End of Report-

Dr. Anil Sharma MBBS , MD ( Microbiology ) Senior Consultant

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**Final Report** 

## DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Ms Reena Tiwari MRN : 15010000452569 Gender/Age : FEMALE , 37y (22/08/1985) Collected On: 25/02/2023 10:43 AM Received On: 25/02/2023 10:44 AM Reported On: 25/02/2023 01:51 PM Barcode : 412302250081 Specimen : Whole Blood - ESR Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES) Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7698448771

	HAEMA	TOLOGY	
Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR)	19 H	mm/hr	0.0-12.0
(Westergren Method)			

--End of Report-

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

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**Final Report** 

Unit of Narayana Health

## DEPARTMENT OF LABORATORY MEDICINE

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Patient Name: Ms Reena Tiwari MRN: 15010000452569 Gender/Age: FEMALE, 37y (22/08/1985)

Collected On: 25/02/2023 10:43 AM Received On: 25/02/2023 10:44 AM Reported On: 25/02/2023 12:00 PM

Barcode : 402302250132 Specimen : Plasma Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7698448771

	BIOCHEN	AISTRY	
Test	Result	Unit	<b>Biological Reference Interval</b>
Fasting Blood Sugar (FBS) (Colorimetric (Glucose	169.80 H	mg/dL	65.0-110.0
Oxidase Hydrogen Peroxidase))			Press of Parks

--End of Report-

Dr. Anil Sharma MBBS , MD ( Microbiology ) Senior Consultant

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Final Report

## DEPARTMENT OF LABORATORY MEDICINE

 Patient Name : Ms Reena Tiwari MRN : 15010000452569 Gender/Age : FEMALE , 37y (22/08/1985)

 Collected On : 25/02/2023 10:43 AM Received On : 25/02/2023 10:56 AM Reported On : 25/02/2023 01:12 PM

 Barcode : 482302250033 Specimen : Urine Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7698448771

	CLINICAL PAT	HOLOGY	
Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	25 H	ml	0.0-0.0
Colour	Pale Yellow		·
Appearance	Clear		0-36500
CHEMICAL EXAMINATION			
pH(Reaction)	6.0	· * *	4.5-9.0
Sp. Gravity	1.015		1.002-1.03
Protein	Negative		0-0
Urine Glucose	Negative		0-0
MICROSCOPIC EXAMINATION			
Pus Cells	1-2	/hpf	•
RBC	Nil	/hpf	The start of the Bill
Epithelial Cells	1-2	/hpf	
Crystals	Nil		
Casts	Nil		-
	End of Re	eport-	

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Unit of Narayana Health

Patient Name : Ms Reena Tiwari MRN : 15010000452569 Gender/Age : FEMALE , 37y (22/08/1985)

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

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**Final Report** 

#### Unit of Narayana Health

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Patient Name : Ms Reena Tiwari MRN : 15010000452569 Gender/Age : FEMALE , 37y (22/08/1985)

Collected On: 25/02/2023 10:43 AM Received On: 25/02/2023 10:56 AM Reported On: 25/02/2023 01:11 PM

Barcode : 482302250033 Specimen : Urine Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7698448771

**CLINICAL PATHOLOGY** Result NEGATIVE

--End of Report-

Unit

Urine For Sugar (Fasting)

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

#### Note

Test

Abnormal results are highlighted.

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1800-309-0309 (Toll Free)

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Appointments

#### Narayana Multispeciality Hospital

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**Final Report** 

## DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Ms Reena TiwariMRN : 15010000452569Gender/Age : FEMALE , 37y (22/08/1985)Collected On : 25/02/2023 02:30 PMReceived On : 25/02/2023 02:31 PMReported On : 25/02/2023 03:20 PMBarcode : 402302250354Specimen : PlasmaConsultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7698448771

	BIOCHE	MISTRY	
Test	Result	Unit	<b>Biological Reference Interval</b>
Post Prandial Blood Sugar (PPBS) (GOD/POD)	172 H	mg/dL	70.0-139.0

--End of Report-

Dr. Anil Sharma MBBS , MD ( Microbiology ) Senior Consultant

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Final Report

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 Patient Name : Ms Reena Tiwari MRN : 15010000452569 Gender/Age : FEMALE , 37y (22/08/1985)

 Collected On : 25/02/2023 10:43 AM Received On : 25/02/2023 10:44 AM Reported On : 25/02/2023 11:50 AM

 Barcode : 412302250080 Specimen : Whole Blood Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

 Sample adequage: Satisfactory Mick Number 2000 Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7698448771

	HAEMA	ATOLOGY	
Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	12.8	g/dL	12.0-16.0
Red Blood Cell Count (Electrical Impedance)	4.39	millions/ μL	3.8-5.8
PCV (Packed Cell Volume) / Hematocrit (Calculated)	35.1 L	%	36.0-48.0
MCV (Mean Corpuscular Volume) (Derived)	80	fL	78.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	29.2 L	pg	32.0-35.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	36.5 H	g/L	25.0-32.0
Red Cell Distribution Width (RDW)	13.1	%	12.0-18.0
Platelet Count (Electrical Impedance Plus Microscopy)	247	Thousand / μL	150.0-400.0
Total Leucocyte Count(WBC) (Electrical Impedance / Flow Cytometric)	5.1	Thous/cumm	4.0-10.0
DIFFERENTIAL COUNT (DC)			Market in the second
Neutrophils	58.3	%	40.0-75.0
Lymphocytes	36.2	%	15.0-45.0
Monocytes	2.5 L	%	4.0-13.0
Eosinophils	2.3	%	0.5-7.0
Basophils	0.7	%	0.0-2.0

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Patient Name: Ms Reena Tiwari MRN: 1	15010000452569 Gend	er/Age : FEMALE , 37y (22,	/08/1985)
Absolute Neutrophil Count	2.97	Thousand / μL	1.5-7.0
Absolute Lympocyte Count	1.85	Thousand / µL	1.0-4.0
Absolute Monocyte Count	0.13 L	Thousand / μL	0.2-0.8
Absolute Eosinophil Count	0.12	Thousand / µL	0.0-0.2
Absolute Basophil Count	0.04	Thousand / μL	0.0-0.2

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report-

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

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**Final Report** 

## DEPARTMENT OF LABORATORY MEDICINE

 Patient Name : Ms Reena Tiwari MRN : 15010000452569 Gender/Age : FEMALE , 37y (22/08/1985)

 Collected On : 25/02/2023 10:43 AM Received On : 25/02/2023 10:44 AM Reported On : 25/02/2023 11:59 AM

 Barcode : 402302250134 Specimen : Whole Blood Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7698448771

	BIOCHEN	AISTRY	and the state of the state
Test	Result	Unit	<b>Biological Reference Interval</b>
HBA1C			
HbA1c	9.4 H	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	223.09 H	mg/dL	<140.0

#### Interpretation:

1. HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.

2. HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.

3. Any sample with >15% should be suspected of having a haemoglobin variant.

#### --End of Report-

Dr. Anil Sharma MBBS , MD ( Microbiology ) Senior Consultant

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# Appointments 1800-309-0309 (Toll Free)

#### NARAYANA MULTISPECIALITY HOSPITAL RAJASTHAN JAIPUR

Station Telephone:



## EXERCISE STRESS TEST REPORT

Patient Name: MRS REENA TIWARI, Patient ID: 452569 Height: Weight:

Study Date: 25.02.2023 Test Type: Treadmill Stress Test Protocol: BRUCE

Medications:

Medical History:

# Reason for Exercise Test:

Screening for CAD Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:15	0.00	0.00	90	120/80	
	STANDING	00:15	0.00	0.00	86		
District of the	HYPERV.	00:15	0.00	0.00	93		
	WARM-UP	00:37	1.60	0.00	107		
EXERCISE	STAGE 1	03:00	2.70	10.00	134	130/80	
	STAGE 2	03:00	4.00	12.00	151	140/80	
	STAGE 3	01:31	5.50	14.00	169		
RECOVERY		04:04	0.00	0.00	103	130/80	

The patient exercised according to the BRUCE for 7:31 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 93 bpm rose to a maximal heart rate of 169 bpm. This value represents 92 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved. Interpretation

Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: ... Overall impression: ... <u>Conclusions</u> NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD. PLEASE CORRELATE CLINICALLY.

Physician\_

Technician

#### Narayana Multispeciality Hospital

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Emergencies 99837-32222

DOB: 22.08.1985 Age: 37yrs Gender: Female Race: Indian

Unit of Narayana Health

Referring Physician: DR.SITA RAM GUPTA Attending Physician: DR.DEEPAK GARG Technician: MS.ANJALI SINGH

A MRS REENA MRS REENA D2.2023 D2.2025 D2.202	569 Female 37yrs Indian Meds: Test Reason: Medical Histo Ref. MD: DR	<ul> <li>Female</li> <li>37yrs Indian</li> <li>Meds:</li> <li>Test Reason: Screening for CAD</li> <li>Medical History:</li> <li>Ref. MD: DR.SITA RAM GUPTA Ordering MD:</li> <li>Technician: MS.ANJALI SINGH Test Type: Treadmill Stress Test</li> </ul>						NARAYANA MULTISPECIALITY HOSPIT BRUCE: Total Exercise Time 07:31 Max HR: 169 bpm 92% of max predicted 183 bpm HR at rest: 93 Max BP: 140/80 mmHg BP at rest: 120/80 Max RPP: 21000 mmHg*bpm Maximum Workload: 10.20 METS Max. ST: -1.40 mm, 0.00 mV/s in III; EXERCISE STAGE 2 04:30 Arrhythmia: A:23, PSVC:1 ST/HR index: 1.85 μV/bpm Reasons for Termination: Target heart rate achieved Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: Overall impression: Conclusion: NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD.				
Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)		E CORRELATE RPP (mmHg*bpm	VE	ALLY. ST Level (III mm)	Comment	
PRETEST	SUPINE STANDING HYPERV.	00:15 00:15 00:15	0.00 0.00 0.00	0.00 0.00 0.00	1.0 1.0 1.0	90 86 93	120/80	10800	0 0 0	0.20 0.10 0.10		
EXERCISE	WARM-UP STAGE 1 STAGE 2	00:15 00:37 03:00 03:00	1.60 2.70 4.00	0.00 0.00 10.00 12.00	1.0 1.4 4.6 7.0	107 134 151	130/80 140/80	17420 21140	0 0 0	0.10 -0.65 -0.85		
RECOVERY	STAGE 3	01:31 04:04	5.50 0.00	14.00 0.00	10.2 1.0	169 103	130/80	13390	0 0	-1.15 -0.05		

Emergencies 99837-32222

Appointments 1800-309-0309 (Toll Free)

Appointments

Unconfirmed

Attending MD: DR.DEEPAK GARG

Unit of Narayana Health

Multispeciality Hospital

Narayana

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MRN No: 1 PATIENT'S NAME: 1 DR. NAME: 1

15010000452569 Da MS. REENA TIWARI A DR. SITA RAM GUPTA

Date Age/Sex: 25/02/2023 37 Yrs./F

# **ULTRASOUND STUDY OF ABDOMEN & PELVIS**

Liver: - Is mildly enlarged in size and mildly bright in echotexture. No evidence of any mass lesion is

seen. Bilobar Intrahepatic biliary radicals are not dilated.

Gall Bladder: - Is distended. Lumen is clear. Wall thickness is normal.

CBD: - Normal in calibre. No calculus is seen in visualized part of CBD.

Portal Vein: - Normal in calibre.

Pancreas: - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

Spleen: - Normal in size & echotexture. No focal lesion is seen.

<u>Right Kidney</u>: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

Left Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation

is maintained. There is no evidence of calculus or hydronephrosis.

Urinary Bladder: is distended. No calculus or mass lesion is seen. Wall thickness is normal.

Uterus: Normal in size, shape & position. Endometrial thickness is 10 mm.

Both ovaries:- Bilateral ovaries are normal in size & shape.

Others: No free fluid is seen in abdomen.

Impression: USG findings are suggestive of:-

Mild hepatomegaly with mild fatty changes in liver.

Correlate clinically & with other related investigations.

Dr. Swati Jain Consultant Radiologist Dr. Vijay Kumar Sharma Consultant Radiologist

Dr. Sunny Maharwal Consultant Radiologist

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Narayana Multispeciality Hospital

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