



| SRL Ltd |
|---|
| S.K. Tower,Hari Niwas, LBS Marg |
| THANE, 400602 |
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| Tel: 9111591115, Fax: CIN - U74899PB1995PLC045956 |
| Email : customercare.thane@srl.in |

| 8800465156 | | | | | |
|--|---------------------------------|------------------|------|--------------------|-------------------|
| PATIENT NAME : SNE | HAL SONEKAR | | | PATIENT ID | SNEHF231088181 |
| ACCESSION NO : 0181 | WC000542 AGE : 34 Ye | ars SEX : Male | | | |
| DRAWN : | RECEIVED : | 11/03/2023 08:11 | | REPORTED : 15/03, | /2023 11:54 |
| REFERRING DOCTOR : S | SELF | | | CLIENT PATIEN | TID : |
| Test Report Status | Final | Results | | Biological Referen | ce Interval Units |
| | | | | - | |
| MEDI WHEEL FULL BO | DY HEALTH CHECK UP BI | ELOW 40 MALE | | | |
| BLOOD COUNTS,EDTA | WHOLE BLOOD | | | | |
| HEMOGLOBIN (HB) | | 13.6 | | 13.0 - 17.0 | g/dL |
| METHOD : SLS- HEMOGLOBIN | DETECTION METHOD | | | | 5, |
| RED BLOOD CELL (RBC) | COUNT | 5.49 | | 4.5 - 5.5 | mil/µL |
| METHOD : HYDRODYNAMIC FO | | | | | |
| WHITE BLOOD CELL (WE | BC) COUNT | 6.88 | | 4.0 - 10.0 | thou/µL |
| METHOD : FLUORESCENCE FLO | | | | | |
| PLATELET COUNT | | 215 | | 150 - 410 | thou/µL |
| METHOD : HYDRODYNAMIC FO | CUSING BY DC DETECTION | | | | |
| RBC AND PLATELET IN | NDICES | | | | |
| HEMATOCRIT (PCV) | | 43.3 | | 40.0 - 50.0 | % |
| METHOD : CUMULATIVE PULSE | E HEIGHT DETECTION METHOD | | | | |
| MEAN CORPUSCULAR VO | DLUME (MCV) | 78.9 | Low | 83.0 - 101.0 | fL |
| METHOD : CALCULATED FROM | RBC & HCT | | | | |
| MEAN CORPUSCULAR HE | EMOGLOBIN (MCH) | 24.8 | Low | 27.0 - 32.0 | pg |
| METHOD : CALCULATED FROM | THE RBC & HGB | | | | |
| MEAN CORPUSCULAR HE CONCENTRATION (MCHO METHOD : CALCULATED FROM | C) | 31.4 | Low | 31.5 - 34.5 | g/dL |
| RED CELL DISTRIBUTION | N WIDTH (RDW) | 13.5 | | 11.6 - 14.0 | % |
| METHOD : CALCULATED FROM | RBC SIZE DISTRIBUTION CURVE | | | | |
| MENTZER INDEX | | 14.4 | | | |
| MEAN PLATELET VOLUM | E (MPV) | 12.4 | High | 6.8 - 10.9 | fL |
| METHOD : CALCULATED FROM | PLATELET COUNT & PLATELET HEMAT | TOCRIT | | | |
| WBC DIFFERENTIAL C | OUNT | | | | |
| NEUTROPHILS | | 52 | | 40 - 80 | % |
| METHOD : FLOW CYTOMETRY V | NITH LIGHT SCATTERING | | | | |
| LYMPHOCYTES | | 39 | | 20 - 40 | % |
| METHOD : FLOW CYTOMETRY V | NITH LIGHT SCATTERING | | | | |
| MONOCYTES | | 5 | | 2 - 10 | % |
| METHOD : FLOW CYTOMETRY V | NITH LIGHT SCATTERING | | | | |
| EOSINOPHILS | | 4 | | 1 - 6 | % |
| METHOD : FLOW CYTOMETRY V | NITH LIGHT SCATTERING | | | | |
| ABSOLUTE NEUTROPHIL | COUNT | 3.55 | | 2.0 - 7.0 | thou/µL |
| METHOD : FLOW CYTOMETRY V | WITH LIGHT SCATTERING | | | | |
| | | | | | |









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| ABSOLUTE LYMPHOCYTE COUNT METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING | 2.68 | | 1.0 - 3.0 | thou/µL | |
| ABSOLUTE MONOCYTE COUNT METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING | 0.32 | | 0.2 - 1.0 | thou/µL | |
| ABSOLUTE EOSINOPHIL COUNT METHOD : FLOW CYTOMETRY WITH LIGHT SCATTERING | 0.28 | | 0.02 - 0.50 | thou/µL | |
| NEUTROPHIL LYMPHOCYTE RATIO (NLR) MORPHOLOGY | 1.3 | | | | |
| RBC | NORMOCYTIC NOF | | MIC | | |
| WBC METHOD : MICROSCOPIC EXAMINATION | NORMAL MORPHO | | | | |
| PLATELETS | ADEQUATE | | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR),V | - | | | | |
| BLOOD | VHOLE | | | | |
| E.S.R | 2 | | < 15 | mm at 1 hi | |
| GLUCOSE FASTING,FLUORIDE PLASMA | | | | | |
| FBS (FASTING BLOOD SUGAR) | 91 | | Normal 75 - 99 Pre-diabetics: 100 – 125 Diabetic: > or = 126 | mg/dL | |
| METHOD : ENZYMATIC REFERENCE METHOD WITH HEXOKINASE | | | | | |
| GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA ' BLOOD | | | | | |
| HBA1C METHOD : HPLC | 5.9 | High | Non-diabetic Adult < 5.7 Pre-diabetes 5.7 - 6.4 Diabetes diagnosis: > or = 6.5 Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021) | % | |
| ESTIMATED AVERAGE GLUCOSE(EAG) METHOD : CALCULATED PARAMETER | 122.6 | High | < 116.0 | mg/dL | |
| GLUCOSE, POST-PRANDIAL, PLASMA | | | | | |
| PPBS(POST PRANDIAL BLOOD SUGAR) METHOD : ENZYMATIC REFERENCE METHOD WITH HEXOKINASE | 89 | | 70 - 139 | mg/dL | |
| | | | | <i>,</i> | |
| CHOLESTEROL, TOTAL | 163 | | Desirable cholesterol level < 200 Borderline high cholesterol 200 - 239 High cholesterol | mg/dL | |





> / = 240





CLIENT CODE: C000138394

CLIENT'S NAME AND ADDRESS : ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

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PATIENT NAME : SNEHAL SONEKAR PATIENT ID: SNEHF231088181 ACCESSION NO : 0181WC000542 AGE : 34 Years SEX : Male RECEIVED : 11/03/2023 08:11 DRAWN : **REPORTED** : 15/03/2023 11:54 REFERRING DOCTOR : SELF CLIENT PATIENT ID: **Test Report Status** Results Biological Reference Interval Units <u>Final</u> METHOD : ENZYMATIC COLORIMETRIC ASSAY TRIGLYCERIDES 99 Normal: < 150 mg/dL Borderline high: 150 - 199 High: 200 - 499 Very High: >/= 500METHOD : ENZYMATIC COLORIMETRIC ASSAY HDL CHOLESTEROL mg/dL 38 Low Low HDL Cholesterol <40 High HDL Cholesterol >/= 60 METHOD : ENZYMATIC, COLORIMETRIC High Adult levels: CHOLESTEROL LDL 105 mg/dL Optimal < 100 Near optimal/above optimal: 100-129 Borderline high: 130-159 High : 160-189 Very high : = 190METHOD : ENZYMATIC COLORIMETRIC ASSAY NON HDL CHOLESTEROL 125 Desirable : < 130 mg/dL Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220VERY LOW DENSITY LIPOPROTEIN 19.8 < OR = 30.0mg/dL CHOL/HDL RATIO 4.3 Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0 LDL/HDL RATIO 2.8 0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk LIVER FUNCTION PROFILE, SERUM BILIRUBIN, TOTAL 0.53 Upto 1.2 mg/dL METHOD : COLORIMETRIC DIAZO BILIRUBIN, DIRECT 0.26 < 0.30 mg/dL BILIRUBIN, INDIRECT 0.27 0.1 - 1.0 mg/dL TOTAL PROTEIN 7.0 6.0 - 8.0 g/dL METHOD : COLORIMETRIC 3.97 - 4.94 ALBUMIN 4.4 g/dL METHOD : COLORIMETRIC GLOBULIN 2.6 2.0 - 3.5 g/dL ALBUMIN/GLOBULIN RATIO 1.7 1.0 - 2.1 RATIO









SNEHF231088181

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REPORTED :

PATIENT ID:

CLIENT PATIENT ID:

15/03/2023 11:54

| ACCESSION NO : | 0181WC000542 | AGE : | 34 Years | SEX : Male |
|----------------|--------------|-------|--------------|--------------|
| DRAWN : | | RECE | IVED : 11/03 | 3/2023 08:11 |
| REFERRING DOCT | OR: SELF | | | |

Test Report Status Results Biological Reference Interval Units <u>Final</u> < OR = 50 U/L ASPARTATE AMINOTRANSFERASE (AST/SGOT) 19 METHOD : UV ABSORBANCE ALANINE AMINOTRANSFERASE (ALT/SGPT) < OR = 50 U/L 21 METHOD : UV ABSORBANCE ALKALINE PHOSPHATASE 40 - 129 65 U/L METHOD : COLORIMETRIC GAMMA GLUTAMYL TRANSFERASE (GGT) 0 - 60U/L 15 METHOD : ENZYMATIC, COLORIMETRIC LACTATE DEHYDROGENASE 154 125 - 220 U/L METHOD : UV ABSORBANCE **BLOOD UREA NITROGEN (BUN), SERUM BLOOD UREA NITROGEN** 11 6 - 20 mg/dL METHOD : ENZYMATIC ASSAY **CREATININE, SERUM** CREATININE 0.84 0.7 - 1.2 mg/dL METHOD : COLORIMETRIC **BUN/CREAT RATIO BUN/CREAT RATIO** 13.10 8.0 - 15.0 URIC ACID, SERUM URIC ACID 4.6 3.4 - 7.0 mg/dL METHOD : ENZYMATIC COLORIMETRIC ASSAY TOTAL PROTEIN, SERUM TOTAL PROTEIN 7.0 6.0 - 8.0 g/dL METHOD : COLORIMETRIC ALBUMIN, SERUM 3.97 - 4.94 ALBUMIN 4.4 g/dL METHOD : COLORIMETRIC GLOBULIN GLOBULIN 2.6 2.0 - 3.5 g/dL ELECTROLYTES (NA/K/CL), SERUM SODIUM, SERUM 140 136 - 145 mmol/L POTASSIUM, SERUM 3.5 - 5.1 4.68 mmol/L CHLORIDE, SERUM 105 98 - 107 mmol/L PHYSICAL EXAMINATION, URINE COLOR PALE YELLOW APPEARANCE CLEAR









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| REFERRING DOCTOR : SELF | | CLIENT PATIENT ID | : |
| Test Report Status <u>Final</u> | Results | Biological Reference 1 | Interval Units |
| CHEMICAL EXAMINATION, URIN | IF | | |
| РН | 6.0 | 5.00 - 7.50 | |
| SPECIFIC GRAVITY | 1.015 | 1.010 - 1.030 | |
| PROTEIN | NOT DETECTED | NOT DETECTED | |
| GLUCOSE | NOT DETECTED | NOT DETECTED | |
| KETONES | NOT DETECTED | NOT DETECTED | |
| BLOOD | NOT DETECTED | NOT DETECTED | |
| UROBILINOGEN | NORMAL | NORMAL | |
| NITRITE | NOT DETECTED | NOT DETECTED | |
| LEUKOCYTE ESTERASE | NOT DETECTED | NOT DETECTED | |
| MICROSCOPIC EXAMINATION, U | | | |
| RED BLOOD CELLS | NOT DETECTED | NOT DETECTED | /HPF |
| PUS CELL (WBC'S) | 0-1 | 0-5 | /HPF |
| EPITHELIAL CELLS | 3-5 | 0-5 | /HPF |
| CASTS | NOT DETECTED | | <i>,</i> |
| CRYSTALS | NOT DETECTED | | |
| BACTERIA | NOT DETECTED | NOT DETECTED | |
| YEAST | NOT DETECTED | NOT DETECTED | |
| THYROID PANEL, SERUM | | | |
| тз | 121.0 | 80 - 200 | ng/dL |
| METHOD : ELECTROCHEMILUMINESCENCE | | 00 200 | |
| T4 | 9.83 | 5.1 - 14.1 | µg/dL |
| METHOD : ELECTROCHEMILUMINESCENCE | | | |
| TSH (ULTRASENSITIVE) | 1.360 | 0.27 - 4.2 | µIU/mL |
| METHOD : ELECTROCHEMILUMINESCENCE | | | |
| PHYSICAL EXAMINATION, STOO | L | | |
| COLOUR | BROWN | | |
| METHOD : VISUAL | WELL 500150 | | |
| CONSISTENCY | WELL FORMED | | |
| METHOD : VISUAL MUCUS | ABSENT | NOT DETECTED | |
| METHOD : VISUAL | ADJLINI | | |
| VISIBLE BLOOD | ABSENT | ABSENT | |
| METHOD : VISUAL | | | |

CHEMICAL EXAMINATION, STOOL









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| OCCULT BLOOD | NOT DETECTED | NOT DETECTED | |
| METHOD : HEMOSPOT | | | |
| MICROSCOPIC EXAMINATION, STOOL | | | |
| PUS CELLS | 0-1 | /hpf | |
| RED BLOOD CELLS | NOT DETECTED | NOT DETECTED /HPF | |
| METHOD : MICROSCOPIC EXAMINATION | | | |
| CYSTS | NOT DETECTED | NOT DETECTED | |
| METHOD : MICROSCOPIC EXAMINATION | | | |
| OVA | NOT DETECTED | | |
| METHOD : MICROSCOPIC EXAMINATION | | | |
| LARVAE | NOT DETECTED | NOT DETECTED | |
| METHOD : MICROSCOPIC EXAMINATION | | | |
| TROPHOZOITES | NOT DETECTED | NOT DETECTED | |
| METHOD : MICROSCOPIC EXAMINATION | | | |
| FAT | ABSENT | | |
| VEGETABLE CELLS | PRESENT | | |
| CONCENTRATION METHOD | NO OVA CYST SEEN AFTE FOR STOOL SAMPLE | R PERFORMING CONCENTRATION TECHNIQUE | |
| ABO GROUP & RH TYPE, EDTA WHOLE BLOOD | | | |
| ABO GROUP | TYPE O | | |
| METHOD : GEL COLUMN AGGLUTINATION METHOD. | | | |
| RH TYPE | POSITIVE | | |
| METHOD : GEL COLUMN AGGLUTINATION METHOD. | | | |
| XRAY-CHEST | | | |
| IMPRESSION | NO ABNORMALITY DETEC | IED | |
| TMT OR ECHO | | | |
| TMT OR ECHO | NEGATIVE | | |
| ECG | | | |
| ECG | WITHIN NORMAL LIMITS | | |
| MEDICAL HISTORY | | | |
| RELEVANT PRESENT HISTORY | NOT SIGNIFICANT | | |
| RELEVANT PAST HISTORY | NOT SIGNIFICANT | | |
| RELEVANT PERSONAL HISTORY | MARRIED / MIXED DIET, ALCOHOL. | / NO ALLERGIES / NO SMOKING / NO | |
| RELEVANT FAMILY HISTORY | NOT SIGNIFICANT | | |
| OCCUPATIONAL HISTORY | NOT SIGNIFICANT | | |









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| HISTORY OF MEDICATIONS | NOT SIGNIFICANT | | | | |
| ANTHROPOMETRIC DATA & BMI | | | | | |
| HEIGHT IN METERS | 1.74 | | mts | | |
| WEIGHT IN KGS. | 63 | | Kgs | | |
| ВМІ | 21 | BMI & Weight Status as foll Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese | - | | |
| GENERAL EXAMINATION | | | | | |
| MENTAL / EMOTIONAL STATE | NORMAL | | | | |
| PHYSICAL ATTITUDE | NORMAL | | | | |
| GENERAL APPEARANCE / NUTRITIONAL STATUS | HEALTHY | | | | |
| BUILT / SKELETAL FRAMEWORK | AVERAGE | | | | |
| FACIAL APPEARANCE | NORMAL | | | | |
| SKIN | NORMAL | | | | |
| UPPER LIMB | NORMAL | | | | |
| LOWER LIMB | NORMAL | | | | |
| NECK | NORMAL | | | | |
| NECK LYMPHATICS / SALIVARY GLANDS | NOT ENLARGED OR TEN | IDER | | | |
| THYROID GLAND | NOT ENLARGED | | | | |
| CAROTID PULSATION | NORMAL | | | | |
| BREAST (FOR FEMALES) | NORMAL | | | | |
| TEMPERATURE | NORMAL | | | | |
| PULSE | 60/MIN.REGULAR, ALL BRUIT | PERIPHERAL PULSES WELL FELT, | NO CAROIID | | |
| RESPIRATORY RATE | NORMAL | | | | |
| CARDIOVASCULAR SYSTEM | | | | | |
| BP | 113/74 MM HG | | mm/Hg | | |
| PERICARDIUM | (SUPINE) NORMAL | | | | |
| APEX BEAT | NORMAL | | | | |
| HEART SOUNDS | NORMAL | | | | |
| MURMURS | ABSENT | | | | |
| RESPIRATORY SYSTEM | | | | | |
| SIZE AND SHAPE OF CHEST | NORMAL | | | | |









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REFERRING DOCTOR : SELF

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|---|-----------------------|------------------------------|-------------------------------|-------|
| | - | SYMMETRICAL | | |
| MOVEMENTS OF CHEST BREATH SOUNDS INTER | | NORMAL | | |
| | - | | | |
| BREATH SOUNDS QUAL ADDED SOUNDS | _111 | VESICULAR (NORMAL) ABSENT | | |
| PER ABDOMEN | | ADSENT | | |
| - | | ΝΟΡΜΑΙ | | |
| APPEARANCE | | NORMAL | | |
| VENOUS PROMINENCE | | ABSENT | | |
| | | NOT PALPABLE | | |
| SPLEEN | | NOT PALPABLE | | |
| HERNIA | WOTEN | ABSENT | | |
| CENTRAL NERVOUS | ISIEM | NORMAL | | |
| HIGHER FUNCTIONS | | NORMAL | | |
| CRANIAL NERVES | | NORMAL | | |
| CEREBELLAR FUNCTION | 15 | NORMAL | | |
| SENSORY SYSTEM | | NORMAL | | |
| MOTOR SYSTEM | | NORMAL | | |
| REFLEXES | | NORMAL | | |
| MUSCULOSKELETAL | SYSTEM | | | |
| SPINE | | NORMAL | | |
| JOINTS | | NORMAL | | |
| BASIC EYE EXAMINA | TION | | | |
| CONJUNCTIVA | | NORMAL | | |
| EYELIDS | | NORMAL | | |
| EYE MOVEMENTS | | NORMAL | | |
| CORNEA | | NORMAL | | |
| DISTANT VISION RIGH | T EYE WITHOUT GLASSES | REDUCED VISUAL ACUITY | 5/24 | |
| DISTANT VISION LEFT | EYE WITHOUT GLASSES | REDUCED VISUAL ACUITY | 5/24 | |
| NEAR VISION RIGHT | E WITHOUT GLASSES | WITHIN NORMAL LIMIT | | |
| NEAR VISION LEFT EYE | WITHOUT GLASSES | WITHIN NORMAL LIMIT | | |
| COLOUR VISION | | NORMAL | | |
| SUMMARY | | | | |
| RELEVANT HISTORY | | NOT SIGNIFICANT | | |
| RELEVANT GP EXAMINA | ATION FINDINGS | NOT SIGNIFICANT | | |
| | | | | |









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| REMARKS / RECOMMENDATIONS | WEIGHT LOSS -LOW F. | AT, LOW CARBOHYDRATE, HIGH FIBRE DIET. |

WEIGHT LOSS -LOW FAT, LOW CARBOHYDRATE, HIGH FIBRE DIET. REGULAR EXERCISE, REGULAR WALK FOR 30-40 MIN DAILY. REPEAT BLOOD SUGAR AFTER 3 MONTHS OF DIET AND EXERCISE. OPHTHALMOLOGY CONSULT FOR REDUCED VISUAL ACUITY. DRINK 3-4 LIT WATER DAILY. UROLOGY CONSULT FOR RENAL CALCULI

Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13)

from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFRENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR <

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-**TEST DESCRIPTION** :-Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging,

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias,

Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis). In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia False Decreased : Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine,

salicylates)

REFERENCE

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals, AACC Press, 7th edition, Edited by S. Soldin 3. The reference for The adult reference range is "Practical Haematology by Dacie and Lewis, 10th edition. GLUCOSE FASTING, FLUORIDE PLASMA-**TEST DESCRIPTION**

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

Increased in:Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides. Decreased in :Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency,hypopituitarism,diffuse liver disease,

malignancy(adrenocortical,stomach,fibrosarcoma),infant of a diabetic mother,enzyme deficiency diseases(e.g.galactosemia),Drugs-insulin,ethanol,propranolol sulfonylureas,tolbutamide,and other oral hypoglycemic agents.

NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within

individuals. Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control. High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.



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| Test Report Status <u>Final</u> | Results | Biological Reference Interval Units |
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| REFERRING DOCTOR : SELF | | CLIENT PATIENT ID : |
| DRAWN : | RECEIVED : 11/03/2023 08:11 | REPORTED : 15/03/2023 11:54 |
| ACCESSION NO : 0181WC000542 | AGE: 34 Years SEX: Male | |
| PATIENT NAME : SNEHAL SON | EKAR | PATIENT ID : SNEHF231088181 |

2. Diagnosing diabetes.

3. Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbALC (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for

well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range. 1. eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

cAG gives an evaluation of blood glucose levels for the last couple of months.
cAG is calculated as eAG (mg/dl) = 28.7 * HbA1c - 46.7

HbA1c Estimation can get affected due to :

1. Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss,hemolytic anemia) will falsely lower HbA1c test results. Fructors anine is recommended in these patients which indicates diabetes control over 15 days. 2.Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin. 3. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia,uremia, hyperbilirubinemia, chronic alcoholism,chronic ingestion of salicylates & opiates

addiction are reported to interfere with some assay methods, falsely increasing results. 4. Interference of hemoglobinopathies in HbA1c estimation is seen in

a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.

b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c) HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, (undirect) bilirubin in Viral hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elsevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood.ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts, archaesed and bile are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain

and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.

Total Protein also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic syndrome, Protein-losing enteropathy etc.

Albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc

BLODD UREA NITROGEN (BUN), SERUM-**Causes** of **Increased** levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to:

• Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia) Lower than normal level may be due to:• Myasthenia Gravis, Muscuophy

URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome **Causes of decreased levels**-Low Zinc intake,OCP,Multiple Sclerosis TOTAL PROTEIN, SERUM-is a biochemical test for measuring the total amount of protein in serum.Protein in the plasma is made up of albumin and globulin.

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns,





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hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc. ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods. MEDICAL

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.









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ΡΔΠΕΝΤΙΟ ·

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ULTRASOUND ABDOMEN

ULTRASOUND ABDOMEN

Bilateral renal non obstructive calculi.

End Of Report Please visit www.srlworld.com for related Test Information for this accession

CONDITIONS OF LABORATORY TESTING & REPORTING

1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form. 2. All tests are performed and reported as per the turnaround time stated in the SRL Directory of Services. 3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event. 4. A requested test might not be performed if:

- i. Specimen received is insufficient or inappropriate
- ii. Specimen quality is unsatisfactory
- iii. Incorrect specimen type

iv. Discrepancy between identification on specimen container label and test requisition form

5. SRL confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.

6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.

7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.

8. Test results cannot be used for Medico legal purposes. 9. In case of queries please call customer care (91115 91115) within 48 hours of the report.

SRL Limited

Fortis Hospital, Sector 62, Phase VIII, Mohali 160062



