

Name : Mr. PARIJAT BASU (34 /M)

Date : 13/05/2023

Address : 752, PO-LAKE TOWN, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST
BENGAL, INDIA

Examined by: Dr .RATNA GUPTA

UHID : AGHL.0001620547

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH
TMT/ECHO)

AHC No : AMHLAH173968



CHIEF COMPLAINTS

For Annual health checkup, For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Asthma
Dyslipidaemia Since - 1 YEAR;
Medication - regular



SYSTEMIC REVIEW

Cardiovascular system

Palpitation - On and off; Exacerbated by - stress; -
shortness of breath; High blood pressure - yes; -
LABILE HYPERTENTION / NOT ON MEDS/ BP
122/ 90 mm Hg today

Respiratory system

- Nil Significant

Oral and dental

- Halitosis; - dental cavities

Gastrointestinal system

Appetite - normal; Bowel habits - regular, incomplete
evacuation; Rectal bleeding - no; Piles - no

Genitourinary system

- Nil Significant

Central nervous system

Head ache - on and off, wakes up with a head ache;
Since - occ; Triggered by - hunger, stress;
Concentration - good; Sleep - adequate

Eyes

Vision - normal; Glasses - no

ENT

- Normal hearing

Musculoskeletal system

Spine and joints
Polyarthralgia - yes; Back (lower) - pain; Elbow
(right) - pain; Neck - pain

Skin

- allergic rash, itching; - on ointment

Weight

- has gained weight; Number of kgs - Put on 10 kg
in 1 year



Present medications

- TONACT TG 10 1 TAB DAILY
CALPSOR C OINTMENT TOPICAL ONCE DAILY;
Compliance - regular



Past medical history

Do you have any drug - No
allergies?
Covid 19 - No
Jaundice - IN CHILDHOOD



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
No. of children - 1
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Sedentary



Family history

Father - has expired
Aged - 45 YEARS

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- PEPTIC ULCER
COMPLICATION

Mother - alive
Aged - 65 YEARS
Sisters - 1
Hypertension - mother,maternal
grandmother,maternal
grandfather
Coronary artery
disease - none
Cancer - uncle
Type - CA THROAT

Eyes

Eye vision - Normal

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/6 LE:6/6
NVA:RE:N6 -
LE:N6OCULAR
MOVEMENT:WNL
ANT.SEG:WNL ADVICE:
* Review after 1yr/SOS

PHYSICAL EXAMINATION



General

Build - Morbid obesity
Height - 183
Weight - 151
BMI - 45.09
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 70
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 122
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Appearance - Obese
Organomegaly - No
Tenderness - No
Bowel sounds - Normal



Central nervous system

- No neurological deficit

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.8	g/dl	●	13.0-17.0
RBC COUNT	4.98	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.3	%	●	41-53
MCV	84.9	fl	●	83-101
MCH	27.7	pg	●	27-32
MCHC	32.6	%	●	31.5-34.5
RDW	14.3 *	%	●	11.8-14.0
WBC Count	8500	/cu mm	●	4000-10000
Platelet Count	3.02	lacs/cu mm	●	1.5-4.0
Neutrophils	58	%	●	40-80
Lymphocytes	33	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	02	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	1-2	/hpf		
Epithelial Cells	0-1			

Casts: Not Found
 Crystals: Not Found
 Note: Biological reference interval
 RBC- 0-2/hpf
 Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	76 *	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	64	U/L	●	53-128
AST (SGOT) - SERUM	54 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	148	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	31	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	89	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	153 *	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.9 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	33	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	95	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	20	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	12.1	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	157 *	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.1	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.2	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.6	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4		●	1.0-2.0

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-II fatty liver.

X-RAY CHEST PA

● Within Normal Range ● Borderline High/Low ● Out of Range

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Normal study.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

CARDIOLOGY

TREADMILL TEST / STRESS TEST

 Within Normal Range  Borderline High/Low  Out of Range

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AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.