

Name : Mr. MANISH KUMAR (36 /M)

Date : 09/12/2022

Address : FLAT NO-911, 9TH FLOOR, EVEREST TOWER, GODREJ PRAKRITI, B T ROAD,  
SODEPUR, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002057314

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS  
WITH TMT/ECHO)

AHC No : AMHLAH162547



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Dyslipidemia,  
Thyroid disorder, Heart  
disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY :10/12/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits -  
not regular; Piles - no; Hernia - no

### Genitourinary system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
Back (lower) - pain

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Nil



### Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - No

Jaundice - in childhood



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married

No. of children - 1

Female - 1

Diet - Vegetarian

Alcohol - consumes alcohol  
occasionally

Frequency - yearly

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - alive

Aged - 66

Mother - alive

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Aged	- 52
Brothers	- 1
Sisters	- 1
Diabetes	- father,mother
Hypertension	- father,mother
Coronary artery disease	- none
Cancer	- None

## PHYSICAL EXAMINATION



### General

Build	- over weight
Height	- 170
Weight	- 83.6
BMI	- 28.93
Pallor	- No
Oedema	- no



### Cardiovascular system

Heart rate (Per minute)	- 106
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 144
Diastolic(mm of Hg)	- 102
Heart sounds	- S1S2+

### Respiratory system

Breath sounds	- Normal vesicular breath sounds
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### Abdomen

Organomegaly	- No
Tenderness	- No



### Skin

- No significant finding

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.2	g/dl	●	13.0-17.0
RBC COUNT	4.24 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	39.5 *	%	●	41-53
MCV	93.1	fl	●	83-101
MCH	31.2	pg	●	27-32
MCHC	33.5	%	●	31.5-34.5
RDW	15.2 *	%	●	11.8-14.0
WBC Count	5800	/cu mm	●	4000-10000
Platelet Count	1.62	lacs/cu mm	●	1.5-4.0
Neutrophils	71	%	●	40-80
Lymphocytes	20	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	17 *	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	1-2	/hpf
Epithelial Cells	Occasional/hpf	
Casts:	Not Found	
Crystals:	Not Found	
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.	

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	109 *	U/L	●	10-40
ALBUMIN - SERUM	4.7	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	101	U/L	●	53-128
AST (SGOT) - SERUM	68 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.9 *	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    
 ● Borderline High/Low    
 ● Out of Range

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CHOLESTEROL - SERUM 175 mg/dL ● 0-200

VLDL CHOLESTEROL - SERUM (Calculated) 25 mg/dL ● 0-35

**CREATININE - SERUM**

Test Name Result Unit Level Range  
CREATININE - SERUM 0.6 \* mg/dL ● 0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
PROTEIN TOTAL - SERUM 7.5 g/dL ● 6.4-8.3  
GLOBULIN: (CALCULATED) - SERUM 2.8 g/dL ● 1.8-3.6

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 52 U/L ● 7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TOTAL T3: TRI IODOTHYRONINE - SERUM 2.0 ng/ml ● 0.8-2  
TOTAL T4: THYROXINE - SERUM 11.2 µg/dL ● 5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (FASTING) 106 \* mg/dL ● 70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
TRIGLYCERIDES - SERUM 63 mg/dL ● 0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (POST PRANDIAL) 177 \* mg/dL ● 70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM 3.3 µIU/mL ● 0.270-4.200

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name Result Unit Level Range  
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.1 % ●  
Nondiabetic : 4 - 5.6 %  
Prediabetics : 5.7 - 6.4%  
Diabetes : >= 6.5%  
ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
URIC ACID - SERUM 6.8 mg/dL ● 3.5-7.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM 40 mg/dL ● 30-70

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.3 \* mg/dL ● 0.0-0.2

LDL CHOLESTEROL -SERUM 110 mg/dL ● Optimal: <100

**BUN (BLOOD UREA NITROGEN)**

Test Name Result Unit Level Range  
BUN (BLOOD UREA NITROGEN) 10.6 mg/dL ● 7.0-18.0

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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.6:1.0			1.0-2.0

### ECG

SINUS RHYTHM.  
LOW VOLATAGE T WAVES IN INFERO-LATERAL LEADS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

**Dr.SUCHISMITA BHAUMIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.