

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR NAVLESH
EC NO.	97355
DESIGNATION	SPECIAL ASSISTANT
PLACE OF WORK	VADODARA, KHANDERAO MARKET
BIRTHDATE	09-09-1971
PROPOSED DATE OF HEALTH CHECKUP	08-10-2022
BOOKING REFERENCE NO.	22D97355100026788E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **28-09-2022** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



PHYSICIAN EXAMINATION

Name:- NAVLESH KUMAR

Age: 51/MALE

Reg.No: 20221005396

DOE: 08/10/2022

Physical Examination:

Height: 170CM

Weight: 79KG

PULSE: 90 Temperature: NORMAL

BMI: 27.3

BP: 160/110

SPO2- 97%

Chief Complaint: NAD

Past History: NAD

General Examination: NAD

Systemic Examination: NAD

INVESTIGATION :

ADVICE: 1) SRD/ADD EXERCISE FOR 1 MONTH

2) TAB - TELMRIDE (40) :- 1-0-0

3)TAB - GLIMISONM (1) :-1-0-1

4)TAB - NEUROBEES MD :-1-0-0

DR HIREN PATEL.





Examination By Ophthalmologist

Name:- NAVLESH KUMAR
Reg.No:20221005396

Age: 51/MALE
DOE: 08/10/2022

Present Complaints: NAD

Medical History: NAD

Examination Of Eye: Right Left

External Examination : NAD NAD

Ati Seg Examination: A/S WNL NAD

Schiotz Tonometry IOP: RRRL

Fundus: NAD

Without Glass Distant Vision: NAD ___ NAD ___

Near Vision: _N6_ N6 ___

With Glass Distant Vision: 6/6-0.50SPH ___ 6/6-1.0 DS

Near ViSION : NAD ___ NAD ___

Colour Vision (With Ishihara Chart): ___ BES ___ COLOUR BLINDNESS

Advice: NAD

DR CHETAN CHAUHAN

CANON RK-F2
08/OCT/2022 12:26
No. :003207
NAME : M/F

<RIGHT>
[REF] VD: 0.0
SPH CYL AX
-0.50 -1.25 73

<LEFT >
[REF]
-1.00 -0.75 89

PD : 75 mm

SOLACE HEALTH CARE
WAGHODIA ROAD,
VADODARA.



8866631456



Savita
Superspeciality Hospital
(A Unit of Solace Healthcare Pvt. Ltd.)

Parivar Char Rasta, Waghodia-Dabhoi Ring Road, Vadodara-390019
☎ 0265-2578844 / 2578849 ✉ mh@savitahospital.com 🌐 savitahospital.com

08/10/22

For;
Nobleish Kumar

came for routine dental check up

O/E

- Stains +
- Calculus +


Advice

Scaling



Dishant



Patient Name : Navlesh . Kumar	Sample No. : 20221008936 
Patient ID : 20221005396	Visit No. : OPD20221015109
Age/Sex : 51y/Male	Coll. Date : 08/10/2022 09:01
Consultant : DR HIREN PATEL	S. Coll. Date : 08/10/2022 12:55
Ward : -	Report Date : 08/10/2022 15:23


CBC, ESR

Investigation	Result	Normal Value
Hemoglobin :	12.4 gm/dl [L]	13.5 to 18.0 gm/dl
P.C.V. :	41.1 % [L]	42.0 to 52.0 %
M.C.V. :	62.6 fL [L]	78 to 100 fL
M.C.H. :	18.9 pg [L]	27 to 31 pg
M.C.H.C. :	30.2 g/dl [L]	32 to 36 g/dl
RDW :	13.1 %	11.5 to 14.0 %
RBC Count :	6.57 X 10 ⁶ / cumm [H]	4.7 to 6.0 X 10 ⁶ / cumm
Polymorphs :	77 % [H]	38 to 70 %
Lymphocytes :	17 %	15 to 48 %
Eosinophils :	3 %	0 to 6 %
Monocytes :	3 %	3 to 11 %
Basophils :	0 %	0.0 to 1.0 %
Total :	100	< 100 > 100
WBC Count :	6800 /cmm	4000 to 10000 /cmm
Platelets Count :	149000 /cmm	1,50,000 to 4,50,000 /cmm
ESR - After One Hour :	6 mm/hr	1 to 13 mm/hr



Dr. Mehul Desai
M.B.D.C.P
Reg.No.G-9521



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Blood Group

Investigation	Result	Normal Value
BLOOD GROUP :		
ABO	B	
Rh	Positive	

FBS & PPBS

Investigation	Result	Normal Value
Blood Sugar (FBS) :	178 mg/dl [H]	74 - 100 mg/dl
Urine Sugar (FUS) :	+	
Blood Sugar (PP2BS) :	336 mg/dl [H]	70 to 120 mg/dl
Urine Sugar (PP2US) :	++	


HBA1C

Investigation	Result	Normal Value
Glycosylated Hb :	8.4 % [H]	Near Normal Glycemia : 6 to 7 Excellent Control : 7 to 8 Good Control : 8 to 9 Fair Control : 9 to 10 Poor Control : > 10
Average Plasma Glucose of Last 3 Months :	194.38	



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Lipid Profile

Investigation	Result	Normal Value
Sample :	Fasting	
Sample Type :	Normal	
Cholesterol (Chol) :	169 mg/dl	Low risk : < 200 Moderate risk : 200 - 239 High risk : > or = 240
Triglyceride :	150 mg/dl	Normal : < 200.0 High : 200 - 499 Very High : > or = 500
HDL Cholesterol :	45 mg/dl	Low risk: >or = 60 mg/dL High risk : Up to 35 mg/dL
LDL :	94 mg/dl [L]	131.0 to 159.0(N) < 130.0(L) > 159.0(H)
VLDL :	30 mg/dl	Up to 0 to 34 mg/dl
LDL/HDL Ratio :	2.09	Low risk : 0.5 to 3.0 Moderate risk : 3.0 to 6.0 Elevted level high > 6.0
Total Chol / HDL Ratio :	3.76	Low Risk : 3.3 to 4.4 Average Risk : 4.4 to 7.1 Moderate Risk : 7.1 to 11.0 High Risk : > 11.0
Total Lipids :	664 mg/dl	400 to 700 mg/dl

Note :- Lipemic samples give high triglyceride value and falsely low LDL value.



Dr. Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Patient Name : Navlesh . Kumar

Sample No. : 20221008936



Patient ID : 20221005396

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Age/Sex : 51y/Male

Coll. Date : 08/10/2022 09:01

Consultant : DR HIREN PATEL

S. Coll. Date : 08/10/2022 12:55

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LFT (Liver Function Test)

Investigation	Result	Normal Value
Total Bilirubin :	0.8 mg/dl	0.2 to 1.0 mg/dl
Direct Bilirubin :	0.3 mg/dl	0.0 to 0.2 mg/dl
Indirect Bilirubin :	0.5 mg/dl	0.0 to 0.8 mg/dl
AST (SGOT) :	29 U/L	5 to 34 U/L
ALT (SGPT) :	28 U/L	0 to 55 U/L
Total Protein (TP) :	6.9 g/dL	6.4 to 8.3, g/dl
Albumin (ALB) :	4.2 g/dl	3.5 to 5.2 g/dl
Globulin :	2.7 g/dl	2.3 to 3.5 g/dl
A/G Ratio :	1.56	
Alkaline Phosphatase (ALP) :	101 U/L	40 to 150 U/L
GAMMA GT. :	27 U/L	7 to 35 U/L

Dr. Mehul Desai
M.B.D.C.P
Reg.No.G-9521



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S. Coll. Date : 08/10/2022 12:55

Ward : -


Report Date : 08/10/2022 15:23

RENAL FUNCTION TEST

Investigation	Result	Normal Value
Creatinine :	0.8 mg/dl	0.6 - 1.4 mg/dl
Urea :	12 mg/ dl	13 - 45 mg/dl
Uric Acid :	6.3 mg/dl	3.5 - 7.2 mg/dl
Calcium :	9.2 mg/dl	8.5 - 10.5
Phosphorus :	5.5 mg/dl	1.5 - 6.8

Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521



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Age/Sex :	51y/Male	Coll. Date :	08/10/2022 09:01
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Urine R/M

Investigation	Result	Normal Value
Quantity - :	10 ml	
Colour - :	Pale Yellow	
Reaction (pH) :	7.0	4.6-8.0
Turbidity :	Clear	
Deposit :	Absent	Absent
Sp.Gravity :	1.020	1.005-1.010
Protein :	Absent	Absent
Glucose :	Present (+)	Absent
Bile Salts :	Absent	Absent
Bile pigments :	Absent	Absent
Ketones :	Absent	Absent
Urobilinogen :	Absent	
Blood :	Absent	Absent
Pus Cells :	0-1 /hpf	0-5/hpf
Red Blood Cells :	Absent /hpf	Absent
Epithelial Cells :	0-1 /hpf	



Dr. Mehul Desai
M.B.D.C.P
Reg.No.G-9521



TEST REPORT

Name : NAVLESH KUMAR	Acc. ID : 221019050
Age/Sex : 51 Years / Male	Birthdate : Regd. Dt : 08-Oct-2022 03:42 PM
Refd. By : SAVITA SUPERSPECIALITY HOSPITAL	Status : Final
Sample : Serum (Blood in Plain)	PassportNo: Coll Dt. TM. : 08-Oct-2022 03:10 PM
Client Details : SAVITA SUPERSPECIALITY HOSPITAL	Mobile : Report Dt. Tm. : 08-Oct-2022 05:08 PM
	Recd. Dt. Tm. : 08-Oct-2022 03:42 PM

IMMUNOLOGY

Test Name	Result	Unit	Biological Ref. Interval
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THYROID FUNCTION TEST

T3 (Triiodothyronine) CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY	1.13	ng/mL	0.97 - 1.69
T4 (Thyroxine) CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY	8.24	µg/dL	5.5 - 11.0
TSH CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY	5.420	µIU/ml	0.4 - 4.2

----- End Of Report -----

This is an Electronically Authenticated Report.

Viral
Dr. VIRAL A. PATEL
M. D. PATHOLOGY
GMC No. G-22658

Verified By
Auto

Dr. VIRAL A. PATEL
M. D. PATHOLOGY
GMC No. G-22658



Unipath Specialty Laboratory (Baroda) LLP- Platinum Complex, Opp. HDFC Bank, Nr. Radha Krishna char rasta, Akota, Vadodara - 390020
Mobile: 7228800500 / 8155028222 | Email: info.baroda@unipathllp.in



TEST REPORT

Reg. No. : 21001003510 Reg. Date : 08-Oct-2022 14:47 Collected On : 08-Oct-2022 14:47
Name : Mr. NAVLESH KUMAR Approved On : 08-Oct-2022 16:02
Age : 51 Years Gender : Male Ref. No. : Dispatch At :
Ref. By : Tele No. :
Location : SAVITA SUPERSPECIALTY HOSPITAL @ WAGHODIYA ROAD

Test Name	Results	Units	Bio. Ref. Interval
PROSTATE SPECIFIC ANTIGEN			
PSA	0.360	ng/mL	0 - 4

Method:CLIA

Sample Type:Serum

Note:

PSA is a glycoprotein that is produced by the prostate gland, the lining of the urethra, and the bulbourethral gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels.

Digital rectal examination generally does not increase normal prostate-specific antigen (PSA) values. However, cystoscopy, urethral instrumentation, and prostate biopsy may increase PSA levels.

Useful For


1. Evaluating patients with documented prostate problems in whom multiple prostate-specific antigen tests may be necessary per year
2. Monitoring patients with a history of prostate cancer as an early indicator of recurrence and response to treatment.
3. Prostate cancer screening.

----- End Of Report -----

This is an electronically authenticated report.

Test done from collected sample.

Printed On: 08-Oct-2022 16:02


Dr. Vaishali Bhatt
M.B.B.S., D.C.P.
Reg No :- G-18266
Page 1 of 1

We are open 24 x 7 & 365 days

LLP Identification Number: AAN-8932

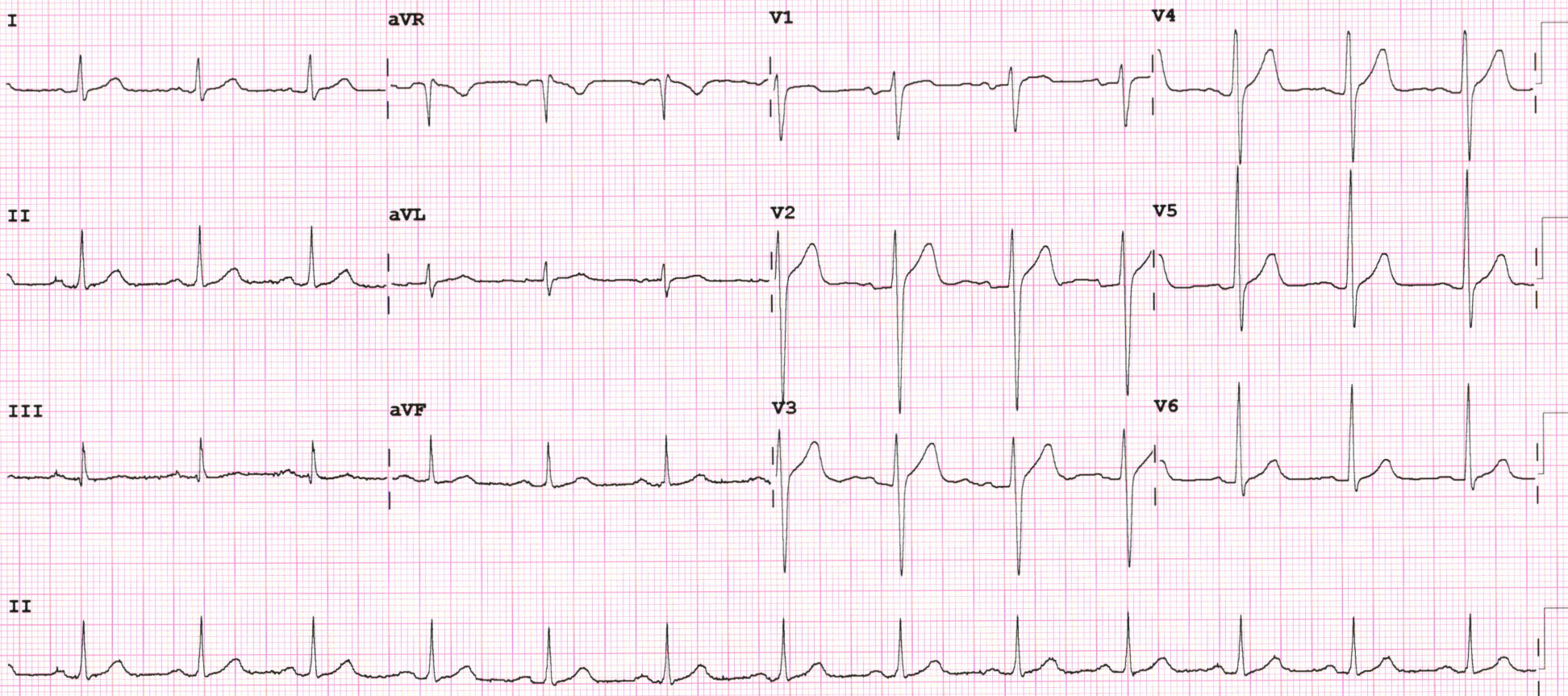
51 Years

Rate 80
PR 192
QRSD 90
QT 348
QTc 402

--AXIS--

P 73
QRS 60
T 36

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

PH09

P?



2D-ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

NAME: NAVLESH KUMAR

AGE/SEX: 51YRS/MALE

DATE : 08/10/2022

REF BY: DR HIREN PATEL

OBSERVATION:

- NORMAL LV SIZE AND NORMAL LV SYSTOLIC FUNCTION. LVEF = 60% (VISUAL).
- NO RWMA AT REST.
- TRIVIAL MR. NO MS.
- NO AR. NO AS.
- TRIVIAL TR. NO PAH. PASP = 23MMHG.
- NORMAL LA.
- NORMAL SIZED LA, RA & RV WITH NORMAL RV SYSTOLIC FUNCTION.
- NORMAL SIZED MPA, RPA & LPA.
- INTACT IAS & IVS.
- NO E/O INTRACARDIAC CLOT/VEGETATION/PE.
- NORMAL IVC.
- NORMAL PERICARDIUM.

CONCLUSION: S/P PTCA

- NORMAL LV SIZE AND SYSTOLIC FUNCTION.
- NO RWMA AT REST.
- LVEF = 60% (VISUAL).


DR. NIRAV BHALANI
[CARDIOLOGIST]

DR. ARVIND SHARMA
[CARDIOLOGIST]

DR. CHIRAG SHETH
[CARDIOLOGIST]



Saturday, October 08, 2022

NAVLESH KUMAR

51 YEARS/MALE

ULTRASONOGRAPHY OF ABDOMEN AND PELVIS

Liver shows normal size and echogenicity. No mass lesion detected.
PV, CBD and intrahepatic biliary radicals shows no dilatation.

The gall bladder is contracted.

Spleen appears normal in size and echotexture. No evidence of focal lesion.
Pancreas appears normal in size and echotexture. No focal lesion.

Both kidneys show normal size, position and cortical echogenicity.
Right kidney measures 9.9 cm and Left kidney measures 10.4 cm.
Corticomedullary differentiation is preserved bilaterally.
No calculus or hydronephrosis on either side.

The urinary bladder is distended and shows mild mucosal wall irregularity with few free floating echoes, s/o changes of cystitis likely.
Prostate appears normal. (17 cc) No focal lesion.
No evidence of Lymphadenopathy or ascites seen.
No e/o dilated bowel loops seen.

CONCLUSION:

- **CHANGES OF CYSTITIS**


DR. GANESH M SHIVANNA, M.D

CONSULTANT RADIOLOGIST



0 eay

Saturday, October 08, 2022
NAVLESH KUMAR
51 YEARS/MALE

CHEST X RAY PA VIEW

Both the lung fields appear normal.
Both costophrenic angles appear clear.
Cardiac silhouette appear normal.
Both hila appears normal.
Mediastinum and aorta appear normal.
Bony thorax appears normal.
No evidence of free gas seen under dome of diaphragm.

COMMENTS:

- **NORMAL BOTH LUNG FIELDS.**
- **NORMAL CARDIAC SIZE.**

DR. GANESH M SHIVANNA, M.D
CONSULTANT RADIOLOGIST