

Health Check up Booking Request(bobE3969), Package Code(PKG10000248), Beneficiary Code(31255)

Mediwheel <noreply@mediwheel.in>

Tue, Oct 5, 2021 at 2:19 PM

To: "info@aakashhospital.com" <info@aakashhospital.com>, Mediwheel Admin <santosh@policywneel.com> Cc: Mediwheel CC <wellness1@mediwheel.in>, Mediwheel CC <customercare@mediwheel.in>



011-41195959

. . .

Email:wellness@mediwheel.in

Dear Aakash Hospital,

City: Delhi . Location: .New Delhi,

We have received the following request for Health Check up from

Name

: MR. GUPTA OPENDRA

Age

: 28

Gender

: Male

Member Relations

: Employee

Package Name

: Mediwheel Metro BOB Full Body Health Checkup Male Below 40

Package Code

: PKG10000248

User Location

: Delhi,DELHI,110085

Contact Details

: 9079796119

Booking Date

: 05-10-2021

Appointment Date

: 09-10-2021

	Member Inform	nation		3
Booked Member Name	Age	Gender	Cost(In IN(a)	
MR. GUPTA OPENDRA	28	Male	Cashless	15cm
	Total amount to be paid	Cashless		

Please login to your account to confirm the same. Also you mail us for confirmation

Package Name

Mediwheel Metro BOB Full Body Health Checkup Male Below 40

Includes (37) Tests

Postprandial, A.g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen, Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine,

Tests included in this Package

Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin

Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar

Total & Direct and Indirect, Albumin, Globulin





Care with Concern



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90/43, Malviya Nagar, New Delhi-110017 #011 40501000 (100 Lines), 9871027922 info@aakashhospital.com, wwww.aakashhospital.com

Address :	₹		
Consultant: BA.	Seema Gupto Speciality:	Oflithal	Date: 9/10/21.
Investigations :	Presenting Complaints:	Provisi	onal Diagnosis
	Present History :	Rx for	redical.
Systemic Examination :	Past History :	Vyige J.	6969,
	Family History :	·	
	H/o any Allergy :	lef (- °	2.5 2 m - 6/6 5 m - 6/6 6 M.
	Vitals :	-2	5 gm - 1 6/6
	BP:	Near N	E No.
	Pulse :	t - mema	- M
ollowup/Next visit	Temp : Pain Scale (0-10)	f- nedia Plon Mac FR	watc.
liet / Nutrition Explained	Wt/Ht (if required)	FR	4.
reventive Steps Explained	Immunization was poli 3	Adv.	a old 31d.
rognosis Explained	Consultant Eye Surg	Signature:	or eld 31d. Date/Time: Synlz



Care with concern

CIN No. U85110DL2004PTC125538

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ECHOCARDIOGRAM REPORT

NAME

•

MR OPENDRA GUPTA

AGE/SEX

32/MOPE

DATE

09.10.21

ECHOCARDIOGRAPHY & COLOR DOPPLER REPORT

MEASUREMENT	VALUE	NORMAL RANGE
AORTIC ROOT DIAMETER	21	20 – 37 mm
AORTIC VALVE OPENING	16	15 – 26 mm
LEFT ATRIAL DIMENSION	27	19 - 40 mm
RV DIMENSION	N	07 – 26 mm
RV THICKNESS	N	03 -09 mm
LV ED DIMENSION	42	37 – 56 mm
LV ES DIMENSION	28	22 - 40 mm
IVS THICKNESS	ED - 07 ES - 11	06 – 12 mm
LVPW THICKNESS	ED - 05 ES - 08	05 – 11 mm
IVS/LVPW RATION	Ν	
MITRAL VALVE	DE-N EF – N	
INDICES OF LV FUNCTION		
LVEF	60%	60 +/-5 %
FS	32%	24 -42 %

- Interventions (Vascular & Nonvascular)
- Biopsy
- Drainages
- 3D & 4D Scans
- varGoavined By Scanner G





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MAGING

- LV normal size. Good contractility. RWMA absent. No thrombus.
- LA normal in size. No clot.
- RV & RA normal size. RV contractility.
- Mitral valve leaflets normal. PML motion normal. No annular calcification present.
- Normal tricuspid & pulmonic valves.
- Aortic valve- tricuspid.
- Pericardium normal.

RWMA: ABSENT

DOPPLER:-

MV	E 0.58 m/sec A 0.48 m/sec	MR 0/4
TV	0.40 m/sec	TR 0/4
AV	1.10 m/sec	AR 0/4
PV	0.85 m/sec	PR 0/4

COLOUR FLOW MAPPING: NORMAL.

FINAL IMPRESSION:-

- Normal LV wall motion and systolic function.
- Normal flow across valves.
- No LV clot, Vegetation, pericardial effusion.

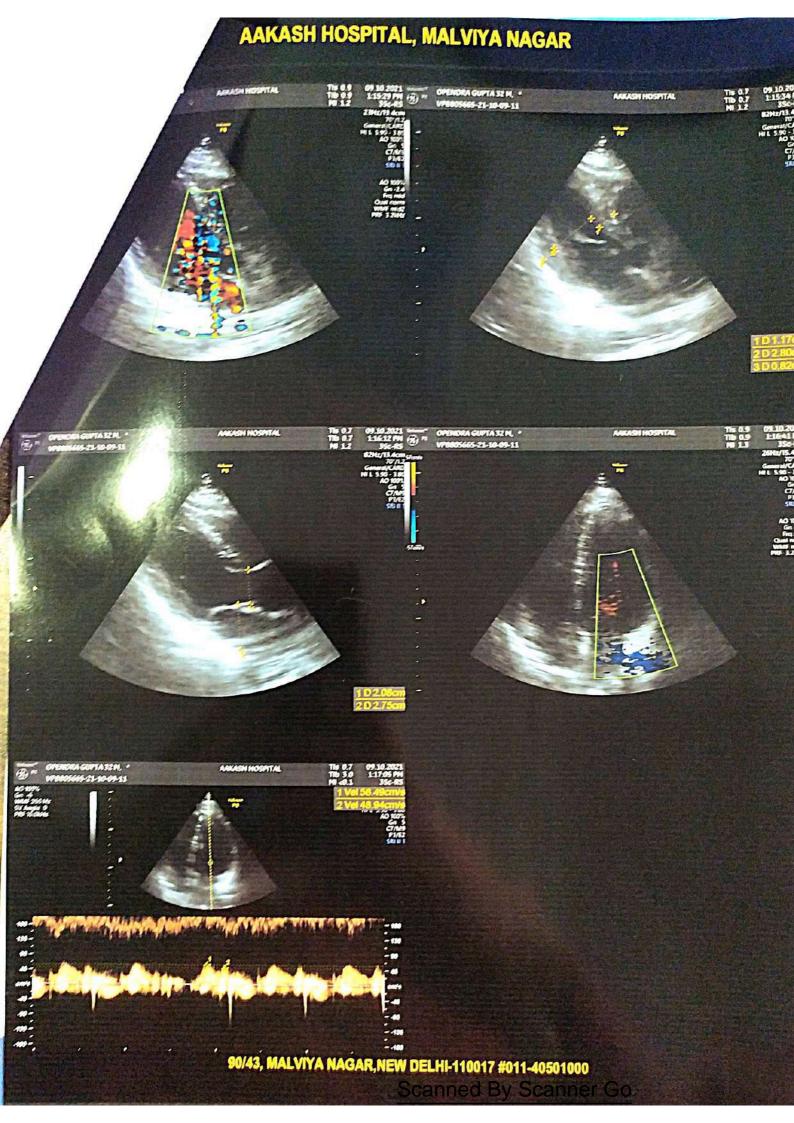
DOTRANDE MEMAN. MAR.B.S.VILLOMERD)

DR. Rahul Irely Obernstone Thericiam Caratelogiaist MD, Medichie

Consultant Physician & Cardiologist









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NAME: MR OPENDRA GUPTA AGE: 32 YRS SEX: MALE

REF.BY: MEDICAL DATE: 09.10.21

ULTRASOUND WHOLE ABDOMEN

LIVER: - Normal sized, with homogeneous echotexture. No focal lesion seen. Intra hepatic biliary system not dilated. Intra hepatic veins radicles are normal.

GALL BLADDER: - Normal distension. Walls are normal. No calculus or mass lesion seen. Extra hepatic biliary system is not dilated.

PANCREAS: - Normal size and echotexture. No focal lesion seen. Pancreatic duct not dilated.

SPLEEN: - Normal size and echotexture. No focal lesion seen. Spleno-portal axis is normal.

KIDNEYS: - Both kidneys normally identified in the respective renal fossae. They demonstrate normal size and cortical echotexture. Corticomedullary differentiation well made out with a normal renal parenchymal thickness. No evidence of calculus or hydronephrosis seen on both side.

Right kidney measures approx. 9.2 cm in the long axis. Left kidney measures approx. 9.8 cm in the long axis.

URINARY BLADDER: - Moderately distended. No calculus or diverticulum is seen. Walls are normal. Both UV Junctions are normal.

SEMINAL VESICLES: - Shows normal sonographic appearances.

PROSTATE: - Is normal in size. Echotexture is normal with no focal lesion. Outline is distinct with no contour bulge.

Retroperitoneum does not show any abnormally enlarged lymph nodes. No free peritoneal fluid or pleural effusion seen. Bowel loops are unremarkable. Both iliac fossae are normal.

Correlate clinically.

DR.RADUGGAL MD (RADIOLOGY) DMC-2595





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NAME: MR OPENDRA GUPTA

AGE: 32 Y

SEX: MALE

REF.BY: MEDICAL

DATE: 09.10.21

X RAY NO: 23895

CHEST (PA VIEW)

The diaphragmatic domes have smooth contours, a normal arched shape and occupy a normal position.

The costophrenic angles are clear.

Both lungs are normally aerated and are applied to the chest wall on all sides.

The mediastinum is centered and of normal width.

The cardiac and vascular shadows show a normal configuration.

The thoracic skeleton is symmetrically shaped and the spine is unremarkable.

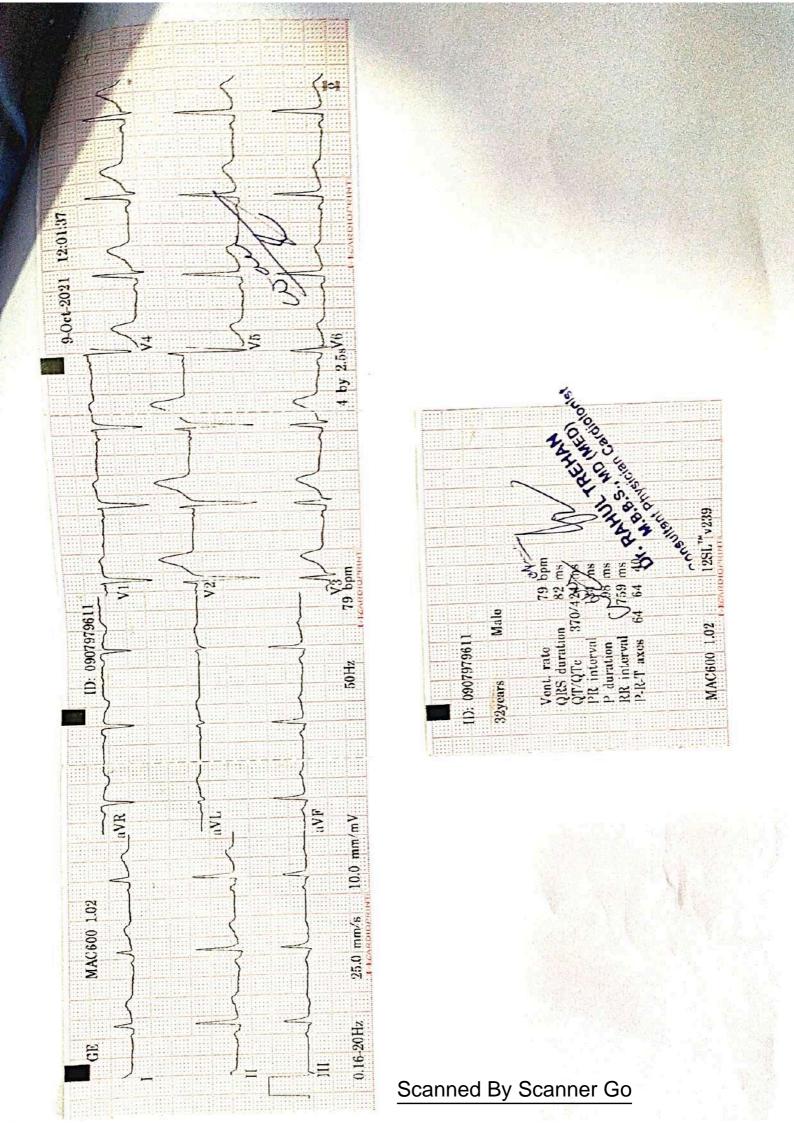
The soft tissue envelope of chest shows no abnormalities.

IMP: NORMAL STUDY

DR.R.DUGGAL MD(RADIOLOGY) DMC-2595



Scanned By Scanner Go



Stress Test - Summary Report

jent Information

Date: 13/October/2021 18:10

78

: OPENDERA GUPTA Name

I.D.

: 32 yrs : 0 cm Height Age : Male

Gender : 0 kgs Weight DR RAHUL TREHAN Ref. Dr.

Medication

Indications

Test Results

: 12.3 METS Max. Work Load : Bruce Protocol

11:30 min:sec Exercise Time Target H.R. : 188 (159)

: 4:12 min:sec Recovery Time H.R. Achieved 160 bpm (85.11)

Max RPP (in 1000) : 22 Max B.P. : 140/80 mm/Hg

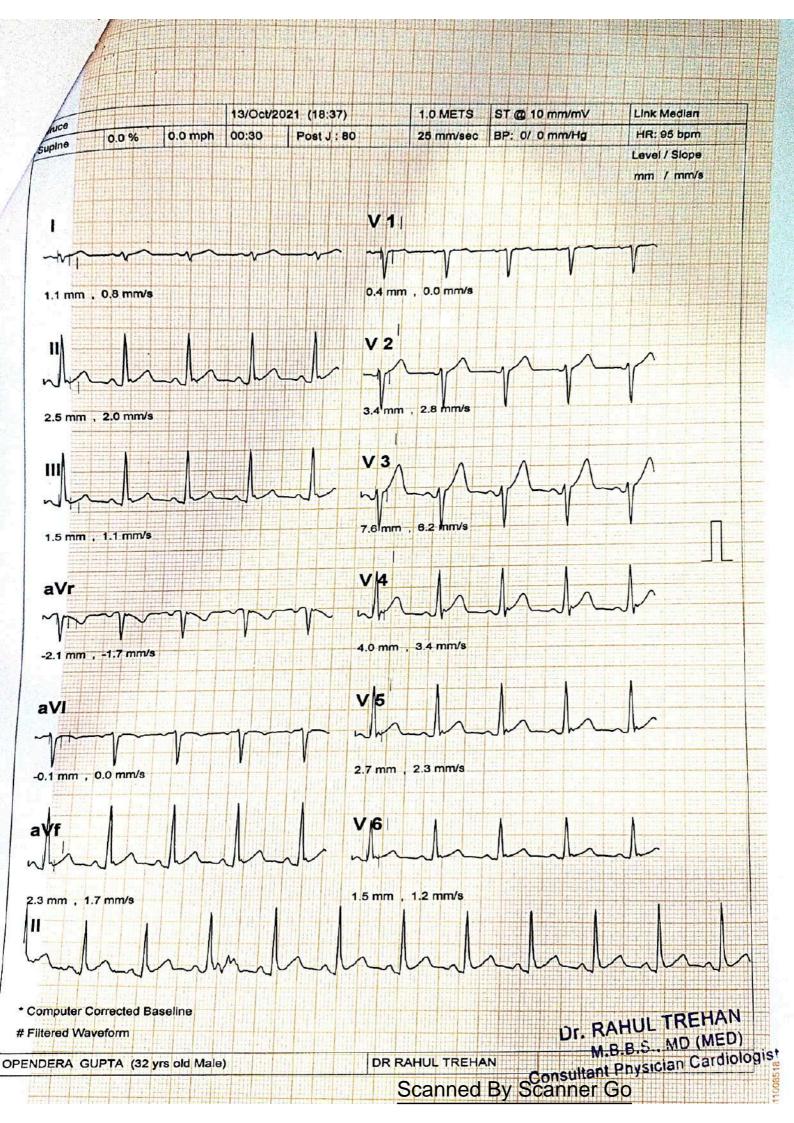
Reason for Termination

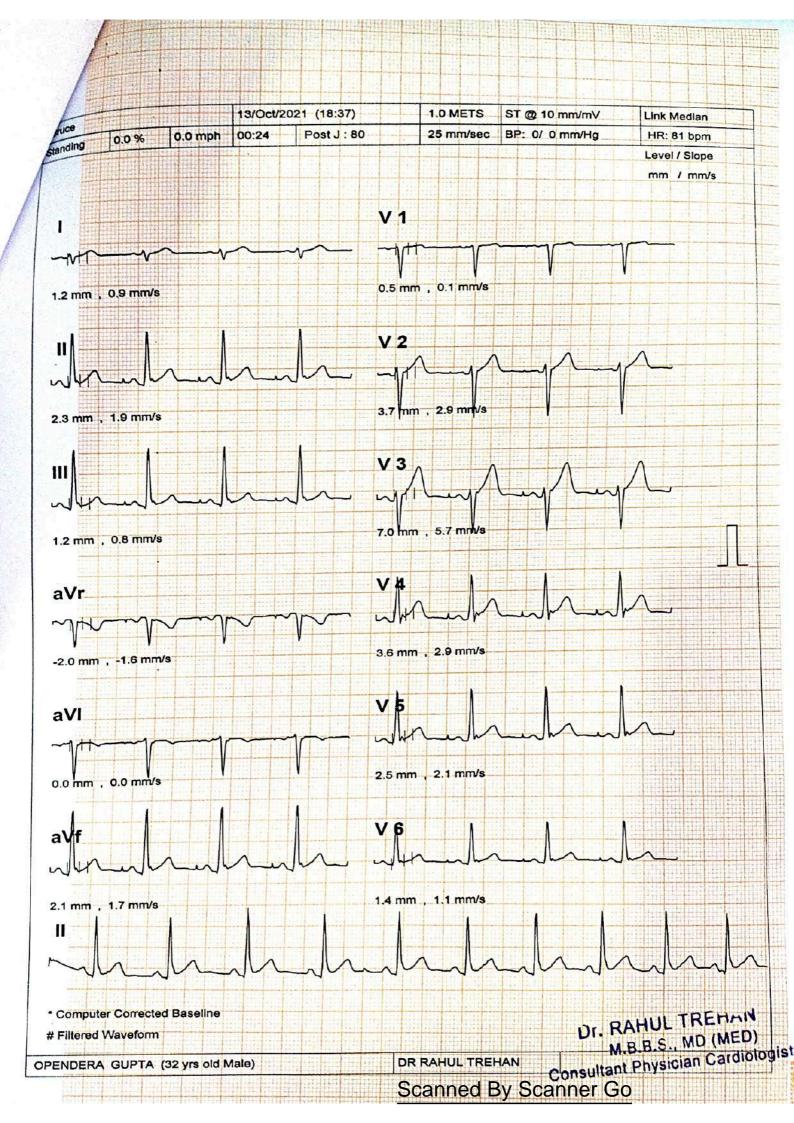
Comments

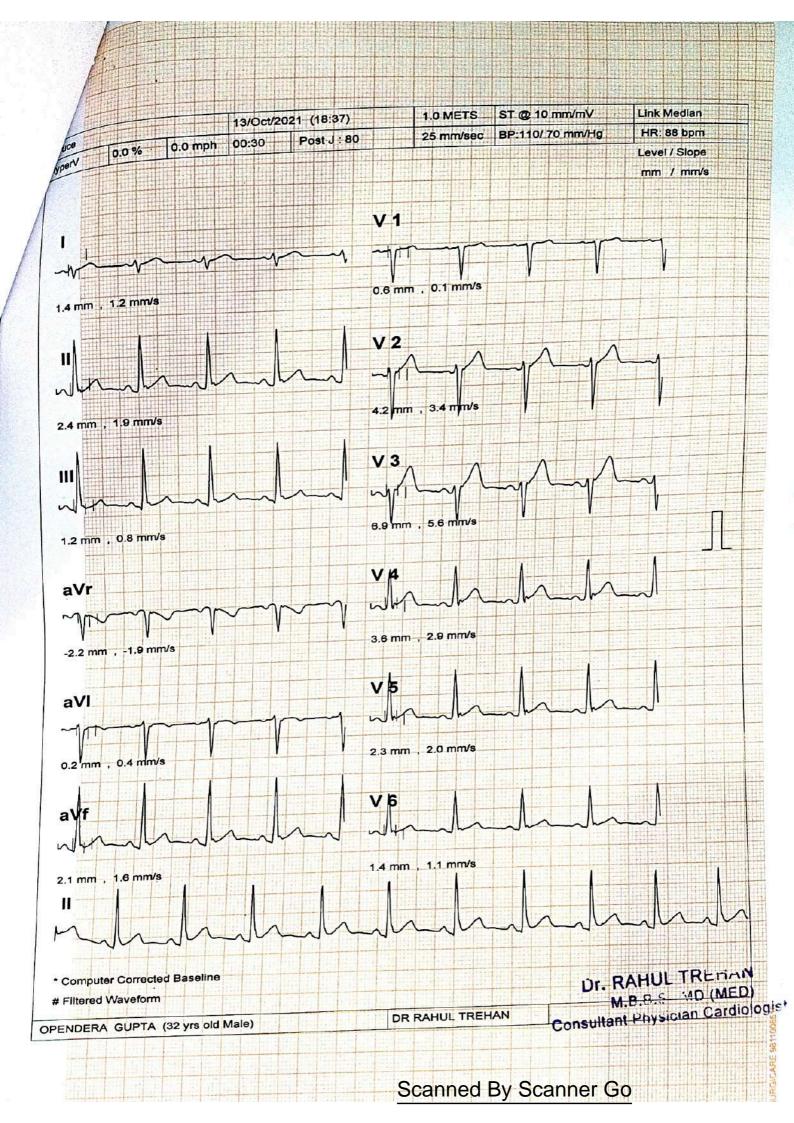
Dr. RAHUL TREHAN M.B.B.S., MD (MED) Consultant Physician Cardiologis:

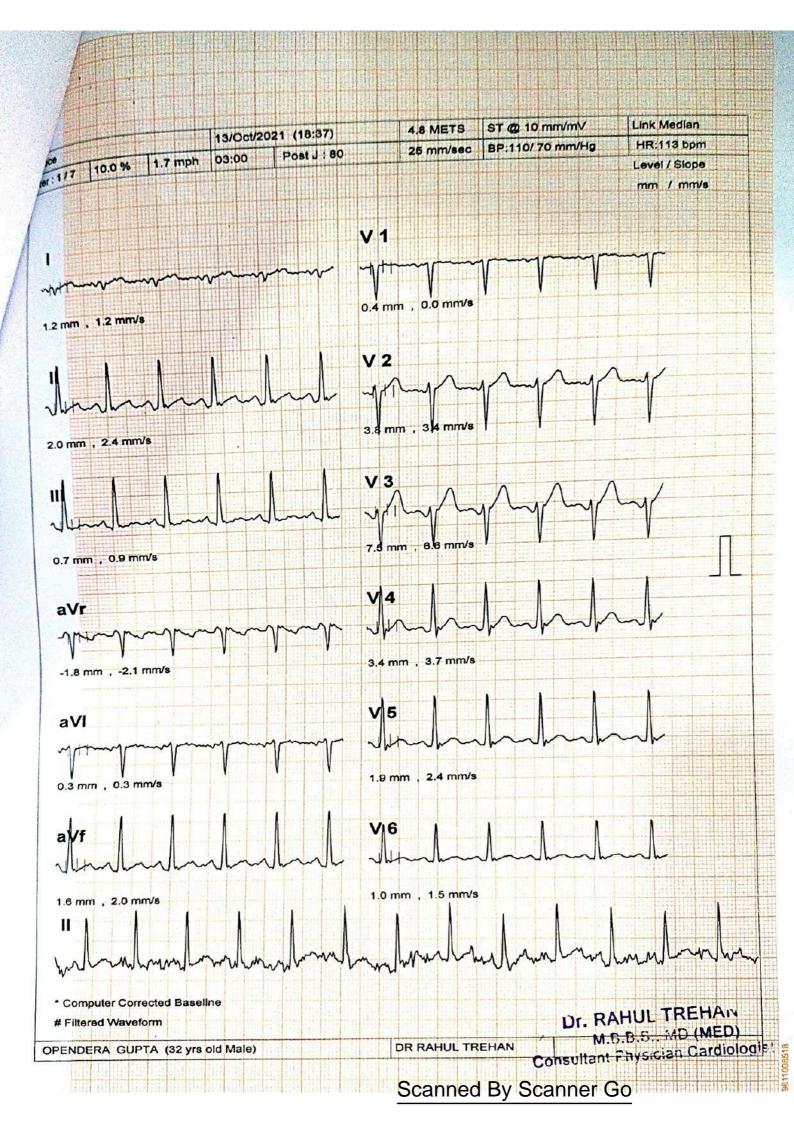
Mediline Equipment & Computer Systems(I) Ltd

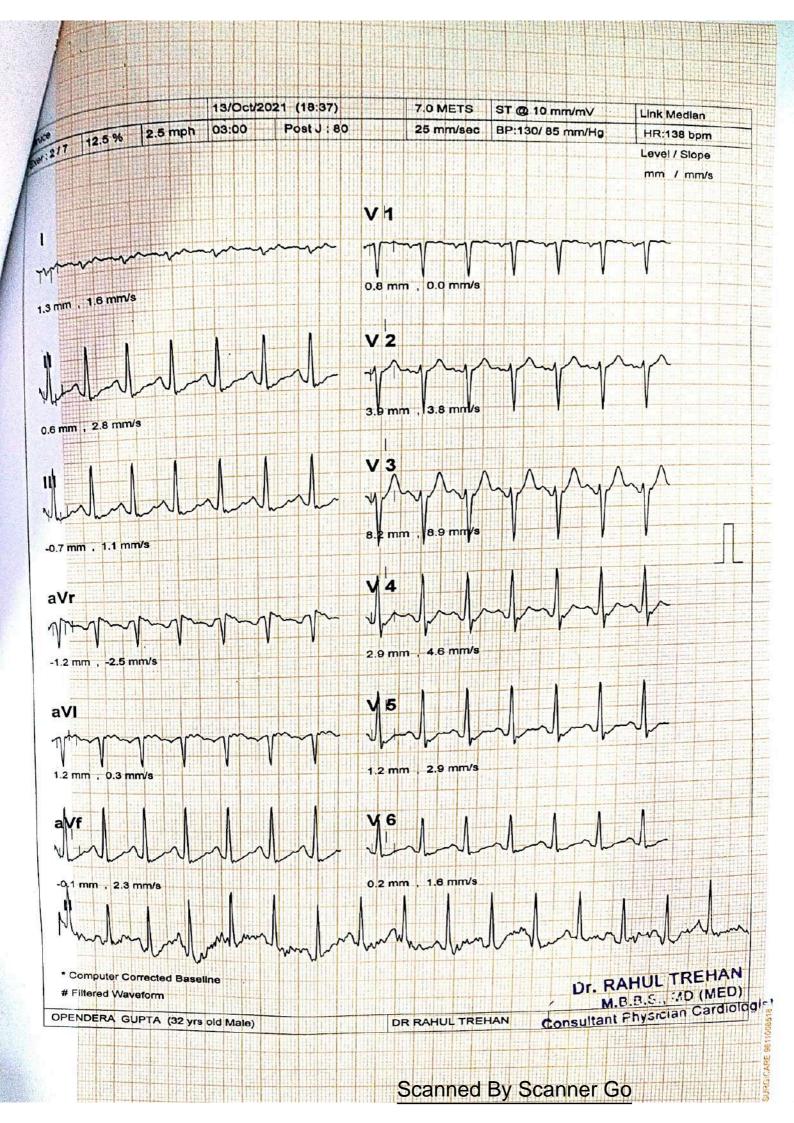
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:217	3:0	138	130/85	2.5 / 12.5	7.0	17		2.8		3.9/			111111	/2.7		
:3/7	3:0	151	130/85	3.4 / 14.0	9,3	19		13.6		4.8/	111111	14		/ 3,6		
:417	2:30	160	140/95	4.2 / 16.5	12.3	22		13.4		5.5/	L LITT		0.3	/ 3.3		
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overy	1:0	140	140/95		1.0	17	1.7	3.3		5.8 /				/ 2.9		
overy	3:0	112	120/85		1.0	13	1.0	2.0		4.2/			1.1	IIIIIII		
covery	4:0	112	120/85	0.0 / 0.0	1.0	13		1.5		4 1 /			0.7	11.11.4		
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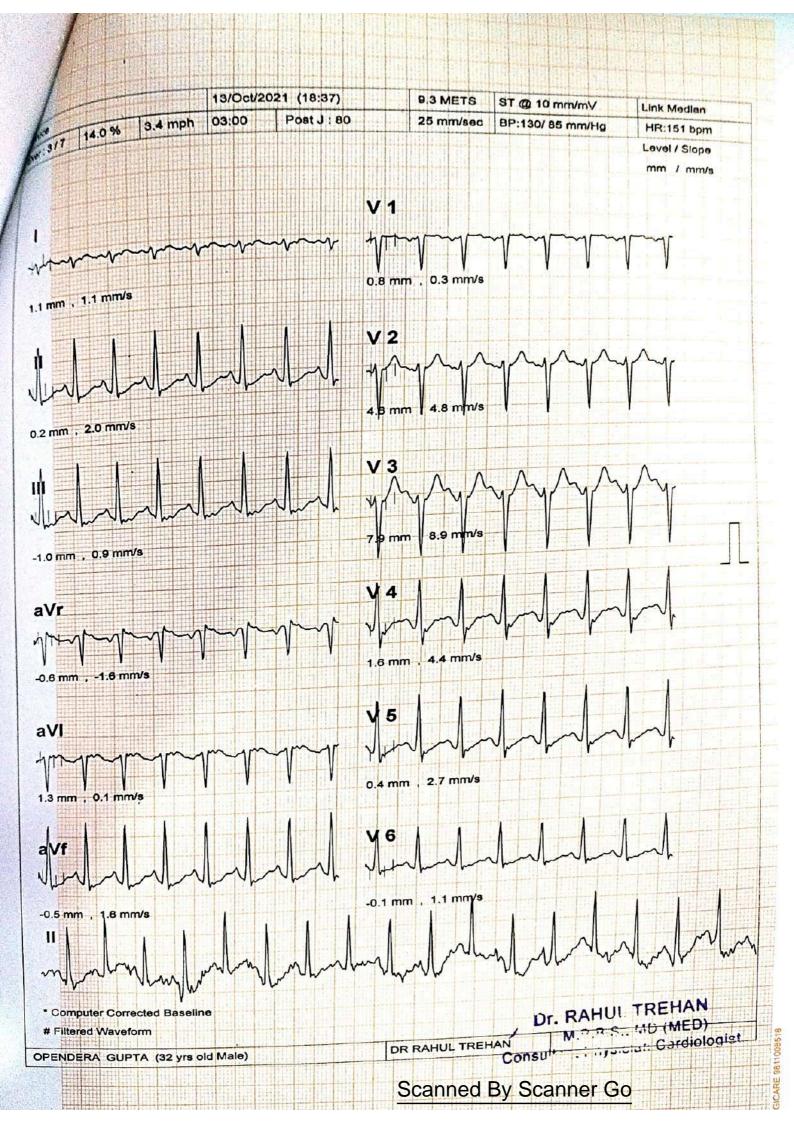


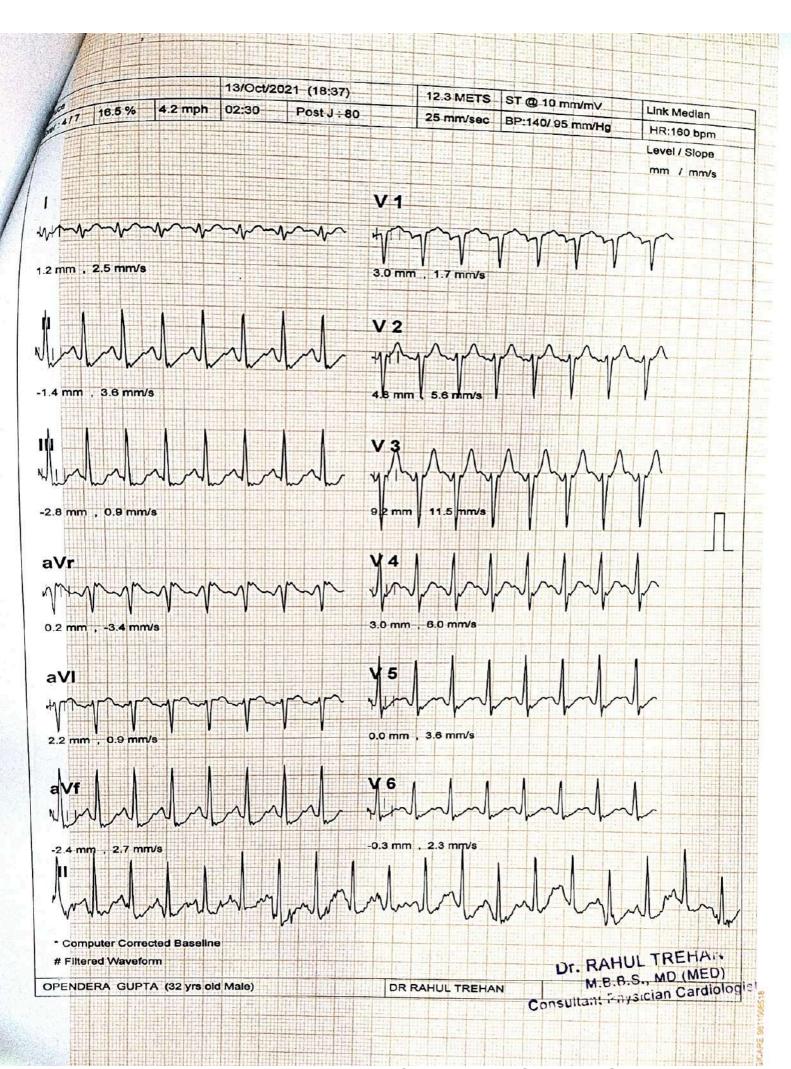


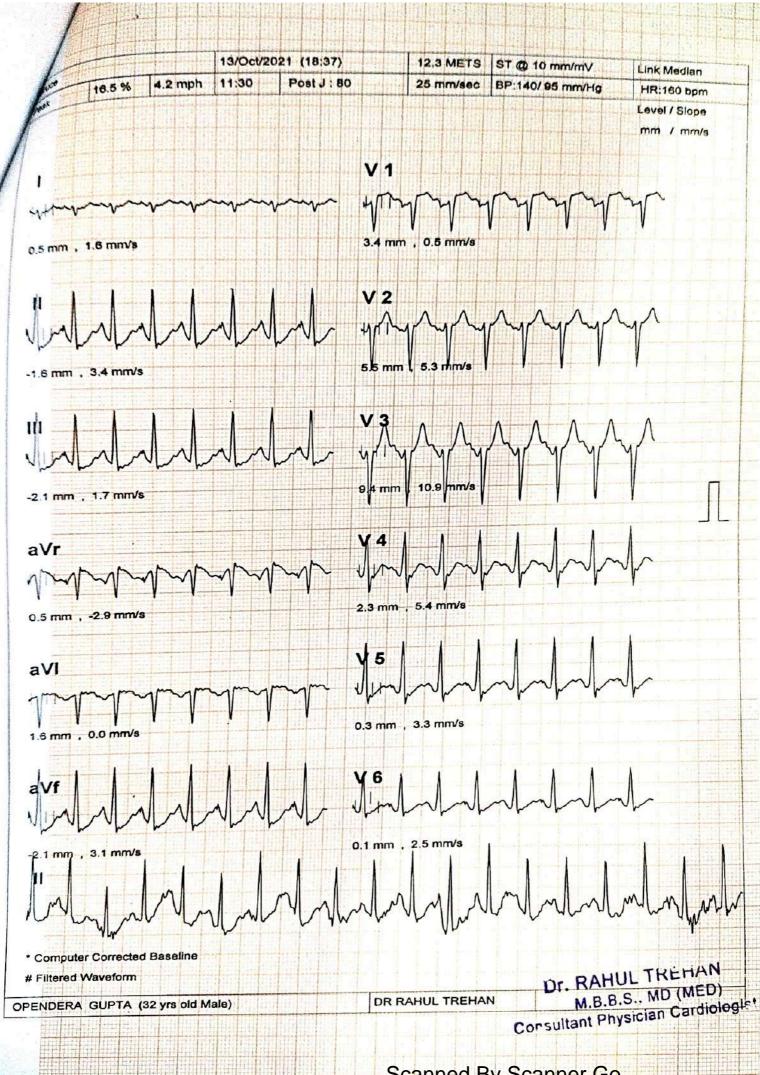


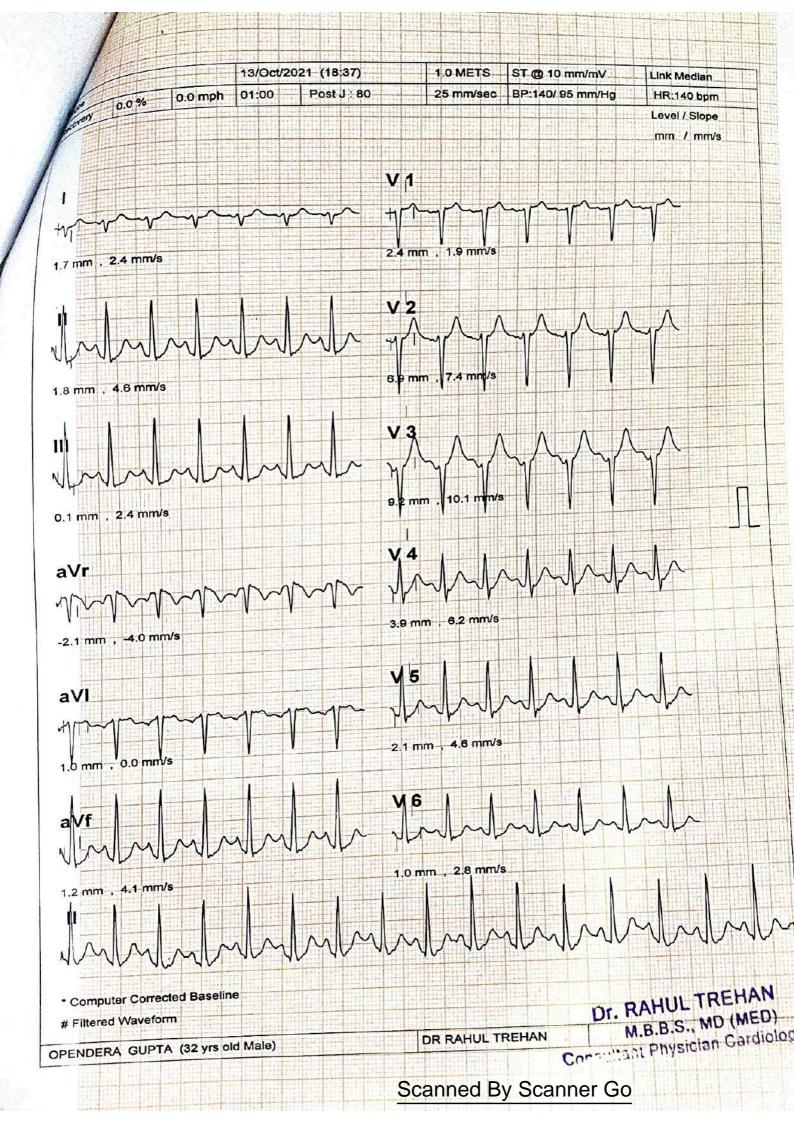


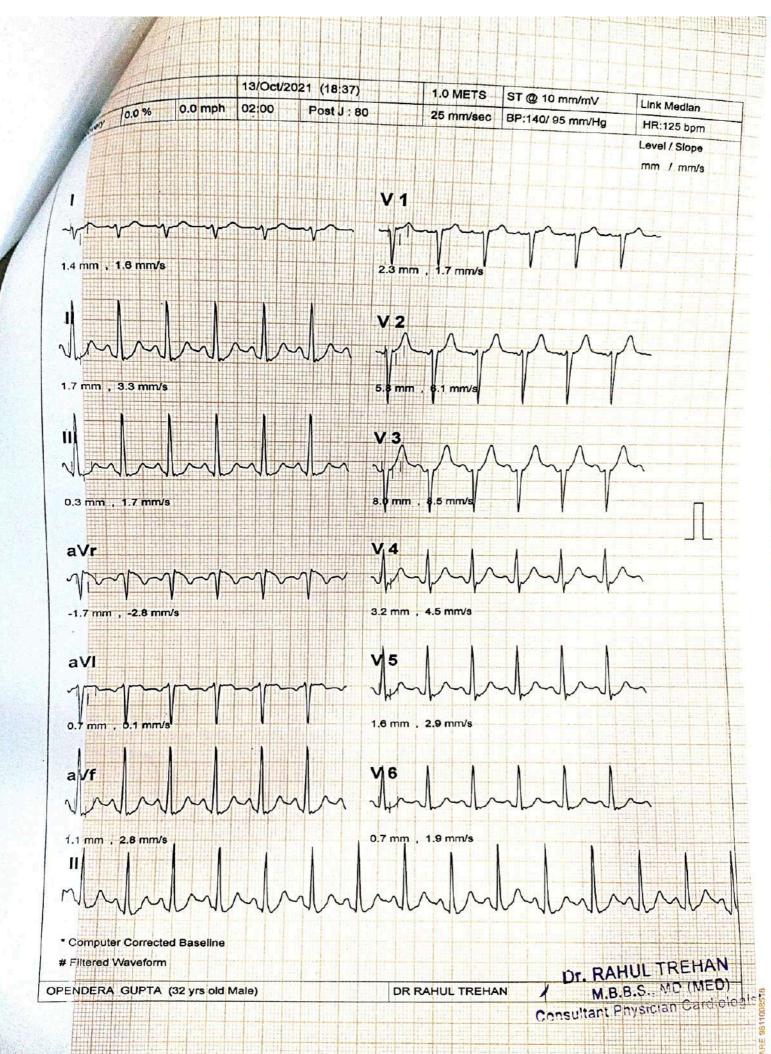


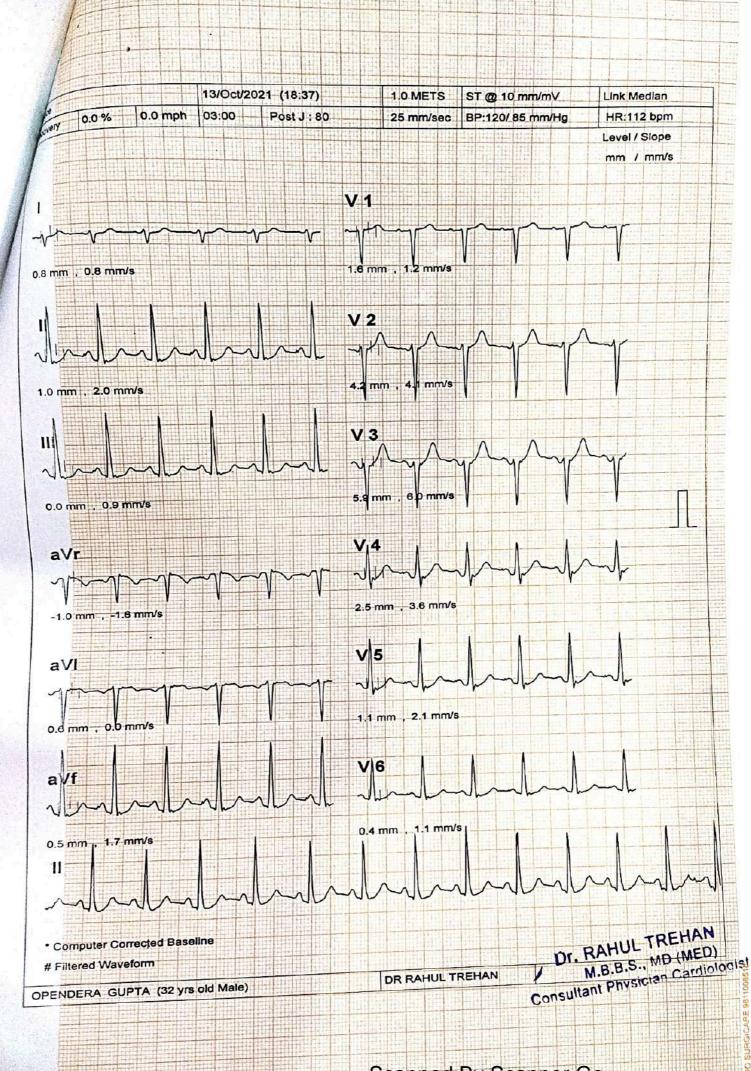


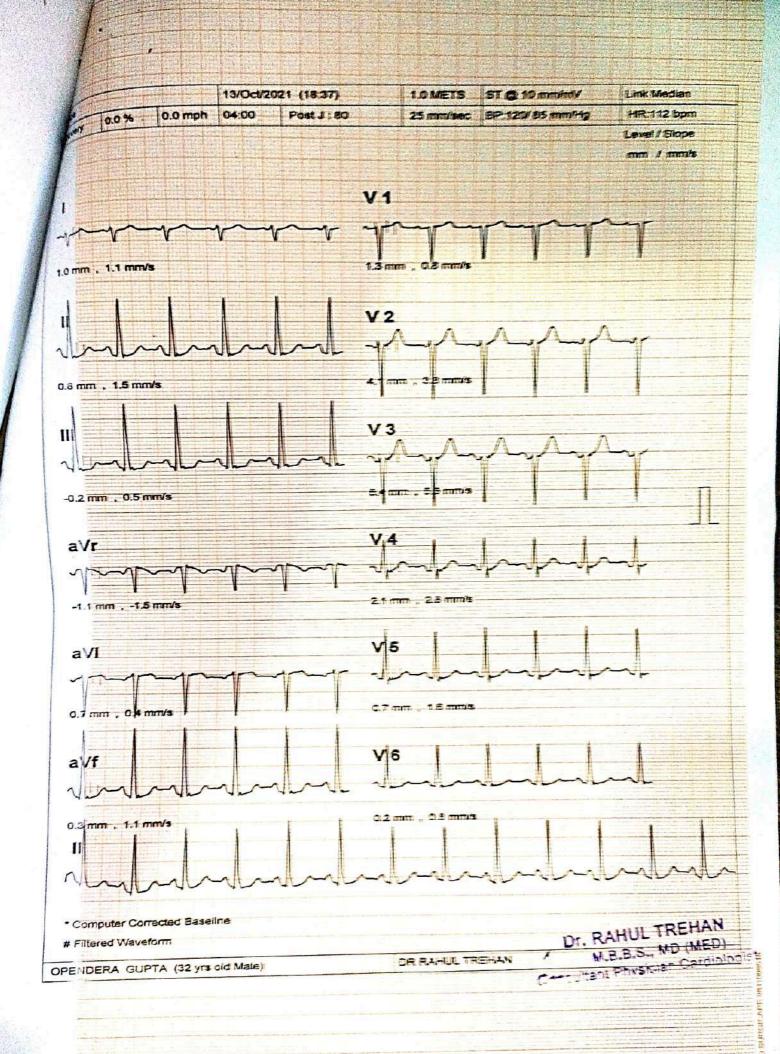


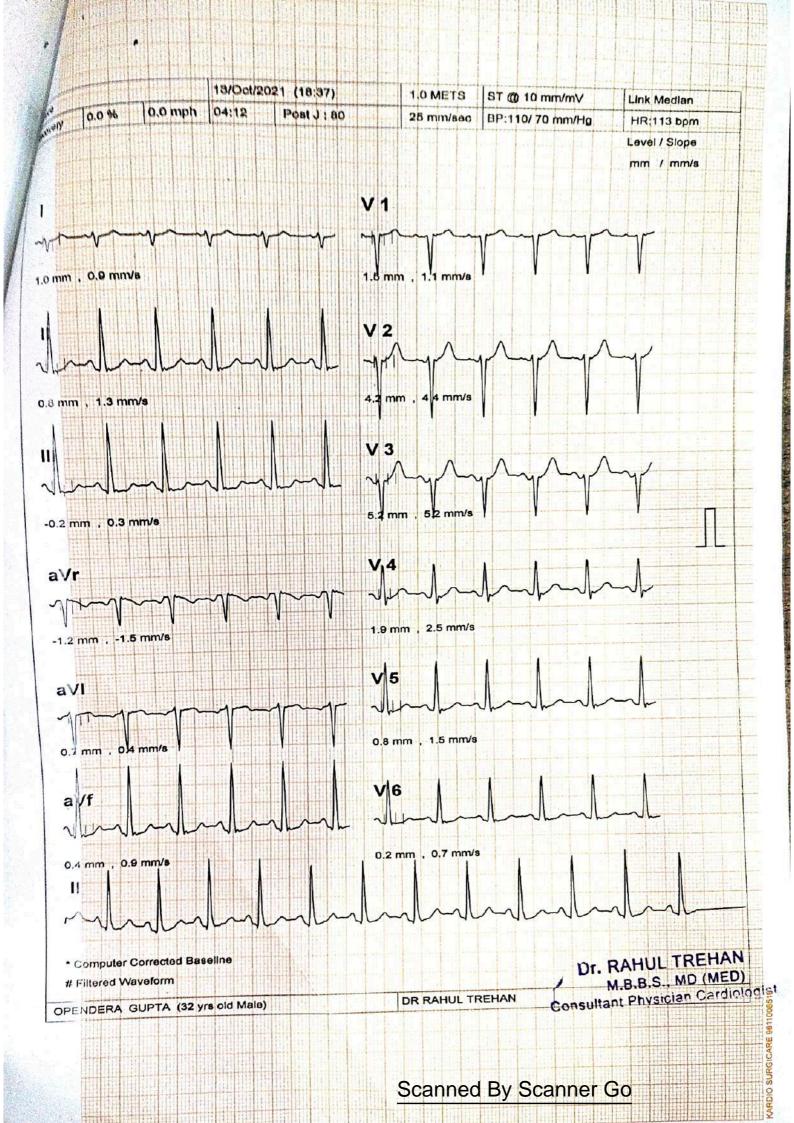












Care with concern





90/43, Malviya Nagar, New Delhi-110017 #011 40501000 (100 Lines), 9871027922 info@aakashhospital.com, wwww.aakashhospital.com

Name

UHID

Mr. OPRNDRA GUPTA

Ref. By

MEDIWHEEL

4

Srl No. 62

Age

32 Yrs. Male

Dep. OPD Sample Coll.

09/10/202122:52:04

Report printing 15/10/202108:37:00

Patient Id

2110090062

Test Name

Result

Unit

Normal Value

Pale yellow

1.005-1.030

6.0-7.5

Nil

Nil

URINE EXAMINATION TEST

PHYSICAL EXAM	MINATION
---------------	----------

QUANTITY

COLOUR

TRANSPARENCY SPECIFIC GRAVITY

PH

CHEMICAL EXAMINATION

ALBUMIN

REDUCING SUGAR

KETON

LEUCOCYTE

NITRITES

BLOOD

MICROSCOPIC EXAMINATION

PUS CELLS

RBC'S

CASTS

CRYSTALS

EPITHELIAL CELLS

BACTERIA

20

ml.

PALE YELLOW

SLIGHTLY TURBID

1.020

6.5

NIL

NIL

NIL

NIL

NEGATIVE

NII

2-4

NIL

NIL

NIL

/HPF

/HPF

NIL

1-2

/HPF

0-3

0-5

0-2

Occasional

Nil

Page 1 of 1

Dr. MERNA METRIE^{gist}

CONSULTANT PATHOLOGIST



Care with concern



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 Name
 Mr. OPRNDRA GUPTA
 Srl No. 62
 Sample Coll.
 09/10/202122:52:04

 Ref. By
 MEDIWHEEL
 Age 32 Yrs. Male
 Report printing 15/10/202108:33:00

 UHID
 4
 Dop. OPD
 Patient id
 2110090062

A STATE OF THE PARTY OF THE PAR	The second secon		
Test Name	Rosult	Unit	Normal Value
COMPLETE HAEMOGRAM			
HAEMOGLOBIN (Hb)	15.9	gm/dl	13.5 - 18.0
TOTAL LEUCOCYTE COUNT (TLC)	4,900	/cumm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT (I	DLC)		
NEUTROPHIL	69	%	40 - 75
LYMPHOCYTE	23	%	20 - 45
EOSINOPHIL	05	%	01 - 06
MONOCYTE	03	%	02 - 10
BASOPHIL	00	%	0.0 - 1.0
ESR (WESTEGREN's METHOD)	08	mm/lst hr.	0 - 15
R B C COUNT	5.18	Millions/cmm	4.5 - 5.5
P.C.V / HAEMATOCRIT	47.5	%	40 - 54
MCV	91.7	fl.	80 - 100
MCH	30.7	Picogram	27.0 - 31.0
MCHC	33.4	gm/dl	33 - 37
PLATELET COUNT	1.61	Lakh/cmm	1.50 - 4.00
RDW	12.5	FL .	11.6 - 14.0

**** End Of Report ****

Page 1

Dr. MEENAMETRERE
DIBBS, MD MD
CONSULTANT RATHOLOGIST
Senic.





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Name Ref. By Mr. OPRNDRA GUPTA

UHID

MEDIWHEEL

Srl No. 62 Age 32 Yrs. Male

Dep. OPD Sample Coll.

09/10/202122:52:04

Report printing 15/10/202108:33:00

Patient Id

2110090062

Test Name

Result

Unit

Normal Value

HAEMATOLOGY

BLOOD GROUP ABO RH TYPING

"B"

POSITIVE

**** End Of Report ****

Page 2

Dr. MEENA METRERE CONSULTANT PATHOLOGIST





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Name Ref. By

UHID

Mr. OPRNDRA GUPTA

MEDIWHEEL

4

Srl No. 62

Age 32 Yrs. Male

Dop. OPD

Sample Coll. 09/10/202122:52:04 Report printing 15/10/202108:33:00

Patient Id

2110090062

Test Name	Result	Unit	Normal Value	-
	BIOCHEM	STRY		
BLOOD SUGAR FASTING GOD-POD Method	99	mg/dl	70 - 110	
LIPID PROFILE				
TRIGLYCERIDES GPO-Method	48.2	mg/dL	40.0 - 165.0	
TOTAL CHOLESTEROL	191	mg/dL	123.0 - 199.0	
H D L CHOLESTEROL DIRECT	78.4	mg/dL	40.0 - 79.4	
VLDL	9.6	mg/dL	4.7 - 22.1	
L D L CHOLESTEROL CALCULATED	103	mg/dL	63.0 - 129.0	
TOTAL CHOLESTEROL/HDL RATIO	2.436	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	0.0 - 4.97	
LDL / HDL CHOLESTEROL RATIO	1.314		0.00 - 3.55	

INTERPRETATION

TRIGLYCERIDE:- Level > 250mg/dL is associated with an approximately 2-fold greater risk of coronary vascular isease. Elevation of triglycerides can be seen with obesity, medication, fast less than 12 hrs., alcohol intake, diabetes melitus, and pancreatitis.

CHOLESTEROL:- Its fractions and triglycerides are the important plasma lipids indefining cardiovascular risk factors and in the managment of cardiovascular disease. Highest acceptable and optimum values of cholesterol values of cholesterol vary with age. Values above 220 mgm/dl are associated with increased risk of CHD regardless of HDL & LDL values.

HDL-CHOLESTEROL:- Level <35 mg/dL is associated with an increased risk of coronary vascular disease even in the face of desirable levels of cholesterol and LDL - cholesterol.

LDL - CHOLESTEROL& TOTAL CHOLESTEROL:- Levels can be strikingly altered by thyroid, renal and liver disease as well as hereditary factors. Based on total cholesterol, LDL- cholesterol, and total





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Name

UHID

Mr. OPRNDRA GUPTA

Ref. By

MEDIWHEEL

4

Srl No. 62

Age 32 Yrs. Male

Dep. OPD Sample Coll.

09/10/202122:52:04

Patient Id

Report printing 15/10/202108:33:00 2110090062

Test Name

Result

Unit

Normal Value

cholesterol/HDL - cholesterol ratio, patients may be divided into the three risk categories :-

CHOLESTEROL

Acceptable/Low Risk

< 200 mg/dL

LDL-CHOLESTEROL <130 mg/dL

< 4.5

CHO/HDL RATIO

Borderline High Risk

200-239 mg/dL

130-159 mg/dl

4.5 - 6.0

High Risk

> 240 mg /dL

> 160 mg/dL

> 6.0

APO A1 & APO B:- Recent studies have shown that Apolipoproteins A1 & B might be the best ndicators of Coronary Artery Disease risk in an indivividual.Patients who have normal lipid profile ma have abnormal Apo A1 & Apo B values. Ratio of Apo B: Apo A1 is >1 in cases of increased CHD risk.

LIVER FUNCTION TEST (LFT)

BILIRUBIN TOTAL Diazo Method	0.7	mg/dl	0 - 1.0
CONJUGATED (D. Bilirubin) Diazo Method	0.3	mg/dl	0.00 - 0.25
UNCONJUGATED (I.D.Bilirubin)	0.4	mg/dl	0.00 - 0.70
TOTAL PROTEIN Biuret Method	7.3	gm/dl	6.6 - 8.3
ALBUMIN BCG Method	4.0	gm/dl	3.4 - 4.8
GLOBULIN	3.3	gm/dl	2.3 - 3.5
A/G RATIO	1.2		
SGOT IFCC Method	25	IU/L	0 - 40

Page 4



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Name Ref. By UHID	Mr. OPRNDRA GUPTA MEDIWHEEL 4	Srl No. 62 Age 32 Yrs Dep. OPD	s. Male	Sample Coll. 09/10/202122:52:02 Report printing 15/10/202108:33:00 Patient Id 2110090062
Test Name		Result	Unit	Normal Value
SGPT IFCC Method		20	IU/L	0.0 - 41.0
ALKALINE F	PHOSPHATASE	72	U/L	40.0 - 130.0
GAMMA GT Glupa C Meth	od	11	IU/L	8.0 - 71.0
BLOOD URE Urease GLDH		30.7	mg /dl	15.0 - 45.0
SERUM CRE	ATININE	0.9	mg%	0.7 - 1.2
SERUM URIO	CACID	6.1	mg%	3.4 - 7.0
	A NITROGEN (BUN)	14.3 NEGATIVE	mg%	6.0 - 20.0 NIL

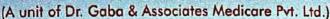
**** End Of Report ****

Page 5 of 5

DI MEENA MAETRE
DIMBES, MD MD
CONSULTANTIBOINHOLOGIST









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PATIENT NAME

: MR. GUPTA OPENDER 04

REG No

: 3429

UID No

: 101457904

REF. BY Dr.

: SELF

AGE / SEX

: 32 Years / M

REG.DATE/TIME

: 09/10/2021

PRINT DATE

: 15/10/2021

AREA

: SAKET

BIOCHEMISTRY

Investigation

Result

Unit

Biological Reference

Interval

HbA1c WHOLE BLOOD (HPLC)

5.30

Q

4.8 - 5.9

CLINICAL EVALUATION:

RECOMMENDED DCCT NGSP GUIDELINES FOR HEALC LEVELS :

Normal

4.8 % - 5.9%

Target for diabetics

: < 7 8

Therapeutic action required

> 8

.....END OF REPORT.....



Sheng khana

Dr.Sherry Khanna DNB(Pathology) Head-Lab



Care with concern





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PATIENT NAME

: MR. GUPTA OPENDER 04

REG No

: 3429

UID No

: 101457904

REF. BY Dr.

: SELF

AGE / SEX

: 32 Years / M

REG.DATE/TIME

: 09/10/2021

PRINT DATE

: 15/10/2021

AREA

: SAKET

HORMONE

Investigation	Result	Unit	Biological Reference Interval
T3 SERUM (CLIA)	1.10	nmol/L	0.92 - 2.79
T4 SERUM (CLIA)	123.00	nmol/L	58.1 - 140.6
TSH SERUM(CLIA)	2.26	ulU/ml	0.35 - 5.5

REFERANCE RANGE FOR Children

1-4 days

: 1.00-39.00

5 days-5 months : 1.7 - 9.1

5 months - 20 years : 0.70 - 6.40

(1) 4.2 to 15 μΙU/mL - Correlate clinically as physiological and other factors may falsely elevate TSH level. (2) TSH Values may be transiently altered because of non thyroidal illness. (3) Some drugs may decrease TSH values, e.g., L-dopa, Glucocorticoids, (4) Some drugs may increase TSH values, e.g., Iodine, Lithium, Amiodarone. Abbreviations.

.....END OF REPORT.....



Shery thans